



Israeli pianists to visit page 13

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Malina tells Campaign Kickoff about living a meaningful Jewish life in Hollywood

By Ilana Belfer

How do you make it in Hollywood and remain a mensch? That was the question as Joshua Malina took to the National Arts Centre Theatre stage to deliver the keynote address, August 25, at the Jewish Federation of Ottawa's Annual Campaign Kickoff.

The answer, according to Malina, is a strong Jewish foundation and the chutzpah to publicly embrace substantive Judaism and Israel, when it seems no one else in Hollywood will.

The 47-year-old actor – best known for his portrayal of Will Bailey on the acclaimed television series, *The West Wing* – began by speaking about his upbringing

ing in a Conservative Jewish household in New Rochelle, New York.

He said being sent to Westchester Day School, an Orthodox yeshiva, turned out to be “one of the great gifts” his parents gave him, because it provided him with the basic skill set for living a meaningful Jewish life, arming him with tools, such as how to read and write Hebrew, give tzedakah and observe the holidays, as well as a deep-rooted Jewish *ruach*.

Malina went on to talk about his career, essentially a product of “Jewish mother’s logic.” When he moved to New York City to pursue his dream of becoming an actor, he said his mom urged him to phone his cousin’s former

schoolmate, a fellow Jew in the entertainment business, named Aaron Sorkin.

Malina and Sorkin became poker buddies. Many games later, Malina was cast in Sorkin’s Broadway production of *A Few Good Men*, and, eventually, in two of Sorkin’s TV series: *Sports Night* and *The West Wing*.

Malina, who currently plays Assistant U.S. Attorney David Rosen on *Scandal*, recalled being invited, about a decade ago, by the Jewish Federation of Los Angeles to sit on the celebrity dais of a rally supporting Israel’s right to exist, and he was met with a “palpable lack of star power.”

“If I’m not a celebrity
(Continued on page 2)



(From left) Campaign Chairs Charles Schachnow and Leiba Krantzberg, keynote speaker Joshua Malina, Federation President and CEO Andrea Freedman, and Kick-off Chairs Cindy and Nathan Smith at the 2014 Annual Campaign Kickoff.
(Photo: Howard Sandler)

Beth Shalom members vote to sell Chapel Street property

By Michael Regenstreif

The question now is what comes next for Congregation Beth Shalom?

After a passionate and contentious debate, August 28, the membership of the downtown Conservative shul voted overwhelmingly in favour of accepting the purchase offer for the property at 151-153 Chapel Street from Trinity Properties Investments Inc. and Forgestone Capital Management GP Inc.

Until 1998, the building also housed the Jewish Community Centre and the offices of the Jewish Community Council of Ottawa/Vaad Ha’Ir (now the Jewish Federation of Ottawa) and *Ottawa Jewish Bulletin*.

The property was sold for a base price of \$12.1 million. The purchase agreement also allows for the possibility of up to \$5.1 million more – for a potential total sale price of \$17.2 million – depending

on building permits issued within five years of the sale’s closing date.

The motion in favour of accepting the offer passed by a margin of 94 per cent with 144 voting members in favour of the sale and nine opposed.

The special general meeting of Beth Shalom members began with Ian Sherman, the shul’s president, outlining the terms of the sale and the sale process that has unfold-

ed over “the past 27 to 30 months.”

“We feel the result is fair in the circumstance,” Sherman said, noting he was speaking on behalf of the Beth Shalom Board of Governors.

Although Sherman insisted the purpose of the meeting was simply to vote on the purchase offer, he did outline a number of possible scenarios for the future of the congregation, which must vacate

the Chapel Street property by March 31, 2014.

Promising that Beth Shalom will continue to hold weekly services, Sherman said a temporary relocation to a rented facility was a potential next step.

Remaining an independent congregation in a new location, possibly on or near the Jewish Community Campus, was among the options Sherman mentioned for the longer term future of Beth

Shalom.

Other options include a partnership or amalgamation with another shul. One possibility, which Sherman noted has been discussed, is a merger with the Conservative Agudath Israel Congregation, which would involve renovations to Agudath’s building on Coldrey Avenue.

“There are,” Sherman said, “other alternatives not yet identified.”

(Continued on page 2)

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Kickoff: Actor and Federation share common causes

(Continued from page 1) now, I certainly wasn't one 10 years ago," he said. "And this was L.A., where I like to say you can't shake a lulav without hitting a famous Jew."

When the L.A. Federation's entertainment liaison told him that Jewish celebrities weren't willing to attach their names to anything Israel-related, he said he was "aghast" and went on record about it in an interview in the local Jewish newspaper. He said that's when calls from Hillels and other Jewish federations started pouring in asking him to speak.

"To me, listening to the political views of somebody on *The West Wing* is like going to somebody who's on ER to perform an appendectomy. In spite of myself ... I figure, if I can do any good, I'm going to try and do it," said Malina, blaming a lack of visible Jewish role models for contributing to a decline in Jewish identification and connection to Israel among today's young adults.

Engaging the next gen-

eration of Jews appeared to be a topic close to Malina's heart as he spoke at length about his experiences as a "Jewish daddy" trying to pass his values on to his daughter Isabel, 15, and son Avi, 11.

Honest conversation is necessary to develop children's love of Israel, he said — something he came to understand after his first instincts told him to hide a *New York Times* article about a group of Jewish youth beating up a Palestinian teen in Jerusalem, which he realized was the wrong thing to do.

"There are a lot of grey issues revolving around Israel, and I think we do our kids a disservice — they're a little bit more sophisticated than we give them credit for — if we paint things solely in black and white."

While Malina admitted to be "preaching to the choir," he made sure to thank the Federation and the Annual Campaign donors for their commitment to many of the same causes he cares about — particularly those directed



Singers from the Israel Defense Forces Band perform at the 2014 Annual Campaign Kickoff.

(Photo: Howard Sandler)

at youth.

Malina's comments about commitment echoed a theme struck earlier by Kickoff event chairs Nathan and Cindy Smith.

Nathan spoke about the example his father, the late Jack Smith, set for him and his nine siblings about volunteerism, tzedakah and

synagogue. He also spoke about the Federation's role in the lives of their two daugh-

ters, who have attended the Ottawa Jewish Community School since kindergarten.

Nathan's sister, Women's Campaign Chair Leiba Krantzberg, and Annual Campaign Chair Charles Schachnow talked about how the community can achieve more "together" to repair the world "one gift at a time," and thanked long-time donors and called for increased support this year in order to better assist the Federation's many beneficiary agencies.

The event also included a short performance by five singers of the Israel Defense Forces Band and a screening of the 2014 Annual Campaign video.

The video — which can be seen at tinyurl.com/JFO-2014-video — calls attention to Federation priorities in community building, helping the vulnerable, educating Jewishly and supporting Israel.

Beth Shalom: Congregation to determine its next steps

(Continued from page 1)

Sherman also noted that the process of selling the Chapel Street property began after decades of financial losses, which the congregation could no longer sustain. Membership has been in decline for many years because Ottawa's Jewish community, which was once centred in the neighbourhood, has largely dispersed to other parts of the city and the suburbs.

Sherman said the synagogue's debts of about \$1.5 million would be discharged on the closing of the sale.

That the membership would vote so overwhelmingly in favour of the sale was not evident from the debate that preceded the voting process, as many of

those who rose to speak were vehemently opposed to the congregation giving up its building.

One option favoured by some of those opposed to the sale of the entire property would have been to retain the synagogue area at 151 Chapel Street and just sell the former community centre at 153.

"Had we sold 153 Chapel Street, we would have had about \$5 million in our hands, enough to make repairs to this building and completely eliminate our debt," said Tova Lynch.

Seymour Mayne said that selling the synagogue property would be "doing the wrong thing" and "a failure of the executive and members," while Bob Abelson said Beth Shalom's leaving downtown

is something he cannot imagine.

Several other members spoke out in favour of the sale. David Kardish said the only alternative to the sale would be bankruptcy, while past Beth Shalom presidents Daniel Kimmel and Ken Radnoff said the sale was endorsed by all of the congregation's living past presidents.

Radnoff added that the committee of past presidents will remain actively involved, helping to determine the future of Beth Shalom.

Sherman returned to the podium after the results of the balloted vote — which was supervised by accountants from Ginsberg Gluzman Fage & Levitz (GGFL), the synagogue's auditors — was announced by GGFL partner Jeff Miller.

With just seven months until Congregation Beth Shalom must leave the building, Sherman noted there was much to do and many decisions to make and pledged the Board of Governors will "ensure that Beth Shalom has a future of at least another 55 years."

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Ottawa now part of worldwide Limmud community

By Ilana Belfer

Limmud is so many things, it's hard to define. It's been described as Jewish learning without limits or boundaries, a place to craft Jewish identity, or a "communi-versity."

Limmud, which was founded in the United Kingdom in 1980, has grown to be a global phenomenon

with Limmud events now taking place in more than 65 communities around the world.

Limmud Ottawa, which is being described as an "inspiring weekend of Jewish learning and culture," will take place October 19 and 20 at Beth Shalom.

While this is the third year Limmud Ottawa is taking place, the 2013 version will be the first time Limmud Ottawa will be officially affiliated with Limmud International.

"If you've got a stereotype of what Jewish learning is, then you have to be prepared to shed it when you arrive," said Limmud International's London-based senior consultant Clive

Lawton, who visited the *Ottawa Jewish Bulletin* office, August 16, during a trip to Ottawa to meet with local organizers.

Lawton said he co-founded Limmud 33 years ago because British Jewry "was exceptionally boring and tame, happy with being ignorant Jewishly, and terribly divided."

Seventy people turned up for the first Limmud, Lawton recalled. But, more significantly, the Limmud concept was born and the model soon began to spread around the world. Communities from Europe to North America, and from Asia to South America, no matter how dissimilar, integrate the same fundamental features into their Limmud events, conventions of Jewish learning with a shared "Limmudy" twist, and a common manifesto: "Wherever you find yourself, Limmud will take you one step further on your Jewish journey."

Limmud's core principles include expanding horizons, enabling cross-communal connections and valuing diversity, both in terms of the participants themselves and the sessions from which they can choose.

