



HIGH HOLIDAYS



Photo Credit: Megs Harrison, Unsplash

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jewishnh.org

Embracing the Jewish High Holidays:

A Season of Change and Community Unity

Fall in New England has always been my favorite season. As the leaves begin to change and the air becomes crisp, it's the perfect time to welcome the Jewish High Holidays. These important days serve as a reminder of the circle of life and the importance of coming together as a community to celebrate, reflect, and grow. The theme of change is woven into the very fabric of these holidays, just as the world around us transforms.

The High Holidays provide the perfect opportunity to come together as a community, reinforcing the bonds that unite us. During these important days, we gather in synagogues to pray, share meals with family and friends,

Allyson Guertin

JFNH
Director

and participate in acts of charity and kindness. The act of coming together strengthens our sense of belonging and reinforces the idea that we are not alone in our journey of growth and transformation. JFNH will offer several opportunities to gather this fall – On September 10th PJ Library will be hosting a multigen-

erational apple picking event in Milford with Temple Beth Abraham and on October 4th Seniors Forever Young will be having lunch under the sukkah at Strawberry Banke with Temple Israel in Portsmouth. Our new Shalich will be around the state as well as the guest at several synagogues between Yom Kippur and Simchat Torah.

The changing of seasons in New Hampshire mirrors the transformation that takes place during the High Holidays. Just as nature undergoes metamorphosis, shedding the old to make way for the new, we too have the opportunity to shed our past wrongdoing

2024 Campaign continued on page 6

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The New Hampshire Jewish Reporter

273 South River Rd. Unit #5

Bedford, NH 03110

Change Service Requested

CONGREGATIONS

JRF: Jewish Reconstructionist Federation **URJ:** Union for Reform Judaism
USCJ: United Synagogue of Conservative Judaism

AMHERST

CONGREGATION BETENU

Dena Glasgow (Rabbinic Intern)
5 Northern Blvd., Unit 1, Amherst
Reform, Affiliated URJ
(603) 886-1633
www.betenu.org
Services: Friday night Kabbalat Shabbat services at 7:30 PM

BETHLEHEM

BETHLEHEM HEBREW CONGREGATION

Rabbi Donna Kirshbaum
39 Strawberry Hill Road
PO Box 395, Bethlehem
Unaffiliated-Egalitarian
(603) 869-5465
www.bethlehemsynagogue.org
davegoldstone1@gmail.com
Services: Contact for Date/Time Info
President Dave Goldstone - (516) 592-1462
or Eileen Regen - (603) 823-7711
Weekly Services: July through Simchat
Torah Friday: 6:30 PM; Saturday: 10 AM

CONCORD

TEMPLE BETH JACOB

Rabbi Robin Nafshi
67 Broadway, Concord
Reform, Affiliated URJ
(603) 228-8581
www.tbjconcord.org
office@tbjconcord.org
Services: Friday night - 7 PM
Saturday morning - 9:30 AM

DERRY

ETZ HAYIM SYNAGOGUE

Rabbi Peter Levy
1½ Hood Road, Derry
Reform, Affiliated URJ
(603) 432-0004
www.etzhayim.org
office@etzhayim.org, rabbi@etzhayim.org
Services: Fridays 7:15 PM, Sat 9:30 AM
followed by Torah Study
Family Service Fridays 6:30 PM (2nd Fri of
Month)
Please visit www.etzhayim.org/calendar
for optional Zoom link.

HANOVER

THE ROHR CHABAD CENTER AT DARTMOUTH

Rabbi Moshe Gray
19 Allen Street, Hanover
Orthodox, Chabad
(603) 643-9821
www.dartmouthchabad.com
chabad@dartmouth.edu
Services: Friday Evening Shabbat services
and Dinner
Shabbat morning services
Call for times

KOL HA'EMEK UPPER VALLEY JEWISH COMMUNITY

Rabbi Mark Melamut
Roth Center for Jewish Life
5 Occom Ridge, Hanover

Nondenominational, Unaffiliated
(603) 646-0460
www.uvjc.org
office@uvjc.org
Services: Friday night Shabbat service at
6 PM
Saturday morning Shabbat service at
10 AM

KEENE

CONGREGATION AHAVAS ACHIM

Rabbi Dan Aronson
84 Hastings Avenue, Keene
Reconstructionist, Affiliated JRF
(603) 352-6747
www.keenesynagogue.org
rabbida@keenesynagogue.org
office@keenesynagogue.org
Services: Regular Friday night services at
7 PM
Weekly Shabbat Torah study at 9:30AM.
Shabbat morning services on the 2nd
Saturday of each month at 9:30AM.
Meditation and Pirkei Avot study on the
4th Saturday of each month at 10:30AM.
All services are in-person and online.
Check the website for schedule changes
and Zoom links.

LACONIA

TEMPLE B'NAI ISRAEL

Rabbi Jan Katz
210 Court Street, Laconia
Reform, Affiliated URJ
(603) 524-7044
www.tbinh.org
info@tbinh.org
Services: Every other Friday
night at 7:30 PM

MANCHESTER

CHABAD CENTER FOR JEWISH LIVING

Rabbi Levi Krinsky
1234 River Rd., Manchester
Orthodox, Chabad
(603) 647-0204
www.Lubavitchnh.com
rabbi@lubavitchnh.com
Services: Shabbat Services
Saturday morning at 9:30 AM
Sunday morning minyan at 9 AM

TEMPLE ADATH YESHURUN

Rabbi Beth D. Davidson
152 Prospect Street, Manchester
Reform, Affiliated URJ
(603) 669-5650
www.taynh.org
office@taynh.org
Services: Shabbat services the first Friday
of the month at 6 PM
All other Friday nights at 7 PM
with some exceptions.
Alternating Shabbat services or Torah
study Saturday mornings at 10 AM

TEMPLE ISRAEL

Rabbi Marc Philippe
66 Salmon Street, Manchester
Conservative, Affiliated USCJ
(603) 622-6171
office@templeisraelmht.org

Services: Fridays 6:00pm (alternating
Fridays)
Saturdays 9:45 am (alternating
Saturdays)
Morning Minyans: Wednesdays 7:00 am
(Please check website or call office for
the days
in the month that weekend services are
being held.)

NASHUA

TEMPLE BETH ABRAHAM

Rabbi Jon Spira-Savett
Conservative
(603) 883-8184
www.tbanashua.org
rabbijon@tbanashua.org
office@tbanashua.org
Services (generally):
Every Friday at 8:00 pm
Every Saturday at 10:00 am
Evening minyan Sunday-Thursday 7:30
pm and at the end of Shabbat
Second Friday each month Shabbat Alive!
6:30 pm
Meditation every other Saturday 9:00 am
All services on Zoom, most at the Temple
(check website)

NEWINGTON

UNH & SEACOAST CHABAD JEWISH CENTER

Rabbi Berel Slavaticki
2299 Woodbury Avenue, Newington
Orthodox, Chabad
603-584-4111
Rabbi@JewishSeacoast.com
www.JewishSeacoast.com

NORTH CONWAY

KEHILAT HAR LAVAN

Hazzan Marlena Fuerstman
PO Box 474, Bartlett
(978) 853-4900
harlavancommunity@gmail.com
Services: Wed. mornings 9 AM online via
Zoom
Enter meeting ID https://zoom.
us/j/381930069
Holiday service times, locations TBA

PORTSMOUTH

TEMPLE ISRAEL

Rabbi Kaya Stern-Kaufman
200 State Street, Portsmouth
Conservative, Affiliated USCJ
(603) 436-5301
www.templeisraelnh.org
templeoffice@templeisraelnh.org
Services: Friday, 6:00 PM
Saturday, 9:30 AM
Tues. minyan 5:30 PM
Temple Israel has a fully licensed
M-F preschool.

The New Hampshire Jewish Reporter

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Please send all materials to:
thereporter@jewishnh.org

To submit Calendar items for the print and online JFNH Calendar and E-News, go to <https://jewishnh.org/community-calendar>, click the red "Suggest an Event" button, then fill in the form with your event information.

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Shabbat Candle Lighting Times: (Manchester)



September 1 7:03 PM
September 8 6:51 PM
September 15 6:38 PM
September 22 6:26 PM
September 29 6:13 PM

The 2024 Campaign

By Judith Jolton, JFNH Campaign Co-Chair

This is a reprint of a speech given at the 2023 JFNH Annual Meeting.

Today, we are kicking off the 2024 campaign, and I want to tell you how these dollars are being spent.

This year, Ken Litvack chaired the 2023 campaign, along with Tracy Richmond and myself—and I am happy to report we exceeded our goal. Why? Because of people like you, who want to see the Jewish Federation of New Hampshire continue to flourish as it has in the past.

I would like to thank each of you for your commitment and your contribution to the federation in the past. Without it, we could not do all the things we are do-

ing. We need you now more than ever, as we work on continuing to develop all the many programs and activities we do at the Federation.

We are so fortunate that our federation is run like a business each year, and it is our sole responsibility to live within our means. When the budget is prepared, we have to take into consideration what each of our programs and activities cost. This is no different from the way we run our own households and businesses: we must be knowledgeable and conscientious as to how our money is being spent. For instance, we would not have the teaching of antisemitism in our state and our schools if it wasn't for members on our board being concerned about this problem that we

face each and every day—and we are proud of the fact that we met with Governor Chris Sununu, to sign the bill for teaching antisemitism awareness in New Hampshire. Similarly, we are indeed fortunate that we can provide each child in the state with a PJ Library book each month. This is a wonderful introduction to Judaism in each of our households.

Our Shlichut program, to promote Israel, is connected with all of the New Hampshire communities, along with being involved with all of our temples, synagogues, preschools, Hebrew schools, Chabad and Hillel, youth groups and other organizations. Our newest Shaliach, Guy Ben David, arrived this past month, and we are all looking forward to

seeing what he will bring to us in the next two years.

Meanwhile, each of us has the opportunity to be involved in our ever-wonderful Jewish Film Festival every year: We are fortunate that the Film Festival sustains itself by sponsorship, selling ads and grants.

Let's also not forget that since the preschool closed several years ago, we now have an early education initiative for our younger children. We do not want to see any child, teen or adult not being able to benefit from what the Federation has to offer, including social services, which allows us to help those who are in need. Along the same lines, we are always look-

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A Sweet, Sticky New Year

Every year I seek survival strategies to make the High Holiday season manageable. PJ Library's High Holiday hub (<https://pjlibrary.org/highholidays> or scan QR code) offers wonderful resources, including an audio pronunciation guide for "Shana Tova" (the traditional High Holiday greeting of "Have a good year!"), a recipe for baked apples, and instructions for crafting apple stamp cards. Share your creations on Facebook @pjlibraryNH!

As my children grow, observing High Holidays has become less daunting. I say this to all of you parenting children under five. I'm not so worried about apple sauce being spilled on pews, or fancy clothes being ruined within minutes. We bring our favorite PJ Library books for the kids to read quietly during services: *Sammy Spider's Rosh HaShanah* by Sylvia A. Rouss, *A Moon for Moe and Mo* by Jane Breskin Zalben, and *The Secret Shofar of Barcelona* by Jacqueline Dembar Greene. *New Year at the Pier* by April Halprin Wayland, or *The Hardest Word* by Jacqueline Jules focus on forgiveness. For my nine-year-old I have PJ Our Way's *Best Kids' Jewish Holiday Jokes Ever!* by Highlights and *Pinky Bloom and the Case of the Missing Shofar* by Judy Press.

To set the holiday mood I like PJ Library's Spotify "Rosh Hashanah Mix" or their podcast "Beyond the Bookcase". My kids watch the "Rosh Hashanah Special" of Shaboom! (a Jewish cartoon) on YouTube and the episode about saying sorry. I'm a sucker for acapella groups' music videos: Six13's "High Holiday Mashup", the Maccabeats' "This is the New Year", Ein Prat Fountainheads' "Dip Your Ap-

Dinah Berch

JFNH
Program
Coordinator



ple" and "All About That Rosh" by Matthew Rissien's One Man Jewish acapella.

We encourage our kids to do a holiday show-and-tell at school with a story and the shofar. They eagerly anticipate apple and honey snacks. Keeping the honey on the apples and not on everything else – well, my standards are "practical acceptance of the inevitable."

Last year we discovered a fun game: "Shofar Red Light Green Light" from ShirLala's *Blog Sameach*. Participants line up on one side of the room. The leader calls out different random shofar calls ("Tekiah!"). For each call, children take a certain number of small steps forward: Tekiah - one step, Shevarim - three steps, Teruah - nine baby steps, Tekiah G'dolah – RUN! The first person to the leader wins.

Now we just need to buy new holiday clothes, clean the house, bake the honey cakes, buy the honey and pick the apples. Join me on September 10th for "A is for Apple, B is for Bubbe," a free, intergenerational story time, craft and snack with PJ Library New Hampshire and Temple Beth Abraham at McLeod Orchards in Milford, New Hampshire. Families are encouraged to go apple picking at the orchard after the program! Scan the QR code to register.

