

# Sacred Service



**RABBI DAVID  
KOMEROFSKY**

The Torah readings of late winter and early spring are heavy on details. Leviticus lingers over the work of the Tabernacle, describing who does what and when, how rituals are prepared, and why all of it matters. For contemporary readers, these passages can feel remote. We no longer have a central place of worship for the whole Jewish people. We do not bring offerings to an altar. Most of us are not priests. Still, the Torah's focus on avodah, or holy service, is closer to how we live than we might think.

In Hebrew, avodah means both worship and work. Sacred service is not defined by spectacle or inspiration, but by responsibility. The priests were not holy because of charisma or status, they were holy

because they showed up every day, did the work carefully, and understood that what they were doing mattered to the life of the community. Without their commitment, the people's faith and practice would collapse, and with it the communal structure. That is a familiar story here in Stark County. Jewish life in our community does not run on miracles, it runs on people. The people who unlock the doors, set up the rooms, prepare the lessons, lead the prayers, cook the meals, visit the sick, sit through the meetings, ask the hard questions, and quietly take ownership of shared responsibility. Much of this work happens out of sight, almost all of it is taken for granted, and none of it is optional. The Torah never pretends that sacred work is glamorous, but it insists that it is necessary.

There is also a moral clarity to the priestly model that is relevant for our time. The Torah is concerned with boundaries, knowing one's role, respecting limits, and approaching sacred responsibility with humility. Leadership, in this framework, is not about visibility or control. It is about steadiness, accountability, and care for others. In a small Jewish community, that matters even more.

We do not have the luxury of disengagement. Jewish life in Stark County is sustained not by scale, but by commitment, by people who understand that belonging and responsibility go hand in hand. Avodah teaches us that holiness

Cont'd / See **RABBI** Page 10

# Reflections on Our Shared Home: A Vision for Beit Ha'am



**LAURA GOLDMAN**  
JCCF President

As I look back on the vibrant history of our community, a specific list of memories often dances through my mind: The elegance of the Center Ball, the creative energy of our Arts & Cultural Festivals, and the lively chatter of the Yiddish Club. I think of the splashing at the pool during swim lessons, the chaotic joy of Tumble Tots, the competitive spirit of Youth Basketball, and the pride of our Maccabi Games athletes. From the Purim Carnival celebration to the quiet dignity of the Yom Ha'Shoah commemoration, the JCC was more than a building—it was our collective living room.

I hope that as you read those names, a fond memory surfaced and a smile found its way to your face. Like many of you, I miss the Jewish Community Center deeply. I long for the simple, daily magic of seeing all of you. While many of our essential traditions continue today, we have lost that "town square" feeling that defined our daily lives.

But what if we could reclaim it?

I believe it is time to bridge the gap between our cherished past and our future. Imagine coming together as an entire community more often—blending "the old" with the new. I can picture our meeting once a month to click tiles over Mahjong, or finding our center together in a yoga stretch class. I can see friendly rivalries renewed over a game of gin or poker.

We are already taking steps to make this a reality. Soon, Federation will host a Pesach Pop-Up Market, and I invite you to come not just to shop, but to linger. Sit down, have a coffee, and let's truly kibitz like we used to.

The Canton Jewish Federation remains steadfast in our commitment to educational and Israeli content, but we can offer you so much more. We want to offer you connection.

We need your voice to make this happen. What do you miss most from the JCC days that we could feasibly revive? What fresh ideas have you been dreaming of?

Please keep a close eye on your inbox for an upcoming questionnaire. Your feedback will be the blueprint we use to build our next chapter of gatherings. Together, let's ensure that Beit Ha'am is truly a "House of the People"—a place where we don't just "attend events," but where we truly connect and belong.

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## STARK JEWISH NEWS

A publication of the Canton Jewish Community Federation

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The SJN attempts to publish materials received and reserves the right to edit all submissions.

The SJN is published 10 times a year.

Subscription rate: \$18.00 per year.

Deadline for each month's issue is the 10th.

Materials must be received in our office by that date.

# Through The Years

*Looking back at the years 1957 and 1960*

1957



A sure sign that spring has arrived is the annual selection of the 1957 Stark Jewish News Purim Queen, pretty Judy Jacobson, daughter of the Dick Jacobsons.

Introducing...  
The new President of the Jewish Center, Lewis N. Buxbaum



A pleasant young man with a natural gift for social service work is Lewis Buxbaum, the newly elected president of the Canton Jewish Center.

Born and reared in Akron; a graduate of Ohio State University; a veteran of the U.S. Air Corps. Mr. Buxbaum is also a member of the budget committee of the Canton Welfare Federation and has also served as a leader in past Jewish Welfare Fund campaigns.

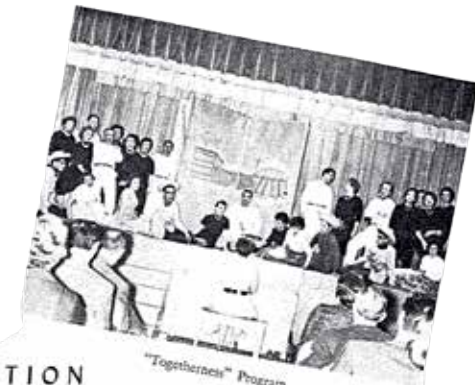
The young man's desire to serve comes to him most honestly - since his father, Albert Buxbaum, as always been in the forefront of all worthy causes in Akron, whether they be of a city-wide nature or of a local Jewish character.

Mr. and Mrs. Lewis Buxbaum and their two children reside at 428 33<sup>rd</sup> St. N.W.

The new president succeeds Harry L. Ginsburg, who has headed up the Center for the past two years.

1960

Shaaray Torah Synagogue Building Dedication Weekend  
 "Togetherness" Dedication Musical in Three Acts



DEDICATION  
WEEKEND

# Through The Years

*The History of Jews in Canton, Massillon*

Want to learn more about the History of Jews in Canton and Massillon?  
 Visit [JewishCanton.org](http://JewishCanton.org) and click the "Jewish Canton" tab.

# Reflections from FedPro: Remembering Our Why



**ORI AKRISH**  
Executive Director

In February, I had the opportunity to attend the FedPro Conference in Phoenix, Arizona, alongside federation professionals from across the United States and Canada. FedPro is always energizing because it allows us to step away from day to day responsibilities, learn from colleagues, and reflect on where our Jewish communities are headed and how we, as leaders, can best serve them.

The sessions addressed the moment we are living in as a Jewish people and as communal institutions. Many focused on reimagining community engagement and belonging in a post October 7 world, navigating an evolving political climate, understanding generational approaches to philanthropy, and thinking thoughtfully about the road ahead. These conversations were

meaningful and necessary, and while at times challenging, they were also grounding. They reminded me that while our communities differ in size and geography, we are grappling with many of the same questions about identity, security, connection, and responsibility.