"The ideal Limmud program has, in every time slot, something for everyone. That goes for content and style. So it might be that you prefer making stuff and I prefer talking about stuff and somebody else prefers watching films or singing," Lawton explained. "This one will say, 'You know I love Limmud because I love doing history.' And the other one will go, 'History? I didn't know there was history.'"

Without money to hire employees, the inaugural



(From left) Limmud Ottawa organizers Margie Moscoe and Jenny Roberge with Limmud International senior consultant Clive Lawton, August 16. (Photo: Ilana Belfer)

event relied on volunteers. In retrospect, Lawton said this was "lucky" because volunteerism, which empowers individuals to contribute, became another of Limmud's key characteristics. Volunteers drive every aspect from planning to presenting sessions.

When someone approaches Limmud with a suggestion, Lawton explained, the response is to tell them, "Step up guy and do it! Make it happen."

This has been particularly effective in drawing young adults – the emerging generation – who are looking for a way to get involved in the community.

Limmud, though, is meant to be cross-generational in nature.

"It engages the 20s and 30s and it engages the seniors and elders, and they find themselves working on things together," Lawton said. "That, of course, is true community, not sliced up: you're in this lot and not that lot."

Debate is encouraged amongst Jews of different

denominations and ages, but only when arguments are about gaining understanding, rather than about ego and winning. Limmudniks will often stop in the middle of a point to ask, "Wait. Is this for the sake of heaven or not?" Lawton said.

Limmud Ottawa will begin on Saturday, October 19, 7:30 pm, with Laurence Wall hosting "The Music We Love: An Evening of Hebrew, Yiddish, Chazzanut, and Broadway Melodies." The concert will feature pianist Evelyn Greenberg, Cantor Daniel Benlolo, Cantor Jeremy Burko, Adam Moscoe, Shira Taylor and the Beth Shalom Choir.

Highlights for Sunday, October 20 will include

yoga with a Jewish bent, art displays, a cooking class, a presentation by Almonte farmer Rebecca Bloomfield on Jewish eco-education and farming, text study with local rabbis, and sessions such as, "Not Your Zaidie's Yiddish," "Once Upon a Time: A Perspective on Shtetl Ottawa," and "Why Do Young Adults Abandon Shul?"

"We hope this infuses more interest within each other, inter-community wise, and hopefully we can build a more vibrant collective Jewish Ottawa," said Jenny Roberge, who's leading the Limmud Ottawa team.

For more information, visit facebook.com/limmudottawa or contact limmudottawa@gmail.com.

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Talking with Ottawa Jewish community leaders

Sunny Tavel:

Community means ‘being part of something more important than me and my life’

By Ilana Belfer

Editor’s note: Throughout 2013, the Ottawa Jewish Bulletin is speaking with a number of longtime community leaders about some of their leadership accomplishments and about challenges the community faces now and will face in the future.

As she enters the Vaad Ha’Ir meeting room at the Soloway Jewish Community Centre, Sunny Tavel points to a plaque hanging by the door.

“Mezuzah dedicated by: John and Sunny Tavel,” it reads – ironic, considering she’s there to talk to the *Bulletin* about her experiences as a long-time community leader. After years of involvement, the mezuzah is just a speck on a long list of contributions.

“Both my parents were very dedicated community members and so it was nothing unusual. I mean, community and Israel was on the table for dinner almost every night,” Sunny said.

Her parents, Abe and Bertha Palmer, were the Gilbert Greenberg Distinguished Service Award recipients in 1990.

Growing up, Sunny attended Camp B’nai Brith of Ottawa and *Councillettes*, a National Council of Jewish Women program for teens that was held at the Jewish Community Centre on Chapel Street.

But it was in 1973, when her mother was the first chair of the Women’s Division of the Jewish Community Council of Ottawa/Vaad Ha’Ir (now the Jewish Federation of Ottawa) that Sunny, then 27, got her first taste of serious community work.

“Oh boy, we’ve come a long way. It was not met with the enthusiasm that people have



Sunny Tavel
(Photo: Ilana Belfer)

for the Women’s Campaign today,” she said. “I remember going to a big meeting and making my first donation ... ever since, I’ve been involved in one way or another.”

Following in her mother’s footsteps, Sunny went on to co-chair the Women’s Division in 1987 and was chair of the United Jewish Appeal campaign in 1995. At various times in the 1980s and ‘90s she was also chair or co-chair of the Soviet Jewry Committee, the Communications and Community Relations Committee, the State of Israel Bonds Women’s Division, and a United Israel Appeal leadership conference.

Also a founding member of the Henrietta Weiss Chapter of Hadassah-WIZO and a longtime executive member of the Hillel Lodge Auxiliary, Sunny has been honoured

on multiple occasions, receiving Canada’s 125th Anniversary Medal in 1992, the State of Israel Bonds Golda Meir Leadership Award in 1997, and the Federation’s 75th Anniversary Volunteer Award in 2009.

“I always loved community: the *chevra* (friendship) of community, the bond of community ... being part of something more important than me and my life. And Israel was it,” she said.

It sure was. Sunny has been on numerous missions to Israel as a participant or leader. She chaired the Ottawa Chapter of Canadian Friends of the Hebrew University of Jerusalem from 2000 to 2005, and is currently a member of the national board of Canadian Friends of the Israel Museum.

More recently, Sunny – who had to cut down on her commitments since becoming a bubbly in 2005 – has shifted her focus to fundraising with the Ottawa Jewish Community Foundation (OJCF), our communal organization for planned giving, which she called “the pillar of our community” and “the way of our future.”

“There are so many very important things the community addresses through all its

different agencies ... and – *kol hakovod* – they do a fabulous job,” she said. “But there are not enough funds for them. We need more funds for our school and on and on and so it goes.”

In Sunny’s eyes, the Federation’s Annual Campaign is the “lifeblood of the community, keeping the agencies alive.” She said she hopes the Campaign will become stronger in the future via the Foundation.

The Foundation manages more than 800 funds with assets of nearly \$43 million, which generates interest that helps supplement funding to the Federation’s beneficiary agencies.

“If the Annual Campaign is number one, the Foundation should be 1A,” Sunny said. “When I go, I’m gone. I can’t give a Campaign gift. But, if I do this [a planned gift], the interest from the gift I leave will continue long after I’ve been here.”

Sunny also stressed the importance of volunteerism.

“The volunteer at any level is absolutely of the utmost importance ... and everything they do adds up,” she said. “There’s still that concern of protecting ourselves and you can protect yourself through strength and unity.”

MEMBERS MEETING

A meeting of the members
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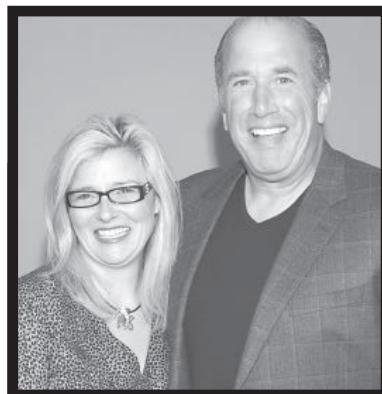
It is a new year, a time when we reflect on the past, contemplate the year ahead, and look for renewal. We are both honoured and privileged to serve as chairs of the Jewish Federation of Ottawa's 2014 Annual Campaign.

Not only have we taken on the challenge to ensure that all of our donors are approached to make their Annual Campaign gift, we have committed whole heartedly to ensuring that everyone understands the impact they can have on the continued vibrancy of Ottawa's Jewish community.

We are working diligently to raise awareness of the many incredible projects our campaign dollars fund and how, together, we can change the course of Jewish history. We are committed to thanking our donors, and making sure they understand how valued their gift is.

While the Annual Campaign window runs from September through December, our campaign efforts are ongoing. Events run year round and include the Campaign Kickoff, Choices and telethons in the fall, followed by Mitzvah Day in the winter and our annual golf tournament, which just celebrated 20 successful years!

And these are just our premier events –



Federation Report

**Charles Schachnow,
Campaign Chair
and Leiba Krantzberg,
Women's Campaign Chair**

there is no shortage of ways to engage our community members to be involved in any area that interests them.

None of our community-building efforts could be possible without the dedication of two important groups – our generous donors and our volunteers. We can never have enough donors and we can never have enough volunteers.

Todah Rabah and Yasher Koach to all of our volunteers for their contributions of time, energy and ideas to assist our Annual Campaign! With your dedication, skills and commitment, we are able to reach 3,800 donors annually.

Asking for a financial gift is a very difficult task. For our canvassers, it is

important to remember that you are not asking for money for yourselves, but rather for community agencies that rely on our funding.

With this in mind, each successful philanthropic discussion leads to excitement and the promise of a bright future. Excited and passionate canvassers have the ability to provide donors with a meaningful canvass. It is a win-win – especially when everyone feels good with the outcome.

We are grateful to all of the Federation staff who make themselves available to us whenever we call on them. Each of them plays a significant role in the success of our Annual Campaign. Todah Rabah!

Jewish life in Ottawa has never been better. We are blessed with a beautiful campus, home to our largest agencies, and a hub of Jewish activity for the young, the aged, the gifted and the vulnerable.

Our emerging generation is strong, vibrant and active. We are engaging our future community leaders and providing them with the foundation to live an active, vibrant and committed Jewish life in Canada's capital.

Campaign 2014 is underway! There are more than 20 beneficiary agencies that rely on our support to meet the growing needs of our community.

The Jewish Federation of Ottawa's Annual Campaign provides Jewish aid, Jewish identity and Jewish advocacy.

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Doing good together – One gift at a time.

Choice is a religious, spiritual and communal issue

Choice is a fundamental concept of the Yamim Nora'im, the Days of Awe. Specifically, the classic notion of repentance, or *teshuvah*, sets up a powerful religious, spiritual and psychological current through which all Jewish liturgy and rituals flow at this time of year. During these 10 days between Rosh Hashanah and Yom Kippur, we stand on a bridge of time keenly observing that current.

Rabbi Mordecai M. Kaplan, the 20th century Jewish theologian whose teachings laid the foundation of the Reconstructionist movement, describes *teshuvah* as “turning in the direction of the will.”