Here's to a very sweet new year. **Shana tova from the Berches!**



DINAH'S ROSH HASHANAH HONEY CAKE

adapted from Epicurious: "Majestic and Moist New Year's Honey Cake" by Marcy Goldman

MATERIALS:

Stand mixer & bowl with paddle attachment OR bowl and wooden spoon
measuring cups & spoons
loaf pans

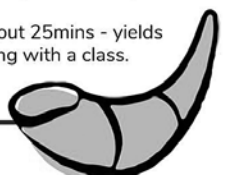
INGREDIENTS:

3 1/2 cups all-purpose flour
1 tablespoon baking powder
1 teaspoon baking soda
1/2 teaspoon salt
4 tsp.s ground cinnamon
1/2 tsp ground cloves
1/2 tsp ground allspice
1 cup vegetable oil
1 cup honey
1 1/2 cups granulated sugar
1/2 cup brown sugar
3 eggs
1 tsp vanilla extract
1 cup warm coffee or strong tea
3/4 cup fresh orange juice
optional: fresh orange zest

INSTRUCTIONS:

- 1 Preheat oven to 350°F. Lightly grease pans.
- 2 Prepare strong coffee or tea and set to cool. Tip: If you don't want to use instant coffee, try any black tea - especially "orange & spice"!
- 3 In a large bowl or mixer, gently mix together the flour, baking powder, baking soda, salt, and spices. Make a well in the center and add the oil, honey, sugars, eggs, vanilla, coffee, and orange juice. If adding zest, add that in now.
- 4 Using a strong wire whisk or an electric mixer on slow speed, combine the ingredients well to make a thick batter, making sure that no ingredients are stuck to the bottom of the bowl.
- 5 Spoon the batter into the prepared pan(s). Bake until the cake springs back when you touch it gently in the center - approximately 45mins depending on size of cake. This is a liquidy batter and, depending on your oven, it may need extra time.
- 6 Let the cake stand for 15 minutes before removing it from the pan.

Makes a lot! Try in mini muffin pans baked for about 25mins - yields around 48 mini muffins. Great for gifting or sharing with a class.



Jewish Federation
OF NEW HAMPSHIRE

PJ Library



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the community. **Beit Midrash** - We are a
House of Study, providing educational
opportunities for both adults and children.
Beit K'nesset - We are a House of Meeting,
with opportunities for meeting people and
becoming part of the Temple family.

We look forward to welcoming you!

Rabbi Beth D. Davidson: rabbi@taynh.org
Stacy Garnick: eddirectortay@gmail.com
Karen Rothstein: office@taynh.org

Statewide Calendar of Events

DISCLAIMER: Events are submitted weeks in advance of publication, and are subject to change. For information on format changes, rescheduling, and so on, please contact the event's host.

To submit Calendar items for the print and online JFNH Calendar and E-News, go to <https://jewishnh.org/community-calendar>, click the red "Suggest an Event" button, then fill in the form with your event information.

Saturday, September 9 – Wednesday, September, 13

Selichot Service

8:00PM – 10:00PM, Temple Israel, Portsmouth
Join us at 8:00PM for an outdoor Havdalah service (weather permitting) followed by a creative ritual of release focused on the year that is passing. We will enjoy some treats, followed by a traditional Selichot service at 9:00PM in the sanctuary with familiar and contemporary high holiday prayers, chants, and melodies. Contact Heather Tomlinson at templeoffice@templeisraelnh.org or <https://www.templeisraelnh.org>

Sunday, September 10

Hebrew Cemetery Service

10:00AM – 11:00AM, Manchester Hebrew Cemetery

Memorial Service at Manchester Hebrew Cemetery on Beech Street. Contact Karen Rothstein at temple office at 603-669-5650 or office@taynh.org

A is for Apple, B is for Bubbe: An Intergenerational Rosh Hashanah Event

2:00PM – 4:00PM, McLeod Orchards, Milford
Join PJ Library, Seniors Forever Young and Temple Beth Abraham for an intergenerational Rosh Hashanah event! Bring your Bubbies & Zaidies, Sabas & Saftas, Memes & Pepes or other grownups for some fun at McLeod Orchard in Milford. Join us for a story time, High Holiday songs, a craft project and snack. Families are then encouraged to partner with seniors and go apple picking at the orchard! This event is geared towards 3 – 7 years old and their grownups, but older and younger siblings are always welcome! Event is free: registration is required to ensure enough supplies. Craft and snack provided. Cost determined by weight for PYO apples and not included in registration. Please register by September 7th so we have enough supplies! Register at: https://docs.google.com/forms/d/e/1FAIpQLSfHPWe7L4iLbOgH-8s_JSM9wU90Sn4XKVga8jZiuUfFn01uA/viewform

com/forms/d/e/1FAIpQLSfHPWe7L4iLbOgH-8s_JSM9wU90Sn4XKVga8jZiuUfFn01uA/viewform Families: please meet us at the orchard! Bring a blanket to sit on.

Seniors: if you need assistance with transportation to the orchard, please call the JFNH office by September 1st so that we can determine options.

Wednesday, September 13

Manchester Hadassah Book Club

5:00PM – 7:00PM, Location To Be Announced
Members will discuss the book, The Bakers Secret by Stephen P. Kiernan over dinner at a local restaurant. RSVP by September 10, 2023, to dinabee45@gmail.com

Seacoast Teen Lounge Night

6:00PM – 8:00PM, Temple Israel, Portsmouth
Is your teen looking for something to do on Wednesday night? Come hang out with Jewish teens from around the Seacoast for a casual lounge night at Temple Israel! Just a chance for teens to be teens with other Jewish kids. Activities will change from night to night, join in for a movie, a game night, make cool decorations for the Sukkah, or just hang and chat! Free and open to all Jewish teens, includes pizza dinner. Contact Erik Martin at headofschool@templeisraelnh.org

Thursday, September 21

Seniors Forever Young: Babka Make & Take

1:00PM – 3:00PM, Jewish Federation Community Room, Bedford
Cost: \$8
Learn to make your own babka! Join us at JFNH to braid and fill your own babka! Dough will be provided. We will make various fillings together and then assemble our babkas. Take it home to bake! We'll also enjoy samplings of babkas while we work, including Dinah's homemade babka using the recipe we'll be following. Registration and payment requested by September 14th. To register contact the JFNH office at 603-627-7679 or Dinah.berch@jewishnh.org

Wednesday, September 27

Seacoast Teen Lounge Night

6:00PM – 8:00PM, Temple Israel, Portsmouth
Is your teen looking for something to do on a Wednesday night? Come hang out with Jewish teens from around the Seacoast for a casual lounge night at Temple Israel! Just a chance for teens to be teens with other Jewish kids. Activities will change from night to night, join in for a movie, a game night, make some cool decorations for the Sukkah, or just hang and chat! Free and open to all Jewish teens, includes pizza dinner! Contact Erik Martin headofschool@templeisraelnh.org

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See what's happening in the community at
www.jewishnh.org

PJ Our Way Book Review



Name: Kira Shaina Berch

Age: 9

Town: Dover, NH

Name of Book: *Sami's Sleepaway Summer*

Author: Jenny Meyerhoff

Genre: Realistic fiction

Tell us a little about the book, but don't give away the ending!

This book is about a girl Sami who has to go to sleepaway camp for her first time with a cousin she really doesn't like.

Tell us your favorite part of the book.

I really like when Sami's on the bus and writes her own songs like "Camp Cedar Lake, So far away, I've traveled all alone. To make new friends I will not try: I'd rather be at home. Camp Cedar Lake, Camp Cedar Lake, Your trees so big and tall. They make me sneeze. You're full of fleas. I



Kira Berch

don't like you at all." I love that she writes songs about how much she doesn't like the camp when she hasn't even been there yet. Also I love to write songs just like Sami!

Give a recommendation. Who would like reading this book?

People who want to go to sleepaway camp but are a little scared to go alone.

Sami goes through a lot because her sister was going to be there with her but last minute isn't. I read this book before going to my first sleep away camp.

Is there a Jewish connection in this book?

Sami goes to a Jewish sleepaway camp where they celebrate Shabbos and teach a Yiddish class.



Jewish Federation of New Hampshire's new Shaliach Guy Ben David was welcomed to New Hampshire on August 8th by a smiling group of community members!

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2024 Campaign

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ing forward to different opportunities, activities and programing for our “Seniors Forever Young.” but none of this can be achieved unless we have the monetary support of each of you today.

We will always be looking forward to sending our children to a Jewish summer camp, where each child can thrive on this experience, whether it be a day camp or overnight. We are so excited that for the past two years we have been able to send 21 moms on a trip to Israel with MO-Mentum, so they have the opportunity to meet and greet people from all over who are having their first experience in Israel and learning about our homeland. This program inspires women to truly connect to Israel, to a Jewish community and its values, to be able to engage with Israel, take action and foster unity. This year, we have a group of dads who would like to have the same experience to learn about their heritage—and all of your contributions give us the opportunity to carry

through with these programs.

Our teens also get the same opportunity to go to Israel through our Israel Experience grant program, as the Federation allocates money for this program each year. This grant was created based on the principles that our teens will continue their Jewish education linked with a peer trip to Israel. We want our teens to return with a strong Jewish identity, and the Federation wants all of our Jewish families to be able to see the land of Israel, not just hear and read about it. Without your help, this will not be possible.

Just as important is that all of us receive The NH Jewish Reporter throughout the year, and this allows us to see for ourselves what our temples and synagogues are doing, month by month. We read articles about local community members and events, highlight members of the board, feature Jewish book reviews and spotlights on local Jewish happenings, and ensure you always know what is going on with the Federation.

I want to personally thank Allyson Guertin, our director, on behalf of the

board of directors for her dedication, commitment, and devotion to our Federation, and for all she has accomplished to keep the Federation successful this past year. And to you, Ken — how can I ever thank you enough for your overwhelming support, enthusiasm, loyalty, hard work and caring for our Federation, each and every day? We would not be here today without all your efforts for

our board and communities as chair.

Each and every day, there is something special happening at the Jewish Federation of New Hampshire, and I want you to take a few minutes to absorb the information that I have passed onto you about what the Federation does for us, individually and as a community. It is our responsibility as Jews to be sure we take care of each other.

High Holidays

continued from page 1

and emerge renewed and rejuvenated.

As we prepare to observe the Jewish High Holidays with our New Hampshire community, take a moment to reflect on the ideas of compassion, empathy, and unity. Let us strive to be a source of support and strength for one another, recog-

nizing that we are all interconnected as part of this beautiful circle of Jewish New Hampshire.

May the sweetness of the apples dipped in honey symbolize a year filled with blessings and a sweet future for all. Wishing you and your families a meaningful and joyous High Holiday season. *L'Shana Tova Tikatevu* – May you be inscribed for a good year!

L'SHANAH TOVAH

שנה טובה



from CONGRESSMAN

CHRIS PAPPAS

Paid for by Chris Pappas for Congress.

See what's happening in the community at www.jewishnh.org



On August 11, Executive Director Allyson Guertin had the honor of attending Songs in the Sanctuary at Bethlehem Hebrew Congregation. This summer music series attracted a full house who gathered to enjoy the music of the Ariel String Quartet in their beautiful synagogue. Those lucky enough to attend were also treated by a wonderful surprise when Rabbi Donna Kirshbaum joined them on her cello at the end of the concert.

Making Every Moment Matter

So, I'm guessing that many of you are asking yourselves right now "what does D'var mean?"

Great question.

D'var is a tiny piece of information given by someone about a specific subject. The most popular one is "D'var Torah" – a weekly or daily lesson about a specific value of the Torah and/or Judaism. Every now and then, I will give a D'var Shaliach, and today I'll give one about the high holidays and Rosh Hashanah in particular. And since I'm new here and haven't experienced anything yet, this works perfectly – because Rosh Hashanah is all about new beginnings, right?

To me, Rosh Hashanah symbolizes two main things – the first is closing, sealing, and leaving the last year behind, learn from it, and write it in the history books. With that (and that's the second thing) starting a new year, looking forward to a better future without denying what you've been through. I believe that

Guy Ben David

JFNH Shaliach



SPOTLIGHT
ON ISRAEL



Jewish Federation
OF NEW HAMPSHIRE | Israel Engagement and
Education Committee

Judaism is built that way. Our past is huge – but the future? It's enormous! So, collect your \$200 as you pass and GO! There's so much more to see and to do.

For me, these are my goals for the coming year in New Hampshire:

- (1) Israel through my eyes: it's no secret that things in Israel are chaotic these days. Lots of hate on the streets, violence, heat, traffic, and everything is just so expensive! I'd

be lying if I said I didn't leave Israel quite breathless. I needed this break from everything. But with that – I want to come back to Israel at the end of the Shlichut with the biggest love of it. I want to love it even more than I did before. And I believe that sometimes, all you need to do is take a step back, as an outside viewer, and look at the bigger picture. And Israel might be small – but the picture is huge.

- (2) New Hampshire seems like a beautiful state (I've never seen so much green in my life before) and I'd really like to explore it. Traveling is the answer to everything, so I'll just take the car and enjoy the views – rivers, mountains, forests and most importantly – wild diners out there.
- (3) Bring Israel to the community as much as possible – I've been told



that I'm an Israeli character (I'm not sure if I should be flattered, but it is what it is) and it's very important for me to bring that sense of character to

everything I do here, whether it's the language, food, music, traditions, humor, or food.

