



Candle Lighting Times

Friday, March 7	6:08pm
Friday, March 14	7:13pm
Friday, March 21	7:18pm
Friday, March 28	7:23pm

In this Issue

Federation President's message.p3
 Executive Director's message.....p3
 Letters to the Editor.....p4
 Four Questions.....p5
 JEA Centerpiece
 It's a Funny Thing.....p17
 Condolences.....p18

Also Featured

The 'nachas' of Family: Jane Kahn reminisces about her cousin Alan Gaynor's family, p7; Sally Sanders shares happy memories of preparing for Purim with her grandchildren (and a recipe), p13

Jewish Travels — Even a scuba diving vacation in the Caribbean can include the joys of discovering Jewish history. Judy Odrezin writes about her recent travels to St. Thomas and what she learned there; p15

One Gift for the Needs of a Community

“Financial aid? It wasn't part of *our* plan. But the plan changed.”

Are there more difficult words for someone to speak? Yet every day in this community someone who never planned to be in such a position finds it necessary to ask for help. It could be for the most basic necessities such as groceries or money for rent; it could be for medical needs; it might be for tuition assistance at a local Jewish school or for a scholarship for a child to participate in a Jewish youth program that will give him or her the building blocks that help ensure the continuity of our people.

Your single gift to the Savannah Jewish Federation each year sees to these needs for many friends and neighbors, through services provided by Jewish Family Services, grants to Rambam Day School and Shalom School, Jewish Teen and Summer Ex-

perience grants, and grants to the JEA and BBYO. And just as your gift helps to provide for those in need locally, it also cares for our fellow Jews in Israel and around the world through the Federation's partnerships with the Jewish Agency for Israel (JAFI) and the American Jewish Joint Distribution Committee (JDC).

Your gift does not stop working there. While most of the funds collected are used for programs focused on education or traditional “rescue and relief” efforts, there are many other programs that benefit from your contribution such as Holocaust education, Israel advocacy, Birthright Israel, college Hillel groups and more — programs that foster Jewish identity and promote mutual understanding with the community at large.

As the 2014 campaign is winding down and total contributions ap-

proach \$940,000, Allan Ratner, chair of the Campaign and Allocations Committee this year commented: “We are very grateful to everyone who has made their commitment to the 2014 Federation campaign and we are hopeful that with the generosity of those who have yet to do so, we will be able to exceed last year's campaign. We know that needs continue to grow locally at Jewish Family Services, at our beneficiary agencies, and internationally. If everyone gives what they can, there will be enough to go around, but we are all dependent on each other.”

You may make a gift to the Savannah Jewish Federation 2014 Campaign on the secure website, www.savj.org, or by calling Robin Reineri, campaign coordinator, at (912) 355-8111.

Family Fun at the Purim Carnival March 9th

Families, wear your favorite costumes and join us for a fun-filled Purim Carnival sponsored by the JEA and The PJ Library. This year's celebration, Sunday, March 9th at 12 pm, will feature a Hand-made Pan Pizza Party and Make-Your-Own Sundae Bar plus drinks and carnival snacks.

The JEA Children's and Programming Departments have planned great activities for children of all ages including a toddler inflatable, a large inflatable and fancy face painting. Also included are arts & crafts galore with a felt-puppet creation station and a grogger-making station and – new this year – the JEA Masterpiece

station – where each child can create their own painting on real canvas with the help of Camp Savannah art teachers.

The PJ Library Story Corner will feature entertaining PJ Purim stories read by Preschool Director Jodi Sadler and her team of teachers. The Costume Parade will begin at 1 pm – all ages are welcome to join in, including parents!

We haven't forgotten that Purim teaches us to care for those less fortunate with *matanot l'evyonim* (gifts to the poor), so every child who brings a can of food for Second Harvest Food Bank will receive a FREE bag of popcorn!



The Purim Carnival runs from 12 pm – 3 pm at the JEA. The cost is \$8 per person; \$25 max. per family and includes lunch and all activities.



A Publication of Savannah Jewish Federation
 5111 Abercorn Street
 Savannah, Georgia 31405
www.savj.org
 Address Service Requested

Non-Profit
 Organization
 U.S. Postage
 PAID
 Permit No. 207
 Savannah, GA

2014 SJF Community Campaign Update 

The Jewish Community exists for you and because of you!

As of February 14th from 676 donors

\$936,813

5111 Abercorn Street | Savannah, GA
 912-355-8111 | www.savj.org



Community Campaign 2014
 The strength of a people, the power of a community.

Rambam Holds Ribbon Cutting for New Campus

by Ester Rabhan

Cold temperatures did not dissuade the crowd of over 150 who gathered outside of Rambam Day School on the morning of Friday, January 31st, for an extraordinary celebration. Guests, including representatives from several schools and many involved in the planning and implementation of the site, gathered at the Atlas Street campus to celebrate the official Ribbon-Cutting for the newly relocated community school.

Rambam Day School, as the only comprehensive Jewish day school in Savannah, serves students beginning with the preschool (2-year-old) program through middle school.

LeeAnn Kole, President of Rambam's Board of Directors, thanked those who shared a vision of a new campus and made it a reality. Second grade and middle school Judaic

teacher, Rabbi Yisroel Gold, offered a blessing which included asking the Almighty for His guidance and direction to enable Rambam Day School to achieve success that will bring joy to the Almighty and be pleasing unto man.

Rambam's Principal, Ester Rabhan, next reiterated sincere appreciation to everyone who made the dream of the new campus a reality. Mrs. Rabhan discussed the mission of the school and then emphasized the dedication not only of the donors, but also the students, parent body, and faculty who guarantee the fulfillment of that mission - to provide a secular and Judaic education for the Jewish children of the community. She continued by offering a blessing that Rambam's supporters' offspring be blessed to be just like them; caring about one generation so they can, in turn, care for the next generation and,

in so doing, perpetuate caring, thinking, knowledgeable Jews. The entire community, faculty, and student body (who range in age from two to thirteen) gathered together, listened attentively, and cheered with delight as LeeAnn Kole, Dr. Freddie Rabhan and Mr. Charlie Garfunkel cut the royal blue ribbon which adorned the entry stairway.

After the ceremony, eighth grade students offered tours of the campus to guests. Featured stops along the tour included the ultramodern science lab, well-appointed library/media center, an advanced computer lab, and various classrooms. Students busied themselves with their regular classroom activities which ranged from shaving cream texture explorations in the preschool to a classroom full of middle school students who were heavily engaged in a variety of different iPad educational applica-

tions.

Focusing on competitive academics, RDS teaches core values while demonstrating leadership skills. Rambam is recognized as a leader among exceptional private schools. Thanks to the generosity of the community, the facilities allow unlimited new opportunities which transform the classroom experience. With various resources, technology, and a low student-to-teacher ratio, RDS students have the ability to explore their academics on many levels.

Founded in 1990, Rambam Day School is a co-educational school with a history of distinction and achievement and is in its seventh year of being SACS accredited with distinction.

Rambam is proud of the beautiful new campus facilities which provide students and parents alike with a warm, welcoming environment.



8th Grade tour guides Ben Cohen (l) and Uri Locker



Rabbi Avigdor Slatos (l) and Rabbi Robert Haas at the ribbon cutting



RDS President LeeAnn Kole cuts the ribbon on the school's new facilities with help from Susan Boblasky, Freddie Rabhan & Charlie Garfunkel



Rambam's new 3-year old classroom



RDS students and teachers pose outside the new buildings before the ribbon cutting.



The Staff, Officers and Board of Governors of The Savannah Jewish Federation Congratulate Rambam Day School on the Ribbon Cutting for its New Campus! Mazel Tov!





Giving: It's Soup for the Soul

by Sherry Dolgoff

Sherry Dolgoff
President-Elect
Savannah Jewish
Federation

Savannah Jewish Federation President-Elect Sherry Dolgoff is the guest columnist this month. SJF President Steve Greenberg will from time-to-time ask other Board members for

their perspectives on communal life.

Where does happiness begin? We humans search for things that make us happy, but often our search is in all the wrong places. Sure, money can buy some happiness. Sometimes it is temporary gratification, however. Being able to care for ourselves or our families and provide basic needs is absolutely critical. Being able to enjoy above and beyond the basics is a wonderful blessing. There is significant research looking at this very question of happiness and its relation to wealth, or lack thereof, as the researchers ponder the point at which happiness may plateau or when someone with limited financial means may be just as happy as someone who has an abundance of wealth. There's no denying that material wealth can bring some happiness, but it has its limitations and perhaps does not give us a level of joy and fulfillment that can be attained by other means.

So what else might bring happiness to us? As I compose this column it is the evening of Martin Luther King Day and as I just happen to have one of his quotes on my desk, I will share it with you: "Life's most persistent and urgent question is, 'What are you doing for others?'"

I believe that each of us should ask ourselves that same question every so often, then look around and find something that we might do to help in some way. Perhaps we could make an impact, however small, that would make a difference to another human being. That would make me happy. The fact of the matter is, it will make you happy, too.

There are quite a few simple things that can change our interactions with others. Do you make eye contact and smile at people passing by? When they smile back it is like a thank you for your smile! Perhaps that is the only smile they have had all day. When I was a child my parents expected and encouraged me to greet others with a smile and that was harder than it sounds because I was terribly shy with people other than my family. (Hard to believe, I know, but true.) Their expectations and constant reinforcement helped me meet and greet

strangers and friends alike. I have never forgotten how important that skill became to me and I have never stopped passing on those suggestions because they make a difference to people. Being able to get to know others quickly has made me happy many times over.

When I was young I thought that if I was 16 or 18 or 21 I could control my life. (I'm smiling thinking about this silly notion that we contemplate as children.) Funny, the older I get, the more clearly I realize how little control I have. Life, in many ways, is out of our hands. However, we can control a few things in our world. One of my choices in life has been to volunteer and this has continually brought me happiness. When I couldn't give as much money as I might have wanted, I could always give of myself. I will stick to that concept as long as I can in the hope that my efforts will make a difference. And... it makes ME feel good to be contributing.

Mother Teresa said, "We ourselves feel that what we are doing is just a drop in the ocean. But the ocean would be less because of that missing drop." When you give of yourself, whatever kind of contribution, there is a positive outcome. Although it may seem intangible or unquantifiable at certain points, there IS an impact. You've helped someone. You've given someone something or your time. You've helped further a mission. Whatever the case, volunteering helps someone or something. There is good that comes out of it.

Furthermore, the act of giving is beneficial for YOU. It provides physical and mental rewards. Experts report that when you focus on someone other than yourself, it interrupts usual tension-producing patterns. Moods and emotions, like optimism and joy, can strengthen our immune system. When you know you've done something positive to give of yourself, your time, your efforts or financial contributions, for the benefit of others, this makes you feel downright good!

Volunteering has the power to lift us up, to energize, and inspire us. While helping others, volunteering can have a terrific impact on us as individuals and make us healthier and happier in the process. And that is only one of the reasons that volunteering is a good thing. Join me in the good that we can do for our community. It would make me really happy. You, too!

