

OTTAWA JEWISH BULLETIN

OCTOBER 29, 2018 | CHESHVAN 20, 5779

ESTABLISHED 1937

OTTAWAJEWISHBULLETIN.COM | \$2

Plaque honouring Lillian Bilsky Freiman dedicated at Army Officer's Mess

BY MICHAEL REGENSTREIF
EDITOR

A large crowd including family members, Jewish community leaders, political and military officials, and a large contingent of Canadian Armed Forces veterans, gathered in the elegant drawing room of Army Officers' Mess at 149 Somerset Street West in Ottawa, October 11, for the dedication of a plaque honouring philanthropist and community leader Lillian Bilsky Freiman (1885-1940).

Also present at the morning ceremony – organized by Parks Canada on behalf of the Historic Sites and Monuments Board of Canada – were representatives of many of the charitable organizations impacted by Freiman's activism and generosity.

The daughter of Moses Bilsky, the first Jew to settle in Ottawa, Freiman married department store owner and Jewish community leader A.J. (Archibald Jacob) Freiman in 1903. The Freimans built their home in 1913 and the mansion became the Army Officers' Mess in 1957.

As Freiman's granddaughter Betsy Rigal, who grew up in the home, and Lt.-Col (Retired) Dan Mackay explained, it was on the dining room table in her home in 1922 that Freiman made the first artificial poppies that quickly came to symbolize Remembrance Day in Canada – a symbol that endures to this day.

Well before she launched the poppy campaign in Canada, Freiman, who became known as "The Poppy Lady," had taken a leading role in supporting



The plaque honouring Lillian Bilsky Freiman is now installed in front of the Army Officers' Mess at 149 Somerset Street West in Ottawa.

soldiers and veterans. As Mackay, a past president of the Army Officers' Mess who now serves as the Mess historian explained, "With the outbreak of war in 1914 Lillian Freiman devoted herself to the welfare of Canada's soldiers. She established a sewing club in her home...

which the Freimans had purchased in 1913. In so doing, she removed her dining room furniture and installed 30 sewing machines. Each day... under the auspices of the Red Cross, women volunteers sewed pyjamas and heavy-lined dressing gowns which later proved

so satisfactory that the pattern was adopted by the American Red Cross. The women who volunteered to do this work did so until the end of the war."

Mackay also noted that Freiman opened her home every weekend to Jewish soldiers from the Rockcliffe Camp. "These soldiers in turn brought their gentle friends as well, and all enjoyed a weekend where they could relax and take part in various entertainments throughout the war years."

From the soldiers, Freiman learned of the problems experienced by returning veterans leading her to help establish the Great War Veterans Association, the forerunner of the Canadian Legion. In 1933, Freiman became the first woman made an honorary life member of the Legion.

Within the Jewish community, Freiman was best known as the founder of Canadian Hadassah-WIZO (CHW), the country's largest Jewish women's organization. Freiman served as CHW's national president from its founding in 1919 until her death in 1940.

Among her many honours, in 1934, Freiman became the first Jewish Canadian to be awarded the Order of the British Empire.

The federal government was represented at the ceremony by MP Stéphane Lauzon, parliamentary secretary to the minister of Veterans Affairs and associate minister of National Defence.

"On behalf of the government of Canada, I am pleased to commemorate the national historic significance of Lillian

See Freiman on page 2

inside:

Former cabinet ministers honoured for combatting anti-Semitism > p. 2

Debbie Halton-Weiss on Holocaust Education Month > p. 6

Breast cancer gene mutations in Ashkenazi Jewish women > p. 17



Welcome to the big league.
The Audi Q7.

Audi Mark Motors of Ottawa
295 W Hunt Club Rd.
613-723-1221

Audi Ottawa
458 Montreal Rd.
613-749-5941

Freiman: Plaque dedicated

Continued from page 1

Bilsky Freiman, whose lifelong dedication to helping others through social activism and community service had a real and direct positive impact for the lives of thousands of Canadians. I encourage all Canadians to learn more about Lillian Bilsky Freiman and her important place in our country's history," said Lauzon.

The plaque honouring Freiman can now be seen in front of the Army Officer's Mess.



MICHAEL REGENSTREIF

Betsy Rigal, Lillian Bilsky Freiman's granddaughter, speaks at the ceremony dedicating a plaque in honour of her grandmother, October 11, at the Army Officers' Mess.



Lillian Bilsky Freiman

Former cabinet ministers honoured for combating anti-Semitism

BY MATTHEW HORWOOD

Two former federal cabinet ministers from Ottawa – the late Mauril Bélanger and John Baird – received the Raoul Wallenberg Citation for Moral Courage in the Face of Anti-Semitism in a ceremony held, October 17, at the National Holocaust Monument.

It was the third annual presentation hosted by the Wallenberg Citation Initiative. The award – named for a Swedish diplomat who saved thousands of Jews from the Holocaust and who disappeared after being taken into custody by Soviet authorities in 1945 – recognizes “outstanding individuals (or groups) who stand up to and speak out against anti-Semitism in Canada and the world.”

“We are here today for an important purpose, and I believe our purpose will be a memorable experience for all of us,” said Daniel Stringer, co-founder of the Wallenberg Citation Initiative and MC of the event.

The 2018 national citation was presented posthumously to Bélanger, the Liberal MP who represented Ottawa-Vanier and served as minister of internal trade under prime minister Paul Martin, and who proposed the bill changing Canada's national anthem to be gender neutral. Lawrence Greenspon, who spoke “not as a lawyer, but as Mauril's friend,” presented the award to Bélanger's wife, Catherine.

The 2018 international citation was presented by Rabbi Reuven P. Bulka to John Baird, the former Conservative MP for Ottawa West-Nepean who served as minister of Foreign Affairs from 2011 to 2015. Rabbi Bulka said it was a “personal thrill” to be able to present the award to “one of my heroes.”

“John changed the discourse in foreign affairs. This was principled leadership of standing up to – and calling out – the modern incarnations of



MATTHEW HORWOOD

(From left) Rabbi Reuven P. Bulka, John Baird, Daniel Stringer, Catherine Bélanger and Lawrence Greenspon gather at the National Holocaust Monument following a ceremony presenting the Raoul Wallenberg Citation for Moral Courage in the Face of Anti-Semitism to Baird and the late Mauril Bélanger, October 17.

“We have seen the metamorphosis of traditional anti-Semitism that targets the individual Jew, to anti-Semitism that targets the Jewish state,” Baird said.

Holocaust deniers,” Rabbi Bulka said. “Not only did he do this with regards to defending Israel, but he also did it with regards to defending human rights.”

In accepting the award, Baird spoke at length about his grandfather, who fought in Europe during the Second World War.

“That generation understood the great struggle of needing to be morally sound and morally strong. But regrettably, those struggles aren't over,” he said.

“We have seen the metamorphosis of traditional anti-Semitism that targets the individual Jew, to anti-Semitism that targets the Jewish state,” Baird said. “We need moral clarity, and standing up for Israel is just the right thing to do.”

Also participating in the ceremony were author Fred Litwin, who spoke hopefully about a world without anti-Semitism, violinist Ralitsa Tcholakova, who played for the audience, and Cantor Pinchas Levinson, who led the singing of “O Canada.”

Benita Siemiatycki
Sales Representative, BA, MA



Direct: 613.612.6779
Office: 613.725.1171
benita@royallepage.ca
www.homesbybenita.ca



Service, Knowledge & Integrity
You Can Trust

ARE YOU TRAVELLING SOUTH FOR THE WINTER?

DO YOU HAVE TRAVEL AND HEALTH INSURANCE?

I would be happy to meet with you to discuss your insurance needs and ensure that you are covered.

DOUG KNOX

Serving Clients Throughout Ontario

dougknox@sympatico.ca 1-647-284-2937

MEMBERS' MEETING

Jewish Federation of Ottawa

November 20, 7pm @ SJCC

Open to the Public – everyone welcome.

Info: Bedy Israel at bisrael@jewishottawa.com

Stay informed on key issues!



Our community. Our responsibility. Our future.
jewishottawa.com | #JFedOttawa | JewishOttawa



Michael Berenbaum to speak about Kristallnacht at Holocaust Education Month launch

BY MATTHEW HORWOOD

Michael Berenbaum will deliver the keynote address launching Holocaust Education Month in Ottawa. The event, marking the 80th anniversary of Kristallnacht, will take place on Wednesday, November 7, 7 pm, at Kehillat Beth Israel.

Berenbaum is a rabbi, professor, writer and filmmaker who specializes in the study of the Holocaust. He was deputy director of the U.S. President's Commission on the Holocaust in 1979-1980 and played a leading role in the creation of the United States Holocaust Memorial Museum. He served as the museum's project director between 1988 and 1993.

The title of Berenbaum's lecture is "Kristallnacht: The End of the Beginning and the Beginning of the End."

Kristallnacht, the "Night of Broken Glass," was an anti-Jewish pogrom that took place on November 9-10, 1938, carried out by paramilitary forces and civilians, while authorities looked on. Jewish homes, hospitals, and schools were ransacked and demolished with sledgehammers, as were more than 100 synagogues and over 7,000 Jewish businesses throughout Germany, Austria, and the Sudetenland.

The Nazis also imposed a fine of one billion Reichsmarks on the Jewish community and barred them from collecting insurance for the damages.

In an interview with the Ottawa Jewish Bulletin, Berenbaum said after the attacks, Jews in Germany were excluded from all businesses and schools, and "had increased discrimination all the way through."

During this time, according to Berenbaum, the Nazis also decided the violence against Jews could not be spontaneous as it was during Kristallnacht; it had to be planned in advance.

"Ironically, Jews were temporarily 'safer' on German streets, but the government and its agencies became more lethal in a planned and systematic way, all done within the parameters of the law," Berenbaum said. He said Kristallnacht was as a turning point in the evolution of Germany's policy towards Jews.

While the international community expressed outrage about Kristallnacht and condemned it, Berenbaum said it "didn't mean they were willing to do anything about it, as the idea of receiving Jewish refugees did not catch on."

Thinking about what Kristallnacht and the Holocaust have to teach us



Michael Berenbaum, who helped create the U.S. Holocaust Memorial Museum, will be keynote speaker at the launch of Holocaust Education Month in Ottawa, November 7.

"I think we have to understand the importance of freedom of religion, tolerance, pluralism and democracy, as well as respect the plight of refugees and understand our responsibility to protect human dignity and decency."

about today's world, Berenbaum said, "I think we have to understand the importance of freedom of religion, tolerance, pluralism and democracy, as well as respect the plight of refugees and understand our responsibility to protect human dignity and decency."

The event is presented by the Centre for Holocaust Education and Scholarship (CHES) at Carleton University's Max and Tessie Zelikovitz Centre for Jewish Studies. CHES Director Mina Cohn invited the community to come to "mark this important night."

Cohn said of special interest this year will be the inclusion of a performance by classical violinist Niv Ashkenazi on a violin that was salvaged from the ashes of the Holocaust and refurbished in Israel. She said the Violins of Hope are "unique objects that reflects the Jewish culture before the Holocaust and the suffering and survival of those who played on them during the Holocaust."

Admission to the Holocaust Education Month launch event is free of charge.

November 2018

Film
November 18
4 - 6 pm
Arrive Early - Limited Seating

The Council Chambers Room
Ben Franklin Place
101 Centrepointe Dr.

In November 1940 a secret band of journalists, scholars and leaders vowed to defeat Nazi lies and propaganda not with guns or fists but with pen and paper; and risked everything so that their archive would survive the war, even if they did not.

Executive Produced by Nancy Spielberg

Q&A with film participant Professor Jan Grabowski will follow the screening.

RESISTANCE COMES IN MANY FORMS.

WHO WILL WRITE OUR HISTORY

Jewish Federation of Ottawa Events for HOLOCAUST EDUCATION MONTH
Presented by the Shoah Committee of the Jewish Federation of Ottawa.

Professor Amos Guiora
Author and Speaker
November 28
7 pm

Soloway JCC
21 Nadolny Sachs Pvt.

Copies of the author's book "The Crime of Complicity: The Bystander in the Holocaust" will be available for purchase.

Amos Guiora is a dynamic Israeli-American law professor and child of Holocaust survivors. A compelling speaker, Professor Guiora discusses the bystander-victim relationship from a deeply personal and legal perspective, focusing first on the Holocaust and then exploring cases of sexual assault in contemporary society.

Events are free • Information: Lindsay at lgottheil@jewishottawa.com

Our community. Our responsibility. Our future.

jewishottawa.com | JFedOttawa | JewishOttawa

November is Holocaust Education Month

Wednesday, October 17
4 - 5 pm

Award Ceremony

The Wallenberg Citation Initiative 3rd annual ceremony for Moral Courage In The Face Of Anti-Semitism. 2018 National laureate, presented posthumously, to Hon Mauril Belanger, former honorary Speaker of the House of Commons. 2018 International laureate is Hon John Baird, former Minister of Foreign Affairs for Canada. Rabbi Reuven Bulka will offer welcoming comments.
Contact: Daniel Stringer at 613-218-1431
Location: National Holocaust Monument on the corner of Wellington and Booth.

Thursday, October 18
6 - 9 pm

The Power of Free Spirit

Concert and exhibit commemorating 75th anniversary of the saving of the Bulgarian Jews during Second World War. The concert, "Hebrew Melody", consists of music by Jewish composers as well several Yiddish songs. Cost \$15
Contact: Ralitsa Tcholakova at 613-797-1293 or arsuniversalis@gmail.com
Location: Shenkman Arts Centre 245 Centrum Blvd.

Saturday, October 27
7 - 9 pm

Memoir as a Genre of Canadian Holocaust Literature

Opening panel featuring survivor author Nate Leipziger, managing editor Arielle Berger and educator Stephanie Corazza, reflects on the process of writing and producing Holocaust survivor memoirs and the ways in which this genre serves as a foundation for Holocaust education. Registration is required. See website** for link.
Location: 21 Nadolny Sachs Pvt.
Sponsor: Soloway JCC and the Vered Jewish Canadian Studies Program at the University of Ottawa.

Sunday, October 28
9 am - 7 pm

Full day of panels on Canadian Holocaust Literature (continued from Oct 27 event)

Conference organizers: Rebecca Margolis (University of Ottawa), Seymour Mayne (University of Ottawa), Ruth Panofsky (Ryerson University)
Open to the public but advance registration is required.
Contact: Rebecca at rmargoli@uOttawa.ca
Location: Library and Archives Canada, 395 Wellington St.
Sponsor: University of Ottawa, Ryerson University, The Azrieli Foundation, Library and Archives, the Soloway Jewish Community Centre.

Saturday, November 3 • 7-9 pm

Sunday, November 5 • 3-5 pm

Community Culture Show

"Ho Feng-Shan, Righteous Among the Nations" primarily in English with subtitles in Chinese and English. Based on the true story of Dr. Ho Feng-Shan, the Chinese consulate in pre-WWII Vienna who issued thousands of visas to help Jews escape to Shanghai from Nazi Germany. The show includes Chinese and Jewish performances - singing, dancing, live music and martial arts.
Location: 4 Thorncliff Pl.

Sunday, November 4,5
12:30 pm - 4 pm

Pop-Up Museum - "Let the Artifacts Speak: Returning Humanity to Holocaust Victims"

The Zelikovitz Centre for Jewish Studies, Temple Israel Religious School, and the Centre for Holocaust Education and Scholarship, are collaborating to create a Pop-Up Museum for Ottawa families. Submissions welcome.
Location: Temple Israel, 1301 Prince of Wales Dr.

Monday, November 5

Lecture by Dr. Robert Ehrenreich of the United States Holocaust Memorial Museum

The Pop-Up Museum will also be open from 6:30 - 8:30 pm on November 5 and will be followed by a public lecture (suitable for adults and mature teens) at 7:30 pm. Dr. Ehrenreich will discuss how personal items can turn the huge numbers of victims back into individuals and return their humanity.
Location: Temple Israel, 1301 Prince of Wales Dr.