One of the most meaningful parts of the conference was gathering with other small federation CEOs in dedicated discussions. Of all the small communities represented, Canton was the smallest in the room. Yet as we shared what was happening in our communities, something became clear: everything they are doing, we are doing too.

They run annual campaigns, and so do we.

They support Jewish Family Services, and so do we.

They partner with and invest in Israel, strengthening Jewish life at home and abroad, and so do we.

They invest in engagement, education, and caring for the most vulnerable, and so do we.

As the conversation continued, I shared what makes Canton truly special: Our Jewish institutions work together. Our synagogues, agencies, and organizations communicate regularly, plan collaboratively, and think strategically as one unified community. We coordinate calendars, partner on programs, and come together in moments of celebration and crisis. That level of partnership is not a given everywhere; in many communities, institutions operate in silos. In Canton, we understand that our strength comes from shared purpose and collective action.

Representing the smallest of the small communities there, I felt an overwhelming sense of pride. For a community of our size, Canton is punching well above its weight. That is not because of any one institution or leader. It is because of you, the individuals and families who give generously, volunteer consistently, sit on boards, participate meaningfully, and show up for one another. What we accomplish together is extraordinary.

While many sessions centered on Jewish life and Israel, one stood out because it approached leadership from a different angle. Titled "How to Do What You Said You Would Do: Being Accountable to Yourself and Others with Less Stress," it initially seemed focused on personal development. In reality, it became one of the most thought provoking sessions I attended.

Cont'd / See **FEDPRO** Page 6

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We are creating programs for you that provide education, entertainment and overall bring our community together. If you have any suggestions or would like to present a topic, please let us know. We look forward to having you join us! All are welcomed. Email Leanne at [llehn@jewishcanton.org](mailto:llehn@jewishcanton.org) or call (330) 445-2850.

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**HEATHER HERSHEY-TOMPKINS**  
JFS Director

# Managing Stress with MBS

Everyone has some sort of stress in their life. The key is knowing how to respond to it so that it does not consume your life. At Jewish Family Services, we provide brief counseling and/or referrals for issues like stress or other difficult issues you may experience.

JFS supports mindfulness by helping individuals and families develop simple, practical techniques to manage stress in everyday life. JFS helps clients become more aware of their thoughts and emotions without judgment. By integrating mindfulness into daily routines and family interactions, clients can improve emotional regulation, strengthen relationships, and respond to challenges with greater calm and clarity.

## Mindfulness-Based Stress Reduction (MBSR)

Mindfulness-Based Stress Reduction, or MBSR, is a simple, practical way to manage stress. It teaches people how to slow down and pay attention to what's happening in the present moment, without judging themselves. Instead of trying to eliminate stress, MBSR helps people change how they respond to it. When people become more aware of their thoughts, feelings, and body reactions, they can pause and respond more calmly instead of reacting automatically. MBSR usually includes breathing exercises, gentle movement, and short mindfulness practices that help calm the body and mind. These skills can be used in everyday life, especially during stressful moments. Many people who practice MBSR report feeling less overwhelmed, sleeping better, and handling stress with more patience and clarity. It doesn't require any special beliefs or experience and can be helpful for individuals, families, and caregivers. Overall, MBSR offers an easy, effective way to build healthier coping skills and improve emotional well-being.

### Mindfulness Practices

1. **Mindful Breathing**—Focusing attention on the breath as it moves in and out. When the mind wanders, you gently bring it back to the breath. This helps calm the nervous system.
2. **Body Scan**—Slowly paying attention to different parts of the body, from head to toe, noticing tension or sensations without trying to change them.
3. **Mindful Movement**—Gentle stretching or slow movements done with awareness of the body, rather than pushing or forcing.
4. **Sitting Meditation**—Sitting quietly and noticing thoughts, feelings, and sensations as they come and go, without judging or reacting to them.
5. **Loving-Kindness Practice**—Silently offering kind wishes to yourself and others, such as “May I be calm” or “May you be safe”.

“It's never too late to change your life for the better. You don't have to take huge steps to change your life. Making even the smallest changes to your daily routine can make a big difference to your life”.

## ADULT PROGRAMS

RSVP to Leanne at [llehn@jewishcanton.org](mailto:llehn@jewishcanton.org), 330-445-2850,  
or online at [jewishcanton.org/community-calendar](http://jewishcanton.org/community-calendar)

### MARCH

#### BREAKFAST WITH RABBI KOMEROFSKY “FOUR CHILDREN, ONE COMMUNITY”

**Wednesday, March 11 | 9:30-11:30 A.M. at Beit Ha'Ham**

As Passover approaches, we will look at the Haggadah's tale of the Four Children. Often read as a lesson for families, this passage is also a model for Jewish community itself. Each child asks differently, engages differently, and belongs differently and yet all remain at the table. We will explore the Four Children through the lens of Jewish pluralism, belonging, and responsibility. What does it mean to make room for insiders and skeptics, the curious and the silent? How do Jewish communities remain strong when engagement takes many forms?

**RSVP by March 9**

**RABBI** continued from Front Page

is not about doing everything, but about doing our part, and doing it with intention.

March is a season of transition. Winter begins to loosen its grip. Calendars fill quickly. Planning accelerates. It is a good moment to pause and ask not only what do we believe as Jews, but how do we live those commitments day to day. Where do we bring care to ordinary tasks? How do we honor the work, often quiet, often unseen, that makes Jewish life possible here?

As we move toward Passover, that question becomes clearer. The Exodus story reminds us that freedom does not begin with miracles alone, it begins with preparation: cleaning, planning, teaching, cooking, and showing up for one another. Redemption, the Torah suggests, is built through shared responsibility.

That work continues now, around our tables, in our congregations, and throughout our community. Holy service does not belong to another time or another place. It lives wherever Jews take responsibility for each other, and do the work with care.



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MONDAY, MARCH 23 - NOON TO 2 P.M.  
WEDNESDAY, MARCH 25 - NOON TO 2 P.M.

### What Is the Pesach Pop-Up Market?

*Getting ready for Passover just got easier and a little more fun!*

While Jewish Family Services continues its pre-packed Passover grocery bags for families who need assistance, the Pesach Pop-Up Market is a special chance for everyone in the Canton Jewish community to browse, choose, and take home the Kosher for Passover items they love. The market is located at Beit Ha'am next to the JFS Food Pantry

### Why You'll Love It

- Not a fundraiser – items are priced at cost
- Open to everyone in the Canton Jewish community
- Pick and choose what you want—no pre-packed boxes here!
- Fun and festive way to get in the holiday spirit

### What You'll Find

A hand-picked selection of Kosher for Passover favorites, including:

- Matzah
- Gefilte fish
- Matzah soup
- Macaroons
- Chocolate and other Passover treats
- Shelf-stable pantry and jarred goods
- Fresh horseradish (kept refrigerated)
- Special surprise treats—just for fun!

