

# OUR COMMUNITY NEWS

Jewish Federation of St. Joseph Valley, Inc. 3202 Shalom Way, South Bend, IN 46615



Volume 7, Number 3

November 2012/Cheshvan-Kislev 5773

## Yom Iyyun:

**A day of learning  
how to respond to  
bullying**

**Sunday, November 18  
9:30 AM to 1:30 PM**

Bullying is a crisis in today's society — it can happen anywhere and to anyone. Our Day of Learning is especially designed to help parents and adults become more effective advocates in dealing with bullying. There will also be a separate lunch session for teens in High School. Please turn to page 4-5 for more details about this seminar.

## Lunch 'n' Learn features Russian resettlement stories

Over a six year period in the early 1990s, the Jewish Federation, with your help, resettled nearly 200 Jewish refugees from the different regions of the former Soviet Union. All of these people have incredible life stories of unimaginable hardship: survival during World War II, living as Jews in a communist country, and eventually leaving their familiar environment behind to move across the ocean and re-build their lives here in the United States.

Their stories are the subject of a new documentary, **Russian Tales: The Journey to a New Home**, pro-



**Jewish Family Service continues to offer Russian community members social and educational support.**

duced by Anna Solovey-chik, Federation Program Director. The video will premiere at our **Lunch 'n' Learn at 12 noon on Wednesday, November 7.**

*Please turn to RUSSIAN on page 7*

In honor of our Russian community, our luncheon will feature Russian cuisine with borscht, pickled salads, roasted potatoes,

## Gloria Schwartz to give campaign donors a taste of Sephardic cooking



Our 2013 Jewish Campaign is off to a great start with lot of fun events. To thank to all our amazing donors, the Jewish Federation is welcoming Chef Gloria Schwartz to our community to teach us about Sephardic cooking. In two events on November 15, Gloria will demonstrate the preparation of meals based

on Sephardic ingredients and traditions.

We'll begin with a women's morning out where Gloria will demonstrate how to prepare a festive brunch at home and still have time to enjoy the company of your guests. Later in the evening, we'll provide wine while Gloria prepares a Moroccan chicken en-

trée with a side salad and dessert for everyone to taste.

Chef Gloria Schwartz served as the Executive Director for the Jewish Federation of Springfield for 20 years, as well as teaching gourmet cooking classes in St. Louis, and Palm Beach.

*Please turn to GLORIA on page 11*

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**Jewish Federation****of St. Joseph Valley**

3202 Shalom Way

South Bend, IN 46615

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Web: [www.thejewishfed.org](http://www.thejewishfed.org)**Charles Simon, President****Debra Barton Grant,**  
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*Our Community News* is published monthly by the Jewish Federation of St. Joseph Valley for the Jewish community in Michiana.

# ChaiLights: Around and About the Community

**Weddings & more mazel!**

**Jenny Marsh,** daughter of **Susan Marsh** and the late **Kimball Marsh**, was married in London, England to **Dion Rabinov** in a fairy tale setting at Hatfield House, the childhood home of Queen Elizabeth I. Mazel tov to the family!

Congratulations to **Susie and Ed Levy** who have had a busy few months celebrating their growing family. Mazel tov to daughter, **Melissa and Brandyn Seller** who were married in July; daughter **Alison and Matt Leslie** had a baby boy, **Emmett Levy Leslie** in June, and not to be outdone, daughter **Rachael and Ryan McDaniel** had a baby boy, **Charlie Levy McDaniel** in August.

**Kurt says thanks!**

**Kurt Simon**, who celebrated his 99th birthday at the Jewish Federation Campaign Kickoff in September, extends a warm thank you to everyone who sent him cards, gifts, and contributions in his honor.



Jewish Federation

OF ST. JOSEPH VALLEY

**Mazel Tov to Arielle**

**Kirsch,** daughter of **Ilana and Michael Kirsch**, who became a Bat Mitzvah at Sinai Synagogue at the beginning of October.

Mazel tov to **Nicole Wayne**, daughter of **Mitch and Monika Wayne** who was named a National Merit Finalist. Nicole is a senior at Penn High School.



Mazel tov to **Anna and Vitaliy Soloveychik's** daughter, **Dina**, who has been accepted to Indiana University Medical School.

**Professional Kudos**

**Dr. Steve Gerber** of Advanced Ophthalmology of Michiana recently

received the Indiana Ophthalmology Advocate of the Year award from the Indiana Academy of Ophthalmology. Steve is director of ophthalmology education for family practice residents at Memorial Hospital and St. Joseph Regional Medical Center and also for the IU School of Medicine-South Bend campus.

**Alan B. Feldbaum** and **Richard L. Mintz** were among the attorneys recognized on this year's Indiana Super Lawyers listing and also by Best Lawyers of America. Alan's area of expertise is public finance law, and Dick's is in banking and finance law, corporate law, and real estate law.

## BRAINSTORMING...

### Planning our Jewish future

**Consider the possibilities:**

- *A state of art theater for films and lectures*
- *A bigger kitchen to accommodate senior lunches every week and a Kosher Meals On Wheels*
- *A splash pad for the kids*
- *State of the art audio-visual equipment*

Start thinking about how you would like to see our Jewish Federation community center grow. What facilities or services should we begin to plan for?

If you are interested in our Strategic Planning Committee, please contact Debby Grant, 574-233-1164 or [dbartongrant@thejewishfed.org](mailto:dbartongrant@thejewishfed.org).

*The mission of the Jewish Federation of St. Joseph Valley is to serve the Jewish people—locally, in Israel, and throughout the world—through coordinated fund raising, community-wide programming, social services, and educational activities.*

## Adult Education

### The Jewish Federation Adult Education Series for Fall/Winter 2012-13

Sunday, November 25 at 10:00 AM

**Syria, Lebanon and the Arab Uprising**

*Asher Kaufman, Associate Professor,  
Department of History, University of Notre Dame.*



**New Date!**

Asher Kaufman's research and teaching have focused on the modern Middle East in general and on Lebanon, Syria, Israel and the Arab-Israeli conflict in particular. More specifically, he has written and taught on nationalism and colonialism in the Middle East, on memory, forgetfulness and silence in the Arab-Israeli conflict and on boundaries and territoriality in the Middle East. He is currently working on a book project on the history of the Syria, Lebanon, Israel tri-border region.

Sunday, December 16, 2012 at 10 AM

**American Grace: How Religion**

**Divides and Unites Us**

*David Campbell, Professor of Political Science  
Director, Rooney Center for the Study of American Democracy*



David Campbell will discuss both how religion matters in politics (that's how it divides us), but also how Americans are, for the most part, quite religiously tolerant with some interesting and important exceptions.

Sunday, January 13, 2013

**Stalin's Forgotten Zion:  
The Story of Birobidzhan**

*Alan and Gail Dowty*



Alan and Gail Dowty will give a talk on their trip to Birobidzhan, the capital of the Jewish Autonomous Republic in Russia, located on the Trans-Siberian railway, close to the border with China.

