

Alex Sternberg

Recipes from Auschwitz

Alex Sternberg is an internationally recognized karate coach, community organizer, Director of Pediatric Pulmonary Function Lab, professor of physiology and public health, and a lecturer of Jewish history, Zionism and anti-Semitism. Alex was recognized as a “Legend of the Maccabiah” for over 40 years of contribution to the Maccabiah Games. He was inducted into the Hall of Fame of USA Karate for lifetime achievement in the growth of USA Karate.

Recipes From Auschwitz tells the compelling story of Hungarian history, suffering, rebirth, and romance, through the eyes of two Jews.

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