

Continuing the Journey

CARING FOR YOUR FAMILY MEMBER WITH DISABILITIES

Workshop Series for Parents & Caregivers

AGING & DISABILITY: THE EVOLUTION OF FAMILY RELATIONSHIPS THROUGH LIFE TRANSITIONS

Tuesday, February 27 • 7 p.m.
JCC MetroWest, 760 Northfield Ave., West Orange

Presenter: Maggie Drew

Support Coordination Supervisor, JFS MetroWest
JSD and JESPY Professionals, Parent/Sibling Panel

Workshop topics will include:

- Changing roles of siblings and parents of individuals with disabilities as the entire family ages
- Changing needs of siblings and parents, and what they wish they knew sooner
- Partnering with support coordinators, working collaboratively with families and program professionals
- Creating a meaningful life in the community – at home, synagogue, greater community
- Self-care and stress management strategies



FOR FURTHER INFORMATION AND TO RSVP

contact **Mara Gellman** at
mgellman@jfedgmw.org
or (973) 929-3096

Co-Sponsors:

Jewish Family Service of MetroWest
Jewish Family Service of Central New Jersey
Jewish Service for the
Developmentally Disabled of MetroWest
JESPY House

Building an inclusive community is a priority.
Contact us and we will make every effort
to meet your needs.