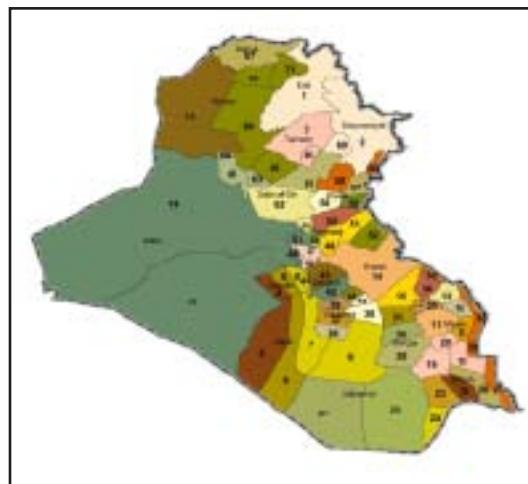


Adam Solender
Executive
Director of
JEA/SJF

Morning News in a two-day period a few weeks ago. I read the headlines and articles with a bit of a different viewpoint after having been a guest at the Savannah Council on World Affairs lecture featuring Dr. Mordechai Kedar, whose speech was entitled, *Israel in a Changing Middle East-Challenges and Opportunities*.

The Jewish community was well represented in the audience on a cold and wet evening in downtown Savannah. Many of them came to hear the Bar Ilan University Islamic scholar talk about the imminent nuclear threat to Israel, the peace process, and military preparedness; I was one of them.

When Dr. Kedar came on the stage, he immediately launched into an overview of how the Middle East was carved up (and out) by colonial powers and their influence in many countries (Italy in Libya, France in Morocco, Lebanon and Syria, United Kingdom in Cyprus, Iraq and Palestine, among others). He then put up a detailed map of Iraq, with many dozens of delineations carving up the map.



Over the next thirty minutes, Dr. Kedar spoke about Iraq as a representative of many of the Middle Eastern countries where "tribalism as a culture is the cornerstone of society." He explained that in these tribal societies, the various tribes view the state as the enemy and as such, illegitimate. He illuminated his talk with descriptions of sects vs. tribes vs. religion and told the audience how tenuous but important autocratic rule had been to maintaining some semblance of order in many of these regions. Reviewing the infrastructure of what makes up

Each of us has a Role to Play

- Syria conflict a threat to homeland
- Violence risks turning Egypt into Jihadi front
- Scores killed in day of carnage across Iraq

Each of these was a headline in the Savannah

the countries truly gave you a deeper understanding of the neighborhood that Israel lives in:

Autocracies in Tunisia and Egypt fell, with Libya right behind. Jordan and Algeria are watching what is happening with great fear. Iraq is a powder keg. Saudi Arabia's large ruling family is doing everything they can to keep the Shia dissent there in check. Lebanon is always a day away from unrest (with Hezbollah continuing to grow in size, strength, and influence), and Syria (as a puppet state of Iran) continues to be a slaughterhouse. Dr. Kedar commented, "Syrians are killing Syrians, Hezbollah is killing Syrians, everyone is killing everyone else."

From the ruins of these regimes, Islamist states are forming and getting bigger every day. And of course, there is the threat that their individual terrorist groups could join forces to fight the West: Israel.

Dr. Kedar also spoke about Israeli preparedness. *Should Israel prepare its army for a "conventional war" against the states or prepare to fight the jihadists?* You need two very different armies. By way of example, Dr. Kedar asked the audience to think about the U.S.'s experience in Afghanistan (after a decade of war and the pullout of U.S.-led NATO forces) where casualties rise every week as Taliban-led insurgents reestablish themselves in power. *How do you plan a peace?* When rulers (not leaders) can change in an instant, and the societies see them as illegitimate; Israel does not know who it is making peace with.

In addition to the most tangible threats to Israel on each of its borders, there is an organized worldwide attack from the BDS (Boycott, Divestment and Sanctions) movement. The BDS movement is gaining power every day, mostly on college campuses around the country. There are those that dismiss the movement as "liberal academics." I would posit that like many of the fundamentalist terrorist groups, the BDS movement's ultimate goal is the end

of Israel as a Jewish state. Dr. Kedar ended the speech commenting that "Israel is a small country that is located in a very challenging neighborhood." I couldn't help reflecting on how much there is to learn about the history of the Middle East and the future of Israel.

In these uncertain times, Israel needs articulate, well informed advocates. Each of us has a responsibility to understand the challenges Israel faces. Each of us has an important role to play in securing the future of the Jewish state of Israel.

Your Campaign Dollars at Work

Kulanu

As part of the 2013 Campaign and Allocation process, the Savannah Jewish Federation approved a new Mini-Grant program whereby community members could recommend overseas agencies to receive \$500 mini-grants, with up to 20 being approved. Sixteen submissions were made in 2013 and this continues our introduction to you of the grant recipients.

Kulanu is a non-profit organization that supports isolated, dispersed remnants of Jewish people and emerging Jewish communities around the world, many of whom have long been disconnected from the worldwide Jewish community. Founded in 1994, it takes its name from the Hebrew word for "all of us."

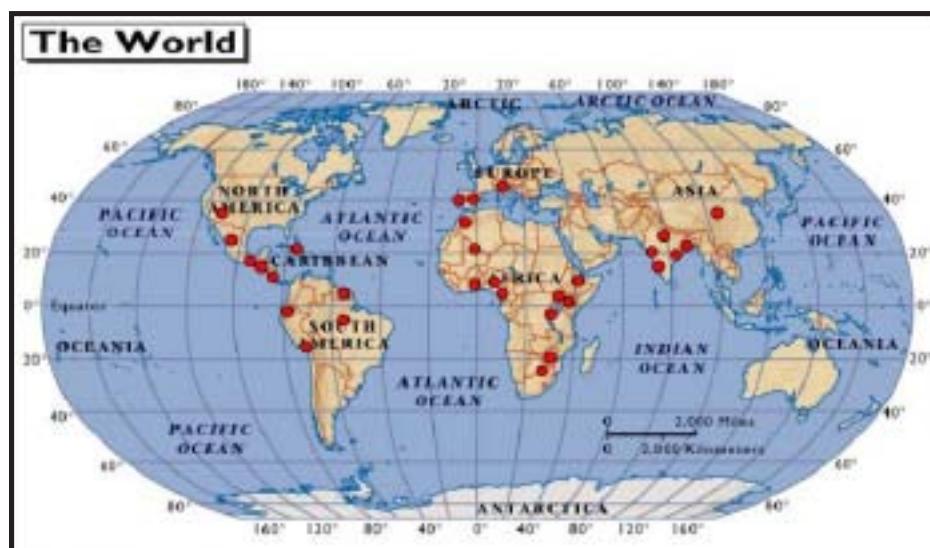
Kulanu engages with these dispersed groups and individuals through networking and support and raises awareness and support for emerging communities through education, research, and publications about their histories and traditions.

During the course of Jewish history, large segments of the Jewish community were "lost" as a result of war, exile and forced conversions. A great

part of the Jewish people was "lost" in the eighth century B.C.E., when the ten northern Israelite tribes were conquered by Assyria and the captives were forcibly resettled. Today, the descendants of these Ten Lost Tribes can probably be found in India, Burma, Afghanistan, Pakistan and China.

Another large group of Jews was "lost" during the period of forced conversions to Christianity in Spain and Portugal starting in the 15th century. Many of these so-called "Anousim" (also known as Conversos or Crypto-Jews) continued to practice Judaism in secret. Today their descendants can be found in Brazil, El Salvador, the southwestern United States, and Majorca, as well as mainland Spain and Portugal.

On occasion, Kulanu assists communities without ancestral Jewish background who desire to embrace Judaism. One example is the Abayudaya, a group of Ugandans who have been practicing Judaism since 1919 when their leader, a local governor named Semei Kakungulu, studied and meditated on the Old Testament and adopted the observance of the commandments handed down to Moses. Over the next seven decades, the



The dots on the map represent communities with whom Kulanu connects.

Abayudaya were visited by American, European and Israeli Jewish travelers who instructed them in post-Biblical Judaism. During the 1970s, they endured Idi Amin's virulent anti-Semitism. Kulanu delegations first visited the Abayudaya in 1995. In 2002, Kulanu arranged for a rabbinical beit din that allowed hundreds of Abayudaya to affirm their Judaism so that they are now recognized by world Jewry. To this day, Kulanu collaborates with them on twenty or more education and sustainable development projects.

The mini-grant program has been re-authorized for 2014. You may nominate an agency that has a direct impact on sustaining and improving the lives of Jewish people overseas for one of these grants online at www.savj.org. Nominations are due by April 25, 2013.



To the Editor:

Dear Friends:

It is our pleasure to acknowledge several recent gifts from the Savannah Jewish Federation, designated as follows:

- In support of our humanitarian relief efforts
- In support of transforming the lives of people with disabilities in Israel
- In support of JDC's Access to Health Care

- In support of the Center for Independent Living in Be'er Sheva, Israel
- In support of Baby Help in Argentina

A critical instrument of North American Jewry, JDC is actively engaged in promoting the vitality of Israel and the global Jewish family. By providing welfare relief in the former Soviet Union and Argentina, Jewish renewal programs in Cuba, and community building assistance programs in Eastern Europe, as well as helping Israel address its most urgent social challenges, JDC is fulfilling its ongoing

commitment to enrich the lives of Jews in Israel and throughout the world.

As always, we are grateful that the Savannah Jewish Federation has chosen JDC to be a partner in its philanthropic endeavors. Thank you for your continuing commitment and concern.

Sincerely,

Penny Blumenstein, President
Alan H. Gill, Executive Vice President & CEO
American Jewish Joint Distribution Committee

Savannah Jewish News

Published by the

Savannah Jewish Federation
5111 Abercorn Street
Savannah, GA 31405
(912) 355-8111
www.savj.org

SJF President: **Steve Greenberg**
SJF President-elect: **Sherry Dolgoff**
SJF Vice President: **Allan Ratner**
SJF Secretary/Treasurer: **Margie Levy**
SJF Executive Director: **Adam Solender**
SJN Editor: **Lynn Levine**

The objectives of the Savannah Jewish News are to foster a sense of community among the Jewish people of Savannah by sharing ideas, information, experiences and opinions, and to promote the agencies, projects and mission of the Savannah Jewish Federation.

The Savannah Jewish News is published monthly ten times per year, with a deadline for submissions of the 3rd of the month before publication. There are no February or August issues. All articles for the Winter and Summer issues should be submitted by December 8th or June 8th, respectively.

All submissions must be in MS Word format (articles) or pdf format with fonts embedded (advertisements). All color must be in the CMYK color format; all type in true black; photos in .jpg format.

Please send all SJN materials to:
sjnews@savj.org

Please send eNews submissions to:
adam@savj.org

Neither the publisher nor the editor can assume any responsibility for the kashrut of the services or merchandise advertised in this paper. If you have questions regarding kashrut, please consult your rabbi.

All materials published in the Savannah Jewish News are Copyright © 2013 Savannah Jewish Federation, all rights reserved, unless noted otherwise.

2014 JEA PURIM CARNIVAL

Sunday, March 9th
12:00 pm - 3:00 pm

Jewish Educational Alliance
\$8 per person / \$25 per family

Purim teaches us to remember those less fortunate with matanot l'evyonim (gifts to the poor), every child who brings a can of food for Second Harvest food bank will receive a FREE bag of popcorn!