Tuesday, November 6

7:30 - 9 pm

Malca Pass Library Book Discussion Group

"The Book Smugglers" will be reviewed by Susan Landau-Chark; group discussion will follow. In partnership with CHES, Centre for Holocaust Education and Scholarship
Contact: Maureen Kaell at 613-224-8649 or mkaell@rogers.com
Location: Kehillat Beth Israel, 1400 Coldrey Ave.

Wednesday, November 7

7 - 9 pm

80th Anniversary of Kristallnacht: What Shards Remain? HEM launch event

Keynote address: Kristallnacht: The End of the Beginning and the Beginning of the End by Dr. Michael Berenbaum, one of the founders of the Holocaust Memorial Museum in Washington. Special performance by classical violinist Niv Ashkenazi playing a violin miraculously salvaged from the ashes of the Holocaust and restored by Israeli luthier Amnon Weinstein. A program of the Centre for Holocaust Education and Scholarship in cooperation with Kehillat Beth Israel Synagogue.
<http://www.carleton.ca/ches>
Location: Kehillat Beth Israel, 1400 Coldrey Ave.

Thursday, November 8

7 - 9:30 pm

The MS St. Louis - A shameful moment in North American history

In connection with the Government of Canada's official apology for turning away the MS St. Louis, a ship carrying 907 German Jews fleeing the Nazi regime in 1939, OTC presents a screening of award-winning documentary "Complicit", The Voyage of the MS St. Louis - A shameful moment in North American history. A discussion with film director Robert M. Krakow and live Q&A with four surviving passengers will follow. Cost \$15
Contact: Rabbi Blum at 613-843-7770 or info@theotc.org
Location: Ottawa Torah Centre Chabad 111 Lamplighters Dr.

Wednesday, November 10
6:30 pm

Music of the Holocaust performed by the German National Youth Orchestra

Under the sponsorship of the German Embassy, and in cooperation with the Centre for Holocaust Education and Scholarship. Free. Please RSVP.
Contact: Myka Kelly Lynn at 613-780-1529
Location: Southminster United Church, 15 Aylmer Ave.

Sunday, November 18

4 - 6 pm

"Who Will Write Our History" Film

Presented by the Shoah Committee of the Jewish Federation of Ottawa Executive. Film produced by Nancy Spielberg, Q&A with film participant Professor Jan Grabowski will follow the screening. In November 1940, a secret band of journalists, scholars and community leaders decided to fight back, not with guns or fists, but with pen and paper. Free event - arrive early - limited seating
Contact: Lindsay Gottheil at 613-798-4696 x355 or lgottheil@jewishottawa.com
Location: The Chamber Room, Ben Franklin Place, 101 Centrepointe Dr.

Sunday, November 25

2 - 4 pm

"Forbidden and Forgotten" Concert

Leah Roseman and Dina Namer play rediscovered music that was forbidden by the Nazis during the 30's and 40's; a concert of duos for piano and violin. Cost \$20. Free parking. Wheelchair accessible. Children under 12, free.
Contact: Patsy Royer at 613-233-3099 or pmroyer@gmail.com
Location: Temple Israel 1301 Prince of Wales Dr.

Wednesday, November 28

7 - 9 pm

Author Amos Guiora: The Crime of Complicity

Presented by the Shoah Committee of the Jewish Federation of Ottawa. A compelling speaker, and child of Holocaust survivors, Professor Guiora discusses the bystander-victim relationship from a deeply personal and legal perspective, focusing first on the Holocaust and then exploring cases of sexual assault in contemporary society. Free event. Copies of his book will be for purchase and signing.
Contact: Lindsay Gottheil at 613-798-4696 x355 or lgottheil@jewishottawa.com
Location: Soloway JCC, 21 Nadolny Sachs Pvt.

Thursday, November 29

4:30 - 9 pm

Teachers' Workshop: Exploring the Complexities of Kristallnacht.

Facilitator and keynote speaker: Leora Schaefer. Presented by the Centre for Holocaust Education and Scholarship in cooperation with Facing History and Ourselves. Register by Nov 15. Free parking, light supper.
Location: Temple Israel, 1301 Prince of Wales Dr.

Thursday, November 29

4 - 6 pm

"Kristallnacht: An After History" by Dr. Helmut Walser Smith,

Martha Rivers Professor of History at Vanderbilt University. Sponsor: Department of History, Carleton University, EURUS, the Zelikovitz Centre, and the Centre for Holocaust Education and Scholarship
Contact: jennifer.evans@carleton.ca
Location: Discovery Center, Room 482 MacOdrum Library, Carleton University.

For information related to Holocaust Education Month events, please contact CHES at chesatcarleton@gmail.com or call 613-695-9700 or 613-520-2600, ext. 1320



Our community. Our responsibility. Our future.

jewishottawa.com JFedOttawa JewishOttawa

**Please visit our website at jewishottawa.com/HEM for full details and updates on all events.

Fund to benefit prion disease research honours memory of Alana Bodnoff Perelmutter

BY LOUISE RACHLIS

‘We always said that ‘Alana’s one in a million,’” said Doreen Arnoni, “and ironically [the chance of someone contracting] Creutzfeldt-Jakob disease (CJD) is one in a million.”

Doreen’s daughter, Alana Perelmutter Bodnoff, died July 17 at age 54, after a battle with CJD, a form of prion disease that affects humans.

To honour Alana, her mother and sister Shari have created the Alana Bodnoff Perelmutter Fund for Prion Disease Research with the Ottawa Jewish Community Foundation. Alana’s father-in-law, Lewis Perelmutter, also made a generous contribution to the fund.

“While Alzheimer’s disease is the most common cause of dementia, there are many other dementia-causing diseases that share something in common,” said Dr. Valerie Sim of the University of Alberta, whose research the fund will benefit.

“They are associated with a protein that folds into the incorrect shape and then templates itself onto like proteins, spreading through the brain, killing brain cells... The fastest type of protein-folding dementia is prion disease, which includes CJD... At present there are no cures for any of these dementias... [so] it is vital to study prion disease. Even though prion diseases are rare, they are highly transmissible (unlike the other dementias) and so can be faithfully induced in a variety of research models. With these rapid and



Alana Perelmutter Bodnoff died at age 54 from Creutzfeldt-Jakob disease, a rare disease that affects about 100 Canadians per year.

accurate disease models, prion researchers have been identifying features that allow a protein to become disease-causing, and these insights are informing work on the more common protein folding dementias,” said Sim.

When her symptoms began at age 51, Alana and her mother went to a few early-onset Alzheimer’s support group meetings.

“Seeing the condition of the others, I said ‘there’s no way it was early-onset Alzheimer’s,’” said Arnoni. “Dr. Andrew Frank, Alana’s neurologist at Bruyère, ordered genetic testing, referring her to

Dr. David Dymant at CHEO. The genetic testing determined what her illness really was. They tested her twice, because they didn’t believe it the first time.”

As a former physical education teacher who, her mother said, had been “a picture of health for so long,” Alana initially denied the signs of a growing problem. “The athlete denied the tremors in her limbs. The amazing memory suddenly needed the GPS to find her way home,” said her mother.

“The diagnosis of early-onset Alzheimer’s came in November 2015. That was when our journey together really began. If we thought Alzheimer’s was devastating, it was nothing compared to what came later... That one in a million, fatal disease with a general prognosis of one year. If she was afraid, she showed no fear. If she suddenly fell, she laughed. Yes, there were difficult times but before they began in earnest, I was able to take her to the Dominican Republic for a wonderful week of fun and laughter.”

They also spent time in Wilmington, North Carolina with her sister Shari. Shortly afterward, Alana came to live with Doreen and her husband Ariel. “Every morning she would come to the breakfast table with a smile and say ‘I love living here with you guys.’”

However, by October 2016, it became obvious that without help her mother could no longer take care of Alana. She entered Longfields Manor, a long-term care home in Nepean, with “not a word of protest, just acceptance.”

“She soon found a special place in

the hearts of all the staff. Her smile warmed every heart and when finally all speech was lost, she continued to communicate with those beautiful, expressive eyes,” said Doreen.

Her five devoted caregivers were lovingly called “Alana’s Angels.” Cousins and friends frequently came by as well, as Alana “brought light and a smile to everyone in these last years. She touched so many lives. She was surrounded by love and she knew it.”

There were three important points Doreen wanted stress in speaking with the Ottawa Jewish Bulletin: the strength and personality of her daughter who “touched so many lives”; the fund and the important research it will benefit; and the importance of volunteerism.

“How can you be aware of a disease that only 100 people in Canada get in a year?” she asked. “Awareness is so important.”

Doreen still goes twice a week to volunteer in the dining room at Longfields Manor. “Volunteerism should be based on need,” she said. “The PSWs need volunteers. Mealtime is very, very important. Alana was never alone at mealtime from day 1. One of the reasons she lived so long after the original diagnosis was the care and the love she received. I am thankful for every wonderful day I was privileged to spend with this amazing woman.”

To make a donation to the Alana Bodnoff Perelmutter Fund for Prion Disease Research, call the Ottawa Jewish Community Foundation at 613-798-4696, ext. 274.

Fred Litwin: No longer a JFK conspiracy freak

BY MATTHEW HORWOOD

Conspiracy theories about the assassination of John F. Kennedy have proliferated for more than a half-century since the murder of the U.S. president on November 22, 1963.

In his latest book, *I was a Teenage JFK Conspiracy Freak*, Ottawa author Fred Litwin recounts how he became interested in conspiracies surrounding the assassination and how he eventually came to the realization that Lee Harvey Oswald was the lone assassin and that there was no cover-up. He also writes about how the “left and right have used the JFK assassination to drive home myths about power in America.”

In an interview with the Ottawa Jewish Bulletin, Litwin said he first became interested in JFK conspiracy theories after watching an episode of Geraldo Rivera’s TV show, when the Zapruder

film – one of the most complete films of Kennedy’s assassination – was shown for the first time.

When Litwin saw the film, he recalled noticing that Kennedy’s head went “back and to the left, which was sort of indicative of a shot from the front,” which inspired him to conduct research at the library.

At first, the only books Litwin could find on the subject were “conspiracy books and the Warren Commission Report.” But in 1975, Litwin received JFK autopsy X-rays and photographs from two doctors, John Lattimer and Cyril Wecht, both of whom concluded that Kennedy had been shot from behind, and his head may have jerked forward because of a “neuromuscular spasm causing involuntary muscle movement.”

“Eventually I started reading more of the evidence of the House Select Com-

mittee on Assassinations, and that convinced me that there was no conspiracy and Oswald acted alone,” Litwin said.

One chapter in Litwin’s book deals with Oliver Stone’s film, “JFK,” which Litwin says is “the most homophobic

film in history.” The movie was based on the trial of Clay Shaw, a gay man who was prosecuted by New Orleans District Attorney Jim Garrison for supposedly being involved with the CIA

See Litwin on page 14

Hulse, Playfair & McGarry

FUNERAL SERVICES

Serving your community since 1925

613-233-1143 www.hpmcgarry.ca

Click and stay connected with us

FEDERATION
REPORT



DEBBIE HALTON-WEISS
SHOAH COMMITTEE

November is Holocaust Education Month

The kids related to the play beyond any measure we expected, identifying with the protagonist, a teenaged girl, who had lost friendships, freedom, and the lives of loved ones, based purely on her being Jewish.

were properly organized according to the needs of the production company. During that visit, we hoped we had chosen the right venue to show this play, but were unsure if it would truly resonate with this student body. The hallways were filled with kids from diverse backgrounds, many of whom were new Canadians and whose first language was not English. When we asked the vice-principal if these teens' curriculum included any Holocaust education, she was unsure, and thought, for many of them, this might be their first exposure.

But we were all blown away. The kids related to the play beyond any measure we expected, identifying with the protagonist, a teenaged girl, who had lost

friendships, freedom, and the lives of loved ones, based purely on her being Jewish. The questions they asked at its conclusion were insightful, and could have gone on for much longer than the time we had allotted. The chair of the Ridgemont Parents Council, a Muslim woman, was so touched that she has offered to help our committee promote Holocaust education in any way she can.

The committee has decided to bring the play to Woodroffe High School next spring and we look forward to another successful experience.

In honour of Holocaust Education Month, the Shoah Committee is proudly presenting two exceptional events in November.

When Nancy Spielberg spoke at the Jewish Federation of Ottawa's Annual Campaign kickoff in 2016, she mentioned she was producing a new documentary about the Warsaw Ghetto. This recently-released film tells the story of historian Emanuel Ringelblum, who led a clandestine group of community members to document their lives in the ghetto from a Jewish perspective and defeat Nazi lies and propaganda. That these documents were found years later,

in the ghetto's rubble, is a miraculous story. We will present this film, "Who Will Write Our History," at Ben Franklin Place on Sunday, November 18, 4 pm. Tickets are free, but seating is limited.

We are excited to bring Professor Amos Guiora to Ottawa to speak about his latest book, *The Crime of Complicity: The Bystander in the Holocaust*, on Wednesday, November 28, 7 pm, at the Soloway Jewish Community Centre. A world-renowned speaker, Guiora served in the IDF for 19 years and was directly involved in the implementation of the Oslo peace process.

If one is a bystander and witness to a crime, should intervention to prevent that crime be a legal obligation, or is moral responsibility enough? Guiora, a child of Holocaust survivors, explores these questions and the bystander-victim relationship from a deeply personal and legal perspective focusing on the Holocaust and then exploring cases of sexual assault in contemporary society.

The calendar of events taking place during Holocaust Education Month is on page 4. We hope you can take advantage of some of these excellent programs.

A very memorable moment for me in 2018 was representing the Shoah Committee and introducing the production of "My Heart in a Suitcase" to a packed auditorium of students from Grades 8-10 at Ridgemont High School. At its conclusion, over 600 students, plus their teachers spontaneously rose from their seats, many in tears, with a standing ovation.

The Shoah Committee decided to bring this play in from New York, with the support of a generous donation from Miriam and Michael Leber. Members of the committee visited the school in advance to make sure things

FROM THE
PULPIT



RABBI HOWARD FINKELSTEIN
BEIT TIKVAH

Miracles and thanks

ing and touching, were performed over and over again by all kinds of people: neighbours, strangers, friends and others. An important element is what is called *Hakarat Hatov*, acknowledgement of that which is good, which is necessary to cite.

First, and foremost, thank God there were few injuries in Ottawa, although the story was not the same in Dunrobin. The City of Ottawa did an outstanding job in cleaning up the debris, and bringing some sense of normality to its residents who suffered. In our community, a number of thank-yous must be expressed.

Rabbi Michael Whitman of Congregation Adath Israel in Hampstead, a Montreal suburb, with help of other rabbis and community leaders in Montreal, brought to the Craig Henry area large supplies of food and other commodities for residents of this area. The Orthodox Union was also instrumental in assisting Rabbi Whitman. The rabbi was a messenger of mercy and assistance for my community, and we are appreciative of his services. I have known Rabbi Whitman for over 20 years and he is a true Baal Chesed. May Hashem bless him and his family.

Congregation Beit Tikvah, even without power for close to five days, was able to provide hot meals for our

congregants on the first two days of Sukkot. Close to 300 people benefitted from this overture. Many congregants and others took people into their homes until that which was destroyed or damaged could be replaced.

We must thank the Jewish Federation of Ottawa, under the leadership of Andrea Freedman, which provided an important and considerable amount of funding to the Ottawa Kosher Food Bank to enable it to continue its holy work feeding those who are needy in the community. May Hashem bless the efforts of Federation in continuing to serve our Jewish community and institutions.

I thank all of the volunteers who helped ease the pain of those who suffered. I apologize for not mentioning them by name, as I might miss a few. Hashem will indeed bless all of their efforts. I also thank the many members of the rabbinate in Ottawa who reached out to me, offering their help and services.

On the Shabbat immediately following the tornado, my congregation collectively recited the blessing of Hago-mel, in which we thank God for escaping and averting traumatic events. We came together as a community in time of need. May our spirit of community continue to inspire our lives.