Maimonides declares: “Free will [choice] is given to every human being. If we wish to incline ourselves towards goodness and righteousness, we are free to do so, and if we wish to incline ourselves towards evil, we are also free to do that.”

But how do we choose Judaism? *How do we Jew?* Choices of Judaism, or choice in Judaism, can invoke tension. Like partisan politics, choosing what kind of Judaism to practise, or whether to engage in any practices at all, divides families and communities along seemingly unbridgeable divides.

Choice, then, is a religious, spiritual and communal issue. If I choose “X,” what am I saying about “Y”? The choice embodies both power and paradox.

Psychologist Barry Schwartz, a professor at Swarthmore College, explored this in *The Paradox of Choice*. In the chapter, “Choosing How to Pray,” he writes: “We are re-



From the pulpit

**Rabbi
Elizabeth Bolton
Or Haneshamah**

markably free to choose exactly the ‘flavour’ of that affiliation that suits us ... We look upon participation in a religious community as an opportunity to choose just the form of community that gives us what we want out of religion. Some of us may be seeking emotional fulfillment. Some may be seeking social connection. Some may be seeking ethical guidance and assistance with specific problems in our lives. Religious institutions then become a kind of market for comfort, tranquility, spirituality and ethnic reflection.”

Schwartz’s analysis of choice in the consumption of religion is just a small example of his overall thesis. Each of us derives a range of meaning from looking at each situation from our complex of identity, upbringing, education and influences: “We are all creative accountants when it comes to keeping our own psychological [and, I would add, spiritual] balance sheet.”

Schwartz’s accounting notions are the equivalent of the Biblical value concept “choose life, *uvehartem behayim*” (Deuteronomy 30:19).

Understanding choice in this way illuminates a Torah that can come alive wherever

we position ourselves. On the first day of Rosh Hashanah, these words of Torah were heard: “God hears the cry of the lad where he’s at” [Gen 21:17, my translation].

The teachings of our sacred texts, and how they are transformed and transmitted through prayer and ritual, become tools for enhancing the quality of our lives, as we confront our choices, bemoan their impact and struggle to ascribe meaning to them.

What a time we are in! We are all on the bridge of time, a bridge made of awe, poised between Rosh Hashanah and Yom Kippur,

still hearing the echoes of the words: *on Rosh Hashanah it is written, and on Yom Kippur it is sealed*. In Jewish time, we are crossing from the past to the future, uncertainly clinging to the swinging ropes. With much delight, I recently crossed a more prosaic bridge – back to Canada, after more than two decades of learning and living in the United States.

May we and our kin enjoy a year of sweet ness and hope, knowing that where we’re at on our journeys is filled with choices – and may they all be for the good.



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Canada

Proposed Quebec charter an assault on fundamental freedoms

Ours is a multicultural society in which it is completely acceptable to wear such items of religious expression as the Jewish kippah, the Muslim hijab or the Sikh turban.

However, the right to wear such items by employees in the public and publicly funded sectors in Quebec will soon be curtailed, if the province's Parti Québécois (PQ) minority government gets its way. The government has announced it will introduce a *charter of Quebec values* this fall, and some of the provisions of the charter, leaked late last month, indicate an outright rejection of the Canadian brand of multiculturalism that allows such freedom of religious expression.

This comes after several years of divisive debate over the issue of what constitutes *reasonable accommodation* for immigrants and religious minorities in Quebec. A debate that heated up in 2007 when Hérouxville – a village of 1,300 whose population is virtually 100 per cent *Québécois de souche* with no immigrants or Jews, Muslims or Sikhs – passed a code of conduct for immigrants and religious minorities.

This debate over *reasonable accommodation* is relatively new. Leaving aside the rancorous debates over linguistic policies, successive Quebec governments in the years since the Quiet Revolution of the 1960s – including previous Parti Québécois governments – have never before made an issue of religious practice. In fact, on such issues as funding for faith-based private schools – such as the Jewish school system



Editor

**Michael
Regenstreif**

in Montreal – Quebec has been one of the most progressive of provinces.

I know several Jewish doctors in Montreal who wear kippahs in the course of their day-to-day lives, including while they work at hospitals like the Montreal General or the Montreal Children's. But, soon, should this *charter of Quebec values* pass, it will be illegal for them to do so. It will be illegal for a Moslem woman to wear a hijab while teaching in a public school or for a Sikh police officer to wear his turban while on duty.

It's been suggested that the charter may include a provision whereby a culturally specific public institution like the Jewish General Hospital could apply for an exemption from certain charter regulations, but it is unclear if that means all religious expression would be permitted there or, as a historically Jewish institution still largely supported by the generosity of the Jewish community, that kippahs would be OK, but not hijabs or turbans.

It's also not clear that the proposed charter will pass. The PQ forms a minority government and the Liberals have indicated

they will oppose it. That leaves the third party, the Coalition Avenir Québec (CAQ), which holds the balance of power in the National Assembly, and which seems to favour a charter that doesn't go quite as far as the PQ would.

MP Irwin Cotler, whose legal expertise is beyond reproach, has pointed out the proposed charter is an assault on fundamental freedoms guaranteed in both the Quebec and Canadian charters of rights and the Universal Declaration of Human Rights, and there has been widespread condemnation from many organizations, including the Centre for Israel and Jewish Affairs, and even from the government of Ontario.

But the PQ doesn't care and is playing to the 65 per cent of Quebec francophones who, according to polling data, supports the proposals. The CAQ, too, is reading those same polls.

The federal government has recently been making much of its efforts to promote religious freedom around the world. Is it also ready to do so at home?

Thanks Ilana

I'll take this opportunity to thank Ilana Belfer for a job well done as our summer intern this year. Ilana, who has nearly completed her journalism degree at Carleton University, did excellent work as a reporter, feature writer and proofreader. Although her internship has now ended, I'm looking forward to her continuing contributions to the *Bulletin* as one of our freelance report-

ers and in her new column covering issues of concern to the emerging generation of young Jewish adults in their 20s and 30s. Her column will appear every second issue beginning September 30.

Our summer internship is supported by the Barry Fishman Ottawa Jewish Bulletin Scholarship Fund. The late Barry Fishman, my predecessor as editor of the *Ottawa Jewish Bulletin*, was a strong advocate for young journalists and, before passing away in 2009 following a brave and dignified three-year battle with amyotrophic lateral sclerosis (ALS), he suggested that a fund be created to support an annual summer internship for a young journalist at the *Bulletin*.

The internship is a lasting and fitting tribute to Barry's memory. To make a donation to the Barry Fishman Ottawa Jewish Bulletin Scholarship Fund, please call Jessica Kerzner at the Ottawa Jewish Community Foundation at 613-798-4696, ext. 274.

Ilana also did excellent work as our *Campus Life* columnist for three years, covering Jewish student affairs at Carleton and the University of Ottawa. Since she expects to graduate after this semester, it was time to find a new *Campus Life* columnist and we've recruited Randy Fox, who has just entered his third year studying journalism and law at Carleton.

Randy's introductory column is on page 18. *Campus Life* is scheduled to appear once a month from September to April.

A mentor: Someone who cares more about you than they have to



**Jason
Moscovitz**

excellent photographer and a remarkable teacher. He was really good at helping TV journalists do their best in front of the camera.

He mastered the art of teaching people to perform by finding the confidence to be themselves on TV. As I learned from Andy, the hardest thing about TV is understanding just how easy it is.

Andy was a pioneer in TV journalism. He was an old-school print reporter from Canadian Press who came to TV in the late-1950s, when television news was in its infancy. The TV language used back then was the written word as in newspapers.

Andy was responsible for leading a group of writers in the early-'70s to bring conversational writing to TV. He used to say, "Write it like you would say it!"

You can't imagine how hard that was at first.

I would work away at my Underwood typewriter piling five carbon copies at a time in the garbage pail. I feared losing my chance at a job with all that wasted paper accumulating so, when no one was looking, I emptied my own garbage pail several times a day.

Writing conversation on paper broke every rule I ever learned about writing. It was a puzzle I couldn't figure out.

Andy saw me struggling that first week on the job and, while it wasn't his job to ask me to stay on one night after the broadcast to work together, he did so with enthusiasm and genuine commitment.

Tell me a story about your life, he would say. I would tell him a story, and then he would tell me to write it just as I said it.

He was relentless in getting me to lose my formality when I wrote for TV. I told him – and wrote – so many stories that night. When we left in the early morning hours, he knew my life story.

Thanks to Andy's tutelage, I became a good TV writer – to the point that, one

day, I helped others using the same techniques he did.

Tell me a story on paper. Never forget that the simpler it is, the better it is. The hardest part, I would repeat, is remembering how easy it is.

But, before I was ever going to get close to teaching others, I had to get through my internship in that summer of 1974.

While Andy Little's help was instrumental, I was far from being a slam dunk as a new hire at the CBC. As the summer wound down, there were three interns, but just two jobs to be had.

I knew I was still the greenest of the three and I didn't expect to be hired.

Andy was asked to do an assessment. Years later, he showed me what he wrote. He described me as someone not quite there yet, but as a tenacious individual who would never come back without a story.

I especially remember the end of his report. He said he didn't know if I would ever have the ability to be a national correspondent on Parliament Hill, but, with my tenacity, I might just do it.

Thank you for everything Andy Little.

I was a kid as green as they come on my first day as a summer intern in the CBC newsroom in Montreal in 1974.

I can't forget how intimidated and overwhelmed I felt. I also can't forget the moment, that morning, when I was first introduced to an editor, to whom, as things turned out, I owe so much.

I can't imagine life without a mentor, someone who cares about you far more than they have to. A special person totally devoted to making you a better professional and a better person by creating the magic karma that results in self-confidence, a sensitive and special human being who can pick you up when you are down.

They do it because they just plain like you and you like them. A bond develops that lasts a lifetime.

My editor, my mentor, my friend's name was Andrew Little. He died this past summer at 77. He drove back from Florida with a bad back in May. In June, he was diagnosed with stomach cancer. He died in July. The doctor gave him six weeks. He was gone in four.

