

JFS Resources for Seniors

Care for the Caregivers

A certified Dementia Consultant who works with caregivers to help them understand the changes in the brain changes that is affecting your loved one and providing guidance and techniques of how to effectively communicate and engage.

You cannot change the behavior, but you can change your approach to better support your loved one.

Services include:

- Positive approaches to challenging behaviors including how to support your loved one who is resistant to help or care
- Support for caregivers through a holistic approach

COST: Fee for Service: Sliding scale available

Case Management

Comprehensive services available to Jewish seniors and their families that include:

- Home assessments, individualized care plans, and on-going case-management.
- Coordination of care with government agencies, health professionals and service providers.
- Navigation of Jewish communal and general Ottawa programs and services for seniors.
- Dementia consultations for family and other caregivers.
- Facilitating seniors and their families to engage in difficult conversations regarding Power of Attorney, personal care, and/or finances, and other areas of concern.
- Short term individual and family counselling.
- Assistance with the application process and transition to alternate housing including retirement homes or long-term care facilities.
- Information and referral
- Long distance caregiving

COST: Fee for program. A sliding scale is available.

*CONTACT INFORMATION FOR
CARE FOR CAREGIVERS and CASE MANAGEMENT*

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