



SWEET NEW YEAR



Image credit: Ri_ay, Pixabay

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A Message from the President: Moving Forward Together with Vision and Purpose

By Jeremy Berger, President, Jewish Federation of New Hampshire

It is with great excitement and a deep sense of responsibility that I write to you as the new President of the Jewish Federation of New Hampshire. As we look ahead, I want to share a vision of unity, vibrancy, and connection — a vision that builds upon the strong foundation of programs we cherish while also creating new opportunities for engagement, education, and action.

A little about me: I am first generation American. Both sets of grandparents were Holocaust survivors; both of my

parents were born in the immediate aftermath of the Holocaust, as my father was born in a displacement camp. At the conclusion of the war, my grandfather was recruited to fight in the Haganah. Outside of my immediate family, the majority of my family is Israeli. I studied political science in college, focusing on the Middle East, with an early dream of working in politics. I was an active member of Hillel and ran the Israeli Student organization. I spent one summer working for the World Zionist Organization bringing Shlichim to the United States, with General Uzi Narkiss as my boss. As a student I was deeply engaged in advo-

cacy and policy work. While my intent was to work in foreign policy, life, however, took me on a different path, and I pursued a career in technology.

Yet, like many of you, October 7th was a profound reawakening for me. Since that tragic day, I have been on two volunteer missions to Israel, experiencing firsthand the resilience of our people and the critical importance of standing with Israel—not just in words, but in deeds. This reawakening has ignited a passion in me to help others in our community connect with Israel in meaningful ways. That is why, as part of my vision, we will be or-

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Jewish Federation of New Hampshire
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CONGREGATIONS

JRF: Jewish Reconstructionist Federation **URJ:** Union for Reform Judaism
USCJ: United Synagogue of Conservative Judaism

AMHERST

CONGREGATION BETENU

Dena Glasgow (Rabbinic Intern)
5 Northern Blvd., Unit 1, Amherst
Reform, Affiliated URJ
(603) 886-1633
www.betenu.org

Services: Friday night Kabbalat Shabbat services at 7:30 PM

BETHLEHEM

BETHLEHEM HEBREW CONGREGATION

Rabbi Donna Kirshbaum
39 Strawberry Hill Road
PO Box 395, Bethlehem
Unaffiliated-Egalitarian
(603) 869-5465
www.bethlehemsynagogue.org
Weekly services from July through Simchat Torah with Zoom services and Torah study from November to June. Please check our website for service times and event information.

CONCORD

TEMPLE BETH JACOB

Rabbi Robin Nafshi
67 Broadway, Concord
Reform, Affiliated URJ
(603) 228-8581
www.tbjconcord.org
office@tbjconcord.org
Services: Friday night - 7 PM
Saturday morning - 9:30 AM

DERRY

ETZ HAYIM SYNAGOGUE

1½ Hood Road, Derry
Reform, Affiliated URJ
(603) 432-0004
www.etzhayim.org
office@etzhayim.org, rabbi@etzhayim.org
Services: Fridays 7:15 PM,
Saturday 9:30 AM.
Torah Study - Sundays 9:00 AM. Check the website for updates
Please visit www.etzhayim.org/calendar for optional Zoom link.

HANOVER

THE ROHR CHABAD CENTER AT DARTMOUTH

Rabbi Moshe Gray
19 Allen Street, Hanover
Orthodox, Chabad
(603) 643-9821
www.dartmouthchabad.com
chabad@dartmouth.edu
Services: Friday Evening Shabbat services and Dinner
Shabbat morning services
Call for times

KOL HA'EMEK UPPER VALLEY JEWISH COMMUNITY

Rabbi Mark Melamut
Roth Center for Jewish Life
5 Occom Ridge, Hanover
Nondenominational, Unaffiliated
(603) 646-0460

www.uvjc.org
office@uvjc.org
Services: Friday night Shabbat service at 6 PM
Saturday morning Shabbat service at 10 AM

KEENE

CONGREGATION AHAVAS ACHIM

Rabbi Dan Aronson
84 Hastings Avenue, Keene
Reconstructionist, Affiliated JRF
(603) 352-6747
www.keenesynagogue.org
rabbida@keenesynagogue.org
office@keenesynagogue.org
Services: Regular Friday night services at 7 PM
Weekly Shabbat Torah study at 9:30 AM.
Shabbat morning services on the 2nd Saturday of each month at 9:30 AM.
Meditation and Pirkei Avot study on the 4th Saturday of each month at 10:30 AM.
All services are in-person and online.
Check the website for schedule changes and Zoom links.

LACONIA

TEMPLE B'NAI ISRAEL

Rabbi Andy Bachman
210 Court Street, Laconia
Reform, Affiliated URJ
(603) 524-7044
www.tbinh.org
info@tbinh.org
Services: Every other Friday night at 7:30 PM

MANCHESTER

CHABAD CENTER FOR JEWISH LIVING

Rabbi Levi Krinsky
1234 River Rd., Manchester
Orthodox, Chabad
(603) 647-0204
www.Lubavitchnh.com
rabbi@lubavitchnh.com
Services: Shabbat Services
Saturday morning at 9:30 AM
Sunday morning minyan at 9 AM

TEMPLE ADATH YESHURUN

Rabbi Beth D. Davidson
152 Prospect Street, Manchester
Reform, Affiliated URJ
(603) 669-5650
www.taynh.org
office@taynh.org
Services: Shabbat services the first Friday of the month at 6 PM
All other Friday nights at 7 PM with some exceptions.
Alternating Shabbat services or Torah study Saturday mornings at 10 AM

TEMPLE ISRAEL MANCHESTER

Rabbi Marc Philippe
66 Salmon Street, Manchester
Conservative Affiliated USCJ
(603) 622-6171
office@templeisraelmht.org
www.templeisraelmht.org
Shabbat Services: Every month we offer

one Friday night Shabbat with a catered community dinner (rsvp required), and two Saturday Shabbat services followed by a light kiddush (no rsvp necessary). Every Wednesday, we offer a 7:00 AM in-person morning minyan and a 6:30 PM Torah study via ZOOM. Please check our website www.templeisraelmht.org, call our office at (603) 622-6171 or email office@templeisraelmht.org for information on specific service dates and times.

NASHUA

TEMPLE BETH ABRAHAM

Rabbi Jon Spira-Savett
Conservative
(603) 883-8184
www.tbanashua.org
rabbijon@tbanashua.org
office@tbanashua.org
Services (generally):
Every Friday at 8:00 PM
Every Saturday at 10:00 AM
Evening Minyan Monday-Thursday at 7:30 PM
All services are in-person and on Zoom (check our website for schedule changes and Zoom links)

NEWINGTON

UNH & SEACOAST CHABAD JEWISH CENTER

Rabbi Berel Slavaticki
2299 Woodbury Avenue, Newington
Orthodox, Chabad
(603) 584-4111
Rabbi@JewishSeacoast.com
www.JewishSeacoast.com

NORTH CONWAY

KEHILAT HAR LAVAN

Hazzan Marlena Fuerstman
PO Box 474, Bartlett
(978) 853-4900
harlavancommunity@gmail.com
Services: Wed. mornings 9 AM online via Zoom
Enter meeting ID <https://zoom.us/j/381930069>
Holiday service times, locations TBA

PORTSMOUTH

TEMPLE ISRAEL

Rabbi Rosalind Glazer
200 State Street, Portsmouth
Conservative, Affiliated USCJ
(603) 436-5301
www.templeisraelnh.org
templeoffice@templeisraelnh.org
Services: Friday, 6:00 PM
Saturday, 10 AM
Tues. minyan 5:30 PM
Temple Israel has a fully licensed M-F preschool.

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The New Hampshire Jewish Reporter is published monthly ten times per year, with a deadline for submissions of the 10th of the month before publication. There are no January or July issues. All items, including calendar events, for the December-January or June-July newspaper must be submitted by Nov. 10 or May 10, respectively.

Please send all materials to:
thereporter@jewishnh.org

To submit Calendar items for the print and online JFNH Calendar and E-News, go to <https://jewishnh.org/community-calendar>, click the red "Suggest an Event" button, then fill in the form with your event information.

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Shabbat Candle Lighting Times: (Manchester)



September 5 6:55 PM
September 12 6:43 PM
September 19 6:30 PM
September 22 6:25 PM
September 26 6:17 PM

Looking Ahead: Building Our Jewish Future Together

As I begin my tenure as Executive Director of the Jewish Federation of New Hampshire, I do so with both deep responsibility and genuine excitement for the path ahead. This is a moment of great opportunity for our Jewish community across generations, across geographies, and across the diverse expressions of Jewish life that make the Granite State so unique. My vision for the year ahead is rooted in a clear and powerful goal: to move our Federation, and our community, *forward—together*.

That journey starts with building relationships. In the coming months, I'm

Erik Martin

**JFNH
Executive
Director**



committed to visiting every Jewish community across New Hampshire. I want to listen, learn, and engage with the individuals and institutions that give our Jewish life such depth and vitality. Whether people connect through synagogues, schools, service, culture, or in

more informal ways, Federation has a vital role to play in nurturing those connections and helping them grow. These relationships will guide our understanding of where the needs are greatest and where new opportunities for impact exist.

At the same time, we must do a better job of telling our story. Much of Federation's work happens behind the scenes. Supporting Jewish education, advocating for Israel, funding community programs, and responding to antisemitism and crisis. But these efforts matter deeply, and they deserve to be seen and understood. Through storytelling, transparency, and

ongoing community dialogue, we will bring Federation's impact into clearer focus and invite more people to take part in shaping our shared future.

Finally, we must invest both in what we already do well and in what's next. That means strengthening beloved programs like PJ Library, the Jewish Film Festival, and Celebrate Israel, while also identifying new ways Federation can serve and support Jewish life throughout the state. Our success depends on all of us. I truly believe that, together, we can build a vibrant, inclusive, and enduring Jewish future here in New Hampshire.

Making the High Holidays Our Own: Parenting, Patience, and New Traditions

Five years ago, I wrote my first blog on how to survive the High Holidays with kids. I was still reeling from Covid homeschooling, and we were rewriting our family traditions. I scrambled to find books, resources, music, podcasts, recipes—anything to help us shift from survival mode to an intentional Judaism that worked for us. Questions swirled: the ever-present “My kids are the only Jews in their class—how do I help them see that this season is wonderful and important?” “How do I keep my children quiet and busy while also teaching them to love the holidays and understand what we're celebrating?” “How do I balance my own observance while imbuing the holidays with meaning for my kids—all without accidentally annoying every other person in the room?”

I had the jarring realization that behavioral expectations don't simply pass from one generation to the next like a family heirloom, *l'dor vador*; each generation must examine and adapt them to fit their own lives.

For me, it's a work in progress. The answers are never final but part of an ongoing conversation. My kids are now 11, 8, and 20 months. They're fidgety, not quite sure how to whisper, and *really* don't like sitting still in services—but they also proudly tell their friends about the holidays. Sometimes I hear Kira singing “Adon Olam” or the “Ma Nishtana” in her bedroom. Cayden has started answering questions with “Dayenu” (and no, it's rarely an appropriate response).

This year, I'm trying to focus on *savlanut*—patience, for myself and my kids—and *chiddush*—innovation. I want my children to be encouraged to think about

Dinah Berch

**JFNH
Program
Coordinator**



our traditions and find ways to build upon them and make them their own. The PJ Library Family Guide for Starting the Jewish New Year, (<https://pjlibrary.org/highholidays>), includes suggested family conversations for the “Ten Days of Returning” between Rosh Hashanah and Yom Kippur.

While not specifically about the High Holidays, *The Blessing Cup* by Patricia Polacco highlights how family and community traditions are passed down and adapted over time, showing how each generation contributes something new and meaningful. Another example from PJ Library is *Sammy Spider's First Shabbat* by Sylvia A. Rouss, which encourages curiosity and discovery around family traditions, showing that each family can make rituals meaningful in their own way. And lastly, *God's Paintbrush* by Anna Weinstein celebrates creativity and making your own mark—a lovely metaphor for shaping family traditions and rituals.

For my family, we will lean into reading Jewish books during services, using simple quiet fidgets, and enjoying apples, honey, and family-friendly experiences like Tashlich—all part of embracing *chiddush*, the innovation that helps us actively engage with and thoughtfully adopt traditions, choosing and owning those that truly reflect who we are. I ask everyone to remember that children are

part of the community—and a little noise won't hurt. We ask for *slichá*—forgiveness; for *chesed v'savlanut*—kindness and patience; and for *rachamim al hayehudim*.

Holidays continued on page 5

Download your own copy of the PJ Library Family Guide for Starting the New Year at <https://pjlibrary.org/highholidays> or scan this QR code.