I can't wait to start my year in such an amazing, loving, and hugging place. I'll quote an Israeli song by Idan Amedi (yes, the handsome Sagi from Fauda): "It's a brand-new start, it'd come just like that, doesn't matter what they'll say, doesn't matter what's going to happen, just when I started to sink on the side of the road, the freedom was born from that time alone."

זו התחלה חדשה, היא תבוא במקרה,
לא חשוב מה יאמרו, לא חשוב מה יהיה
בדיוק כשהתחלתי לשקוע בצד
"איך מתוך הלבד שוב החופש נולד"

A IS FOR APPLE, B IS FOR BUBBE

An Intergenerational Rosh Hashanah Event

Bring your Bubbes & Zaides, Sabas & Savtas, Memes & Pepes and special grownups for some fun at McLeod Orchards in Milford!

Join PJ Library, Seniors Forever Young and Temple Beth Abraham for a FREE story time, High Holiday songs, craft project and snack. Families are encouraged to partner with seniors and go apple picking* at the orchard after our program!

*cost of apples determined by PYO and not included.

September 10, 2023
2 pm - 4 pm
McLeod Orchards
735 North River Rd, Milford

RSVP
by September 7, 2023
to JFNH Office: 603-627-7679
or dinah.berch@jewishnh.org
or scan QR code to register online!



PJ Library

TEMPLE
BETH ABRAHAM



Jewish Federation
OF NEW HAMPSHIRE

Dinah Berch | 603-627-7679 ext 1002 | dinah.berch@jewishnh.org

Fridge Flyer
2023-2024

Shavua Tov Story Time

A program for families with children ages 2-5

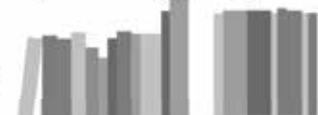
Join us for a 20-minute interactive story time on Zoom one Sunday each month from 8:30am to 9:00am. Register once for \$18.00 to receive monthly crafts in the mail for the year! The zoom link will be provided to registered families each Monday ahead of the program. Scan QR code to register or go to <https://forms.gle/2zRdv4Zo7ddwLbA5A>.



September 10	Theme: Rosh Hashanah	February 11	Theme: Mitzvot
October 15	Theme: Sukkot	March 17	Theme: Purim
November 19	Theme: Shabbat	April 14	Theme: Passover
December 10	Theme: Chanukah	May 19	Theme: Lag B'Omer
January 14	Theme: Tu B'Shevat	June 9	Theme: Shavuot

No Shavua Tov Story Time July or August for Summer Vacation

PJ Library



Jewish Federation
OF NEW HAMPSHIRE

Visit <https://forms.gle/2zRdv4Zo7ddwLbA5A> to register or email alane.sabel@jewishnh.org with questions.

PJ Library Family of the Month: Meet the Altabet Monheit family!

The wonderful thing about PJ Library is that it welcomes all types of families looking for Jewish experiences. There is no mold or criteria a family must fit into to benefit from the books or attend a program, they just have to share one common goal, raising Jewish children.

We will be highlighting families from across New Hampshire showing how PJ Library and even the smallest experiences and traditions ensure that the history and love of Judaism is passed on to our next generation. Interested in your family being featured? Contact Dinah Berch, Dinah.berch@jewishnh.org.

Meet the Altabet Monheit Family, our PJ Library – New Hampshire Family of the Month.

A little about the Altabet Monheit family:

We are a family of four: Jaime, Jeff, Eliza (2.5) and Noa (4m). We have a small parrot named Turtle who has an internet presence on Instagram @Turtlethebird. We are originally from the NYC area and

moved to southern NH a few years ago. We quickly fell in love with beautiful NH and felt so welcomed by the Jewish community, attending many PJ Library young family events and family shabbats. Having the Jewish community here has been great for cultivating Jewish culture in our family and raising our girls. Eliza's favorite song right now is "Dayenu" and she loves doing the Hora.

How long have you been a PJ Library family and how did you learn about the program?

We became a PJ Library family right after our first daughter was born in November 2020. My mom had heard about the program through her friends.

What is your experience with PJ Library? How has this program (books and events) impacted your family?

We love having new books to read and also love having different activities to do and opportunities to make new friends. We try to attend Tot Shabbat when we

can. We really enjoyed the Passover story walk last year and have regularly visited Livingston Park since then. We couldn't make the story walk this year because our second daughter Noa was born then!

As PJ parents, what do you value most about your involvement with PJ Library? Why?

Besides from the books, which help introduce Jewish culture into our home, we love meeting other families in the area. We try to attend Tot Shabbats regularly.

What is your child's favorite PJ book?

We really enjoy having new books to read. Some of Eliza's favorite books have been PJ Library books. She loves *Sunrise Sunset* and can sing the entire song. Other favorites include *Much Much Better*, *Thanks for Today* and *Dayenu*.

What has been your child's favorite PJ Library program and why?

Eliza loves playing at TBA after Tot Shabbat— either with all of the toys or hanging out in the library and reading



books on the bean bag chairs.

What do you wish most people knew about PJ Library – New Hampshire?

The community is very welcoming. Being new to NH, we found that PJ Library NH events was an excellent way to make new friends outside of our town. It is definitely worth making an effort to attend some events.

Tell us about your favorite Jewish family tradition or a special memory you have?

We try to light the Shabbat candles every Friday night. Often times we will FaceTime with family when we light the candles, which is a great way for us all to celebrate Shabbat and see each other even when we are not together.

A gift from the
Jewish Federation of New Hampshire



Sign up your children ages 6 months through 11 years old and enjoy the gift of Jewish children's books and resources delivered to your home each month. Explore Jewish heritage and culture through PJ Library's high-quality stories about Jewish values, traditions, and heritage.

Through the program your family will be enriched by experiencing the joys of Jewish life.

Funded by the Jewish Federation of New Hampshire, it's a gift that will nourish a Jewish life from the start.

Harold Grinspoon
FOUNDATION



Jewish Federation
OF NEW HAMPSHIRE

jewishnh.org

**SIGN
UP**

Ages 6 mos. through 8
pjlibrary.org

Ages 9 through 11
pjourway.org

Help Wanted!

**Do you live in Keene,
Laconia, Bethlehem,
Hanover, or another NH
community and want to
help produce the Jewish
Reporter?**

We are looking for people
all over the state who are
interested in writing
about their local Jewish
community.

**To get involved,
contact
thereporter@jewishnh.org**



PLANNED GIVING

Secure the future of our Jewish community

As you envision the future of the Jewish community that means so much to you, consider creating a planned gift with the Jewish Federation of New Hampshire that will touch the lives of generations to come.

ENDOWMENT AND PLANNED GIVING

By making a planned gift to a JFNH endowment fund, you can ensure that your generosity and vision will have an impact that extends far beyond your lifetime. Endowment funds that were established decades ago are still providing important support to our community today. At JFNH, we have the knowledge and expertise to help you design a planned gift that meets your needs while also endowing your personal vision for the future.

- **Unrestricted Endowment.** A gift to JFNH's Unrestricted Endowment will support the full spectrum of initiatives and programs essential to the future of our Jewish community.
- **Perpetual Annual Campaign Endowment (PACE).** You can create an endowment to perpetuate your Annual Campaign gift. This is a wonderful way to sustain your lifelong investment in the community you have helped build.
- **Restricted Endowment.** Our planned giving professionals will work with you to craft a gift that supports the work of a valued partner organization or an area of particular interest to you, such as caring for the most vulnerable, engaging people of all ages in Jewish learning, and supporting Israel.

WAYS TO ENDOW YOUR VISION

- **Bequests:** A bequest through your will, trust, or retirement account is an easy way to create an endowment. We will work with you and your advisor to create a gift that clearly reflects and honors your intentions.
- **Retirement Plan Assets:** You may designate JFNH as a beneficiary of a qualified retirement plan such as an IRA, 401(k), or 403(b). To do so, simply contact your plan administrator and complete the appropriate beneficiary designation form. By naming JFNH as a beneficiary, you may avoid significant and often unanticipated estate and income taxes that would otherwise be paid by your heirs.
- **Life Income Gifts:** A Charitable Gift Annuity or a Charitable Remainder Trust can provide an immediate tax deduction and lifetime income for one or more beneficiaries. After the death of the last beneficiary, the remainder becomes part of an endowment fund to be used in accordance with your wishes.
- **Life Insurance:** You may purchase a life insurance policy that names JFNH as both owner and beneficiary. After your passing, JFNH will redeem the policy and the proceeds will support JFNH's endowment.

LEARN MORE:

Contact Foundation Chair Julia Preis through the JFNH Office at 603-627-7679



THE **STRENGTH** OF A PEOPLE.
THE **POWER** OF COMMUNITY.



TOT SHABBAT HOP!

PJ Library's jBaby and Early Education Initiative invite families with children 0-5 (siblings welcome) to celebrate Shabbat morning together.

Stories, Singing, and Blessings followed by a Kiddie Kiddush.

Each month at a different location!

Registration requested. Use QR codes or visit

www.jewishnh.org/community-calendar



Saturday,
November 18th, 10AM
Temple Israel,
Manchester



TEMPLE BETH JACOB
בית יעקב

Saturday, October 14th
10AM
Temple Beth Jacob,
Concord



Temple Adath Yeshurun
A Reform Congregation
Serving Greater Manchester, NH
Since 1891

Saturday, December 9th
10AM
Temple Adath Yeshurun,
Manchester



Saturday,
January 13th, 10AM
Chabad of New Hampshire,
Manchester



Dinah Berch | 603-627-7679 ext 1002 | dinah.berch@jewishnh.org

News from the Antisemitism and Diversity Committee

We are pleased to report that Governor Sununu has declared September 2023 as Welcoming Schools Month. We requested this proclamation in our continuing effort to make schools a more welcoming place for all students. We asked the state Commissioner of Education to implore schools to send the proclamation home with every student during the first week of

the school year. We made this request in the Federation's annual letter to the Commissioner notifying him of significant Jewish holidays. We hope that synagogues will also make students and parents aware of the proclamation. If you would like to join the Antisemitism and Diversity Committee, please contact Dina Michael Chaitowitz at dmichaelchaitowitz@gmail.com.

*The State of New Hampshire
By His Excellency
Christopher T. Sununu, Governor
A Proclamation*

In the year of our Lord Two Thousand and Twenty-Three

**WELCOMING SCHOOLS MONTH
SEPTEMBER 2023**

WHEREAS, education plays a key role in the development of a civil society; in teaching students how to have constructive conversations within our schools and communities; in fostering an understanding of the causes and consequences of, and the means to prevent, bias, bigotry, and all forms of hate; and in cultivating welcoming communities that embrace diversity; and

WHEREAS, schools must cultivate and commit to an inclusive culture of belonging to ensure that all students feel safe and welcome, and can learn and thrive; and

WHEREAS, educators and school administrators play a critical role in creating positive learning environments; and

WHEREAS, racist, antisemitic, homophobic, and xenophobic incidents, and other bias-related and harmful and hurtful behaviors, have no place in our schools; and

WHEREAS, to ensure that educational communities are welcoming communities, schools must fashion clear practices and protocols that promote inclusiveness and civil discourse, prevent incidents of hate, bias, and bigotry, and respond effectively to such incidents when they occur;

NOW, THEREFORE, I, CHRISTOPHER T. SUNUNU, GOVERNOR of the State of New Hampshire, do hereby proclaim **SEPTEMBER 2023** as **WELCOMING SCHOOLS MONTH** in the State of New Hampshire and call this to the attention of all citizens.



IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Seal of the State of New Hampshire to be affixed this 31st day of July, 2023.

Christopher T. Sununu
Christopher T. Sununu
Governor

See what's happening in the community at
www.jewishnh.org



Jewish Federation
OF NEW HAMPSHIRE

THE STRENGTH OF A PEOPLE.
THE POWER OF COMMUNITY.

August 2, 2023

Mr. Frank Edelblut
Commissioner
State of New Hampshire Department of Education
101 Pleasant Street
Concord, New Hampshire 03301

Dear Commissioner Edelblut,

We are delighted that Governor Sununu recently signed a proclamation establishing September 2023 as Welcoming Schools Month. The proclamation underscores the importance of schools creating and maintaining an environment where all students feel comfortable and can grow, learn, and prosper. We enclose a copy.

Consistent with the ideas reflected by that proclamation, we think it is important that in scheduling important activities, schools do not inadvertently dissuade Jewish students and employees from observing important religious holidays or place those students and employees at a disadvantage.

As school districts create their calendars for the upcoming academic year, we write to remind you of the dates of important Jewish holidays. Enclosed is a calendar for the 2023-2024 academic year.

We ask that you share the proclamation, this letter, and the calendar with all school administrative units and ask that they in turn share these materials with school principals. We also ask that you urge schools to send a copy of the proclamation home to each student during the first week of school.

