



DIGNITY GROWS



**A NATION
WIDE
LEADER
IN THE
FIGHT
AGAINST
PERIOD
POVERTY**

Dignity Grows is responding to the skyrocketing rate of Period Poverty across the country with a multi-tiered approach: locally in communities, and nationally through research and advocacy. Through a national network of professionals, volunteers, and supporters, Dignity Grows ensures hygiene support for tens of thousands of menstruating people each year.



WHAT IS PERIOD POVERTY?

THE LACK, OR UNCERTAIN ACCESS TO BASIC MENSTRUAL HYGIENE SUPPLIES

1/3

of menstruating people will experience period poverty at some point in their lives.

35%

over 35% of Americans cannot afford monthly menstrual hygiene necessities.

47%

report that period poverty has negative impacts on their education and work.

PERIOD POVERTY IS PERVASIVE AND PREVENTABLE

Period Poverty is an issue that affects women and menstruating people of all backgrounds including every race, age, geographic region and socioeconomic status. More broadly, it is worth noting that Period Poverty tends to impact multiple aspects of women's lives.



Dignity Grows Inc., et al.
Period Poverty in America.
USA, Dignity Grows Inc., 2023
dignitygrows.org/periodpovertyinamerica

As an established chapter, Jewish Peninsula receives and packs discreet reusable totes to meet the needs of the community. Each Dignity Grows Tote is filled with a full month supply of hygiene products and period necessities.

Totes are then distributed through our partners throughout the community straight to the hands who needs it the most.

That's where **you** come in.

HOW DOES IT WORK?



HOW CAN WE HELP?

Direct product distribution efforts alleviate an immediate need locally. It is crucial for us to create a wide network of distribution sites that reflect the pervasiveness of Period Poverty throughout a variety of communities.

By volunteering to be a Distribution Partner, you're able to offer discreet free monthly supplies to your community.



Read our Distribution Partner Guidelines here

DISTRIBUTION PARTNERSHIP

STRENGTH IN NUMBERS

We can't do it alone - we're looking for partner sites to act as discreet locations throughout the peninsula to offer free menstrual totes for their unique community.

Because the prevalence of period poverty is so high, it is imperative to create a wide network of sites beyond shelters and services to get products into the hands that need it most.

There is **no cost** to become a partner, and there are no minimum number of totes to keep onsite.

Each Dignity Grows Tote is filled with a full-month supply of products including:

- 6** hygiene products to last one month
- 2** different period product options for a month
- 1** discreet reusable tote bag