Andy was a remarkably talented person. He was a really good writer, an

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Alzheimer's scientist from Weizmann Institute to speak in Ottawa, Oct. 10

By Sharon Letovsky
for Weizmann Canada

To find cures for complex diseases, scientists have to first go down to the level of the atom to figure out what is going wrong. To this end, Joel Sussman, head of the Department of Structural Biology at the Weizmann Institute of Science in Rehovot, Israel, investigates the 3D structures of proteins and nucleic acids using X-ray analysis to see the position of each atom and determine which regions of the molecule are involved in biological functions.

"Our goal is to find new leads for treating neurological disorders, including Alzheimer's disease and autism," said Sussman, who will be in Ottawa, October 10, to speak at a Weizmann Canada event about how his work with the structure of the atom helps to understand diseases and lead to cures.

Sussman and his team were the first to determine the atomic structure of acetylcholinesterase, a brain enzyme that stops the transmission of nerve impulses. They determined the 3D structures of a series of drugs that are potential therapies for Alzheimer's disease.

Sussman's team also studies the structure of the enzyme that helps to rid the arteries of plaque-forming clumps of LDL cholesterol.

terol (the *bad* cholesterol) and breaks down harmful chemicals found in pesticides and nerve gases. This knowledge could lead to the development of treatments to prevent arteriosclerosis or defend against nerve-damaging chemicals.

Most recently, Sussman and his colleagues developed *Proteopedia.org* – a free, online encyclopedia of proteins and other molecules. The site embodies the Weizmann Institute's mission of "science for the benefit of humanity" by allowing the scientific community and students from around the world to collaborate online.

Born in Philadelphia, Sussman earned his BSc in mathematics and physics at Cornell University and his PhD in biophysics at MIT. He did post-doctoral research at the Hebrew University of Jerusalem and Duke University before joining the staff of the Weizmann Institute in 1976.

Sussman, and a local Alzheimer's specialist, will speak in the Chamber at Ben Franklin Place, 101 Centrepointe Drive, on October 10, 7:30 pm. The talk will be followed by a dessert reception.

The suggested minimum donation is \$18. Contact Alexa Azran at 514-342-0777 or alexa@weizmann.ca to reserve in advance.



Joel Sussman's work at the Weizmann Institute could lead to new treatments for Alzheimer's disease and autism.

In Memoriam

Hillel Lodge and the Long-Term Care Foundation Board of Directors join the residents and staff in mourning the passing of outstanding philanthropist, **Mrs. Inez Zelikovitz**, a great patron and supporter of the Lodge.

Her memory and legacy will be a blessing.

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Insight Into Judaism includes a weekly Hebrew language component, taught by a native-speaker, that will have all participants comfortably reading the Siddur and common Hebrew prayers and blessings.

Insight Into Judaism is ideal for anyone who is interested in learning more about Jewish life and Jewish heritage or for those seeking conversion under Reform auspices.

If you are interested in enrolling in the course or for any other inquiries, please contact Angus Smith.

The course runs from September 2013 until April 2014.

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Alan Blostein
President**JNF's Eco-Projects and Missions****Yizkor to honour IDF soldiers**

Yom Kippur marks the time in the Jewish calendar when we not only ask forgiveness, but it is also a time of renewal and of remembrance. As Yizkor is observed during the High Holidays, consider remembering a loved one by honouring all IDF – Israel Defense Forces – soldiers who have been held in captivity. Proceeds from this year's High Holiday Yizkor Campaign will be directed to the Wildflower Trail in Ayalon Canada Park. The Wildflower Trail is a new hiking and biking trail that begins at the meeting point in the upper section of the Valley of the Springs. JNF continues to develop the park as a major recreation area and leisure facility in central Israel and to ensure the preservation of its unique natural resources.

Earlier this summer, Ayalon Canada Park was also the backdrop for the lively farewell to 400 Canadian and international Maccabiah athletes. Besides strengthening their ties to Israel, the young athletes were given the opportunity to plant trees and connect with the history of the Land of Israel and its landscapes.

Enhancing lives of all Israeli citizens

KKL-JNF allocates great resources on an incomparable scale for developing infrastructure in Israel for ecotourism – namely turning neglected riverbanks into beautiful parks and transforming environmental hazards into promenades and scenic roads. Environmental projects recently developed by KKL-JNF in the Galilee are available to the public free of charge. According to Mayor Ilan Shohat of Safed, KKL-JNF's contribution to northern Israel is enormous. KKL-JNF undertakes transformative projects in the northern localities, leading to significant development that makes the area attractive and interesting. KKL-JNF's work, determination and great investment in northern Israel, along with its unparalleled knowledge and expertise, are a stimulus for major development.

JNF committed to Israel's Ecotourism –**JNF Canada Bike Tour Missions coming soon**

When you make a donation to JNF Canada, be it honouring someone at Yizkor, planting a tree, buying a tree bank, attending a Negev Dinner, or taking on a legacy project, you are partnering with Israel's largest green NGO and making a difference to the everyday lives of all Israelis – and to the tourist experience. The JNF forests, with 240 million trees planted by JNF, are alive with cyclists who have discovered nature through JNF-KKL's bicycle paths. The wild flowers in and around the KKL-JNF forests bloom in the winter and spring more than ever before, thanks to the organization's maintenance of the picnic areas and their surroundings. We are so excited about the network of trails, that JNF Canada is planning very affordable bike missions to Israel in the South (February 2014) and North (July 2014). Call us for more information at 613-798-2411.

JNF-KKL is now embarking on planting seven million trees – one for each citizen for 5774 and beyond. Together with friends worldwide, KKL-JNF hopes to continue our diverse activities in good times and in crises, on behalf of the people and the Land of Israel.

On a daily basis you can plant trees for all occasions. An attractive card is sent to the recipient. To order, call the JNF office (613.798.2411).



Ohev Yisroel to celebrate 10th anniversary with gala dinner, October 20

By Heshel Teitelbaum
Ohev Yisroel

On October 20, Ohev Yisroel will celebrate our 10th anniversary as the only Orthodox synagogue in downtown Ottawa, with a gala dinner honouring stalwart members Tom and Natalie Gussman.

Located at 516 Rideau Street in Sandy Hill, Ohev Yisroel offers an Orthodox choice downtown for tourists, businesspeople, students and Sandy Hillers to pray on Shabbat and Yomim Tovim. Our lay-led services are offered in a warm, friendly and heimische atmosphere. No one is turned away for lack of funds, even on the High Holidays.

Tom and Natalie are unsung heroes of Ottawa's Jewish community. As a member of B'nai Brith, Tom served as president of the Parliament Lodge and vice-president of the national board of governors. Tom served as treasurer of Beth Shalom West (now Beit Tikvah) and became involved at Beth Shalom when the Gussmans moved to Sandy Hill, eventually serving as president of the shul.

At Ohev Yisroel, Tom has chaired the Finance Committee for the past seven years and has been an active participant in shul services and meetings. Tom and Natalie support several other synagogues through associate

memberships and donations, and Tom also serves on the board of the Ottawa Jewish Historical Society.

Over the years, they have been actively involved with many organizations, including the Jewish Federation of Ottawa's Annual Campaign, Torah Academy, JET and the Chabad Student Network.

Among Natalie's achievements have been co-founding JCC Theatreworks and StreetSmarts, Jewish Family Services' outreach program to help Jewish street people and anyone else who needs help.

We are grateful for Tom and Natalie's talents and wonderful hearts.

Ohev Yisroel invites the entire Jewish community to celebrate our 10th anniversary at our catered gala dinner honouring Tom and Natalie Gussman on Sunday, October 20, 6 pm, at Congregation Machzikei Hadas. Dinner tickets are \$72 per person.

We are also soliciting ads and greetings for the souvenir booklet. The proceeds will be used to establish a clergy fund so that Ohev Yisroel will be able to engage a



Tom and Natalie Gussman will be honoured at Ohev Yisroel's tenth anniversary gala dinner, October 20, at Congregation Machzikei Hadas.

rabbi to serve the Orthodox community in downtown Ottawa. Tax receipts will be issued according to Canada Revenue Agency guidelines.

For more information, dinner tickets, to buy an ad

or greeting, or to become involved in the organizing committee, contact us at ohevyisroel@gmail.com or call Heshel Teitelbaum at 613-565-6194 or Franceen Shier at 613-795-1976.



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Vancouver Jewish community mulling legal options to stop anti-Israel campaign on buses

(JTA) – The Jewish federation in Vancouver and the city's transit agency are at odds over the legality of an anti-Israel ad campaign on buses there.

The ads, which purport to show the "disappearance of Palestine due to Israeli occupation over the past 65 years," consist of four maps spanning from 1946 to 2012 and illustrate "Palestine" shrinking over the years.

"This is of grave concern to our community-at-large

because the ads make the use of the buses unwelcome and unsafe," said Mitchell Gropper, chair of the Jewish Federation of Greater Vancouver.

TransLink, the transit agency, said in a written statement that it was advised by its lawyers that it was legally obligated to run the ads. But Gropper, an attorney, disagrees with TransLink's legal determination and said the federation has retained a

lawyer to consider its options.

"TransLink has said the law required them to publish these ads," he said, "but that is certainly not the case."

The Friends of Simon Wiesenthal Center in Toronto said it was "disturbed to learn about TransLink's agreement to run historically distorted anti-Israel advertisements," and said the ads were "provocative and incite hatred and contempt."

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FINAL Information Session

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Guest Presenter: **Eli Rubenstein**, National Director, March of the Living Canada

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Tickets can be purchased at the Soloway JCC Front Desk or online at www.jccottawa.com

For more information contact Vered Israel Program Manager Penni Namer (613) 798-9818 ext. 243, pnamer@jccottawa.com

Malca Pass Library Book Discussion Group announces new season

Library is now volunteer run

By Maureen Kaell
and Estelle Melzer
Malca Pass Library

The Malca Pass Library Book Discussion Group is still going strong as we begin our 23rd year.

We enthusiastically welcome current and new members to enjoy stimulating book reviews and discussions. Our meetings feature an eclectic band of dedicated reviewers whose evaluations

will interest, enlighten, and sometimes even surprise us.