As I write, residents of Ottawa and Dunrobin who were hit by tornadoes just before Sukkot are assessing the damage to their homes and are in the process of rebuilding. Many families were affected by this traumatic event, including a large number of families from the Jewish community. Although Congregation Beit Tikvah, thankfully, did not suffer from any damage to our facility, congregants and others who live within walking distance of the shul were not so fortunate. Scenes of fallen trees and damaged homes stand out in my mind, and in the minds of others.

But, there is a flip side to this event. The coming together of community, the acts of chesed that were so amaz-

OTTAWA JEWISH BULLETIN

VOLUME 83 | ISSUE 2

Ottawa Jewish Bulletin Publishing Co. Ltd.
21 Nadolny Sachs Private, Ottawa, K2A 1R9
Tel: 613 798-4696 | Fax: 613 798-4730
Email: bulletin@ottawajewishbulletin.com
Published 19 times per year.
© Copyright 2018

PUBLISHER
Andrea Freedman

EDITOR
Michael Regenstreif

PRODUCTION CONSULTANT
Patti Moran

BUSINESS MANAGER
Eddie Peltzman

The *Bulletin*, established in 1937 as "a force for constructive communal consciousness," communicates the messages of the Jewish Federation of Ottawa and its agencies and, as the city's only Jewish newspaper, welcomes a diversity of opinion as it strives to inform and enrich the community. Viewpoints expressed in these pages do not necessarily represent the policies and values of the Federation.

The *Bulletin* cannot vouch for the kashrut of advertised products or establishments unless they are certified by Ottawa Vaad HaKashrut or a rabbinic authority recognized by OVH.

\$36 Local Subscription | \$40 Canada
\$60 USA | \$179 Overseas | \$2 per issue

Funded by the Government of Canada.

Canada

ISSN: 1196-1929
Publication Mail Agreement No. 40018822

Return undeliverable Canadian addresses to:
Ottawa Jewish Bulletin
21 Nadolny Sachs Private,
Ottawa ON K2A 1R9

FROM THE EDITOR



MICHAEL REGENSTREIF

The financial cost of participating in Jewish life is always a concern. But a recent survey undertaken by reporter Michael Fraiman, and published in the October 4 edition of the Canadian Jewish News, showed that costs varied depending on location.

Fraiman chose a variety of categories and compared average costs in Jewish communities across the country. In his introduction, Fraiman stressed that the numbers he presents “are all designed to be broadly representative,” that they are averages and that “almost none are literal.”

I looked at Fraiman’s report to see how our community fared in the various categories. Ottawa is a medium-sized Jewish community – the fourth largest of the 12 communities

The financial cost of Jewish life

examined. Toronto is Canada’s largest Jewish community followed by Montreal and Vancouver. The other communities by size are Winnipeg, Calgary, Edmonton, Halifax, Regina, Saskatoon, Moncton and St. John’s.

In most categories, Ottawa was a relatively economic place to lead a Jewish life.

Challah – The average price for a loaf of challah in Ottawa was \$5.10. That’s a little below the national average of \$5.29 but more expensive than Toronto (\$4.75) or Montreal (\$3.60), where challah was cheapest.

Synagogue membership dues – Fraiman qualified his figures in this category by noting that they are based on dues for a 50-year-old single person and that not all synagogues were willing to divulge fees. The quoted Ottawa average was \$539, significantly lower than the national average of \$893. In fact, Ottawa’s figure was the second-lowest in the country. Only St. John’s, at \$400, was lower.

Real estate in Jewish neighbourhoods – Fraiman compared typical real estate prices in neighbourhoods with a city’s largest Jewish population (in Ottawa it was Centrepointe) with aver-

age costs in the entire city; and with each city in comparison to others in the survey. In all cases, “Jewish” neighbourhoods were more expensive than a city’s average but in Ottawa only slightly more so. While, real estate in Ottawa was slightly more expensive than in Montreal, it was significantly lower than Vancouver, Toronto and Halifax and also lower than Winnipeg, Calgary and Edmonton.

Tuition at Jewish day schools – Average Jewish day school tuition in Ottawa was \$10,400, just slightly higher than the national average of \$10,050 and much lower than Toronto’s \$17,000. Interestingly, day school tuition in Ottawa was lower than in Montreal (\$11,500) and Vancouver (\$12,125) which are in provinces that provide subsidies to non-Catholic faith-based private schools. Ontario remains the only province not to do so. Fraiman also provided averages for tuition at non-Jewish private schools and Jewish schools were less expensive in every city. In Ottawa average tuition at a non-Jewish private school was \$15,196.

A week at Jewish summer camp – In this category, Fraiman looked at the

six provinces that have Jewish summer camps and found that Jewish camp fees in Ontario, at an average of \$1,152 per week, were the highest in Canada. The national average for a week of Jewish summer camp was \$896 with the lowest fees in Manitoba at an average of \$633.

Jewish funerals – The average cost of a Jewish funeral varies greatly across the country. Fraiman’s figures for Calgary, Edmonton, Halifax, Regina, Saskatoon and Moncton include the cost of a cemetery plot while the figures for Toronto, Ottawa, Montreal, Winnipeg, and St. John’s do not. The average cost for a Jewish funeral in Ottawa was \$6,900, well below the average of \$9,175 for all cities that do not include a plot. Winnipeg, at an average of \$15,000, was the most expensive for the cost of a Jewish funeral not including a plot followed by Toronto (\$12,000), Vancouver (\$9,500), Montreal (\$8,000), Ottawa, and St. John’s (\$3,650).

There are other areas that could be included in a more comprehensive survey – like JCC membership, a grocery basket of kosher food, etc. – but these figures are fascinating.

IDEAS AND IMPRESSIONS



JASON MOSCOVITZ

There are numerous takeaways from the Quebec election held October 1. History was made in many ways and the repercussions will once again bring the “Quebec question” back into play after almost two decades of almost no action at all.

After being in power for 13 of the past 15 years the Liberal Party of Quebec was soundly rejected by francophone Quebec. The Liberals received their smallest share of the popular vote since Confederation. Take away the anglophone and allophone vote and the Liberals are left gasping for air.

During the Liberals’ long reign there were many voices that said Quebec was finished with the independence debate and over the past couple of years a

Quebec’s traditional parties rejected

boom in Montreal real estate served as a barometer for political and social peace in Quebec.

Imagine! Even the separatist Parti Québécois (PQ) thought their sacred raison d’être of independence was so far in the back of Quebecers minds, their leadership pledged not talk about sovereignty during the campaign. What a fundamental mistake that was. The PQ lost in ridings they’d held for almost 50 years. The Liberals and the PQ, the two traditional parties, both came out of the election beaten to a pulp.

“Traditional,” “conventional” and “business as usual” are terms now being consistently challenged in democracies worldwide. The rejection of political elites and their thinking is happening at breakneck speed. The yearning for change makes every incumbent government vulnerable.

By all reasonable measures the Quebec Liberal Party’s last four-year mandate was a good, if not a perfect, four years. Public finances were put in good order, and there were no scandals. The corruption of previous Liberal governments seemed to have been cleaned up. Putting finances in order meant reorganizing the health care system, which surely cost the Liberals some support, but it wasn’t the only reason for their

dismal showing.

The overpowering compulsion to reject the traditional and go with something new is what happened and the Coalition Avenir Quebec (CAQ) is the new political party that swept away the Liberals in francophone Quebec. François Legault, the new premier, was finance minister in a previous PQ government. Other formerly strong proponents of Quebec sovereignty are part of his government and one could ask if zebras ever lose their stripes. Only time will tell, but we do know the quiet, federalist, Liberal days are over.

The even more stunning election result was the astounding breakthrough of the relatively new pro-sovereignty party in Quebec which did to the PQ what the CAQ did to the Liberals. Quebec Solidaire won 10 ridings spread over several regions of Quebec and got 16 per cent of the popular vote. Those they elected are mostly young firebrands who are deeply socialist and deeply separatist.

Exactly 50 years after its founding, the PQ finds itself on the floor looking up at the upstart party to its left. For a half-century, the PQ tried to slowly bring Quebecers around to believe an independent Quebec was best for them. The PQ soft-peddled the sovereignty

message. The leadership thought an independent Quebec could only happen through incremental not abrupt change.

Quebec Solidaire party doesn’t believe in soft-peddling the idea of an independent Quebec. Its leadership does not think Quebecers fear change and have to be slowly sold on the idea of independence in a step-by-step process. These new independence seekers are hard-arsed believers and they now control the separatist movement.

One of the greatest errors many have made about Quebec politics in recent times is believing the separatist movement is dead. It never was and never will be. It goes in ebbs and flows and somehow, whenever there is a growing belief that separatism is moribund, Quebecers have a way of sending a clear message to the rest of Canada that their bottom line, at minimum, is rejection of the constitutional status quo.

In today’s terms that means the status quo Liberal Party is unmercifully thrown out of office, and the slow-moving-towards-independence PQ is rejected and humiliated. Those replacing the Liberals in the CAQ are mostly Quebec-first nationalists while those replacing the PQ are hard core separatists.

Pardon the cliché, but it could be déjà vu all over again.

Surviving passengers of the MS St. Louis to respond to apology

BY ESTHER COHEN
FOR OTTAWA TORAH CENTRE CHABAD

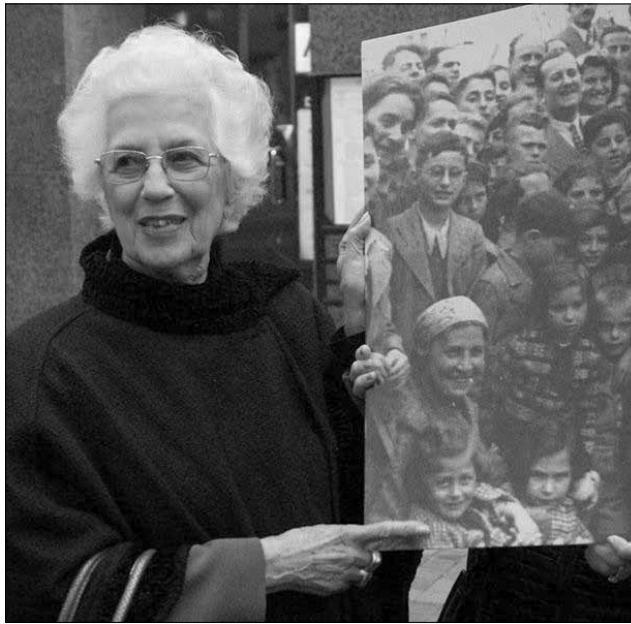
Prime Minister Justin Trudeau has announced that the federal government will issue a statement of apology on November 7 for the 1939 decision to turn away the *MS St. Louis*, a ship carrying 907 German Jews fleeing the Nazi regime.

The ship was first turned away from Cuba and then the United States before a group of Canadians tried to convince prime minister Mackenzie King's government to let it dock in Halifax. The Canadian government, reflecting the infamous policy that "none is too many," refused to let the *MS St. Louis* passengers disembark in Halifax. The ship returned to Europe where 254 of the 937 passengers were murdered at Nazi death camps during the Holocaust.

In connection with the statement of apology from the government, Ottawa Torah Centre Chabad (OTC) will be host a screening of the award-winning documentary, "Complicit," on Thursday, November 8, 7 pm, at OTC, 111 Lamplighters Drive in Barrhaven.

"Complicit" blends drama, survivor interviews and actual footage to tell the story of the doomed ship. The film's director, Robert M. Krakow, executive director of the *MS St. Louis* Legacy Project, a foundation dedicated to "education through drama," will be present to introduce the film and lead a discussion following the screening.

The film won the Rhode Island International Film Festival's Hearts, Minds, and Souls Award celebrating films on the Jewish experience and has been shown at festivals around the world including the Jewish Film Festival of Melbourne and Sydney, the Georgetown Law School Equal Justice Film Festival, the Montreal



Sonja Geismar points to herself in a 1939 photo of Jewish refugees fleeing Nazi Germany in 1939 on board the *MS St. Louis*. The ship was turned away from Cuba, the United States and Canada.

World Film Festival and the Palm Beach Jewish Film Festival.

Four surviving passengers of the *MS St. Louis* – Sonja Geismar, Sol Messenger, Eva Wiener and Judith Steel – will join Krakow for the discussion to share their stories and their response to the prime minister's statement of apology.

"We know that there are very few Holocaust survivors left today, this is a unique opportunity to have four surviving passengers in the same room and hear about their experiences and their reflections on the prime minister's apology," said Rabbi Menachem M. Blum of OTC. "The timing of this event to coincide with the apology and November being Holocaust Education Month makes this event even more relevant."

Tickets are \$15 and are available by calling OTC at 613-843-7770 or online at www.theOTC.org.

MAILBAG

bulletin@ottawajewishbulletin.com

TORNADO STORIES

On September 21, six tornadoes struck the Ottawa region. We are all well aware of the devastation that resulted, as well as the power outages that hundreds of thousands of residents and businesses in the area endured. In many cases, hydro was out for several days. The tornadoes will probably be the biggest local story of 2018.

Particularly hard hit were the adjoining neighbourhoods of Arlington Woods and Craig Henry. This part of the city has a high concentration of Jewish residences. This tornado struck right at the onset of the Shabbat between Yom Kippur and the holy days of Sukkot. Many houses in these areas were seriously damaged, trees were uprooted, cars were damaged, and many residents were forced from their homes. Some people opened their residences to strangers and friends, and shared food with those around them. That same tornado then headed eastward and caused serious damage and loss of property in the Colonnade Road industrial park area, home to several Jewish owned businesses.

As reported in the Ottawa Jewish Bulletin ("Jewish community rallies to help those affected by Ottawa tornadoes," October 15), this has become a major story for our local Jewish community. The Ottawa Jewish Historical Society would like to document the events of those few days and preserve the memories for future generations. We are calling on the community to provide us with their personal stories and photos associated with the tornado, and will organize all contributions so that they can be donated to the Ottawa Jewish Archives.

Please spread the word about this project. Photos and documents can be emailed to the attention of John Diener at the society email address. ojhsoc@gmail.com

John Diener
Ottawa Jewish Historical Society

Show Israel You Care! And have fun doing it!



ottawa@sarelcanada.org
514-735-0272 or montreal@sarelcanada.org

www.sarelcanada.org

Programs start approximately every 3 weeks.

OMEGA POWER CLEANING SERVICES

Cleaning with better results.

- Residential
- Office Cleaning
- Carpet Cleaning
- House Cleaning
- Unit Cleaning
- Move in
- Move out
- and many more

CALL FOR FREE
ESTIMATE TODAY

Powercleaning18@gmail.com

SAMMY MANAGER
613-400-4700
613-228-1933

LETTERS WELCOME

Letters to the Editor are welcome. They should be brief, signed, timely, and of interest to our readership. The Bulletin reserves the right to refuse, edit or condense letters.

Send your letters to Michael Regenstreif at bulletin@ottawajewishbulletin.com

Please support our
advertisers and tell them
you saw their
advertisement in the
Ottawa Jewish Bulletin.



Dan Mader
Board Chair



Lynda Taller-Wakter
Executive Director

**JNF is Past, Present, Future
Building Israel since 1901**

**Two weeks to Negev Dinner 2018...
don't miss it!**

Yes, you can help support vulnerable children in Kiryat Shmona

With limited time remaining to this year's Negev Dinner, now is the time to contact our office for tickets. We thank all of our sponsors and supporters in advance, without whom we could not help hundreds of vulnerable and at-risk youth in Kiryat Shmona.

Please visit www.jnfottawa.ca for a listing of the incredibly generous corporations and individuals who will contribute to making a difference. The children you are helping suffer from a multitude of social and emotional scars having witnessed domestic violence and abuse; while others are scarred from the continual threat of terror attacks. Chronic symptoms are treatable with the help of specially designed interventions offered at the Israel Tennis Centre (ITC) – Israel's largest social services organization. Children access social services and sports therapy via tennis. Utilizing sport as therapy has proven effective in helping young kids overcome some of their most harrowing emotional traumas.

Be inspired by Israel's Andy Ram

Andy Ram, our keynote speaker, is living proof that kids can surmount their difficulties and excel in life. Having emigrated as a little kid with his parents from Uruguay, Andy will recount his experience adjusting to a new life and how essential the ITC was in shaping his future.