Sunday, February 17, 2013

**The Higgs Boson: Have we finally discovered the "God Particle"?**

*Dr. Mitchell Wayne, Professor*

*Elementary Particle Physics, University of Notre Dame*



*The Adult Education Series is sponsored by the Muriel and Myer Piser Education Endowment Fund of the Jewish Federation of St. Joseph Valley*



### THANKSGIVING LUNCHEON

**Tuesday, November 20, 2012 • 12 Noon**

Please join us for our 3rd Annual Community "Thanksgiving Luncheon"

#### Traditional Thanksgiving MENU

Roasted Turkey and Stuffing  
Sweet Potato Casserole Green Bean Casserole  
Cranberry Salad Pumpkin Pie

**The cost is \$8.00 per person.**

**RSVP by Nov. 15: 574-233-1164 or by email**  
**Receptionist@thejewishfed.org**

Transportation available. Call 233-1164 if you need a ride.

### *On Exhibit in the Federation Bankoff Art Gallery*

**Small to Big:  
Photographs by  
Todd Hoover  
On exhibit**

**at the Federation**

**Through November 26**



### *Coming in December to the Bankoff Art Gallery*



**Watercolor Society  
Winter Show  
Opening Reception  
December 2, 2012  
2:00 – 4:00 PM**

**Through January 2013**

**Two-Dimensional: Paintings  
by Natalie Klein & Jake Webster**  
**Artpost Gallery, 216 W. Madison St., South Bend, IN.**

**November 1 – December 16, 2012  
Opening Reception: November 2, from 5-9 PM**



## Caring Connections by Lizzie Fagen, Jewish Family Services Director

### Yom Iyyun: Learning to handle bullying for all ages

BULLYING...the imbalance of power of one person over another with the intention of causing stress and harm to that individual - that is repeated systematically over time... is not new to the human condition or experience. People and children have been bullying each other for generations in every part of the world. What is new in today's world is the recognition that bullying is a severe social problem that can result in great psychological and physical harm to a person and a culture's well being. It has also been acknowledged that increases in death by suicide can be connected to bullying - especially in our youth. Because of this recognition, leaders throughout the world understand the need to combat this most harmful behavior through education, anti-bullying programs, policies, and research. At the Federation, we too, understand the need to educate ourselves on the different forms of bullying (of which we can now add cyber-bullying) and how we, as parents, grandparents, concerned family members and adults can be a part of the solution to this problem and empower ourselves to help our youth and each other.

Jewish Family Services invites and urges all community members to attend our 4<sup>th</sup> Yom Iyyun - Day of Learning on Sunday, November 18<sup>th</sup> where "Bullying" will be the topic of the day. (Please see the schedule on the next page). Our program is geared towards parents of school-age children and high-schoolers, but all members of our community are urged to attend as bullying is a detrimental social/psychological behavior that affects us all.

Our guest speaker, Toni Henke-

Wheeler, ACSW, NASW diplomat, is an extremely skilled and experienced clinician in this area.

Henke-Wheeler has been working with youth and their families since the 1970s when she first joined the VISTA program (currently renamed AMERICORPS) as a young social worker working with depressed and chemically dependent teen-agers on the Hopi and Navajo reservations of Arizona. In the 1980s, Henke-Wheeler began working as a clinical therapist for the Family and Children Center of Mishawaka and in the 1990s, she



went into private practice exclusively. For the past decade she has also been working with the private and public school sector, developing programmatic guidelines to help teachers and administrators modify destructive classroom behaviors. She has developed ANTI-BULLYING programming for these schools as well.

Henke-Wheeler's morning presentation will explore the different forms of bullying; the myths and stereotypes of bullying; the exploration of the "bullied" and the "bully" inside each one of us; and parenting strategies and techniques that are helpful with our children - hopefully resulting in more empathic and tolerant human beings.

An extensive "Q & A" session will follow the presentation.

#### Break out session for teens

After lunch, Jewish Family Service social worker, Nitzan Lahav, will work with our 9<sup>th</sup> - 12<sup>th</sup> graders with hands-on activities that will explore our teen's inner resources, strengths, and support systems to help them effectively cope with potential bullying. Nitzan, a licensed social worker in Israel, has had extensive experience working with teens and helping them negotiate the peer and support systems in their lives.

Concurrently, parents and community members will learn with Rabbis Friedland, Siroka, Nebel and Leapman, who have prepared lessons derived from Jewish texts and teachings concerning the role of the parent in developing character building traits and skills in their children as well as the notion that we all have the "bullied" and the "bully" inside of us - demonstrated in Rabbinic teachings.

Jewish Family Services understands that we are asking for a 4-hour commitment on a Sunday morning from our community members. We understand especially, how difficult this can be for parents of school-age children and teens with the myriad demands and conflicts of homework and activities. But it is important. If we want to be part of the solution and actively involved in our children's lives than we need to make time for this important Day of Learning. We look forward to seeing you on Sunday, November 18th. Please make your reservation by November 12 so we can prepare sufficient materials.

## Jewish Family Services

### JFS needs volunteer drivers!



**Get Up and Go**, a program offered by Jewish Family Services, needs drivers to help serve our seniors who need transportation to and from doctor appointments and other medical services. Volunteers are called on an "as needed" basis. We especially need drivers available for the mid-afternoon to 5 PM time slot.

We also need a volunteer driver on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays of the month at 1:15 PM for the months of November and December to take community members HOME from our Lunch 'n Learn and Community lunches? Free lunches for anyone who drives!

Please call Lizzie Fagen at 574-233-1164.

### Senior Activity Group November 2012

The Senior Activity Group meets at Tanglewood Trace Retirement Center from 12:30 to 2:00 PM with one activity and extended coffee break with discussion and socialization. Individuals not living at Tanglewood are also welcome to participate. The Senior Activity Group will meet on the first three Thursdays of every month. There is no charge for this program.

#### October 11th

12:30-1:30 PM – Art with Todd Hoover  
1:30-2:00 PM – Coffee Break

#### October 18th

12:30-1:30 PM – Music with Chris Robinson  
1:30-2:00 PM – Coffee Break

#### October 25th

12:30 – 1:30 PM- Exercise with Joanna Wyner  
1:30 – 2:00 PM – Coffee Break

Please call Lizzie Fagen with any questions about this program. You may reach her at 574-233-1164.

*The Federation's Senior Activity Group has been generously underwritten by the Ronald S. & Nancy Plotkin Cohen Endowment Fund.*



### Jewish Programming at Tanglewood

Jewish Monthly Programming at Tanglewood for November will feature a special guest speaker.

Join us at 12:30 PM on Monday, November 19 in the Market Place Room. Seniors living in other senior living communities are always welcome. For transportation, check with your transportation department or call the Federation office at 574-233-1164.

## AGENDA FOR 4TH ANNUAL YOM I'YYUN – Day of Learning

### HOW TO RESPOND TO BULLYING

Sunday, November 18, 2012

9:30 AM-9:45 AM Registration,  
Coffee & Light Refreshments\*

9:45 AM-10:00 AM Welcome by Lizzie Fagen  
Jewish Family Service Director  
Overview of program schedule

Introduction of Keynote Speaker  
Toni Henke-Wheeler, ACSW,  
NASW Diplomat

10:00 AM-12:00 PM Keynote Speaker, Toni Henke-Wheeler, ACSW, NAW Diplomat

Ms. Henke-Wheeler will explore the different forms of bullying; the myths and stereotypes of bullying; the exploration of the "bullied" and the "bully" inside of us; and parenting strategies and techniques that are helpful with our children. Presentation will conclude with a "Q & A" session.

