

WOMEN OF WISDOM



EDUCATION SERIES

3 morning sessions, 1 evening session

SPACE IS LIMITED! REGISTER EARLY!

SESSION I

The “Typical” Jewish Family Isn’t Typical Anymore

Wednesday, January 23 • 10 a.m. – noon

How have adoption, interfaith marriage, same-sex marriage, and conversion redefined what a “typical” Jewish family looks like? Not every Jew fits the familiar mold anymore — we may look different, marry differently, and create our families in modern ways, while all still looking for Jewish community. Join us for a conversation about how the Jewish community continues to evolve and become ever more inclusive and welcoming of our diversity. Invited panelists will reflect these diverse backgrounds in various ways, tell their own stories, and address their concerns in an effort to increase awareness and inclusivity.

SESSION II

College Campus Conflicts and Challenges over Israeli Issues

Wednesday, February 13 • 7:30 – 9 p.m.

Do we really know what’s happening on college campuses today? The BDS movement has not lost any traction, and both students and their parents are confronted with many other controversial issues regarding Israel, Zionism, and free speech. **Linda Scherzer, Director of Federation’s Community Relations Committee**, and college students from **Students Supporting Israel (SSI)** will discuss current issues on campus. Find out what you can do as a student, a parent, or an alumnus to raise awareness and ultimately make a difference.

Details:

We invite you to join us for a \$54 covert, which entitles you to attend the entire series. If you can only attend one session, we offer a discounted covert of \$18.

Light breakfast served at the morning sessions, coffee and dessert served at the evening session. Dietary laws will be observed.

We encourage, but don’t require attendance at all four sessions, so please indicate which sessions you would like to attend when you RSVP.

SESSION III

Ensuring that “Lone Soldiers” Are Never Alone

Friday, March 8 • 10 a.m. – noon

When immigrants become soldiers in the Israeli Defense Forces, they often find themselves without families to visit on weekend leave, without supportive networks, without the skills to navigate Israeli bureaucracy, and without long-term career guidance. These are the Lone Soldiers of Israel. Join us to learn about the experience of being a Lone Soldier and the American mother of one, **Sharon and Rachel Gordon**. We will also hear about the work of **Wings**, an agency that helps fill in these crucial gaps in the Lone Soldier’s life.

SESSION IV

Life’s Ups and Downs: Navigating Mental Health Awareness

Tuesday, April 2 • 10 a.m. – noon

When do the highs, lows, and general anxieties of life become more than we can handle alone? Join us for an in-depth discussion of mental health challenges through childhood, the teen years, and adulthood. We will examine common myths and perceptions regarding mental health and illness with **Sara Mendez-Emma LCSW, a professional with Jewish Family Service of MetroWest**. This program will provide the information, tools, and resources we need to help us become more insightful mothers, wives, daughters, sisters, and friends.

All sessions will be held in private homes in the Greater MetroWest area. Specific locations will be provided upon registration.

Register at

www.jfedgmw.org/wow

Questions? Contact Claudia Lukac at (973) 929-3057 or clukac@jfedgmw.org

Building an inclusive community is a priority. Contact us and we will make every effort to meet your needs.