Come, whether or not you've read the book.

Meetings take place on Tuesdays at 7:30 pm in the Simcha Room at Agudath Israel Congregation, 1400 Coldrey Avenue.

Annual membership is still only \$15 per person or \$25 per couple. You may also attend individual sessions for \$5.

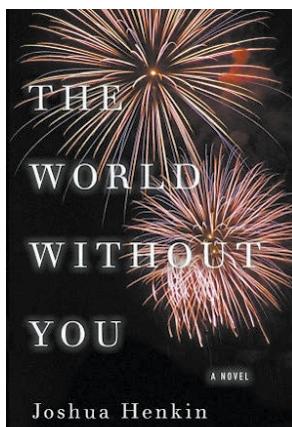
The schedule for this season is:

September 17 – *The Imposter Bride* by Nancy Richler will be reviewed by Kinneret Globerman;

October 15 – *The Rainbow Troops* by Andrea Hirata will be reviewed by Gerald Halpern;

November 10 – *The World Without You* by Joshua Henkin will be reviewed by Sophie Kohn Kaminsky;

March 25 – *The Round House* by Louise Erdrich



will be reviewed by Alvina Ruprecht;

April 29 – 419 by Will Ferguson will be reviewed by Norman Wolfish;

May 27 – *The Garden of Evening Mists* by Tan Twan Eng will be reviewed by Deborah Saginur.

All of these books are available at Ottawa Public Library. Books with Jewish content, or written by Jewish authors, are available at the Malca Pass Library at Agudath Israel Congregation and the Greenberg Families Library at the Soloway Jewish Community Centre.

For more information about the Malca Pass Library Book Discussion Group, contact Maureen Kaell at mkaell@rogers.com or 613-224-8649.

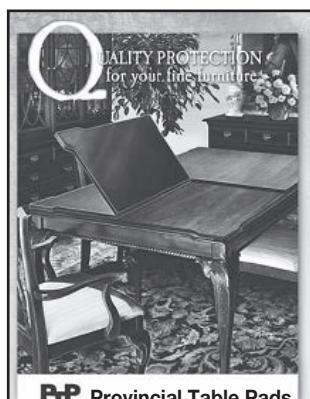
After many years under the knowledgeable and helpful guidance of librarian Jack Schecter, the Malca Pass Library is now being run on volunteer power.

In September, we are open on Sundays only from 10 am to 1 pm. Starting in October, we will also be open on Thursdays from 10 am to 4 pm.

Everyone in the Jewish community is welcome to use the Malca Pass Library. In addition to our

constantly updated fiction and non-fiction sections, there is an extensive collection of videos and music CDs.

We are also looking for more volunteers who will to donate their time for a three-hour shift once a month. Call Estelle Melzer at 613-722-0721 to join our library volunteer team and help keep the treasures of the Malca Pass Library open to our community.



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Meeting the Challenge: Israel as a Jewish and Democratic State

Sunday, September 29th 2013

7pm-9pm

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Israel is also a Jewish state, tied to distinct traditions.

How do Jewish values strengthen democracy today?

Where is there tension?

As a vibrant and dynamic society, Israel is grappling with this duality every day.



Dan Avnon
Professor and Social Activist
Hebrew University of Jerusalem



Mira Sucharov
Professor
Carleton University
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New Israel Fund of Canada is the nation's leading organization committed to equality & democracy for all Israelis.



(From left) *MultiPiano* musicians Daniel Borovitzky, Raviv Leibzirer, Tomer Lev and Berenika Glixman will make their Ottawa debut, September 29, at Carleton University's Kailash Mital Theatre.

Acclaimed Israeli piano quartet to perform in Ottawa, Sept. 29

By Pamela Rosenberg
Soloway JCC

MultiPiano, a unique keyboard spectacular featuring four Israeli pianists making music together on two pianos, will make its Ottawa debut, September 29.

A project of Tel Aviv University and the Israel Philharmonic Orchestra's Buchmann-Mehta School of Music, *MultiPiano*, features Tomer Lev, one of Israel's most prominent musicians, along with three of his talented former students: Daniel Borovitzky, Raviv Leibzirer and Berenika Glixman.

MultiPiano is a high energy concert featuring compositions by Bach, Vivaldi, Mozart, Rachmaninoff and Ravel, plus some original works played in constantly varying combinations of four, six and eight hands.

"We feel they are the most talented musicians, and that is our mandate, to show the best of Israel," said Sara Vered, who organized the Ottawa concert.

Now in its third season, the *MultiPiano* ensemble has travelled the world. In 2011, touring the Far East with performances in Beijing, Taipei and Kaohsiung. Its 2012 tour brought the group to South America with concerts in Argentina, Brazil, Uruguay and Peru.

The Ottawa concert is part of a North American tour, which includes stops in New York City, Montreal, Philadelphia and Chicago.

A concert pianist and lecturer, *MultiPiano* leader Lev is the founding director of the Buchmann-Mehta School of Music at Tel Aviv University. His performing career has taken him to such prestigious venues as Lincoln Centre in New York, the Berliner Philharmonie in Berlin and the Glenn Gould Studio in Toronto. Festival goers have heard him at Tan-

glewood, the Norfolk Musical Arts Festival and the Prague Winter Festival.

MultiPiano will perform Sunday, September 29, 5:30 pm, at Kailash Mital Theatre, Carleton University, 1125 Colonel By Drive.

Tickets are \$30 (adults) and \$15 (students) and are available at the Soloway JCC front desk, or visit jccottawa.com for instructions on how to purchase tickets online.

For more information, contact Penni Namer at pnamer@jccottawa.com or 613-798-9818, ext. 243.



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Participants in the Jewish Women's Renaissance Project at the Ottawa airport last November on their way to Israel.

There's something for everyone in JET's busy schedule

**By Hannah Dayan
for JET**

JET (Jewish Education through Torah) has a busy year ahead with classes, gala events, Shabbatons and trips to Israel on the agenda. Many of the courses are set to get underway after Sukkot.

You can start the week off with Talmud study at Machzikei Hadas on Sunday mornings.

The men's Talmud class with Rabbi Yosef Zukerbrod, co-sponsored by the Kollel of Ottawa, will return to the

Soloway Jewish Community Centre (SJCC) on Tuesday and Thursday mornings.

Rabbi Michael Goldstein will lead the very popular "Scotch and God" series at the Glebe Shul on Tuesday evenings.

Rabbi Zischa Shaps once again teach his Chumash class on Wednesday evenings at the SJCC. This year, he will focus on *Parasha Vayei-shev* and the story of Joseph and his brothers.

On Thursday mornings, at the SJCC, Lauren Shaps will teach "Wisdom for Life," a course for women that will study *Pirkei Avot* (Wisdom of our Fathers).

Rabbi Tuvia Hoffman is teaching *Tomer Devorah*, a series on Jewish mysticism, in several locations. The first classes began in August at the SJCC, and the course will also be offered in the fall in Alta Vista and Qualicum. Rabbi Hoffman will teach a course on reading Hebrew, beginning October 21st at the SJCC, and the *Lunch and Learn* classes at the Gowlings office downtown.

There is no charge for any of the classes, and no experience or previous knowledge is necessary.

Looking ahead, JET will again organize the popular festive Purim dinner and the distribution of Mishloach Manot (Purim gift baskets). More than 1,100 baskets are

packed and delivered by volunteers to recipients across Ottawa on Purim.

Jewish Unity Live, JET's signature gala event, will take place at the end of May and will feature an inspiring speaker, a musical act and a dessert reception.

Yarchei Kallah, the annual learning extravaganza, will take place next summer from July 6 to 12. This past July, 200 participants took part in Yarchei Kallah, and many of the classes and the Shabbaton were sold out.

For a fifth year, a group of women will be selected to participate in the Jewish Women's Renaissance Project (JWRP) trip to Israel. Since 2009, more than 50 women from Ottawa have been among the 1,000-plus women from around the world who have participated in the subsidized trip. Ottawa's next JWRP group will visit Israel next July. JWRP alumni receive weekly classes taught by Lauren Shaps and Rochel Goldbaum.

JET is also organizing a men's trip to Israel for next July. Anyone interested in applying for either trip should contact the JET office for an application.

Visit jetottawa.com or call 613-798-9818, ext. 247 for more information on any of JET's classes and events or to sign up for JET's email newsletter.

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Ingrid Levitz Mazal tov on the birth of your granddaughter with love by Ruth and Irving Aaron

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Evelyn Potechin by the Blacher family

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* * * * *

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IN HONOUR OF:

Michael and Sylvia Caplan In honour of your anniversary by Elaine Hauptman

Marilyn and William Newman Mazel tov on the birth of your grandson by Monica and Alvin Stein

(Continued on page 16)

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(Continued from page 15)

Myra and Lester Aronson Mazel tov on the marriage of your son by Bill and Jane James.

Ingrid Levitz Mazel tov on the birth of your granddaughter by Laurie and Carol Pascoe; and by Bev and Bryan Glube; Rosalie and Harold Schwartz; by Sol and Estelle Gunner; by the Residents, Board and Staff of Hillel Lodge; and by Golda and Ned Steinman and family

Myra and Sam Krane Mazel tov on your 35th wedding anniversary by Susan and Charles Schwartzman

Elayne and Wesley Schacter Mazel tov on your 35th wedding anniversary by Susan and Charles Schwartzman

Joyce and Farrand Miller Mazel tov on your 60th wedding anniversary by Nancy Isabel

Heidi and Stephen Polowin Mazel tov on the birth of your grandson by the Residents, Board and Staff of Hillel Lodge

Isaac and Naomi Aptowitzer Mazel tov on Isaac's 65th birthday and on your 40th wedding anniversary by Golda and Ned Steinman and family

Linda Zolter Mazel tov on your 70th birthday with love by Golda and Ned Steinman

IN MEMORY OF:

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Mother of Ruthie Cusick by Carole and Wally Cherun

Leema Magidson by Sandra Appel

Ida Lithwick by Sandra Appel; by Elaine Sigler and Joel Weiner; and by Wayne and Ava Arron

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Finding a film that passes the Bechdel Test

Summer and its dog days typically mean a lot of mindless, blockbuster-style movies. As a parent, finding good quality films for kids can be a challenge in any season. Last spring, my daughter planned a slumber party to celebrate her ninth birthday. Finding a rental movie to show wasn't easy. She's past the age of being drawn to solid childhood standbys like *The Rescuers*, but obviously isn't ready for *Terms of Endearment*. When she brought a title suggestion from a friend and I discovered that the first joke in the trailer involved the phrase "rape whistle," I knew we were in a predicament.

