

NOVEMBER / GYM SCHEDULE

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		
	Side 1	Side 2	Side 1	Side 2	Side 1	Side 2	Side 1	Side 2	Side 1	Side 2	Side 1	Side 2	Side 1	Side 2	
5:00-5:30	Open Gym both Sides		Open Gym both Sides		Open Gym both Sides		Open Gym both Sides		Open Gym both Sides		JCC Opens at 7:00 AM		JCC Opens at 7:00 AM		
5:30-6:00							HIIT Class 6 - 6:45								
6:00-6:30															
6:30-7:00															
7:00-7:30							*Open Gym both Sides								
7:30-8:00															
8:00-8:30															
8:30-9:00															
9:00-9:30	ECE gym 9 - 11:30	Open Pickleball 9-11 a.m.			Pickleball 9-11:30				ECE Gym (10:30- 12:30)	ECE gym 8:30 - 11:30	Open Pickleball 9-11 a.m.	Rental 8:30-11:00		Mens Basketball League 8:30-11:00	
9:30-10:00															
10:00-10:30															
10:30-11:00															
11:00-11:30											Open PickleBall 11:00 a.m. - 1:00 p.m.		Youth Bsktball Prac. 11:30- 12:30		
11:30-12:00															
12:00-12:30															
12:30-1:00	ECE Gym (1-2 p.m.)											JCC Youth Basekttball 12:30 - 2:15 p.m.		Youth Bsktball Prac. 11:30- 12:30	
1:00-1:30															
1:30-2:00															
2:00-2:30															
2:30-3:00															
3:00-3:30															
3:30-4:00															
4:00-4:30															
4:30-5:00															
5:00-5:30															
5:30-6:00															
6:00-6:30															
6:30-7:00															
7:00-7:30															
7:30-8:00															
8:00-8:30															
8:30-9:00															

NOTE - Gym Reserved: K-3 Youth league Sundays 12:30-2:15 Full Gym. No class on Nov. 25.
 November 22 and 23, hours are 8:00 A.M. - 1:00 P.M. / Happy Thanksgiving!
 Thanksgiving Day, November 22, 9 - 10 a.m JCC Fitness Dept. Boot Camp (1/2 gym)