It is our hope that schools will avoid the dates set out in the calendar as they plan important events, including exams, assemblies, tryouts and auditions, field trips, sporting events, school dances, and graduations. We deeply appreciate their sensitivity in avoiding conflicts as they schedule events and activities for students, parents, faculty, and any other district staff who would be adversely impacted.

th River Rd. #5, Bedford, NH 03110 P: 603-627-7679 www.JewishNH.org



Jewish Federation
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Abstaining from school, work and secular activities is a critical part of the observance of some of the Jewish holidays. This is especially the case for the "High Holidays" of Rosh Hashanah (beginning sundown on September 15, 2023, and ending sundown on September 17, 2023), and Yom Kippur (beginning sundown on September 24, 2023, and ending sundown on September 25, 2023), and for the first two days of the important holiday of Passover (beginning on the evening of April 13, 2024).

Although the Jewish day begins and ends at sunset, many people need to be absent from school or work the entire day on which the holiday begins. As an example, the first night of Passover begins with a seder, a complex ritual meal that involves the re-telling of the exodus through stories and song and the consumption of ritual foods. Many people travel great distances to share this significant event with family members. There is another seder on the second night of Passover.

We thank you in advance for your understanding and consideration of these important dates and those set out on the enclosed calendar.

We hope that schools will look to the Jewish Federation of New Hampshire as a resource if they have questions when scheduling important events or addressing potential conflicts in the SAU calendar.

Sincerely,

Allyson Guertin

Allyson Guertin
Executive Director

High Holidays

New Hampshire High Holidays Service Guide 2023

Service Times by Synagogue

Etz Hayim Synagogue, Derry

Erev Rosh Hashanah Service: 7:15 PM

Rosh Hashanah Morning Service, 1st Day: 9:30 AM

Tashlich: 9/16 at 1:00 PM

Rosh Hashanah Morning Service, 2nd Day: 9:30 AM

Kol Nidre: 7:15 AM

Yom Kippur morning service: 9:30 AM

Yom Kippur afternoon / Mincha service: n/a

Ne'ilah: 4:00 PM

Additional Services:

1. **Family Service:** 9/16 at 2:30 PM

Will your services be in person, hybrid or virtual? Hybrid

Additional Resources: www.etzhayim.org. Please contact office@etzhayim.org if you prefer to register to view services by Zoom.

Erev Sukkot Service: 7:15 PM

Sukkot Service: n/a

Shemini Atzeret Service: n/a

Simchat Torah Service: 10/6 at 7:15 PM

Additional Sukkot Services: 10/7 at 9:30 AM

Temple Israel Manchester

Erev Rosh Hashanah Service: 6:00 PM

Rosh Hashanah Morning Service, 1st Day: 9:00 AM

Tashlich: 9/17 at 1:00 PM

Rosh Hashanah Morning Service, 2nd Day: 9:00 AM

Kol Nidre: 6:00 PM

Yom Kippur morning service: 9:00 AM

Yom Kippur afternoon / Mincha service: n/a

Ne'ilah: 5:15 PM

Additional Services:

1. **Cemetery Visit** – 9/10 at 10:00 AM

2. **Shabbat Shuva at Rabbi Marc's** – 9/23 at 11:00 AM

3. **Erev Sukkot/Deli night** - rsvp required – 9/29 at 6:00 PM

Will your services be in person, hybrid or virtual? Hybrid

Additional Resources: <http://www.templeisraelmht.org/>

Erev Sukkot Service: 6:00 PM

Sukkot Service: 9:45 AM

Shemini Atzeret Service: 10/7 at 9:45 AM

Simchat Torah Service: 10/8 at 10:00 AM

Bethlehem Hebrew Congregation

Erev Rosh Hashanah Service: 6:30 PM

Rosh Hashanah Morning Service, 1st Day: 9:30 AM

Rosh Hashanah Morning Service, 2nd Day: 9:30 AM

Kol Nidre: 6:30 PM

Yom Kippur morning service: 10:00 AM

Ne'ilah: 6:00 PM

Additional Resources: www.bethlehemsynagogue.org

Erev Sukkot Service: 6:00 PM

Sukkot Service: 9:30 AM

Shemini Atzeret Service: 9:30AM

Temple B'Nai Israel, Laconia

Erev Rosh Hashanah Service: 7:30 PM

Rosh Hashanah Morning Service, 1st Day: 10:00 AM

Tashlich: 9/16 at 12:00 PM

Rosh Hashanah Morning Service, 2nd Day: 10:00 AM

Kol Nidre: 7:30 PM

Yom Kippur morning service: 10:00 AM

Yom Kippur afternoon / Mincha service: 4:30 PM

Ne'ilah: 6:00 PM

Additional Services:

1. **Shabbat and Holiday Service** – 10/6 at 7:30 PM

2. **Adult Ed Program and "Pizza in the Hut"** – 10/7 at 12:00 PM

Will your services be in person, hybrid or virtual? Hybrid

Additional Resources: <http://tbinh.org/>

Temple Adath Yeshurun, Manchester

Erev Rosh Hashanah Service: 8:00 PM

Rosh Hashanah Morning Service, 1st Day: 10:00 AM

Tashlich: 9/16 at 4:30 PM

Rosh Hashanah Morning Service, 2nd Day: 10:00 AM

Kol Nidre: 8:00 PM

Yom Kippur morning service: 10:00 AM

Yom Kippur afternoon / Mincha service: 4:00 PM

Ne'ilah: 5:30 PM

Will your services be in person, hybrid or virtual? Hybrid

Additional Resources: Office@taynh.org. Tickets are required for both members and guests.

Temple Beth Jacob, Concord

Erev Rosh Hashanah Service: 7:30 PM

Rosh Hashanah Morning Service, 1st Day: 9:30 AM

Tashlich: 9/16 at 2:15 PM

Rosh Hashanah Morning Service, 2nd Day: 9:30 AM

Kol Nidre: 7:30 PM

Yom Kippur morning service: 9:30 AM

Yom Kippur afternoon / Mincha service: 1:00 PM

Ne'ilah: 3:00 PM

Will your services be in person, hybrid or virtual? Hybrid

Additional Resources: www.tbjconcord.org

Erev Sukkot Service: 7:00 PM

Simchat Torah Service: 10/6 at 6:00 PM

Congregation Ahavas Achim, Keene

Erev Rosh Hashanah Service: 7:00 PM

Rosh Hashanah Morning Service, 1st Day: 9:00 AM

Tashlich: 9/17 at 4:00 PM

Rosh Hashanah Morning Service, 2nd Day: 9:00 AM

Kol Nidre: 6:30 PM

Yom Kippur morning service: 9:00 AM

Yom Kippur afternoon / Mincha service: 4:30 PM

Ne'ilah: 6:00 PM

Additional Services:

1. **Rosh Hashanah Lunch** – 9/16 at 1:15 PM

2. **Yizkor** – 9/25 at 1:15 PM

3. **Guided Meditation** 9/25 at 1:15 PM

4. **Yizkor** 9/30 at 9:30 PM

Will your services be in person, hybrid or virtual? Hybrid

Additional Resources: www.keenesynagogue.org.

Sukkot Service: 9:30 AM

Shemini Atzeret Service: 10/7 at 6:00 PM

Simchat Torah Service: n/a

Chabad Center for Jewish Living, Manchester

Erev Rosh Hashanah Service: 6:30 PM

Rosh Hashanah Morning Service, 1st Day: 10:00 AM

Tashlich: 9/17 at 5:00 PM

Rosh Hashanah Morning Service, 2nd Day: 10:00 AM

Kol Nidre: 6:30 PM

continued on page 13

High Holidays

Yom Kippur morning service: 10:00 AM

Yom Kippur afternoon / Mincha service: 5:00 PM

Ne'ilah: 6:00 PM

Additional Services:

1. **Shofar in the Park/Tashlich - Stark Park** – 9/17 at 5:00 PM

2. **Yizkor** – 9/25 at 12:30 PM

3. **Yom Kippur Havdalah and Breakfast** – 9/25 at 7:20 PM

Will your services be in person, hybrid or virtual? In-person only

Additional Resources: <http://www.chabadofnh.com/services>. No membership necessary |

Prayers in Hebrew and English | Friendly and welcoming | No previous knowledge needed

| Inspirational and uplifting

Sukkot Service: 10:00 AM

Shemini Atzeret Service: 10/7 at 10:00 AM

Simchat Torah Service: 10/8 at 10:00 AM

Additional Sukkot Services:

1. **Sukkot Party:** 10/3 at 5:30 PM

2. **Simchat Torah Hakafot** – 10/7 at 7:00 PM

Congregation Betenu, Amherst

Erev Rosh Hashanah Service: 7:30 PM

Rosh Hashanah Morning Service, 1st Day: 10:30 AM

Kol Nidre: 7:30 PM

Yom Kippur morning service: 10:30 AM

Yom Kippur afternoon / Mincha service: 5:00 PM

Will your services be in person, hybrid or virtual? Hybrid

Additional Resources: betenu.org or call 603-886-1633. Those new to Betenu and attending in person must show evidence of up-to-date COVID-19 vaccination.

Erev Sukkot Service: 7:30 PM

Simchat Torah Service: 10/5 at 7:30 PM.

Kehilat Har Lavan

Erev Rosh Hashanah Service: 7:00 PM

Rosh Hashanah Morning Service, 1st Day: 9:30 AM

Tashlich: 9/17 at 12:00 PM

Kol Nidre: 6:15 PM

Yom Kippur morning service: 10:00 AM

Yom Kippur afternoon / Mincha service: 5:00 PM

Ne'ilah: 6:15 PM

Additional Services:

1. **Yizkor** – 9/25 at 12:30 PM

Will your services be in person, hybrid or virtual? Hybrid

Additional Resources: harlavancommunity@gmail.com.

Temple Israel, Portsmouth

Erev Rosh Hashanah Service: 7:00 PM

Rosh Hashanah Morning Service, 1st Day: 9:00 AM

Tashlich: 9/17 at 1:00 PM

Rosh Hashanah Morning Service, 2nd Day: 9:00 AM

Kol Nidre: 6:00 PM

Yom Kippur morning service: 9:00 AM

Yom Kippur afternoon / Mincha service: 4:45 PM

Ne'ilah: 6:00 PM

Additional Services:

1. **Youth Service** – 9/16 at 10:15 AM

2. **Youth Service** – 9/17 at 10:15 AM

3. **Youth Service** – 9/25 at 10:15 AM

4. **Preschool Storytime** – 9/16 at 9:30 AM and 9:25 at 9:30 AM

Will your services be in person, hybrid or virtual? Hybrid

Additional Resources: <https://www.templeisraelnh.org/pray/holidays/high-holidays-2023/>.

Babysitting available. Zoom link available by pre-registration. Catered Break the Fast meal 9/25, 7:30 pm, registration required.

Erev Sukkot Service: 6:30 PM

Sukkot Service: 10:00 AM

Shemini Atzeret Service: 10/7 at 10:00 AM

Simchat Torah Service: 10/7 at 5:00 PM

Additional Sukkot Services:

1. **10/1 10am, Sukkot Service with Lulav & Etrog**, Temple Israel

2. **10/1 12pm Sushi in the Sukkah** (teen program, Strawberry Banke)

3. **10/4 6pm Pizza in the Hut** (family program, Temple Israel Sukkah)

Kol Ha'Emek Upper Valley Jewish Community, Hanover

Erev Rosh Hashanah Service: 7:00 PM (Rollins Chapel)

Rosh Hashanah Morning Service, 1st Day: 9:00 AM (Rollins Chapel)

Tashlich: 9:17 at 3:00 PM (Occum Pond)

Rosh Hashanah Morning Service, 2nd Day: 9:00 AM (Roth Center)

Kol Nidre: 6:30 PM (Rollins Chapel)

Yom Kippur morning service: 9:00 AM (Rollins Chapel)

Yom Kippur afternoon / Mincha service: 5:00 PM (Rollins Chapel)

Ne'ilah: 6:00 PM (Rollins Chapel)

Additional Services:

1. **Rosh Hashanah Day 1 Family Service (Roth Center)** – 9/16 at 10 AM

2. **Rosh Hashanah Day 1 Tot Service (Roth Center)** – 9/16 at 10 AM

3. **Yom Kippur Family Service (Storrs Pond)** – 9/25 at 10 AM

Will your services be in person, hybrid or virtual? Hybrid

Additional Resources: <https://uvjc.org/high-holidays/>. Note that different events are held at different locations.