12:00 PM-12:30 PM Lunch\*\* for all participants-  
Adults and teens

12:30 PM-1:30 PM \*Communal Learning for  
Adults with Rabbi Friedland,  
Rabbi Siroka, Rabbi Nebel,  
and Rabbi Leapman on lessons  
derived from Jewish texts concerning  
the use of speech,  
power-relationships, character  
building, and parenting roles.

12:30 PM-1:30 PM Break- out Session with Nitzan Lahav - JFS Social Worker  
for 9<sup>th</sup> and 12<sup>th</sup> grade students

\*\* Under the Kosher Supervision of Shaya Gold

## PJ Library invites you to learn about Caring for Animals Tzaar ba'alei hayim!



**Sunday, November 25, 2012  
10:30 to 12:15  
At The Jewish Federation**

Join us for story time and a chance to meet some new four legged friends. We'll provide snacks and there will be arts and crafts as well.

Please RSVP to Nitzan at 574-233-1164 at the Jewish Federation of St. Joseph Valley.

## Babies, Tots, & Blocks Play Date Schedule



Babies, Tots and Blocks, our PJ Library program that provides age appropriate play for children ages 0 to 5 will begin a new schedule in October on the 2<sup>nd</sup> Monday of each month from 9:30 -11:00 AM.

### Mark these play dates on your calendar:

Monday, November 12

Monday, December 10

Monday, January 14

Questions or suggestions for the group should be addressed to Lizzie Fagen at 574-233-1164.



**Put this date on  
your calendar!**

**Family Chanukah Party!  
Saturday, December 8  
7:00 PM**

**Fun for all ages!  
RSVP to Lea & Nitzan**



### BOOKS FOR NOVEMBER

#### For Ages 6 mos. to 2 years

#### Hanukkah: A Counting Book

Written and  
Illustrated by  
Emily Sper

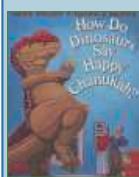


Count the number of candles lighted each night of Hanukkah in English, Hebrew and Yiddish!

#### For Ages 2 to 3

#### How Do Dinosaurs Say Happy Chanukah?

Written by Jane Yolen, Illustrated by Mark Teague



From the warm glow of holiday candles to the fun of family gatherings, dinosaurs love to celebrate the Festival of Lights. Sometimes the excitement of Chanukah can lead to some unexpected dinosaur behaviors!

#### For Ages 3 to 4

#### Hanukkah!

Written by Roni Schotter  
Illustrated by Marylin Hafner



It's the eighth and final night of the holiday and Mama, Papa and Grandma Rose are lighting the menorah, while the children—Nora, Dan, Ruthie, Sam and baby Moe—begin their own preparations for the family celebration

#### For Ages 4 to 5

A Horse for Hanukkah  
By Myriam Halberstam  
Illustrated by Nancy Cote

Hannah gets the horse she has always wanted as a gift for Hanukkah. The challenges of living with a horse—one that speaks Hebrew.

#### For Ages 5 to 6

#### The Golem's Latkes

Written by Eric Kimmel  
Illustrated by Aaron Jasinski



When a rabbi leaves his housemaid in charge while he visits the emperor, a golem, a creature made from clay, comes to life and creates more latkes than the city can hold.

#### For Ages 6 to 7

#### When Mindy Saved Hanukkah

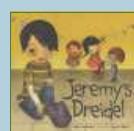
Written by Eric Kimmel  
Illustrated by Barbara McClintock

A miniature-sized Jewish family living behind the wall of a synagogue must deal with a scary cat if they are to get the candles they need for their Hanukkah menorah.

#### For Ages 7 to 8

#### Jeremy's Dreidel

Written by Ellie Gellman  
Illustrated by Judith Friedman  
At a dreidel-making workshop, Jeremy's friends think he's molding a secret code on his clay dreidel. But he's really making a special gift for his father, who is blind.



**For more information about the PJ Library program, please call Nizan Lahav Paster at nitzan@thejewish fed.org or call 574-233-1164.**

## Resettlement Lunch

(continued from Page 1)

mushroom onion knish, herring, Russian black bread, and for dessert, sharlotka, rugelach, jams and tea. Cost for the lunch is \$5.00 per person. **Reservations are requested by November 2.** RSVP to 574-233-1164. You may also RSVP by email to Receptionist@thejewishfed.org.

If you remember the time when the families from the Soviet Union came to our community, served as one of their host families, served on the Resettlement Committee, or simply want to hear these people re-live their memories of a lifetime, please join us for this special Lunch 'N' Learn session.

The Resettlement years at the Federation were exciting times and involved a large number of people. Our community had advocated for years to free Soviet Jewry, and that work finally had come to fruition.

Our small community did an incredible job setting up apartments,

## The making of the Russian Tales video by Anna Soloveychik

When my family moved to South Bend five years ago, I noticed the weekly Russian ESL class on the calendar of the Jewish Federation. As Russian immigrants ourselves, we were surprised to find out that there were about 200 people from the different regions of Soviet Union who were brought to this area about twenty years ago with the help and support of the Jewish Federation.

Later I was offered to teach that ESL class and got to know these ladies a little better. They come to Federation every week not to just improve their English skills, but to have time with each other, to share the latest news from their children and grandchildren, and to receive all kinds of advice and help from the Federation staff, especially our Social Worker Lizzie Fagen.

I stopped teaching this class after the birth of my youngest son, but I

## 3rd Annual Michiana Jewish Film Festival Committee forming

The 3rd Michiana Jewish Film Festival will be held at the DeBartolo Performing Arts Center May 5-13, 2013. Pam Kahn, Film Festival Committee chair, has assembled a list of prospective films and is extending an open invitation to anyone interested in serving on the Film Committee. The committee will choose the films, secure sponsors, raise funds, and secure discussion leaders for each film. The committee will meet November 8 at 4:00 PM at the Jewish Federation. Please call the Federation at 574-233-1164 if you are interested in participating.

making medical appointments, teaching English, helping find employment, and handling a myriad of social service issues and special needs.

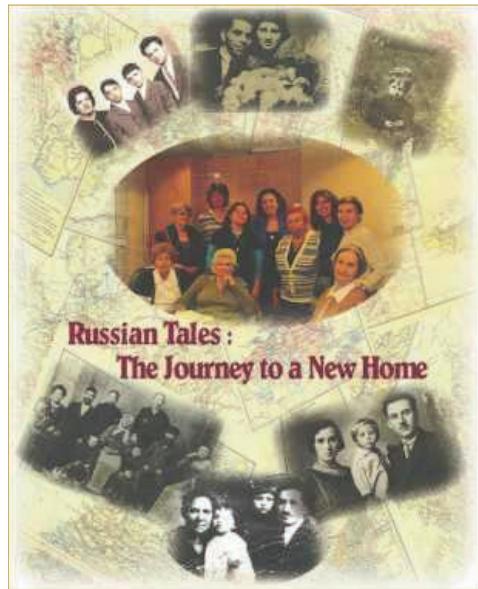
Our resettlement efforts increased the Jewish population of South Bend by nearly 10% - a remarkable testament to our community's commitment to Jewish solidarity and the value of all Jews being responsible for one another.