All items are certified Kosher and Kosher for Passover.

### How It Works

- Open on select dates and times
- Come when it's convenient and take what you like
- Quantities are limited, so come early for best selection!
- No special orders—just a fun, casual shopping experience

### Good News for Families in Need

Any items that don't get picked up at the market won't go to waste—they'll be donated to Jewish Family Services and distributed to families through JFS's Passover assistance program.

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## Tu B'Shevat Event Highlights Environmental Sustainability



Marty Shankle

About 40 community members gathered at Beit Ha'Am for breakfast in celebration of the Jewish holiday Tu B'Shevat, the New Year for Trees, on Sunday February 1. The lively and informative program, the "Mitzvah of Environmental Sustainability" featured a talk and Q&A with Marty Shankle. Marty, who grew up in Canton, currently serves as Chief Strategy Officer for Infinity Power Partners, an energy consulting firm based in Cleveland. He also founded and chairs the Sustainability Committee at the Cleveland Jewish Federation. The event was sponsored by Shaaray Torah Synagogue and open to the community.

Marty opened his talk with a reminder that Jewish values are founded on care and responsibility for the land, as reflected in Biblical requirement of Shmita, for example. This law requires leaving the land fallow every seven years, thereby improving soil health and fertility for future harvests. He went on to connect these ancient practices with the big and small ways in modern life that we each can play a part in Tikkun Olam—literally, repairing our world. His expertise about and passion for environmental sustainability were on full display as the audience peppered him with questions about everything from solar panels to wind power and rising energy costs to composting.

Marty, his wife Haleigh, and their two children have built many sustainable practices into their own lives, including home composting, CSA membership to buy produce direct from local farmers, and a plug-in hybrid vehicle. As he encouraged everyone to adopt practical and manageable ways to incorporate sustainability into our daily lives, he was quick to advise that even small changes have impact, especially if many people pursue them consistently. He also cautioned that some sustainability choices—like installing solar panels or driving an electric vehicle—should be considered carefully in the context individual circumstances and timing.

Marty invited anyone looking to run their business more sustainably to contact him at [shankle.marty@gmail.com](mailto:shankle.marty@gmail.com). If you missed the program or are looking for more information on environmental sustainability, Marty suggested consulting such websites as [adamah.org](http://adamah.org), the largest Jewish environmental organization in North America, and [www.tectn.org](http://www.tectn.org) for home composting tips. Locally, Stark Parks offers composting drop-off and electronic recycling, including one at Sippo Lake Park.

### FEDPRO continued from Page 3

The core message was about accountability and following through on the commitments we make to ourselves and to others. The presenter emphasized that purpose gives accountability its power and sustainability. One quote has stayed with me: "Knowing something and doing something is not the same thing." The idea is simple, yet powerful.

We were challenged with three questions: What do you want? Why do you want it? And what are you willing to do to get it?

Those questions apply to our personal lives and professional roles, but they also speak directly to us as a Jewish community.

As a Federation and as a community, we know a great deal: we understand the importance of Jewish continuity, the core value of caring for one another, and that Israel matters. We also know that engagement, belonging, and connection do not happen by accident. But knowing is only the beginning; the real work lies in doing consistently and intentionally, guided by purpose and grounded in care for one another.

Accountability is not about pressure or perfection, but about alignment, ensuring that what we say we value is reflected in how we show up, how we allocate resources, and how we support one another, especially in challenging times. When purpose is clear, follow-through does not feel like a burden; it feels like sacred work.

When I returned home from Phoenix, I felt renewed gratitude for the privilege of leading this community. Canton may be small in number, but we are strong in spirit. We are committed, generous, and deeply values driven. We do not simply talk about community. We build it, nurture it, and sustain it through partnership, accountability, and shared responsibility.

The work of Federation is never finished. There will always be new challenges and new questions before us. But if we remain clear about our purpose, honest about what we are willing to do, and accountable to one another with care and compassion, I am confident that our community will not only endure, but continue to thrive.

And that, to me, is doing what we said we would do.

# Jewish American Icons: Jonas Salk, The ‘Miracle Worker’

CHRIS LANGE

Jonas Edward Salk was a man of firsts. He was the firstborn child of Daniel and Dora Salk, a first-generation American, the first student to graduate from the elite Townsend Harris High School for gifted students at the age of 15, and the first member of his family to attend college. He would one day finish first in a frantic race to eradicate a silent killer – one that struck terror in the heart of every American.

## MOTHER KNOWS BEST

Salk was born in 1914 to Russian-Jewish immigrants Daniel and Dora Salk. The family lived in a low-income working-class neighborhood in the Bronx, where Daniel labored in the garment industry.

Though they had little in the way of formal education themselves, Daniel and Dora strongly emphasized the importance of education in their children's lives, encouraging them to apply themselves to their studies and set their sights on earning college degrees.

When Salk announced that he wanted to study law, plain-spoken Dora quickly disabused him of the notion, declaring that he could not hope to sway a judge or jury since he had never won a single argument with her. This one was no exception.



*“As a child I was not interested in science. I was merely interested in things human, the human side of nature, if you like.”*

*-Jonas Salk*

Ever the dutiful son, Salk enrolled in the City College of New York (CCNY), where he earned a Bachelor of Science degree in chemistry.

Unlike most prominent schools of the day, CCNY did not use admissions quotas

to discriminate against Jews. According to Salk biographer David Oshinsky, the school was “barely second-rate,” with few notable scholars on faculty, an outdated library, and no laboratory facilities.

“What made the place special was the student body that had fought so hard to get there...driven by their parents,” Oshinsky wrote.

Salk went on to earn a medical degree from New York University School of Medicine, where he developed a keen interest in virology.

## THE M.D. MARRIES

The day after his graduation in 1939, Salk asked Elmer Lindsay for the honor of having his daughter's hand in marriage. According to writer David Oshinsky, Donna Lindsay's father was “a wealthy Manhattan dentist” who viewed Salk as a “social inferior, several cuts below [her] former suitors.”

Elmer Lindsay declared that he would only give the couple his blessing if two conditions were met: Salk must wait until he could be listed as an official M.D. on the wedding invitations, and he must improve his “rather pedestrian status” by giving himself a middle name. Shortly thereafter, family and friends were cordially invited to attend the wedding of Donna Lindsay and Jonas Edward Salk, M.D.



## A PIONEERING PARTNERSHIP

In 1942, the U.S. Army granted Salk a research fellowship at the University of Michigan to develop an influenza vaccine. There he quickly advanced to the position of assistant professor of epidemiology. It was during this phase of his career that Salk reconnected with former CCNY classmate and friend, Dr. Thomas Francis, Jr., the head of the epidemiology department at Michigan's School of Public Health. Francis proved to be an invaluable mentor, educating Salk in virology and vaccine methodology. Together, the two men developed the first inactivated flu vaccine for the U.S. military, which was licensed for use among the general public in 1945.

