IMPORTANT RESOURCES & UPDATES FROM THE JEWISH COMMUNITY OF SAN ANTONIO

The Federation has been in close touch with our community partners and stakeholders, discussing how the Jewish Federation and our integrated community can play a positive role during this challenging time. We are uniquely situated to help people of all ages find the assistance they need and stay connected even in a time of social distancing and isolation.

If you have any questions or needs, please contact us at <u>jewishfederation@jfsatx.org</u>
Or call the Federation Hotline 210-302-6970

City of San Antonio - Updates & Services

https://www.sanantonio.gov/health/news/alerts/coronavirus#281783839-resident-assistance

Unemployment Benefits Information

Are you unsure if you qualify for unemployment benefits? Family Values @ Work and the National Employment Law Project have created a flow chart on Unemployment Insurance and Paid Leave, showing which of these benefits are available to workers and under which circumstances. For help in applying for benefits, the

website, https://www.twc.texas.gov/jobseekers/applying-unemployment-benefits has some useful links and information. For those who continue to have difficulties, please reach out to your state representative.

CLICK HERE FOR A HELPFUL FLOW CHART



H-E-B

Seniors across Texas, age 60 and older, will be able to place orders with Favor using a curated list of products available from H-E-B.

The Senior Support phone line, with volunteers from both companies, will work to accept and process orders over the phone from 9 a.m. to 1 p.m., seven days a week.

To access the Senior Support Line, call **1-833-397-0080**. Seniors can also place their orders on Favor's website, or by downloading the Favor app and searching for H-E-B.

All delivery and service fees are waived for the first 30 days of the program. Further helping Texans, orders will include a \$10 tip, which goes entirely to the Favor runner, who will personally shop and deliver items.

To find out more about the program, visit favordelivery.com/senior.

WHOLE FOODS

Learn more about how Amazon is helping customers get their groceries and place an order at your local Whole Foods store: https://blog.aboutamazon.com/company-news/how-amazon-is-helping-customers-get-groceries

SAN ANTONIO FOOD BANK

MAKE A DONATION TODAY:

The Food Bank will be adding mobile, grab-and-go meals and food distributions daily throughout Southwest Texas to help:

- Seniors, perhaps the most vulnerable population during this outbreak
- Children out of school, and without their normally provided breakfast & lunch
- Working individuals who are facing a loss of work hours due to cut-backs

If you are in need of assistance call us Monday through Friday 8AM-5PM: (210) 431-8326 https://safoodbank.org/cvresponse/

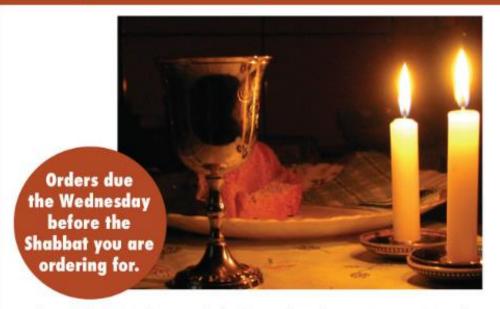
KOSHER MEALS

In addition to the H-E-B at Alon Market, which carries kosher meats and products and Trader Joe's and Whole Foods, you can order Kosher Shabbat meals and items from Linda Wolfe at the Campus:

Contact Linda at lindaswolfe@hotmail.com or by phone 210.573.0711

Kosher Shabbat Dinners to Go

Catered by Linda Wolfe • Campus Kosher Kitchen • 100% Glatt Kosher



Choose from Herb Roasted Chicken w/ Mushroom Sauce OR Brisket with Gravy.

Meals include Vegetable Soup, Roasted Potatoes & Green Beans

w Chocolate Brownie for Dessert!

Challah is Included in all Family Meals/Sold Separately for Individual Meals

For more information or to order: Contact Linda Wolfe at 210-573-0711 • 210-302-6803 • lindaswolfe@hotmail.com • wolfel@thecampustx.org
All meals must be paid in advance. Once your order is placed,
Linda will coordinate curbside pick-up time at the Campus.

Curbside pick-up availability is subject to change based on evolving Covid-19 local information and circumstances.

Delivery options available.



SAJSS - SAN ANTONIO JEWISH SENIOR SERVICES

www.sajss.com | (210) 616-4811

SENIOR RESOURCES PAGE

SAJSS is continuing to be a resource to our seniors. If you would like to volunteer to make outreach phone caseniors, please fill out the volunteer form: https://sajss.com/volunteer and someone will reach out to you as no

If you need assistance or deliveries, the senior request form link is https://sajss.com/requests.