The Federation has continued over the years to take care of the social service needs of our Russian community, but most families have become self-sufficient, paid off their resettlement loans, and take care of their extended

families themselves. Our Resettlement Services evolved into our present day Jewish Family Services office, which now serves the entire Jewish community's social service needs.

Many of the families we resettled in the early days have moved on, their children have grown up and started families of their own, but they still consider South Bend their home town in the United States because of the generous and hospitable welcome they received when they moved here.

The Jewish Federation of St. Joseph Valley thanks **Anna Soloveychik** for the time and dedication she put into creating this video about our Russian community.



still love to stop by and visit my Russian group. When Lizzie Fagen suggested to have a lunch at the Federation to honor our Russian Jewish community, I started thinking of some meaningful way to share their stories with the rest of the community. I realized that we know very little about the stories of the Russian immigrants who live right next door to us.

That's how the idea of collecting the "Russian Tales" was born. I asked the members of the ESL class to invite me to their homes and talk about their life journeys. I asked them about their childhood memories, surviving the four years of the war, living as Jews in the Soviet Union, and about their decision to immigrate. I also wanted to collect their memories about coming to South Bend and starting their lives in this new country.

Their interviews were truly amazing - these people went through so much

and survived things that are hard to imagine. I was moved by these people's life stories and it was my privilege to work on this film and help in sharing their journeys with you.

## From the desk of the Israeli Shlucha

November is a very meaningful month for me as a person and as a Jew. Please let me ease your mind with all the reasons why;

On November 2, 1917 the United Kingdom's Foreign Secretary, Arthur James Balfour wrote a most meaningful document by the name of the "Balfour Declaration." In the declaration it was established that: "His Majesty's government views with favour the establishment in Palestine of a national home for the Jewish people."

There were many reasons to why that declaration was written; I will not elaborate on them on these pages. However I would like to say that on that day on 1917 a little part of history was formed. A new chapter of history was written. A hope was raised once again on the efforts to achieve a land that we can call our own. In fact this had lead the way for Jews to legally buy lands and start developing and working the land for the future.

Many people believe that because of the Holocaust, Israel was founded. In fact it isn't the case at all, as you can see; 22 years prior to the beginning of WWII, one of the greatest empires of the world understood the need for Jews to have a country of our own and showed support in such idea. However it's true that the Holocaust brought attention to the urgency of the matter.

A few years down the road, another thing happened to the Jewish people: The night of Broken Glass or "Kristallnacht." That November night, the night between the 9<sup>th</sup> to the 10<sup>th</sup> of November, a deliberate pogrom was executed throughout Nazi Germany and Austria by the Nazi S.A and pro-Nazi civilians. During the pogroms Jewish business places, Jewish homes, Synagogues and Jewish cemeteries were destroyed and

ransacked, they were burned to the ground after acts of humiliation.

Jews were murdered and the ones that were "lucky" they just got arrested by the Nazi's. That day symbolized in the clearest way the direction that Nazi Germany was going towards. The broken glasses on the streets gave this night its name and symbolized the future of the Jews in Europe. Yet, the world looked the other way. The local law authorities looked the other way. The world was on the verge of darker times.

Several years down this horrible road, a small justice was being made. On November 29, 1947 the Jewish people received new strength, only by this time we were 6 million short. On that November night the world decided that the British Mandate on the land of Israel is due to be over and an Israeli state will be founded alongside an Arab-Palestine state.

Finally- it is so close, the future that we so longed for during thousands of years is coming to life. Unfortunately the morning after, yet another day of November, the Israeli independence war began when the Arabs living on the land denied this offer and began attacking Jews.

Once again well walk down the road, 48 years later, another significant November occurred. Yitzhak Rabin, the fifth prime minister of Israel, the seventh chief of staff and a Nobel Peace Prize winner, was assassinated because of his political views. Rabin was killed while trying to move ahead with a peace offer that will resolve a war that started 48 years earlier.

Yitzhak Rabin was a fighter all his life, he fought bravely for Israel: the land and state and was killed before his time while trying to promise a better future to my gen-

## November: Not just another month on the calendar By Lea Lehavi

eration. This moment is one of Israel's critical points and a mark of history, this murder became a new record of intolerance and violence allegedly one would expect this event will lead Israelis to come together but sometimes I feel is had done just the opposite.

Once again, I will take you few years down the road. 13 years later, on November 26<sup>th</sup> 2008. This time we are going into my personal life. On that November morning my family accompanied me to the enlistment base where I started the most meaningful experience of my life. I began my three years service at the IDF Special Forces as a canine combat fighter. Three years later, the same base on November 24<sup>th</sup> 2011 I took down my uniform and arms and said goodbye to the Defense Force and started to search what kind of future I wish to lead myself. It had led me to South Bend.



### THANKS!

A big Thank You to Anita and Stu Fishman for donating a brand-new Microwave for the Shlucha apartment! Love,

Lea



# SaBaBaH

Saturday, November 3 8:00 PM

Sababah Party at the Shemesh Home for 6th – 8th Grade Tweens

RSVP and directions: Call Lea at 574-233-1164 or 574-286-3890

\* Kosher food provided by the Federation



Sunday, November 4

3:00 PM -5:00 PM

**SaBaBaH: After Dan Nichols Concert Event**

Snacks provided! All SaBaBaH ages are welcome(6th Grade through High School)

We will talk about Yitzhak Rabin, the Israeli prime minister that was murdered; what happened, why tolerance is important, about listening and respecting others opinion and saying no to violence. politics conflicts going bad and the danger by that.

Saturday, November 10 at 8 PM to

Sunday, November 11 at 10 AM

SaBbaBaH Lock-in at the Federation for High School ages.

Lea will drive to Temple to the Kristallnacht event right after and could give a ride to whomever would like it.

## HEBREW ULPAN CLASS

### Session dates:

**November 6, 13, 27; December 4, 11, 18**

Beginners: Tuesdays 6:15 to 7:15 PM

Intermediate: Mondays 2:00 PM

Advanced: Tuesdays 5:00– 6:00 PM

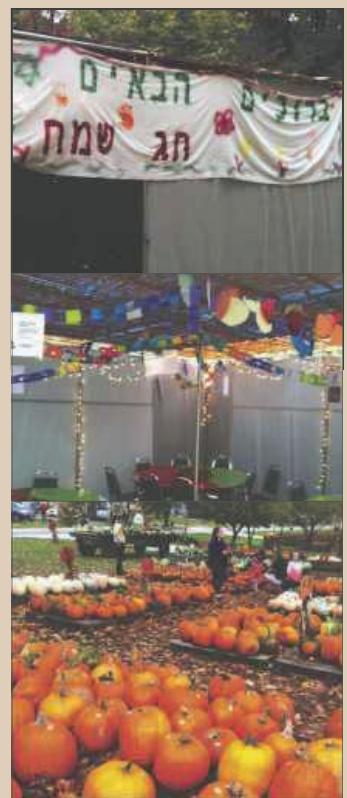
**Taught by Israeli Shlicha, Lea Lehavi.**

Cost is \$5 per session

If you are interested, please call the Federation at (574) 233-1164, or email

Lea at [lea@thejewishfed.org](mailto:lea@thejewishfed.org)

## Celebrating Sukkot and Fall Harvest



## "Explore Israel" with Lea!

Monday, November 12, 2012 12 Noon

Lunch with Lea

Let's start a tradition : **Lunch With Lea!** At our first lunch together we'll discuss the outcome of the American Election, the Israeli election and how both impact Israel!



