



# World Kindness Day

## (K-12)

*Participants vow to make the world better by promoting good deeds and acts of kindness. The interactive student resources below provide students insight and encouragement.*

- **Background**

Each new generation needs to understand that prejudice, exclusion, lack of tolerance and stereotyping have terrible consequences and can lead to more aggressive forms of persecution. We must teach kindness, respect, and love of our fellow human beings and, to stand up against acts of hate and especially, not stand by and let them happen.

World Kindness Day is celebrated annually on November 13th. On this day, participants attempt to make the world a better place by celebrating and promoting good deeds and pledging acts of kindness, either as individuals or as organizations.

World Kindness Day was first launched in 1998 by The World Kindness Movement, an organization formed at a 1997 Tokyo conference of like-minded kindness organizations from around the world. There are currently over 28 nations involved in The World Kindness Movement which is not affiliated with any religion or political movement. The mission of the World Kindness Movement and World Kindness Day is to create a kinder world by inspiring individuals and nations towards greater kindness.

- **Celebrating World Kindness Day and Promoting Acts of Kindness**

For the first year of our project, 15 Elementary, Middle and High Schools will participate in planting a daffodil garden as part of The Daffodil Project (<https://www.daffodilproject.net/>). These schools will receive the WKD information noted below plus detailed info on how to create a daffodil garden.

*The Daffodil Project aspires to build a worldwide Living Holocaust Memorial by planting 1.5 million Daffodils in memory of the children who perished in the Holocaust and in support for children suffering in humanitarian crises in the world today*

For all other schools who would like to participate but who will not be planting a garden, we will be providing a flowerpot filled with “daffodil-like” pinwheels for display in the front office.

All schools will have access to a Teachers’ Resource portal on the Federation website to include

- A bibliography citing age-appropriate Books about the Holocaust as well as about acts of kindness
- information about the daffodil project, suggested curricula, downloadable tools, etc.
- Easy access resources, videos, and lesson plans for Teachers to use for Holocaust Education Week and all year-round.

- **Being An Upstander**

- According to the Oxford dictionary, an upstander is a person who speaks or acts in support of an individual or cause, particularly someone who intervenes on behalf of a person being attacked or bullied. This, as opposed to being a by-stander who is someone who sees something stands by idly without intervening or advocating on behalf of the victim.
- The modern usage of the term “upstander” was coined by Samantha Power in her book, *The Education of an Idealist*, mostly in answer to the question we ask ourselves in times of social and political upheaval, and in face of injustice: what can I do, what can one person do?
- In this sense “upstander” is contrasted with the concept of bystander, which, in relation to the Holocaust has come to define the multitudes of people in Nazi- occupied Europe who passively stood by and allowed the Nazi racial program to escalate from discriminatory policies and sanctions to full scale genocide, most without doing anything to help the victims.

### **The Upstanders Pledge**

*When I see something that  
Doesn't feel right  
When I see someone  
Misusing their might  
When I see bullying, whether  
It's big or it's small,  
I will call out injustice and  
Seek justice for all.*

- **Hands Against Hate**

**We gather in solidarity to**

- remember all who have been killed in the Holocaust, in any Genocide or by any act of hate.
- stand up to all expressions of bigotry, bullying and all acts of hate.
- promote understanding, respect, tolerance, good citizenship, and civility.
- express kindness towards and connecting with each other.
- help make our world a safer and more peaceful place.

### **The Hands Against Hate Pledge**

*I pledge to stand up and resist hate, bigotry, and bullying. I will not stay silent in the face of intolerance. I will work with my neighbors to create kinder, safer, and more inclusive communities for all\**

\*Adapted from the Not in Our Town initiative ([www.niot.org](http://www.niot.org))

- **Downloadable Resources**

[Random Acts of Kindness.org](https://www.randomactsofkindness.org) which is CASEL approved.

\* The **Center for Academic, Social, and Emotional Learning** (CASEL) is the leading authority in the advancement of social and emotional learning in education. CASEL has been reviewing SEL programs for over a decade, through an increasingly rigorous selection process.

- **GRADES K-8**

**PRINTABLES K-8: posters, calendars, bookmarks, and more. ([randomactsofkindness.org](https://www.randomactsofkindness.org))**