- ★ Handmade Pan Pizza
- ★ Make-Your-Own Sunday Bar
- ★ Toddler Bouncer House
- ★ Large Bouncy House
- ★ Fancy Face Painting
- ★ PJ Library Story Corner
- ★ Costume Parade at 1:00 pm

Art Stations

- ★ Felt-Puppet Creation Station
- ★ Grogger Making Station
- ★ *NEW* JEA Masterpiece station where each child can create their own painting on real canvas with the help of Camp Savannah Art Teachers.



Four Questions for the Rest of the Year

Louis Schmier



Dr. Louis Schmier will speak about his book, *Chant of Ages; Cry of Cotton* at the JEA's Lunch 'n Learn program on March 20th (see CenterPiece). Who better to tell you a little bit about him than the man himself?

"My name is Louis Schmier. The first name rhymes with phooey, the last with beer. Since I believe everything we do starts from who we are inside how about if I say some things about myself. I am 72 year old - in body, but an "experienced" teenager in mind and spirit - born and bred New Yorker who came south in 1963. To keep me close to my collegiate athlete shape, I power walk 5 miles every other pre-dawn morning. Cataract surgery cured my "blind-as-a-bat-ness" and has given me 20-20 eyesight that compliments my 20-20 "heart-sight." Still need store-bought glasses for close up reading. I have survived a bout with cancer and came through unscathed a massive cerebral hemorrhage that should have killed me. I am better and stronger because of those experiences. I am a grandfather who loves to dote on and spoil rotten my three "grandmunchkins" and then give them back to their parents. I am an avid flower gardener. I love to cook on my wok. I occasionally sculpt. I am an avid reader and writer. I built a three room master complex addition to the house and a koi pond. And, I am a "fixer-upper" who does not like having any repairman step across the threshold.

"But, without a doubt, my most important credential is that I was lucky--and I mean lucky--to have met my beloved Susie in the fall of 1965 on a blind date at Chapel Hill that neither one of us wanted. We got engaged 8 weeks after we met, got married in August, 1966, have raised our two sons, Michael and Robby, in Valdosta, and have grown together ever since. Oh, by the way, I received my A.B. in History from Adelphi College, my M.A. from St. John's University, and my Ph.D. in History from the University of North Carolina. But, I prefer to use that "Dr." stuff only if I can get a discount or a good table. I was a member of the History Department at Valdosta State University since 1967 when VSU was VSC. Having retired on December 1, 2012, I currently hold the rank of emeritus."

You were born in New York, but moved

to the South as a young man where you were witness to many changes both in society at large and at the University where you taught. What made you stay?

I got married to a Jewish Charlotte belle and I got my job at Valdosta in of all places, south Georgia. We raised our family and have very dear friends who are like family here. They say if you have one very true friend in your life you are lucky, well we have three and they were enough to keep us here and we've been in Valdosta 44 years. The real culture shock is when I go back to New York City on those rare occasions. I had to get used to the absence of hustle and bustle and cultural opportunities but we got used to it. But I still long for a good bagel.

In the introduction to Chant of Ages; Cry of Cotton, you are somewhat mysterious as to why the book ends when Valdosta's Jewish congregation is formalized, rather than bringing the story of the town's Jews to the present day as you say you originally planned to do. Do you think you will ever finish the story?

No, I'm not that courageous. I'm a professional historian and I don't want to tell just a good story, I want to tell the real story. I met with family objections to some of the stories of the more recent history so for a number of reasons, 1908 seemed like a good stopping point.

Do you have any thoughts on what the future holds for Jewish life in small, rural communities like Valdosta?

Yes. The demographics are working against them. Let's take from Savannah to Bainbridge. You had the railroad and in between communities in Waycross, Valdosta, and Thomasville. Well, the railroad's not there anymore. Now the big communities like Atlanta are attracting people. But Valdosta is the only small town that still has a full-time rabbi. The congregation is growing older and not being infused by younger families. The vibrancy of the congregation is waning. And yet Valdosta is the only small community in Georgia with continuous Sabbath and holiday services since 1894. I don't have a crystal ball; the Valdosta congregation has been holding its own at about 50 families for the last 40 years, the rabbi does a number of conversions. I don't worry about those things.

What was the experience of teaching university classes on the Holocaust?

It was a love/hate experience. I believe in the joy of learning. But this was a somber, smileless course. I taught this course for six years and slowly developed some techniques that I believe transformed the students' lives. Eventually I had the students wear the yellow Jewish stars on their chests and they had to wear them 24/7 for the entire semester and record their experiences and feelings and responses from friends, family, professors - whoever. They had to wear them on dates, at home, to church, and to work (if allowed). I was trying to have them personify the statistical experience of the six million Jews and come away with a

transforming experience. It was well received; the course was capped at 30 students, I opened it up to 45. We had few Jewish students on campus so it almost all gentile students. There were no lectures, no grand theories, just a daily battery of personal experiences. I brought in survivors, liberators and grisly films.



Like the JEA on
Facebook

THINK GREEN WHEN YOU CLEAN

Downtown
640 E. President St. • 912.232.8181

Midtown
4519 Habersham St. • 912.352.1155

Southside
609 East Montgomery Xrd • 912.925.7301

Pooler
471 Pooler Parkway at Publix • 912.748.6808

david's
DRY CLEANERS

WWW.DAVIDSDRYCLEANERS.COM
Savannah's GREEN Drycleaners



TAKE HOME THE MEMORY

As Seen at "Moonlight & Martins" at the JEA
www.DreamWeaverPhotoBooth.com
Voted "Best Photo Booth" 2011, 2012 & 2013

Book us for 4 hours and receive a FREE Memory book!

\$500 for 2 hours (M-F)
\$750 for 3 hours
\$1,000 for 4 hours

"Having the photo booth at our event was a big hit! The attendant was very personable, the props were fun, and the photos came out great! What a wonderful way to remember our event."
-Anna S. Berwitz

DREAMWEAVER PHOTO BOOTH

Jamie or Kyle Weaver

912-484-7990 or 912-484-8110



We thank all of our members for their support of the Archives throughout 2013 * of blessed memory

<p>Benefactors Anonymous Mr. and Mrs. Jerome Cooper Mr. and Mrs. Herman Friedman Mr. Martin Karp Mr. and Mrs. Donald Kole Mr. and Mrs. Jeff Kole Mr. and Mrs. Aaron Levy Messrs. Murray Perlman, Wayne Spear Ms. Ann Tenenbaum</p> <p>Sustainers Mr.* and Mrs. Murray Bono Ms. Ellen Byck Mr. and Mrs. Jay Davis Mr. and Mrs. Julius Edel Mr. and Mrs. Stanley Harris, Jr. Ms. Toby Hollenberg Ms. Jane Kahn Mr. Ronald Kronowitz</p> <p>Friends Mr. and Mrs. Randall Bart Mr. and Mrs. Richard Berkowitz Dr. and Mrs. Eugene Bloom Mr. Robert Bono Drs. David and Peggy Byck Mr. and Mrs. Edwin Byck Ms. Judy Byck Ms. Simone Center Mr. and Mrs. Jerald Cohen Ms. Davida Deutsch Mr. and Mrs. Anthony Eichholz Mr. and Mrs. Donald Estroff Dr. and Mrs. Ronald Fagin Mr. and Mrs. Edwin Feiler, Jr. Mr. and Mrs. Paul Feldman Dr. C. Robert Friedman Mr. and Mrs. Erwin Friedman Mr. and Mrs. Melvyn Galin Mr. and Mrs. Murray Galin Mr. and Mrs. Charles Garfunkel Drs. Theodore and Adelle Burnsed Geffen Ms. Anne Gold Ms. A.M. Goldkrand Dr. and Mrs. Lloyd Goodman Dr. and Mrs. Jerald Gottlieb Mr. and Mrs. Lawrence Gutstein Mr. Louis Hohenstein Mr. Jonathan Joselove Mr. and Mrs. Samuel Jospin Mr. and Mrs. Myron Kaminsky Mr. and Mrs. Leonard Kantziper Mr. Jonathan Karp Ms. Ruth Karp Katz Ms. Barbara Kooden Ms. Matiel Leffler Mr. Alan Lowe Mr. Walter Lynch Mr. and Mrs. Eric Meyerhoff Mr. and Mrs. Henry Minis Mr. and Mrs. Robert Minis Mr. and Mrs. Jim Montag Judge William Raffel Mr. and Mrs. Alex Raskin</p>	<p>Mr. and Mrs. Allan Ratner Mr. and Mrs. Paul Robinson Mr. David Roos, Jr. Mr. and Mrs. Ira Ruby Mr. and Mrs.*Scott Samuels Mr. John M. Schneider Mr. and Mrs. Kenneth Sirlin Mr. and Mrs. Leon Slotin Ms. Jane Slotin Mr. Adam Solender and Ms. Sarah Denmark Dr. and Mrs. Harold Solomon Ms. Sue Reid Solomon Mr. and Mrs. Philip Solomons, Jr. Dr. and Mrs. Frederic Spector Ms. Sylvia Steinberg Mr. and Mrs. Arnold Tenenbaum Mr. and Mrs. Sheldon Tenenbaum Dr. and Mrs. Stephen Wagner Mr. and Mrs. Harvey Weitz Mr. and Mrs. Harold Yellin Dr. and Mrs. Michael Zoller</p> <p>Members Ms. Helene Adler Ms. Harriet Alperin Dr. and Mrs. Murray Arkin Dr. and Mrs. Leon Aronson Rabbi and Mrs. Ruven Barkan Mr. Geoffrey Bellah Ms. Jean Birnbaum Dr. and Mrs. Harold Black Ms. Doris Fields Blum Ms. Esther Blumenthal Dr. and Mrs. Richard Bodziner Mr. Ira Brand Mr. and Mrs. Neil Brecker Mr. and Mrs. Aaron Buchsbaum Ms. Lauren Buchsbaum Dr. and Mrs. Gerald Caplan Mr. and Mrs. Barry Carnow Mr. and Mrs. Scott Center Mr. Tony Center Mr. and Mrs. Fred Clark Dr. Scott Cohen Mr. and Mrs. Ronald Cohen Mr. and Mrs. Herman Cranman Ms. Marilyn Cranman Mr. Norman Estroff Mr. and Mrs. James Farley Dr. and Mrs. Ronald Finger Mr. Julian Friedman Ms. Linda C. Friedman Mr. and Mrs. Charles Furchgott, Jr. Ms. Jane Furchgott Mr. and Mrs. David Garfunkel Mr. and Mrs. Nathan Garfunkel Dr. and Mrs. Morris Geffen Mr. Jack Golden Mr. and Mrs. Arnold Goldstein Mr. and Mrs. Marc Goodman Ms. Marjorie Gordon Mr. and Mrs. Jeffrey Gratz Mr. Harvey S. Gray Mr. and Mrs. Stephen Greenberg Rabbi Robert Haas</p>	<p>Ms. Fran Kooden Harrell Dr. and Mrs. Melvin Haysman Mr. and Mrs. Norman Hirsch Dr. and Mrs. Richard Hochman Dr. and Mrs. Frank Hoffman Mr. and Mrs. Jules Homans Mr. and Mrs. Charles Itzkovitz Mr.* and Mrs. Perry Jacobson Ms. Sherry Jacobson Ms. Arlene Jaffie Mr. and Mrs. Lee Javetz Ms. Judy Javetz Ms. Rochelle Javetz Ms. Sybil Kalinsky Mr. Allen Kaminsky Mr. Danny Kaminsky Ms. Sally Kaplan Ms. Annette Karp Judge Michael Karpf Mr. and Mrs. Andre Kessler Ms. Faye Kirschner Ms. Doris Klugman Dr. and Mrs. Michael Konter Ms. Harriet Konter Mr. and Mrs. Michael Kooden Ms. Sally Krissman Ms. Diane Kuhr Dr. and Mrs. Paul Kulbersh Mr. and Mrs. Larry Lasky Mr. and Mrs. Mark Lebos Ms. Rene Lehrberger Mr. Marvin Lesser Mr. and Mrs. B.H. Levy, Jr. Mr. and Mrs. Gary Levy Mr. and Mrs. Merrill Levy Ms. Susan Lieber-Lozada Ms. Elizabeth Lieberman Ms. Susan Lourie Mr. and Mrs. Alan Lowe Mr. and Mrs. David Lowe Mr. and Mrs. Walter Lowe Mr. and Mrs. Joel Lynch Mr. and Mrs. James Marks Mr. David Meddin and Ms. Anne Silberman* Ms. Marion Mendel Mr. and Mrs. Burton Metzger Dr. and Mrs. Jerome Montana Ms. Eva Odrezin Dr. and Mrs. Jules Paderewski Ms. Riette Pollack Dr. and Mrs. Bernard Portman Mr. and Mrs. Barnard Portman Mr. and Mrs. Jonathan Rabb Dr. and Mrs. Fred Rabhan Mr. Martin Rabhan Mr. and Mrs. Harold Reed Mr. and Mrs. Moses Robbins Ms. Gail Robinson Ms. Lori S. Robinson Ms. Jane Rosenblum Ms. Gail Rosenzweig Mr. and Mrs. Joel Rotkow Rabbi and Mrs. Saul Rubin Dr. Linda and Mr. Stephen Sacks Mr. and Mrs. Daniel Sandler</p>	<p>Mr. and Mrs. Lewis Schneider Mr. and Mrs. Michael Schwarz Ms Marilyn Seeman Mr. and Mrs. Robert Segall Mr. and Mrs. Victor Shernoff Mr. Cary Shoob Mr. Alex M. Siegel Ms. Marilyn Slagel Rabbi and Mrs. Avigdor Slatius Mr. and Mrs. Frank Slotin Ms. Vivian Slotin Mr. and Mrs. Kayton Smith, Jr. Ms. Nancy Sonenshine Mr. and Mrs. Ross Stemer Dr. Hy Sussman Mr. and Mrs. Bert Tenenbaum Dr. Arnold Tillinger Mr. and Mrs. Herbert Victor Ms. Henrietta Victor Dr. Marvin Waldman Mr. and Mrs. Stanley Weiss Colonel Edward I. Wexler Mr. and Mrs. Morris Whitlock Mr. and Mrs. Robert Wildstein Ms. Ida Wilensky* Mr. and Mrs. Bernie Wilker Dr. and Mrs. Eugene Wolchok Ms. Sylvia Yellin Mr. and Mrs. Steven Zahn</p> <p>Additional Supporters Anonymous Mr. and Mrs. Jeffrey Bryan Mr. Rodney Cohen Mr. Joel Kantziper</p>
--	---	---	---