Bring your own lunch and join in the conversation.

For any question contact Lea- 574-286-3890.

Monday, November 26, 2012 7:00 PM

**Movie Night with Lea**

**"The Little Traitor"**

This 2007 film is based on the novel "Panther in the Basement" by the world-renowned author, Amos Oz, the movie takes place in Palestine in 1947, just a few months before Israel becomes a state. Starring Alfred Molina and featuring Theodore Bikel, this is a coming of age tale of the unlikely bond between a kindly British soldier and a spirited Jewish boy. RSVP to [receptionist@thejewishfed.org](mailto:receptionist@thejewishfed.org)



## Jewish Federation Book Club



The October Book Club participants met October 22<sup>nd</sup> to discuss the novel "**The Saturday Wife**" by Naomi Ragen.

This book tells the story of a rabbi's wife Delilah Levi, a social climber, who spent her teenage years dreaming of turning her blond good looks into a brilliant match by marrying a man from a rich and influential family. Coming from a middle class family, Delilah longs for a better life. A Queens yeshiva girl, she is prayerfully remorseful after fornicating with young, opportunistic Yitzie Polinsky (a man from a prominent family who did not have real feelings for Delilah). She later marries a mediocre rabbinical student Chaim Levi, who is unable to provide her with a house, much less the glossy upper-middle-class life she longs for. Delilah keeps urging her husband to provide a better life for her. When Chaim finally finds a position as the rabbi of an affluent Connecticut congregation, Delilah has the opportunity to indulge her ideas about happiness as the congregation's rebbitzin, with increasingly disastrous consequences. The "**Saturday Wife**" is a satire that mixes entertainment with the sad ache of truth.

Most of Book club participants did not enjoy this novel as much as they did "**The Sacrifice of Tamar**" and "**The Tenth Song**". They could not identify with the heroine, which made it very hard to enjoy the story. Some ladies did appreciate Ragen's satire and found this humorous tale very entertaining.

Our next Book Club meeting will be at **11:30 AM** on **Monday, November 26** and we will discuss "**I Am Forbidden**" by **Anouk Marovits**. This is a masterful story of what happens when unwavering love, unyielding law, and centuries of tradition collide.

Please call the Federation at (574) 233-1164 if you would like more information about the Book Club.

### The Klezmatics

**Saturday, December 15, 2012**

**7:30 PM**

Leighton Concert Hall

DeBartolo Performing Arts Center



Often called a "Jewish roots band," the Klezmatics is the vanguard in a popular revival of the ages-old, nearly forgotten klezmer art form. After 25 years they continue sharing music made for dancing with the world.

Tickets at DeBartolo Box Office, 574-631-2800;  
Or on-line: [performingarts.nd.edu/](http://performingarts.nd.edu/)

## Memorial Contributions to Jewish Federation Designated Funds

*We welcome contributions to our various funds listed below. Individual acknowledgment cards are sent for each contribution.*

Friends of The PJ Library  
Jewish Federation Community Campus Endowment  
Jewish Federation Executive Director's Discretionary Fund  
Jewish Federation of St. Joseph Valley (Unrestricted)  
Jewish Welfare Fund  
Jewish Women's Endowment Fund  
Ruth and Ben Levy Senior Services Fund  
Bernard H. Natkow Community Lecture Fund  
Bernard and Shirley Natkow Campership Fund (Camp Ideal)  
Bob and Pat Turbow (Library Acquisitions) Fund  
Okon Family Endowment Fund for Holocaust Education  
Ronald S. & Nancy Plotkin Cohen Endowment Fund  
Post 318, Jewish War Veterans Library Fund  
Robert Simon Leadership Development Fund  
Kurt and Tessye (z"l) Simon Seniors Living with Dignity Fund

**The Jewish Federation expresses its sincere appreciation for these generous contributions:**

### From the following contributors:

Marilyn & David Gardner	Shirley Berebitsky
Marylyn Oppenheim	Elsye Vodnoy
Ina & Irv Rosenberg	Evelyn Rosenstein
June & Eli Glazer	Debbie & Bob Rosenfeld
Phyllis & Jerry DeVorkin	Nancy & Ron Cohen
Jay Natkow	Faye Resnick
Sally & Jerry Brumer	Gloria Wolvos
Pinky & Bud Raab	Muriel & Morris Katz
Abe Berebitsky	Harold Berebitsky
Cooky Alpern	Reggie and Judd Lowenhar
Michigan Institute of Laundering & Dry Cleaning	Board and Staff of the Jewish Federation of St. Joseph Valley

### To the following funds:

Jewish Family Services and Food Pantry
Ruth and Ben Levy Senior Services Fund
Jewish Welfare Fund/Annual Campaign
Okon Family Fund for Holocaust Education
Jewish Women's Endowment Fund
Jewish Federation Unrestricted Endowment
Kurt & Tessye (z"l) Simon Seniors Living with Dignity Fund

### Congratulations and Best Wishes to:

Lynda and Chuck Simon on their 50th Anniversary
Anita & Stu Fishman on their 55th Anniversary
Corky & Erv Karlin on their 60th Anniversary
Mr. & Mrs. Zipursky on their new home
Sherry and Don Medow on their 60th Anniversary
Dina and Alan Birnbaum on their daughter Flora's wedding

### Get Well /Thinking of You to:

Sherry Masa

### In Appreciation to:

Shirley Berebitsky

### Happy Birthday to:

Muriel Katz Alice Schuster

### In memory of:

Marion Lebermuth	Arnold Hersch
Lillian Selig	Steven M. Katz
Belle Swedarsky	Al Levine (Boynton Beach)
Phillip "Pat" Traub	

## 2013 Annual Campaign

### Thank you to our 2013 Annual Campaign Leadership Team

Sandy Barton,  
Women's Philanthropy

Douglas Barton,  
Men's Campaign

#### Major Gifts Division

Terry Feldbaum  
Bob Frank  
Steve Gerber  
Ilene New

#### General Gifts Division

Tammie Blackman Brown  
Bonny Hoover  
Lionel Jensen  
Lisa Lerman  
Ron Silverman

#### Super Sunday Co-Chairs

Anita & Stuart Fishman  
Jill Ross  
Yehuda Seligson  
Birgit & Hugh Metzger  
Honorary Chairs

#### Benton Harbor-St. Joseph

Al Levin  
David Ravitch  
Richard Wright

#### Spectrum Dance Theater

Reception Co-Chairs  
Carol and Craig Kapson

#### Progressive Dinner Hosts

Billie and Dave Bankoff  
Margie and Paul Goldwin

**ANSWER THE CALL**  
**December 2nd is**  
**Tzedakah Sunday**

Please help us by  
volunteering or  
answering the  
phone when our  
volunteers call you.