<https://www.randomactsofkindness.org/printables>

- **2021 SCHOOL CALENDAR ([randomactsofkindness.org](https://www.randomactsofkindness.org))**  
[https://www.randomactsofkindness.org/printables/2021-22 Kindness Calendar for Schools.pdf](https://www.randomactsofkindness.org/printables/2021-22%20Kindness%20Calendar%20for%20Schools.pdf)
- **2021 CALENDAR ([randomactsofkindness.org](https://www.randomactsofkindness.org))**  
[https://assets.randomactsofkindness.org/calendars/neighborhood/2021/2021\\_RAK\\_kindness\\_calendars.pdf](https://assets.randomactsofkindness.org/calendars/neighborhood/2021/2021_RAK_kindness_calendars.pdf)
- **SIX INDIVIDUAL KINDNESS POSTERS ([randomactsofkindness.org](https://www.randomactsofkindness.org))**  
[https://www.randomactsofkindness.org/kindness-concept-posters/Six Kindness Concept Posters.pdf](https://www.randomactsofkindness.org/kindness-concept-posters/Six%20Kindness%20Concept%20Posters.pdf)
- **ALL SIX POSTERS COMBINED ([randomactsofkindness.org](https://www.randomactsofkindness.org))**  
[https://www.randomactsofkindness.org/kindness-concept-posters/All Six Concepts Poster.pdf](https://www.randomactsofkindness.org/kindness-concept-posters/All%20Six%20Concepts%20Poster.pdf)
- **30 DAY GRATEFULNESS CHALLENGE ([friendzy.co/](https://www.friendzy.co/))**  
<https://static1.squarespace.com/static/5dc5d641498834108f7c46a5/t/608af7aa214e345b5108333b/1619720106984/Friendzy+30+Day+Challenge.pdf>

- **GRADES K-5**

- **SIX COLORING PAGES ([randomactsofkindness.org](https://www.randomactsofkindness.org))**  
[https://assets.randomactsofkindness.org/downloads/coloring\\_pages/RAK\\_coloring\\_pages.pdf](https://assets.randomactsofkindness.org/downloads/coloring_pages/RAK_coloring_pages.pdf)
- **KINDNESS CHECKLIST FOR KIDS ([ripplekindness.org](https://www.ripplekindness.org))**  
[https://drive.google.com/file/d/0B8DKmJ\\_HO0MTeExDekNjRC1Hd1k/view?resourcekey=0-zAsuA291o8jiePQ3DJnbTw](https://drive.google.com/file/d/0B8DKmJ_HO0MTeExDekNjRC1Hd1k/view?resourcekey=0-zAsuA291o8jiePQ3DJnbTw)
- **KINDNESS IDEAS FOR KIDS POSTER ([ripplekindness.org](https://www.ripplekindness.org))**

[https://drive.google.com/file/d/0B8DKmJ\\_HO0MTVzNXVm5KZmlFcjQ/view?resourcekey=0-TjZntxJHEVZIsae0Mzz3DQ](https://drive.google.com/file/d/0B8DKmJ_HO0MTVzNXVm5KZmlFcjQ/view?resourcekey=0-TjZntxJHEVZIsae0Mzz3DQ)

- **COMPLIMENT COUPONS** ([ripplekindness.org](http://ripplekindness.org))

<https://ripplekindness.org/wp-content/uploads/2021/05/Compliment-Coupons-for-Girls-and-Boys.pdf>

- **GRADES 6-8**

- **50 WAYS TO BE KIND POSTER** ([randomactsofkindness.org](http://randomactsofkindness.org))

[https://assets.randomactsofkindness.org/downloads/RAK\\_kindness\\_poster.jpg](https://assets.randomactsofkindness.org/downloads/RAK_kindness_poster.jpg)

- **KINDNESS BOOKMARKS** ([randomactsofkindness.org](http://randomactsofkindness.org))

[https://assets.randomactsofkindness.org/downloads/rak\\_bookmarks.pdf](https://assets.randomactsofkindness.org/downloads/rak_bookmarks.pdf)

- **KINDNESS CARDS** ([playfullearning.net](http://playfullearning.net))

<https://www.playfullearning.net/wp-content/uploads/2014/07/Kindness-Cards.pdf>

- **POSTERS** ([Learningforjustice.org](http://learningforjustice.org))

<https://www.learningforjustice.org/sites/default/files/2019-05/TT-One-World-Summer-2019-Marley-Dias-Carolyn-Sewell.png>

<https://www.learningforjustice.org/sites/default/files/2019-01/TT61-Magazine-One-World-Poster-Audre-Lorde.png>

<https://www.learningforjustice.org/sites/default/files/2018-09/TT60-One-World-700.jpg>

[https://www.learningforjustice.org/sites/default/files/2017-09/TT57\\_One-World\\_Pemberly-Pond\\_700px.jpg](https://www.learningforjustice.org/sites/default/files/2017-09/TT57_One-World_Pemberly-Pond_700px.jpg)

<https://www.learningforjustice.org/sites/default/files/2017-07/Teaching-Tolerance-One-World-Spring-2010-Carmen-Segovia.jpg>

<https://www.learningforjustice.org/sites/default/files/2017-07/TT34-One-World-Fall-2008-Sarah-J-Coleman.jpg>

<https://www.learningforjustice.org/sites/default/files/2017-07/Teaching-Tolerance-One-World-Spring-2014-Alex-Perez.jpg>