If you are not a member you may join by sending a check in one of the following amounts to:

Savannah Jewish Archives, c/o Savannah Jewish Federation; 5111 Abercorn Street; Savannah, GA 31405

Benefactor - \$500

Sustainer - \$250

Friend - \$100

Member - \$50

Parental Guidance (not the movie)



Jodi Sadler,
JEA Director of
Early Childhood
Education

Recently, as I talked with parents, one topic kept coming up—the milestone of getting rid of the pacifier. Questions from parents included: “When should I begin to wean my child from sucking his nuk-nuk?” “How do I help my child give up her binky?”

Here is an excerpt from a WebMD.com article by Wendy Fries, The Great Pacifier Debate, which I thought offered some great advice:

Though some pediatricians suggest weaning from the pacifier at about nine to 12 months -- the same time you banish the bottle -- others believe aiming to wean by about three years is fine. Whenever you choose to wean your child, you can make the transition to being pacifier-free a little easier on you and your little one with these tips from the pros:

- **State your intentions.** “My first tip is to always, always prepare your child in advance for what you’re going to do,” says family therapist Mark Brenner, author of *Pacifiers, Blankets, Bottles, and Thumbs*. “For example, I’ll say, ‘Jordan, in three days we’re going to be done with the pacifier, and I know you understand and that you can do it.’ You don’t want the thing to just disappear.”
- **Try the limit rule.** *Take the weaning a little slower by setting limits. Pick rooms that the pacifier can be used in, for example, maybe the bedroom but not the living room. Or try limiting the time the pacifier is used. If you need to, pediatrician Jennifer Shu says, “Give a substitute comfort object such as a small lovey toy or book that the child can carry around for security.”*
- **Leave it out.** *Refrain from going into the baby’s room to put the pacifier back in when your baby uses it at night. The recommendation for using pacifiers to help prevent SIDS only applies to a baby falling asleep. There’s no suggested benefit once a baby is asleep.*

- **Love the lulls.** *Take advantage of the natural lulls in a child’s attraction to the pacifier. For many babies, that’s in the second half of the first year. Be aware that often babies don’t ask for a pacifier “as much as parents are quick to offer” it, says pediatrician Laura Jana.*
- **Go snippety-snip.** *When your child’s not around, cut the pacifier’s nipple a little, Brenner says. “Then show your child that the nipple has been damaged.” Explain that the pacifier is now dangerous and has to be thrown away. Never cut a pacifier and give it back to your child -- a step some parents take in an effort to wean -- because it poses a very real risk as a choking hazard.*
- **Don’t plan for emergencies.** *Some parents and pediatricians suggest cold turkey is the best way to go, especially for older children. But don’t keep an “emergency” pacifier on hand, Jana says. This only reinforces the idea that if your little one cries long enough the beloved binky will magically reappear.*

In addition, most of these suggestions can be applied to other aspects of child rearing. For example, communicating with your child about what you are planning to do or what’s going to happen next is important in transitioning from one activity to another. Setting limits for your child is important in teaching emotional and social boundaries.

Along with reading periodicals and articles on children’s growth and development, I have read some other interesting and valuable books. I especially recommend *Blessings of a Skinned Knee* by Wendy Mogel, PhD, for all parents with young children. Dr. Mogel helps parents learn how to turn their children’s worst traits into their greatest attributes. Starting with stories of everyday parenting problems and examining them through the lens of the Torah, the Talmud, and important Jewish teachings, she gives valuable advice to parents.

So, as you begin your next phase in your toddler’s growth and development, take a deep breath, be consistent, and have fun!

Family Ties

by Jane Kahn

We’ve come full circle, and if some of the family wasn’t still around to rehash the stories of the past (as real Savannahians are wont to do), it would have been lost to history.

With the installation of the new audio-visual facilities in the JEA auditorium, another remarkable coincidence has surfaced within the Jewish community.

It took two relatives to bring the story together. Last month’s *Savannah Jewish News* announced the gift of the new equipment at the JEA purchased with funds from the estate of long-time Savannah attorney, Alan Gaynor. Alan was active in a variety of organizations in Savannah. Many of his philanthropic bequests are handled by the Savannah Community Foundation. One of his lasting contributions was helping to estab-



Alan Gaynor with his first cousins, Jane (Guthman) Kahn, circa 1950, and Marion Mendel, a little later in life

News from the Holocaust Center

Special happenings are on the way from the recently formed Holocaust Center. For the entire month of April, the JEA will host *When Humanity Fails*, a project of the Afikim Foundation. This exhibit has been lauded for its educational and emotional impact, as well as its emphasis on the liberators and the liberated. Visitors will experience large displays, photographs, and multimedia, that will educate and inspire viewers. *When Humanity Fails* will be open to the Jewish and general community, and special efforts will be made to schedule visits by schools and our local armed forces. Scheduled groups also will be able to hear presentations by local speakers.

This year, Yom HaShoah falls on Monday, April 28th. In recognition and commemoration, the committee is planning several events leading up to the official program. One will be a Community Shabbaton, to be held on Friday evening, April 25th. The theme of the Shabbat dinner will be,



“Honoring the Memory and Traditions of our European Ancestors.” Other events will take place during the weekend, all leading up to the Holocaust Memorial Observance on Monday. The featured speaker for that program will be Jonathan Rabb, local historian and acclaimed novelist.

During the last couple of months, the community heard presentations by two speakers who related personal and family Holocaust experiences, some in Hungary and some in France. In each case, the retelling of these events during the Shoah and their impact on families was poignant and moving.

Please mark your calendars for the April events, and look for forthcoming announcements and information.

LEVY *Jewelers*
SINCE 1900

Downtown 912.233.1163 • Oglethorpe Mall 912.238.2120
St. Johns Town Center, Jacksonville 904.527.2643 • levyjewelers.com

JEA CAMP SAVANNAH IS HERE! REGISTER NOW!



2014 JEA CAMP SAVANNAH THEMED WEEKS:

JOURNEY TO PRIDE ROCK
JUNE 9th-13th

COWABUNGA CORRAL
JULY 7th-11th

FAIRYTALE UNIVERSITY
JUNE 16th-20th

GETTING JIGGY WITH THE 90'S
JULY 14th-18th

COLOR WAR (MACABBI GAMES)
JUNE 23rd-27th

GLEE WEEK: DYNASTY OF DANCE
JULY 21st-25th

YOSHI ISLAND
JUNE 30th-JULY 3rd

HOLIDAY BONANZA
JULY 28th-AUGUST 1st





The Jewish Educational Alliance presents a monthly program guide:



CENTERPIECE

Jewish Educational Alliance

March 2014



Children's Programming



Parents enjoy a night out and children age 4 years through 6th grade have a night of fun! RSVP's and advanced payment are a MUST by the Thursday prior to the event! Dinner is included! Space is limited to the first 30 children.

Saturday, March 8th, 7:45 pm - "Just Dance Party"

We have saved the best for last as we say L'hitraot to another wonderful season of Saturday Night Out. Pack your dance shoes as we bust moves all night long with several Just Dance games on the big screen, as well as learning a few new dances to prepare us for Camp Savannah 2014! This is a night you most definitely don't want to miss! Dinner will be served.

Price: \$25/child, \$50/family
Member Value Price: \$20/child, \$40/family

Register in person, online at www.SavannahJEA.org, call us at 355-8111 or email DJ Horton at kids@savj.org

DAYS AT THE JEA

Monday March 10th, 2014 8:00-6:00

Rafiki's Coastal Adventure - As Camp Savannah prepares for their Journey to "Pride Rock" this summer, Rafiki from Lion King, has prepared a special "day-cation." We will venture out to the Tybee Marine Center to learn about Savannah's coastal Wetlands and its inhabitants.

Tuesday March 11th, 2014 8:00-6:00

Fair, Fun and Food! - As Purim approaches, Camp Savannah will make sure you're prepared for all the festive activities! We'll learn how to make some of your favorite fair foods, practice the art of face painting, make groggers and prepare a special Misloach Manot to give to a local charity.