**Bake
Along!**



DINAH'S ROSH HASHANAH HONEY CAKE

adapted from Epicurious: “Majestic and Moist New Year's Honey Cake” by Marcy Goldman

MATERIALS:

Stand mixer & bowl with paddle attachment OR bowl and wooden spoon
measuring cups & spoons
loaf pans

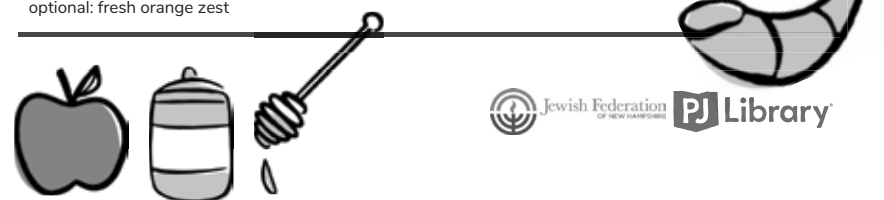
INGREDIENTS:

3 1/2 cups all-purpose flour
1 tablespoon baking powder
1 teaspoon baking soda
1/2 teaspoon salt
4 tsp.s ground cinnamon
1/2 tsp ground cloves
1/2 tsp ground allspice
1 cup vegetable oil
1 cup honey
1 1/2 cups granulated sugar
1/2 cup brown sugar
3 eggs
1 tsp vanilla extract
1 cup warm coffee or strong tea
3/4 cup fresh orange juice
optional: fresh orange zest

INSTRUCTIONS:

- 1 Preheat oven to 350°F. Lightly grease pans.
- 2 Prepare strong coffee or tea and set to cool. Tip: If you don't want to use instant coffee, try any black tea - especially “orange & spice”!
- 3 In a large bowl or mixer, gently mix together the flour, baking powder, baking soda, salt, and spices. Make a well in the center and add the oil, honey, sugars, eggs, vanilla, coffee, and orange juice. If adding zest, add that in now.
- 4 Using a strong wire whisk or an electric mixer on slow speed, combine the ingredients well to make a thick batter, making sure that no ingredients are stuck to the bottom of the bowl.
- 5 Spoon the batter into the prepared pan(s). Bake until the cake springs back when you touch it gently in the center - approximately 45mins depending on size of cake. This is a liquidy batter and, depending on your oven, it may need extra time.
- 6 Let the cake stand for 15 minutes before removing it from the pan.

Makes a lot! Try in mini muffin pans baked for about 25mins - yields around 48 mini muffins. Great for gifting or sharing with a class.



Statewide Calendar of Events

DISCLAIMER: Events are submitted weeks in advance of publication, and are subject to change. For information on format changes, rescheduling, and so on, please contact the event's host.

To submit Calendar items for the print and online JFNH Calendar and E-News, go to <https://jewishnh.org/community-calendar>, click the red "Suggest an Event" button, then fill in the form with your event information.

Thursday, September 4

JWC – Resin Challah Boards Workshop

6:00 PM – 7:00 PM, Chabad Jewish Community Center, 229 Woodbury Avenue, Newington, NH
Unleash your creativity and craft your own stunning resin challah board while enjoying meaningful conversation, laughter, and good vibes with amazing women. Couvert: \$36 | UNH Students: \$10 | Sponsorship: \$180. Space is limited—reserve your spot now at JewishSeacoast.com/JWC. Contact Hannah Cohen at hannah@jewishseacoast.com with questions.

White Mountain Jewish Film Festival – "Treasure"

6:00 PM – 9:00 PM, Colonial Theatre, Bethlehem, NH
"Treasure" (2024): Ruth (Lena Dunham), a neurotic

businesswoman from New York, takes her father Edek (Stephen Fry), a charmingly stubborn Holocaust survivor, on a journey to Poland to make sense of her family's past. Edek's hesitation to confront his past and his often odd demeanor cause more than one dispute between him and his daughter. The trip unfolds into a story that encapsulates the emotion of discovery and drama with humor. Based on the best-selling autobiographical novel *Too Many Men* by Lily Brett.

Guest Speaker: Lori Lefkowitz, Ruderman Professor and Director of the Jewish Studies Program and Director of the Humanities Center at Northeastern University. Lori is the author of *In Scripture: The First Stories of Jewish Sexual Identity*, a National Jewish Book Award finalist in Women's Studies. Her awards include a Fulbright Professorship at Hebrew University, an academic fellowship at the Philadelphia Association for Psychoanalysis, a Woodrow Wilson dissertation fellowship, and a Golda Meir post-doctoral fellowship. She was the founding director of Kolot at the Reconstructionist Rabbinical College and is the founding executive editor of *Ritualwell.org*.

General Admission: \$10; BHC and JFNH Members: \$9; Season Pass (5 films): \$40. Tickets sold at the door or online at www.bethlehemsynagogue.org/films-2025.

Patio Party with Guest Speaker: 6:00 PM

Film Begins: 7:00 PM

Q&A follows each film.

Friday, September 5

Temple Adath Yeshurun Family Shabbat Service

6:00 PM – 8:00 PM, Temple Adath Yeshurun, 152 Prospect Street, Manchester, NH
Family Shabbat Service at 6:00 PM followed by pizza. RSVP required to office@taynh.org.

Temple Israel – Outdoor Kabbalat Shabbat Service at Strawberry Banke

6:00 PM – 7:00 PM, Strawberry Banke, 14 Hancock Street, Portsmouth, NH
Join us outside at Strawberry Banke for an outdoor Kabbalat Shabbat Service led by Interim Rabbi Rosalind Glazer. Contact the Temple office at 603-436-5301 ext. 10 or templeoffice@templeisraelnh.org.

Sunday, September 7

It's Only Impossible Until It's Done: Peacemaking as a Zionist Concern"

1:00 PM – 2:30 PM, Temple Adath Yeshurun, 152 Prospect Street, Manchester, NH
Rabbi Donna Kirshbaum, dual American-Israeli citizen and rabbi of Bethlehem Hebrew Congregation since 2019, will share the unique approach of the Israeli movement Women Wage Peace, which she helped establish after the 2014 Gaza War. Now numbering over 40,000 members, the group was nominated for the Nobel Peace Prize in 2024 and again this year.

Register at <https://forms.gle/1f9JU9ye4wCukCcY7>. Contact Pat Kalik at office@taynh.org with questions.

PJ Library Popsicles at the Playground – Franconia

1:00 PM – 2:30 PM, Public park in Franconia; address sent to registered guests.
Join PJ Library of New Hampshire and Vermont and Bethlehem Hebrew Congregation for an afternoon of fun! Meet other families, enjoy music and crafts, and cool down with a popsicle treat. Free event! Registration requested.

PLUS: Library Refresh – bring PJ Library books to exchange.

AND: Tie-Dye JFNH youth and adult T-shirts. Register by September 5 at <https://forms.gle/fWPGTV9LM5Ep1g997> or via www.jewishnh.org/community-calendar.

Rain plan: Check your email for updates. Contact Dinah Berch at dinah.berch@jewishnh.org or Alison Hill at alison@jcv.org with questions.

Thursday, September 11

Seniors Forever Young Lunch & Learn: 603 Legal Aid Consumer Law Unit Presents "Scams and Identity Theft"

11:00 AM – 2:00 PM, Jewish Federation of New Hampshire, 273 South River Road, Unit 5, Bedford, NH
Join the Jewish Federation of New Hampshire for a Lunch & Learn with the 603 Legal Aid Consumer Law Unit on avoiding scams and identity theft. Pizza lunch provided. \$10/person. Register at www.jewishnh.org/community-calendar. Zoom link available upon request. Contact Dinah at dinah.berch@jewishnh.org.

Saturday, September 13

Temple Adath Yeshurun Selichot Service

7:00 PM, Temple Adath Yeshurun, 152 Prospect Street, Manchester, NH
Contact Karen Roth at office@taynh.org with questions.

Sunday, September 14

1948: A Local War With Global Consequences

10:00 AM – 12:00 PM, Temple Beth Abraham, 4 Raymond Street, Nashua, NH (in-person and via Zoom)
Harvard Professor Derek Penslar will present on the 1948 war and its global implications. Men's Club breakfast at 9:30 AM.

Contact Monroe Kahn at president@snhmc.org with questions.

PJ Library Popsicles at the Playground – Keene

10:00 AM, Public park in Keene; address sent to registered guests.

Free event with music, crafts, popsicles, and a PJ Library book exchange.

Register at www.jewishnh.org/community-calendar. Contact Dinah Berch at dinah.berch@jewishnh.org.

Thursday, September 18

The Tourist's Guide to Lost Yiddish New York City

7:00 PM – 8:00 PM, Yiddish Book Center, 1021 West Street, Amherst, MA, and via Zoom
Author Henry H. Sapochnik examines Yiddish popular culture in NYC. Contact the Yiddish Book Center at updates@yiddishbookcenter.org.

Friday, September 19

High Holy Day Warm-Up Service at TAY

7:00 PM, Temple Adath Yeshurun, 152 Prospect Street, Manchester, NH
Contact Karen Roth at office@taynh.org.

Shofar Sound Lab

11:00 AM, Chabad Jewish Community Center, 229 Woodbury Avenue, Newington, NH
Hands-on shofar exploration, sound experiments, and treats.

Hebrew School students: Free; Non-Hebrew School students: \$18.

Register at JewishSeacoast.com/Shofarlab. Contact Hannah Cohen at hannah@jewishseacoast.com.

Rosh Hashanah

Begins sunset Monday, September 22 – ends sunset Wednesday, September 24.

Thursday, September 25

Letters from the Afterlife

7:00 PM – 8:00 PM, Yiddish Book Center, 1021 West Street, Amherst, MA, and via Zoom
Goldie Morgentaler shares the correspondence between her mother Chava Rosenfarb and Zenia Larsson.

Contact updates@yiddishbookcenter.org.

Sunday, September 28

Temple Adath Yeshurun Cemetery Memorial Service

9:30 AM, Temple Adath Yeshurun, 152 Prospect Street, Manchester, NH
Contact Karen Roth at office@taynh.org.

Yom Kippur

Begins sunset Wednesday, October 1 – ends sunset Thursday, October 2.

Friday, October 3

TAY Religious Response to Hunger

10:00 AM, Temple Adath Yeshurun, 152 Prospect Street, Manchester, NH
Bring non-perishable food donations between Kol Nidre and Yom Kippur Day. Contact Karen Roth at office@taynh.org.



bimbam
watch something Jewish

PJ Library

www.BimBam.com/apples

Federation Voices

President's Message

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ganizing a Federation Volunteer Mission to Israel—an opportunity for members of our New Hampshire community to roll up their sleeves and contribute on the ground. We also plan to reignite our Momentum Trips to Israel, giving parents a chance to deepen their Jewish identity through an immersive experience in Israel. Support for Israel has always been an integral part of the Jewish Federation's mission nationally, and I am committed to ensuring it remains central to our work here in New Hampshire. This fall, we will host a commemorative event marking October 7th, to honor the victims and come together as a community in solidarity.

I also believe deeply in the importance of bringing an Israeli Shaliach back to New Hampshire. A Shaliach brings the heart of Israel to our community, enriching us with authentic perspectives, cultural experiences, and building person-to-person connections that last a lifetime.

Of course, we will continue our popu-

lar Jewish Film Festival, a highlight of our community calendar that brings us together through storytelling and shared cultural experiences. Our beloved programs like PJ Library and support for senior services will remain at the core of what we do. Additionally, we are looking to expand our teen programming, to nurture the next generation of Jewish leaders and ensure our youth feel connected and empowered.

We also plan on starting an educational speaker's series and workshops on antisemitism and media bias.

While our programs will reach all corners of New Hampshire, our true focus is on bringing people together—across ages, affiliations, and backgrounds. In this divided political climate, our Federation remains firmly committed to being a bipartisan space of unity, where every Jewish person in New Hampshire feels they belong.

On a personal level, I will be attending the Jewish Federations of North America (JFNA) General Assembly, to strengthen our connections within the broader Federation world and ensure

that New Hampshire's voice is heard on the national stage.

To everyone reading this—whether you have been active in Federation for years, or are just now discovering us—I want you to know: we are here for you. If you have an idea, a passion, a need—reach out. Let's build together.

The year ahead is filled with possibility. Together, we will aim high for quality

programs, meaningful events, and transformative experiences that enrich our Jewish lives and deepen our bonds with Israel and each other.

I look forward to seeing you soon.

B'shalom,
Jeremy Berger
President, Jewish Federation
of New Hampshire

Holidays

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ladim v'al ha'horim—compassion and mercy for the children and the parents as they explore and shape their own meaningful connections.

Traditions evolve over time. By practicing these Jewish values, we model for our children and encourage them to embrace and adapt traditions in ways that resonate with their own lives—and we empower parents to do the same.