Alfie will motivate you to get involved

It's not often that hockey stars align themselves with Israel-based organizations. But Daniel Alfredsson has chosen to do just that. A recognized local hero and fierce advocate for access to mental health services, Daniel Alfredsson will light up the room with his motivating words on leadership and helping those who are vulnerable.

It's all happening on Tuesday, November 13 at the Infinity Convention Centre. Please call us today to purchase tickets or to support this tremendous initiative.

Alfie vs. Andy

Watch the champions compete in a unique, one-time, limited-seating exhibition tennis match on Wednesday, November 14. Sponsors and donors gain access to this unique event. Please contact our office for more information.

WEDNESDAY, NOVEMBER 14, 2018
JNF OTTAWA PRESENTS
ALFIE VS ANDY
ONE-TIME ONLY TENNIS MATCH
Join JNF Ottawa as Israel's Tennis Legend Andy Ram faces off with Ottawa's legendary and Top Tennis Amateur Daniel Alfredsson in a historical one-time only tennis exhibition match. In support of youth-at-risk via Israel Tennis Centre.

Priority tickets to Negev Dinner sponsors and donors
For further details: jnfottawa.ca ottawa@jnf.ca 613.798.2411

Glenview | OTTAWA ISRAELI TENNIS CENTRE | JNF CANADA

205-11 Nadolny Sachs Pwt
Ottawa, K2A 1R9
613-798-2411 • ottawa@jnf.ca
www.jnfottawa.ca

Celebrate all occasions
Israel experiences
Legacy projects



Yoni Belete is a speechwriter and director of public relations at the Embassy of Israel in Canada.

**Israeli Embassy's Yoni Belete to speak
on Ethiopian Jewry at Emunah event**

BY GLADYS ZARECKI
EMUNAH OTTAWA

Following on the heels of our gala dinner last spring, Emunah is announcing an exciting program for our annual Membership Drive which promises to be informative, entertaining and inspiring.

Guest speaker Yoni Belete will deliver a lecture entitled, "Ethiopian Jewry: Past, Present and Future."

Belete is a speechwriter and director of public relations at the Embassy of Israel in Canada. He holds a BA (honours) in international politics and history from Queen's University, where he was vice-president of Queen's Israel on Campus.

While at Queen's, Belete worked as a research coordinator for the Queen's International Observer. He also served as co-chair of the 2016 CJPAC Fellowship Conference in Ottawa. His academic interests revolve around Israel, its democracy, as well as its relationship with its diverse population and the international

community at large. As an Ethiopian Jew, and having travelled back to Israel on numerous occasions, he has a strong passion for the country's past, present, and future.

Belete will provide personal insights on Ethiopian Jewry, his family's personal involvement in the resettlement of Ethiopian Jews in Israel, and the issues that continue to concern the community today. His one-hour lecture will be followed by a 30-minute question and answer period.

Emunah Canada's stated mission is to "improve the lives of the disadvantaged in Israel by empowering them with tools for a better tomorrow." For me, as president of Emunah Ottawa, it's more than just words, it's 11,000 Israeli children and some of their families being given a second chance to break the cycle of poverty, neglect, and trauma to instead live lives that are healthy, fulfilling, and imbued with Jewish values. By supporting Emunah, one actively helps turn the lives of a vulnerable population into ones that will be well integrated in mainstream Israeli society. Having been involved with Emunah for over 20 years, and having seen our daycares, schools, and villages, I have witnessed how children helped and supported by Emunah grow up to lead meaningful, satisfying lives where they can make a contribution towards the greater good.

At the Membership Drive, there will also be a live classical musical performance, arranged by Rivka Kraus.

This year's Membership Drive is dedicated to the memory of Sara Kerzner z"l, who was renowned for her passionate love of *Yiddishkeit* (Jewish life), wonderful *middos* (virtue) and *emunah* (faith). The Torah portion on the previous Shabbat is Chayei Sarah.

The event, hosted by Barbara Crook, long-time sponsor of Emunah, will be held on Sunday, November 4, 6 pm at her home. A catered, pareve kosher buffet dinner will be served. Men and women are welcome. Cost is \$36 for Emunah members and guests and \$25 for Emunah life members. For information or to RSVP, contact Gladys Zarecki at 613-406-5742.

Life's brighter under the sun

I can help with:

- Life insurance
- Personal health insurance
- RRSPs/RRIFs
- TFSA's
- Mutual funds*
- Employee benefits

Diane Koven BA (Hons) CFP® CHS™
613-728-1223 ext 2235
diane.koven@sunlife.com
1525 Carling Avenue, Suite 600
Ottawa, ON

Mutual funds distributed by Sun Life Financial Investment Services (Canada) Inc.
Sun Life Assurance Company of Canada is a member of the Sun Life Financial group of companies.
© Sun Life Assurance Company of Canada, 2018.

OTTO'S  OTTAWA

WE'VE MOVED BACK HOME.

CELEBRATE WITH THE HOTTEST OFFERS OF THE SEASON.



2018 BMW X1 xDrive28i

\$469.18 / 48 MONTHS
\$1000 DOWN

\$491.21 / 48 MONTHS
\$0 DOWN

2018 BMW 330i xDrive Sedan
\$490.00 / 48 MONTHS
\$1000 DOWN

\$511.62 / 48 MONTHS
\$0 DOWN



OFFICIAL
AUTOMOTIVE
PARTNER



Otto's BMW, 660 Hunt Club Road, Ottawa, ON K1V 1C1 • Tel.: +1 613-725-3048 • info@bmwottos.ca • bmwottos.ca •   

*Offers expire October 31, 2018. 018 BMW 330i xDrive Sedan Demo (B16658) details listed for \$490.00 per month, taxes extra, based on 48 months (\$1,000.00 down and 48,000km) or \$511.62 per month, taxes extra, based on 48 months (\$0.00 down and 48,000km) MSRP \$47,550. 2018 BMW X1 xDrive28i (B16783) details listed for \$469.18 per month, taxes extra, based on 48 months (\$1,000.00 down and 48,000km) or \$491.21 per month, taxes extra, based on 48 months (\$0.00 down and 48,000km) MSRP \$41,495. Rates are provided by BMW Financial Services, a division of BMW Canada Inc., on approved credit with terms. Please see dealership for details. Upfront and admin fees may apply, which would change the APR. Limited time offer and subject to change. Vehicle may not be exactly as shown.

OTTO'S SUBARU®



FALL FOR A SUBARU

2019 IMPREZA
 4-DOOR WELL-EQUIPPED FROM \$22,021*

LEASE MONTHLY FOR	AT	FOR
\$198	0.99%	36 **
MONTHS		
WITH \$4,372 DOWN †		

2019 IMPREZA
 5-DOOR WELL-EQUIPPED FROM \$22,921*

LEASE MONTHLY FOR	AT	FOR
\$208	0.99%	36 **
MONTHS		
WITH \$4,049 DOWN †		



**VISIT
 US
 TODAY!**



**OUR FAMILY DRIVING YOURS. SINCE 1965.
 EXPERIENCE THE OTTO'S DIFFERENCE.**

Otto's Subaru, 225 Richmond Road, Ottawa, ON K1Z 6W7 • Tel.: 613 728 5813 • subaruottawa.ca



*MSRP of \$19,995/\$20,895 on 2019 Impreza 4-dr Convenience Pkg MT (KF1CP)/2019 Impreza 5-dr Convenience Pkg MT (KG1CP). **Lease rate of (0.99%)/(0.99%) for (36/36) months. †Lease payments of (\$198/\$208) monthly with (\$4,372/\$4,049) down payment. Purchase option of (\$12,893/\$13,885) with (\$5,165/\$4,811) due on signing. Advertised pricing consists of MSRP plus charges for Freight/PDI (\$1,650) Air Conditioning Charge (\$100), Tire Stewardship Levy (\$16.50), OMVIC Fee (\$10), Dealer Admin (\$249). Freight/PDI charge includes a full tank of gas. Taxes, license, registration and insurance are extra. \$0 security deposit. Model shown: 2019 Impreza 4-dr Sport-Tech Eyesight-Pkg AT (KF2STE) with an MSRP of \$30,195/2019 Impreza 5-dr Sport-Eyesight -Pkg AT (KG2STE) with an MSRP of \$31,095. Lease based on a maximum of 20,000 km/year for 36 months, with excess charged at \$0.10/km. Other Leasing and financing programs available through Subaru Financial Services by TCCL; down payment or equivalent trade-in may be required. Vehicles shown solely for purposes of illustration, and may not be equipped exactly as shown. Offers available until October 31, 2018. See your local Subaru dealer for complete program details. †Ratings are awarded by the Insurance Institute for Highway Safety (IIHS). Please visit www.iihs.org for testing methods.

In connection with the
Government of Canada's official apology
for turning away the MS St. Louis,
a ship carrying 907 German Jews
fleeing the Nazi regime in 1939,
Ottawa Torah Centre presents

COMPLICIT

The Voyage of the MS St. Louis

A Shameful Moment in North American History



אכ



Screening of award-winning film "Complicit"
followed by discussion with film director
Robert M. Krakow

Live Q&A with four surviving passengers
who will share their stories and their
response to PM Justin Trudeau's apology

Thursday November 8, 2018 at 7:00 pm

Ottawa Torah Centre Chabad
111 Lamplighters Dr.

Ticket: \$15

For tickets:

(613) 843-7770 - www.theOTC.org

Isaac Glassman elected student trustee at OCDSB

BY MATTHEW HORWOOD

Isaac Glassman – a graduate of the Ottawa Jewish Community School who is now a 17-year-old high school student at Lisgar Collegiate Institute – has been elected to the position of student trustee on the Ottawa-Carleton District School Board's (OCDSB) Board of Trustees for 2018-2019.

Becoming a student trustee, Glassman told the Ottawa Jewish Bulletin, took about a month and was a "very intense election process."

To become a student trustee candidate in Ottawa, Glassman explained, students had to run for the position at their own school, which involved campaigning, giving speeches and putting up posters. Once the candidates were selected, they met at Richmond Secondary School so that co-presidents and student senators from each of the schools could vote for their preferred trustee candidates.

"On the day of the election, all student trustee candidates are put in a room and have 10 minutes to prepare a plan based on materials given to you, and then present that plan to the public," Glassman said. He said each candidate then gave a two-minute speech before the vote was held.

Glassman said candidates needed 51 per cent of the vote to be selected as student trustees. The board is allowed to have "at least one but not more than three student trustees." Glassman and Samantha Lin were elected to one-year terms.

According to Glassman, there are two levels – city and provincial – to the position of student trustee. At the city level, the most basic responsibility of student trustees is attending all OCDSB board meetings, where they have a seat at the table with the "adult trustees." The student trustees do not have a vote at those meetings, but they are able to speak and ask questions.

Glassman said his most important responsibility at the meetings is correcting adult trustees when they present information about students which is "wrong or misrepresented." When this happens, Glassman's ears "perk up" and he makes corrections.

Student trustees also give high school students a voice by chairing the Student Senate, an official committee of OCDSB. According to Glassman, information the student senators gather from the schools is presented to the student trustees at the Student Senate. Glassman and Lin then pass on that information to trustees at OCDSB board meetings.

At the provincial level, student trustees from school boards across the province make up the Ontario Student



Isaac Glassman is one of two Ottawa-area high school students elected to serve as student trustees for the Ottawa-Carleton District School Board.

At the provincial level, student trustees from school boards across the province make up the Ontario Student Trustees Association, which advocates on behalf of students at the provincial level

Trustees Association (OSTA-AECO), which advocates on behalf of students at the provincial level by working with the Ministry of Education and other educational stakeholders.

Glassman described the association as having two pillars: student advocacy work and professional development work for student trustees. "There is nobody to teach student trustees how to do the job except other student trustees," he explained.

According to Glassman, OSTA-AECO also provides professional development for Ontario's student trustees in the form of three annual conferences, and they publish the *Student Trustee Handbook*, which Glassman refers to as the "student trustee bible."

Jennifer Glassman, Isaac's mother, said the family is "exceptionally proud" of him for being elected student trustee. She said she wasn't even aware the position existed, even though she works at the OCDSB as a psychologist.

"I must say it's really amazing that he has done this," she said. "I really think it's an inspiration for other children – especially Jewish children – to take on a leadership role so early on."

“An Israeli Journalist in Trump’s Washington”: Amir Tibon to speak at SJCC

BY GABRIELLA GOLIGER
CANADIAN FRIENDS OF PEACE NOW

With bated breath the world watches as the U.S. mid-term elections approach on November 6. So much is at stake, not just for the U.S., but for many other countries as well, especially Canada and Israel.

Amir Tibon, Washington correspondent for the Israeli newspaper Haaretz, has a front row seat to the drama and will to deliver what is sure to be an interesting postmortem when he visits Ottawa on November 13, just a week after the midterm elections to offer his analysis of the results and other important matters.

Tibon’s talk, hosted by Canadian Friends of Peace Now at the Soloway Jewish Community Centre (SJCC), is titled “An Israeli Journalist in Trump’s Washington” and will address a host of important questions such as: What’s happening with the “ultimate peace deal?” What are the prospects for the two-state solution? Where are American-Israel relations headed now? What about the Israel-Diaspora relationship?

Tibon can give highly informed comment, not only on U.S. politics and Pres-



Amir Tibon, Washington correspondent for Haaretz, will address U.S. midterm elections, the Middle East peace process, and U.S.-Israel relations when he speaks at the SJCC on November 13.

ident Donald Trump, but also on the Israeli and Palestinian scenes and on the wider Middle East. In Washington for Haaretz since 2017, he was with Walla News, a top Israel news website from

2013 to 2016. Prior to that he was a producer for Uvda, a leading investigative news program on Israeli TV.

Tibon is also the co-author of *The Last Palestinian: The Rise and Reign of Mahmoud*

Abbas. Published last year, it is the first book in English to profile the Palestinian leader who succeeded Yasser Arafat. According to the Washington Independent, the book delivers “a crisp catalogue of the events and players that have brought Abbas and the Palestinians to where they are today.” The book will be available for purchase at Tibon’s talk at the SJCC.

Tibon’s past reporting on Israeli-Palestinian peace talks and on the Syrian civil war has also made its mark. In 2015, he won a National Press Club Award and was nominated for a National Magazine Award for an article on the latest round of Israel-Palestinian peace negotiations. In 2012, he produced an exclusive report from inside the Syrian civil war which was chosen as the best TV report of that year by the Israeli Documentary Directors’ Forum. His writing has appeared in many Israeli and American publications.

Before moving to Washington, Tibon lived for two years at Kibbutz Nachal Oz, the closest place in Israel to the Gaza Strip.

Amir Tibon will speak at the SJCC on Tuesday, November 13, 7:30 pm. RSVP to info@peacenowcanada.org.

THÉÂTRES
Meridiān
THEATRES @ CENTREPOINTE

THE
**GREY JAZZ
BIG BAND**
A CONCERT TO REMEMBER

NOV 09
TICKETS: 613-580-2700
MERIDIANCENTREPOINTE.COM

101 CENTREPOINTE DRIVE front centre Ottawa

2018 SEASON 2019

JOIN OUR FAMILY OF FINANCIAL GENIUSES

When you join **Your Credit Union** you become an owner and that means you get lower fees and higher rates of return. It’s just a smarter way to bank.

BRILLIANT RETURNS
Term deposits/GICs deliver high returns and we insure them up to \$250,000, that’s 60% more than the big banks.