Wednesday March 12th, 2014 8:00-6:00

To infinity and beyond - Before Camp Savannah can experience Toy Story this summer,

we'll need to experience what it's like to travel to "infinity and beyond." This visit to the Georgia Southern Planetarium for a cosmic adventure will have you reaching for the stars.

Thursday March 13th, 2014 8:00-6:00

Color War Boot Camp - Red, Blue, Yellow and Green - who's going to be the winning Color War team! With the biggest week of camp around the corner, it's time to prepare mentally and physically. From a Cake Boss challenge to Penny Bonanza, these challenges will have you wishing Color War was next week!

Friday March 14th, 2014 8:00-6:00

Wii University - Welcome to Wii University, where it's ok to play video games during school! Besides, what could be better than playing an array of video games with your friends, enjoying bbq poolside and concluding the afternoon with popcorn and "Wreck it Ralph" on the big screen?!!

Cost: \$40/day, Member Value Price: \$30/day

Who: 3-year olds through 6th grade

Where: Jewish Educational Alliance

For more info, contact DJ, 912-355-8111 or kids@savj.org.

Mark Your Calendar

March 3

Art Gallery Reception. Karin Mead. 5:00 pm

March 8

S'day Night Out. "Just Dance Party." 7:45 pm

March 9

Community Purim Carnival. 12:30 pm

March 10-March 14

Days at the JEA

March 16

Purim

March 18-March 21

Days at the JEA

JEA Donations

(December 17, 2013-February 4, 2014)

ARKIN-CLARK GARDEN FUND

In honor of Sally Sanders

Marilyn Seeman

In memory of Willy Adler

Nancie & Fred Clark

In memory of Ashley Samuels

Sharon & Bill Sand

ALLAN ULLMAN PLAYGROUND FUND

In honor of Paul Kulbersh

In honor of Marsha Gould

In honor of Sally Sanders

In memory of Harvey Pam

In memory of Zita Prince's cousin

In memory of Ashley Samuels

In honor of Jill Fram

Marcia & Sandy Berens

JEA BUILDING FUND

In memory of Ashley Samuels

AM Goldkrand

Peggy & Stanley Harris

In memory of Esther Ginsberg

Arlene & Allan Ratner

In honor of Larry Lasky

Kelly & Mark Gordon

Donations continued on page 2

Adult Programming



Bridge - Wednesdays 1:00 pm to 5:00 pm
Scrabble - Wednesdays 6:30 pm to 8:30 pm
Mah Jongg - Mondays 2:00 pm to 4:00 pm
 Thursdays 10:30 am to 12:30 pm

Community Garden



Love to garden, but don't have the space? Be part of the JEA Garden Club and help work one of the 18 garden boxes at the new Midtown Miracle Community Garden, three blocks north of the JEA. Excess produce and herbs will be donated to Second Harvest to aid them in their mission to feed up to 6000 children daily. For more details, "like" **Midtown Miracle Community Garden** on Facebook or email Carol Greenberg MStarArts@gmail.com.

Lunch Bunch - Every Thursday 12:30 pm to 2:00 pm



Join us for Thursday Lunch Bunch! Visit with old friends and meet new ones, enjoy lunch followed by an educational speaker or performer.

March Programming for Lunch Bunch (12:30 pm on Thursdays)

March 6th – Intergenerational fun with the JEA Preschool kids.

March 13th - Allison Kitchings Hearn presents Legacy Memories. Learn about transcribing memories for preservation, creating travel journals, photo albums, and preserving letters to loved ones.

March 20th - We'll be joined by Dr. Louis Schmier, author of *Chant of Ages; Cry of Cotton, The Biography of a South Georgia Jewish Community's Beginnings, 1865-1908*. Dr. Schmier, Professor Emeritus at Valdosta State University, Georgia, will share stories from his new book that explores the roots of the contemporary Jewish community in Valdosta, Georgia. Tracing the lives of three Jewish families- Ehrlich, Engel, and Marks – from 1866 through 1908, Schmier shares their stories and demonstrates the extraordinary transformation of these early settlers into "Jewish-Georgians."

March 27th – Improving your skin's health and appearance with good nutrition and a daily skin care regimen.

New Changes in the Large Gym



Justin Robertshaw
Facilities Director

The last few months have seen several changes in the JEA's large gym.

With the rental of the gym to the Savannah Volleyball League, additions were needed to be able to anchor the volleyball nets to the floors. I spoke with Kayton Smith, a mechanical engineer from Smith and VandenBulck,

and Matt Linebarger from Savannah Volleyball, regarding what type of floor anchors could be used safely. We finally agreed on the right size and type.

The following is what has been done to get us to the point we are today:

The lights in the gym now use a high output-style bulb. These are built for low energy usage

with long life and are also brighter. Some of the fixtures got new energy saving-style ballasts.

Jeff Jenkins (maintenance assistant) spent two full days scrubbing the gym floor with special hardwood floor cleaning products.

On the gym wall the lighted advertising board will be getting new ads. After the old ads were removed I changed their lights and ballasts. Anna Berwitz is getting the new ads for placement.

The volleyball group requires a particular type of floor anchors for their volleyball net poles. Once we agreed on the type we had an outside company come in and install them. Now the JEA can offer volleyball to groups who are looking for a practice area.

The last project to be done is to give the pull-out bleachers a good servicing.

Keep an eye out for more big projects to be done around the JEA in the near future.

JEA Donations

(December 17, 2013-February 4, 2014)
continued from page 1

JEA GENERAL DONATIONS

In honor of Larry Lasky
 Helen & Harvey Weitz
 In honor of Sybil Barnett
 In memory of Gerald Greenfield
 In memory of Ruth Stein
 In memory of Celia Weiner
 In honor of Charlotte Weitz & Trace Weitz
 Arlene & Allan Ratner
 In memory of Esther Ginsberg
 Joanne & Dick Hochman
 In memory of Ashley Samuels
 Ira Stup
 Susan Chapman
 Marla & Morris Geffen
 Michael Karpf
 Shannon & Scott Javetz
 Lillian Spier
 Jazie Ingram
 Arthur Glass
 Stephen Katz
 Amy Glass Cooper
 Darnell Shuart
 Celia Katz
 Joshua Glover
 Phyllis & Jack Allmont
 Thomas Baer
 Adrien & Errol Genet
 Lillian & Sidney Opotowsky
 Dale Fleishmann
 Jessica & Paul Papoff
 Curry Dry Cleaners
 Two donations by Abei Irowa
 A donation by Barnett Rukin/The Brook Fund

RAYMOND & MORRIS ROSEN MEMORIAL FUND

In honor of Mark Schwarz
Gail Rosenzweig

HARVEY RUBIN MEMORIAL FUND

In honor of Dr. & Mrs. Alan Yesner
Elise & Victor Shernoff

JEA FITNESS FUND

In memory of Ashley Samuels
In honor of Amy & Adam Kaminsky
Courtney & Jay Goldstein

BERTHA & HYMAN KANTER YOUNG AT HEART FUND

In honor of Mark Levine
 In memory of Lee Sinsheimer
 In honor of Sally Sanders
 In memory of Lillian Roth
 In memory of Leonard Lorberbaum
 Sally & Steve Greenberg
 In memory of Lee Sinsheimer
 In memory of Lillian Roth
 In Memory of Leonard Lorberbaum
 Suzanne & Michael Konter

Donations continued on page 4



Health & Wellness

Functional Training



Stephanie Johnson
Health & Wellness
Director

Functional training is a classification of exercise that involves training the body safely and efficiently for the activities performed in daily life.

Functional fitness exercises train your muscles to work together and prepare them for daily tasks by simulating common movements you might do at home, at work or in sports. While using various muscles in the upper and lower body at the same time, functional fitness exercises also emphasize core stability. For example, a squat to bicep curl is a functional exercise because it trains the muscles used when you pick up an object from the floor or a table. By training your muscles to work the way they do in everyday tasks, you prepare your body to perform well in a variety of common situations.

Functional training attempts to adapt or develop exercises that allow individuals to perform the activities of daily life more easily and without injuries.

In the context of personal training, working out, and bodybuilding, functional training involves mainly weight-bearing activities targeted at the entire body. Most fitness facilities have a variety of weight training machines that target and isolate specific muscles. As a result, the movements do not necessarily bear any relationship to the movements people make in their regular activities or sports.

What are the benefits of functional fitness training?

Functional exercises tend to be multi-joint, multi-muscle exercises. Instead of only moving the elbows, for example, a functional exercise might involve the elbows, shoulders, spine, hips, knees and ankles. This type of training, properly applied, can make everyday activities easier, reduce your risk of injury and improve your quality of life.

Functional training, if performed correctly,



will lead to better joint mobility and stability, as well as more efficient motor patterns. Improving these factors decreases the potential for an injury sustained during an athletic endeavor. The benefits may arise from the use of training that emphasizes the body's natural ability to move in six degrees of freedom. In comparison, though machines appear to be safer to use, they restrict movements to a single plane of motion which is an unnatural form of movement for the body and may potentially lead to faulty movement patterns or injury.

Functional fitness exercises use multiple joints and muscles at once to train your whole body.

Examples include:

- Multi-directional lunges
- Squat to bicep curl
- Step-ups with weights

These activities are taught in our Extreme Toning (Sundays @ 1pm) and Boot Camp (Wednesdays @ 6pm) classes. These classes are designed to take you off the single planer machines and put you into a more functional atmosphere under the watchful eye of our instructor. Functional Training is very individualized and should only be intrinsically motivated. Human nature always causes us to compete with others in the class when we should only be competing internally.

To be effective, a functional exercise program should include a number of different elements that can be adapted to an individual's needs or goals:

- Based on functional tasks directed toward everyday life activities.
- Integrated – It should include a variety of exercises that work on flexibility, core, balance, strength and power, focusing on multiple movement planes.
- Progressive – Progressive training steadily increases the difficulty of the task.
- Periodized – Mainly by training with distributed practice and varying the tasks.
- Repeated frequently.
- Use of real-life object manipulation.
- Performed in context-specific environments.
- Feedback should be incorporated following performance (self-feedback of success is used as well as trainer/therapist feedback).

The functional fitness payoff

As you add more functional exercises to your workout, you should see improvements in your ability to perform your everyday activities and, thus, in your quality of life. That's quite a return on your exercise investment.

Winter Fitness Classes

Sunday

- 9:15 am - Pilates Basic
- 10:30 am - Total Body Blast
- 1:00 pm - Extreme Toning

Monday

- 5:00 am - Master Swim
- 8:30 am - Firm It Up
- 10:00 am - Aquasize
- 10:00 am - Vinyasa Yoga
- 10:30 am - SilverSneakers Classic
- 6:00 pm - Evening Water Aerobics

Tuesday

- 8:30 am - Pilates
- 9:30 am - Pilates Barre
- 10:00 am - SilverSneakers Splash
- 10:30 am - SilverSneakers Circuit
- 5:45 pm - Zumba
- 6:00 pm - Savannah Kenpo
- 7:00 pm - Savannah Fencing Club

Wednesday

- 5:00 am - Master Swim
- 8:30 am - Firm It Up
- 10:00 am - Yoga Pilates Fusion
- 10:30 am - SilverSneakers Classic
- 6:00 pm - Billy's Boot Camp
- 6:00 pm - Evening Water Aerobics

Thursday

- 8:30 am - Pilates
- 9:30 am - Pilates Barre
- 10:00 am - Aquasize
- 10:30 am - SilverSneakers Circuit
- 6:00 pm - Savannah Kenpo
- 6:00 pm - Evening Water Aerobics
- 6:30 pm - Yoga Flow
- 7:00 pm - Savannah Fencing Club

Friday

- 5:00 am - Master Swim
- 8:30 am - Firm It Up
- 10:00 am - Aquasize
- 12:00 pm - Noon Basketball

Join the JEA!