Sukkot Service: 10:00 AM

Shemini Atzeret Service: 10/7 at 10:00 AM

Simchat Torah Service: 10/8 at 10:00 AM

Additional Sukkot Services: 10/1 - Sukkot Day 2 10:30 am Roth Center

Temple Beth Abraham, Nashua

Rosh Hashanah Morning Service, 1st Day: 9:30 AM

Tashlich: 9/17 at 1:30 PM

Rosh Hashanah Morning Service, 2nd Day: 9:30 AM

Kol Nidre: 6:30 PM

Yom Kippur morning service: 9:30 AM

Yom Kippur afternoon / Mincha service: 5:30 PM

Ne'ilah: 6:30 PM

Additional Services:

1. **Family Service** – 9/16 at 10:30 AM

2. **9/17** at 10:30 AM

3. **9/25** at 10:30 AM

4. **ReNew Year** – 9/16 and 9/25 at 10:00 AM

Will your services be in person, hybrid or virtual? Hybrid

Additional Resources: tbanashua.org

Erev Sukkot Service: 8:00 PM

Sukkot Service: 10:00 AM

Shemini Atzeret Service: 10/7 at 10:00 AM

Simchat Torah Service: 10/8 at 9:30 AM

Additional Sukkot Services:

1. **Simchat Torah evening service** – 10/7 at 7:00 PM

2. **Sukkot 2nd Night** - 9/30 7:15 pm – Contact office for location

3. **Sukkot 2nd Day** 10/1 10:00 am

4. **Traveling Sukkah Potlucks in the area** – Contact office for days and locations

5. **Sukkah in a Pickup Tuesday 10/3 all day** – check our website for stops in your area!

Seacoast Chabad Jewish Center

Erev Rosh Hashanah Service: 6:30 PM

Rosh Hashanah Morning Service, 1st Day: 10:00 AM

Tashlich: 9/17 at 5:00 PM

Rosh Hashanah Morning Service, 2nd Day: 10:00 AM

Kol Nidre: 7:30 PM

Yom Kippur morning service: 10:00 AM

Ne'ilah: 6:30 PM

Additional Services:

1. **Children's Program** - September 16 & 17, 10:30am

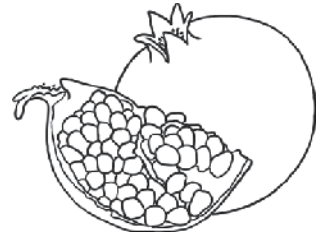
2. **Yom Kippur** - September 24, 7:30am

Will your services be in person, hybrid or virtual? In person only

Additional Resources: <http://jewishseacoast.com/HH5784>

Rosh Hashanah Crossword

Use the clues to fill in and solve the puzzle below.

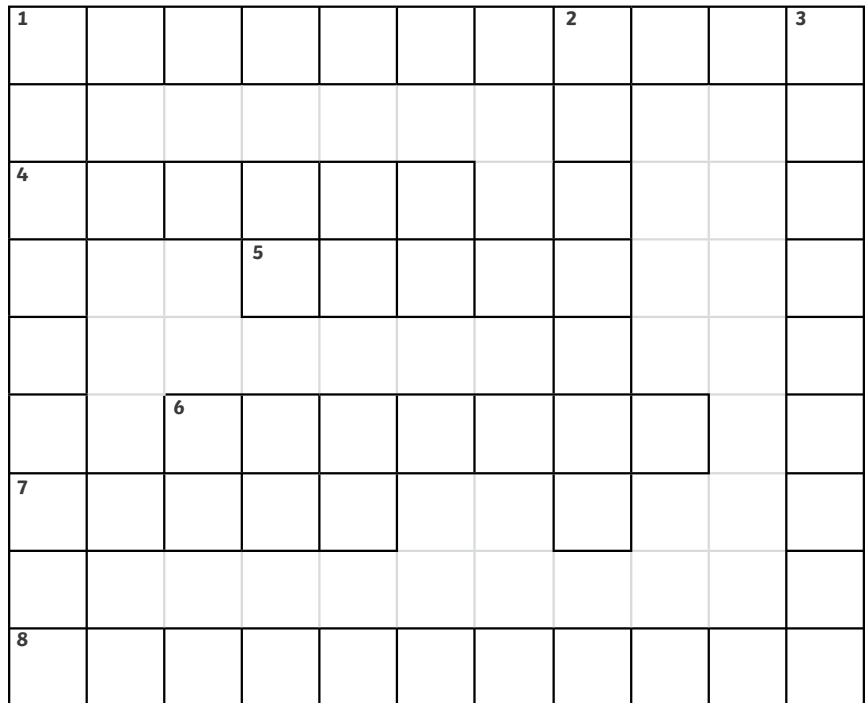
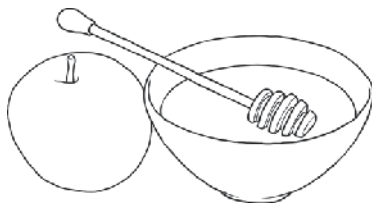


Across

1. Jewish people ask this of God at this time.
4. This is blown during Rosh Hashanah.
5. Apples are dipped in this during Rosh Hashanah.
6. The special bread.
7. Fruit used to remind people of Adam and Eve.
8. These with the tiny seeds, represent a sweet year to come.

Down

1. This is a time of celebration for religious reasons.
2. Rosh Hashanah is a celebration for this time of year.
3. A Jewish place of prayer and worship.



Answers on page 25



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L'shana tova

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L'Shana tova u' metuka!

A Healthy and Happy New Year
The Kalik Family

Best Wishes for a Healthy and Happy New Year! L'Shanavah Tova
Rochelle and Gary Lindner and Family

May 5784 bring you and your family health, adventure, awe, advancement, and joy
Steve Soreff and Peggy Tucker

May 5784 bring you the joyful sound of the shofar as it welcomes in the New Year with Peace, Health, Happiness, Laughter, and Love! Shana Tovah!
The Jolton Family

Shanah Tovah. May your New Year be fruitful and sweet filled with health and happiness.
Best Always Renee Brenner

Best wishes for a happy and healthy New Year!

The Cohen Family: Tiffany, Daniel, Skylar, Flynn, William, and Arabella

May 5784 be a year of peace and health for all Israel and the World
Rabbi Gary and Iris Atkins

My best wishes for a happy and healthy New Year!
Roberta Gordenstein

May your New Year be filled with the sweetness of good health and many joy-filled moments
The Regen Family

"Shana Tovah," and best wishes for a happy and healthy New Year
From Dick and Debbie Lutsk, Andrea, Samir, Cooper, and Sloane Ragab, Stephen Lutsk, and Allie, Jason, Jack, and Reid Kehoe

A Happy Sweet Year to all my Federation Friends!
Frankie Shapiro

Anhaldamawi kassi palilawaholan = Forgive me of all the wrong I have done to you - The traditional Abenaki New Year's greeting
Meredith Lewko

Best wishes for a New Year of good health, peace, and joy.

Linda and Sol Rockenmacher

L'Shana Tova from Kol Ha'Emek the Upper Valley Jewish Community
May the New Year bring you blessings of hope, joy, and peace.
L'Shana Tova
The Bethlehem Hebrew Congregation

Shana Tovah um'tukah from Rabbi Robin Nafshi, Cantor Shira Nafshi, and the entire Temple Beth Jacob community.

Wishing you and your families a very Happy New Year.
Ken and Bertha Litvack

Wishing everyone a sweet New Year!
The Boyd Family

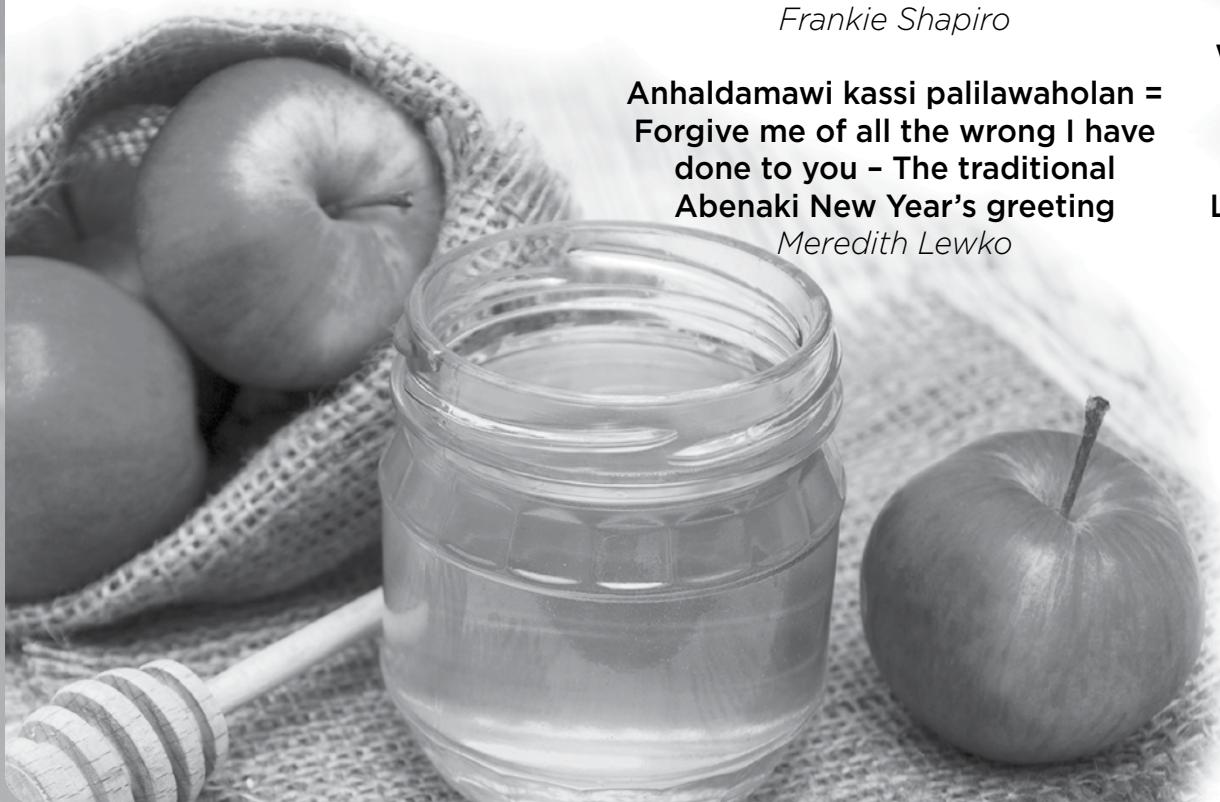
L'Shanah Tovah from the Kushner Family

Wishing you a sweet New Year full of health and happiness
Michele and Michael Bank

L'Shana Tovah! Wishing everyone a sweet and healthy New Year!
The Sinkow Family

L'shana tova to all.
Marc Rubenson

May your new year be filled with health, happiness, and sweet moments. L'Shanah Tovah!
Jody Kipnis and Todd Ruderman



Happy New Year!



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of Israel to New England

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Happy and Sweet New Year!**

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**2023
2024
SEASON**

OCTOBER
8 Larry Goldings Trio *Superb Vanguard Jazz*
27 Le Vent du Nord *Hopping Francophone Folk*

NOVEMBER
3 Playing POTUS *The Art of Comedy and Politics*
18 Mac McAnally *10-time CMA Winner*
29 A Christmas Carol *One-Man Holiday Show*

DECEMBER
14 Irish Christmas *Celtic Christmas Revelry*
16-17 The Nutcracker *Christmas Fairy Ballet*

JANUARY
12 Satisfaction *Rolling Stones Tribute Concert*

MARCH
1 Ernest Thompson *NH's Iconic Screenwriter*
16 Calan & Kalos *St. Patrick's Day Double Bill*

APRIL
20 Brian Woods *Acclaimed American Pianist*

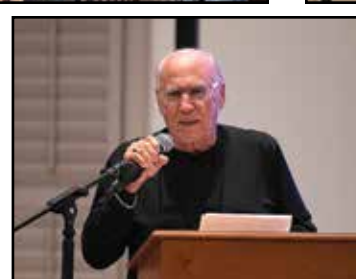
MAY
4 Mutts Gone Nuts *Comedy Canine Spectacular*



In the Community

2023 JFNH Annual Meeting and Shem Tov awards

After three years of virtual meetings we were excited to welcome over 150 community members from around the state to the 2023 JFNH Annual Meeting and Shem Tov awards. A wonderful evening celebrating the work of JFNH and honoring the volunteers that keep our communities going.





FALL 2023 CALENDAR

August 22nd: NH Jewish Film Festival Movie Club Presents *Yentl*

Celebrate the 40th anniversary of *Yentl* with an in-person film viewing, followed by a post-film discussion at 4PM. Popcorn and drinks included.

2PM, JFNH Community Room - 273 S. River Rd #5, Bedford

\$5/person | Registration requested

Zoom Link Available for Post-Film Discussion Upon Request



September 10th: "A is for Apple, B is for Bubbe": an intergenerational Rosh Hashanah event.

Join us for a story time, craft, snack and apple picking together with PJ Library and Temple Beth Abraham!

2PM, McLeod Orchard, 735 North River Rd, Milford, NH

Free program | Cost of PYO Apples Not Included | Registration requested by September 5th

Transportation not provided.



September 21st: Babka Make & Take

Come learn to make your own babka! Dough provided; we'll make the fillings and then assemble our babka together. Take it home to bake. Babka taste-testing provided.

1PM, JFNH Community Room - 273 S. River Rd #5, Bedford

\$18/person (non refundable) - Registration and payment required by September 14th



October 4th: Seniors in the Sukkah

Come enjoy lunch in the sukkah at Strawberry Banke in Portsmouth!

12PM, Strawberry Banke Museum, 14 Hancock Street, Portsmouth.