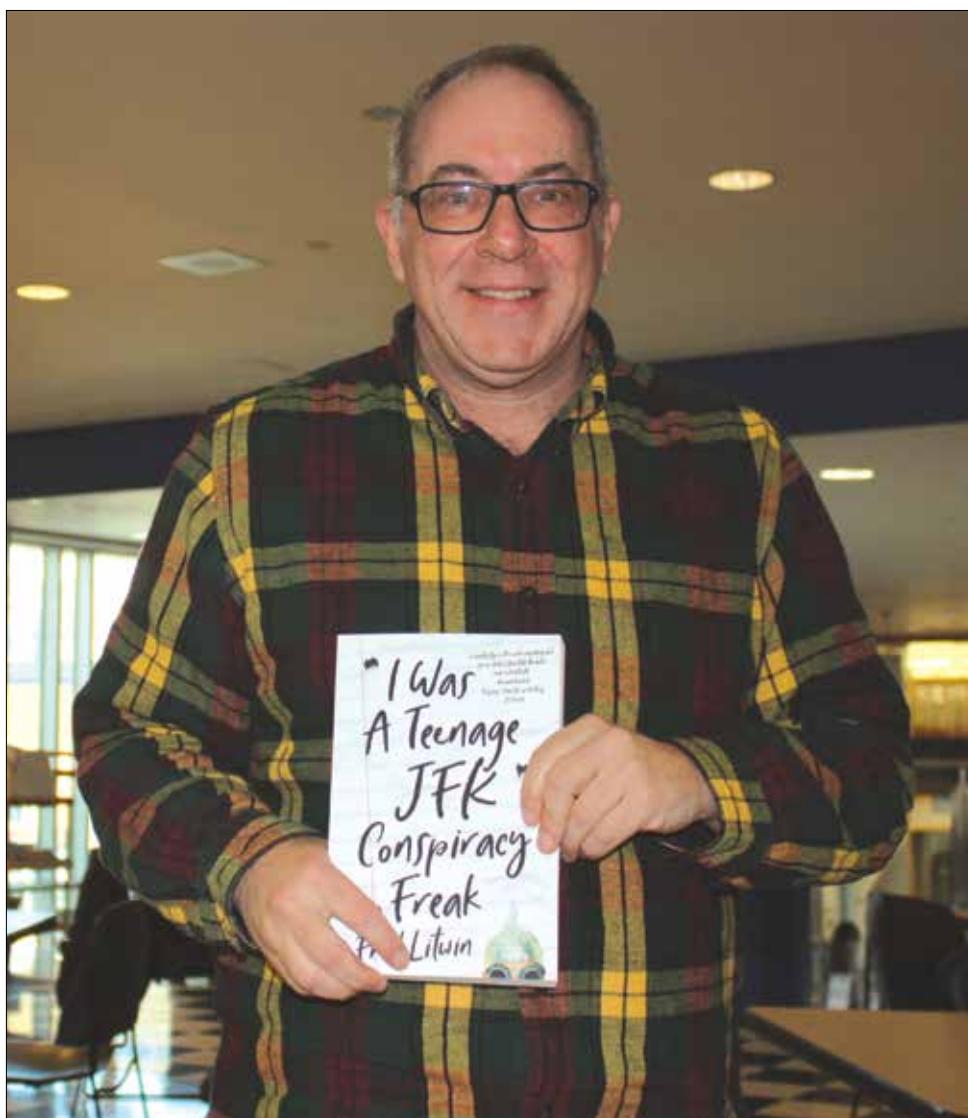
3.00% 1 YEAR TERM DEPOSIT	3.30% 3 YEAR TERM DEPOSIT	3.60% 5 YEAR TERM DEPOSIT
-------------------------------------	-------------------------------------	-------------------------------------

Contact us today, offer ends October 31, 2018.

YOUR CREDIT UNION | **YourCU.com** | **1-800-379-7757**

Giving you the strength of ownership.

14 Chamberlain Ave. • 1541 Merivale Rd. • 2016 Tenth Line Rd.



MATTHEW HORWOOD

Author Fred Litwin, at the Soloway Jewish Community Centre with a copy of his new book, *I was a Teenage JFK Conspiracy Freak*.

Litwin: Objective truth lost in post-modern world

Continued from page 5
in a plot to kill Kennedy. According to Litwin, the case took two years to go to trial and “within 50 minutes the jury found him innocent, but it ruined his life.” Stone’s film painted Shaw as the villain and Garrison the hero.

Another chapter discusses “Who Killed JFK?” a 1983 documentary shown on CBC-TV’s “The Fifth Estate,” which Litwin called “horrible and a huge mistake.” Litwin says the film got several basic facts wrong about the assassination, interviewed sources with no legitimate connection to the event, and resurrected an old document written by FBI director J. Edgar Hoover as “proof” of a government cover-up.

“The document was actually written by an aide of Lyndon B. Johnson, saying that they didn’t want people rushing to the conclusion that it was all a Russian conspiracy because that could mean war between the U.S. and Russia,” Litwin explained.

Litwin said both sides of the political spectrum have used Kennedy’s assassination for their own purposes. For those on the right, Litwin said the JFK conspiracy plays perfectly into the “deep state” conspiracy theory, which – in its current form – posits that government and military officials are conspiring to take down current U.S. President Donald Trump.

For those on the left, Litwin said there is a common misconception that Kennedy was killed because he wanted to end the Vietnam War and stop the Cold War, even though, Litwin points out, “he was actually a cold warrior.”

While Litwin said he believes it’s always good to “question the official narrative,” he said the problem with conspiracy theorists is that “they are very critical of the official narrative, but they lose their critical faculties when it comes to the conspiracy, so they end up accepting all sorts of crazy things.

“If they had the same skepticism for these conspiracy theories they would throw them out,” Litwin said.

Litwin was also critical of post-modernists, who he said often reject clear evidence and come to their own conclusions.

“We are living in this post-modern world where objective truth doesn’t matter. But in fact, it does exist and we need to get back to understanding that truth is important, and that in this case, Lee Harvey Oswald killed Kennedy by himself.”

Fred Litwin will launch *I was a Teenage JFK Conspiracy Freak* at Ottawa Arts Court (2 Daly Avenue) on Tuesday, November 13, 7 pm. Visit <https://conspiracyfreak.com> for more information.

2018 HOLOCAUST EDUCATION MONTH LAUNCH EVENTS

Pop-up Museum

Nov 4 12:30-4:00 pm
Nov 5 from 6:30 to 7:15 pm

Temple Israel,
1301 Prince of Wales Drive, Ottawa

Explore this Pop-up Museum and meet families who have contributed treasured objects from their family’s history of the Shoah. Join in a conversation about the history of these objects with survivors, the 2nd generation and scholars.



The Grumach Family Tallit, rescued from a burning Berlin synagogue during Kristallnacht

More information about the lecture or Pop-Up Museum please contact the Zelikovitz Centre for Jewish studies by phone or by email. Tel: 613-520-2600, ext. 1320. Email: jewish.studies@carleton.ca

Let the Artifacts Speak: Returning Humanity to Holocaust Victims

Nov 5 at 7:30 pm

By Robert M. Ehrenreich
Director of National Academic Programs at the United States Holocaust Memorial Museum.

Temple Israel,
1301 Prince of Wales Dr, Ottawa

Six million Jews were murdered during the Holocaust. The number is staggering. How do we convey that these were real people with real lives and families? I will discuss how personal items can turn the huge numbers of victims back into individuals and return their humanity, based on three case-studies: personal items discovered near shooting pits in Ukraine; damaged photographs from Poland; and a piece of mica from the Theresienstadt Glimmerwerke (mica works).



Special Premiere Performance By Niv Ashkenazi

Mr. Ashkenazi is a virtuoso and classically trained student of Itzhak Perlman. He will perform on a “Violin of Hope”, one of 50 violins that survived the Holocaust and were restored by Amnon Weinstein in Israel.

Keynote address

Kristallnacht: The End of the Beginning and the Beginning of the End

By Dr. Michael Berenbaum
Director of the Sigi Ziering Institute at the American Jewish University

Nov 7 at 7:00 pm

Kehillat Beth Israel Synagogue,
1400 Coldrey Avenue, Ottawa



FOUNDATION DONATIONS | Ottawa Jewish Community Foundation

The Board of Directors of the Ottawa Jewish Community Foundation acknowledges with thanks contributions to the following funds as of September 21 to September 30, 2018.

JOIN US IN BUILDING OUR COMMUNITY BY SUPPORTING THESE LOCAL AGENCIES

AJA 50+ ENDOWMENT FUND

IN MEMORY OF:
Ronald Levitan by Margo Rosen

CAMP B'NAI BRITH OF OTTAWA CAPITAL ENDOWMENT FUND

IN MEMORY OF:
Lorne McRae by Heidi and Jonathan Pivnick

CAMP B'NAI BRITH OF OTTAWA SCHOLARSHIP ENDOWMENT FUND

IN MEMORY OF:
Harry Froman by The Pivnick Family

JEWISH FAMILY SERVICES AGENCY FUND

IN MEMORY OF:
Mary Levine by Sandra and Norman Slover and Family

DAVID "THE BEAR" KARDASH CAMP B'NAI BRITH MEMORIAL FUND

IN MEMORY OF:
Carrie Faye Mason by Heidi and Jonathan Pivnick

OTTAWA JEWISH COMMUNITY ENDOWMENT FUND

IN MEMORY OF:
Ronald Levitan by Michelle and Richard Sachs and Family; and by Stephen Segal

OTTAWA JEWISH COMMUNITY SCHOOL ENDOWMENT FUND

IN MEMORY OF:
Lionel Metrick by Michelle and Richard Sachs

ANNETTE ALBERT ENDOWMENT FUND

IN MEMORY OF:
Ronald Levitan by Annette Albert Rhonda Barbara Malomet by Annette Albert

MARY AND ISRAEL (AL) ALLICE MEMORIAL FUND

IN MEMORY OF:
Ronald Levitan by Beverly and Irving Swedko

APPOTIVE FAMILY ENDOWMENT FUND

IN MEMORY OF:
Diana Rowley by Howard Appotive and Family

ALYCE AND ALLAN BAKER FAMILY FUND

IN MEMORY OF:
Ronald Levitan by Alyce and Allan Baker
Harry Froman by Alyce and Allan Baker

MAZEL TOV TO:
Jeffrey and Felice Pleet on the occasion of Zach's engagement by Alyce and Allan Baker

SAM AND ANN BROZOVSKY ENDOWMENT FUND

BIRTHDAY WISHES TO:
Harvey Kardish by Ann Brozovsky

TILLIE AND HARRY CHERM MEMORIAL FUND

BIRTHDAY WISHES TO:
Donald Cherm by Susan Hart

HOWARD, JEFFREY, ANDREW, MICHAEL, GREGORY AND ZACHARY COGAN SCHOLARSHIP FUND

MAZEL TOV TO:
Susane Katz on the occasion of Rachel's marriage to Chris by Elizabeth and Fred Cogan

IN MEMORY OF:
Harry Froman by Elizabeth and Fred Cogan

SANDI AND EDDY COOK ENDOWMENT FUND

MAZEL TOV TO:
Laurie Nadolny and Bill Green on the occasion of their granddaughter, McKenna Rose Green's birthday by Sandra and Eddy Cook and Family Elissa Lieff and David Resnick on the occasion of Zac's engagement to Jen by Sandra and Eddy Cook and Family Nancy Lazare and Zvi Gellert on the birth of their first granddaughter, Adva by Sandra and Eddy Cook

CYNTHIA AND ABE ENGEL ENDOWMENT FUND

IN MEMORY OF:
Ronald Levitan by Cynthia Engel

KATIE ELLEN FARBER MEMORIAL FUND

IN MEMORY OF:
Lionel Metrick by Heidi and Jonathan Pivnick

SAM AND SUSAN FIRESTONE ENDOWMENT FUND

IN MEMORY OF:
Ronald Levitan by Susan and Sam Firestone

GILBOA/MAOZ/STEINER FAMILY FUND

REFUAH SHLEIMAH TO:
Dr. A. Leavitt by Tal Gilboa and Rob Steiner

JEFFREY AND ENID GOULD FAMILY FUND

BIRTHDAY WISHES TO:
David Saxe by Enid and Jeffrey Gould

Create a LEGACY that benefits YOU, your FAMILY, and FOUNDATION

\$500K

\$125K + \$21K = \$146K

\$125K + \$21K = \$146K

\$125K + \$21K = \$146K

\$125K

Ottawa Jewish Community Foundation

Jonathan and Dana love their three kids. Originally, they planned to divide their \$500K estate equally between them, leaving \$167K to each.

But they realized they could do more with their money – they could create a lasting legacy for all the charities in the community that they care about while still providing for their children.

David and Carol included the Ottawa Jewish Community Foundation in their charitable giving plan. The charitable tax receipt provides \$21K back to each child.

For more information on planned giving, contact: **Micah Garten**, Director of Development at 613-798-4696 x270 or mgarten@jewishottawa.com

This illustration should not be construed as tax or legal advice. Please consult your financial and legal advisor to discuss effective ways to make charitable giving part of your estate planning.

FOUNDATION DONATIONS | Ottawa Jewish Community Foundation

GERALD AND HANNAH HALPERN ENDOWMENT FUND

IN MEMORY OF:
Ronald Levitan by Hannah and
Gerald Halpern

LARRY AND SHEILA HARTMAN ENDOWMENT FUND

IN MEMORY OF:
Ronald Levitan by Sheila and
Larry Hartman

LIBBY AND STAN KATZ FAMILY COMMUNITY ENDOWMENT FUND

IN MEMORY OF:
Jeffrey Shaffer by Libby Katz and
Barbara and Leonard Farber

PHILLIP AND ETTIE KIMMEL MEMORIAL FUND

MAZEL TOV TO:
Jessica Kimmel on being appointed a
judge in The Supreme Court of Justice
in Toronto by Norma and Philip Lazear

KRANTZBERG KRANE FAMILY FUND

IN MEMORY OF:
Jeffrey Shaffer by Gail Krantzberg and
Douglas Markoff

JANA AND MICHAEL LEVITAN FAMILY FUND

IN MEMORY OF:
Ronald Levitan by Dan, Erin and
Eli Bleichman and the Bolling Families

RHODA AND JOE LEVITAN AND FAMILY COMMUNITY ENDOWMENT FUND

IN MEMORY OF:
Ronald Levitan by Rhoda, Joe, Shayna,
Yoni and Josh Levitan

RON AND RUTH LEVITAN ENDOWMENT FUND

IN MEMORY OF:
Ronald Levitan by Sandra and Norman
Slover; by Sylvia and Amnon Pasher;
by Shelley Crawford and Mitchell
Bellman; by Fenja and Ernie Brodo; by
Barbara and Larry Hershorn; by Carla
and Ken Goldstein; by Lynne Oreck-
Wener and Bob Wener; by Roslyn and
Arnie Kimmel and Family; by Reva and
Mark Waldman; by Jane and William
James; by Sharon and David Appotive;
by Dan Alvo and Family; by Sandy
Shaver; by Flo and Joel Morgan; by
Cally and Sidney Kardash; by Zelaine
and Sol Shinder; by Gail and Lawrence
Blackman and Family; by Ingrid Levitz;
by Estelle and Sol Gunner; by Maxime
Miska; by Karen Fainstein; by Jackie,
Lisa, Robert, Adam and Stephen

Levitan; by Ellen and Marty Cardash;
and by Sharon Cardash

RON AND RUTH LEVITAN COMMUNITY ENDOWMENT FUND

IN MEMORY OF:
Ronald Levitan by Barbara and Leonard
Farber; and by William Newman

SALLY AND ELLIOTT LEVITAN ENDOWMENT FUND

REFUAH SHLEMAH TO:
Sally Levitan by Clair Krantzberg

JOSEPH AND EVELYN LIEFF ENDOWMENT FUND

IN MEMORY OF:
Ronald Levitan by Evelyn Lieff

JACOB MALOMET MEMORIAL FUND

IN MEMORY OF:
Rhonda Barbara Malomet by
Hannah and Nathaniel, Susan and
Ed Freeman; by Jane and William James;
by Beverley and Abe Feinstein; and by
Clair Krantzberg