### Campaign Chairs Report: One month ahead of last year! By Sandy and Doug Barton

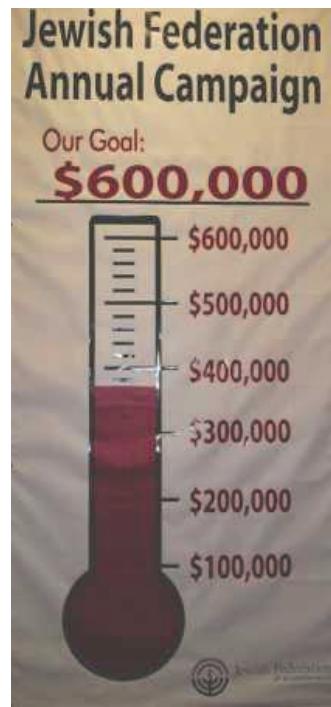
It wasn't until mid-November last year that we could report a campaign total of \$378,000, so we were proud to announce the 2013 Annual Campaign had already reached \$370,000 by October 15. As we go to press, our total has climbed up to \$377,580 putting us nearly a month ahead of last year!

Thanks go to our fine campaign team, listed on the left, who are doing a great job getting their pledge solicitations completed. Thanks also to donors who are making their pledges through our online giving option on our website ([thejewishfed.org](http://thejewishfed.org)) or who have used the pledge form in the newsletter (see page 14).

The Major Gifts Division had a wonderful Progressive Dinner last month with Margie and Paul Goldwin hosting the hors d'oeuvres and Billie and David Bankoff hosting the dinner and dessert portion of the meal. Many thanks to our hosts for their gracious hospitality. Thank you also to Elisheva Solomon Lerman who shared the story of her family's flight from Ethiopia to Israel, and how the programs of the Jewish Agency made a difference in her life.

We are looking forward to Gloria Schwartz's visit on November 15 and to Super Tzedakah Sunday on the morning of December 2.

If you took your pledge card at any of the Campaign events that we have



had, please bring or send them in to the Jewish Federation. And if you are a solicitor, please make your calls and return the cards to the Federation office before Thanksgiving.

## Gloria Schwartz (Continued from Page 1)

In addition she was author of a syndicated column on food for the Copley Press in Springfield. Her specialties include French, Italian, and Chinese, and both Sephardic and Ashkenazi based kosher cooking.

Gloria's emphasis during her presentations will be Sephardic cooking. Sephardic cooking is traditional in the Jewish population whose families originated in Spain, Portugal and the Middle East. Being most closely likened to Mediterranean food, it is characterized by the use of olive oil, lemon, garlic, and

highly aromatic spices and herbs.

"It's delicious and unusual and uses a lot of vegetables and fruits," Gloria says of Sephardic cooking. "I'll share some new hints and get people thinking about using different ingredients, such as pomegranate. Many people drink pomegranate juice, but may not think about using pomegranate as an ingredient in their cooking."

Cooking is not just an occupation for Gloria but also a joy. "When I worked long hours, I still came home and cooked dinner. I found it quite relaxing."

Join us in welcoming Gloria on November 15 at 11:00 AM for an "Elegant and Easy Brunch at the home of Jaye Galloway. Attendance is limited to the first 25 RSVPs.

At 7:00 PM we'll experience "A Taste of Sephardic Cooking" at the Jewish Federation.

Please RSVP for either event by calling 574-233-1164 or by visiting our website at [thejewishfed.org](http://thejewishfed.org). Participation in these events indicates your commitment to making a pledge to the 2013 Annual Jewish Federation Campaign.

- Have you been looking for new ways to find meaning in your Jewish community?
- Are you tired of the same old, same old?
- Have you ever thought of going to Israel with like-minded women who are also searching for meaningful experiences?
- Don't you think it's about time?

If you answered yes to any, or all, of these questions – then we have the perfect trip just for you! Please join National Women's Philanthropy (NWP) of the Jewish Federations of North America for our third Heart to Heart Mission to Israel – February 2-8, 2013\*. Last year, 150 women joined us on our third Heart to Heart Mission and have not stopped talking (or posting updates on Facebook) about it since.



This mission is a unique and soul-searing experience, designed to foster enduring bonds among the women of our federation movement, here, in Israel, and all over the world. This mission will be based in Tel Aviv – with hands on, active day trips all over Israel within driving distance, including Jerusalem. You will have the opportunity to experience meaningful site visits and witness first-hand the work that the Federation system is doing in Israel.



Together, we will: shop for ingredients and participate in gourmet cooking demonstrations, meet new immigrants at Yvel's Andrea Bronfman School of Jewelry Making and participate in jewelry making workshops, tour an IDF Base and participate in basic training, meet with artists in their studios, be invited into the homes of Israeli philanthropists, volunteer with Israeli women in hands-on service projects, participate in conversations with Israeli women experts in security, high-tech, business, the arts, politics, and so much more!

These are just a few of the highlights – but, we know that you will love every minute of this VERY packed adventure. This mission will be an experience of a lifetime – and you will forge life long friendships as well!

**Costs:** \$2,200 land only double occupancy/\$500 single room supplement

**Hotel Information:** David Intercontinental, Tel Aviv

**Flights** can be booked privately or through Gil Travel (212) 284-6660

\*Note: the mission begins on Sunday, February 3, 2013 at 7:00 PM, and concludes on Thursday evening, February 7. If you plan to travel on mission dates, please plan your flights accordingly

#### Minimum Gift for the Heart to Heart Mission

**Commitment :** All participants will be asked to contribute to Jewish social services at home, in Israel and around the world by making a suggested voluntary minimum gift of \$500 to the annual campaign of your local Jewish federation. Subsidies are available from our local Jewish Federation.

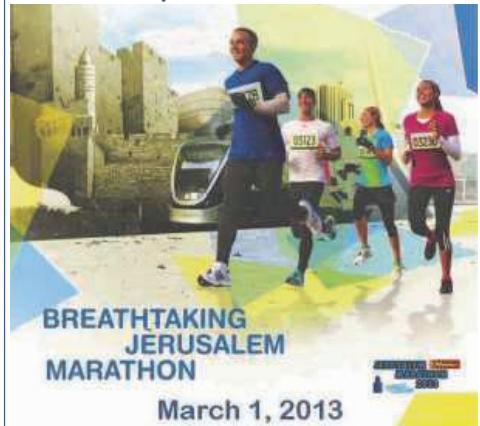
Please call Debby Grant at 233-1164 for more information.



THE STRENGTH OF A PEOPLE.  
THE POWER OF COMMUNITY.

[www.thjewishfed.org](http://www.thjewishfed.org)  
The Jewish Federation of St. Joseph Valley

#### Israel trip for serious runners!



The Municipality of Jerusalem invites you to experience its timeless city by running through history and magnificent sites in the international marathon.

The 2013 Marathon offers three tracks: Full Marathon; Half Marathon, and 10K.

The Sport Authority in cooperation with the Jerusalem Development Authority and Diesenhaus Unitours Incoming Tourism LTD offer special Tourism packages at attractive rates: cultural sites, venues and tourist attractions, restaurants and nightlife.

Fly El Al Israel airlines to the marathon and enjoy special benefits and discounts.

For registration: [www.JERUSALEM-MARATHON.COM](http://www.JERUSALEM-MARATHON.COM)

To learn more about attractions & tours in Jerusalem: [www.ITRAVELJERUSALEM.COM](http://www.ITRAVELJERUSALEM.COM)



Central Area Consortium | Western Galilee

#### PARTNERSHIP TRIP2GETHER

CONNECT WITH YOUR EXTENDED P2G FAMILY IN ISRAEL.