Meet at the sukkah or call JFNH office by September 26th for transportation options.

\$18/person (non refundable) | Catered Lunch Provided

Registration and payment required by September 26th



October 19th: Lunch & Learn

"Jewish Cemeteries of New Hampshire" presentation by Rabbi Joshua Segal

Bagel lunch provided.

12:30PM, JFNH Community Room - 273 S. River Rd #5, Bedford

\$8/person | Registration requested | Zoom Link Available Upon Request



To register for any of these events please call 603-627-7679 to pay by credit card or mail payment to:

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Attention: SFY

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Bedford, NH 03110



Funding in part by The Jewish Federation of New Hampshire, The Ben and Zelma Dorson Fund, The Maurice Foster Fund, The Saul Sidore Fund, The Paul and Fran Gordon Fund and The Singer Family Trust Fund

In the Community

Jewish community to dedicate memorial monument to Jewish servicemen/women interred at New Hampshire State Veterans Cemetery in Boscawen

By Rabbi Gary Atkins, Chaplain, New Hampshire Wing, Civil Air Patrol

Are you aware that New Hampshire has a beautiful Veterans Cemetery in Boscawen, north of Concord? I was not aware of this until I was asked to officiate at the interment of a Jewish veteran there. It brought back memories of my presence—as an active duty chaplain almost 50 years ago—at the largest American military ceremony overseas, in Manila, Republic of the Philippines. There are over 20,000 veterans from World War II interred there, of whom over 200 are Jewish. After the service for Colonel Katz in Boscawen, I wondered how many Jewish souls might be interred at the Boscawen cemetery. The director told me they did not keep religious affiliation records. After canvassing the immaculate grounds, we found over sixty markers with Stars of David.

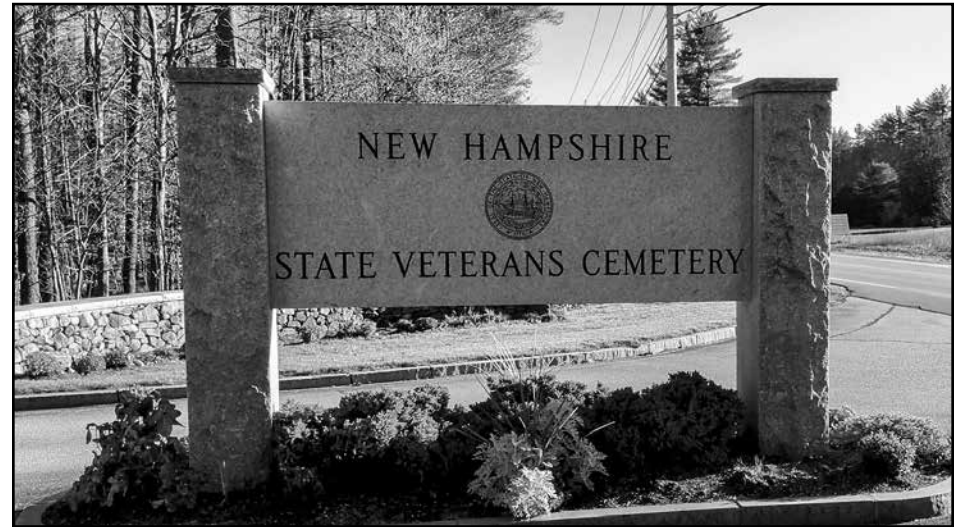
The cemetery has a Memorial Garden

near the administration building where, over the years, many organizations have erected monuments in honor of specific groups of veterans. When my wife Iris and I walked through the Memorial Garden area, we realized there was no monument remembering/ honoring Jewish veterans. I talked with the cemetery administrator, and he said that there were spaces available in the garden, and that he would welcome the Jewish community erecting a monument.

With my personal history of being a military chaplain, I decided to make this happen. I started corresponding with Rabbi Davidson of Temple Adath Yeshurun of Manchester and Rabbi Robin Nafshi of Temple Beth Jacob in Concord, plus a number of people in the community, many of whom were veterans themselves. The Jewish Federation of New Hampshire has supported this project and is allowing funds to be do-

nated through the Federation for the cost of the monument. We invite you to contribute towards the cost of the monument, thus feeling part of the process, by sending an earmarked donation to the Jewish Federation.

We plan a dedication of the monument on Sunday, October 15, at 1pm. You most certainly do not need to be a veteran to acknowledge the dedication and sacrifice of those interred in this hallowed ground.



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In the Community

The Interfaith Campus and the *Path of Life*

By Steve Soreff, MD

On a pleasant, warm Wednesday evening at 6:30 PM, Michael Stein placed a brick labeled, “To our friends at Etz Hayim from Transfiguration” into the Path of Life.

The Path of Life is on the right side of the entrance to Etz Hayim Synagogue. It

has bricks to remember, recognize, or honor various persons or events. This particular brick honors the unique relationship between the synagogue and the Episcopal Church of the Transfiguration and celebrates the long tradition of its shared Interfaith Campus. Members of both faith communities witnessed the placement of the brick. It was given by



the Church to Etz Hayim for the synagogue’s 30th anniversary. The two have a joint Thanksgiving Service in November. Rabbi Peter Levy and Reverend Ray Bonin led an Interfaith tour to Israel in 2017 and on Tuesdays, both rabbi and priest offer a Zoom Talmud followed by Gospel studies.

The Path of Life leads to a meditation bench in memory of Rabbi Louis Rieser. It is a great way to recognize someone, honor a person, or remember an event. A small brick costs \$720, which can be paid over four years. With the first payment of \$180, an



anonymous donor will give Etz Hayim Synagogue \$720! A large brick costs \$1440. which can be paid over four years. With the first payment of \$360, an anonymous donor will give Etz Hayim Synagogue \$1440! For more information or to purchase a brick, reach out via email at soreffs15@aol.com or call 603 895-6120.

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L'Shana Tova

Wishing you, your family and all families
a Happy and Healthy New Year!

Chris and Valerie Sununu

High Holidays Update from the TAY Brotherhood

By Mark Granoff, TAY Brotherhood President

First let me say, **L'Shana Tova 5784!** It seems that time ticks along faster as I get older. Marking the Hebrew year with our ritual celebrations makes the calendar move that



Mark Granoff

much more quickly for me. Just when I get used to the number **5783**, it has just about run its course, and the secular calendar year is nearly 2/3 gone! Thank goodness we still have about six weeks of summer remaining, my favorite season.

Along with boat rides on a less crowded Lake Winnepesaukee, late summer brings with it preparations for the upcoming high holidays, such as tuning up my shofar sounding skills and helping with Brotherhood ushering assignments. I really enjoyed sounding the Shofar at Rosh Hashanah last year. Standing side by side with my mentor David Rosenzweig was a thrill, filling the synagogue with the awakening calls

of dual shofar blasts! It was so spiritually fulfilling to me, unlike anything I have ever done before; however, it did result in me coming down with Covid which ended my in-person worship for the High Holidays 5783. I am looking forward to returning to the TAY Synagogue and sounding the shofar for 5784, “sans Covid” thank you very much! I really feel we have turned a corner and can feel more comfortable with in-person worship, including deep breaths and sounding the shofar!

Also, at this time of year, the TAY Brotherhood Calendar of events and monthly meetings for the new year comes into focus. I am happy to report that all events will be principally *in-person* this year, with Zoom or hybrid (on-line) capability thanks to our dedicated TAY Tech Committee. This past year we gradually brought back in-person content to our calendar with the TAY Hebrew School Chanukah Party and the community-wide Purim Festival. The community response was heartwarming, as people gushed about how wonderful it felt to celebrate to-

gether, sharing lighthearted fun and food. This year we plan to expand our in-person content with monthly meetings (rotating, Zoom hybrid available) and the return of an in-person Deli Night/Rabbi Davidson 20th Anniversary event! We are also planning a Fall Concert and Dessert event in the TAY Social Hall. Please stay tuned for details as we work the entire TAY Calendar. The tentative TAY Brotherhood Calendar of Events for the upcoming 5784 (2023-2024) follows:

TAY BROTHERHOOD EVENTS

- Sukkah set up – Herlicka/Gallant Construction, Sept. 28, 29 or 30
- **October 15 – Brotherhood “Concert and Dessert”**
- Chanukah Candle Drive!! Mailing Nov. 12th (about that date)
- Chanukah Party – Dec. 10th, after morning Hebrew School with Kugel the Klown
- Christmas Mitzvah Program – Sunday & Monday, Dec. 24-25
- Brotherhood Breakfast – January or February Sunday morning (date TBD)

- Purim Party March 24th – all hands on deck!

May 18 Event – Deli Night/Rabbi 20th Anniversary party

- Memorial Day Service at Manchester Hebrew Cemetery- Monday May 27, 2024
- Brotherhood Annual Meeting & BBQ – June 4, 2024
- Brotherhood-Sisterhood Service – Friday, June 7 or 14, 2024

As you can see, we have plenty of holiday and social events on the calendar and look forward to seeing the TAY Social Hall abuzz with attendees, fun and food. We will be kicking off our Brotherhood monthly meetings with a pizza party Wednesday, Sept. 6, at 6:30 p.m. at the TAY Social Hall. I look forward to ordering lots of pizza, so please make sure to RSVP to me for this September kick-off meeting. If you would like to get involved with TAY Brotherhood, please contact me at memkgranoff@comcast.net.

Until then, enjoy the rest of summer, be safe and wishing you all L'Shana Tova for a healthy and happy 5784!

L'Shana Tova!

Jeanne Shaheen
U.S. SENATOR



From our family to yours, wishing you peace, prosperity, and good health in the year ahead.

www.JeanneShaheen.org [f JeanneShaheenNH](https://www.facebook.com/JeanneShaheenNH) [i JeanneShaheen](https://www.instagram.com/JeanneShaheen)

Paid for by Shaheen for Senate

Kulam for Teens Begins October 22

By Erik Martin

Kulam, meaning "Everyone," is Temple Israel Portsmouth's new program for teens, ages 13-16, that promotes *shleimut* (individual well-being, *hesed* (connection) and *tzedek* (just action) through monthly classes that utilize honest and open dialogue, Jewish texts, games and other interactive activities. In this program, Jewish teens ask big questions about where, why and how they belong while exploring issues of identity, equity, and justice using Jewish wisdom as a guide. Facilitated by Rabba Kaya Stern-Kaufman, the Kulam curriculum creates safe space that fosters open and honest discussions.

Kulam participants will ...

- Experience a sense of belonging and feel connected to their Jewish community.
- Have fun in a Jewish space with other Jewish teens
- Connect with Jewish wisdom
- Reflect on their identities
- Feel equipped to develop healthy relationships
- Be inspired to make a positive difference in their communities
- Gain insight into current social issues in the world around them

Monthly classes, Sundays, 5:00-6:30pm at Temple Israel, includes pizza dinner! See the website calendar for class schedule and topics. Cost is \$144 for non-member students. Open to all Jewish teens. Register at <https://templeisraelnh.shulcloud.com/event/Kulam>

Stories for the Sake of Argument

By Emma Rous

Coming Sunday, November 5, Temple Israel Portsmouth's Israel Affairs Committee will host a workshop on conducting conversations when opinions are polarized, a highly relevant topic for both Israel and the United States. Sadly, many synagogues avoid discussing Israel because the conversations become too contentious.

The authors of the book *Stories for the Sake of Argument* are Israeli educators who believe that we need to have more arguments, not fewer, but need the tools to talk with people with whom we disagree.



The 10:00 a.m. in-person workshop will meet with Israeli facilitators via Zoom. Participants will buy the book of stories for \$10, to be used in the workshop and in follow-up discussion groups. Book ordering is included with online registration via the website calendar. While the workshop is specifically geared to discussions about Israel, attendees will learn tools to help with any discussion with others whose viewpoints differ.

Please register by October 2.

The committee would like to thank the Temple Israel Cultural Endowment Fund and Rachel Kurshan for making this event possible.

Shanah Tovah

Umetukah!

Wishing you good health, prosperity and happiness in the New Year.

Mayor Joyce Craig



Paid for by Joyce Craig for NH. Patricia Cornell, Fiscal Agent.



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Havdalah on Lake Sunapee

Members of Kol Ha'Emek, Upper Valley Jewish Community (UVJC), along with other Jewish summertime residents of the Upper Valley, celebrated the end of Shabbat on July 22 with an evening cruise on Lake Sunapee in western New Hampshire. Sixty-seven cruisers filled the MV Lake Sunapee II with floating picnics, snacks and beverages and listened to the captain's narration of the natural and social histories of the lake between a summertime soundtrack of rock 'n roll oldies. As the sun began to set, everyone went down to the lower deck where Rabbi Judith Edelstein led the newly formed congregation in a Havdalah service that

observed the US Coast Guard's rules prohibiting the use of open flames on board the ship. Instead, we used electric candles instead of the open flames of traditional Havdalah candles.

We had the good fortune of a break in the seemingly constant rainstorms of this summer and had a clear, sunny evening and a spectacular sunset to accompany our service. It was clearly an occasion of joy to celebrate the end of Shabbat and the beginning of the new week. When we do this again, the only thing we might change would be to have a mix of klezmer and other Jewish music soundtrack for the cruise!