This all leads to the general issue of the portrayal of girls and women in Hollywood movies. We all know about troublesome body image issues, reinforced by celebrity photo shoots and bikini-clad beach scenes. But there is a much simpler test for sussing out how well women are portrayed on film. It is so basic, and the failure rate so high, that the results likely will surprise you.

The *Bechdel Test*, created by author, cartoonist and social commentator Alison Bechdel, is deceptively simple. To pass, a film must fulfil three simple criteria.

First, the film must have two female characters. Second, the characters must have names. Third, these characters must have at least one conversation with each other about something other than a man.

It's amazing how many mainstream films fail the test. So many films have their plot and action centring on men, with women merely their romantic entanglements. *Lord of the Rings*, the *Star Wars* trilogy, *Avatar*, *The Social Network*, *Run Lola Run* – they all fail the test. *Bechdeltest.com* provides an ongoing inventory.

It's easy, with a steady diet of Hollywood entertainment, to get ground down. Girls subtly learn that their dreams and goals are less important than their ability to attract a man.



Values, Ethics, Community

**Mira
Sucharov**

And boys subtly learn that the primary purpose of girls is to support their dreams.

I feel it's important that both my son and daughter have an opportunity to contemplate the role of women in popular culture, and have a chance to rewrite society's future, one letter at a time. So, amidst conversations about how much my theatre-active daughter longs to act in the movies one day, we frequently chat about the *Bechdel Test* at home.

We finally settled on the film *Freaky Friday* for my daughter's slumber party. A remake of the 1976 film starring Jodie Foster and Barbara Harris, the 2003 version, with Lindsay Lohan and Jamie Lee Curtis, is delightful. Fun for kids and interesting to adults, the film chronicles the switching of bodies between a mom and her teenaged daughter for a day. Amidst all the predictable gags (mom in daughter's body writing a math test, daughter in mom's body thrust into a live television interview about mom's self-help book), the film is ultimately about how the deployment of empathy can transform problematic family dynamics. The film is based on one of my favourite childhood books by the same name, written by Mary Rodgers.

At my daughter's slumber party, there we were 10 Grade 3 girls, one little brother, two parents and one grandmother, sprawled out on camping mattresses in the living room,

munching popcorn and enjoying a film in which women and girls are not merely accessories to the stories of men, but have conflicts, dreams and desires of their own.

Since that evening, a new show has appeared on Netflix. To say it passes the *Bechdel Test* with flying colours would be a grave understatement. *Orange is the New Black* chronicles the experiences of inmates in a minimum-security women's prison. It is genre-defying, zany, touching, sad, and altogether human. Just like the portrayal of women on screen should be, but is too often not.

Of course, much of the content of *Orange is the New Black* is inappropriate for a nine-year-old viewer. But I do have my daughter in mind when I watch it. While a prison fate obviously would be the last thing I'd ever wish for any child, television roles that are this textured, developed, intense and three-dimensional, and that hinge on a range of plot points, symbols and characters, not solely fixated on men are ones I'd wish for any budding actor – male or female – or any adult viewer, for that matter.

Mira Sucharov, an associate professor of political science at Carleton University, blogs at Haaretz.com.

Letters welcome

Letters to the Editor are welcome if they are brief, signed, timely and of interest to our readership.

The *Bulletin* reserves the right to refuse, edit or condense letters.

The *Mailbag* column will be published as space permits.

Send your letters to Michael Regenstreif, Ottawa Jewish Bulletin, 21 Nadolny Sachs Private, Ottawa, Ontario K2A 1R9; or by e-mail to bulletin@ottawajewishbulletin.com.

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former Middle East correspondent
for CNN and Israel Television

What I hope to accomplish as Campus Life columnist

University and college campuses, much like our Jewish community here in Ottawa, are always growing and changing. At this time, Jewish students in Ottawa and across Canada are getting ready to return to campus to learn, to grow and take advantage of new opportunities.

For me, one of those new opportunities is the chance to be the *Ottawa Jewish Bulletin's* new *Campus Life* columnist.

As a high school student at the Community Hebrew Academy of Toronto, I decided I wanted to come to Ottawa to study journalism. I'm now in my third year of studying journalism and law as an undergraduate at Carleton University and could not be more honoured than to be able to shine a light on the Jewish university students in Ottawa, the events we take part in, and on the issues that confront us.

When I first came to Ottawa, I was immediately welcomed into the Jewish community here, and it was clear to me how much the young men and women I met cared. Not just about their group of friends or their campus, but these young adults cared about the strangers they met, the issues facing their student bodies, and about getting involved.

As someone who had never been to Ottawa before, but had grown up with Judaism, from my family to middle school, summer camp and high school, it was a tremendous relief to me to know there was a strong and vibrant community for me to involve myself with here in Ottawa.

Through campus organizations like Hillel Ottawa and the Chabad Student Network (CSN), there are many opportunities for Jewish students to learn and grow.

Scott Goldstein, the executive director of Hillel Ottawa, and Rabbi Chaim Boyarsky of CSN, along with their respective student executive boards, have been working all



Campus Life

Randy
Fox

summer to bring new events to keep helping our community of Jewish students grow. From barbecues and Shabbat dinners and services to Holocaust Education Week, I plan to cover the major events for Jewish students taking place on our campuses.

But there is more to university and college life as a Jewish student than the events.

As young adults, we're often faced with new adversity and issues we don't yet understand fully. Israel is of-

ten dragged into student politics. We see Israel Apartheid Week every year, and, unfortunately, anti-Semitism is still alive in Canada. We've been taught to question what we don't understand. Sometimes that means questioning our beliefs, sometimes that means questioning what we think we know.

My time in Ottawa has taught me to think about what goes on around me, to learn and to question. That's what I hope to accomplish as this year's *Campus Life* columnist.

I hope to highlight the events that make our Jewish student community what it is.

More than that, though, I hope to discuss the issues that affect Jewish students on campus, the stories that make us proud to be Jewish and the stories that make us question the way things are done.

Most of all, I hope to be able to learn about these issues and discuss them with you, the community. Maybe I'll be able to make you think, too.

Maybe we'll all learn something new.

Annual Jewish genealogy conference full of opportunities to learn and network



Connecting the branches

John
Diener

The 33rd annual conference of the International Association of Jewish Genealogical Societies was held August 4 to 9 at Boston's historic Boston Park Plaza Hotel. Appropriately for this conference, the short lane separating the hotel from the Boston Public Garden, a lush oasis in the centre of the city, complete with flower gardens, a swan lake and impressive monuments and statues, was renamed Hadassah Way in 1955, a tribute to that organization's rich history in Boston, and to the strong Jewish presence in the city.

As always, the week was full of opportunities to learn and network. Almost 1,300 people, including Hymie Reichstein of the Jewish Genealogical Society of Ottawa and me, registered for the full six-day conference, while more chose to attend for only a single day.

More than 250 different sessions were offered on such topics as specific regions, methodology, DNA, Holocaust research, immigration, records preservation and Jewish history and culture, with up to 11 different seminars taking place simultaneously.

Some lectures were designed for novice genealogists, and others for the more experienced. Participants also had the option of purchasing tickets for breakfasts and luncheons that featured experts and keynote speakers talking about specific themes. Evening activities included films, musical entertainment, a Jewish trivia game night, and a gala banquet on the final evening.

Attendees were issued the conference tote bag complete with a daily planner, family finder, USB flash drive and brochures and newspapers. The family finder is usually the first thing I look at, as it lists the registrants alphabetically, by surname being researched, by town of interest and by DNA haplogroup types. I always check the finder to see who might be researching the same towns and surnames as I am in the hope of connecting with someone with similar research interests – something that happens regularly at these conferences.

The USB drive is also important. In the past, the tote bag contained a thick, heavy binder with the conference syllabus, but, for the past few years, the information has been distributed on the drive, which is so much easier to carry and more environmentally friendly. Speaker handouts also appear on the drive, eliminating the need to have printed material distributed at the sessions.

Attendees were also issued a badge listing their names and cities, as well as the surnames and towns they are researching. Since all in attendance are involved with family research, the common practice at these conferences is to check out other people's badges to see if they have a name or shtetl in common. Conversations start up at random between strangers as they recognize town names, and many even wore their badges outside the hotel. I witnessed many conversations on the streets and in the restaurants of the neighbourhood between people who realized they had a common interest in Jewish genealogy.

As informative and interesting as the sessions are, arguably the most important part of attending International Association of Jewish Genealogical Societies conferences is networking with fellow genealogists. This was my ninth conference and, every year, I find myself getting to know more of the renowned experts. As these relationships have developed, it has given me an inside track on new sources of information sometimes months or even years before they become public, which has led to some very important discoveries. Of course, seeing friends for one week a year is fun as well, and socializing in the evenings is a large part of the conference experience.

Next summer's conference is being held in Salt Lake City, which will give delegates the opportunity to visit and access the vast holdings of the Mormon Church, which has microfilmed records vital to genealogy from all over the world, including many from the Jewish communities of Eastern Europe.

In 2015, the conference will be held in Jerusalem, which promises to be another amazing experience. If you are interested in genealogy, you may want to consider attending one or the other.

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Continued on page 20

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Lionel Rabin and family on the birth of their grandson Joshua David, by Millie and Steve Mirsky.

Continued on page 21

Ottawa Jewish Community Foundation Legacy Challenge Fund



Everyone has the ability to create a Jewish legacy

The OJCF Legacy Challenge asks you to consider making a gift to the Foundation in your estate plans and wills. Leaving a gift in a will or as part of your estate plans helps ensure the vibrancy and long-term sustainability of our community for years to come, creating a lasting and personal legacy.