CHUCK AND BONNIE MEROVITZ FAMILY FUND

IN MEMORY OF:
Ronald Levitan by Bonnie and
Chuck Merovitz

GERALD AND MARY-BELLE PULVERMACHER FAMILY ENDOWMENT FUND

MAZEL TOV TO:
Elissa and Avraham Iny by Mary-Belle
and Gerald Pulvermacher

RICHARD ROTH AND RIVA LEVITAN FAMILY FUND

IN MEMORY OF:
Ronald Levitan by Lynne Oreck-Wener
and Bob Wener

SHELLEY AND SID ROTHMAN FAMILY FUND

IN MEMORY OF:
Ronald Levitan by Shelley Rothman

SYLVIA AND HARRY SHERMAN MEMORIAL FUND

IN MEMORY OF:
Shirley Streen-Hartman by Sorel and
Nachum Eizicovics

STELLA AND LOUIS SLACK MEMORIAL FUND

IN MEMORY OF:
Ronald Levitan by Myra and
Lester Aronson

LINDA SLOTIN AND JONATHAN FISHER ENDOWMENT FUND

BIRTHDAY WISHES TO:
Roselle Green by Linda Slotin and
Jonathan Fisher

IN MEMORY OF:
Rhonda Barbara Malomet by
Linda Slotin and Jonathan Fisher
Ronald Levitan by Linda Slotin and
Jonathan Fisher
**DORIS AND RICHARD STERN
FAMILY FUND**

BIRTHDAY WISHES TO:
Moishe Grossinger by Doris and
Richard Stern

CASEY AND BESS SWEDLOVE MEMORIAL FUND

IN MEMORY OF:
Ronald Levitan by Carol-Sue and
Jack Shapiro

THE TARANTOUR FAMILY FUND

IN MEMORY OF:
Jeffrey Shaffer by Ann Lazear and
Family

BRENT AND RISA TAYLOR ENDOWMENT FUND

IN MEMORY OF:
Harry Froman by Judith and
Murray Lieff

IRVING AND ETHEL TAYLOR ENDOWMENT FUND

IN MEMORY OF:
Harry Froman by Roslyn and
Arnie Kimmel and Family

HALTON/WEISS FAMILY FUND

IN MEMORY OF:
Ronald Levitan by Debbie Halton-Weiss
and Ronald Weiss

IRVING AND DIANE WEXLER FAMILY FUND

IN MEMORY OF:
Lionel Metrick by Carol Segal and
Michael and Muriel Wexler and Families

WOMEN'S COLLECTIVE ENDOWMENT FUND

MAZEL TOV TO:
Lynne Oreck-Wener and Bob Wener on

the birth of their grandson, Carter by
Jessica and Micah Garten; by Debbie
Halton-Weiss and Ronald Weiss; and by
Bonnie and Chuck Merovitz

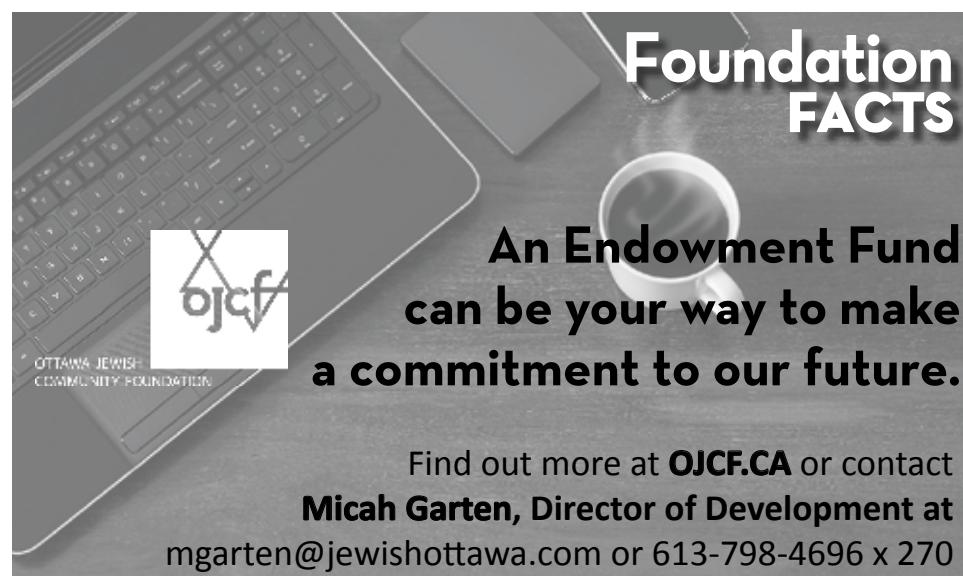
KAYLA REICHSTEIN B'NAI MITZVAH FUND

IN MEMORY OF:
Ronald Levitan by Sharon, Sol, Noah and
Kayla Reichstein

DAHLIA AND ZACHARY SHABSOVE B'NAI MITZVAH FUND

IN MEMORY OF:
Ronald Levitan by Adrienne and Charles
Shabsove and Family
Harry Froman by Adrienne and Charles
Shabsove and Family

**Contributions may be
made online at
www.OJCF.ca or
by contacting the
office at
613-798-4696 extension
274, Monday to Friday or
by email at
tributecards@ojcf.ca.
Attractive cards are sent
to convey the appropriate
sentiments. All donations
are acknowledged with
a charitable receipt.**



**Foundation
FACTS**

**An Endowment Fund
can be your way to make
a commitment to our future.**

Find out more at **OJCF.CA** or contact
Micah Garten, Director of Development at
mgarten@jewishottawa.com or 613-798-4696 x 270

Breast cancer gene mutations are 10 times more common in Ashkenazi Jews. Should I be worried?

GUEST COLUMN
DR. HEATHER FRIMMER

While you are sitting in the waiting room for your annual mammogram, you can't help thinking about the breast cancer epidemic among people you know. It seems like every day another female friend or relative is diagnosed. You've heard that Ashkenazi Jews are more likely to carry a mutation in the BRCA genes, which help suppress and prevent the growth of tumours, and that the mutation can potentially lead to breast and/or ovarian cancer. But is that the cause of the epidemic or is there something else? It's hard to piece together all of the things you've read and figure out what it all means.

As a radiologist specializing in breast imaging, I hear about these concerns every day. I've also written about them in my novel, *Bedside Manners*. These are some of the questions I often get from my patients. I hope the answers will help you understand the causes of breast cancer more clearly and allow you to take control of your own breast health.

WHY ARE SO MANY WOMEN BEING DIAGNOSED? IS IT GENETIC OR ENVIRONMENTAL?

Certainly, genetics play a significant role in the development of breast cancer. About five to 10 per cent of breast cancers are hereditary, caused by abnormal genes passed from parent to child. A majority of these gene mutations involve the BRCA1 or the BRCA2 genes. When one of these genes is abnormal, cancers are more likely to develop.

Mutations of either the BRCA1 or BRCA2 genes mean a woman is much more likely to get breast cancer. In a recent large population study published

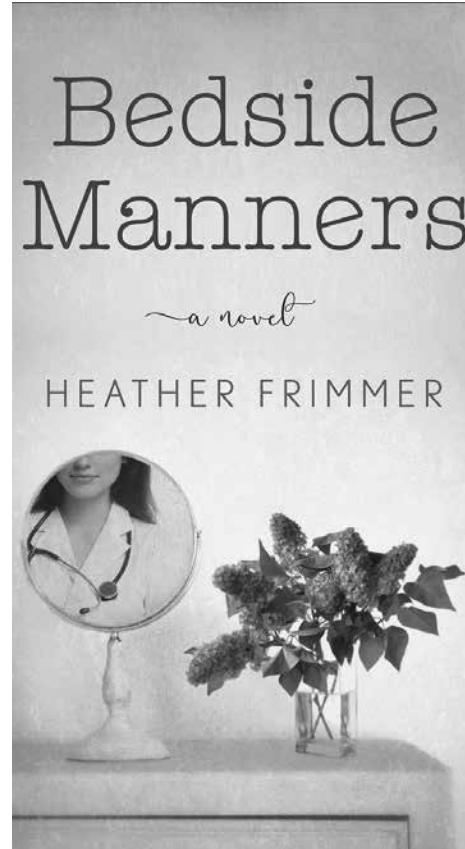


Ashkenazi Jewish women have one in 40 chance of carrying a BRCA mutation, writes Dr. Heather Frimmer.

Ashkenazi Jews are more likely to carry a mutation in the BRCA genes, which help suppress and prevent the growth of tumours, and that the mutation can potentially lead to breast and/or ovarian cancer. But is that the cause of the epidemic or is there something else?

in the Journal of the American Medical Association, 72 per cent of BRCA1 carriers and 69 per cent of BRCA2 carriers were diagnosed with breast cancer by age 80. The average risk of developing breast cancer in the general population is only 12 per cent.

Several environmental factors play a role in breast cancer risk as well. Maintaining a healthy weight, limiting alcohol, and exercising regularly are some factors known to decrease your risk of breast cancer. A history of chest radiation therapy has been shown to increase risk. Other environmental influences are less clearly linked and need more study.



WHAT IS MY RISK OF HAVING A BRCA MUTATION?

One in 40 (2.5 per cent) of Ashkenazi Jews carry a BRCA mutation. The rate in the general population is only one in 400 (0.2-0.3 per cent).

Also, if you or someone in your family has been diagnosed with breast or ovarian cancer, your risk of carrying a mutation goes up. For example, if you are diagnosed with breast cancer before age 40, your risk of carrying a BRCA mutation goes up to 30-35 per cent.

HOW DO I KNOW IF I NEED TESTING?

In addition to being Jewish, there are several other "red flags" that make it much more likely that you carry a mutation:

- Multiple family members with breast cancer diagnosed before menopause;
- Breast and ovarian cancer on one side of the family;
- One or more family members with

- breast cancer in both breasts;
- One or more family members with triple negative type cancer;
- A male family member with breast cancer ;
- Other types of cancer in the family (prostate, melanoma, pancreatic, stomach, uterine, thyroid, colon, and/or sarcoma).

If you are concerned, the best thing to do is make an appointment to sit down with a genetic counsellor. The centre where you have your mammograms or your primary doctor should both be able to refer you for this evaluation. After asking you questions about your personal and family history, the genetic counsellor will give you an estimate of your risk of carrying a mutation and help you decide whether to undergo testing.

WHAT CAN I DO TO BE PROACTIVE ABOUT CATCHING BREAST CANCER EARLY?

Choosing healthy foods – lots of fruits and veggies, less meat and fat – exercising regularly, and limiting alcohol as much as possible all will help to lower your risk.

Being faithful about going for your annual mammogram is extremely important. The earlier we catch a cancer, the easier it will be to treat and cure. If you are BRCA positive, you could consider additional screening tests such as a breast MRI. MRIs find nearly all breast cancers when they are small and more easily treated.

You hear them call your name and you stand up to go have your mammogram. Pat yourself on the back for keeping your annual mammogram appointment and being proactive about your breast health.

Heather Frimmer, a radiologist specializing in breast imaging, finds her therapy in writing fiction and recently released her first novel, Bedside Manners. Visit www.heatherfrimmer.com for more information.

ELEVATED
HOMEINSPECTION



ELEVATED HOME INSPECTION

Offers the following services:
Pre-Purchase Home Inspections
Pre-Listing or Pre-Sale Home Inspections
Pre-Renovation Inspections
Home Monitoring Services

October Home Inspection Tip:

Turn off and flush outdoor water taps before winter. Flush hoses and store them flat for maximum life. Winterize sprinkler systems.

Visit us on the web
www.elevatedhomeinspection.ca



Michael Levitan, BID
|613|286-8925
elevatedhome@gmail.com



**In support of the Bess and Moe Greenberg Family Hillel Lodge
In the Joseph and Inez Zelikovitz Long Term Care Centre**

613-728-3990

Your donation to the Lodge assists in providing high quality care for our Jewish elderly.

Card Donations

Card donations go a long way to improving the quality of life for our residents. Thank you for considering their needs and contributing to their well-being.

On behalf of the residents and their families, we extend sincere appreciation to the following individuals and families who made card donations to the Hillel Lodge Long-Term Care Foundation **between September 20 to October 9, 2018 inclusive.**

HONOUR FUNDS

Unlike a bequest or gift of life insurance, which are realized some time in the future, a named **Honour Fund** (i.e., endowment fund) is established during your lifetime.

By making a contribution of \$1,000 or more, you can create a permanent remembrance for a loved one, honour a family member, declare what the Lodge has meant to you and/or support a cause that you believe in.

A Hillel Lodge **Honour Fund** is a permanent pool of capital that earns interest or income each year. This income then supports the priorities designated by you, the donor.

Ruth and Irving Aaron Family Fund

In Memory of:
Rhonda Malomet by Ruth and Irving Aaron

Bill and Leona Adler Memorial Fund

In Memory of:
Seymour Leibovitch by Marilyn Adler
Jack Stupp by Marilyn Adler

Samuel and Jean Akerman

Memorial Fund
In Honour of:
David Kalin Mazel Tov on your well-deserved retirement by Sheila and Larry Hartman

Stella and Norman Beck Family Fund

In Memory of:
Seymour Leibovitch by Stella Beck

Boris and Dolly Blacher Family Fund

In Memory of:
Ron Levitan by Marilyn Adler and Neil and Daniel Blacher

Nell Gluck Memorial Fund

In Honour of:
Bob Garnett Mazel Tov on your 75th Birthday by Julia Gluck and Ted Overton and Jess and Ayelet

In Memory of:

Rhonda Malomet by Manny and Cheryl Gluck and Henry and Maureen Molot
Ronald Levitan by Henry and Maureen Molot
R'Fuah Shlema:
Goldie Cantor by Julia Gluck and Ted Overton

Evelyn and Isadore Hoffman Family Fund

R'Fuah Shlema:
Mort Pleet by Issie and Evelyn Pleet
In Memory of:
Jack Stupp by Issie and Evelyn Hoffman
In Observance of the Yahrzeit of:
Jack B Hockman by Issie and Evelyn Hoffman

Joan and Russell Kronick Family Fund

In Memory of:
Ron Levitan by Joan and Russell Kronick

R'Fuah Shlema:

Judah Silverman Best wishes for a speedy recovery by Joan and Russell Kronick
Lester Aronson Best wishes for a speedy recovery by Joan and Russell Kronick
Ron Cantor Best wishes for a speedy recovery by Joan and Russell Kronick

Roslyn and Lee Raskin Family Fund

In Honour of:
Menachem and Dina Blum Shana Tova and all the best in the New Year by Roz and Lee Raskin

Shirley and Maurice Rose Memorial Fund

In Memory of:
Jeffrey Shaffer by Mavis and Simon Wasserberger

Shelley and Sidney Rothman Family Fund

In Memory of:
Jack Stupp by Shelley Rothman

Irma and Harold Sachs Family Fund

In Memory of:
Ron Levitan by Irma Sachs

Louis and Diane Tannenbaum Family Fund

In Memory of:
Rhonda Malomet by Louis and Diane Tannenbaum

Carole and Norman Zagerman Family Fund

In Honour of:
Sara Shabsove Mazel Tov on your very special Birthday by Carole Zagerman

In Memory of:

Rhonda Malomet by Carole Zagerman

Feeding Program

In Memory of:
Jeffrey Shaffer by Lysette and Louis Kohn
Jack Stupp by Karin and Bruce Bercovitch

Therapeutics Program

In Memory of:
Ron Hoffenberg by Rosalie Schwartz

In Memory of:

Esther Binder by Noah Rossman and Adam Chapnick
Jack Stupp by the residents, staff and Boards of the Lodge and LTC Foundation, Theresa and Doug Norris and family, Jeff and Felice Pleet, Morton and Sylvia Pleet
Rhonda Malomet by Marcia and Stephen Aronson
Ron Levitan by Marcia and Stephen Aronson, Janet and Norman Ironstone and Anna Bilsky
Seymour Leibovitch by Steven and Cheryl Geller and family and Ruvin and Debbie Geller
In Honour of:
Sara Shabsove Best wishes on your 90th Birthday by Joan Bloom

THE LODGE EXPRESSES ITS SINCERE APPRECIATION FOR YOUR KIND SUPPORT AND APOLOGIZES FOR ANY ERRORS OR OMISSIONS. DUE TO SPACE LIMITATIONS, THE WORDING APPEARING IN THE BULLETIN IS NOT NECESSARILY THE WORDING WHICH APPEARED ON THE CARD.

