



THE PRICE OF PARADISE....

JCS Supports Clients to Endure Hawaii's Workforce Crisis

We all know that the pandemic only exacerbated Hawaii's inadequate amount of home health care workers available for people with disabilities. At JCS-HI we are feeling it too. Many of our disabled clients who need personal attendants to help bathe, change their clothes, and go to the bathroom – can't find anyone to help. Many of our clients are on long wait lists, or even at the top of the list – but there are no home health care assistants available. If you know someone who is looking for work and able to do home health care or personal attendant type of work – contact us. We will refer qualified home health assistants to agencies who work with our clients.



IMAGE SOURCE: GETTY IMAGES

JCS ANNUAL DINNER A GREAT SUCCESS!



The energy in the room of the Pacific Club was palpable, as people were eager to reconnect after our two-year pause.

Prior to the dinner and community theatre program, over 160 guests enjoyed the opportunity to mingle, schmooze, and peruse a wonderful selection of Lucky Draw prizes. Selections included handmade jewelry, tickets to Blue Note, restaurant gift certificates, Manoa Chocolate Factory chocolate, Tori Richard clothing, and an amazing vacation package at The Westin Hopuna Beach Resort as well as 30,000 Hawaiian Air miles.

The Annual Dinner was also a financial success, netting a total \$26,000 to directly fund our efforts to provide social and financial resources to Jews in need across the state.

Visit our website at www.jcs-hi.org to view more great pics of the Annual Dinner and performances by The Braid.

AND, we look forward to seeing everyone at our 25th Anniversary Party on August 27, at the Ho'okupu Center, for a wonderful party with lots of surprises!

2022 ANNUAL REPORT

By Mimi Lind, Executive Director

We are so grateful that our community has rallied around the idea of growth and change – two concepts that can cause stress and anxiety – or excitement and energy – and usually all of the above. At JCS of Hawaii we are getting calls and emails almost daily about activities for the calendar on our website, about new partnership ideas, about new community groups that want to collaborate with us, and about grant opportunities to grow our services. People contact us as soon as they move here and ask, “where the Jews are and what are they doing?” We are busy and it’s a great problem to have.



In 2022, we served more people than ever before and grew our staff to reflect the needs of our Jewish community across the state. We heard loud and clear that people want to know and feel more connected to each other. In fact, this is nothing new! Since the beginning of time, humans have lived in community and thrive in community. JCS is at a point in our evolution that we are now poised to try to meet more of that need. We also know that we are an important part of the safety net which is made up of all of our Jewish community groups and partnerships across the islands. As we work to help connect the community, we will never forget our roots in human services.

JCS is here to help the Jewish community of Hawaii feel safe, healthy, and connected.

This year we are partnering with the University of Hawaii Thompson School of Social Work and Public Health to add a case management intern to provide support to even more people. And hopefully, in the near future, we will have more Masters-level mental health support through this collaboration as well.

This year we are offering support groups (visit our website), more individual assessments, and hopefully will continue the fun exercise class that focuses on balance, cardiac health and muscle strengthening.

And this year we plan to increase our collaborative efforts with all of the islands. We brought on Board Members from Maui, Kauai and Hawaii Island – to reflect this commitment.

2023 will be an exciting year of growth for JCS, and we hope for you too.

SAVE THE DATE!



August 27, 2023

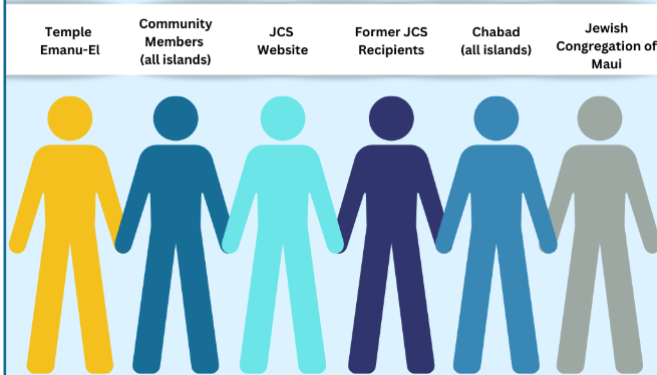
**JCS OF HAWAII'S
25TH ANNIVERSARY PARTY!**