Shana Tovah.

See you soon!

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2025 Shem Tov Award Winners

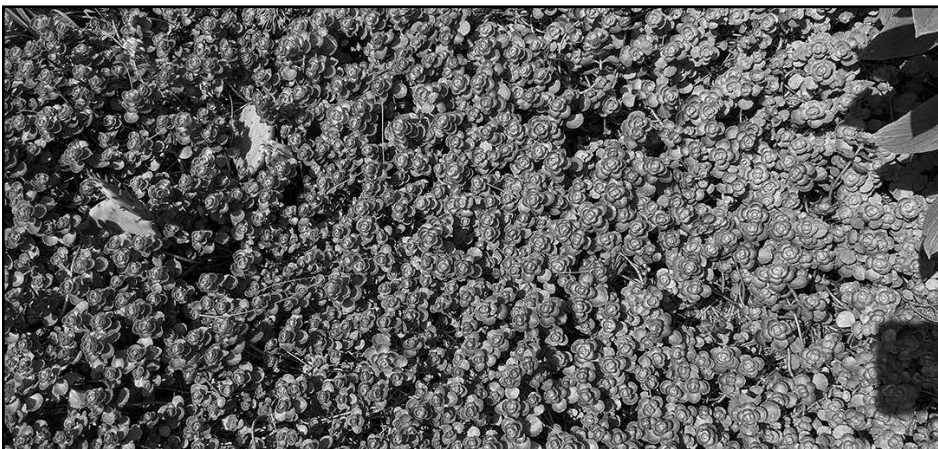


Here are the Shem Tov winners honored at this year's annual JFNH meeting in Bedford. Mazel tov! Watch for more photos from our Annual Meeting and Shem Tov Award Ceremony in the next issue

Summer Garden Party



On Thursday, July 24th Judith Jolton hosted a beautiful garden party, complete with live music and delicious desserts. Thank you to Judith for hosting, and to everyone who came out to enjoy the sunshine and great company!



Your Federation at Work

New Hampshire Fisher Cats Jewish Heritage Night



Jewish Federation of New Hampshire was proud to work with the New Hampshire Fisher Cats this year to bring back Jewish Heritage Night on August 5th for the first time since Covid. Linda Kropp Sinkow threw out the first pitch of the night, in honor of Jeff Klein z"l. It was great to see so many people from our Jewish community join to watch the game!



Jewish Federation
OF NEW HAMPSHIRE

PLANNED GIVING

Secure the future of our Jewish community

As you envision the future of the Jewish community that means so much to you, consider creating a planned gift with the Jewish Federation of New Hampshire that will touch the lives of generations to come.

ENDOWMENT AND PLANNED GIVING

By making a planned gift to a JFNH endowment fund, you can ensure that your generosity and vision will have an impact that extends far beyond your lifetime. Endowment funds that were established decades ago are still providing important support to our community today. At JFNH, we have the knowledge and expertise to help you design a planned gift that meets your needs while also endowing your personal vision for the future.

- **Unrestricted Endowment.** A gift to JFNH's Unrestricted Endowment will support the full spectrum of initiatives and programs essential to the future of our Jewish community.
- **Perpetual Annual Campaign Endowment (PACE).** You can create an endowment to perpetuate your Annual Campaign gift. This is a wonderful way to sustain your lifelong investment in the community you have helped build.
- **Restricted Endowment.** Our planned giving professionals will work with you to craft a gift that supports the work of a valued partner organization or an area of particular interest to you, such as caring for the most vulnerable, engaging people of all ages in Jewish learning, and supporting Israel.

WAYS TO ENDOW YOUR VISION

- **Bequests:** A bequest through your will, trust, or retirement account is an easy way to create an endowment. We will work with you and your advisor to create a gift that clearly reflects and honors your intentions.
- **Retirement Plan Assets:** You may designate JFNH as a beneficiary of a qualified retirement plan such as an IRA, 401(k), or 403(b). To do so, simply contact your plan administrator and complete the appropriate beneficiary designation form. By naming JFNH as a beneficiary, you may avoid significant and often unanticipated estate and income taxes that would otherwise be paid by your heirs.
- **Life Income Gifts:** A Charitable Gift Annuity or a Charitable Remainder Trust can provide an immediate tax deduction and lifetime income for one or more beneficiaries. After the death of the last beneficiary, the remainder becomes part of an endowment fund to be used in accordance with your wishes.
- **Life Insurance:** You may purchase a life insurance policy that names JFNH as both owner and beneficiary. After your passing, JFNH will redeem the policy and the proceeds will support JFNH's endowment.

LEARN MORE:
Contact Foundation Chair through the JFNH Office at
603-627-7679

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Sign up your children ages birth through 12 years old and enjoy the gift of Jewish children's books and resources delivered to your home each month. Explore Jewish heritage and culture through PJ Library's high-quality stories about Jewish values, traditions, and heritage.

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Harold Grinspoon
FOUNDATION

Jewish Federation
OF NEW HAMPSHIRE
jewishnh.org

SIGN UP Ages birth through 8
pjlibrary.org
Ages 9 through 12
pjourway.org

2025-2026 Calendar of Major Jewish Holidays

We are publishing this for you to share with school administrators & use as-needed for the following school year. Let us know if you have any questions.

Abstaining from school, work, and secular activities is a critical part of the observance of some of the Jewish holidays. On some occasions, a fast is required. As a result, Jewish individuals may be absent from work and school.

This calendar has been prepared to assist you in scheduling business,

school, and community events to avoid conflicts that place Jewish students and employees in a difficult situation or at a disadvantage. We ask that you consider these dates when scheduling examinations, assemblies, parent-teacher conferences, sports and theatrical tryouts and events, field trips, major assign-

ments, school photographs, and graduations, as well as school-related programs for parents and teachers and other school officials. If conflicts cannot be avoided, we ask that arrangements be made that will place Jewish students and workers on an equal footing with their peers.

Jewish Holiday Descriptions

Rosh Hashanah - Rosh Hashanah is considered the anniversary of the creation of humankind and is celebrated as the Jewish New Year. This is the day on which all of humankind is judged. Together with Yom Kippur, Rosh Hashanah is part of the Days of Awe. The focus of this period is self-examination, repentance, and the performance of righteous deeds.

Yom Kippur - The Jewish Day of Atonement. This is the most solemn day of the Jewish year devoted to prayer and fasting.

Sukkot - An eight-day Jewish holiday of thanksgiving, harvest, and remembrance of Jews wandering in the desert after the Exodus from Egypt.

Shemini Atzeret - Shemini Atzeret, which occurs on the final day of Sukkot, is an extra celebration in which the Creator invites the Jewish people to stay for a more intimate celebration.

Simchat Torah - The annual reading (in weekly portions) of the Torah is complete and begun anew in the synagogue.

Chanukah - An eight-day Jewish holiday commemorating the rededication of the Holy Temple in Jerusalem after its defilement by those who sought to force the Jewish people to reject Judaism and accept their culture and beliefs instead.

Passover - An eight-day Jewish holiday marking deliverance of the Jews from slavery in Egypt.

Shavuot - Jewish holiday commemorating the giving of the Torah (Law) on Mount Sinai.

HOLIDAY	DATES
Rosh Hashanah , the first of the High Holidays, is the Jewish New Year.	Begins sunset of Monday, September 22, 2025; Ends nightfall of Wednesday, September 24, 2025. No work is permitted.
Yom Kippur (the Day of Atonement) is the holiest day on the Jewish calendar.	Begins sunset of Wednesday, October 1, 2025; Ends nightfall of Thursday, October 2, 2025. No work is permitted.
Sukkot (Feast of Tabernacles).	Begins sunset of Monday, October 6, 2025; Ends nightfall of Monday, October 13, 2025. No work permitted on October 7 - October 8.
Shemini Atzeret and Simchat Torah	Begins sunset of Monday, October 13, 2025; Ends nightfall of Wednesday, October 15, 2025. No work is permitted.
Chanukah	Begins sunset of Sunday, December 14, 2025; Ends nightfall of Monday, December 22, 2025. Work is permitted except on Shabbat , i.e., the Sabbath (which begins Friday 18 minutes before sunset and ends Saturday at nightfall).
Passover	Begins sunset of Wednesday, April 1, 2026; Ends nightfall of Thursday, April 9, 2026. No work is permitted on April 2 - 3 and April 8 - 9.
Shavuot	Begins sunset of Thursday, May 21, 2026; Ends nightfall of Saturday, May 23, 2026. No work is permitted.

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ADL New England Invites Applications and Nominations for Glass Leadership Institute

ADL New England is excited to announce that applications and nominations are now open through September for the Glass Leadership Institute (GLI), a 7-month program aimed at engaging young professional leaders aged 20-43.

This initiative is designed to immerse participants in ADL's vital work and equip them to become ambassadors in the fight against antisemitism.

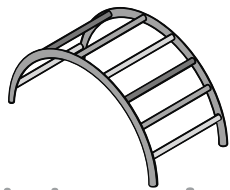
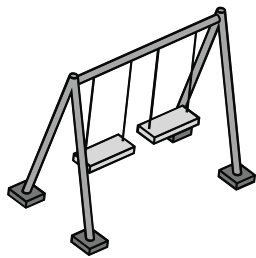
Participants will have the opportunity to develop valuable leadership skills, connect

with like-minded individuals, and learn effective advocacy strategies. The program runs from October to April, with applications due by early September. Applications and nominations can be submitted by visiting ADL New England's website.

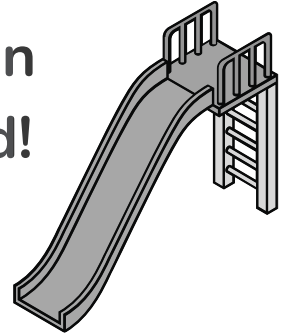


PJ at the Playground

Join PJ Library and
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Franconia, NH



Park location will be sent to registered guests.

Enjoy a story time, craft project and snack
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Sunday, Sept. 7, 2025

1:00pm-2:30pm

Rain? Watch your email for updates

Free Program! Scan QR to register.

Questions? Contact Dinah Berch at dinah.berch@jewishnh.org



Etz Hayim Synagogue Appoints New Religious School Education Director

By Irina Rubinshteyn

It is with great pride, enthusiasm, and a clear vision for our education center, that I accept the role of Education Director of Etz Hayim Synagogue. As many of you know, I have a special connection to our school and our synagogue. In 1993, when my family immigrated from Kyiv, the people of our synagogue made us feel welcome. Coming from a secular background, my interest was forever sparked after I started attending services without knowledge of English or Hebrew. It is here that I have learned to read by following along in the prayer book. Here, my husband and I got married and raised our daughter in a Jewish

home. Being able to freely learn and practice Judaism inspired me to share my experience and knowledge with others.

I have worked as a teacher at our school for almost 20 years. My loyalty to our Temple and its people runs deep. My education includes Kyiv Pedagogical College with a degree in Early Childhood Education (High Honors) and Music Teaching, and St. Anselm College with a degree in Political Science (Cum Laude) and minors in International Relations, Russian Studies and Education. I am also a graduate of Summer Institute of Holocaust and Genocide Studies at Keene State College, of which I am now a fellow. I have over 35 years of experience teaching students of different



ages and backgrounds. My hobbies include songs and poetry writing, walks with our adorable dog and travel. I love spending time with my family and friends.

It is my deep belief, that one of the most important things a synagogue educational program can do for students and their families is to provide a safe, welcoming and accepting place to be Jewish. It is a strong Jewish identity that creates curiosity for learning about our culture and our shared experiences. I think that understanding deeper concepts and struggles that bond Jews all over the world is a vital part of Jewish education. Therefore, it is my goal to spark curiosity, and to give knowledge to our students

that will empower them to lead a rich and meaningful Jewish life. I am grateful to work alongside our amazing and dedicated teachers who have put years of love and expertise into creating a wonderful program.

I would like to thank the board, the education committee, our generous donors and volunteers for supporting and implementing my ideas on improving the school's physical space along with many other ideas still in the works. Keep an eye out for some exciting programs to come this fall, including an open house, apple picking, and a PJ library event.

I cannot wait to welcome everyone back for the upcoming school year and to meet new students and their families.

Jeanne Shaheen
U.S. SENATOR

Paid for by Shaheen for Senate

L'Shana Tova! Wishing you peace, prosperity and good health in the year ahead.