“GIVING IS RECEIVING” – ATTRACTIVE CARDS AVAILABLE FOR ALL OCCASIONS

Here's a great opportunity to recognize an event or convey the appropriate sentiment to someone important to you and at the same time support the Lodge. Call orders may be given to Cathie at 728-3990, 7:30 a.m. – 3:30 p.m. Monday to Friday. You may also go to: www.hillel-ltc.com and click on the “Donate Now” button to make your donations. Cards may be paid for by Visa or Mastercard. Contributions are tax deductible.

Before you leave for the winter...

Make a positive impact for Hillel Lodge Residents of today and tomorrow.

When you transfer securities, you DON'T pay capital gains on your donation.

*We encourage you to speak with your accountant and/or financial advisor to confirm.



Kids, let's talk about drugs

Now that cannabis is legal, I'm not too worried about my kids experimenting with the drug when they're of age. I hope that by the time they are mature adults, conversations about cannabis will have become normalized.

We need to normalize conversations, not consumption. This means making it clear to our children they can come to us with questions, but not necessarily to light up together! They might want to know what it feels like to be high or question why people use drugs in the first place. Honest answers will help gain the trust of our children, but it's OK to maintain some boundaries.

According to the 2015 Canadian Tobacco Alcohol and Drugs Survey by Statistics Canada, cannabis use is widespread among Canadian youth and young adults. Over one-fifth (21 per cent or 426,000) of youth 15-19 years and 30 per cent (715,000) of young adults 20-24 years reported using cannabis in the past year. Comparatively, only 10 percent (2.5 million) of adults aged 25 and up reported using cannabis in the past year. Half of kids were initiated to cannabis by age 17. Clearly, we need to start talking to our children about cannabis in their early teens if we want to help them make safe and healthy choices.

How do we start these conversations and what messages should we impart on kids about drug use? Even though you might be scared on their behalf, and want to instil fear in your own kids, we know very well that fear tactics don't work. It's advised to use simple, general language. Broad language (e.g., substance use, substance-related harm) avoids labelling people and



EMMA MALLACH
MODERN
MISHPOCHA

does not introduce emotionally-loaded judgments. It's also advised to limit the use of negative language and terms, such as "substance abuse," that have moral overtones.

Michael and Diane Parkin were the youth advisers of Temple Israel's youth group, FROSTY, for several years between 1989 and 2003. They recalled at least one occasion when they could smell cannabis on teens. They took this opportunity to facilitate a group discussion about drug use.

"This helped us to gain their respect," said Diane. "It opened the lines of communication between the generations."

They also held a meeting with the teens and their parents to discuss concerns.

"It's not that we are explicitly against using mind-altering substances, however, when you're part of FROSTY and going to an event, you sign a contract that you agree not to use these substances. Therefore the problem was the violation of the agreement," said Michael.

If you're unable to abstain for the duration of the

trip, this could be a sign that you might need to seek help for your substance use.

Parents worry their child's drug use will be problematic, that they will become addicted. This begs a discussion around how we perceive addiction in the first place. Many people in society believe that drugs are intrinsically dangerous with the power to control human behaviour. According to this belief, a person takes a drug until, one day, the drug takes the person. The person is now considered "addicted," is dependent on the substance, and powerless to control their substance use. A more compassionate and logical perspective on substance use places the focus on the person rather than the drug. It considers the context and reasons why we start and continue to use drugs in the first place.

There is a debate in Judaism as to whether cannabis was used historically in various rituals. Now that it's legal, it might be worthwhile re-igniting these discussions. Alcohol use is not only normalized but considered central to the weekly practice of Shabbat and the observance of various holidays like Purim and Pesach, to name a few. Perhaps there is a role for cannabis to play in modern Judaism. No doubt our kids will be calling us out on this potential double standard.

Adolescence is a time of major physical and psychological changes. These years can be confusing, challenging and frustrating. Experimenting with mind-altering substances can be appealing during this time of self-transformation. Let's start by talking so we can make this as positive as possible.

Bess and Moe Greenberg Family Hillel Lodge

ADVERTORIAL

Get To Know Us



Sandra and Sam Zunder

Sam and Sandra Zunder share a birthday and lots of great memories. They were both born on December 25th – which is also known for some other celebrities' birthdays such as Humphrey Bogart, Cab Calloway and Justin Trudeau to name a few. Both are children of people who immigrated to Canada. Sandra's parents emigrated from Russia and Poland, while Sam's parents emigrated from the Ukraine.

Sandra was born in Toronto and moved with her parents to Ottawa when she was one year old. Sam was born at the Ottawa Civic Hospital. After completing his education in 1945, Sam was ready to join the war effort – but received a letter stating that there would be no more call-ups and NOT to report for duty. The two met one evening when they attended a Sunday Night Yiddish movie at the Linden Theatre (Beechwood Ave. and Crichton St.). The theatre was packed, and both Sam and Sandra gave up their seats to elderly people in the Jewish community...and they stood at the back. Sam remembers that he was there with his buddy Lazarus Newman. Sandra remembers that she was wearing a red sweater and that her girlfriend Maureen Gershon knew Sam...and introduced them. She added "I think what he really noticed was my red sweater", to which Sam quickly replies "What are you talking about, I noticed you not the sweater.

In the summer of 1950, Sandra was working as staff at CBB Ottawa (Camp Director – Hy Hochberg), while Sam was playing stickball and other sports in the street and helping out at Zunders Fruitland in the market.

Sam proposed to Sandra in Ste-Agathe at Wooden Acres. He came up for the

weekend to see her and pop the question. He didn't have a lot of money, and used his Bar Mitzvah ring as the engagement ring. Don't ask to see the ring though... Sandra lost it - but don't worry - Sam replaced it with a very nice wedding ring when they eloped and were married on Labour Day weekend 1951.

It was in 1948 that Sam realized that he had a vision problem. He was at Lac Phillipe with a few of the guys, and as dusk was setting he couldn't find the path back to the lake. Sam and Sandra helped start the Ottawa Chapter of the RP (Retinitis Pigmentosa) Foundation to fight blindness. Sam tells me that Sandra became the chapter secretary because she was the only one who knew how to type.

Sandra and Sam have two sons – Alan and Philip (Lynn timer) and four grandchildren. By the way, Philip participated in the 10th annual Biking for Bubbies to support Hillel Lodge.

When asked about the Lodge, they both talk about the great activities, and the weekly bingos (both Monday night and Friday afternoon). Sandra shares that it's nice having friends who are also at the Lodge. They used to spend a lot of time in Florida with the Schachnows and Shelly is a resident she can see every day as well as their good friend Ethel Kerzner and others. Sam adds that he enjoys the Saturday Shabbat services that he can attend, enjoy the Kiddush and return to his room without needing to put on outdoor shoes and a jacket. The Lodge is the only Long-Term Care Home in Ottawa with a synagogue in the building.

On December 25th, they will celebrate their 88th and 92nd birthdays.

By Mitch Miller, Executive Director, Hillel Lodge LTC Foundation



It's legal, so what's the buzz about marijuana?

Touring Boston's historic Freedom Trail, I heard the quirky story of a notorious American pre-Prohibition-era woman named Carrie Nation, a radical member of the Women's Christian Temperance Union in the early 1900s. On her anti-alcohol campaign, she entered saloons and smash bottles of liquor with a hatchet.

On October 17, marijuana became legal in Canada. I've been thinking about Nation, clutching a bible and a hatchet, trying to impose her religious beliefs and conservative values while employing violent tactics. I decided I don't want to be like Nation – not that I'd ever run amok with a hatchet. Rather than dwell on the negatives based on my personal opinions (e.g., I think it stinks!), I went on a fact-finding mission to learn about marijuana and its benefits.

Until 1908, alcohol and narcotics were unregulated in Canada. Opium, cocaine and morphine were soon prohibited. Even though marijuana was not a popular drug, in 1923 the Canadian government added it to the schedule of restricted drugs. That decision may have been influenced by the alarmist and racist writings of Canadian women's rights activist Emily Murphy who claimed that marijuana users would become raving maniacs and engage in interracial sex. Murphy is immortalized in the Famous Five statue on Parliament Hill for helping win the legal status of "persons" for women. She may become the target of posthumous mockery for her anti-drug rants as Nation was for her anti-liquor rampages; marijuana users can now legally smoke up under Murphy's nose.

The federal government prefers the term cannabis



GLORIA SCHWARTZ
FOCUS ON FITNESS

rather than marijuana. The cannabis sativa plant contains hundreds of compounds including tetrahydrocannabinol (THC) which has a psychoactive effect and cannabidiol (CBD) which does not. One variety of cannabis plant is short and wide and grown for its leaves, flowers and seeds containing large amounts of THC and little CBD. It's for recreational or medical marijuana (pot, weed). Perhaps less familiar are products made from the variety of cannabis plant called hemp which is taller and more narrow and is grown for its stalks, stems and sterilized seeds high in CBD and low in THC (less than .3 per cent), so there's no psychoactive effect. Products made from CBD oil, such as creams, capsules and sprays may be more appealing to people seeking the medical benefits without the high. Where and when you can purchase products varies by province. In Ontario, limited THC products are for sale online at the Ontario Cannabis Store and coming to private and government-operated retail outlets next year. Edible products with or without THC won't be available until next year.

There are many sweeping health claims about cannabis, with or without the psychoactive component. Claims include its ability to reduce nausea and vomiting in chemotherapy patients, slow the spread of can-

cer cells, relieve anxiety and PTSD, alleviate spasticity in multiple sclerosis, and help with Type 1 diabetes and Alzheimer's disease. Many of the scientific studies are preliminary, inconclusive or contradictory. For example, a review of over 10,000 scientific studies concluded that both THC and CBD products are effective in relieving chronic non-cancer pain and reducing opioid dose requirements (<https://tinyurl.com/yajtq75n>); however, a four-year study of 1200 participants found no significant difference (<https://tinyurl.com/y8x4xbxs>).

CBD oil is being touted as part of a health and wellness lifestyle. Products are marketed as a hip, more natural alternative to traditional medications, with fewer side effects compared to prescription and over-the-counter pain killers and anti-inflammatory drugs. However, CBD can interfere with some medications, and has side effects including fatigue and diarrhea. Regular use of marijuana (e.g., smoking weed) may be detrimental for people with bipolar disorder, may lead to suicidal thoughts and may increase the risk of schizophrenia and other psychoses especially in young people. <https://tinyurl.com/yatzm2g9>

Cannabis is not an approved therapeutic product according to Health Canada. Similarly, the U.S. Food and Drug Administration has not deemed cannabis safe or effective in the treatment of any medical condition, with the exception of one type of CBD as an approved treatment for two rare forms of epilepsy. There's plenty of anecdotal support contributing to the hype. Now that cannabis is legal, more scientific studies will likely be conducted, perhaps with more conclusive findings.

Temple Israel

An egalitarian Reform congregation

A community dedicated to the study of Torah, worship and Tikkun Olam, good deeds.

Sunday November 18, 2018,

Double Comparative Review:

Bellevue Square by Michael Redhill and

Dinner at the Centre of the Earth by Nathan Englander,

Reviewed by Rubin Friedman.

Bagel breakfast 9:30 am, voluntary donation requested followed by the Book Review at 10:00 am

Sunday November 25, 2018: Concert presented by

Leah Roseman violin and Dina Namer piano

A programme of works for violin and piano entitled "Forbidden and Forgotten"

The programme features music by Achron, Goldmark and Kahn.

Tickets are \$20 for adults, children under 12 are free.

President: Stephen Asherman
Sr. Rabbi: Robert Morais
Rabbi Emeritus: Steven H. Garten
Executive Director: Heather Cohen

Administrative Officer:
Cathy Loves
Principal:
Sue Potechin



1301 Prince of Wales Drive, Ottawa, ON K2C 1N2
Tel: 613-224-1802 Fax: 613-224-0707
www.templeisraelottawa.ca

Respecting tradition

At your time of need or when planning ahead, rely on us to provide everything you need.

We are proud to support the Jewish Memorial Gardens Revitalization Project.

**Call us 24 hours a day at:
613-909-7370**



Kelly Funeral Home

Carling Chapel

by Arbor Memorial

2313 Carling Avenue, Ottawa, ON
kellyfh.ca/Carling



**Breaking news updated daily at
www.ottawajewishbulletin.com**

Respecting history while avoiding living Judaism

The history of the Italian Jewish community is more than just interesting, it is fascinating. Jews have lived in Italy without interruption from the days of the Maccabees until the present, a period of more than 21 centuries. Though there were partial expulsions, there was never a general expulsion.

The first formal ghetto designed to segregate the Jewish community from its neighbours was established in Venice in 1516 and the ghetto walls stood until 1797 when Napoleon conquered the city. The ghetto of Rome was erected in 1555 and remained an imposition upon the Jews of the city-state until 1870, though Napoleon did break down the walls for a brief seven year period between 1808 and 1815.

The liturgy of the Italian Jewish community reflected the varieties of Jewish communities who found a home in the princely states of Italy. There were native Italian Jews who traced their roots to the days of the Maccabees. There were Sephardim, Ashkenazim, and Greco-Italian Jews. This mélange of Jews helped create fascinating liturgical traditions as well as interesting cuisine. The community also gave rise to one of the great biblical commentators Ovadia ben Jacob Sforno (1475-1550). His works are so different than the commentaries of the Ashkenazim. His writings is more mystical and yet simultaneously more rational.

All of this history was recalled during a recent two week sojourn to Italy. My preparatory reading served as the impetus to visit the remains of the Venice Ghetto. There are no remaining walls, but there is a museum dedicated to the history of the city's Jews and four



RABBI STEVEN H. GARTEN
A VIEW FROM THE BLEACHERS

empty synagogues, who stand ready for inspection and as testimony to the long past presence of Jews in Venice.

It was in the courtyard of the museum that I witnessed the intersection of respect for dead Jews and avoidance of living Judaism. Waiting to enter the museum, and afterwards, I spoke with people from many countries who made the museum their first stop in Venice. The vast majority were "members of the tribe." We chatted about the history, and about their excitement to experience the history of a Jewish community long since gone.

Yet, at the same time, the shlichim of Chabad had established a sukkah in the corner of the courtyard and welcomed all visitors to bench lulav and etrog and eat in the sukkah. However, none of the visitors I chatted with had any interest in visiting the sukkah of living Judaism. I am certainly aware that Chabad can be aggressive and off putting, but this community on this day was respectful and rather passive, unless one initiated contact. So, once more, I'm struck by how many of us travel to the concentration camps, the cities devoid of Jews, the sites of our persecution and

destruction, but often avoid the vibrant realities of our existence.

The synagogue in Florence is a wondrous architectural achievement. The docents are knowledgeable and informative, though ours informed us he was not Jewish. Not enough members of the community want to be responsible for sharing their history. The synagogue is full of visitors on chagim and yom tovim, but they tell me not nearly as many visitors come to services as come to visit the empty building and museum.

What is it about our self-definition that makes us more comfortable with our history's stories of destruction and persecution than with the history of our ongoing redemption? What is it about viewing the remnants of our inglorious past that is more compelling than visiting our glorious present?

Perhaps the answer lies in our transformation from one people united by a covenant and shared history to two separate and discreet groups. One group who maintains the original design, people bound by covenant and history. The other has allowed time and events to create a peoplehood bound by history but no longer committed to covenant. Perhaps that distinction, certainly the outgrowth of 200 years of political emancipation, drives some of our people to visit the sites and cities of our past but does not compel them to visit the synagogue or other institutions of our present vibrancy.

Only time will tell if this new division of identity will be the secret of our survival, or whether the saving remnant of our people will need to be more than mere tourists.



Sunday, November 18

10:00 am - 4:00 pm

Soloway JCC Gymnasium, 21 Nadolny Sachs Private

For a full list of vendors visit www.jccottawa.com

Plus check out the selection of Hebrew books for sale (cash only)

Contact: Ella Dagan (613) 798-9818 ext. 243, edagan@jccottawa.com

VERED ISRAEL
CULTURAL AND EDUCATIONAL
PROGRAM

Get great gifts and everything you need for an unforgettable Chanukah celebration plus an entire day of fun for the whole family!