The OJCF Legacy Challenge is your chance to personally commit to the ongoing growth and vitality of our shared community. We hope you will accept this challenge.

What is the OJCF Legacy Challenge Fund?

If you decide to name the Ottawa Jewish Community

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Rhoda and Abe Weitzman by Eileen Melnick-McCarthy, Stuart, Josh and Amanda McCarthy.

Mazal Tov to:

Janet Dollin on her upcoming weddings by Graham and Erica Sher and family.

Raphael and Deborah Saginur on their upcoming weddings by Graham and Erica Sher and family.

Ingrid Levitz on the birth of her new granddaughter, Livia Faye, by Lynne and Bob Wener.

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Try it TODAY!

Keep trying: You're more likely to exercise if you enjoy it

Have you ever tried yoga? What about cycling or kickboxing? There's something for everyone. You need to find one or more physical activities that enable you to achieve your health and fitness goals. To do that, you may have to think outside the box.

Finding your passion is one of the secrets to staying fit. If walking on a treadmill seems tortuously dull, you probably won't stick to it long term. If you don't love what you're doing, try something else.

Self-imposed limitations may prevent you from exploring new avenues. When I suggested to a woman that she try my introductory level running course, she sighed and declared, "I'm too old."

She was said she was 47. At the time, I was about to turn 46 and told her so. Age didn't stop me, but she allowed her decisions to be influenced by misconceptions about age. It's never too late to try something new and to push yourself. Just get a green light from your doctor.

I used to be like that woman. I'd turn my nose up at the thought of trying something new. My choices were based on lack of knowledge, stereotypes and fear of the unknown. For example, I used to think yoga would be boring or it involved religious practices that contradicted my own. But I reluctantly agreed to try a yoga class several years ago, and my friend took me to a yin class in which gentle poses are held for prolonged periods of time.

As we lay on mats in silence, waiting for the instructor to arrive, I painfully tried to suppress my nervous giggles. When the instructor announced the class would last for 90 minutes, I nearly panicked. How would I get through it? However, once I relaxed and opened my mind to new possibilities, I actually enjoyed the class. I've since attended many different types of yoga classes, including some for relaxation, flexibility and strength.

When you try a new food, your taste buds may not immediately appreciate the unfamiliar flavour. After several tries, you may find you like it. The same is true for physical activities. Several tries will offer you a more accurate perspective. If you try an exercise class just once, you may not like it right away for a variety of reasons. Perhaps you were tired that day and not feeling your best. Or maybe you were plagued by anxiety because everyone seemed to know the moves except you. Once you give it a go a few times, you'll increase your confidence.

You don't have to excel at an activity to participate in it. Some people are afraid they'll be embarrassed because they won't be as good as the other participants. Unless you're in a competitive sport, you don't have to worry about everyone else. When I run races, I compete against myself. I keep track of my personal best times and work at improving. I also use other measures of success besides my completion time. Finishing a race is an achievement in itself. Throw in some bad weather and aching muscles and anyone who finishes is a winner in my book.

Bad weather? Aching muscles? That may sound like an unpleasant experience. Why put yourself through something like that? When you embrace a challenge, you'll realize you're capable of so much more than you previously thought, and your mind and body will experience tremendous benefits.

What if you try an activity several times and find you just don't like it? Try something else. Don't give up. Depending

on your personality, schedule and motivation, you may find you do better in a group activity, with a buddy, or by going solo.

If you're not sure where to start, browse through magazines at a bookstore for inspiration. There's a magazine for just about everything – yoga, cycling, running, walking, bodybuilding and more. Get ideas from friends who participate in a sport or who attend fitness classes. Check out your local community centre's offerings.

Once I learned to step outside of my comfort zone, a whole new world opened up to me. While I didn't continue



Focus on Fitness

Gloria Schwartz

with every sport or activity I tried, I found some that I love. I feel excited knowing I still have many untapped abilities that will emerge when I discover my next interest. When you discover yours, you'll be glad you had the courage to get off the treadmill and explore new territory.

Gloria Schwartz is a certified personal trainer at the Soloway JCC.

A re-invented life in post-war Montreal

The Imposter Bride

By Nancy Richler
HarperCollins
376 pages

(The Reporter) – When immigrants move to a new country, they often find it necessary to reinvent themselves.

Some transform their lives in order to survive in a different environment. Others seek a fresh start so they can forget the past. Still others disguise their identities, for example, using a new name to mask their innermost self.

The theme of re-invention serves as the core of Nancy Richler's moving novel, *The Imposter Bride*. Richler's insight into her characters shows just how difficult it is to make connections, while still offering hope that love and caring can sustain us.

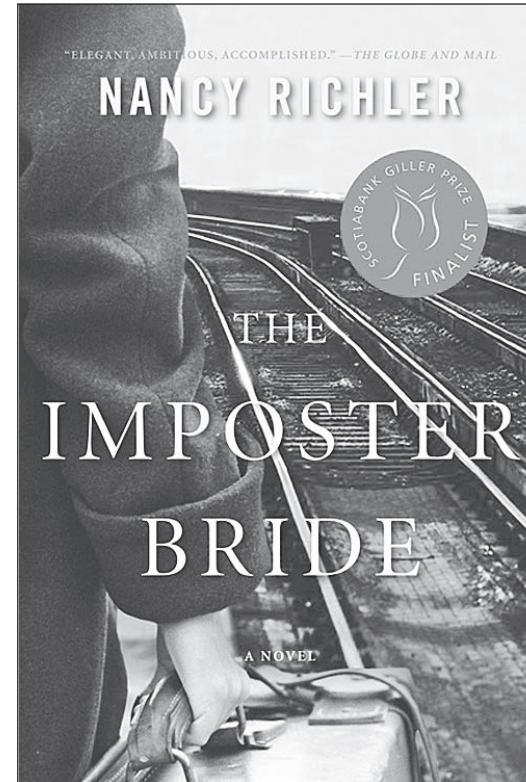
Lily Azerov's arrival in Montreal from Europe after the Second World War serves as a catalyst that changes the course of several lives. She expects to marry Sol Kramer, but, although the two have exchanged letters, they have never met. Unfortunately, their first meeting is not a success as Sol refuses to marry her. That doesn't end Lily's connection to the Kramer family, though. Sol's brother, Nathan, agrees to take his place. Although Nathan finds himself deeply in love with Lily, he is unable to pierce the mystery of her past. Then, one day, Lily not only deserts her husband and their life together, but also their baby daughter. The repercussions of this event resonate through two generations.

Richler alternates between a third-person narration focusing on several characters and the first-person narration of Lily's daughter, Ruth. This juxtaposition makes it possible for Richler to show how different characters interpret the same event, with each coming to very different conclusions about what occurred.

For example, Lily believes Nathan decides to marry her "to banish her shame." However, shame plays no part in his desire to wed. Instead, he finds himself immediately attracted not only to her good looks, but "the tension in her, a feral tension, part hunger, part fear. That was what had quickened his blood." This is just one of many examples where Richler deftly portrays both sides of a story. Sometimes, the different reactions are quickly uncovered; other times, alert readers will discover them in later chapters.

Book Review

Rabbi Rachel Esserman



The most interesting storylines offer insights into the nature of adjusting to a new land, particularly for Lily and her mother-in-law, Bella. For example, Bella escaped from Russia after the revolution, leaving behind three children who died of hunger and illness. She and her husband, Joseph, hoped immigrating to Canada would allow them to build a better life.

Yet, their reactions to events and their new home turned out to be very different. One example of this occurs when Bella discovered she was pregnant and Joseph wanted to name their son after his late brother. However, "Bella didn't want to plant in new earth what had withered in the old. She wanted a fresh name, one unrelated to anyone she and Joseph had ever known ... They had been given another child, another chance, and were heading for a new life in a

new and distant land."

Unfortunately, things don't turn out exactly as Bella had planned.

Lily also finds it difficult to adjust to all she has lost, particularly when she is treated as a charity case who knows nothing about survival. At one point, she feels "sudden anger at [Nathan's] assumption that it was she who was the more ignorant of the two – she who spoke five languages and could get by in several others, who smuggled lives across borders he wouldn't be able to find on a map. Rage, in fact, that it should come down to this: if Nathan Kramer would have her, she would have him and be grateful." Yet, Lily acts in unexpected ways, ways that will puzzle the daughter who never knew her. In fact, Ruth will find her life greatly affected by the mystery surrounding her mother's actions.

Richler's beautifully written prose invites readers into the hearts and souls of her characters. As with real life, not everything can be known. Sometimes, the source of our actions is a mystery even to ourselves. Yet, *The Imposter Bride* is so satisfying and rich, readers will muse on her characters' decisions long after the last page is turned.

Lock in current subscription rates for up to two years.

**Call Barry Silverman
613-798-4696, ext. 256.**

A nose for nostalgia

At this time of year, the scent of pencil shavings takes me right back to my childhood. I can close my eyes and clearly see myself standing in the basement storage room where my mom had bolted the hand-crank pencil sharpener to the shelf. I would stand there for a good 45 minutes using great care to put a perfect point on each and every one of my pack of 48 Laurentian Colored Pencils (you may remember them as *pencil crayons*).

Sometimes our friends would come over to use the sharpener because most of the kids in our neighbourhood only had little hand-held sharpeners. We were a very modern household. There was always a scurry to see which one of my sisters would get to go first. No one wanted to be last, because that meant you had to empty the pencil shavings. Inevitably, the shavings would spill on the floor and our mom would yell at us to clean it up. Then there was the nasty blister you would develop on the webbing between your thumb and first finger, from gripping the handle on the sharpener for so long. So, all in all, a bittersweet memory, I guess.

My personal favourite colours were #3 Poppy Red and #7 Peacock Blue. Also holding a very special place in my heart is #22 Sky Magenta. I think this must be where OPI got the inspiration for naming their nail polish colours.

I am too young to remember this, but apparently, the Laurentian company was taken to task for political incorrectness. In 1962, they changed the name of #14 from Natural Flesh to Blush Pink (flesh comes in all sorts of colours!), and, in 1966, #21, originally known as Indian Red, was reborn as Chestnut.