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Events
are listed in the community calendar at jewishnh.org

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Bedford, NH 03110
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by appointment: 603-627-7679

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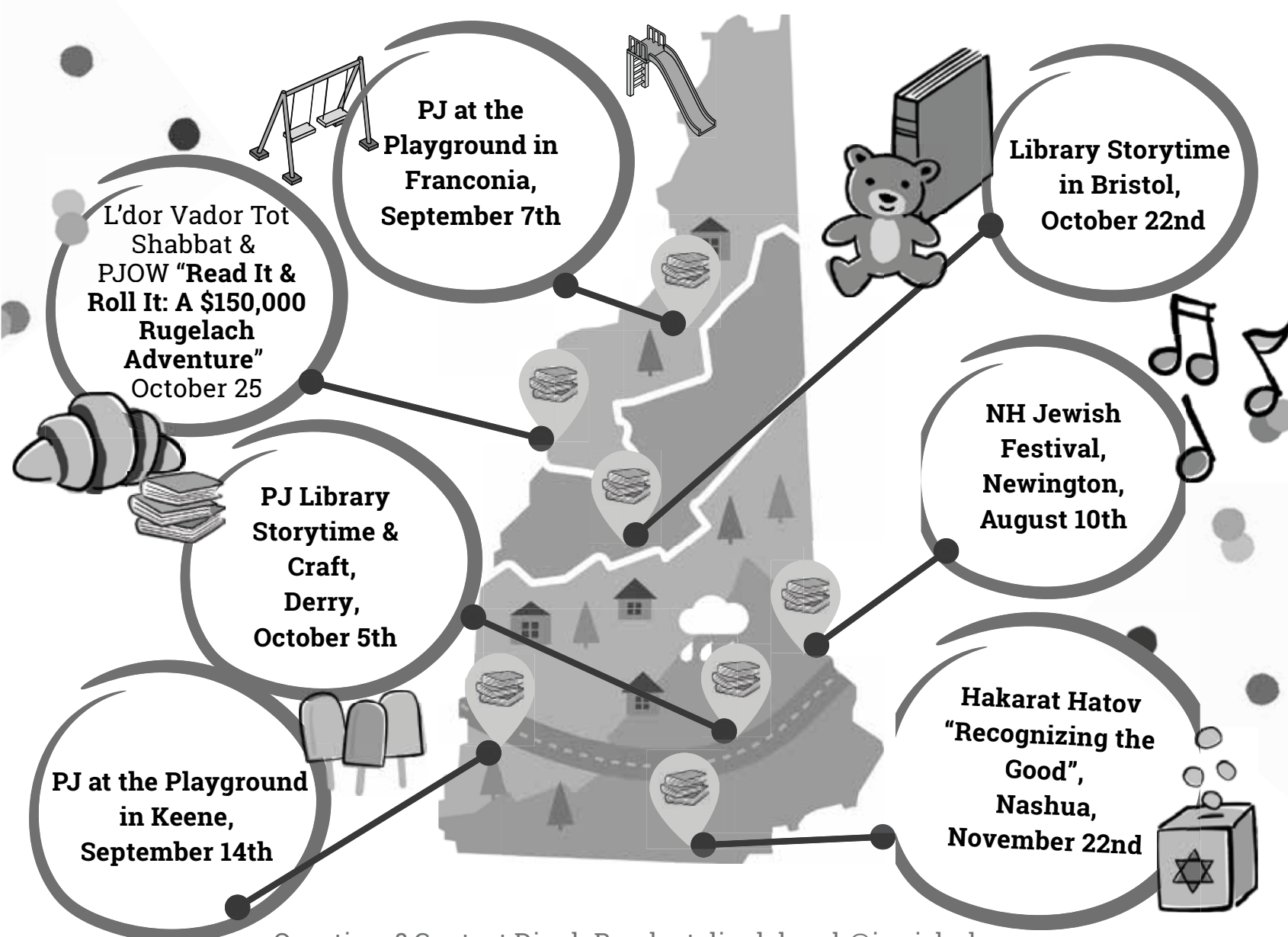
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Find PJ Library New Hampshire all around the state this summer and fall. Watch our emails, calendar and social media for updates and more information!



Questions? Contact Dinah Berch at dinah.berch@jewishnh.org.

Program dates subject to change. See www.jewishnh.org/community-calendar for updates.

All programs listed are in partnership with New Hampshire synagogues.



New Hampshire High Holidays Service Guide 2025

Service Times by Synagogue

Chabad Center for Jewish Living, Manchester

Rosh Hashanah

- Erev Rosh Hashanah Service – 7:15 PM
 - Rosh Hashanah Dinner at Chabad on September 22, 2025, following services. Reservations required at chabadofnh.com/dinner.
- Rosh Hashanah Morning Service, Day 1 – 10:00 AM
- Tashlich – September 23, 5:30 PM (Stark Park, Manchester, NH)
- Rosh Hashanah Morning Service, Day 2 – 10:00 AM
- Shofar Blowing both days of Rosh Hashanah at Chabad – 12:15 PM

Yom Kippur

- Kol Nidre – 6:30 PM
- Yom Kippur Morning Service – 10:00 AM
 - Yizkor – 12:30 PM
 - Yom Kippur Afternoon/Mincha Service – 5:00 PM
 - Ne'ilah – 6:00 PM
 - Break Fast at conclusion of the fast – 7:07 PM

In Person Only

Additional Information: www.chabadofnh.com/services. Contact Chanchie Krinsky at chanchie@chabadofnh.com.

Sukkot

- Sukkot Party – Sunday, October 12, 2025, 5:00 PM
- Hakafot Simchat Torah – Tuesday, October 14, 2025, 6:45 PM

Congregation Ahavas Achim, Keene

Rosh Hashanah

- Erev Rosh Hashanah Service – 7:00 PM
- Rosh Hashanah Morning Service, Day 1 – 9:00 AM
- Children's Service – September 23, 10:30 AM
- Tashlich – September 23, 4:00 PM (Ashuelot River Park, Keene)
- Rosh Hashanah Service, Day 2 – 4:00 PM

Yom Kippur

- Kol Nidre – 6:00 PM
- Yom Kippur Morning Service – 9:00 AM
 - Children's Service – 10:30 AM
 - Torah Service – 11:00 AM
 - Yizkor – 1:00 PM
 - Guided Meditation – 4:00 PM
 - Yom Kippur Afternoon/Mincha Service – 4:45 PM
 - Ne'ilah – 6:00 PM

Sukkot & Simchat Torah

- Family Storytime and Sukkah Decorating – Sunday, October 5, 8:30 AM
- Sukkot Festival Service with Rabbi Dan and Lainee Ginsberg, followed by light lunch in the Sukkah (please register for lunch at office@keenesynagogue.org) – Tuesday, October 7, 9:30 AM
- Shabbat Morning Service with Yizkor by Lainee Ginsberg and Rabbi Dan – Saturday, October 11, 9:30 AM
- Torah Discovery and Dance Party for Families – Tuesday, October 14, 5:00 PM
- Simchat Torah Celebration – Tuesday, October 14, 6:30 PM

Hybrid

Additional Information: Contact Daniella Yitzchak at office@keenesynagogue.com or 603-352-6747, or visit www.keenesynagogue.org.

Congregation Betenu, Amherst

Services will be held at Congregation Beth Abraham in Nashua. See their listing for full information.

Rosh Hashanah

- Erev Rosh Hashanah Service – 7:30 PM
- Rosh Hashanah Morning Service, Day 1 – 9:00 AM (Sanctuary Service), 9:45AM (Family Service) 10:30 AM (Betenu Service)
- Taslich at the Nashua River (after services): 1:30 PM
- Rosh Hashanah Morning Service, Day 2 - 9:00 AM (Sanctuary Service), 9:45AM (Family Service)

Yom Kippur

- Kol Nidre – 6:00 PM (Sanctuary Service), 7:30 PM (Betenu Service)
- Yom Kippur Morning Service – 10:30 AM
 - Yom Kippur Afternoon/Mincha Service – 3:30 PM
 - Sanctuary Service 9:00-1:30 (Yizkor around 11:45)
 - Family Service 9:45-11:00am
 - Betenu Service 10:30-1:00
 - Discussion and singing experiences at 10:00 and 12:00
 - Jonah-theme program 3:30-4:30
 - Sanctuary Mincha and Neilah service 4:45-7:15pm
 - Betenu Yizkor 5:30-6:00, Neilah 6:00-7:15Ne'ilah – 6:00 PM
- Sukkot/Shabbat Service – Friday, October 10, 7:30 PM (hybrid, location TBD, no cost, email office@betenu.org)

Hybrid

Additional Information: Contact Elsa Conrad at 603-879-9189 or office@betenu.org.

Etz Hayim Synagogue, Derry

Selichot

- Selichot/Shabbat Service – Friday, September 12, 7:15 PM

Rosh Hashanah

- Erev Rosh Hashanah Service – 7:15 PM
- Rosh Hashanah Morning Service, Day 1 – 9:30 AM
- Tashlich – 12:00 PM (Hood Pond Park, 4 Rollins Street, Derry)
- Family Service – September 23, 2:00 PM
- Rosh Hashanah Morning Service, Day 2 – 9:30 AM
- Rosh Hashanah Brunch – September 24, 11:30 AM

Yom Kippur

- Kol Nidre – 7:15 PM
- Yom Kippur Morning Service – 9:30 AM
- Yom Kippur Discussion – 1:00 PM
- Yom Kippur Family Service – 2:30 PM
- Ne'ilah Services – 4:00 PM
- Yom Kippur Break Fast – 6:30 PM

Sukkot & Simchat Torah

- Potluck & Shabbat in the Sukkah – Friday, October 10, 6:00 PM
- Simchat Torah Service – Tuesday, October 14, 6:00 PM

Hybrid

Additional Information: Contact Bruce Wechsler at brucejwechsler@comcast.net.

Kol Ha'Emek, The Upper Valley Jewish Community, Hanover

Please visit uvjc.org/jewish-spiritual-life/high-holidays for the updated schedule.

Kehilat Har Lavan Community, Bartlett Village, NH

Rosh Hashanah

- Erev Rosh Hashanah Service – 6:30 PM
- Rosh Hashanah Day – 9:30 AM
- Tashlich – 12:30 PM

Yom Kippur

- Kol Nidre – 6:00 PM
- Yom Kippur Day Service – 10:00 AM
- Mischa- 5:00 PM
- Ne'ilah Services – 6:00 PM
- Yom Kippur Break Fast – 7:00 PM

Additional Information: 207-256-0060 or harlavancommunity@gmail.com

Seacoast Chabad Jewish Center, Newington

Rosh Hashanah

- Erev Rosh Hashanah Service – 6:30 PM
- Rosh Hashanah Dinner (RSVP required) – Monday, September 22, 7:00 PM, at The Seacoast Jewish Community Center

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High Holidays

High Holidays Service Guide

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- Rosh Hashanah Morning Service, Day 1 – 10:00 AM
 - Children's Program – Monday, September 22, 10:30 AM, at The Seacoast Jewish Community Center
- Rosh Hashanah Morning Service, Day 2 – 10:00 AM
 - Shofar Blowing followed by Kiddush/Light Buffet – Wednesday, September 24, 11:30 AM

Yom Kippur

- Kol Nidre – 7:30 PM
- Yom Kippur Morning Service – 10:00 AM
 - Yom Kippur Children's Program – 10:30 AM
 - Yizkor – 12:00 PM
 - Ne'ilah – 6:00 PM

In Person Only

Additional Information: Contact Hannah at hannah@jewishseacoast.com.

Temple Adath Yeshurun, Manchester

Selichot & Pre-Holiday Events

- Selichot Service – Saturday, September 13, 7:00 PM
- High Holy Day Warm Up Service – Friday, September 19, 7:00 PM

Rosh Hashanah

- Erev Rosh Hashanah Service – 8:00 PM
- Rosh Hashanah Morning Service, Day 1 – 10:00 AM
- Children's Rosh Hashanah Service – 3:00 PM
- Tashlich – 4:00 PM (Dorr's Pond)
- Rosh Hashanah Morning Service, Day 2 – 10:00 AM

Yom Kippur

- Kol Nidre – 8:00 PM
- Yom Kippur – 10:00 AM
 - Children's Yom Kippur Service – Thursday, October 2, 2:00 PM
 - Adult Study Group – 3:00 PM
 - Yom Kippur Afternoon/Mincha Service – 4:00 PM
 - Yizkor Service – approximately 5:00 PM
 - Ne'ilah – 5:30 PM

TAY Religious Response to Hunger (Kol Nidre through Yom Kippur): Please bring non-perishable food donations to TAY for Families in Transition.

