



# SHABBATON 2019

March 1- 3 | Camp Mountain Chai

Dear Parents,

We are very excited that your child will be joining us for the Jewish Federation of the Greater San Gabriel and Pomona Valleys' annual Shabbaton. This weekend Jewish camping program will take place at Camp Mountain Chai in Angelus Oaks, CA, from Friday, March 1, 2019 to Sunday, March 3, 2019.

The weekend's programming will revolve around the theme *Harry Potter and the Search for Identity*. Through this fantasy lens we will be exploring our own identities, looking at how our Jewish identities fit into who we are as a whole, and thinking about what different aspects of ourselves and our communities contribute to the whole identity. By engaging in experiential programs, group activities, and more, the campers will gain a deeper understanding and appreciation of who they are and who they wish to be in the future.

Our counseling staff is composed of high school students, college students, religious school teachers, and parents who are committed to providing your child with a safe and enjoyable Jewish experience.

We will also have a licensed registered nurse with us for the entire weekend. All medications will be administered under the supervision of this medical professional, and if needed, all medical decisions will be made under her guidance. A physician will be on call throughout the weekend. If your child requires medication during the weekend, **PLEASE make sure it is sent in its original package**. The nurse will not administer the medication if it is not in the original packaging.

**In case of an emergency that weekend, you may reach me by calling our emergency cellphone at 626.340.5890. Please do not use this number for anything other than emergencies.** We will be very busy taking care of the Shabbaton participants, so please only use this number for emergencies only. Once all of the campers have arrived up at camp, we will send you an email to let you know. Please also note that this number is only in use during the Shabbaton weekend. If you have any questions before then, please contact at the Jewish Federation office (626.445.0810).

Below you will find a packing list for the weekend. Please also send a white top (shirt/blouse/dress) with your child for Kabbalat Shabbat. With the entire camp wearing white, Shabbat looks even more beautiful at camp. (Please do not feel compelled to go shopping to buy something special for this weekend. If your child does not have a white top, send a light color top and that will be fine.) The weather can be quite cold up in the mountains, but we also spend a lot of time in heated indoor areas, so packing layers is best. We will send information regarding forecast in the week leading up to the trip so that you can pack accordingly. We look forward to a wonderful weekend at camp with your child. It will be a weekend filled with the spirit of learning, the spirit of Shabbat, and the spirit of community.

If you have any questions or want more information, please call the Jewish Federation (626.445.0810) or send me an email at [aheller@jewishsgpv.org](mailto:aheller@jewishsgpv.org).

B'shalom,



**Aaren Heller**  
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## SUGGESTED PACKING LIST

Please label everything and please pack accordingly!

*Remember, this is only a weekend retreat, so the smaller your child's bag is, the better.*

- white shirt (for Shabbat evening)
- pants or skirt (for Shabbat evening)
- pillow and sleeping bag (or sheets and blankets)
- pajamas/sleep wear
- 3 pairs of underwear/undergarments
- 3 pairs of socks
- 2 pairs of pants
- 3 shirts/blouses
- sweatshirt
- hat (for cold evenings)
- jacket (it has been cold the last few years up at the Shabbaton)
- gloves (for cold evenings)
- sunglasses
- sun screen
- toiletries (toothbrush, toothpaste, hair brush or comb, washcloth, soap, deodorant, shampoo)
- towel
- kippah

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### Special Notes:

1. THE CAMP NURSE WILL ADMINISTER ALL MEDICATIONS. **PLEASE DO NOT PACK YOUR CHILD'S MEDICATION IN THEIR BAG.** PLEASE GIVE ALL MEDICATIONS TO THE STAFF AT THE TIME THAT YOU DROP OFF YOUR CHILD.

**ALL MEDICATIONS MUST BE IN THEIR ORIGINAL PACKAGE WITH PRESCRIPTION INFORMATION OR YOUR CHILD WILL NOT RECEIVE THEIR MEDICATION.**

2. During the Shabbaton, we try to provide our campers with a unique Shabbat experience. If a participant brings one or more of the items below with them to the Shabbaton, **the items will be CONFISCATED immediately and will be returned at their designated bus drop-off.**

- Cell Phone
- Tablets
- iPods,
- other electronic devices

Not only are these items not necessary, but they will disrupt the Shabbat experience for everyone.

3. No food is allowed to be brought to the Shabbaton, except for a snack and bottle of water for the bus ride up to camp. Whatever they do not finish, will not be returned.

***Any additional food will be CONFISCATED and immediately THROWN AWAY!***



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## TRANSPORTATION SCHEDULE

Jewish Federation of the Greater San Gabriel and Pomona Valleys'  
3<sup>rd</sup> – 9<sup>th</sup> Grade Shabbaton 2019

<u>Location</u>	<u>Friday, March 1</u>		<u>Sunday, March 3</u>
	<u>Bus Arrives</u>	<u>Bus Departs</u>	<u>Sunday Pick-up</u>
<b><u>Bus #1</u></b> Pasadena Jewish Temple & Center 1434 N. Altadena Dr. Pasadena, CA 626-797-0204 (Weizmann) 626-798-1161, 798-1164 (PJTC)	1:30pm	Approx. 2:00pm	Approx. 1:15pm

Students from:  
PJTC, Weizmann, Temple Beth David, Temple Sinai of Glendale, Temple Beth Israel of HP/ER, and others living in the area

	<u>Friday, March 1</u>		<u>Sunday, March 3</u>
	<u>Bus Arrives</u>	<u>Bus Departs</u>	<u>Sunday Pick-up</u>
<b><u>Bus #2</u></b> Temple Beth Israel 3033 N. Towne Ave. Pomona, CA 909-626-1277	1:30pm	Approx. 2:00pm	Approx. 12:45pm

Students from:  
Temple Beth Israel of Pomona, Temple Ami Shalom, Temple Sholom of Ontario, and others living in the area

	<u>Friday, March 1</u>		<u>Sunday, March 3</u>
	<u>Bus Arrives</u>	<u>Bus Departs</u>	<u>Sunday Pick-up</u>
<b><u>Bus #2</u></b> Temple Beth El 2675 Central Ave, Riverside, CA 92506 (951) 684-4511	2:45pm	3:00pm	Approx. 12:00pm

**NOTE: Families picking up/dropping off kids should go towards the exit closest to Central Avenue so as to not disturb other groups on the campus during those times. Additionally, the facilities will not be open on Friday, so please use the restrooms before you arrive!**

Students from:  
Congregation Emanu-El, Temple Beth El of Riverside, and others living in the area

**NOTE: If you have any transportation problems and cannot reach the contact number listed at the pick-up or drop-off site, please call our emergency cellphone: 626-340-5890**