Of all our senses, smell seems to have the strongest connection with emotional memories. Howard Eichenbaum, director of the Laboratory of Cognitive Neurobiology at Boston University explains this phenomenon:

"After a smell enters the nose, it travels through the cranial nerve through the olfactory bulb, which helps the brain process smells. The olfactory bulb is part of the limbic system, the emotional centre of the brain. As a member of the limbic system, the olfactory bulb can easily access the amygdala, which plays a role in emotional memories."

AJA 50+ to hold bridge and mah-jongg fundraiser Oct. 17

**By Fred Tabachnick
for AJA 50+**

AJA (Active Jewish Adults) 50+ will hold our annual bridge and mah-jongg fundraiser on Thursday, October 17, 11:00 am, at Agudath Israel Congregation, 1400 Coldrey Avenue and we're inviting the community to participate.

But space is limited, so register at aja50plus.ca by October 10. The cost, including lunch and prizes, is \$40.

The director for dupli-

cate bridge is Liz Schwartz, who is accredited by the American Contract Bridge League.

Don't play bridge or mah-jongg? Get together with friends and organize a table of Scrabble, canasta, chess or any other table game.

ness, recreational, social and educational programs for the Jewish retiree community.



Participants enjoy a game of mah-jongg at the AJA 50+ 2012 fundraiser.

Olfactory has a strong input into the amygdala, which processes emotions. The kind of memories that it evokes are good and they are more powerful."

Sadly, Laurentian Colored Pencils are no longer available. There are other brands on the market, but they're just not the same. And, if you can believe it, the Crayola brand now comes pre-sharpened. Kids today have no idea how easy they have it!

Although it has been years since I was in school, the beginning of September will always be associated with those beautiful pencil crayons. Now as an adult, I celebrate the fall colours at the market with the plethora of rainbow coloured produce.

This marinated vegetable salad recipe comes from Norene Gillett's book, *The New Food Processor Bible*. My



Made with Love
Cindy Feingold

friend Ruth made it for dinner at my cottage a few weeks ago when she was assigned Sunday night dinner at our annual rabbi's weekend get-together, and had a crowd to feed.

As I brought the fork up to my mouth and inhaled the sharp vinegar scent, I was instantly taken back to my catering days at Dinah's Cupboard, where every day for a year I made a similar salad.

This version celebrates the fall harvest. It makes a huge amount, but it keeps well in the fridge for up to 10 days.

Marinated Fresh Vegetable Salad

This recipe is adapted from Norene Gillett's *The New Food Processor Bible*.

Serves 10-12

Will keep well in the fridge for about 10 days.

2 cups green beans, trimmed
2 cups yellow beans, trimmed
4 carrots, peeled
and cut on diagonal into 1-inch slices
1 yellow bell pepper, cut into 3/4-inch dice
1 red bell pepper, cut into 3/4-inch dice
1 red onion, sliced thinly
2 stalks celery, diced
1 medium zucchini (optional),
diced into 3/4 inch chunks
2 cups cauliflower florets
1 jar marinated artichoke hearts, drained
1/2 cup black Kalamata olives, pitted and halved
2 cloves garlic, grated on microplane zester

1 cup white vinegar
1/4 cup canola oil
1/4 cup sugar
1 1/2 teaspoons kosher salt
1/2 teaspoon freshly ground black pepper
1/4 cup freshly chopped dill

Fill a large pot with water and bring to a boil. Add 1/4 cup of kosher salt to water. Add beans and cook for 2 minutes. Add carrots and cook for an additional 2 minutes. Drain carrots and beans, rinse under cold water and set aside to drain.

In a large mixing bowl combine beans, carrots, peppers, red onion, celery, zucchini, cauliflower, artichoke hearts and olives.

Combine garlic, vinegar, oil, sugar and salt in a saucepan. Heat mixture until almost boiling, stirring occasionally. Pour hot marinade over vegetables and mix well. Refrigerate. Just before serving, taste for salt and pepper and mix in chopped dill.

Estate & Philanthropic Planning: From Strategy to Execution

**Join us at the OJCF third annual
"Power Breakfast"**

**Oct. 16, 2013
7:15 – 8:30 am**

We'll give you more than food for thought.

Location: Soloway JCC
Info: Rebecca at ragnodski@ojcf.ca or phone 613-798-4696 ext 252
Cost: No charge

Dairy Kosher breakfast will be served!

HSBC

OTTAWA JEWISH
COMMUNITY FOUNDATION



WHAT'S GOING ON

September 9 to 29, 2013

For more community listings,
visit jewishottawa.com
Select "Click to see
more months"



SATURDAY
SEPTEMBER 14

Yom Kippur
(Erev Yom Kippur begins
at sundown
on September 13)

TUESDAY
SEPTEMBER 17

The March of the Living

CANDLELIGHTING BEFORE

Sep 13 ☽ 7:00 pm

First Day SUKKOT

Sep 18 ☽ 6:51 pm

Second Day SUKKOT

Sep 19 ☽ after
7:51 pm

Sep 20 ☽ 6:47 pm

SHEMINI ATZERET

Sep 25 ☽ 6:37 pm

SIMCHAT TORAH

Sep 26 ☽ after
7:37 pm

Sep 27 ☽ 6:33 pm

Information Night: an opportunity to hear from the chaperons, professionals and former participants about this incredible journey to Poland and Israel to take place in April 2014. While the March is aimed at students in grades 10 to 12, younger students are encouraged to attend to learn about the program in anticipation of participating in the future, 7:00 pm. Info: 613-798-4644.

Malca Pass Library Book Discussion Group: Kinneret Globerman will review "The Imposter Bride," by Nancy Richler, Agudath Israel Congregation, 1400 Coldrey Avenue, 7:30 pm. Info: 613-224-8649.

THURSDAY & FRIDAY,
SEPTEMBER 19 & 20

Sukkot
(Erev Sukkot begins at sundown on September 18)

SUNDAY
SEPTEMBER 22

PJ Library Celebrates

Sukkot: Open to all families with children aged 6 and under. Co-sponsored with Agudath Israel Congregation, 1400 Coldrey Avenue, 10:00 am. Info: 613-798-4644.

MONDAY
SEPTEMBER 23

"Jerusalem: the Movie" in IMAX, presented by the Canadian Friends of Hebrew University. This Canadian premiere demonstrates Jerusalem's historical, spiritual, cultural and artistic uniqueness for the first time on IMAX, Canadian Museum of Civilization, 100 Laurier Street, Gatineau, 7:00 pm. Info: 613-829-3150.

THURSDAY
SEPTEMBER 26

Shemini Atzeret

FRIDAY
SEPTEMBER 27

Simchat Torah

SUNDAY
SEPTEMBER 29

Buchmann-Mehta School of Music MultiPiano Concert,

presented by the Vered Israel Cultural and Educational Program. The "MultiPiano" ensemble is a keyboard spectacle, presenting Israel's future virtuoso pianists in a celebration of pianos in ever-changing combinations – one

and two pianos, with 4, 6 and 8 hands. The repertoire consists of popular classical works re-imagined for many hands. Kailash Mital Theatre, Carleton University, 1125 Colonel By Drive, 5:30 pm. Info: 613-798-9818, ext. 243.

COMING SOON

TUESDAY, OCTOBER 8

Choices, a program of the Jewish Federation of Ottawa Women's Campaign.

Guest Speaker: Linda Scherzer, former Middle East correspondent for CNN and Israel Television. Agudath Israel Congregation, 1400 Coldrey Avenue, 6:00 pm. Info: 613-798-4696, ext. 274.

WEDNESDAY, OCTOBER 16

Ottawa Jewish Community Foundation 3rd Annual Power Breakfast, 7:15 am. Info: 613-798-4696, ext. 252.

SATURDAY - SUNDAY

OCTOBER 19-20
Limmud Ottawa, a weekend of inspirational Jewish learning, Congregation Beth Shalom, 151 & 153 Chapel Street. Info: limmudottawa@gmail.com.

MONDAY, OCTOBER 21
16th Annual Ottawa Celebrity Sports Dinner featuring Pete Rose, MLB's all-time hits leader. MC: broadcaster Rod Black. Hampton Inn & Conference Centre, 100 Coventry Road, 6:00 pm. Info: www.celebritiesdinner.com.

Unless otherwise noted, activities take place at The Joseph and Rose Ages Family Building, 21 Nadolny Sachs Private.

This information is taken from the community calendar maintained by the Jewish Ottawa InfoCentre. Organizations which would like their events to be listed, no matter where they are to be held, should send the information to InfoCentre co-ordinator Benita Siemiatycki via e-mail at bsiemiatycki@jewishottawa.com or fax at 613-798-4695. She can also be reached by telephone at 613-798-4644. Accurate details must be provided and all events must be open to the Jewish public.

Condolences

Condolences are extended to the families of:

Harry Gross

Jeanne Rich Horowitz

Inez Zelikovitz

May their memory be a blessing always.

The CONDOLENCE COLUMN is offered as a public service to the community. There is no charge.

For a listing in this column, please call 613-798-4696, ext. 274.

Voice mail is available.

BULLETIN DEADLINES

SEPTEMBER 9

FOR SEPTEMBER 30

SEPTEMBER 23

FOR OCTOBER 14

OCTOBER 9

FOR OCTOBER 28

OCTOBER 23

FOR NOVEMBER 11

JEWISH MEMORIAL GARDENS

Your one-stop resource centre for funeral planning

613-688-3530

www.jewishmemorialgardens.org

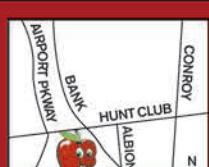


PRODUCE DEPOT
fresher than fresh!

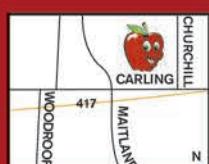
It's that time of year again, and we've got you covered! Your local Produce Depot has everything you need to prepare healthy and tasty school lunches for your child, plus great snack ideas and recipes on our website: producedepot.ca.

FOR GREAT RECIPES & WEEKLY SPECIALS, VISIT US ONLINE AT PRODUCEDEPOT.CA

Back to School...
Back to Packing Lunches!



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