Two years later, Salk accepted a professorship at the University of Pittsburgh School of Medicine as the director of the Virus Research Laboratory. Little did he know at the time that he was about to change the world.

With funding from the National Foundation for Infantile Paralysis (now the March of Dimes) and armed with his extensive knowledge of vaccinology, Salk set out to develop a polio vaccine. The U.S. was in the midst of an unprecedented surge in cases of the highly-infectious viral disease, causing widespread panic. The virus attacked the nervous system, which could lead to meningitis and, ultimately, irreversible paralysis. Two of every 10 paralysis cases resulted in death.

The debilitating scourge primarily affected children. Newspapers carried near-daily images of kids on crutches and in wheelchairs, many of whom suffered from shocking leg deformities. In 1952 alone, 57,628 cases of polio were reported among this young population, along with 3,145 deaths and a staggering 21,270 cases of irreversible paralysis. The nation was in the full grip of mass hysteria. Anxious parents kept their children indoors, while affected communities saw schools, movie theaters, museums, and other public gathering places shutter one by one.

## THE RACE BEGINS

Salk's approach to developing an inoculation against polio was unorthodox from the start. He rejected the idea of an attenuated live-virus oral vaccine championed by researcher and fellow NYU School of Medicine alum, Albert Sabin, and supported by the nation's top virologists and microbiologists. Salk believed that a killed-virus injection would be safer and fare more effective.

Thus began an intense professional - and at times personal - rivalry between the two men.

Their feud played out in the press. Sabin once famously mocked Salk's vaccine as “kitchen chemistry,” even going so far as accusing his rival of “playing with children's lives.” Salk described his relationship with Sabin as akin to being “kicked in the teeth.”

## THE ‘MIRACLE WORKER’

It was a simple matter of timing that saw Salk ultimately prevail in the frantic race for a vaccine. The U.S. government, under untenable pressure from the pub-



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**JEWISH AMERICAN ICONS** continued from Page 7

lic, threw their polio research funding behind Salk's dead-virus immunization, which could be developed far more quickly than Sabin's live-virus version.

Salk believed so strongly in the safety and efficacy of his vaccine that he administered it to himself, his wife, and his three children. He announced during a radio broadcast that each of them subsequently tested positive for antibodies to the virus - a brilliant move that earned him the public's trust.

The Salk vaccine underwent national testing in 1954 on one million children, ages six to nine, who were dubbed by the press as "the Polio Pioneers." The vaccine was officially declared safe and effective in April of 1955, after which there was an immediate rush to vaccinate. Over the next seven years, the number of known polio cases in the U.S. fell from 45,000 to 910.



Salk was hailed as a hero and "miracle worker" for the breakthrough, catapulting him to instant celebrity status - so much so that his fans once petitioned to have him named as People Magazine's "Sexiest Man Alive."

Salk chose not to patent the vaccine, declaring that he wanted it to be distributed as widely as possible. Indeed, several countries launched polio immunization campaigns using Salk's vaccine, including Belgium, Canada, Denmark, the Netherlands, Norway,

Switzerland, and West Germany. By 1959, the Salk vaccine had reached about 90 countries.

Sabin would eventually catch up to his rival. His oral vaccine was approved for public use in 1961. Today both men are credited with eradicating polio in the U.S.

**AIDS AND ACTIVISM**

Salk went on to found the Salk Institute for Biological Studies in La Jolla, California in 1963 with the help of a \$20 million grant from the National Science Foundation and support from the March of Dimes.

In the late 1980s, at the height of the AIDS scare, Salk began to focus his research on developing an HIV vaccine. Although he did not ultimately succeed in this endeavor, he developed an experimental therapeutic vaccine called Remune (or Immunogen) to boost immunity in HIV-infected people to prevent the progression of the virus to AIDS.

Salk also made a name for himself as an activist for mandatory vaccination of children against disease, calling it a "moral commitment." Today, all 50 states require certain vaccinations for children entering public schools thanks, in large part, to his relentless campaign.

**THE HIGH COST OF FAME**

Jonas and Donna Salk divorced in 1968 before their 30th wedding anniversary. According to Los Angeles Times writer Charlotte DeCroes Jacobs, Salk's meteoric ascension from relative obscurity to one of America's most beloved celebrities had thrust Donna into the spotlight as well, and it was more than she could bear.

"She could not accommodate the celebrity," Jacobs wrote. "Suddenly she was supposed to smile and dress up and couldn't do it."

Throughout his life, Salk was driven by a deeply ingrained sense of duty and responsibility. It was perhaps for this very reason that he found himself attracted to free-spirited French painter Françoise Gilot, whom he married in 1970.

Fiercely independent and caring little for the opinion of others, Gilot had made a name for herself in the art world with her avant garde abstract "cubism" paintings. She was perhaps best known, however, for her scandalous affair with Pablo Picasso. The temperamental artist was 40 years her senior and married to another woman for the entirety of their decade-long romance. "Picasso wanted to possess the world; Jonas wanted to heal it," Gilot said in an interview. Salk's and Gilot's relationship was one of mutual respect and admiration.

**A LASTING LEGACY**

Salk continued his research through the remainder of his life. He also authored several books. In this endeavor, he was able, at last, to apply his scientific knowledge to his lifelong interest in 'the human side of nature', exploring subjects like human evolution and the role that interdependence plays in human survival.

Salk died on June 23, 1995, at the age of 80. His life's philosophy is memorialized at the institute that bears his name: "Hope lies in dreams, in imagination and in the courage of those who dare to make dreams into reality."

# Passing Down Tradition Through Hamantaschen



**BOBI BERRINGER**  
Temple Israel  
Chadash Coordinator

One of the most meaningful ways we can show leadership and a commitment to community is by helping to guide our younger children through cherished Jewish traditions. This is exactly what our returning 2025 Confirmation Class did! They took on the role of teachers and role models while baking hamantaschen together with the younger Chadash students.

They shared their tips and tricks on how to roll the dough, add the filling, and carefully fold the corners to create the perfect—and not so perfect—triangular shape. In doing so, they were not just

teaching a recipe but creating memories and helping to build a foundation for Jewish identity and belonging. Moments like these bring Jewish values to life! The older children demonstrated what it truly means to be a mensch: taking pride in helping others, leading with kindness, and making sure everyone felt included and supported.

The laughter and teamwork in the kitchen remind us that traditions are best kept alive when they are experienced together and handed down from one generation to the next with care and a spirit of community.

Thank you to Ellie Adler, Mason Olenick, Noah Olenick, Ivah Parker, Batya Sherwin, and Natan Sherwin for spending your morning with our Chadash students!

