

UPCOMING JVS JOB SEEKERS PROGRAM

GET UNSTUCK!!

THE 5 STAGES OF MANAGING CAREER TRANSITION

For most of us, there will come a time in our life where we will experience career transition. It is amazing how this can make us feel vulnerable, insecure and stuck: A dose of healthy perspective can help shift you from feeling like a victim to feeling like a victor!

In this **very interactive workshop**, our presenter will guide you through her model for the 5-stages of managing transition. By the end of this session you will begin to:

- Discover who you are at your core, beyond the titles and positions.
- Remove the things that have been getting in your way of getting a job.
- Learn how your skills, talents and gifts are tied to your future position.
- Create greater clarity and vision for the career you want!

This program is FREE and open to the community!!

**VERY IMPORTANT - PLEASE READ:
IN CASE OF INCLEMENT WEATHER,**

**Please call (973) 674-6330 after 7:30 AM
to ensure the program is being held.**

**If the agency is closed, the program will be cancelled and
rescheduled.**

GAIN CONFIDENCE • GET NOTICED • GET HIRED



Speaker:

**FREDERICA PETERSON,
MA, CPC
EXECUTIVE & LIFE
COACH
UNIQUE INSIGHTS
COACHING**

Date:

**Thursday,
March 8th, 2018
9:30AM-11:30AM**

Location:

**Aidekman Family
Campus
901 Route 10 East
Whippany, NJ 07981**

HOW TO REGISTER

email: Meryl Kanner*
mkanner@jvsnj.org

email confirmation will not be sent

All who RSVP are WELCOME
www.jvsnj.org