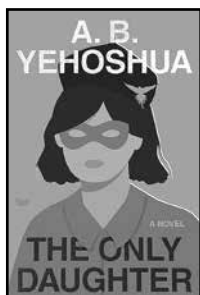
Book Review

Reviewed by Merle Carrus

Book Reviews

Today, we take a look at three novels that spark thoughts of ethical dilemmas and moral decisions. As I started to read these books, I was thinking they were for middle school or teen readers, but it turns out the subject matter is actually great for reading and discussing with your child. The topics are serious and promote discussions of relationships, discussions of right and wrong, good and evil, and life and death.

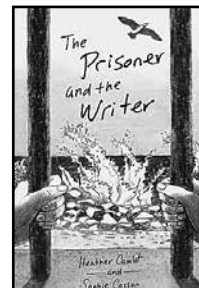
The Only Daughter, written by A.B. Yehoshua, is the story of a young girl living with her parents and grandparents in Italy. Rachele Luzzatto is preparing for her upcoming Bat Mitzvah with an Israeli Rabbi who has come to Italy to teach. She is also being asked to play the part of the "Mother of GD" in the school's Christmas play. The teacher says



Rachele would be perfect for the part because of her skin tone and curly hair. Her father refuses to let her participate in the play. Her maternal grandparents are Catholic, though her grandmother describes herself as "a devout atheist who is nonetheless careful not to sabotage the Jewish faith of her only granddaughter." Her paternal grandfather survived the Holocaust masquerading as a priest. Her father was born as the war was ending in a small Italian village, brought into the world by a Nazi sympathizing doctor, who saved the mother and baby's lives. Running throughout the novel is an interesting thread about the 19th-century Italian novel "Cuore" ("Heart"), by Edmondo De Amicis. This book had special significance in Yehoshua's life and he interweaves the stories in this book to emphasize the points he is trying to impress upon the reader. There are so many topics in this novel to analyze and ponder.

The Prisoner and the Writer is a slim novella that tells the story of Alfred


Dreyfus and the author Emile Zola. In simple language, author Heather Camlot clearly explains the trial of accused Jewish French army captain Alfred Dreyfus, who was wrongly accused of spying. Author Emile Zola reads the newspaper and feels the conviction was unfair. He has to make a decision that Alfred is innocent but it will be dangerous for his reputation and his career to take Dreyfus' side. Beautifully illustrated by Sophie Casson, this book tells about the two men and how their worlds intersect.



Lois Lowry, the author of many books including *The Giver* and *Number the Stars*, has a new book coming out for preteens. *Tree. Table. Book.* is a book about friendship, trust and sharing. A cleverly written plot brings together a young girl Sophie and her elderly neighbor,

Sophie, who share a friendship built on sharing tea and stories. Young Sophie is very scientifically minded and does not have many friends, while her neighbor Sophie is living alone, aging and showing signs of dementia. Sophia's son is planning to move her away to assisted living. Young Sophie wants to test Sophie's cognitive abilities with the Merck Manual. By giving Sophie three words to remember and repeat back, it brings back her memories of growing up in Europe at the outbreak of World War II. This is a wonderful story written very realistically with a young narrator's voice. The Holocaust is written about in an understated way that is easy to read. It is a small part of the story. The main thrust of the plot is how to treat friends with caring and acceptance.





***"Wishing you
and your loved
ones a healthy
and sweet
New Year."***

- Senator Maggie Hassan

PAID FOR BY MAGGIE FOR NH

Film Review

Reviewed by Zach Camenker, NH JFF Steering Committee Member

The Summer Craze of Barbenheimer: How Two Distinctly Different Films with Jewish Connections Have Made Audiences Flock Back to Cinemas

The world of cinema has certainly been hit hard by the pandemic. Streaming, which was on the rise well before we knew what COVID even was, has not made it any easier. Yet the summer of 2023 seems to represent a return to pre-pandemic normal for moviegoing, at least when it comes to the idea that blockbusters can still sweep audiences off their feet and make them flock to the cinema in droves.

The two films currently doing just that could not be more different from each other. Greta Gerwig's take on the classic doll *Barbie* and Christopher Nolan's much anticipated film *Oppenheimer* have taken over theaters nationwide. Many cinemas have even latched on to the nickname "Barbenheimer," a combination of the two film titles, which appears to have been born from fans awaiting the arrival of the two movies. Intriguingly, both of these movies have Jewish connections, one much more at the forefront of the story than the other. But it is worth examining both films from that lens, as well as a critical one and a pop cultural one.

Let me start with *Barbie*, the seemingly simpler of the two that is actually a lot more layered with thematic material than one may think. When I first saw production photos of stars Margot Robbie and Ryan Gosling as Barbie and Ken last fall, I was immediately intrigued by how director Greta Gerwig

would create a cinematic world devoted to the classic Mattel toys. And that is exactly what she has done, albeit with a feminist lens that aligns beautifully with 21st century discussions of gender roles.

The film transports you to "Barbieland," a society with lush pink colors and women ruling the roost. Robbie's Barbie is the "stereotypical" one that we all remember: a thin, blonde girl with a bright smile to boot. She lives alongside the numerous other Barbies while the Kens enjoy surfing and are rather subservient to the women.

An issue with the stereotypical Barbie leads Robbie into the real world, which propels the film's story into its deeper examination of modern themes of gender, class, and labels. It may sound cheesy to some, and it has certainly created some controversy with political undertones among others (sadly inevitable these days), but it actually works for the most part. Robbie and Gosling play Barbie and Ken brilliantly, focusing on the stereotypes of these two dolls all the while portraying the character arcs that Gerwig, through a strong script and lush scenery that makes you believe *you* are in Barbieland, sets out to create. The two leads are joined by a dynamic ensemble



with particularly memorable appearances by the always hysterical Kate McKinnon, America Ferrera, Michael Cera, Will Ferrell, and Rhea Perlman, who gives the film its Jewish connection.

Perlman plays Ruth Handler, the co-founder of Mattel and creator of the Barbie and Ken dolls. Without diving into the specifics of her character in the film itself, Handler is a fascinating person upon further examination. Born as Ruth Mosko (shortened from Moskowitz) in Denver in 1916 to Jewish immigrants from Poland, she married Elliot Handler in 1938. Together, they ran Mattel from the late 1940s until 1975, developing the first Barbie doll in 1959. The Handlers' story could be its own film, yet the inclusion of Ruth in a minor way through Perlman makes the film even stronger in my opinion. While the film does not have any Jewish content beyond Ruth's character serving as a bit part and one brief mention of Judaism in the script to align with some of the societal commentary, it is worth noting that the Barbie doll itself came from a first generation American Jewish woman, revolutionary in her own right.

Oppenheimer certainly has a much different plot and focus on its Jewish content than *Barbie*, largely because of its title character and the fact that World War II is where the majority of the film takes place. The story follows American physicist J. Robert Oppenheimer from his early doctoral studies in the 1920s through his involvement as the lead in the Manhattan Project to the 1950s as his security clearance is called into question.

At three hours long, the film is layered with immense details from Oppenheimer's fascinating career and background. It does not, however, feel bloated or far too long, instead going by at a solid pace. Like many Christopher Nolan films, the first 30 minutes or so is a bit jumbled as it sets up the plot and numerous settings through the decades; once you get past that, it works well. And as interesting as the Manhattan Project is to the film's storyline, perhaps more unique is the deep examination of Oppenheimer himself. A complicated

man with evident personal issues, his brilliance sometimes masks his downfalls. Actor Cillian Murphy does a phenomenal job of portraying these traits, balancing them throughout and becoming the character. Of particular interest to me was Oppenheimer's initial embrace of the Atomic Bomb as a way to potentially combat Nazism, yet his eventual feelings of guilt when he sees the destruction it causes.

The film examines the pop culture of numerous decades beautifully. While the heaviest focus is on World War II, you see 1920s Germany where Oppenheimer completed his doctorate, America and Europe on the brink of the war in the 30s, and hints of McCarthyism in the 50s. This is no small feat yet Nolan accomplishes it, portraying an intensely complicated man, story, and the challenges he felt throughout his life.

While Murphy is certainly a standout, the ensemble, like *Barbie*, is quite strong—with a plethora of recognizable names and faces. Emily Blunt and Florence Pugh do a remarkable job in their portrayal of some of Oppenheimer's women, while Rami Malek, Kenneth Branagh, and Jason Clarke make brief but memorable appearances central to the storyline.

It is Robert Downey, Jr., however, who steals the show in my opinion. His portrayal of Lewis Strauss, an instrumental member of the Atomic Energy Commission, is a master class in acting. He particularly shines in the way he allows his character arc to shift over the decades, highlighted by Nolan's decision to use color and black-and-white photography at different junctures.

As with any Nolan film, *Oppenheimer* is made better by its creative team, which includes an outstanding score, vivid production design and photography, and sound effects that make the era and process come alive.

If you haven't yet caught on to the "Barbenheimer" craze, please do so. Both are strong films in their own ways and deserve to be seen in theatres, particularly *Oppenheimer*, which should be enjoyed on the biggest screen possible. This return to normal has made moviegoing all the better this summer and these two blockbusters will likely be remembered for years to come.

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Chevrah Kadisha

By the Nashua Chevrah Kadisha

The *Chevrah Kadisha* (translation: holy “society”) is a of group of volunteers who lovingly and respectfully prepares Jewish people for burial through the ritual of *Taharah*. It is the greatest mitzvah of all, because it is done out of love, sometimes for strangers, and with no hope of personal gain. Members remain anonymous, and the recipient of their kindness is deceased and so cannot reward them.

Volunteers are needed for this sacred task. *Taharah* takes about an hour. Men perform this ritual for other men, and women prepare other women. The deceased Jewish person is respectfully washed, prayers are said, water is carefully poured over them to purify their body, and they are dressed in plain white garments before being gently placed in their casket. Personal protective gear & training are provided & you will work alongside experienced members of the *Chevrah Kadisha*. It is the great equalizer. We will all arrive at the point of needing

this final loving service, and we will all be buried in the same simple garments and wooden casket.

Chevrah Kadisha members interviewed for this article said that performing *Taharah* is one of the most rewarding things that they do for their fellow Jews and their community. Some members have time to help frequently, and some can only help once in a while due to the demands of work and family. Any help is welcomed.

If you think that you might be able to take part in this most important of all mitzvot, please see the list below for contact information.

L’Shana Tova,
The Chevrai Kadisha of NH

Nashua Chevra Kadisha
Contact: Rabbi Jon at the Temple
Beth Abraham Office 603.883.8184

Chevra Kadisha of Temple Israel,
Portsmouth, NH
Contact: Temple Office 603.436.5301

Chevra Kadisha of Central NH. Serving
Greater Concord and Manchester areas.
Contact: Ruth 603.746.5218
(Landline) or 603.724.1274 (Mobile)

**Chevra Kadisha of Congregation Ahavas
Achim, Keene, NH**
Contact: Daniella 603.933.3259

Crossword Answers

for puzzle on page 14

1	f	o	r	g	i	v	e	2	n	e	s	3	s
	e							e				y	
4	s	h	o	f	a	r		w				n	
	t			5	h	o	n	e	y			a	
	i							e				g	
	v		6	c	h	a	l	l	a	h		o	
7	a	p	p	l	e			r				g	
	l											u	
8	p	o	m	e	g	r	a	n	a	t	e		

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Jewish Journeys

My Israel Experience

By Braeyln Pearl

Having just returned from a one-month trip to Israel, with teens from across the nation, I am beyond grateful for the memories I made, the knowledge I gained, and the lessons I'll remember forever.

From the challenging yet breathtaking hikes, to the delicious food shared with my new close friends, to the ancient historical sites we visited, every day was jam-packed and exciting. While I had my doubts about leaving my family and my home for an entire month, I'm happy to say that Israel proved me wrong in every area. I wish I could have extended my stay for another month so I could have learned more about the history of the land, or even just so I could have done more exploring of nature and wildlife.

Some of my favorite memories are the simplest ones. For example, I have this memory of sitting outside of my small apartment at Kibbutz Ketura on Shabbat watching some of my peers from the trip play soccer with some of the kids who lived on the Kibbutz. While there was an obvious language barrier, we all got along very well and had loads of fun. I look back on this memory fondly,



because of how simply fun it was. There was nothing we had to worry about, no commitments, and—probably most importantly—no parents around.

I also have fond memories of listening to Jeremy, our tour guide, who had a unique ability to make hard conversations (such as Israel's history or the Holocaust) interesting and engaging. There were many times throughout the trip where I was taken aback by Israel's

beauty and diversity. There were also many moving moments that I experienced and will remember forever, one of them being visiting the Western Wall. Visiting the wall on Shabbat was a fulfilling and exciting experience. There were all different types of Jews, from all over, who came to sing and dance and pray together. Being able to participate in that for even just one hour on Shabbat was something I'm glad I was able to

experience, and that I will never forget.

