

aleph Adult Day Center

FEBRUARY

MON	TUE	WED	THU	FRI
			Pet Pic Share! <i>Please bring in, email or text a photo of your PET!</i> <i>We'll share all month & on Nat'l Pet Day 2/20/26!</i>	
Groundhog Day! 2 <u>AM Session</u> Philly News Chat, Mind-Games Together, Groundhog Phil & Predictions! <u>PM Session</u> TOPS & GAMES Dice Game, Mega Crossword, Stand Up	4 Chaplains Day! 3 <u>AM Session</u> Morning News, 4 Chaplains Story, 1-12 Flip, Name 5 <u>PM Session</u> Chronicle, BINGO, JSips Café Day the Music Died	AM Session 4 Morning Chat, Pen & Paper Games, Current Events, JSips Café <u>PM Session</u> TOPS & GAMES Sittersize, Jeopardy Fun, Woodstock Singers	Chopsticks Day! 5 <u>AM Session</u> Coffee & Conversation, Letters and Words, Chopsticks Games <u>PM Session</u> Chronicle, Card Club Games, Stretch & Bend, Standards SingA-Long	Optimist Day! 6 <u>AM Session</u> Positivity Chat!, Pen & Paper Games, Philly News <u>PM Session</u> Chronicle, Theater Cinema, BubbleGum Day, Rock & Roll Singalong
Nat'l Scouts Day 9 <u>AM Session</u> Morning Chat, Scouting Stories, Categories! JSips Café <u>PM Session</u> Chronicle, Theater Exercise, BINGO, Disco Dance Party	Peppermint Patty Day! 10 <u>AM Session</u> Coffee Chat, Games, MindGame Categories, <u>PM Session</u> Chronicle, Jeopardy Together JSips Café, 70's Music SingAlong Whiteboard Games,	AM Session 11 Philly News, February Facts, Pen & Paper Puzzles, JSips Café <u>PM Session</u> Eric the Storyteller, Jumbo Crosswords, Chair Cardio, Did U Know, Singing to the Oldies	Ferris Wheel Day! 12 <u>AM Session</u> Current Events, Name 5, Categories, Ferris Wheel Reminisce, JSips Café <u>PM Session</u> YOGA with SUE, BINGO, Stretch & Bend, UNO,	AM Session 13 Coffee Chat, Word in Word 1-12 Flip, Travelogue <u>PM Session</u> Chronicle, Classic Cinema, Share a Memory, Love Ballads SingAlong
Gumdrop Day! 16 <u>AM Session</u> Weekend Catch Up Chat, Crosswords Together, JSips Café <u>PM Session</u> Chronicle, Chair Cardio, Jumbo Crosswords, Gumdrop Treats, YouTube Sillies	Chinese New Year! 17 <u>AM Session</u> Philly News, MardiGras Facts, Bowling in the Hall Chinese New Year Facts <u>PM Session</u> Chronicle, Lantern Art, JSips Café Oldies SingAlong, MardiGras Sweets!	Random Kindness Day! 18 <u>AM Session</u> Morning News, Dice Games, JSips Café Word in Word <u>PM Session</u> Chronicle, Theater Exercise, Jeopardy Together, Motown SingAlong	AM Session 19 Philly News, Media MindGames, Categories, JSips Café <u>PM Session</u> ZUMBA with NANCY, Whiteboard Games, Chair Cardio, Trivia Fun, Classic SitComs	PET DAY! 20 <u>AM Session</u> Coffee & Current Events, Pen & Paper Games, Did U Know <u>PM Session</u> Chronicle, Pet Pic Share, Categories, Guys Choice Cinema, Music for the Soul
Peanut Butter Day! 23 <u>AM Session</u> Greetings & News, Mind-Game Categories, Peanut Butter Activity! <u>PM Session</u> FOX Rehab with Chris, 60's SingAlong!	AM Session 24 Morning Chat, Spelling Game, 1-12 Flip, Stretch & Bend <u>PM Session</u> TOPS & GAMES Did U Know, JSips Café SingAlong Standards	AM Session 25 Coffee & Conversation, JSips Café, MindGames, Day in History <u>PM Session</u> ART with MINDY, PoKeMo, Chair Cardio, Music Reminisce	Floral Design Day! 26 <u>AM Session</u> Philly News, Media MindGames, Floral Art, JSips Café <u>PM Session</u> YOGA with SUE Jeopardy!, Theater Exercise, Rock & Roll SingA-Long	AM Session 27 AM News Chat, Pen & Paper Puzzlers, 1-12 Flip <u>PM Session</u> Chronicle, Chair Cardio, Travelogue Cinema, UNO, SingAlong to Oldies