HO'OKUPU CENTER

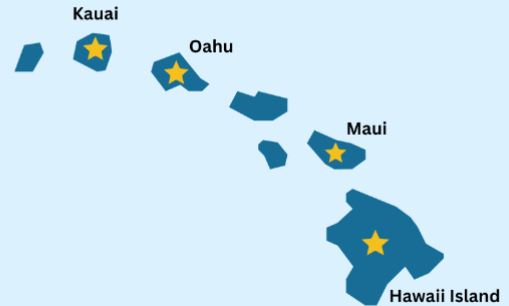


WHO, WHAT, WHERE, AND HOW IN 2022

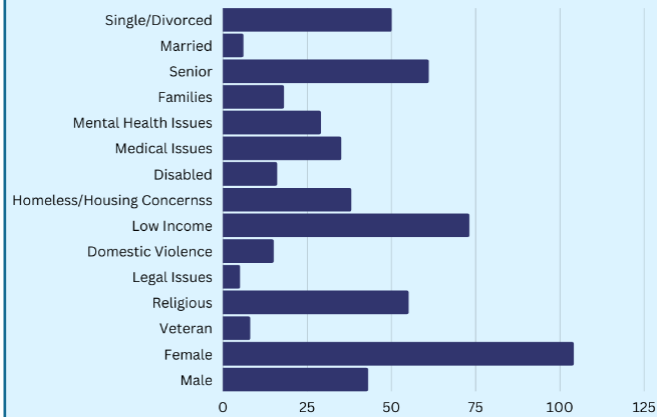
Who Refers To Us The Most?



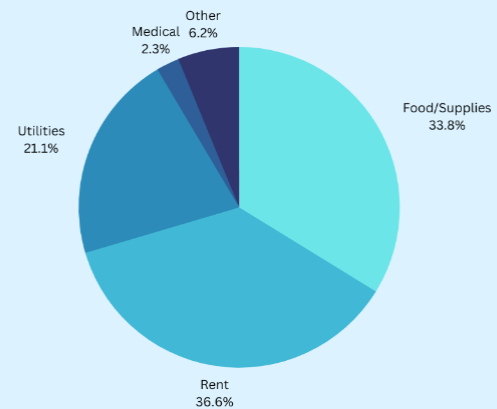
Where We Served



Our Client Demographics



How Clients Used Our Financial Support



OUT LOUD!

QUEER STORIES
THROUGH A
JEWISH LENS

LIVE ON ZOOM:
SUNDAY, MAR. 19
8:00 AM HST
&
SUNDAY, MAR. 26
1:00 PM HST

Celebrate the beauty of the LGBTQIA+ community through stories that explore the power of love and the journey of finding one's place in the world.

Presented by The Braid!
Sponsored by JCS of Hawaii



COMMUNITY CALENDAR

Check out the Community Calendar to see what's happening in the Hawaii Jewish community!

www.jcs-hi.org/community-calendar

OUR 2022 GENEROUS SUPPORTERS

Tikkun Olam \$5,000+

Anonymous
ALTRES
Amercian Savings Bank
Judith Goldman

Jeanette LeVine Fund
David Randell & Rosemary Fazio
Sidney Stern Memorial Trust
The Harry and Jeanette Weinberg Foundation

Tzadik \$2,000 – \$4,999

Anonymous
Margery Bronster
Chabad of Hawaii
William & Sharron Fisherman
Friends of Hawaii Charities, Inc.

Peter Grossman & Cathy Ching
Eileen Hilton & Len Rossoff
Richard & Sandy Kersten
Linda Lingle
Howard Merl

Robert & Deborah Nehmad
Diane Parker
Amanda Seidler
Temple Emanu-El

Mensch \$1,000 – \$1,999

Anonymous
Robert & Suzan Bach
Marlene Booth & Avi Soifer
Bob & Sue Brown
Marc & Elaine Coel
Mark & Janie Davis
Risa Dickson
Sheldon Geringer
Lorraine Gershun & David Weisberg
Sharon Gordon

Beatrice Gould
Paul Gracie
Steven & Deloris Guttman
Beverly K. Hewett
Peter Hoffenberg & Saundi Schwartz
Marilyn Libin & Jed Gaines
Dennis & Judy Lind
Robert & Bernice Littman
Tracey Messer & Karen
Schneiderman

Oahu Jewish Ohana
Joyce Oleshansky
William & Karlyn Pearl
Cliff Silverstein
Michael & Cynthia Stollar
Alice Tucker
Craig Washofsky
Paul J. Weissman
Dina Yoshimi
Margery Ziffrin Marlowe

Chaver \$500 – \$999

Anonymous
3M
Vaneeta Acson
George & Sandy Apter
Donald & Sandy Armstrong
Jochanan Aronowicz
Charles & Dana Barbata
Edward Bendet
Carolann Biederman & Seth
Markow

Kathy Bilkiss
Congregation Sof Ma'arav
Hinda Diamond & Ken
Aronowitz
Monte Elias
Manouchehr E. Elison
Foodland Give Aloha
Linda Rose Herman
Alan Hornstein
Bennett Hymer