PRESENTS

Chanukah Celebration

10:00 am - 12:00 pm

PJ Library story time with Morah Reesa, a Junkyard Symphony performance, crafts, latkes, donuts, dreidels and gelt! **\$15/family**

VERED ISRAEL
CULTURAL AND EDUCATIONAL
PROGRAM

Soloway JCC

Soloway JCC
Gaton
Preschool

Jewnique with David Silverberg

1:30 pm • \$5 at the door

Social Hall A

Speaking Globally: Yiddish and Esperanto as World Languages

with Sebastian Schulman, Executive Director of Klez Kanada

10:30 am - 12:00 pm • Teen Lounge

Co-sponsored by the Soloway JCC, the Vered Jewish Canadian Studies Program and the The Esperanto Rondo de Otavo.

Cafés as gathering places are nothing new

MURRAY CITRON
BOOK REVIEW

A Rich Brew: How Cafés Created Modern Jewish Culture

By Shachar M. Pinsker
New York University Press
369 pages

A Rich Brew: How Cafés Created Modern Jewish Culture by Shachar M. Pinsker is a cultural history that focuses on Ashkenazi writers in the period of “the enormous historical, cultural and economic upheavals of the 19th and 20th centuries.” It reports that coffee and coffeehouses were imported to European cities from the Ottoman Empire beginning in the 18th century and that coffeehouses became popular literary gathering places.

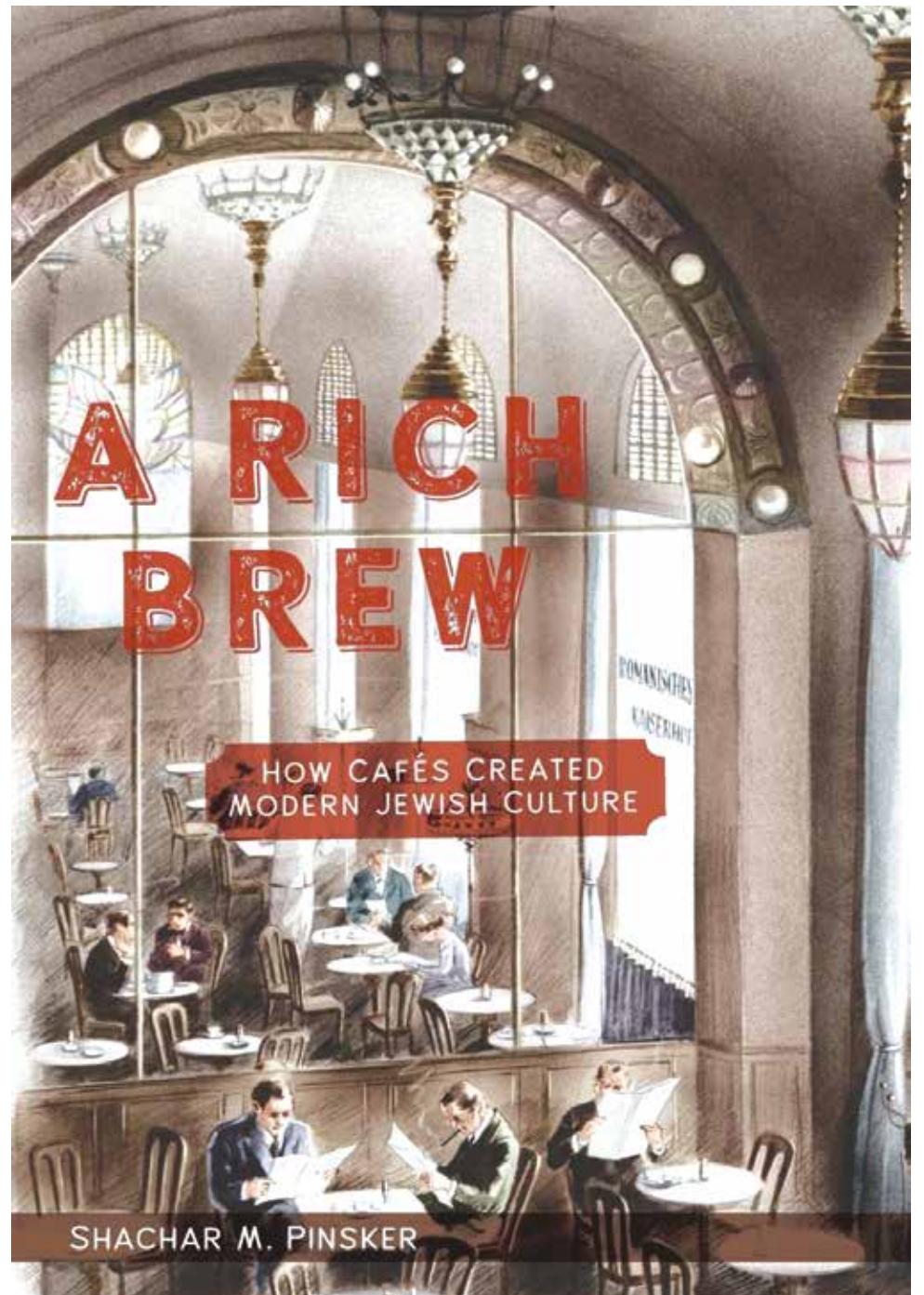
The insight on which the book is based is that “modern Jewish culture... is fundamentally diasporic and transnational, no matter where it is provisionally located.” Jewish writers were physically on the move, trying to get from

shtetls to cities, from countries where they didn’t want to be to countries that had more appeal, from places where they couldn’t get jobs or get published to places where they hoped they could.

A Rich Brew has an Introduction and Conclusion, and its main body is six chapters, each devoted to a city that was a major Jewish centre and home to famous cafés: Odessa, Warsaw, Vienna, Berlin, New York and Tel Aviv-Jaffa. It explores the similarities, and the differences, of café culture in those cities.

For wandering writers, and wandering Jews, a café anywhere could be a temporary home, or resting place, or meeting place. Coffee could be had, and pastries, and maybe sandwiches, at prices they could afford, in surroundings more elegant than their rooms. Writers could write on the tables provided, and meet other writers and publishers. Around them business was being done, and political groups were gathered. We meet familiar names including S. Y. Agnon, Isaac Babel, Sholem Aleichem, I.L. Peretz, Melech Ravitsh, and Lamed Shapiro.

There are the usual elements of Jewish life. There is segregation. Many coffeehouses were owned by Jews, but there were often sections where gentiles sat and Jews sat. Or they came together:



“Moses Mendelssohn, the father figure of the Haskallah movement, made his first significant entry into German Enlightenment circles in a ‘learned coffeehouse.’” There is segregation by gender. In the period covered by the book, the patrons were almost entirely men. It is late in the story that we meet Leah Goldberg, a poet and writer who migrated to Tel Aviv in 1935 and did make “the café a home.” She gave sardonic interviews and wrote about the status of women both in the cafés and in the Yishuv.

Gender segregation has a background. The author quotes previous historians in raising “the intriguing idea that there is a strong link between the café... and the Talmudic culture of intellectual debate and homosocial camaraderie that char-

acterized the traditional Jewish ‘house of study.’”

Pinsker, the author of A Rich Brew, is an associate professor of Hebrew literature and culture at the University of Michigan and as interesting as the book is, it carries the weight of a quantity of academic jargon (see the word “homosocial” in the passage just quoted). And I wonder whether the catchy subtitle – How Cafés Created Modern Jewish Culture – was suggested by an agent or publisher who thought it would improve sales. Did cafés create modern Jewish culture? In the age of the Internet café, did Starbucks create the Internet? Jews created modern Jewish culture. That’s what Jews do, and they do it in the situations in which they find themselves, and with the resources available.

Jewnique



Cantor Moshe Kraus



Allison Pick



Judy Perly



Judy Feld Carr

David Silverberg’s solo show, *Jewnique*, is based on what he calls performance journalism. He blends his career as a journalist with his passion for performance poetry by adding research and quotes to his poem-profiles of successful Jewish leaders and disruptors. Among them: Cantor Moshe Kraus, Judy Feld Carr, David Buchbinder, Judy Perly and Allison Pick.



David Buchbinder

**Sunday,
November 18**

1:30 pm
SJCC Social Hall A
Admission: \$5 at
the door



David Silverberg

WHAT'S GOING ON | October 29 to November 11, 2018

FOR MORE CALENDAR LISTINGS, VISIT WWW.JEWISHOTTAWA.COM/COMMUNITY-CALENDAR

ONGOING EVENTS

Ottawa Israeli Dance

6:30 - 10 pm, Tuesdays until June 25
Ottawa Jewish Community School gym
31 Nadolny Sachs Pvt.
Contact: judy@ottawaisraelidance.ca
Cost: \$5/evening (pay at the door)
Contemporary Israeli dances. Old favourites. Great music. Exercise. All in a fun and friendly atmosphere.

Mah-Jong at KBI

1:30 - 3:30 pm Thursdays until
December 27, 2018
Kehillat Beth Israel
1400 Coldrey Ave.
Contact: Deborah Zuker
rabbizuker@kehillatbethisrael.com
Cost: \$2. Beginners and experienced players welcome. Bring sets and cards if you have them.

Kol Miriam

7:30 - 9:30 pm, Thursdays until June 20,
Hillel Lodge, 10 Nadolny Sachs Pvt.
Contact: Froma Rose
fromarnold@yahoo.com
An choir of women for women singing traditional and contemporary Jewish music.

Guf Va'Nefesh – Body-Mind-Spirit Integration Classes

7:30 - 9 pm, monthly on the 1st
Wednesday until June 5, Or Haneshamah
30 Cleary Ave., room five,
Contact: Tana Saler
Tana.saler@rogers.com
Guf Va'Nefesh means Body and Mind (Soul). Participants will engage in gentle movement, verbal and non-verbal interaction, conscious breathing styles and visualization.

MONDAY, OCTOBER 29

Ottawa Celebrity Sports Dinner

6 - 10 pm, Ottawa Conference & Event Centre, 200 Coventry Rd.
Contact: Pamela Rosenberg
prosenberg@jccottawa.com
Fundraiser featuring, Jerome “the Bus” Bettis of the Pittsburgh Steelers. Silent and live auctions and an opportunity to rub shoulders with the leaders of Ottawa’s business community and top-rate athletes. Sponsored by Soloway JCC

FRIDAY, NOVEMBER 2

JBaby Oneg Shabbat at Hillel Lodge

10:30 am - 12:30 pm, monthly on the 1st
Friday until June 2, Hillel Lodge,
10 Nadolny Sachs Pvt.
Contact: Ranit Braun
ranitb@hotmail.com
Baby and parent Shabbat program. Music, song, play, snack and kvell. Meet others with babies and toddlers roughly under 24 months. Everyone is welcome! Sponsored by Temple Israel & TIRS

SUNDAY, NOVEMBER 4

Double Threat – Book Talk

10:30 am - 12 pm
Contact: Roslyn Wollock
rwollock@jccottawa.com
Ellin Bessner will talk about how Canadian Jews responded to the Second World War with personnel, political and financial support.

“Let the Artifacts Speak: Returning Humanity to Holocaust Victims”

12:30 - 7:30 pm Nov 4 and 6 - 7:15 pm
Nov. 5, Temple Israel, 1301 Prince of Wales Dr.

Contact: Sue Potechin

irs@templeisraelottawa.ca

Pop-Up Museum where Ottawa families will tell the story of their family’s experience of the Holocaust through objects. On November 5, at 7:30 pm, the Pop-Up Museum will be followed by a public lecture by Robert Ehrenreich of the United States Holocaust Memorial Museum. For adults and mature teens.

TUESDAY, NOVEMBER 6

Malca Pass Library Book Discussion Group

7:30 - 9 pm, Kehillat Beth Israel
1400 Coldrey Ave.
Contact: Maureen Kaell
mkaell@rogers.com
The Book Smugglers will be reviewed by Susan Landau-Chark; group discussion will follow. Held in partnership with CHES, Centre for Holocaust Education and Scholarship

WEDNESDAY, NOVEMBER 7

80th Anniversary of Kristallnacht: What Shards Remain? HEM launch event

7 - 9 pm, Kehillat Beth Israel, 1400 Coldrey Ave.
Contact: Annette Wildgoose
awgoosie@gmail.com
The Centre for Holocaust Education and Scholarship sponsors a performance on one of the Violins of Hope. Keynote address by Michael Berenbaum, one of the founders of the Holocaust Memorial Museum in Washington.

Bora Laskin Law Society Reception With Alan Kessel

7 - 9 pm, Gowling WLG, Suite 2600, 160 Elgin St.
RSVP to laskinsociety@gmail.com or

info@boralaskinlawsociety.ca

Reception featuring a talk by Alan Kessel, Assistant Deputy Minister of Legal Affairs and The Legal Adviser to Global Affairs Canada.

THURSDAY, NOVEMBER 8

The MS St. Louis - A shameful moment in North American history

7 - 9:30 pm, Ottawa Torah Centre Chabad, 111 Lamplighters Dr. Contact: Rabbi Blum, info@theotc.org
Cost: \$15. Screening of “Complicit,” The Voyage of the MS St. Louis – A shameful moment in North American history. Discussion with director Robert M. Krakow and Q&A with four surviving passengers.

SATURDAY, NOVEMBER 10

Music of the Holocaust performed by the German National Youth Orchestra

6:30 - 8:30 pm, Southminster United Church, 15 Aylmer Ave.
RSVP: <http://sogerman.ca/events/night-of-broken-glass/>
Music by a variety of composers including some who fell victim to the Holocaust. Sponsored by Embassy of Germany, Centre for Holocaust Education and Scholarship.

CANDLE LIGHTING BEFORE

NOVEMBER 2	5:31
NOVEMBER 9	4:21
NOVEMBER 16	4:14
NOVEMBER 23	4:08
NOVEMBER 30	4:04

BULLETIN DEADLINES

WEDNESDAY, NOVEMBER 7	FOR NOVEMBER 26
WEDNESDAY, NOVEMBER 21	FOR DECEMBER 10
WEDNESDAY, JANUARY 2	FOR JANUARY 21

* Early deadline: Community-wide Issue ** Early deadline: holiday closures (all dates subject to change)

UNLESS OTHERWISE NOTED, ACTIVITIES TAKE PLACE AT THE JOSEPH AND ROSE AGES FAMILY BUILDING, 21 NADOLNY SACHS PRIVATE

CONDOLENCES

Condolences are extended to the families of:

Ron Hoffenberg

Esther Smolar

Seymour Levine

**May their memory
be a blessing
always.**

The Condolence Column is offered as a public service to the community. There is no charge. For listing in this column, please call 613 798-4696, ext. 274. Voice mail is available.



Welcome to the big league.

The Audi Q7.

Audi Mark Motors of Ottawa
Audi Ottawa

295 W Hunt Club Rd
458 Montreal Rd

613-723-1221
613-749-5941

audi.markmotorsofottawa.com
audiottawa.ca

Audi Q7. Starting at \$64,000. All prices are MSRP in Canadian dollars. MSRP is the manufacturer's suggested retail price. Excludes \$1,793 freight and \$980 PDI, \$100 a/c levy and other environmental or related levies. License, insurance, registration, additional options, any dealer or other charges and applicable taxes are extra. All payments, prices and figures are estimates only, provided for information, and are not binding on Audi Canada or Audi Ottawa/Audi Mark Motors of Ottawa. Actual selling price, leasing / financing rates and other terms are set by Audi Ottawa and Audi Mark Motors of Ottawa. This is not an advertisement to sell at specific prices or on specific credit terms. Dealer may sell or lease for less. Although we endeavour to ensure that the information is accurate, as errors may occur from time to time, customers should contact Audi Ottawa or Audi Mark Motors of Ottawa for details. Items, specifications, availability, standard features, options, fabrics and colours are subject to change without notice. Audi Ottawa/Audi Mark Motors of Ottawa is not responsible for errors, omissions or any issues related to the information provided and contained on audi.ca or markmotorsgroup.com