If you would like to try some of these hamantaschen, we invite you to join us for our Annual Purim Spiel! Hamantaschen will be served in the lobby after the performance. We hope to see you there!



Please join us for our annual:  
*Purim Spiel*  
11:00am  
Sunday, March 1st  
Followed by fun and Hamantaschen!

Temple Israel  
432 30<sup>th</sup> St. Canton OH 44709

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CANTON, OHIO

CHADASH COMMUNITY HEBREW ACADEMY  
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2026  
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Yom HaShoah  
Monday, April 13  
6 PM

Yom HaAtzmaut  
Thursday, April 16  
6 PM



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## Temple Israel Programming

### SAFETY AND SECURITY TRAINING FOR THE JEWISH COMMUNITY

In today's reality, Jewish institutions cannot afford to be unprepared. Calm, clear planning saves lives, and it does so without panic or paranoia. Temple Israel and the Jewish Community of Canton LLC are offering Run-Hide-Fight emergency response training and Exit Row Helper training as a service to the wider Canton Jewish community this month. These sessions are designed for real people in real buildings, not security professionals, but congregants, volunteers, staff, and community members who want to know what to do if the unthinkable happens.

Run-Hide-Fight training, presented by the Canton Police Department, focuses on practical decision-making under stress: how to escape safely when possible, how to protect yourself and others when escape is not an option, and how to respond as a last resort. The emphasis is not heroics, but survival.

Exit Row Helper training is uniquely tailored to the Beit Ha'am building. Borrowing its name from airline safety, it prepares volunteers to stay calm, guide others to exits, and support first responders during emergencies. Exit Row Helpers are not security, not law enforcement, and not expected to confront danger, only to help people move safely and confidently when it matters most.

This training reflects a core Jewish value: pikuach nefesh, the obligation to protect life. Preparedness is not fear, it is responsibility. These sessions are open to members of the broader Jewish community, because safety is strongest when it is shared.

Register for these and future sessions at [www.templeisraelcanton.org/training](http://www.templeisraelcanton.org/training).

# ADEL'MAN'S 102 YEARS

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## How Much to Give? The Dilemma of Charitable Giving

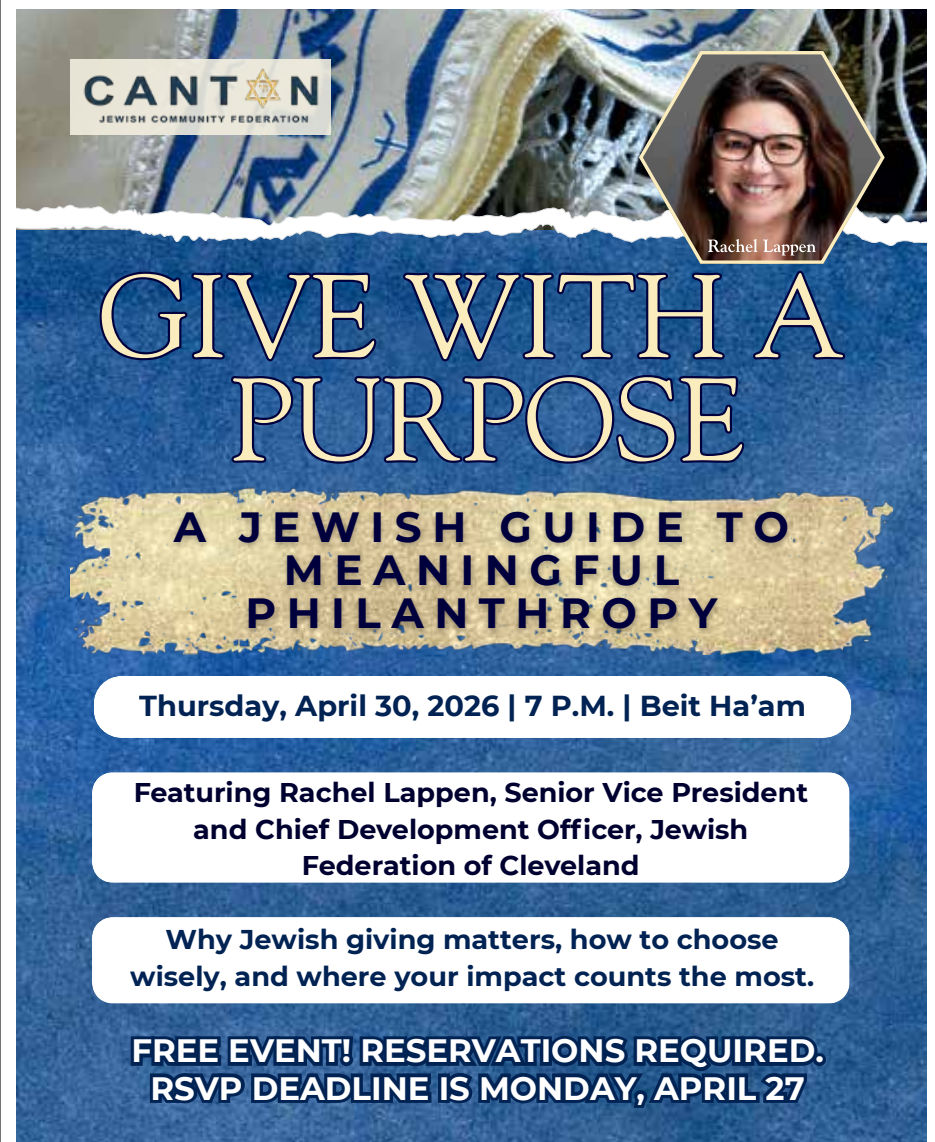
Jewish Federation... Hillel...Birthright...HIAS... American Jewish World Service... The list is endless! How much to give to each? How do I split up my charitable donations fairly? How much to Jewish charities vs. secular charities? How much do others give?

With everyone's financial circumstances and giving priorities being different and unique, these are challenging questions that each of us face, and there is often no one you feel comfortable discussing this with.

As Jews, we are taught to take care of our own and to give generously. But, with so many Jewish and non-Jewish charities competing for our donations, are there any guidelines or benchmarks that we can use to help us decide?

Only you can decide what is right for you. But, to help you make allocations that are wise, equitable and satisfying, the Canton Jewish Federation has invited an expert in the field of charitable giving to provide you with information to help answer some of these questions.

Rachel Lappen, Senior Vice President and Chief Development Officer for the Jewish Federation of Cleveland will present, "Give with a Purpose: A Jewish Guide to Meaningful Philanthropy", at 7:00 p.m. on Thursday, April 30, at Beit Ha'am. Please plan to attend this important presentation!