One of the main reasons why I am grateful I was able to go to Israel is because of everything I learned. I learned about wildlife and vegetation growth, I learned about the history of Israel and its modern events, and I learned about ways to combat antisemitism and how to properly inform someone on Zionism. Learning and gaining more knowledge is one of my favorite ways to grow as a person. It was also interesting and informative to be around other people my age who lived Orthodox and/or Reform lives. It was fun to be a part of Israeli culture for a month by simply eating dinner in Tel Aviv on a Thursday night or interacting with small business owners, and trying to pick up some Hebrew. Having grown up in Vermont—where I am often the only Jew in my classroom—I felt a strong sense of community from being in the homeland of Jews, and being surrounded by them. I now feel more connected to Judaism and Jews in general after meeting so many diverse Jews.

And of course, I can't forget to mention—floating in the Dead Sea was pretty amazing. Overall, I am sad to leave Israel, but I am looking forward to my next visit in the future!

Have a Happy and Healthy New Year!

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Autumn Updates from Hadassah

By Michele Bank

Members of the Manchester Chapter of Hadassah met in-person for the first-time post COVID. They were very happy to see each other and to catch up in person. A variety of different Hadassah topics were discussed including Professional Councils and Virtual Programming. Members also discussed several possible fund-raising events for the future, stay tuned. The next chapter meeting will be on Thursday, August 31 at 7PM at 1400 Front Street, Manchester.

One popular topic discussed was the book club. Members agreed to take turns facilitating the discussions. The book chosen for the September 13 meeting is *The Bakers Secret* by Stephen P. Kiernan. This will be a dinner discussion meeting in a local restaurant at 5:00PM. For more

information and to RSVP for this event, please contact Dina Berger at dina-bee45@gmail.com by September 10.

The Manchester Chapter of Hadassah is part of Hadassah Northern New England. At National Hadassah's recent business meeting in Chicago, it was announced that Hadassah Northeast's Advocacy and Action Committee (HAAC) received the June Walker Advocacy in Action Award for 2022. The award acknowledges the series of antisemitism and Zionism programs held by HAAC. If you are interested in learning more about HAAC and upcoming programs, go to Hadassah.org.

On Thursday, September 21 at 7 PM, there will be a *Hadassah Magazine* discussion on zoom: Behind the scenes with Adeena Sussman, author of the best-selling cookbook *Sababa* and Hadassah

magazine's food columnist.

Save the date of Sunday, October 22 to join the Manchester chapter members who will be walking for women's health at the Chestnut Hill Reservoir in Boston. They will be joining other chapters in the region from Hadassah Northern New England, Hadassah Southern New England, and the Boston Chapter. You can sign up to walk with members of the Manchester chapter, create your own team, volunteer, or donate.

Members of Hadassah have access to many interesting and informative 'Hadassah on Call' podcasts. One of the latest episodes is entitled *Secrets to Living Better While Growing Older*. The speaker is Dr. Jeremy Jacobs, chair of the Geriatric and Rehabilitation Complex at the Hadassah Medical Organization. Global studies have identified physical activity, a

good diet, enough sleep, stress reduction, social structure, and faith-based practice as predictors of longevity. In addition to the subject of living longer and better, Dr. Jacobs also talks about how to stave off dementia and mental health issues. He discusses developments in home care, the role of genetics in longevity, polypharmacy and more.

Hadassah membership is only \$36 annually and entitles you to many benefits, including attendance at all the above activities, engaging learning opportunities. Members can sign up for all programming at the website, Hadassah.org. Here, you will discover a plethora of articles to read, videos to watch and podcasts to listen to.

For additional information about Hadassah, please contact Michele.bank@gmail.com.

Israel, Our Jewish Homeland

By Evelyn Miller

The global situation has been very difficult to watch over the past few years. Discontent within countries has been great, borders have been challenged (particularly with war breaking out in Ukraine and in northern African countries), and all around, national world dominance is a hot topic. There seems to be much division and discontent everywhere one turns. And antisemitism, sadly, is on the rise.

As Jews, our focus on Israel is understandable. It is the historical home of the Jewish people and viewed by world Jewry as their safe haven. It is also a young country, in a contemporary sense, that is known to welcome Jews from around the world back to their homeland, promote numerous creative new inventions and startups, have three major religions practiced within its borders, and be the only beacon of a democracy in the Middle East. This democracy is comprised of Jews, Muslims, Christians, Druze, a large secular population, and the largest LG-BTQ population in the Middle East.

SPOTLIGHT ON ISRAEL



So are we surprised this young democracy represents every opinion under the Israeli sun? Israelis love their blue and white flag. They love their democracy. They are now in a momentous debate over different aspects of their democracy.

It is tough to talk about this situation in Israel. No one likes to see so much division. Yet as American Jews, this is what we value in our democracy — this ability to freely speak out. Israel's democracy has proven to be strong and resilient. So no matter how long it takes, the President of Israel, Isaac Herzog, recently declared to the United Nation "I will continue doing everything to reach a broad public consensus, and to preserve, protect, and defend the State of Israel's democracy." This is their internal debate. We wish them the courage and perseverance to come together for all Israelis.



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Recent Events

Kayco Expands Kosher Food Set at Whole Foods, Enhancing the Consumer Experience and Offering New Products

Bayonne, NJ - August 1, 2023 - **Kayco**, in partnership with **Whole Foods**, announces the expansion of its multicultural (Kosher) Foods section across all Whole Foods stores. With a focus on elevating the consumer experience, the updated selection of Kosher Certified products aims to meet the growing demand for diverse, better-for-you and high-quality options.

Recognizing the increasing trend among consumers seeking Kosher Certification as a product attribute, **Kayco** and **Whole Foods** have curated a range of products that cater to a wide variety of preferences. Alongside well-established brands like **Gefen** and **Kedem** (Organic

Grape Juice), and **Manischewitz**, new additions such as **Heaven & Earth** and **Haddar** bring fresh flavors and choices to the assortment.

The new collection includes **Haddar** Sesame Tahini both Plain and Seasoned and **Heaven & Earth** Almond Butter Bites in Coconut Date and Coconut Hazelnut.

Some of the over 50 products on shelves include: **Manischewitz**: Matzo Ball Mix; Chicken Broths; Vegetable Broths; Egg Noodles; Potato Pancake Mix and Matzo Meal and **Kedem**: Grape Juice; Cooking Wines; Whole Wheat Tea Biscuits.

Moreover, **Kayco** now provides Whole

Foods a comprehensive selection of Kosher and gluten-free options, including Gluten Free Matzo, Broth, Candy, Cookies, Noodles, Cooking Wines, and Condiments. This expansion further solidifies Whole Foods as a one-stop destination for those seeking both Kosher and gluten-free products.

With over 50 new items introduced over the past year, the enhanced **Kayco Kosher Food Set at Whole Foods** guarantees a delightful shopping experience for all customers. Whether you have specific dietary requirements or simply appreciate diverse culinary offerings, the expanded assortment is designed to cater to a wide range of tastes and preferences.



OBITUARIES




Elliot Eisenberg

JFNH's Holocaust Survivors and Remembrance Committee mourns the death of Elliot Eisenberg (z"l), who passed away unexpectedly and too soon on August 4, 2023. Elliot's parents survived the Holocaust, and Elliot believed deeply in the importance of Holocaust education, educating the public on the dangers of prejudice, and encouraging people to stand up and speak out against injustice and, above all, in the value of "always looking up to people, no matter who they are." Elliot was an active and devoted member of the committee, generously lending his time, knowledge, and wisdom to the committee and, more broadly, the public. He was a kind and gentle man. We will miss him deeply.

You can hear Elliot tell the remarkable story of his family's survival on JFNH's education page: <https://www.jewishnh.org/resources/education-resources/holocaust>. His obituary is here: <https://www.tributearchive.com/obituaries/28624361/elliott-eisenberg/nashua/new-hampshire/davis-funeral-home-llc>.

May his memory be for a blessing.



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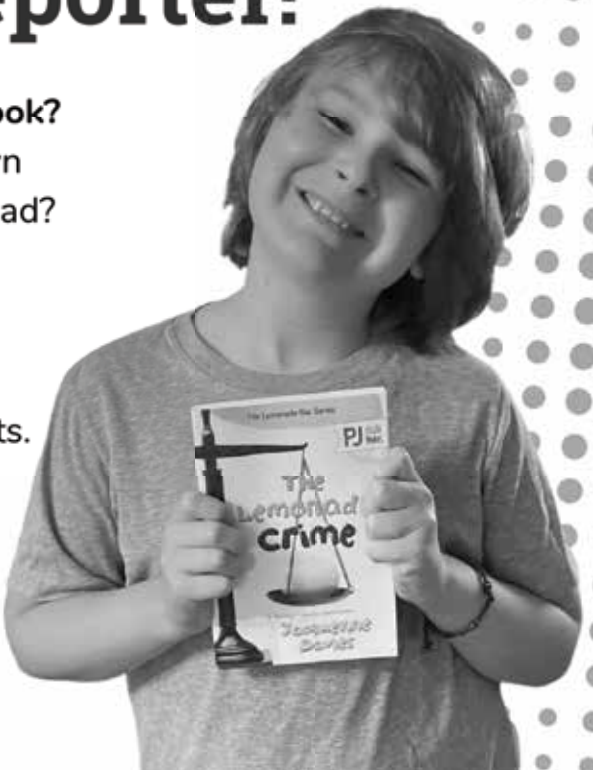
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Linda Soreff Siegel You are a great sister, Aunt, and person – Soreff Nation

In honor of Kristen Underkoffler – Martha Tomanelli

Congratulations Rachel. You are a person most deserving of the award.

Temple Israel has gained so much from your participation over the years, -- Carol and Bob Sternberg

Dear Rachel: Congratulations on your well-deserved Shem Tov award.

Shalom Peace Shalom – Love Maureen and Kenny

In honor of Rachel Spierer; You are getting a much deserved award! We are proud of you because you are one of the members that has kept Temple Israel alive through good times and hard times! Hugs always – Bob and Carol

In honor of my dear friend Jeffrey Crocker on the occasion of his receiving a 2023 Shem Tov Award. – Marc Tieger

In honor of Bobbi Blades – Standing Ovation! – Laurie and Jim Schlosser

In honor of David Goldstone: Grateful that you're here. M'khayil el hayil – may you go from strength to strength.

In honor of Jay Schiff – Isaac Schiff

In honor of all the service Jonathan Baron has participated for TAY. Bud and Natalie are beaming from Above! Terry and I would always share a table with them after services. They made Onegs fun! Congratulations – Elda Cordero-Goodman

Congratulations to our well-deserved Shem Tov awardees! – Linda and Sol Rockenmacher

In honor of Mel and Rachel Spierer for their service to the Federation and Jewish community, and of a great future for the Jewish community of NH. – Sarra and Jonathan

Congratulations to Bobbi! – Irene Buchine

Mazel tov to the most deserved Shem Tov award recipients, particularly our dear Lucy Goodhart! Her dedication and devotion to our shul and community are exemplary. – Geoffrey and Nancy Fages

Kushner-Tumen Family Children's Fund

Andy Kushner, R'fuah Shelma – Fran and Steven Short

To Andy Kushner in honor of your recovery – Love Arlene Fishbein and Leon Cornell

How to submit an obituary

The Reporter publishes obituaries for any member of the community, past or present, for a \$36 fee. Please send obituaries and one photo, if desired, as a separate jpg attachment to thereporter@jewishnh.org or to the office along with payment at: JFNH, 273 South River Road, Unit #5, Bedford, NH 03110.

Simchas

New! B'nai mitzvah, engagement, wedding or new baby in the family? Share your happiness with the community with a notice in the *Reporter's* new *Simchas* section. Your \$36 payment will support JFNH's nonprofit mission. Submit a short notice and photo to thereporter@jewishnh.org or JFNH, 273 South River Road, Unit #5, Bedford, NH 03110.

When submitting a Letter to the Editor, please include your name, town of residence, and contact information. Letters to the Editor must be under 300 words in length to be considered for publication. Send your letter by email to the reporter@jewishnh.org with "letter to the editor" in the subject line.

JFNH Tribute Cards: A Double Mitzvah

Sending a tribute card from the Jewish Federation of New Hampshire is one of the best ways to honor someone for any *simcha*, e.g. birthday, anniversary, bar/bat mitzvah. It is also the perfect way to say "Thank you" or to send your condolences.

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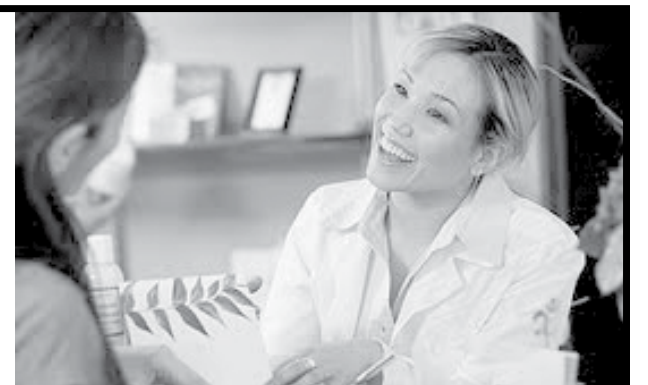
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