Join the JEA and you will be glad you did when you take advantage of our special member pricing, FREE classes and events! The JEA provides many different types of memberships to accommodate everyone.

Types of Membership include:

- Family Plans
- Couple Plans
- Individual Plans
- Military/Law Enforcement (active duty only)

Visit us at 5111 Abercorn Street or online at www.SavannahJEA.org for more information!



JEA Art Gallery



March Artist: Karin Mead

Karin Mead was born in Berlin, Germany, in 1938. Her family later moved to Dresden where as a young girl, she experienced the devastating bombing of Dresden, as well as other horrors of World War II and its aftermath. She and her family later escaped from East to West Germany, and it was in West Berlin that she met Alden Mead, whom she married in 1974, moving to Minneapolis and becoming a US citizen.

Karin has enjoyed both travel and photography for a long time and for a number of years has specialized in photographing children, un-posed, on her travels. This began with a trip to the Copper Canyon of Mexico about ten years ago, where she photographed two native girls. She loved the pictures and resolved to make children's photography a focus of future trips.

In the first several years of pursuing this activity, Karin used a Nikon N65 camera with conventional film. Now she has been using a digital Nikon D3000, which has the advantage of not having to change film repeatedly. However, she does not crop or otherwise doctor her pictures, preferring to let the original image speak for its self.

Karin strives to choose children and situations so as to give insight into the life of the country of the children, and to show aspects in common with children everywhere.

The photos are all framed in the same way, in a simple but elegant wooden frame, and are personally autographed.

Karin has exhibited her photos twice at the Landings Plantation Club under the auspices of the Landings Art Association. She has also exhibited at Hospice Savannah.

Artwork available for viewing March 2-31, 2014
Art Gallery Reception March 3, 5:00-7:00 pm

Get your business seen by the entire Jewish community... and MORE!

The JEA Community Directory is distributed annually to every member of the JEA and made available to the entire Jewish community! Gain loyal customers by advertising in our annual publication!

Full Page - \$650.00

Half Page - \$450.00

Quarter Page - \$300.00

For more information, please contact Anna at (912) 355-8111 or anna@savj.org.

New JEA Members

The JEA would like to thank our members. Without your membership and support, we would not be able to offer all the services that we do. Our members are our most important asset!
(New Members as of 12/18/13-2/4/14)

- Mark Bennett & Thomas MaCauley
- Judith Bloom
- Deborah Brannigan
- Dwight & MaryEllen Campbell
- Donald & Margrit Coleman
- Tina Coyle
- Rick & Jodie Crawford
- Sherri Cunningham
- Timothy & Amy Czarnecki
- Albert DeLeon
- Nelle Denham
- Jon Field & Liz Darlington
- Clara Fishel & David Zike
- Allen & Judith Gruber
- John Jurick
- Ed Kenreich
- Patricia Killewald
- Ada Kramer
- Wesley & Mary Kramer
- Richard Leal
- Jerome & Joyce Lederman
- Jesse Losey
- Rahul Malla
- Jose & Jennifer Mallabo
- Sloane Mayberry
- Benjamin McAdams
- Charles Mulaney & Lucinda Gryzenia
- Allison Raines
- Richard & Crystal Sanders
- Douglas Snyder & Anne Dillard
- Ridley Stallings
- Sandeep Tamraker & Angela Ohshiro
- Kim Watson
- Tania Weisz
- Nancy Welcher
- Bruce & Danise Williams
- Anuk Withers

JEA Donations

(December 17, 2013-February 4, 2014)

cont. from page 2

HENRY W. CENTER COLLEGE SCHOLARSHIP FUND

In honor of Miriam Center

John Patterson

In memory of Ben Tucker

In memory of Lillian Netzorg

Miriam Center

TREE OF LIFE

In memory of Ashley Samuels

Her Sig Delt sisters



JEA Preschool Savannah News

March 2014

Enrollment Now Open for Fall 2014!

Early Bird Registration - Register by March 31st and receive \$100 off tuition fees.

Watch for Details about JEA Preschool Savannah Summer Program

To schedule your introductory appointment, contact Jodi Sadler at (912) 355-8111, or email preschool@savj.org. Tuition information and registration forms are available for download online at www.SavannahJEA.org.

JEA Preschool Savannah offers convenient Core Program and Extended Hours:

Core Program: 8:30am – 12:30pm
Extended Hours: 7:00am – 8:30am
12:30pm – 6:00pm

Serving children ages 16 months to 4 years old.

Contact us about our 2 & 3 day-a-week Programs!



Children learn best through hands on experiences and imaginative play. The climbing structure allows children to develop their gross motor skills through climbing, sliding, and exploring.

Engaging children in a nurturing, safe and inclusive environment, based in Jewish values.

A Look at What is Happening at JEA Preschool Savannah!

Our Preschoolers will be ready for the outdoor pool when summer arrives!

JEA Preschool Savannah's Ayalim children have been enjoying their Introductory to Water program. Hands-on experiences are a major focus of our curriculum and what better way for real time opportunities than classes in the JEA's indoor pool to learn basic swimming concepts? The safe and fun environment provided by the outstanding Aquatic Department allows the children to achieve success.



First we learned how to kick our feet.



Then we learned how to use our arms.



It took some of us a little more time than others to get to that last step of putting our face in the water.



Miss Ashley sure knows how to make it fun to learn how to swim!

Check it Out!

Toddlers and Healthy Eating

Getting a toddler to eat right often can be tricky. You want to be sure they eat enough and you want to be sure that what they're eating is nutritious. NAEYC (the National Association for the Education of Young Children) is a wonderful resource for families. Check out their article by Drs. Joshua Sparrow and T. Berry Brazelton about toddlers and their finicky eating habits.

<http://families.naeyc.org/families-today/struggles-over-healthy-eating>

‘Story of the Jews’ to Air on PBS

Simon Schama, prize-winning author of fifteen books and Emmy-Award winner, brings to life Jewish history and experience in a new five-part documentary series, *The Story of the Jews with Simon Schama*, premiering Tuesdays March 25th, 8-10 pm EDT (episodes 1 and 2) and April 1st, 8-11 pm EDT

(episodes 3, 4 and 5) on PBS (*check local listings*). The five-hour series follows Schama – who has written and presented 50 documentaries on art, literature and history – as he travels from Russia and Ukraine to Egypt, Israel and Spain, exploring the imprint that Jewish culture has made on the world and the drama of suffering, resilience and rebirth that has gone with it.

“If you were to remove from our collective history” said Schama, “the contribution Jews have made to human culture, our world would be almost unrecognizable. There would be no monotheism, no written Bible, and our sense of modernity would be completely different. So the history of the Jews is everyone’s history too and what I hope people will take away from the series is that sense of connection: a weave of cultural strands



over the millennia, some brilliant, some dark, but resolving into a fabric of thrilling, sometimes tragic, often exalted creativity.”

Schama talks with living witnesses like Yakub Odeh, a Palestinian whose village was destroyed in the war of 1948, and Levana Shamir, whose family members were imprisoned in Egypt at the same time. He debates the meaning of new archaeology with Yosef Garfinkel of Hebrew University, the Dead Sea Scrolls with their chief curator Pnina Shor; the character of the Talmud with Leon Wieseltier, literary editor of the New Republic; the photographic record of Israel’s history with Micha Bar Am; and many others.

The series, first broadcast on the BBC, was acclaimed in the British press as “an astonishing achievement, a TV landmark, idiosyncratic, accessible but always authoritative.”

Purim with the Grandchildren

by Sally Sanders

When my grandson, William, was about four years old (22 years ago – I can’t believe it!), I thought it would be fun to have him over to bake *hamentashen* together for Purim. I told him he could bring a friend or two with him, and an annual tradition of making *hamentashen* for “*shalach manos*” with my grandchildren was begun.

Soon after William and I started doing this, his brother, Brett joined in. Finally, a few years later, their sister Marissa joined in. It was fun having the children and their friends in the kitchen.

When they were younger, you never knew what shapes the *hamentashen* would be. And the children weren’t interested in traditional fillings like apricot or poppy seed; they came up with their own concoctions like peanut butter and jelly, peanut butter and chocolate chips, or chocolate chips and anything you could think of. In fact, to this day chocolate chips still end up in just about everything.

We would always bake a few weeks ahead of Purim and the children hated the idea of having to wait to enjoy the ‘fruits of their labor.’ I always made sure that each one got a big piece of dough to make a big cookie they could take home to eat when their parents said it was OK.

As the children got older, the *hamentashen* began to look more and more as you would expect them to. But no matter what shape they turned out to be, they always seemed to taste good, as the lucky recipients of the “*shalach manos*” packages would always attest.

All three of the children continued coming to bake each year into their high school years. But William and Brett both have graduated from college now. I don’t know what will happen next year now that Marissa



(Top) Brett (l) and William Levine making *hamentashen* in 1999. (Bottom) Sally Sanders (r) and her granddaughter, Marissa Levine, baking for Purim

is about to graduate from high school and go off to college.

Here is the recipe we use for the dough each year. Giving credit where credit is due, this recipe came from Gale Hirsh. As for fillings, I’ll leave those choices to the imagination of you and your children or grandchildren!

- 4 eggs
- 1 cup vegetable (not canola) oil
- 1-1/4 cup sugar
- 2 tsp. vanilla
- 5-1/2 cups flour
- 1 tbsp. baking powder
- 1/2 tsp. salt

Mix all together.

The dough may be made ahead of time and frozen or refrigerated for up to two days.

Depending on what size *hamentashen* you make, makes enough for several dozen.



- | | | |
|------------------|---------------------------|------------------------|
| Anniversaries | Birthdays | Luncheons & Receptions |
| Award Dinners | Board Meetings | Proms |
| Baby Showers | Business Presentations | Retirement Dinners |
| Banquets | Celebrations & Ceremonies | Reunions |
| Bar/Bat Mitzvahs | Golf Outings | Weddings |

Members & non-members are invited to book with us. Located on the north end of Hilton Head Plantation. Visit our website at www.hiltonheadclub.com or call our Private Events Director, Jessie Melamed Brinsfield at 843.681.2582 ext. 110

Preferred Hotel Partners of

- Located in the heart of midtown near the corner of DeRenne and Abercorn
- Book your block of rooms today for Bar and Bat Mitzvah’s
- Banquet Space accommodating up to 300 people
- Contact Melaina Jaudon at 912-721-5173/Melaina.jaudon@hilton.com

A Jewish Traveler

by Judy Odrezin

When I read that the Savannah Jewish Federation was planning a trip to Cuba, I was thrilled and really wanted to go. However, several months before, I had made plans to go scuba diving in the Caribbean in January, and the dates overlapped, so I already was booked for a week in the U.S. and British Virgin Islands at the same time as the mission to Cuba. This was to be my last voyage on this boat as it will be out of commission for divers. It posed a dilemma for me and I decided I would just have to hear about the Cuba visit after our travelers came back.