**CANTON**  
JEWISH COMMUNITY FEDERATION

Rachel Lappen

# GIVE WITH A PURPOSE

A JEWISH GUIDE TO MEANINGFUL PHILANTHROPY

Thursday, April 30, 2026 | 7 P.M. | Beit Ha'am

Featuring Rachel Lappen, Senior Vice President and Chief Development Officer, Jewish Federation of Cleveland

Why Jewish giving matters, how to choose wisely, and where your impact counts the most.

**FREE EVENT! RESERVATIONS REQUIRED.  
RSVP DEADLINE IS MONDAY, APRIL 27**

## Peace of Mind: Demystifying Funeral Pre-Planning

CHRIS LANGE

I am sitting down today with Arnold Funeral Home PreNeed Specialist Anna Meeks to discuss funeral pre-planning.

Anna, you recently gave a presentation at Beit Ha'am on this subject. I have since had the opportunity to speak with a few of the attendees, and I will tell you that more than one told me that "everyone needs to hear this," so I am grateful to you for taking the time to share some information with our readers about this subject. Jumping right in here, is funeral "pre-planning" something new?

**Meeks:** While it may seem like a relatively new concept, we have been committed to pre-planning and securing families' final arrangements for over 50 years.

**Lange:** Can you tell me some of the benefits of pre-planning?

**Meeks:** One of the most significant advantages of pre-planning is the peace of mind it provides to loved ones at a difficult time. By addressing approximately 90% of the necessary arrangements in advance, families can focus on honoring their loved one during what can be an emotionally challenging day. Additional benefits include eliminating uncertainties regarding funeral preferences and final disposition, as well as alleviating financial concerns by addressing costs in advance. This proactive approach can significantly ease the burdens on families.

**Lange:** I would imagine that I am not alone in not necessarily being eager to plan my funeral. Why is it better to make pre-planning arrangements now, as opposed to just letting my family deal with this after I pass?

**Meeks:** Many individuals are surprised to discover that there can be between 75 and 125 different aspects that require attention on the day of passing --

**Lange:** --Wow!

**Meeks:** Yes, it's a considerable number that underscores the importance of thoughtful preparation. When families visit us following the loss of a loved one, it is reassuring for them to know that their family member had input into their final arrangements. We view this pre-planning as a meaningful gift from one generation to the next, helping to guide families during a challenging time.

**Lange:** I never really thought about it like that. It makes sense. A question that I was asked is why someone would want or need to "plan" with a funeral home when they already have a rabbi who normally takes care of this or family trust already in place. Can you respond?

**Meeks:** Pre-planning complements existing trusts and arrangements. It is important to recognize that funeral planning involves unique and personal choices that cater specifically to the individual's needs. Once the planning is secured financially, those funds are guaranteed for an extended period, providing further assurance.

**Lange:** The whole notion of pre-planning seems a bit daunting. What does the process entail?

**Meeks:** Engaging in pre-planning with families is often a comforting and collaborative experience. It opens up opportunities to discuss wishes and preferences that might otherwise feel uncomfortable to address. A particularly rewarding moment is when couples married for many years discover new insights about each other, like a husband's favorite flower being a yellow rose. Even individuals who are single or without children find comfort in our funeral home setting, leaving with a sense of connection and care. Our planning table serves as a space not only for business but for fellowship and support, ensuring that families feel valued and heard.

**Lange:** That's good to know. Okay. Another question I have is what is Out of Area Protection and why is it important?

**Meeks:** Out of Area Protection is a service we offer that provides non-local transportation included with any pre-planned funeral arrangement. This service is particularly important as it allows families to bring their loved ones into our care without incurring additional costs, even if they pass away more than 70 miles from home.

**Lange:** Now that you have explained the process, what is the first step that I should take to get started?

**Meeks:** If anyone is interested in exploring pre-planning or wishes to learn more, I encourage them to contact me at Arnold Funeral Home at (330) 456-7291. I look forward to providing assistance on this important journey.

## CJCF Endowments

*(Contributions received as of publication deadline.)  
Endowment donations are a minimum of \$10 for each person  
or event you wish to recognize.*

### CANTON FEDERATION 2026 CAMPAIGN

In Honor of Bryan Hecht from Daniel Blain

### JEWISH FAMILY SERVICES

In Memory of Bob Charlick from P.J. and Fran Wells

In Honor of the Birthday of Marty Ortman from P.J. and Fran Wells

In Honor of Susan Wilkof from Barbara Rosenstock

In Memory of Steve Jacobson from Betsey Lane

### LEE KARELITZ FAMILY PHILANTHROPIC FUND

In Memory of Lee Karelitz from Tom and Anita Porter

In Honor of the Birthday of Marty Ortman from Paulette Karelitz

In Honor of the Birthday of Marty Ortman from Mark and Judy Tenenbaum

In Honor of the Birthday of Marty Ortman from Tom and Anita Porter

In Honor of the Birthday of Marty Ortman from Randi and Bill Smuckler

## Life Cycle Events

### DEATHS

**Judith Cohodas** passed away on February 5, 2026. She is survived by her children, Jonathan Cohodas and Deborah (Andy) Seres; daughters-in-law Jennifer Greif and Heather Webb; and several grandchildren.

**Pat Sherman** passed away on February 9, 2026. She is survived by her husband, Stan; brother-in-law and sister-in-law Les and Eileen Sherman; and nephews, nieces, and their families.

**Steve Jacobson** passed away on February 12, 2026. He is survived by his brothers David and Jody and sister Deborah; and his step-mother, Lois.

## Third Annual Women's Seder

Presented by the Temple Israel Sisterhood  
March 22, 2026 | Noon to 2:00 p.m. | Beit Ha'am  
(doors open at 11:30 a.m.)

Cost is \$18/person. RSVP by visiting the Community Calendar  
[jewishcanton.org](http://jewishcanton.org) or scan the QR code.