Sukkot

- Sukkot Service – Friday, October 10, 6:00 PM (RSVP required by October 8)
Shemini Atzeret & Simchat Torah
- Pizza at TAY and Simchat Torah Service – Tuesday, October 14, 6:00 PM

Hybrid

Contact: office@taynh.org

Temple Beth Abraham, Nashua

Rosh Hashanah

- Erev Rosh Hashanah Service – 8:00 PM
- Rosh Hashanah Morning Service, Day 1 – 9:00 AM
 - Avodat Halev Meditation – 9:00 AM
 - Family Service – 9:45 AM
 - Betenu Service – 10:30 AM
 - Singing and Discussion Experiences – 10:00 AM and 12:00 PM
- Tashlich – 1:30 PM (off Franklin Street by the Nashua River)
- Rosh Hashanah Morning Service, Day 2 – 9:00 AM

Yom Kippur

- Kol Nidre – 6:00 PM
- Betenu Kol Nidre – 7:30 PM
- Yom Kippur – 9:00 AM
 - Avodat Halev Meditation – 9:00 AM
 - Family Service – 9:45 AM
 - Betenu Morning Service – 10:30 AM
 - Jonah-Themed Program – 3:30 PM
 - Yom Kippur Afternoon/Mincha Service – 4:45 PM
 - Betenu Yizkor and Ne'ilah – 5:30 PM
 - TBA Ne'ilah – 6:00 PM

Sukkot & Simchat Torah

- Sukkah Dinner and Celebration – Monday, October 6, 4:30 PM
- First Day Morning Services – Tuesday, October 7, 10:00 AM

- Second Night Evening Services – Tuesday, October 7, 7:30 PM
- Second Day Morning Services – Wednesday, October 8, 10:00 AM
- Shabbat Chol Hamoed Sukkot Evening Services – Friday, October 10, 8:00 PM
- Shabbat Chol Hamoed Sukkot Morning Services – Saturday, October 11, 10:00 AM
- Shabbat Neshama/Soul Shabbat in the Sukkah – Saturday, October 11, 9:45 AM
- Family Shabbat in the Sukkah – Saturday, October 11, 11:00 AM
- Shabbat Lunch in the Sukkah – Saturday, October 11 (following services)
- Shemini Atzeret Evening Services – Monday, October 13, 7:30 PM
- Shemini Atzeret Morning Services and Yizkor – Tuesday, October 14, 9:30 AM
- Afternoon Yizkor – Tuesday, October 14, 5:00 PM
- Simchat Torah Dinner and Celebration – Tuesday, October 14, 5:30 PM
- Simchat Torah Morning Service – Wednesday, October 15, 9:30 AM

Hybrid

Additional Information: Register at www.tbanashua.org. Contact Rebecca White at rebecca@tbanashua.org.

Temple Beth Jacob, Concord

Selichot

- Selichot Service – Saturday, September 13, 7:30 PM

Rosh Hashanah

- Erev Rosh Hashanah Service – 7:30 PM
- Rosh Hashanah Morning Service, Day 1 – 9:30 AM
 - Youth Service – Tuesday, September 23, 10:00 AM, at TBJ
 - Kiddush sponsored by Sisterhood – September 23, approximately 12:30 PM, at TBJ
 - Family Service (for families with children age 7 or younger) – September 23, 1:30 PM, on the grass by Everett Arena Boat Ramp
 - Alternative Rosh Hashanah Observance – September 23, 1:30 PM, off-site (details TBA)
- Tashlich – September 23, 2:15 PM, Everett Arena Boat Ramp
- Rosh Hashanah Morning Service, Day 2 – 9:30 AM

Yom Kippur

- Kol Nidre – 7:30 PM
- Yom Kippur – 9:30 AM
 - Youth Service – Thursday, October 2, 10:00 AM, at TBJ
 - Family Service (for families with children age 7 or younger) – October 2, 1:30 PM, TBJ backyard
 - Alternative Yom Kippur Observance – October 2, 1:30 PM, off-site (details TBA)
 - Ark open for quiet sitting – October 2, 2:15 PM
 - Yom Kippur Afternoon/Mincha Service – 3:30 PM
 - Yizkor – approximately 5:00 PM
 - Ne'ilah – approximately 6:00 PM
 - Break Fast sponsored by Sisterhood at the conclusion of Ne'ilah

Sukkot & Simchat Torah

- Erev Sukkot Service – Monday, October 6, 7:00 PM
- Shabbat Sukkot Family Service – Friday, October 10, 6:00 PM
- Sukkot Yizkor Service – Monday, October 13, 9:30 AM
- Simchat Torah Service and Consecration of New Kadimah Students – Monday, October 13, 5:00 PM

Hybrid

Additional Information: RSVP for childcare to office@tbjconcord.org. Call 603-228-8581, email office@tbjconcord.org, or visit tbjconcord.org.

Temple Israel, Manchester

Rosh Hashanah

- Erev Rosh Hashanah Service – 6:00 PM
- Rosh Hashanah Morning Service, Day 1 – 9:15 AM
- Tashlich – 5:00 PM (Livingston Park, Manchester)
- Rosh Hashanah Morning Service, Day 2 – 9:15 AM

Yom Kippur

- Kol Nidre – 5:30 PM
- Yom Kippur Morning Service – 9:15 AM
- Yom Kippur Afternoon Service (Mincha) – 4:45 PM

Sukkot & Simchat Torah

- Sukkot First Day – Tuesday, October 7, 9:45 AM
- Shabbat Sukkot Dinner – Friday, October 10, 6:00 PM
- Shemini Atzeret with Yizkor – Tuesday, October 14, 9:45 AM
- Simchat Torah – Tuesday, October 14, 6:00 PM

Hybrid

Additional Information: Visit templeisraelmht.org or call 603-622-6171.

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High Holidays

High Holidays Service Guide

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Temple Israel, Portsmouth

Pre-Holiday Event

- Reverse Tashlich – Sunday, September 28 (time TBD)

Rosh Hashanah

- Erev Rosh Hashanah Service – 6:30 PM
- Rosh Hashanah Morning Service, Day 1 – 9:00 AM
- Tashlich – Immediately after services at Prescott Park Pier (Portsmouth), and at 3:30 PM at Henry Law Park (Dover) and Swasey Park Boat Launch (Exeter)

Yom Kippur

- Kol Nidre – 5:45 PM (arrive before start to ensure admittance)

- Yom Kippur Morning Service – 9:00 AM
- Yom Kippur Afternoon Service (Mincha/Jonah) – 4:30 PM
 - Neilah – 5:45 PM
 - Community Break-the-Fast Meal – 7:15 PM (registration required)

Sukkot & Simchat Torah

- Erev Sukkot Potluck at Strawberry Banke Sukkah – Monday, October 6, 5:30 PM
- Sukkot Day 1 Yom Tov Service – Tuesday, October 7, 10:00 AM
- October 7 Commemoration – Tuesday, October 7 (time TBD)
- Friday Night Potluck (Strawberry Banke Sukkah) – Friday, October 10, 5:30 PM
- Pizza in the Hut (Temple Israel Sukkah) – Wednesday, October 8, 5:30 PM
- Hoshana Rabba – Monday, October 13, 10:00 AM (private sukkah hosting)

Hybrid

Additional Information: All attendees must preregister for in-person or virtual access. Visit templeisraelnh.org or call (603) 436-5301 ext. 10.



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- Senator Maggie Hassan

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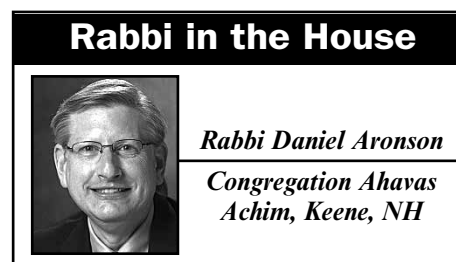
*Some restrictions apply. Exclusive and last chance items not included. Please drink responsibly.



Are We God's "Chosen People?" Elul offers a surprising answer

We Jews have traditionally thought of ourselves — and have been considered by others — to be God's "chosen people." For proof, we have pointed to the Torah's words: *The Eternal chose you from among all other peoples on earth to be a treasured nation* (Deuteronomy 7:6 & 14:2). And who can forget Tevye's great line in *Fiddler on the Roof*: *I know we are the chosen people. But once in a while, can't you choose someone else?*

But there is ample lore, and even verses from Torah, that point to another answer: we are God's choosing people. Joshua, for example, said to the people, "You are witnesses against yourselves that you have, by your own act, chosen to serve the Eternal." They responded, "Yes, we are!" (Joshua 24:22). This view is backed up by a famous midrash in which God offered the Torah to the other nations of the world before offering it to the Jewish people. The other nations asked God what was in the Torah and,



invariably, they didn't like what God had to say, so they rejected the offer. Only the Jewish people accepted the Torah without questioning its contents: *We will do and we will listen* (Sifrei, D'varim 343). With that, the deal was sealed.

Throughout the month of Elul, in the weeks leading up to the Days of Awe, we are reminded that we are, in fact, the choosing people. According to tradition, the forty days from the beginning of Elul to Yom Kippur correspond to the forty days after God threatened to wipe out the Jewish people because of the sin of the Golden Calf (Exodus

32:1). At that time, Moses personally hewed a set of Second Tablets to replace the First Tablets that, in his fury, he had "hurled from his hands and shattered at the foot of the mountain" (Exodus 32:19). Additionally, Moses begged forgiveness for the people's egregious sin and thereby turned back God's wrath from annihilating the entire nation.

Rebbe Yehuda Leib Alter of Ger, in his Torah commentary *Sefat Emet*, observes that "the First Tablets were given by God to a virtuous nation... as a symbol that God had selected us from among all other peoples." The First Tablets were carved by God's own hand, with no effort required on the part of Moses. They were a sign that God had chosen us to be God's treasured nation.

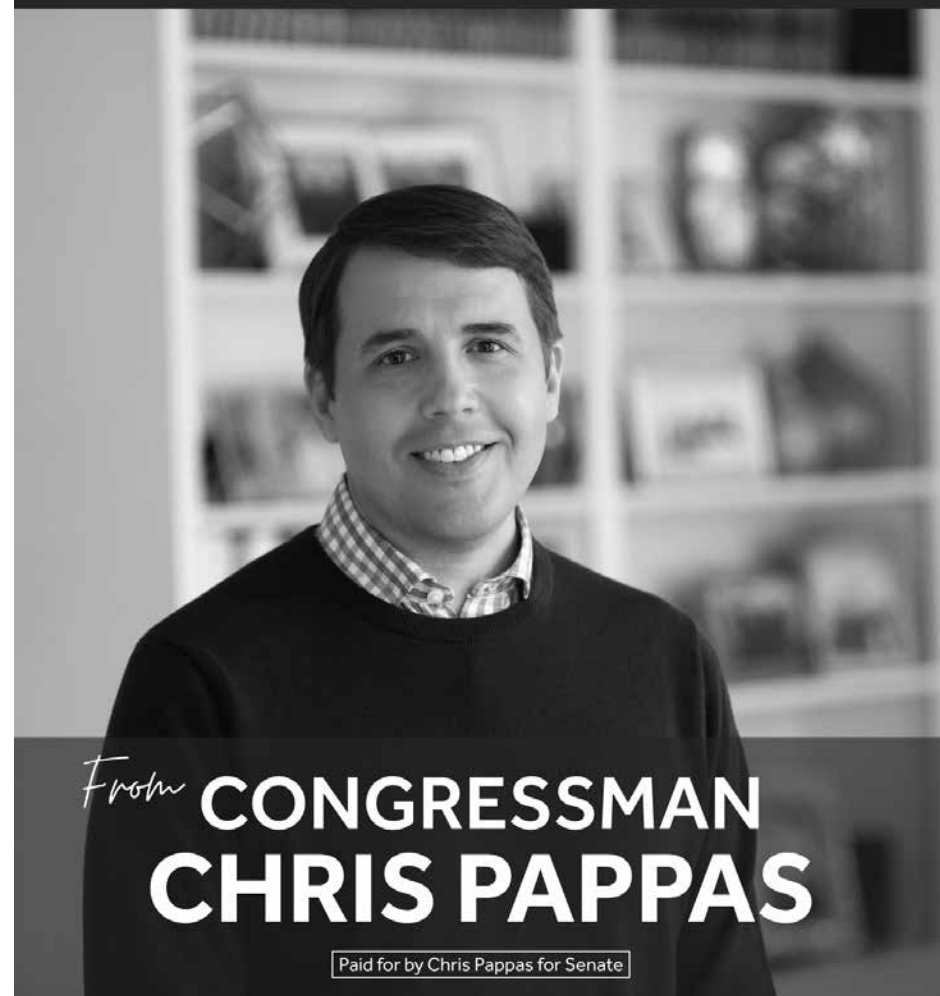
The Second Tablets, however, required human involvement. As the *Sefat Emet* says: "The Second Tablets typified covenants in which both parties commit themselves to contribute to the common good.... The Second Tablets, precisely because they embody human participation, continue to act as the backbone of our national existence until this very day"

(Elul 5661). While we celebrate the giving of the Ten Commandments on Shavuot, the *Sefat Emet* points out that the entire forty-day period that Moses spent on Mt. Sinai carving the Second Tablets is "observed annually by Jews throughout the world as a month of introspection and repentance — Elul." This is the month of our actively choosing to be in a covenantal relationship with God.