Alexander & Noreen Kinzler
David K. Lassner
Steven & Cathy Levinson
Lawrence & Rosemary Mild
Sally Morgan
Steven Oppenheimer
Jon & Ellen Polokoff
Morris & Ann Rabinko
Harvey & Lynne Rackmil
Les & Pat Rosenthal

Stanley & Marie Satz
Mathew R. Sgan
Betsy Staller
Leslie Wilson & Judith
Sterling
Reginald G. Worthley & Eve
Shere
Wen Zenker

In-Kind

Blue Note Hawaii
Carolann Biederman
Consulting
Chef Chai
Fantastic Plants Hawaii
Harvey Gordon

Hawaiian Airlines
Hawaii Nautical
Jackie Mild Lau
Claire Link
Kahala Data Services
Manoa Chocolate Factory

Market City Shopping
Center
Mathew R. Sgan
Rejuvenate with Arlene
Sara Izen
Seth Marlow

Shiny Floors
Signature Steakhouse
Bob Sigall
Tori Richard
The Westin Hapuna Beach
Resort

OUR 2022 GENEROUS SUPPORTERS

Mishpocheh \$100 – \$499

Anonymous	Steve & Charlene Flanter	Carol Kirsh & Tom Gottlieb	Jacqueline Rinehart
Shirleyann Abad	Ruth Freedman	Leonard & Marcia Klompus	Sherry Rose
Veronica Abney	Peter & Genevieve Freeman	Shari Kogan	Timur Roytman & Mariko Johnson
Arron Alter	Mark Fridovich & Helene Satz	Alan & Pam Kosansky	David & Karen Sadker
Donald & Susan Anderson	Jan L. Fried	Beth-Ann Kozlovich	Peter Schaktman
Shachar & Heidi Argov	Jay Friedheim	Jason & Beverly Kravitt	Bernard & Madeline Scherman
Marvin & Jeannie Baum	Kenneth Gilbert & Jean Santos	Rob Kvidt	Markalekho Scheva
Peter Bihari & Chris Campbell	Steven & Sheila Gold	Evelyn Lance	Dina Shargel & David Projansky
Steven & Vanessa Buchthal	Ken & Shizue Goldblatt	Robert & Marilyn Landis	Dmitriy Sheykman
Diane-Lee Bunney	Brian & Leela Goldstein	Barry Langlieb	Ralph & Julie Shohet
Steven Caraco & Jill Edelman	Sandy Gottesman	Rodney Lau & Jackie Mild	Bob & Lei Sigall
David & Laurie Carr	Alan & Annabel Gottlieb	Daniel Lev	Daniel & Raccine Singer
Jerry & Vanny Clay	Jeffrey & Elizabeth Grad	Aaron & Sharleen Levine	Sharon Sofia
Robert Crone	Fara Greenbaum	Josh & Elila Levinson	Larry Steinberg & Diane Farkas
Victoria Cruickshank	Barron & Dede Guss	Peter & Nanette Levinson	Nancy Suzuki-Slakter
Janet Daniel	Samantha Haas	Alex Lichton	The Jewish Congregation of Maui
Celia Diamond	Cliff & Nancy Halevi	Mimi Lind	J.J. & Halcyone Thomas
Milton & Connie Diamond	Hannah Hall	Kenneth Marcus	Anita Trubitt
Cornel & Jade Dobashi	Hannah Herman	Linda Martell	Stephen Ugelow
Ben & Kayo Tourkow	Mel & Marlene Hertz	Melanie Meinken	Felice Valmas
Byron & Pamela Eliashof	James & Judith Hiramoto	Neal & Joy Milner	Mike & Deborah Washofsky
Denise Epstein	Gali Huff	Eitan & Anat Mor	Cheri Weiss
Frank Feldman	Austin & Patricia Imamura	Marcia Morgado	Kathryn Weldon
Sabra Rae Feldstein	Sara A. Izen	Valery O'Brien	Marc Witter
Brian & Tamara Field	Jewish Community of Kauai	Diana Joy Ostroff	Boruch Wolf
Richard & Cathleen Field	Leah Kaplan	Ron Plucer	
Richard Flagg & Alberta Freidus-Flagg	Earl & Patricia Kawa'a	Ira & Miriam Pollack	
	Karen Kimbrell	David & Melanie Rabirot	
		Kenneth Rado	
		Joel Richman	

Chai \$1 – \$99

Anonymous	Gayle Goodman & Michael Schuster	Stuart Novick	Suzanne Schneiderman
Donna Allen-Queener	Derek Gordon	Marisa Plaia	Herman Stern
Daniel Bender & Valerie Hashimoto	Eleanor Katz	Jerimiah Richardson	Charles Stone
Andrea Berez & Scott Kroeker	Steve Katz	Richard Rosen	Keith & Kathy Summers
Gary & Raleigh Cohen	Julian D. Lipsher	Jessica Rosenfeld	Debra Zeleznik & Mary Wilkowski
Fern & Michael Merle-Jones	Nitsa McCarthy	Errol & Nancy Rubin	
Katie Friedman	Harvey & Diane Minsky	Alida Rutchick	
	Morton Nemiroff	Jon Salk	
		Jack & Michelle Schneider	

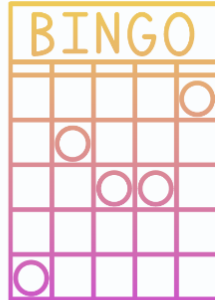


Join our Hawaii Jewish Community

Play bingo & move your body!
Free of charge!

