

Laura Geller

Getting Good at Getting Older

Laura Geller, Rabbi Emerita of Temple Emanuel of Beverly Hills, one of Newsweek's 50 Most Influential Rabbis in America, was recognized by nextavenue.org as a 2017 Influencer in Aging. A Fellow of the Corporation of Brown University, she serves on the boards of Encore.org and the Jewish Women's Archive. She was ordained in 1976, the third woman rabbi in the Reform Movement.

The baby boomer generation transformed society in the '60s and '70s and changed the way the world saw young people. Now, this generation is in our 60's and 70's, and we are challenging assumptions about aging by living longer, being more active than our parents and grandparents, and simply doing things differently as we age. In the process, we are changing the way the world sees older people. Just as *The Jewish Catalog* gave a generation the tools to "take back Judaism from the staid hands of our elders and reshape it for our time," *Getting Good at Getting Older* gives the "young older" an opportunity to discover, in Jewish tradition and culture, the tools, resources, and skills needed to navigate the years between maturity (building careers/raising families) and frail old age, and create a new paradigm for growing older. It brings humor, irreverence, playfulness, thoughtfulness, and more than 4,000 years of Jewish experience to the question of how to shape this new stage of life.

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