Lest you think you need to decide between being the "chosen people" or the "choosing people," the Talmud (Bava Batra 14b) teaches that the broken pieces of the First Tablets were placed in the Ark alongside the Second Tablets. The broken pieces remind us that God had initially chosen us to receive the Torah. The whole tablets remind us that we chose to re-enter into our covenant with God after we had violated the terms of that covenant. It is this *choosing* that we remember and re-enact during Elul.

May we choose to earn God's love and trust not just this month but every day through learning, faithfulness, and acts of lovingkindness. Only then can we truly call ourselves chosen.

L'SHANAH TOVAH לשנה טובה



From **CONGRESSMAN
CHRIS PAPPAS**

Paid for by Chris Pappas for Senate

L'Shana Tova!

Wishing you and your loved ones a sweet New Year. May this season bring peace, health, and happiness to you and your family.

I am so proud to stand with New Hampshire's vibrant Jewish community and I thank you for all you have done to help make our state the best place to live, work, and raise a family.

Best wishes,

Kelly
Governor Kelly Ayotte

PAID FOR BY THE GOVERNOR'S INAUGURAL FUND, AL LETIZIO TREASURER

L'Shana tova u' metuka!

Wishing our NH Jewish
community a sweet New Year
- David, Allyson, and Max Guertin

May 5786 bring you the joyful
sound of the shofar as it welcomes
in the New Year with Peace, Health,
Happiness, Laughter, and Love!
Shana Tovah
- The Jolton Family

May the Jewish New Year, 5786,
bring you and your family health,
happiness, engagement, purpose
and most of all peace.
- Peggy Tucker and Steve Soreff

Happy New Year! Wishing all our PJ
Library and PJ Our Way families
and beyond a sweet start to 5786.
May your year be filled with joyful
simchas, meaningful mitzvot, and
just the right amount of bedtime
balagan. Here's to stories that
connect us, traditions that ground
us, and a community that grows
with every page.
~ Shanah Tovah from
Dinah & Joshua Berch, Kira (11),
Cayden (8), Rayna (1)

A happy and healthy new year to all
- Marc Rubenson

L'Shanah Tovah
from the Kushner Family

May you be inscribed in the Book of
Life for a year of Health, Happiness
and Prosperity and most of all
Peace. SHANA TOVA 5786
- The Bethlehem Hebrew
Congregation, Bethlehem, NH

Wishing all of our friends a Happy,
Healthy and Meaningful New Year.
L'Shana Tovah!
- Ed Schoen & Gail Ellis

Shana Tovah! May your new year
be filled with good deeds
and bright days!
-The Regen Family

L'Shana Tova from Kol Ha'Emek the
Upper Valley Jewish Community

Wishing all a happy and healthy
New Year!
- Daniel, Tiffany, Skylar, Flynn,
William and Arabella Cohen

Happy New Year!



CHAG SAMEACH!

Wishing everyone a happy and healthy
New Year!

Mayor Jay & Veronica Ruais

Paid for by Friends of Jay Ruais

Temple Beth Abraham discusses “1948: A Local War with Global Consequences” on September 14

Derek Penslar, who directs the Center for Jewish Studies at Harvard University, will lead a discussion on “1948: A Local War with Global Consequences” on September 14 at 9:30 am at Temple Beth Abraham in Nashua. The Southern New Hampshire Jewish Men’s Club and the Temple Beth Abraham programs committee are co-sponsoring the event. The Men’s Club breakfast will be served at 9:30 am for a fee before the speaker begins. There is no charge to attend the presentation.

In the aftermath of World War II, as

the United Nations and world powers debated the future of British Mandate Palestine, Jews and Arabs vied for control of the region. This turbulent period culminated in the establishment of the State of Israel and the displacement of Palestinian Arabs. Professor Penslar will detail the pivotal events from 1947 to 1949, illustrating how local developments and international diplomacy intertwined, contributing to one of the world’s most enduring conflicts.

Derek Penslar is the William Lee Frost Professor of Jewish History and

the Director of the Center for Jewish Studies at Harvard University. He previously taught at Indiana University, the University of Toronto, and the University of Oxford, where he was an inaugural holder of the Stanley Lewis Chair in Modern Israel Studies. Penslar has published a dozen books, most recently *Zionism: An Emotional State* (2023). He is currently writing a book titled *The War for Palestine, 1947-1949: A Global History*. Penslar is a past president of the American Academy for Jewish Research, a fellow of the Royal Society of

Canada, and an Honorary Fellow of St. Anne’s College, Oxford.

To attend the Men’s Club breakfast before the presentation, please email breakfastsvp@snhjm.org. Breakfast is \$10 for members in good standing and their guests, and \$18 for non-members. New members can join on the spot for a suggested donation of \$36 to receive the member discount. Online membership registration is also available on the website: <https://tbanashua.shulcloud.com/form/mens-club-registration-2024-25.html>

Beth Abraham and Betenu Collaborating on This Year’s High Holy Days

In a spirit of unity and pluralism, Beth Abraham and Betenu are holding High Holy Day services on one campus this year. Our Southern New Hampshire-based congregations will offer a variety

of services and experiences for everyone. “For several years, Betenu and Beth Abraham have been working to bring our communities closer through spiritual, social, and study opportunities,” say

Bill Schwartz and Gaby Zeira, Beth Abraham board co-presidents. “Some of our members study Kabbalah together on Shabbat afternoons, and have established friendships.”

“We have been looking for the right spark to move from brainstorming to doing something more encompassing,” says Elsa Conrad, Betenu’s president. “When our membership made the difficult decision this year to put our space in Amherst up for sale, we needed a place to meet, and Beth Abraham came to us with a great proposal.”

During both Rosh Hashanah and Yom Kippur, we’ll offer services in traditional Conservative and Reform styles, family services, discussion groups, meditation, and other alternative prayer and song experiences, all at Beth Abraham’s Raymond Street campus and on Zoom.

“It’s always been my vision for a syna-

gogue to be more like a Hillel, with different Jewish experiences and even ideologies under one roof,” says Rabbi Jon Spira-Savett, who has served Beth Abraham for 17 years. “Our different ritual styles and philosophies can coexist in parallel, and there are so many things we can do together where those differences are far less relevant than Klal Yisrael, the Jewish collective. There’s no reason that Jews who are Conservative, Reform, Reconstructionist, Orthodox, or none of the above can’t learn together or share Shabbat meals together, and even more.”

Information on services and programs are published in *The Reporter* and on Beth Abraham’s website, tbanashua.org. You can find out more from the offices of both Beth Abraham and Betenu. If you are not already part of our communities, please register early so you can be up to date on our plans and schedules.



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L'Shana Tova, New Hampshire!

Paid for by Maggie for Congress.



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UNDER THE STRICT SUPERVISION OF THE ORTHODOX RABBINICAL COUNCIL OF MASSACHUSETTS

In the Community

Recipes from the PJ Library Kitchen

FROM THE PJ Library KITCHEN

Apples and Honey Breakfast Cookie Pops

Yields 12 cookie pops

INGREDIENTS:

2 cups quick oats 1 teaspoon cinnamon
1 ripe banana ¼ cup raisins
1 cup almond or
sunflower butter ¾ cup dried apples, diced
¼ cup apple butter ½ cup shelled roasted
pumpkin seeds
¼ cup honey ¼ cup ground flaxseed
½ teaspoon salt 1 teaspoon vanilla extract

Optional glaze:

1 ounce cream cheese, softened
½ teaspoon vanilla extract
3 ½ tablespoons powdered sugar
2 ½ teaspoons lemon juice

INSTRUCTIONS:

- Preheat oven to 325 degrees.
- In a large bowl, combine all cookie ingredients using a mixer until well-blended.
- On a parchment paper-lined baking sheet, place golf ball-sized scoops. Use hands to flatten.
- Push a stick into each cookie from the bottom until it nearly reaches the top.
- Bake for 15 minutes, or until edges are slightly browned.
- Let cool on baking sheet.
- To make glaze, mix together cream cheese, vanilla, and powdered sugar.
- Add lemon juice ½ teaspoon at a time, until glaze is liquid but not runny.
- Drizzle glaze over completely cooled cookies.

* Note: if using wooden sticks, soak them in water for at least 30 minutes before baking. No sticks? You've got bars!

FOR TIPS, ADDITIONAL RECIPES, AND MORE, VISIT PJLIBRARY.ORG

FROM THE PJ Library KITCHEN

Sticky Honey Drumsticks

INGREDIENTS:

½ cup honey
1 tablespoon finely minced garlic
1 large navel orange, zested and juiced
3 tablespoons olive oil
1 tablespoon dried oregano
½ teaspoon kosher salt
¼ teaspoon ground pepper
2 pounds chicken legs

INSTRUCTIONS:

- In medium bowl, combine all of the ingredients except the chicken.
- Whisk until combined. Pour half the mixture into a gallon-sized plastic zip bag, reserving the rest for later use.
- Add chicken legs to the plastic bag, seal, and massage the marinade into the chicken.
- Refrigerate at least 30 minutes (longer is better).
- Preheat oven to 400 degrees.
- Place chicken legs on a foiled and greased sheet pan with plenty of space between pieces. Throw away the bag and any remaining liquid from the bag.
- Bake chicken 25 minutes. Brush both sides with reserved sauce and flip. Continue cooking 20 minutes.

FOR TIPS, ADDITIONAL RECIPES, AND MORE, VISIT PJLIBRARY.ORG

FROM THE PJ Library KITCHEN

Caramelized Onion and Butternut Squash Dip

Yields about 2 ½ cups

INGREDIENTS:

3 tablespoons olive oil
2 medium sweet onions, diced
1 ½ cups diced and peeled butternut squash
3 cloves of garlic, finely minced
1 ½ teaspoons kosher salt, divided
¼ teaspoon ground pepper
1 ½ cups sour cream
¾ cup mayonnaise
2 tablespoons Italian parsley, chopped
Shelled and roasted pumpkin seeds for garnish (optional)

INSTRUCTIONS:

- In a large sauté pan, add olive oil, onions, squash, and garlic.
- Stir to combine. Cook over medium heat until lightly browned and softened, about 20 minutes.
- Add 1 teaspoon salt and the pepper.
- Set aside to cool.
- Once mixture is cooled, mash butternut squash with the back of a wooden spoon.
- In a large bowl, combine the mixture with the rest of the ingredients.
- Cover with plastic wrap. Refrigerate until ready to serve.
- Serve in a hollowed-out pumpkin or other squash. Top with pumpkin seeds. Goes well with fresh vegetables, chips, or pita.

FOR TIPS, ADDITIONAL RECIPES, AND MORE, VISIT PJLIBRARY.ORG



Stuffies in the Sukkah

Bring your favorite stuffie and join us for story time in the sukkah! Then enjoy a craft project followed by a bagel brunch.

PJ Library events are geared towards families with children ages 0-8; siblings, grownups and grandfriends welcome!



Saturday, October 5th
10:30 AM
Etz Hayim Synagogue, Derry

Registration Required

Scan QR code or visit <https://forms.gle/qqC9MA2t9cBdYTPX8>



Jewish Federation
OF NEW HAMPSHIRE



Dinah Berch | 603-627-7679 ext 1002 | dinah.berch@jewishnh.org

FROM THE PJ Library KITCHEN

Harvest Veggie Roll Up

Yields about 2 cups of spread

INGREDIENTS:

Spread:

1 small red onion 8 ounces mushrooms
2 medium zucchini 5 cloves minced garlic
1 red bell pepper 3 tablespoons olive oil
1 small eggplant 1 ½ teaspoons kosher salt
1 ½ cups peeled ½ teaspoon ground pepper
butternut squash 1 ½ teaspoons Italian
 seasoning

Roll:

Tortillas
Romaine lettuce
Deli turkey (optional)
Sliced tomatoes

INSTRUCTIONS:

- Preheat oven to 400 degrees.
- Dice all veggies to equal-size pieces.
- On a foiled and greased sheet pan, combine all spread ingredients. Toss to coat vegetables with oil.
- Roast in oven for 40-50 minutes, stirring vegetables halfway through to lift any pieces that stick to the pan.
- Once vegetables are cooked through and slightly brown, remove from oven.
- When vegetables are cool, spoon into a food processor and grind until a paste forms.
- To assemble the rolls, spread about 2 tablespoons of paste on a tortilla. Layer the turkey (optional), lettuce, and tomatoes. Roll as tightly as possible. Secure with toothpicks along the seam.
- Slice the roll between each toothpick to serve.