CONNECT HELPLINE: (210) 622-2300 | www.sajss.com/connect

(JFS) JEWISH FAMILY SERVICE

Senior Safety Net Line: (210) 302-6934

Jewish seniors in need of support can leave a voicemail and a member of our social service team will reach out within one business day to discuss the type of food, supplies, services, or assistance that is needed to keep them safe and well.

MEALS ON WHEELS

Because senior citizens are at high risk for contracting this virus, often their safest option is to shelter in place. Meals on Wheels San Antonio needs volunteers and donations to reach them and others: mowsatx.org/coronavirus.

MAZON

Make a gift to MAZON and send an eCard to someone you love.

Honoring your loved ones by supporting MAZON's frontline efforts to ensure that all struggling with hunger have access to the food they need is a meaningful gift at a time when we must be physically distant.





TO QUALIFY, APPLICANTS MUST:

- Be the primary lease or mortgage holder
- Provide proof of hardship
- Meet income requirements

Income Requirements	
Household Size	Maximum Income
1	\$50,400
2	\$57,600
3	\$64,800
4	\$72,000
5	\$77,800
6	\$83,600
7	\$89,300

To apply, call 210-207-5910 or visit SanAntonio.gov/EmergencyHousingAssistance



P.I LIBRARY & P.I OUR WAY

Stay connected to PJ Library San Antonio on Facebook. For virtual activities and resources, please visit https://pjlibrary.org/familyactivities



JEWISH FAMILY SERVICE (JFS)

- Continued services during COVID-19
- Talking to your children
- Managing anxiety and stress

Social Distancing - you don't have to go through this alone.

Jewish Family Service is offering telehealth therapy services in order to support our community in its commitment to wellness.

If you need to talk, call our intake line at (210) 302-6808 or send an email to referrals@jfs-sa.org.

ASK A THERAPIST - new blog posts

Connect on Social Media! JFS is sharing mental health tips and resources daily on social media - Facebook, Instagram, YouTube

JFS has a phone number dedicated to our social service clients and elderly Jewish citizens in need of JFS social services. That number is (210) 302-6934.

Please leave a message, including contact information.

A social worker will be checking that line multiple times per day, returning calls and coordinating services.

SPIRITUAL CONNECTION

Our community is here when you need us. Tune in to services and programs, connect with your congregation, learn about volunteer opportunities & more by contacting San Antonio's synagogues or following them on Facebook. For a list of local synagogues, visit jfsatx.org/community-directory



CONGREGATION BETH AM

Gary Kurzban 210.826.4890 Marianne Kestenbaum 210.493.9654 Marion Bernstein 210.286.7429

Congregation Beth Am will be holding weekly Shabbat services on Zoom at 10 a.m. Those who would like to participate should contact Marion Bernstein at marionintx@gmail.com

- · The official congregation phone number has changed. It is the home phone of Rhoda Rappaport, who is our congregation's bookkeeper: 210.445.3677
- · For updates on the congregation's activities, you may go to: <www.bethamsatx.org

CHABAD CENTER FOR JEWISH LIFE & LEARNING

All weekday and Shabbat Minyanim are suspended until further notice.

YJSA CARES + SUNSHINE CLUB - Sign Up

Give a Jewish senior in San Antonio a call just let them know that you care about them during this trying time and can that you can help them get essentials in a safe way if needed.

CONGREGATION AGUDAS ACHIM

- · Linda Wolfe will be offering meals for purchase. Heintz Preschool is closed as is IPRS. Sammi Mazuz is going to be working on continuing education options for our children.
- · Live stream of Minyan service every morning at 7:30 am on Congregation Agudas Achim Facebook Live. They will also be live streaming Friday night services and Saturday Shabbat service. No one is allowed into the building indefinitely.

Monday-Friday morning at 7:30 AM Friday night at 6:15 PM Saturday morning at 9 AM Sunday morning at 9 AM

CONGREGATION RODFEI SHOLOM

- Daf Yomi and Tehillim Daily at 8:15pm on Zoom
- Weekly Sunday Zoom Class with Rabbi Scheinberg at 10:30 Timely Torah
- Weekly Monday Zoom Class with Rabbi Scheinberg at 12pm -- Parashat Hashvua

For zoom links please contact the Rodfei office at 210-493-3557 or rodfeisa@gmail.com.

For updates, please visit https://www.rodfeisholom.com/

TEMPLE BETH-EL

- Temple Beth-El · Shabbat Services live streamed: https://www.beth-elsa.org/live-streaming/
- · Torah study and committee meetings via zoom (links in weekly email.)
- · Staff working remotely best way to be in contact is email: https://www.beth-elsa.org/our-people/

TEMPLE CHAI

 Temple Chai Shabbat services will be held online via the congregation's YouTube Channel. Visit https://www.templechaisa.org/ for the link