**Reservations are required.**



MARCH

Sunday, March 1	9:00 A.M. – 1:00 P.M.	Chadash
	6:15 P.M. – 8:30 P.M.	TI Shabbat Service
Tuesday, March 3		Purim
Friday, March 6	5:30 P.M. – 6:15 P.M.	TI Oneg Shabbat
	6:15 P.M. – 8:30 P.M.	TI Shabbat Service
	6:15 P.M. – 7:15 P.M.	Chadash program
Saturday, March 7	10:00 A.M. – 12:30 P.M.	ST Shabbat Service
	10:00 A.M.	Stollen Moments Torah Study
Sunday, March 8	9:00 A.M. – 1:00 P.M.	Chadash
Friday, March 13	5:30 P.M. – 6:15 P.M.	TI Oneg Shabbat
	6:15 P.M. – 8:30 P.M.	TI Shabbat Service
Saturday, March 14	10:00 A.M. – 12:30 P.M.	ST Shabbat Service
	10:00 A.M.	Stollen Moments Torah Study
Sunday, March 15	9:00 A.M. – 1:00 P.M.	Chadash
	9:00 A.M.	TI Sisterhood Meeting
	9:30 A.M.	TI Brotherhood Meeting
Tuesday, March 17	5:30 P.M.	TI Men’s Study Group
	7:00 P.M.	TI Board Meeting
Thursday, March 19	7:00 P.M. – 9:00 P.M.	Federation Board Meeting
Friday, March 20	5:30 P.M. – 6:15 P.M.	TI Oneg Shabbat
	6:15 P.M. – 8:30 P.M.	TI Shabbat Service
Saturday, March 21	10:00 A.M. – 12:30 P.M.	ST Shabbat Service
	10:00 A.M.	Stollen Moments Torah Study
Sunday, March 22	9:00 A.M. – 1:00 P.M.	Chadash
	Noon	TI Sisterhood Women’s Seder
Thursday, March 26	2:30 P.M. – 3:30 P.M.	Yiddish Club
Friday, March 27	5:30 P.M. – 6:15 P.M.	TI Oneg Shabbat
	6:15 P.M. – 8:30 P.M.	TI Shabbat Service
Saturday, March 28	10:00 A.M. – 12:30 P.M.	ST Shabbat Service
	10:00 A.M.	Stollen Moments Torah Study
Sunday, March 29	7:00 P.M. – 8:00 P.M.	Intro to Judaism

CANTON  
JEWISH COMMUNITY FEDERATION

# YIDDISH CLUB

LED BY RABBI A.J. KUSHNER

Thursday, March 26, 2026  
Thursday, April 30, 2026  
2:30 PM - 3:30 PM | Beit Ha'am Library

Cost is FREE. All are welcome.





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## AGUDAS ACHIM

Orthodox

**Sunday, March 1**  
Rabbi Scheinbaum's class  
via Zoom 11:00 a.m.

**Monday, March 2**  
Fast of Esther 5:47 a.m. –  
6:59 p.m.

Mincha 5:50 p.m.  
Purim  
Maariv 6:30 p.m.  
Megillah reading 7:00 p.m.

**Tuesday, March 3**  
No Mishnah class via  
Zoom

Purim  
Shacharis & Megillah  
reading 7:15 a.m.

Mishloach Manos  
(exchanging gifts of  
food) 8:30 a.m.

**Wednesday, March 4**  
Shushan Purim

**Thursday, March 5**  
Torah class (Isaiah) via  
Zoom 4:30 p.m.

**Friday, March 6**  
Mincha & Kabbolas  
Shabbos 6:00 p.m.  
Candle lighting 6:04 p.m.  
Sunset 6:22 p.m.

**Saturday, March 7**  
Shabbos Parshas Ki Sisa  
Shabbos Parshas Parah  
Shacharis & Mussaf 9:15  
a.m.

Earliest Mincha 1:07 p.m.  
Shabbos ends 7:05 p.m.  
Maariv 7:20 p.m.  
Havdalah 7:36 p.m.

**Sunday, March 8**  
Rabbi Scheinbaum's class  
via Zoom 11:00 a.m.

**Tuesday, March 10**  
Mishnah class via Zoom  
4:45 p.m.

**Thursday, March 12**  
Torah class (Isaiah) via  
Zoom 4:30 p.m.

**Friday, March 13**  
Mincha & Kabbolas  
Shabbos 7:10 p.m.  
Candle lighting 7:12 p.m.  
Sunset 7:38 p.m.

**Saturday, March 14**  
Shabbos Mevorchim  
Chodesh

Shabbos Parshas  
Hachodesh  
Shabbos Parshas

Vayak'hel-Pekudei  
Shabbos Chazak  
Shacharis & Mussaf 9:30  
a.m.

The Molad (new moon)  
for the month of Nisan:  
Wednesday (March 18)  
4:34 p.m. + 13 chalakim  
Earliest Mincha 2:05 p.m.  
Shabbos ends 8:12 p.m.

Maariv 8:30 p.m.  
Havdalah 8:44 p.m.  
**Sunday, March 15**  
Rabbi Scheinbaum's class  
via Zoom 11:00 a.m.

**Tuesday, March 17**  
Mishnah class via Zoom  
4:45 p.m.

**Thursday, March 19**  
Torah class (Isaiah) via  
Zoom 4:30 p.m.

Rosh Chodesh Nisan  
**Friday, March 20**  
Mincha & Kabbolas  
Shabbos 7:15 p.m.

Candle lighting 7:19 p.m.  
Sunset 7:37 p.m.

**Saturday, March 21**  
Shabbos Parshas Vayikra  
Shacharis & Mussaf 9:30  
a.m.  
Earliest Mincha 2:04 p.m.  
Shabbos ends 8:20 p.m.

Maariv 8:35 p.m.  
Havdalah 8:51 p.m.

**Sunday, March 22**  
Rabbi Scheinbaum's class  
via Zoom 11:00 a.m.

**Tuesday, March 24**  
Mishnah class via Zoom  
4:45 p.m.

**Thursday, March 26**  
Torah class (Isaiah) via  
Zoom 4:30 p.m.

**Friday, March 27**  
Mincha & Kabbolas

Shabbos 7:25 p.m.  
Candle lighting 7:27 p.m.  
Sunset 7:45 p.m.

**Saturday, March 28**  
Shabbos Parshas Tzav  
Shabbos Ha Gadol  
Shacharis & Mussaf 9:30  
a.m.

Earliest Mincha 2:03 p.m.  
Shabbos ends 8:28 p.m.  
Maariv 8:45 p.m.

Havdalah 8:59 p.m.  
**Sunday, March 29** Rabbi  
Scheinbaum's class via  
Zoom 11:00 a.m.

**Tuesday, March 31**  
No Mishnah class via  
Zoom  
SEARCH FOR CHOMETZ  
After 7:50 p.m.



## SHAARAY TORAH

Conservative

432 30th St. N.W. • Canton, 44709 • 330-492-0310

\* = Zoom

**Monday, March 2**  
Fast of Esther  
Morning Service 8:00 AM\*  
Evening Services 5:30 PM\*  
followed by the Megillah  
Reading. Don't forget to  
have your Groggers ready.

