

JULY 2019 / GYM SCHEDULE

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday									
	Side 1	Side 2	Side 1	Side 2	Side 1	Side 2	Side 1	Side 2	Side 1	Side 2	Side 1	Side 2	Side 1	Side 2								
5:00-5:30	Open Gym Both Sides		Open Gym Both Sides		Open Gym Both Sides		HIT Class 6-6:45		Open Gym Both Sides		Please follow the gym schedule. Reserved programs have priority over open gym time. Pickleball also available at the tennis courts.											
5:30-6:00																						
6:00-6:30																						
6:30-7:00																						
7:00-7:30																						
7:30-8:00	AM Care		AM Care		AM Care		AM Care		AM Care		Sunrise 7:15-8											
8:00-8:30																						
8:30-9:00											Day Camp 9-2:30		Day Camp 9-2:30		Day Camp 9-2:30		Day Camp 9-2:30		Rental 8:30-11:00		Men's Basketball League 8:30-11:00	
9:00-9:30																						
9:30-10:00																						
10:00-10:30	Basketball Side 1 July 1-5th Ping Pong Side 1 July 15 - 19th Martial Arts Side 1 July 22-26th Baseball, Soccer & Football will only be using the Gym on rainy days										Pickleball 11-1:00											
10:30-11:00																						
11:00-11:30																						
11:30-12:00																						
12:00-12:30																						
12:30-1:00											Open Gym Both Sides											
1:00-1:30																						
1:30-2:00																						
2:00-2:30																						
2:30-3:00																						
3:00-3:30	PM Camp Care		PM Camp Care		PM Camp Care		PM Camp Care		PM Camp Care		Shaw JCC Hours Mondays-Thursdays, 5:00 a.m. - 9:00 p.m. Fridays 5:00 a.m.-6:00 p.m. (Shabbat) Saturdays & Sundays, 7:00 a.m.-6:00 p.m.											
3:30-4:00																						
4:00-4:30																						
4:30-5:00																						
5:00-5:30																						
5:30-6:00	Bootcamp (Fee Class)						Bootcamp (Fee Class)															
6:00-6:30																						
6:30-7:00																						
7:00-7:30																						
7:30-8:00																						
8:00-8:30																						
8:30-9:00																						

NOTE - Gym Reserved:

*Specialty Day Camps - starting June 10th, court 1 will be used those weeks for the camps, 9 a.m.-2:30 p.m.
 **Pickleball will be held outside at the tennis courts during the summer if possible