SEPTEMBER 21—  
OCTOBER 1, 2013

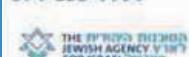
DISCOVER AND LEARN

RECHARGE YOUR SOUL

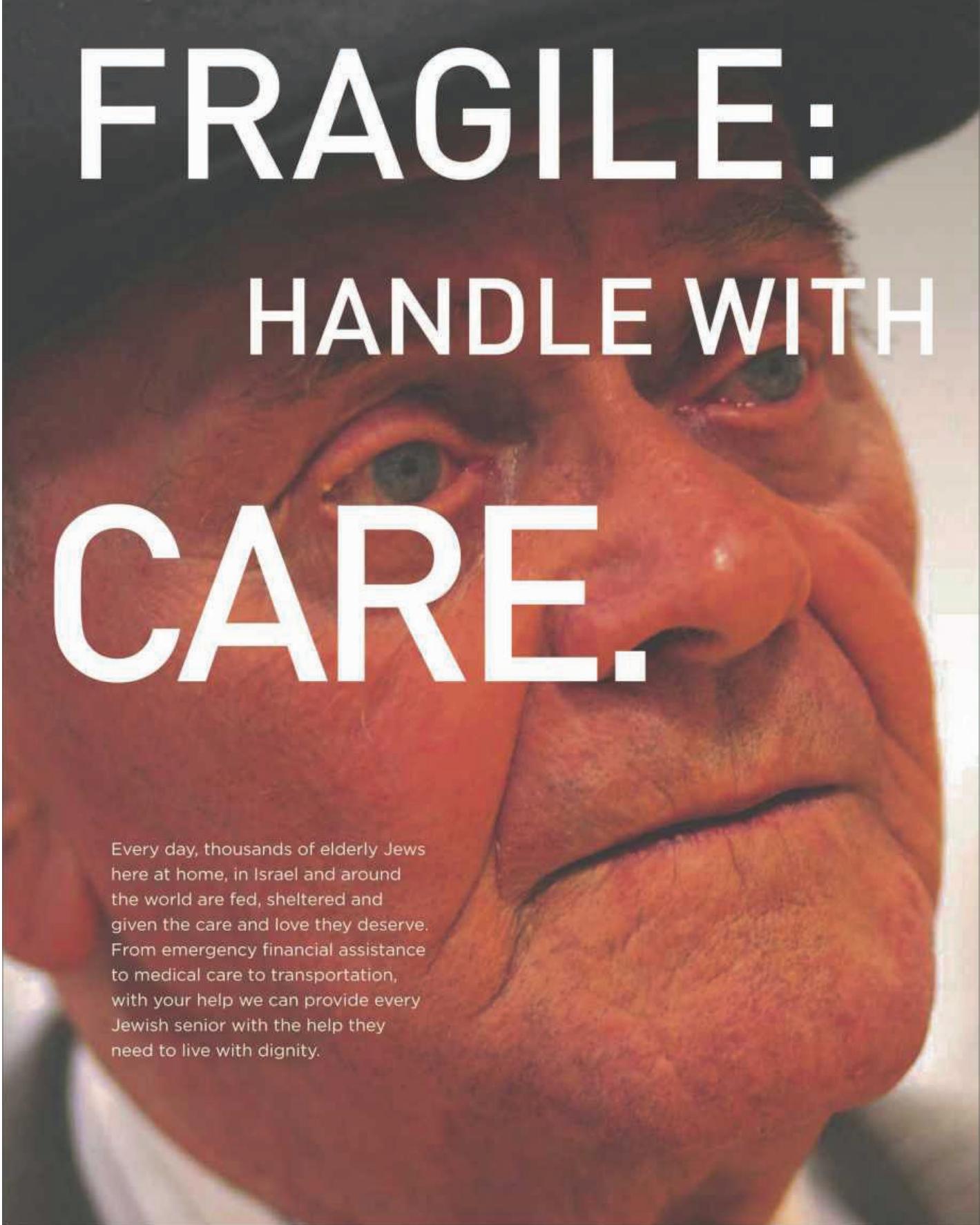
MAKE A DIFFERENCE TOGETHER

Includes 3 nights in the north, 4 nights in Jerusalem, 1 night in Tel Aviv, transfers to & from airport, guides, daily Israeli breakfasts, lunch or dinner, program and entrance fees, tips for guides, drivers, and hotel staff.

Call Debby Grant  
for more information  
574-233-1164



# FRAGILE: HANDLE WITH CARE.



Every day, thousands of elderly Jews here at home, in Israel and around the world are fed, sheltered and given the care and love they deserve. From emergency financial assistance to medical care to transportation, with your help we can provide every Jewish senior with the help they need to live with dignity.



THE STRENGTH OF A PEOPLE.  
THE POWER OF COMMUNITY.

[www.thejewishfed.org](http://www.thejewishfed.org)

 The Jewish Federation of St. Joseph Valley

I want to help Federation make wishes come true this year. Here's my tax-deductible gift to support the Jewish Federation of St. Joseph Valley's 2013 Annual Campaign and make a world of difference for Jews here at home and around the world:



I hereby pledge to pay the 2013 Jewish Federation Campaign the sum of \$ \_\_\_\_\_

CONTRIBUTOR'S SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

My name may be listed:  In an alphabetical listing  In a category  My pledge is anonymous.

PRINTED NAME, ADDRESS, & PHONE \_\_\_\_\_

### **PAYMENT AND BILLING INFORMATION:**

- Individual Pledge  Family Pledge
- Check enclosed (Payable to Jewish Federation)
- I will pay on-line: [www.thejewishfed.org](http://www.thejewishfed.org)
- Please bill me:  Monthly  Quarterly  
 Semi-Annually  Annually  
 (Specify months \_\_\_\_\_)
- Credit card (complete info at right)

### **CREDIT CARD INFORMATION**

Please charge my credit card account:

- immediately in the amount of: \_\_\_\_\_
- in month(s) of: \_\_\_\_\_ in amount of: \_\_\_\_\_
- Visa  MasterCard

Expiration Date: \_\_\_\_\_ Three digit code \_\_\_\_\_

Credit Card Account Number

Cardholder's Signature

**THANK YOU FOR YOUR PLEDGE. TOGETHER, WE DO EXTRAORDINARY THINGS.**

### **Threshold Levels of Giving**

The Annual Campaign structure is comprised of a series of threshold levels of giving.

King David	\$25,000 — \$99,999
Chai	\$18,000 — \$24,999
Jerusalem	\$10,000 — \$17,999
Lion	\$ 5,000 — \$ 9,999
Hatikvah	\$ 3,000 — \$ 4,999
Pomegranate	\$ 1,800 — \$ 2,999
Ben Gurion	\$ 1,000 — \$1,799
Golda Meir	\$ 750 — \$ 999
Aliyah	\$ 365 — \$ 749
Chaverim	\$ 18 — \$ 364

If moving up a level isn't possible this year, we are encouraging donors to increase their giving by a multiple of \$13 in honor the bar mitzvah year of our Federation building. Ex: \$13/\$26/ \$52/\$78/\$130/\$1,300.