FOR TIPS, ADDITIONAL RECIPES, AND MORE, VISIT PJLIBRARY.ORG

Have a Happy and Healthy New Year!

Popsicles At the Playground



PJ Library
and Congregation Ahavas Achim
invite you to come hang out with us
for a morning of fun in the sun!

Keene, NH

Park location will be sent to
registered guests.

Enjoy FREE PJ Library books, a craft
project and a cool treat
with new & old friends.
Don't forget the sunscreen!



Sunday, September 14, 2025
10:00am-12:00pm

Free Program! Scan QR to register.

Questions? Contact Dinah Berch at dinah.berch@jewishnh.org



Jewish Federation
OF NEW HAMPSHIRE



In the Community

High Holidays at Temple Israel Portsmouth: Come Home for the New Year

At Temple Israel in Portsmouth, we embrace this season as a time to gather in both joy and renewal. In a fast-paced world, the High Holidays offer a rare opportunity to slow down, reflect, and reconnect—with tradition, values, and community.

Whether you're a longtime congregant or exploring your Jewish identity, the holidays are a meaningful time to come together. Services offer space to reflect, sing familiar melodies, and step into the new year with intention—surrounded by others on the same path.

Join us beginning with Erev Rosh

Hashanah on Monday, September 22. Services continue through Wednesday, September 24. Yom Kippur begins with Kol Nidre on Wednesday, October 1, followed by a full day of observance on Thursday, **October 2**, and concludes with a **community Break the Fast** at 7:15 p.m.

We're also bringing the spirit of the season into the wider world. On Sunday, **September 28**, we'll meet at the Seacoast Science Center for **Reverse Tashlich**, a global Jewish effort to care for our environment. It's a hands-on, family-friendly way to live our values through action.

The holiday festivities don't stop after Yom Kippur! Temple Israel invites you to welcome Sukkot with joyful, community-centered events for all ages.

We begin with an **Erev Sukkot potluck** on Monday, **October 6** at 5:30 p.m. at the Shapiro House at Strawberry Banke. Bring a dairy, vegetarian, or pareve dish and enjoy an outdoor evening of food, music, and connection. Picnic tables will be available, or bring your own blanket or chairs. On Tuesday, October 7, join us from 10:00 a.m. to 12:00 p.m. for Sukkot morning services in the sanctuary, followed by Kiddush in the sukkah.

Come to **Pizza in the Hut** at the Temple Israel sukkah on Wednesday, **October 8** from 5:30 to 7:00 p.m. to shake the lulav, smell the etrog, and enjoy a casual evening with pizza and blessings. We close the week with a **Sukkot Shabbos Tisch** on Friday, **October 10**, 5:30 to 7:30 p.m. at the Shapiro House—another festive outdoor potluck to celebrate Shabbat and Sukkot together.

Now more than ever, it matters to show up—for yourself, for each other, and for the Jewish future we're building together. Temple Israel is here for you this holiday season. *L'shanah tovah!*

Temple Adath Yeshurun Presents: It's Only Impossible Until It's Done – Peacemaking as a Zionist Concern

Temple Adath Yeshurun is pleased to announce that Rabbi Donna Kirshbaum will be speaking on Sunday, Sept. 7, at 1 pm. The title of her presentation is "It's Only Impossible Until It's Done: Peacemaking as a Zionist Concern."

Rabbi Kirshbaum, a dual American-



Israeli citizen serving as rabbi of Bethlehem Hebrew Congregation since 2019, will share the unique approach of the Israeli movement she helped establish in the aftermath of

the 50-day Gaza War of 2014, Women Wage Peace. Now numbering over 40,000 determined women, the group was nominated for the Nobel Peace Prize in 2024 and again this year. Come expecting a presentation full of strikingly different talk about the Israeli-Palestinian conflict

and leave feeling both challenged and at least somewhat encouraged.

Reservations are a must, and in order to make one, please use the link below.
<https://forms.gle/ZhN5AYEzbwyMoWhi8>



Arts & Entertainment

Book Review

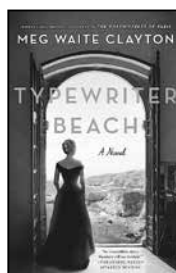
Reviewed by Merle Carrus

Typewriter Beach by Meg Waite Clayton

Typewriter Beach is the newest book in the Meg Waite Clayton collection. What a wonderful historical novel. This is another time-stamped novel with parallel plots taking the reader back and forth between 1957 and 2018.

In '57, Isabella Giori arrives in Carmel by the Sea in the dead of night to quietly wait out a mistake she made while filming her first movie picture. As she waits in the cottage owned by the studio so they will keep her under contract and loan her out to Alfred Hitchcock, she meets Leon Chazen who is a writer, living in a neighboring cottage. He has been blacklisted by Senator McCarthy for his surveillance of communists in the movie industry.

2018, Gemma Chazen comes back to Carmel to spread her grandfather's ashes and empty his cottage. She meets



Sam who is living across the way. He is working on creating computer games and was friendly with Leon, who goes by Leo, before he died. As Gemma is going through her grandfather's belongings, she finds a hidden safe that holds an old World War II-era French passport, an old camera with film in it, two movie scripts and an Oscar for a writing in someone else's name. Gemma begins to learn more about her grandfather's life story.

Living in the cottage next door is Isabella, an aging movie star. As their lives all start to interconnect, we learn the back story that brings together the past and the present.

Clayton brings readers the historical time period just after the end of World War II when the "Red Scare" was at its height. McCarthy is out to ruin the lives of anyone he can prove has any connection to communism, even if it is thin or fabricated evidence. Many Hollywood writers and actors were blacklisted and unable to find work. Some writers, like Leo in this story, submitted scripts through proxies, many times accepting a fraction of their pay just to keep working. Also portrayed in this story is the way women were treated in the film industry at this time. Their lives were under great scrutiny and control.

Secrets are revealed, friendships are made, love develops and is recognized. A beautifully told story that captures the views and beliefs of the time period.

The story is well-researched. The characters are especially well-developed and captivate the reader's imagination.

Meg Waite Clayton is the New York Times bestselling author of eight previous novels, including the Good Morning America Buzz Pick and *New York Times Book Review* Editors' Choice, *The Postmistress of Paris*, *The Last Train to London*, and *The Wednesday Sisters*. Her books have been published in twenty-four languages, and they have been finalists for the Bellwether Prize (now the PEN Bellwether), the National Jewish Book Award, and the Langum Prize. She also writes for major newspapers and magazines, mentors in the OpEd Project, and is a member of the National Book Critics Circle and the California bar. She lives in California and Connecticut.

A Member of the Jewish Community of Maine Still Needs a Kidney: Please Consider a Gift of Life

By Randi Gelfman

Dear friends,
My name is Randi, and I am a member of Congregation Bet Ha'am in South Portland, Maine. Some of you may know that I have kidney disease. Over time, my kidney disease has gotten worse, causing my kidneys not to work well enough to keep me alive. My treatment options currently are limited to dialysis or a kidney transplant. I have been on dialysis for some time now, 3 days a week for 4 hours each day, which is helping my kidneys do their job of removing wastes, toxins, and extra fluids. But the longer you are on dialysis the more your health deteriorates. However, a living donor kidney transplant would offer me much more freedom and the ability to live a longer, healthier, and more meaningful life. A



and being outdoors.

Finding a kidney is not easy. People who are on a wait list for a kidney from a deceased donor often have to wait 5-10 years and the kidney lasts on average 15-20 years. But the wait list for a living kidney donor is much shorter, sometimes even months, and the kidney typically lasts 20+ years. It also functions much better.

transplant would also give me more time to do the things I love most, such as spending time with my family and friends, my partner Nick, my pets, helping others,

In order to donate, living kidney donors get a careful and thorough evaluation with their own team of health professionals to see if you could be a match for me and to ensure that living donation is as safe as possible for you.

I want to share with you some basic information about kidney donation. First, you only need one kidney to live a long, healthy life. Also, the surgery for a donor is done laparoscopically, meaning through tiny incisions, and the recuperation period is fairly quick, generally only a few weeks. The cost of an evaluation and surgery would be covered by my insurance. Although my blood type is O+, you do not necessarily need to have the same blood type or tissue type to be a match. Finally, there is no age limit to be a donor. You just have to have a healthy kidney.

In order to express your interest in be-

coming my kidney donor, you can fill out the form at this link: mmc.donorscreen.org/register/now. Upon submission, the Maine Transplant Program will be in touch with you. To learn more about kidney donation, you can call Randi's Transplant Navigator, Jullie Hoggan at Square Knot Health: 617-468-1382, or go to the National Kidney Foundation's website: www.kidney.org/livingdonation. There are also many other websites that can help you learn about kidney disease and donation.

Thank you for taking the time to read my story. Major ways you can help me are to share it with your friends, family, and on social media.

With much appreciation,
Randi Gelfman
P.O. Box 178
Parsonsfield, Maine 04047



September 11, 2025, 11:00am

Lunch & Learn: 603 LegalAid Consumer Law Unit presents "Scams and Identity Theft"

Join Jewish Federation of New Hampshire for a Lunch & Learn with special guests from the 603 Legal Aid Consumer Law Unit as they teach about common scams and how to avoid identity theft. Pizza lunch provided.

In person at:

Jewish Federation of New Hampshire
273 South River Road, Unit 5
Bedford, NH 03110

\$10/person. Registration requested. Zoom link available upon request.

To register please scan the QR code below to pay online, call 603-627-7679 to pay by credit card over the phone, or mail payment to:



JFNH
273 S. River Rd. #5
Bedford, NH 03110

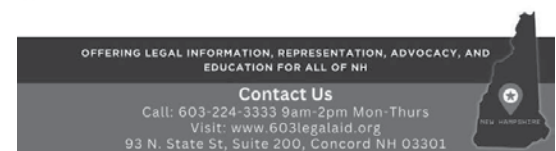


Consumer Law Unit Presents:
Scams and Identity Theft



603 Legal Aid is a non-profit organization that is here to help you!

This presentation focuses on the growing risks of scams and identity theft, exploring how personal information is stolen and misused by criminals. You will learn how to identify red flags, secure sensitive information, and respond effectively to potential threats.



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Funding in part by The Jewish Federation of New Hampshire, The Ben and Zelma Dorson Fund, The Maurice Foster Fund, The Saul Sidore Fund, The Paul and Fran Gordon Fund and The Singer Family Trust Fund

Get Ready: The ‘Holiday Cards 4 Our Military Challenge’ is Back for the Holidays

Dr. Laura Landerman-Garber does not see herself as a math whiz, but she instantly knows that if 365,000 holiday cards were sent out in 2024, that means that the Holiday Cards 4 Our Military Challenge mailed the equivalent of 1,000 cards each and every day. As the founder and director of the nonprofit, she confesses her love of the image of 1,000 cards being written and mailed every day for an entire year, each one with the goal of being a “bridge to home” for our veterans, troops, and military families.

Each year, the numbers grow, and the support expands geographically as well, with cards now written in every state in the nation—as well as Canada, Mexico, and several countries in Europe.

This project all started as a family Thanksgiving and Tzedakah project over 20 years ago. It all began, Landerman-Garber says, when she realized that even though all of her chairs were filled with family and friends, that other tables out there had empty seats due to military deployments, veterans in residence care centers, and even chairs that would have been filled by warriors who lost their lives in combat or service-related circumstances. “The simple act of creating a holiday message of care and cheer, of giving a simple gift of the heart, has taken me on a journey that I never anticipated. It has introduced me to a worldwide community in both the civilian and military realms. My life is exceedingly more blessed than I can even explain” says Landerman-Garber.

The Holiday Cards 4 Our Military Challenge now partners with individuals, groups, other non-profits, and businesses around the world. The program is supported by an “army” of volunteers who work hard to reach the finish line each year. Students aged from preschool to graduate school also do everything from creating cards, to sponsoring events, to holding fundraisers, to volunteering with the mail prepping, and working alongside Laura and a vast team of veterans to raise awareness of the needs and activities of the United States military. Landerman-Garber’s professional training and practice as a clinical psychologist certainly has been a part of her understanding (and communicating) the impact of stress, isolation, and disconnection that is so often associated with military service. Raising awareness, she believes, will demystify it all as well as assist with



learning coping strategies and resilience skills, both for the card signer and recipient alike.

“Engaging in community service and reaching out to others, even if you will never meet them, can only enrich one’s life especially during these complex times,” she explains.

One of the most profound moments of this past year for Landerman-Garber occurred during an event sponsored by the Jewish Federation of NH. Members of the Israeli Defense Force came to the Granite State to talk about their experiences since October 7th. One of those events was held at Temple Beth Abraham (TBA) in Nashua. When Landerman-Garber extended the invitation to local friends who are veterans, it did not surprise her that they expressed interest in attending—what did surprise her was that all 15 of them came, despite having no ties to the Jewish community, to honor and to support their global family of veterans and those who love them.

