

LESSON PLAN

Grade: 1st

Teacher: Lipsky

Date: 8/17/25

Topic/ Lesson: First Day of School and Ten Commandments

Learning Goals and Objectives:

Students will learn classroom rules, routines and procedures. Students will learn about the Ten Commandments and help make their own "Classroom Commandments."

Materials Needed:

24 copies of "All About Me," cardstock paper, markers
"No Rules for Michael" PJ Library book.
[Print-outs of Ten Commandments](#)

Structure / Activity:

1. Students will come into the classroom and find their names at their desks. We will complete the "All About Me" templates and share together.
2. Students come to the rug at the center, teacher explains, "Today we are going to read a story - it may seem silly, but it has a good lesson in it." Teacher reads "No Rules for Michael." We discuss what happens when there are no rules / why we need rules.
3. Students go back to their desks. Teacher asks - "Who knows what we call the rules of the Jewish people?" (Ten Commandments)
4. Pass out the ten commandments pages and go over what these mean. Where did these come from? Who gave them to us? Let students work in centers: 1) Story of Moses short reading, 2) Cut out commandments and decorate and then switch. (10minutes)
5. As a class, we are going to make our own "Classroom Commandments" - What are some things you want to see in our class? What are some things we don't want to see? Teacher writes these on the board or white paper.
6. Together as a class, we create 3-5 classroom rules. We practice these rules and what they might look like in class.

Accommodations/ Modifications:

Some students may need to verbalize rather than write.
Allow for extended time. Give transition warnings of 5 minutes, 3 minutes, 1 minute.
Allow fidget items and calm corner breaks.

Outcomes:

Students will be able to explain what the Ten Commandments are.
Students will remember the class rules.



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