All of the Caribbean islands seem to have such interesting histories, and one day I hope to visit Cuba for many reasons, including its Jewish heritage. But while in Charlotte Amalie, on the island of St. Thomas in the U.S. Virgin Islands, I found a walking tour of the Island that led me to the area known as Synagogue Hill.

Some of my dive friends accompanied me on this trek and there we found the gates to the small but impressive synagogue [commonly called St. Thomas Synagogue, officially *Beracha Veshalom Vegmiluth Hasidim*]. This synagogue dates back to the early 1800s, but St. Thomas had a Jewish community and cemetery long before then, I learned.

One enters through the gates, into a courtyard rimmed with tropical plants, palms and ferns. It suddenly becomes an oasis in the hot climate when you ascend the steps of the sanctuary. Here, the floor is covered with sand. As we walked around the sanctuary, our feet made no sound upon the soft white covering. The seating, Bimah and Ark are all made of a dark rich mahogany. The walls are plastered white and hold the rich reminders of Judaism.

A Rabbi speaks to us via a thoughtful video explaining how the Jewish community there came about and how it remains a vibrant part of the Island's religions. I was amazed how the first families from Spain and Portugal managed to survive, through hurricanes, fires and political occupations. Such tenacity, I thought, to escape the oppression and leave your homelands to inhabit strange



Judy Odrezin on the steps of the St. Thomas Synagogue

new lands, rocky, hilly ones at that. Many of the numbers of active Jewish families waxed and waned over the decades, but the inner emotions of this religion were recognizable. A similar thread that seems to permeate the Jewish landscapes of many places, and this one I will remember forever.

The synagogue's memorial tablets held many names from the past; they were different yet all familiar. I felt proud to be a Jewish traveler and to get to places that bear a common bond. Whether seeing it as a permanent resident or as a traveler to a tropical place, the St. Thomas Synagogue is a beautiful striking remembrance of a different kind of Jewish past.

After our tour, we were encouraged to visit the Gift Shop, where I found two books which I purchased and devoured. I even contacted Harry Ezratty, the author of one of the volumes, *500 Years of Jews in the Caribbean*, who immediately sent me two more of his works to read about Jewish history as it relates to the Caribbean and the Southern United States. Wow, a chapter in history that I had only scratched the surface of in reading... imagine that!

Even though the diving was spectacular, the weather was in the 80s, and only an occasional cloud formed over us, I have to admit; the trip to the Synagogue was on my want list of things to do and I'm glad I didn't miss it.



JEA CAMP SAVANNAH IS NOW HIRING SUMMER CAMP STAFF!

We are currently accepting applications for the following positions:

Lead Group Counselors College Freshmen and up, Early Childhood Education Majors and Teachers preferred.

Junior Group Counselors High School Juniors & Seniors

C.I.T. (Counselors in Training) High School Freshmen & Sophomores
A great way to fulfill your public service requirement and have fun at the same time.

Specialty Counselors: Sports & Recreation

WSI-Certified Swimming Instructors

Cultural Enrichment

Those applying should possess the following qualities:

- Knowledge and experience working in a camp setting or with children.
- Ability to be an excellent role model, exuding maturity while still remaining youthful.
- Must be responsible, creative, motivated, and professional.
- Flexibility with regard to tasks, work hours and changes in program.
- Ability to positively relate to children, coworkers, and parents alike.

Counselor Application available online at www.SavannahJEA.org.

For more information, please contact

JEA Camp Director

DJ Horton at 355-8111 x225 or

JEA Camp Registrar

Anna Berwitz at 355-8111 x211



The Savannah Jewish Federation proudly provides space for a half-page ad to each local congregation in each issue of the Savannah Jewish News.

CONGREGATION MICKVE ISRAEL

WELCOMES PEOPLE OF ALL AGES FOR WORSHIP, EDUCATIONAL PROGRAMMING AND MORE!

Special Events



Mickve Israel Concert Series: Velvet Caravan

Sunday, March 2 at 3:30pm at the synagogue. Tickets are \$15 in advance or \$20 at the door and may be purchased by calling CMI at 912.233.1547, ext. 301.

If you enjoyed their powerhouse gypsy swing sound at the Jewish Food Festival™, don't miss this special concert! Led by violinist Ricardo Ochoa and guitarist Sasha Strunjas, the group will perform their unique blend of gypsy-jazz, honky-tonk, swing and latin music for an upbeat show that is sure to be the toast of the town.



Scholar-in-Residence Weekend with Rabbi Gary Zola

Join us March 7 & 8 for a weekend learning experience with Rabbi Gary Phillip Zola, Executive Director of the Jacob Rader Marcus Center of the American Jewish Archives and Professor of the American Jewish Experience at Hebrew Union College-Jewish Institute of Religion in Cincinnati. Professor Zola edits the Marcus Center's award winning biannual publication, *The American Jewish Archives Journal* - one of only two academic periodicals focusing on the total historical experience of American Jewry. In April 2011, Dr. Zola was appointed by President Obama to the Commission for the Preservation of American Heritage Abroad. Don't miss this unique opportunity to learn from one of the best!

March Services

Saturday, March 1 - Shabbat Morning Service, 11am.

Friday, March 7 - Kabbalat Shabbat Service featuring Rabbi Zola, 6pm. Followed by Oneg.

Saturday, March 8 - Shabbat Morning Service, 11am.

Friday, March 14 - Kabbalat Shabbat Service, 6pm.

Saturday, March 15 - Shabbat Morning Service, 11am.

Friday, March 21 - Family Dinner at 6pm, followed by 7pm Kabbalat Shabbat Service.

Saturday, March 22 - Shabbat Morning Service, 11am.

Friday, March 28 - Kabbalat Shabbat Service with Julie Hirsch & the Mickve Israel Choir, 6pm.

Saturday, March 29 - Shabbat Morning Service, 11am.

Educational Opportunities

In-Depth Judaism at 9:15am & Torah Study following Kiddush Lunch on March 1, 8, 15, 22, & 29.

* We will be closed on Monday, March 17 for St. Patrick's Day.

Check out our e-news, Contact, & Winter/Spring Program Guide for more details on our upcoming events!

Everyone is welcome to join us for our services and events! Sign up for our weekly schedule of events e-mail by contacting kayla@mickveisrael.org, or by texting CMI to 42828. For more information or to RSVP to an event: call 912.233.1547 or visit mickveisrael.org



Congregation Agudath Achim

9 Lee Blvd, Savannah, GA 31405 / 912-352-4737

Agudath-Achim.com / Agudatha@aol.com

Rabbi Ruven Barkan

For further information contact us at 912-352-4737, or email us at agudatha@aol.com

Young Family Shabbat
Friday, February 28th
at 5:30 p.m.



Sunday, March 9, 2014

4th Annual

Progressive Dinner

Cost: \$36 per person

Please RSVP to the
office 352-4737.



Join us this Purim
Sunday, March 16th
Service at 9 a.m.
Megillah Reading at 10 a.m.
Purim Party at 11 a.m.



SHABBAT SERVICES:

Friday Kabbalat Shabbat 5:15 pm, Saturday 9:15 am Shabbat Service & Kiddush Luncheon Mincha/Maariv & Havdalah, Saturday Evening

DAILY SERVICES:

Sunday 9:00 am & 6:00 pm, Monday & Thursday 7:00 am & 6:00 pm
Friday 7:00 am
Tuesday 7:30 am & 6:00 pm, Wednesday 8:00 am & 6:00 pm

It's A Funny Thing



by Melinda Stein

Maurice has a business appointment, and he arrives a little early. The receptionist points to a comfortable easy chair and asks him to be seated for a while. Maurice tries to read a magazine. However, he is distracted due to a ruckus coming from behind one of the doors. Maurice goes over to the receptionist and asks, "What's all that shouting about?"

Melinda Stein

She replies, "It's a high stakes battle of wits."

Maurice asks: "Between who?" and the receptionist answers, "Horowits, Lebowits, Rabinowits and Abramowits."

Yankel, a Jewish immigrant, arrives by ship in New York City along with hundreds of others. The immigration inspector at Ellis Island asks each immigrant all kinds of questions about background, including religion.

After having had terrible experiences with anti-Semitism, Yankel feels that it might be best to hide his true identity. "I am, um, a Christian," he says.

To that, the immigration inspector asks, "Christian Ashkenazi or Christian Sephardi?"

Mrs. Epstein, A Hebrew School teacher at Beth Israel Congregation, had just concluded her lesson about repentance and wanted to make sure she had made her point. She asked her class, "Can anyone tell me what you must do before you can obtain forgiveness for transgressing one of the commandments?"

There was a short pause and then, from the back of the room, a small boy spoke up and said, "Transgress one of the commandments."

Rachel goes to the Schapiro Fruit Farm and asks David, the manager, if they have any vacancies. David tells her that the only job available is for a part-time lemon picker. Rachel says she'll take the job.

"Do you have any experience in picking lemons?" David asks her.

"You bet," replies Rachel. "I've been divorced three times."

Last year there was a rare, huge snowstorm in Jerusalem and the principal of a particular religious school called one of his rabbinic teachers and said to him, "Rabbi, you don't have to come in today. Only six children have shown up due to the snow."

The rabbi replied, "That's all right, I'm coming in anyway."

"I admire your dedication, Rabbi," said the principal, "but it's not necessary."

"It's definitely necessary for me," replied the Rabbi. "In my house there are 10 children!"



Beth Vantosh
Associate Broker

COMMERCIAL REAL ESTATE

- LEASING
- SALES
- INVESTMENT

KW Commercial / Vantosh Commercial Group

912-663-3392 bvantosh@vantoshco.com

Finding the right apartment

has never been easier!

Southside, Westside and Eastside in Savannah.

Students, Military Personnel & Hospital

Employees receive 3% discount.

*Bring this ad in and application fee will be waived



Annual Cholent Cook Off

Congregation B'nai B'rith Jacob Come Join The BBJ Family!

Morning, Afternoon and Evening Services Daily.
365 Days a year for over 150 years.