Despite such a successful past record, Landerman-Garber is entering this Jewish New Year with even greater goals, and hoping that all of the Jewish communities that support her program will join in with even greater commitment than ever before. “It doesn’t take a lot to



sign some cards for our warriors, and to share a little hometown story to bring a smile to someone away from home!”

To join in, there are simple guidelines available on her website – www.military-holidaycardchallenge.com – in the “How to Send” section. There are drop boxes around the state or you can mail them to her at the address below. Every once in a while, cards get nationwide attention—she herself has been spotlighted by programs like Live with Kelly and Mark and The View. Over 1.5 million Hanukah, Christmas, Kwanzaa, Valentine’s Day, happy springtime, and gratitude cards



have been sent out since 2017... and the way it is going, 2 million is just around the corner.

For more information about the Holiday Cards 4 Our Military Challenge, go to the website noted above and social media pages listed below. For opportunities to partner with the Card Challenge, contact Dr Landerman-Garber at holidaycardsnh@gmail.com. To donate to the 501c3 nonprofit, go to www/Give-butler.com and type in Holiday Cards 4 Our Military Challenge or mail directly to **5 Hutchings Drive #103 Hollis NH 03049**.



From New Hampshire to Israel: A Journey I'll Never Forget

By Ariel Berger

This past spring, I had the life-changing opportunity to attend Alexander Muss High School in Israel (Muss), Jewish National Fund-USA's college-prep, study abroad experience for American teens. The program allowed me—and other teens from New Hampshire—to connect with our Jewish heritage in a deep and unforgettable way.

When I first heard about Muss, I wasn't sure I wanted to leave home and travel across the world alone. But once I arrived, I quickly realized I had made the right decision. I joined a diverse group of Jewish students from across North America, and we formed a strong, welcoming community almost immediately.

Mornings began with Israeli Studies, where we explored Jewish and Israeli history, from the Bible to modern times. What made this class truly unique was that we didn't just study history—we vis-



ited it. After learning about an event, we would travel to the actual site, bringing the lessons to life in a powerful way.

Our general studies were tailored to each student's academic needs, and the small class sizes helped us build close relationships with teachers. Despite the long school days, we always had free time for activities and exploring nearby towns with friends.



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Don't let your problems simmer until they boil over. Call the JFNH social worker at **603-310-9941**.

All calls and assistance are confidential.



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Our campus in Hod Hasharon, just north of Tel Aviv, felt like a typical American high school—complete with classrooms, dorms, and basketball courts—but everything was rooted in Israeli culture and identity. Shabbat on campus was one of the most meaningful parts of the program. No matter your background, everyone came together to sing, celebrate, and reflect. Friday nights were filled with energy and song, and Saturday afternoons were peaceful, often ending with a beautiful Havdalah ceremony under the stars.

Midway through the semester, we traveled to Poland for a week—an emotional and eye-opening experience. We visited places like Auschwitz-Birkenau and the Parzew forest, where Jewish partisans hid. Being there, standing where so many suffered and resisted, gave me a deeper understanding of Jewish history than I could have imagined. Sharing that experience with my peers made it even more powerful. There was grief, but also strength—and a reminder of why our connection to Israel matters so much.

Shortly after returning to Israel, we took on one of our biggest challenges: Yam L'Yam, a four-day hike from the Mediterranean Sea to the Kinneret. It was

physically demanding—we covered over 50 miles, camped in tents, and climbed steep trails—but it was also exhilarating. The hike showcased the beauty of Israel while reminding us what we could achieve together. From the emotional weight of Poland to the resilience we found on that trail, Muss showed us the full spectrum of the Jewish experience.

Coming home was surreal. I missed the campus, the food, the people—but most of all, the feeling of belonging that came with being immersed in Israeli life. I've returned with a stronger sense of identity, a deeper love for Israel, and a commitment to being more active in Jewish life here in New Hampshire. Whether through BBYO, CTeen, or simply standing up against antisemitism, I want to carry this experience forward.

To any high school student thinking about studying abroad: take the leap. Muss was the most impactful experience of my life, and I hope others will get the same chance I did. Thank you to Jewish National Fund-USA, my parents, and everyone who helped make this dream a reality.

To learn more about Jewish National Fund-USA's Alexander Muss High School in Israel, visit amhsi.org.



Hadassah Report on Rosh Hashanah, Walking for Women's Health, and Artificial Intelligence

By Michele Bank

Just in time for Rosh Hashanah, *Hadassah Magazine* Executive Editor Lisa Hostein speaks with Israeli-born author and playwright Maya Arad, a visiting scholar at Stanford University, about her new book, *Happy New Years*, as well as the experiences of Israeli expatriates in America today. This Zoom event will occur on Thursday, September 18, at 7 PM.

Speaking about Rosh Hashanah, there is a new Hadassah Rosh Hashanah card for 2025. It is called "Golden Light" and it is a fanciful version of Jerusalem. The card includes the Lion's Gate, the menorah and the dove of peace surrounded by the golden city itself. The beautiful picture is an original piece by the artist Michele Pulver Feldman. Written inside is "May this New Year be bright with hope, and filled with Peace, Health, and Happiness. Shanah Tovah." Cards are available for purchase from Adrienne Baum at ms.kill-erb17@gmail.com.

Please join members of the Manchester Chapter of Hadassah for Hadassah's

Walk for Women's Health on Sunday, October 19th at the Chestnut Hill Reservoir, Boston, Massachusetts.

We are walking to support Hadassah's work in Israel and the US to improve women's health through breast cancer research, raise awareness about heart health, advocate for gender equity in medical research, stand up for reproductive rights and support the continued construction of the Gandel Rehabilitation Center for trauma-related medicine in Israel.

Register/donate at <https://events.hadassah.org/hnewalk25register>. The fee is \$30 per person and children under 12 are free. The chapter team name is Michele Bank/Manchester. We are asking you to not only walk, and join in the fun, but to ask friends and family to join you. It is a great way to show your support, honor someone special, or just be part of something big.

We are also looking for volunteers to help make the day amazing. With your help, we can achieve our goal of raising \$90,000 in support of Hadassah's critical work in women's health.

In Hadassah Medical Organization

news, Hadassah is gaining recognition for its research and use of Artificial Intelligence (AI) technology in a broad array of fields, from oncology to women's health. Amid the groundbreaking work are several AI-focused startups developed by Hadassah doctors that are beginning to transform medicine.

While many AI innovations are still in their infancy, and much of their use at Hadassah is still in the research phase, the radiology department is one area where AI already is making a significant and practical impact. "Radiology is technology driven, and it's pioneering AI in medicine," said Dr. Sosna, a key figure in the adoption of AI in the department.

Integrating AI into radiology, like integrating it into every other medical and non-medical field, requires a significant shift. Radiologists are experts in anatomy, pathology, and image interpretation but not necessarily in data science or machine learning, so time and training are needed to interpret AI-generated findings. At the same time, AI rollout in hospitals is costly and innovative, so it varies widely across hospitals.

Three-quarters of the more than 1,000 AI medical applications approved by the U.S. Food and Drug Administration are in radiology, with 15 of them used at Hadassah, Dr. Sosna said, "putting us ahead of many academic hospitals in the United States and Europe."

For radiologists, he explained, "AI is a super-smart assistant. It finds patterns, analyzes floods of data, and detects early signs of disease. "I believe AI tools will be used routinely to predict and prevent disease—screening for osteoporosis, cardiovascular disease, diabetes, genetic mutations and more, long before clinical symptoms appear."

In 2025, *Newsweek* ranked HMO as one of the world's top smart hospital centers, the fourth year it has received the accolade. *Newsweek's* latest ranking of 2,400 hospitals in 30 countries also named Hadassah as one of the best medical centers worldwide.

Manchester Hadassah wishes the Jewish Community a healthy, happy, and peaceful New Year.

Contact Michele Bank at michele.bank@gmail.com for Hadassah information.

Recent Events

JBIL Library Announces Expanded Free High Holy Days Offerings for People Who Are Blind or Have Low Vision

Deadline To Order Free Materials by Rosh Hashanah: September 8 for Individuals

This High Holy Day season, JBI Library is deepening its commitment to accessibility and connection with an expanded mix of inclusive programming and free materials for people who are blind, have low vision, or have a physical disability or reading disability that makes reading a standard book difficult. In addition to providing free large print, braille, and audio prayer books, calendars, and adult and children's reads, JBI is hosting virtual workshops, accessible book clubs, and other interactive programs—including a new three-part series exploring the High Holy Days through sound, taste, and touch.

Orders for free High Holy Day prayer-books and materials must be placed by August 25 for organizations and September 8 for individuals.

"Our goal is simple," said JBI Executive Director Michelle Shapiro Abraham,

who took the helm earlier this year. "No one should ever feel like Jewish life is out of reach because of a vision or print disability. Whether it's reading from a large print or braille prayer book, listening to an inspiring audio book, or joining a thought-provoking discussion from home, we're making it possible for everyone to take part in Jewish life in a way that is personally meaningful."

One of the highlights of this year's offerings is a new program called "Sensing the High Holy Days," a virtual series led by Professor Eve Keller that invites participants to connect to the season through memory, sensory experience, and shared ritual. The series joins JBI's other High Holy Day and ongoing programs, including accessible book clubs in English and Russian.

To register or learn more about JBI Library's programming for the High Holy Days and beyond, contact <https://jbilibrary.org/programs-events> or at our direct library line, 212-545-8025



JBIL LIBRARY

Connecting anyone who is blind, has low vision, or has a print disability to Jewish life

Free Accessible High Holy Day Materials in Braille, Large Print, and Audio (Deadline August 25 for Organizations, and September 8 for Individuals)

For patrons who are blind, have low vision, or are print-disabled, JBI continues to offer High Holy Day audio, large print, and braille materials at no cost, including children's and adult holiday-themed Books, *Machzorim* (prayer-books), as well as Selichot and Yahrzeit prayers and JBI's Jewish reference calendars. To ensure arrival by Rosh Hashanah, materials should be ordered by Au-

gust 25 for organizations, and by September 8 for individuals.

Browse more at <https://jbilibrary.org/our-library/high-holy-day-materials> or request by emailing library@jbilibrary.org.

About JBI

Founded in 1931, JBI Library is a non-profit organization that supports people of all ages who are blind, have low vision, or have a print disability so that they may fully participate in Jewish life—from education and community to prayer and celebration. Through our vast circulating library, liturgical texts, customized materials, and educational and cultural offerings, we are the heart of a community where our patrons can come for accessible resources, programs, learning and all things that connect us to Jewish life. JBI is committed to making Jewish life open to all, removing barriers so everyone can read, learn, and engage—independently and with dignity.

Learn more or support JBI's mission at www.jbilibrary.org.



JFNH Tributes

Received by August 10, 2025

Allyson Guertin PJ Library Fund

In honor of Leon Goldstein – Deborah Brown

Campaign

In honor of Pat Kalik being named as a Shem Tov Award Winner!
-Adrienne Baum & Keith Spiro

How to submit an obituary

The Reporter publishes obituaries for any member of the community, past or present, for a \$36 fee. Please send obituaries and one photo, if desired, as a separate jpg attachment to thereporter@jewishnh.org or to the office along with payment at: JFNH, 273 S. River Road Unit 5, PO Box 10041, Bedford, NH 03110

Simchas

New! B'nai mitzvah, engagement, wedding or new baby in the family? Share your happiness with the community with a notice in the Reporter's new *Simchas* section. Your \$36 payment will support JFNH's nonprofit mission. Submit a short notice and photo to thereporter@jewishnh.org or JFNH, 273 S. River Road Unit 5, PO Box 10041, Bedford, NH 03110

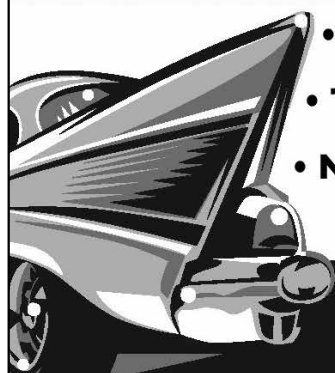
When submitting a Letter to the Editor, please include your name, town of residence, and contact information. Letters to the Editor must be under 300 words in length to be considered for publication. Send your letter by email to the reporter@jewishnh.org with "letter to the editor" in the subject line.

Do you live in Keene, Laconia, Bethlehem, Hanover, or another NH community and want to help produce the Jewish Reporter?

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Your JFNH tribute card serves double duty by helping to support the vital programs serving the New Hampshire Jewish Community.

All tributes will be listed in The Reporter.

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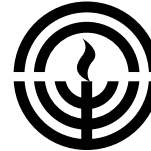
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