**Tuesday, March 3**  
Purim  
Evening Services 5:30 PM\*

**Wednesday, March 4**  
Shushan Purim  
Evening Services 5:30 PM\*

**Thursday, March 5**  
Morning Service 8:00 AM\*  
Evening Services 5:30 PM\*

**Friday, March 6**  
Evening Services 5:30 PM\*  
Candles 6:07 PM

**Saturday, March 7**  
Shabbat Morning Service  
10:00 AM (In-Person; Live  
Stream; Zoom)

**Monday, March 9**  
Morning Service 8:00 AM\*  
Evening Services 5:30 PM\*

**Tuesday, March 10**  
Evening Services 5:30 PM\*

**Wednesday, March 11**  
Evening Services 5:30 PM\*

**Thursday, March 12**  
Morning Service 8:00 AM\*  
Evening Services 5:30 PM\*

**Friday, March 13**  
Evening Services 5:30 PM\*  
Candles 7:15 PM  
**Saturday, March 14**  
Shabbat Services 10:00  
AM (In-Person; Live  
Stream; Zoom)

**Monday, March 16**  
Morning Service 8:00 AM\*  
Evening Services 5:30 PM\*

**Tuesday, March 17**  
Evening Services 5:30 PM\*

**Wednesday, March 18**  
Evening Services 5:30 PM\*

**Thursday, March 19**  
Morning Service 8:00 AM\*  
Evening Services 5:30 PM\*

**Friday, March 20**  
Evening Services 5:30 PM\*  
Candles 7:22 PM

**Saturday, March 21**  
Shabbat Services 10:00  
AM (In-Person; Live  
Stream; Zoom)

**Monday, March 23**  
Morning Service 8:00 AM\*  
Evening Services 5:30 PM\*

**Tuesday, March 24**  
Evening Services 5:30 PM\*

**Wednesday, March 25**  
Evening Services 5:30 PM\*

**Thursday, March 26**  
Morning Service 8:00 AM\*  
Evening Services 5:30 PM\*

**Friday, March 27**  
Evening Services 5:30 PM\*  
Candles 7:30 PM

**Saturday, March 28**  
Shabbat Morning Services  
10:00 AM (In-Person; Live  
Stream; Zoom)

**Monday, March 30**  
Morning Service 8:00 AM\*  
Evening Services 5:30 PM\*

**Tuesday, March 31**  
Evening Services 5:30 PM\*



## TEMPLE ISRAEL

Reform

432 30th St. N.W. • Canton, 44709 • 330-455-5197

**Friday, March 6**  
5:30 p.m. Oneg Shabbat  
6:15 p.m. Shabbat Service  
Chadash Shabbat

**Saturday, March 7**  
10:00 a.m. Stollen  
Moments Torah Study  
**Friday, March 13**  
5:30 p.m. Oneg Shabbat

6:15 p.m. Shabbat Service  
Birthday and Anniversary  
Blessings  
**Saturday, March 14**  
10:00 a.m. Stollen

Moments Torah Study  
**Friday, March 20**  
5:30 p.m. Oneg Shabbat  
6:15 p.m. Shabbat Service  
Torah Reading

**Saturday, March 21**  
10:00 a.m. Stollen  
Moments Torah Study  
**Friday, March 27**  
5:30 p.m. Oneg Shabbat

6:15 p.m. Shabbat Service  
**Saturday, March 28**  
10:00 a.m. Stollen  
Moments Torah Study

## PURIM CUSTOMS AND TRADITIONAL FOODS



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RUBIN

Rabbi Mordecai Miller, former spiritual leader of Shaaray Torah Synagogue, stated the following: "The Hebrew calendar is studded with festivals that are celebrated in the house, as well as the synagogue. Around each twines a unique tale which is reflected on the table of the Jewish family."

Purim is no exception! Purim is a joyous Jewish holiday celebrated to commemorate the salvation of the Jewish people in Persia. The Megillah (Book of Esther) tells the tale of Haman, a tyrant, who eventually met defeat when confronted by a brave and beautiful Jewish woman, Queen Esther, known as Hadassah in Hebrew. As the Megillah is read, Jews once again hear how righteousness always triumphs.

Certain foods reflect the traditions of Purim. They are eaten at the festive Purim meal, known as Seudah Purim. One criterion of Purim foods is to serve foods that are "stuffed" or "filled", such as cookies (Hamantaschen), soup dumplings, Kreplach), and festive meats, such as various cuts of brisket. The hidden filling or stuffing is synonymous with Queen Esther's bravery in hiding her Jewish identity until just the right time. Legend has it that Queen Esther hid her Jewish identity to protect herself amid tensions between the Jews and Persians, and also to gain favor with King Ahasuerus to be chosen his wife. Thus, Queen Esther could then protect the Jewish people from the intended harm of the villain, Haman.

Following this tradition of "stuffed foods" at Purim, I have chosen to share a favorite recipe of mine, and my dear father-in-law, Robert Rubin (Z"l). Papa taught me how to make this very elegant and special dish, stuffed veal brisket.

This stuffed veal brisket dish meets the criterion of Purim foods that are stuffed. The stuffing is "hidden", just as Queen Esther hid her Jewish identity. The Queen Esther's timely revelation of her Jewish identity was twofold: The Jews were saved, and, once again, righteousness triumphed over evil.

Stuffed veal brisket is an excellent choice for Purim because it is a festive, elegant, and "dressy" main dish that is just special enough to serve at the celebratory Seudah Purim. Please Make, Bake, and Enjoy!

Attention all of you wonderful cooks! It's your turn to share your favorite Passover recipe with us! Please submit your recipes to [Christine@JewishCanton.org](mailto:Christine@JewishCanton.org) by Thursday, April 9.

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### STUFFED VEAL BRISKET



#### Ingredients

- 3 or 4 medium Yukon Gold or Russet potatoes, peeled and finely grated
- 1 large onion, finely grated
- 1 or 2 large eggs, lightly beaten
- 1/4 cup flour or Matzo Meal
- 1 teaspoon fresh parsley, finely chopped
- Salt, pepper to your liking
- 1 Tbsp vegetable oil
- 1 3/4 cup reduced sodium chicken broth
- 1/2 Teaspoon minced garlic
- Touch of paprika
- One 4-to 5-pound veal brisket (bone-in). Ask butcher to cut in a pocket for stuffing

#### Prepare Stuffing

1. Using a grater, or food processor, grate the potatoes, and place in a large bowl.
2. Place the mixture in a kitchen towel and squeeze out as much liquid as possible.
3. In a large bowl, combine and mix the drained potatoes and onions with the eggs, matzo meal, herbs (if using any) and salt and pepper. The mixture should hold together at this point.

#### Stuffing and Preparing the Veal

4. Preheat the oven to 325 F.
5. Pat the veal pocket dry, and season the inside and out with salt, pepper (optional), garlic powder, and paprika.
6. Using a tablespoon, stuff the potato mixture into the pocket. Do not overstuff, as the potato mixture will expand!
7. Secure the opening closed using metal skewers or twine.

#### Brown and Roast

8. Over medium heat, heat the oil in a large roasting pan.
9. Sear the veal roast on all sides, about 5-7 minutes, until well browned.
10. Pour the chicken broth into the pan to on all sides of the roast.
11. Cover the pan tightly with a lid or aluminum foil.

#### Roast and Serve

12. Remove the veal roast from the pan. Let it sit on a cutting board for 20-30 minutes before removing skewers or string.
13. Slice at your own thickness. Enjoy!