



# MARCH / GYM SCHEDULE

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Side 1	Side 2	Side 1	Side 2	Side 1	Side 2	Side 1	Side 2	Side 1	Side 2	Side 1	Side 2	Side 1	Side 2
5:00-5:30	Open Gym Both Sides		Open Gym Both Sides		Continental Rental 6-7		HIIT Class 6-6:45		Open Gym Both Sides		Please follow the gym schedule. Reserved programs have priority over open gym time. Pickleball also available at the tennis courts.			
5:30-6:00														
6:00-6:30														
6:30-7:00														
7:00-7:30														
7:30-8:00	ECE GYM 9-11:30		Pickleball 9-11:30		ECE GYM 9-11:30		Pickleball 9-11:30		ECE GYM 9-11:30		Sunrise 7:15-8		Men's Basketball League 8:30-11:00	
7:30-8:00														
8:00-8:30														
8:30-9:00														
9:00-9:30														
9:30-10:00	Zumba Gold 10:45-11:30		Lippman 11:30-12:30		Zumba Gold 10:30-11:30		Pickleball 11-1:00		Rental 8:30-11:00					
9:30-10:00														
10:00-10:30														
10:30-11:00														
11:00-11:30														
11:30-12:00	ECE GYM 1-2:00		Lippman 1:15-2:40		Lippman 12:30-1:30		Sports 1-2:00		Volleyball Rental 12:30-3:00		Open Gym Both Sides		Youth Bball 1-3:30 ends 3/8	
11:30-12:00														
12:00-12:30														
12:30-1:00														
1:00-1:30														
1:30-2:00	Mighty Kicks Soccer 3:30-4:30		Lippman 2-3:30pm		Lippman 2-3:30pm		Family Gym Time		After School 5:00-6:00		Open Gym Both Sides			
1:30-2:00														
2:00-2:30														
2:30-3:00														
3:00-3:30														
3:30-4:00	After School 5:00-6:00		After School 5:00-6:00		After School 5:00-6:00		After School 5:00-6:00		After School 5:00-6:00		Shaw JCC Hours Mon.-Fri. 5:00 a.m. - 9:00 p.m. Fri. 5:00 a.m.-6:00 p.m. (Shabbat) Sat./Sun. 7:00 a.m.-6:00 p.m.			
3:30-4:00														
4:00-4:30														
4:30-5:00														
5:00-5:30														
5:30-6:00	Bootcamp (fee class)		Ignite 6:00-7:00		Bootcamp (Fee Class)		Extreme Soccer 7:30-9		Akron Aviators 7:30-10		GYM WILL BE CLOSED MARCH 26TH FROM 12PM-9PM			
5:30-6:00														
6:00-6:30														
6:30-7:00														
7:00-7:30														
7:30-8:00	NOTE: GYM		THURSDAY MARCH 12TH PICKLEBALL WILL BE ON SIDE ONE OF GYM ONLY AND END AT 10:30AM		WEDNESDAY MARCH 25TH THERE WILL BE NO PICKLEBALL DUE TO SILVER SNEAKERS CLASSES BEING HELD IN GYM		THURSDAY MARCH 26TH PICKLEBALL WILL ONLY BE UNTIL 10:30 AND BE ON 1/2 THE GYM.							
7:30-8:00														
8:00-8:30														
8:30-9:00														