

FEDERATION Nfive

Five things to know from the St. Paul Jewish Federation

Unite.Engage.Inspire.
#jewishstpaul

May 8, 2020 /14 Iyar 5780



Stay connected to your [Jewish community online](#). Go to Virtual Jewish St. Paul for meetups, local resources, activities for children, families and adults.

1 TED TALKS: REIMAGINING SUMMER CAMP

I hope you are doing well and staying safe. Safety is of primary importance. The value that Jews place on life requires us to take our well-being and that of others into consideration in every decision we make.



These past two months, individuals, families and organizations have had to make difficult decisions balancing providing services and taking unnecessary risks for the sake of safety. After weighing the risks of opening, many Jewish camps notified parents that they were either postponing or not opening camp this summer. This is heartbreaking for camps that have planned for an entire year to offer young Jews experiences that help them grow personally, physically and Jewishly.

Read
more

2 FEDERATION MAKES \$51,000 IN EMERGENCY GRANT FUNDING AVAILABLE

Federation has announced a \$51,000 emergency relief fund available to St. Paul Jewish community beneficiary agencies and synagogues.

The grants are designed to help local organizations continue to serve our community as they face significant challenges due to COVID-19.

Agencies and synagogues have been invited to submit an application for a grant. Disbursements will be made in the next 30 to 60 days.

The emergency grant funding is made possible by a grant from the Minnesota Council on Foundations and the generous donations of community members to the Twin Cities Cardozo Society fund to support COVID-19 relief efforts.



Emergency grant funding is one of the ways Federation is working on behalf of the St. Paul Jewish community during this uncertain time. Click below to see seven actions Federation has taken to help our community weather this pandemic.

Federation response to COVID-19

3 COMMUNITY HEALING SERVICE

Wednesday, May 13, 7:30 PM

Join with Jews across Minnesota as we open our hearts with prayer, strengthen our faith with Torah, and lift each other with song in this time of pandemic.

Sponsored by Minnesota Rabbinical Association, Minnesota Cantors Association, Twin Cities Jewish Chaplains, St. Paul Jewish Federation, Minneapolis Jewish Federation, Jewish Family and Children's Service of Minneapolis, Jewish Family Service of St. Paul, TC Jewfolk, and Sholom.

Healing Service
WEDNESDAY, MAY 13 | 7:30 PM
Virtually via Zoom

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JEWISH FAMILY AND CHILDREN'S SERVICE OF MINNEAPOLIS | JFS MINNEAPOLIS Jewish Family Service | MINNESOTA RABBINICAL ASSOCIATION | MINNESOTA CANTORS ASSOCIATION | JEWISH CHAPLAINS OF THE TWIN CITIES | ST. PAUL Jewish Federation | sholom

4 RESOURCES FOR YOU

If you are facing challenges brought on by this pandemic, our Jewish community is here for you. We've listed a few resources here related to workplace and career assistance and mental health counseling.

Career assistance:

[Jewish Family Service of St. Paul](#)
[CareerForce Minnesota](#)

Loans for small businesses and nonprofits

Safely returning to work: The Minnesota Department of Employment and Economic Development has published guidance on what returning to work safely looks like for businesses and workers.



Updates from the Minnesota

Department of Labor and Industry: For employers and employees in the workplace and returning to work.

Counseling: [Jewish Family Service of St. Paul](#) offers three free 20-minute phone conversations with a mental health professional. They offer family and individual counseling services, too.

Additional resources

5 YOU CAN STILL GIVE AT HOME AND HAVE YOUR GIFT MATCHED!

Job losses ■ Health crises ■ Isolation and loneliness ■ Economic instability

These are just some of the dire situations community members face due to COVID-19. Your gift to the St. Paul Jewish Federation 2020 Community Campaign helps those most in need during this crisis and into the future. As the central community resource, Federation ensures that our community's response reaches all agencies providing critical services.



Make Twice the Difference Today!

We're doubling increased gifts and gifts from new donors to the 2020 Community Campaign thanks to a \$100,000 Challenge Match donated by a group of generous contributors.

Give today before #GiveAtHomeMN comes to a close tonight at midnight! You can

Please help today

Community News & Events



Take a listen to Rabbi Lynn Liberman discussing the challenges of providing comfort during COVID-19. Rabbi Liberman is the community chaplain at Jewish Family Service of St. Paul. Federation provided the seed funding for the chaplaincy program, which is so meaningful to our community.



Rabbi Lynn Liberman on MPR



**Jewish Medical Ethics: End of Life
Decision Making
Thursdays, May 14 & 21
7 to 8:30 PM**

JFS Community Chaplain Rabbi Lynn Liberman will explore a rich array of Jewish texts on the topic. In the second session, a panel of doctors will discuss real and present issues in our lives today. Sponsored by Jewish Family Service of St. Paul and Hineni.

[Learn more and register](#)



**Half-Day Retreat: Jewish Mindfulness for
Resilience**

Friday, May 15, 9 AM - 12:30 PM

Location: Zoom link

Cost: Set your own fee from \$0-\$36

Leaders: Julie Dean and Sara Lynn Newberger
This morning of Jewish contemplative practices will energize your resilience and give you tools for facing each day. No previous experience is necessary.

[Learn more and register](#)

Please make a gift TODAY