Bingocize combines Bingo with easy exercises to help with balance, heart health and strength!

- Class meets twice a week for 10 weeks on Zoom for 45 minutes
- You can stand or sit in a chair
- Bingo cards will be sent to your home
- PRIZES for the winners!
- Taught by a certified instructor



Classes meet on Zoom:
Mondays & Wednesdays: 9:00 - 9:45 AM
Last class - March 15th, 2023

To register:
Please email or call us with your
name, email & mailing address:
808-258-7121 or
admin@jcs-hi.org



START YOUR DAY WITH JCS

Read what our Bingocize participants are saying about this 45 minute exercise class live on ZOOM....

"I don't play the Bingo. No one cares either way. I just love the exercise!" Anonymous

"I love starting my day with these stretches, balancing movements and easy cardio – especially because I sit all day in my home office!" Mimi

"It's fun! Playing Bingo is a real motivator. We only exercise a few minutes then play for a minute then back to exercise. And even though it's short, I can feel improvement in strength and balance. I will keep attending as long as it's offered!" Sandy

"My balance has really improved. I am going to prioritize exercise in my life."

"I thought Bingocize was a rather kooky idea but thought I would try it and I love it. My balance has improved considerably and the exercises get me going which I really need. The instructor is fabulous, and we have a great time breaking a sweat and playing Bingo." Sara

GRIEF SUPPORT GROUP



For those in the Hawaii Jewish community impacted by the loss of a loved one

When: Call or email for information

Location: Zoom or in person - TBD

Cost: Free of charge

Contact: 808-258-7121 or admin@jcs-hi.org

Facilitator: Mimi Lind, LCSW has been a psychotherapist since 1990 in Boston, Los Angeles, and Hawaii. This group is not religiously based, and open to anyone who self identifies as Jewish

"As the Rabbi of the largest Hawaii congregation, it's been great to refer and consult with the staff at JCS of Hawaii. It really is confidential, collaborative and compassionate."

Robbi Cheri Weiss of Temple Emanu-El

"Thank you, JCS, for being the light in my life in 2022. With all my heart, thank you"

MF in Maui regarding the rental assistance we provided

2023 - YOUR YEAR OF MOTIVATION

Yes, yes, it was resolution time. And yes it's February and many of us have already broken them. It's hard to stay motivated. One way to be productive and feel that sense of accomplishment is to "never have more than three items on a list or you have no list at all," as the saying goes.

Whether it's a To Do list for the day, goals for the year, or Marie Kondo'ing your whole home, try to aim for only three things at a time.

Feeling overwhelmed is the best way to sabotage your success. For other ways to sabotage success, ask anyone around you! Give us a call if you are feeling stuck and want some help with motivation. If enough people call, we can start a Goal Group (or... a Motivation Mishpucha!).

VALENTINE'S HIKE

Bring your sweetheart or
meet one there!

Sunday, February 12, 10 am
Koko Crater Botanical Garden



RSVP at:
www.tinyurl.com/valentine-hike
or using the QR code below



VICTIM/SURVIVOR SUPPORT GROUP

For those in the Hawaii Jewish community
impacted by intimate partner violence

When: Call for information
Location: Zoom or in person
Cost: Free of charge
Contact: 808-258-7121



Facilitator: Mimi Lind, LCSW has been a domestic violence specialist since 1990 in Boston, Los Angeles, and Hawaii. This group is not religiously based, and open to anyone who self identifies as Jewish.



Jewish Community Services of Hawaii
PO Box 235805 Honolulu, HI 96823



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JEWISH COMMUNITY SERVICES OF HAWAII

Our Mission:

To support and enhance Jewish life in Hawaii through communication, coordination and provision of appropriate social services to those in need.

To learn more about the important work that JCS does in our community or to make a donation online visit

www.jcs-hi.org

Executive Director: Mimi Lind, LCSW

Phone: (808) 258-7121

Email: admin@jcs-hi.org

PO Box 235805 Honolulu, HI 96823

JCS of Hawaii is a 501(c)(3) non profit organization