- 200 participants on average Shabbos
- Weekly Shabbos Afternoon Program for kids
- Weekly Kiddush following Services
- Stimulating classes throughout the week
- Active Brotherhood and Sisterhood
- Monthly Dinners
- Many Teens in Israel

Soup and Salad Bar
Tuesday Lunches at the
Congregation Bnai Brith Jacob



\$8.00/ person
no reservations required



Teen Events

5444 Abercorn Street, Savannah GA 31405
Visit us on the web www.bbjsynagogue.com
912-354-7721 bbjacoboffice@gmail.com

The Savannah Jewish Federation Gratefully Thanks Our Contributors

SJF GENERAL DONATION

A donation by
Abei Irowa
In memory of Lois Turchin
Pepi & Irwin Streiff

JEWISH FAMILY SERVICES FUND

In memory of Ashley Samuels
In memory of Barbara Aronson's mother
In honor of Leon Slotin
Doris & Arnie Goldstein
In honor of Judy Byck
In honor of Ellen Byck
Harriet & Eric Meyerhoff

In honor of Bunny & Jim Montag
Merry & Richard Bodziner

DENA YASCHIK & LAWRENCE S. BODZINER FOUNDATION

In honor of Richard Bodziner
Ellen & Jeff Gendelman

TIKVAH FUND

In memory of Ashley Samuels
Steffi & Sol Zerden
Judy Byck
Donna & Tony Eichholz
Helen & David Kelly

Jan & Frank Katz
Marilyn Seeman
Suzanne & Leonard Kantziper
Eva Odrezin
Charlotte & Harold Black
Marsha Lipsitz
Sarabel & Ross Stemer
Sarah & Jerald Gottlieb
Sara & Sam Jospin
Michelle & Matthew Allan
& family

In honor of Bunny & Jim Montag
Charlotte & Harold Black

DAVID PORTMAN MEMORIAL FUND

In memory of Ashley Samuels
Roz & Buddy Portman

WILLIAM & MILDRED WEICHSELBAUM CAMPAIGN FUND

In honor of Kelly & Marc Gordon
Peggy & Stanley Harris

Contributions to the Savannah Jewish Federation may be made on our secure website at www.savj.org or by calling 912-355-8111.

Condolences

We express our sympathy to the families of:

A. J. Cohen, Jr.
Who died February 5, 2014

He is survived by his wife, Gloria "Kelly" Stein Cohen; three sons, A. J. (Kimberly) Cohen III of Denver, CO, Sanford Marc Cohen of Flat Rock, NC, and George S. (Ruth) Cohen of Savannah; one daughter, Julia Cecile Cohen of Los Angeles, CA; five grandchildren; and one sister, Valerie C. (Milton) Kassel of Atlanta.

Remembrances: The Mighty Eighth Air Force Heritage Museum, P.O. Box 1992, Savannah 31402; or the George and Julia Solomon Fund at Congregation Mickve Israel, P.O. Box 816, Savannah 31402-0816.

Sylvia Norma Kaminsky Blumberg
Who died February 4, 2014

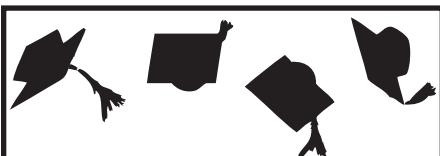
She is survived by her son, Keith Blumberg of Savannah; three daughters, Vicki Blumberg and Fannie (John) Sexton of Savannah, and Karen (Ron) Hellard of Pegram, TN. She was preceded in death by her husband, Myer "Mike" Blumberg, and her sister, Rosamae Kaminsky Alpert.

Remembrances: Spanish Oaks Hospice, 8510 Whitfield Ave., Savannah 31406; or the Alzheimer's Association, Georgia Chapter, 201 Television Circle, Savannah 31406; or a charity of the donor's choice.

Cecele Richman
Who died January 27, 2014

She is survived by her sister, Jean R. (Barney) Schoenberg of Atlanta; two nephews and many cousins and friends.

Remembrances: Addestone Hebrew Academy, 1639 Wallenberg Blvd., Charleston, SC 29407, or a charity of the donor's choice.



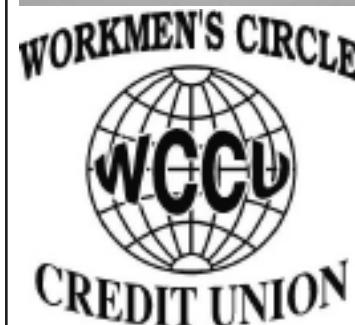
Mazel Tov to all High School & College Graduates and Your Families!

You are invited to submit your pictures and records of achievement for publication in our special graduation section of the June issue of the Savannah Jewish News.

To be included, please download the submission form from www.savj.org or pick one up at the JEA.

All submissions must be received by the absolute deadline of **May 10th, 2013**. Listings will be published only in the June issue.

Return forms & pictures to: sjnews@savj.org or **Savannah Jewish News**
5111 Abercorn St.
Savannah, GA 31405



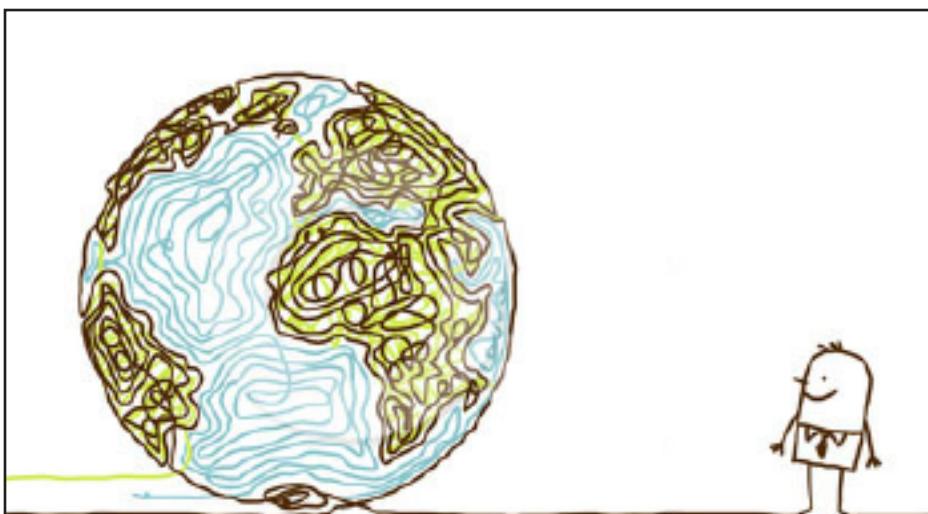
Refinance NOW while rates are at historic lows

Fixed Rates Up To 30 Years
Free Good Faith Estimate
1/2 point origination
No intangible tax

Contact Chris or Jessica (912) 356-9225

Or Apply Online at workmenscirclecu.com

527 Stephenson Avenue, Suite 2
Savannah, Georgia 31405
Discover the Credit Union difference...



The Federation encourages you to be a part of the Community Campaign and Allocations process and nominate an overseas program that you know about for one of these mini-grants.

Nominations end April 1, 2014, the guidelines are:

- The organization being nominated must primarily have a direct impact on the lives of Jewish people outside the United States;
- Grants will not be considered to other grant-making organizations;
- There is a limit of two nominations per person;
- Nominations are due no later than April 25, 2013.

You can nominate one of your favorite overseas organizations for a 2014 Savannah Jewish Federation mini-grant online at www.savj.org.



Take a look at the youth scholarships offered by your local Savannah Jewish Federation and Jewish Educational Alliance for 2014!

Jacob & Ida Ulman College Scholarship Fund

Offered through the Savannah Jewish Federation, this scholarship is given based on need, availability and the applicant's participation in the Savannah Jewish community.

Henry W. Center College Scholarship Fund

Offered through the Jewish Educational Alliance to the families of members in good standing, this scholarship is based on need, availability, and the applicant's scholastic achievement.

Harvey Rubin Memorial Award

Do you know a high school teen who has shown exceptional athletic ability and leadership in the community? How about nominating him or her for the Harvey Rubin Memorial Award? JEA members in good standing are eligible to be nominated.

Savannah Jewish Federation Camp and Teen Experience Scholarships

Planning on going/sending your children to a Jewish overnight camp? Expanding your Jewish IQ? Do you want to make a difference... Then the SJF Camp and Teen Experience Scholarships are for you! Available to SJF members and their families.

Kay Becker Israel Scholarship

Offered through the Jewish Educational Alliance to members in good standing, this scholarship is available to teens for travel to Israel and may be used for peer group travel, gap year programs, Yeshiva attendance or college abroad programs.

Applications are available for download at www.savj.org.

Confidential applications and nominations must be submitted by April 19, 2014.



*SERVING THE COASTAL AREA
SINCE 1980*

PRIVATELY OWNED AND OPERATED
COMPANIONS • SKILLED NURSING • PERSONAL CARE

www.CoastalHomeCare.us
912-354-3680

Savannah Jewish ARCHIVES

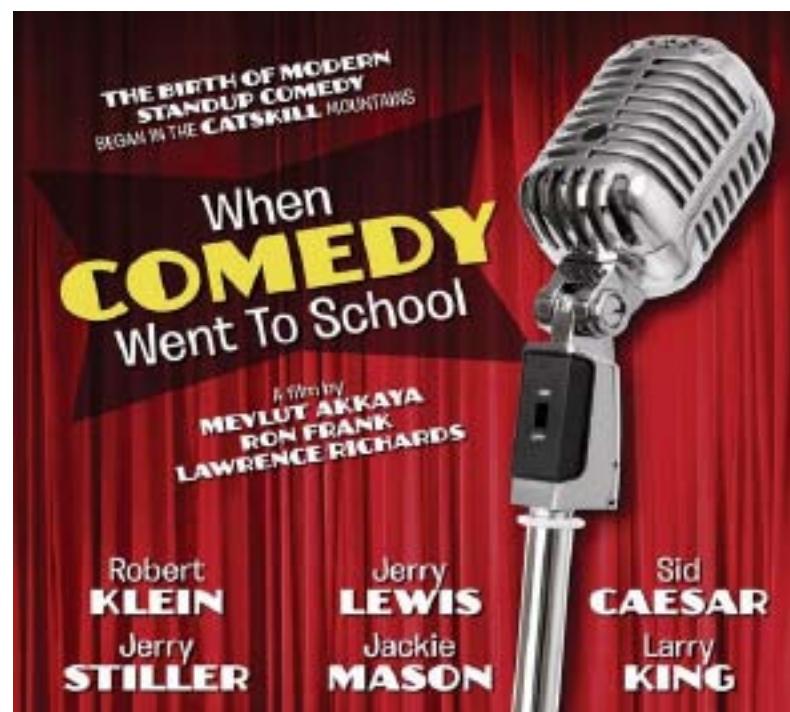
YOU ARE INVITED TO JOIN US ON A
WALKING TOUR OF BONAVENTURE CEMETERY

SUNDAY APRIL 6, 2014 AT 10:00 AM.

This hour-long tour will visit the historic and Jewish sections of the Bonaventure grounds. The tour is free for Savannah Jewish Archive members; a \$5.00 donation is appreciated from nonmembers.

Please RSVP to Bill Raffel, #912-441-7022

Hadassah Presents



**Carmike Theater on Stephenson Avenue Savannah
Sunday, March 23, 2014
4PM**



Ticket and Sponsorship Information:
Janis Javetz: 912-352-4880 or
JBjavetz@gmail.com

www.hadassah.org/southeastern
Go to **Savannah** Chapter for calendar updates.



FILL EMPTY DINNER PLATES.
TRAIN THE UNEMPLOYED.
**GIVE DESPERATE
FAMILIES A HOME.**

**BEFORE
YOUR
STOPLIGHT
TURNS
GREEN.**

It only takes a few minutes to change lives in our community and around the world. Meanwhile, you'll sustain Jewish education, fund disaster relief and provide needed care for the aged — just some of the solutions that the Savannah Jewish Federation supports with heart, innovation and decades of knowing what works. Time to move: Donate. Volunteer. Get involved. **Your link to getting started: www.savj.org**



Savannah Jewish Federation

THE **STRENGTH** OF A PEOPLE.
THE **POWER** OF COMMUNITY.

WWW.SAVJ.ORG
912-355-8111