### **Your dollars at work:**

#### Allocations FY 2012

- Our Local Jewish Federation Core Services
  - Jewish Family Services
  - Adult, Youth, Senior Programs
  - Israel Advocacy, Camp Ideal
- Israel & Overseas
  - Jewish Agency for Israel;
  - Partnership2GATHER;
  - JDC; ORT; Birthright
- Local Jewish Education
  - Provides religious education and Hebrew language training
  - For our youth and a portion of Our Israeli Shlichim program.
- National and Regional Jewish Organizations
  - Hillel, Indianapolis JCRC, Jewish Council for Public Affairs



#### **THE JEWISH FEDERATION**

#### **OF ST. JOSEPH VALLEY**

serves the Jewish people locally, in Israel, and throughout the world. Coordinated fundraising, community programming, services, and educational activities reach more than 2,000 Jewish people in our local area, covering St. Joseph

and Elkhart counties in Indiana and a portion of southwest lower Michigan. Our building and grounds serve as a social and education hub for a wide array of community services and activities.

To learn more about the many programs, services, and events sponsored by the Federation, or

to make or pay your pledge, please go to our website: [www.thejewishfed.org](http://www.thejewishfed.org).

**Jewish Federation of St. Joseph Valley**  
3202 Shalom Way  
South Bend, IN 46615  
Phone: 574.233.1164

## Jewish Women's Endowment Fund

### 2012 JWEF Annual Meeting



Members of the Jewish Women's Endowment Fund met at Sandy Barton's home for their Annual Meeting. Pictured: Lynda Simon, Cookie Katz, Gloria Wolvos, Leslie Gitlin, Debbie Rosenfeld, Sandy Barton, Sherry Medow, Diane Sarnat, Beverly Arnold, Maggie Goldberg, Muriel Hurwicz, Babs Waks, Judy Ziker, Paula Posar, Marsha Brook, Mara Boettcher, Ina Rosenberg, Cheri Schuster, Marzy Bauer, Donna Ayers, and Mona Medow.

The Jewish Women's Endowment Fund held its Annual Meeting on October 11, 2012, at the home of Sandy Barton.

The group approved the 2012 grant allocations recommended by the Grant Committee, which was chaired by Mona Medow and Debbie Rosenfeld. Also serving on the committee were Beverly Arnold, Marzy Bauer, Janet Berman, Mara Boettcher, Marsha Brook, Marilyn Brown, Gail Dowty, Leslie Gitlin, Muriel Hurwicz, Ilene New, Ina Rosenberg, Lynda Simon, Babs Waks, Gloria Wolvos, and Judy Ziker. Grant recipients are listed in the sidebar on the right.

#### Election of Officers

Leslie Gitlin was elected president for a two-year term, and Ilene New was named Grants Committee Chair.



**New Members.** Membership chairs Lynda Simon and Janet Berman were proud to announce new members who joined the women's philanthropy group since the last Annual Meeting. They include Mara Boettcher, Marsha Brook, and Marilyn Brown. Following tradition, each new member has received a papercut by Marci Fishman Wiesel with the words of blessing: *"And all who are involved faithfully in the needs of the community – may the Holy One, blessed be He, pay their reward ... and send blessing and success to all the work of their hands."*



### JWEF Grant Report

Since it was established in 2001, the Jewish Women's Endowment Fund has granted awards to programs and services, both locally and globally, that are of great importance to women and children in the Jewish community. This year is the tenth year the JWEF is making grants. This year, because of strong investments and new members, the JWEF had \$8,600 to allocate, up from \$7,500 last year.

The Grant Committee reviewed 24 grant applications and made the following allocation recommendations which were approved unanimously by the membership at the Annual Meeting. The following nine projects received funding:

<b>Advocacy Center of the United Religious Community</b> Stabilizing Women and Children from Domestic Violence Situations	<b>\$1,200.00</b>
<b>Beit Tshuva Synagogue, Khabarovsk Krai Russia</b> Siberian Jewish Renewal	<b>\$500.00</b>
<b>Ethiopian National Project</b> Healthy Body, Healthy Mind II Girl's Empowerment Program	<b>\$1,000.00</b>
<b>Jewish World Watch</b> Solar Cooker Project Darfur	<b>\$1,100.00</b>
<b>Logan Community Resources, Inc.</b> Therapeutic Equipment for LOGAN Children's Services	<b>\$1,000.00</b>
<b>Planned Parenthood of Indiana</b> Women's Health Fund, Mishawaka Health Center	<b>\$1,000.00</b>
<b>Rhema Project</b> Prenatal and Newborn Care Initiative	<b>\$1,200.00</b>
<b>St. Margaret's House</b> Feeding the Hungry	<b>\$900.00</b>
<b>YWCA of North Central Indiana</b> Brighter Tomorrows: Economic Empowerment for Women	<b>\$700.00</b>

*The mission of women's funds is nothing short of social change.*

## Est Gezunterhait (Eat in Good Health)

A few columns ago, I mentioned that one of my very favorite methods of vegetable preparation is roasting. The way those high temperatures bring out the natural flavor – and sweetness – of the vegetables is really amazing. And while it isn't really a top choice of cooking method for the hot summer months, I do it anyway. But now it is getting cold. I'm sure you've noticed that. Heating up your kitchen is kind of welcome at this time of year.

About a year ago I came across this recipe for roasted sweet potatoes. Now, I know that traditional favorite recipes for sweet potatoes typically have a lot of added sweetness. Ingredients like sugar and syrup are often paired with them. On their own, sweet potatoes are sweet.

Hence the name. So here is a recipe without added sweetener. Unless you count the garlic. Garlic does mellow quite a bit when roasted. I wouldn't really describe the garlic as sweet, but the resulting flavor when you taste this dish is so good. And I really mean it. So. Good. This is a good recipe to make any time of year. Even Passover! (Not that I'm thinking about that holiday yet. But it is a good recipe, so keep it in mind.)

### GARLICKY SWEET POTATOES

3 sweet potatoes  
4 Tbsp. oil, divided use  
Salt, to taste  
Pepper, to taste  
4 garlic cloves, minced

Preheat oven to 500. Peel the sweet potatoes and cut into chunks. Depending on their size, cut them in quarters or half lengthwise and

## Roasted sweet potatoes by Deena Abraham

then slice ever inch. Combine the sweet potatoes, half of the oil, salt, and pepper on a baking sheet. Roast for 15 minutes. Add the remaining oil and garlic, stirring to combine. Roast for 10 -15 more minutes.

Here is another great recipe for roasting sweet potatoes – together with a lot of other items. The original recipe that I based this on used root vegetables exclusively. I added some other vegetables for variety and color. The honey makes this a great dish to serve for Rosh Hashanah. (Another thought to file away for a holiday that is not coming up soon.) The amounts and types of vegetables used are approximate. Feel free to adjust according to your personal preferences.

Yes, this recipe does call for using an entire bulb of garlic. Does that seem like a

lot? If the garlic were being eaten raw, that would definitely be excessive. But roasted garlic is so mellow. When the pan comes out of the oven, squeeze the garlic out of the bulb. It will be soft and buttery, natural garlic butter.

### HONEY-ROASTED VEGETABLES

3 carrots  
2 parsnips  
2 med. Sweet potato  
2 med. potato  
3 shallots, peeled  
2 zucchini  
2 yellow squash  
1 red pepper  
1 green or yellow pepper  
3-4 Tbsp. oil  
2 Tbsp. honey  
 $\frac{1}{2}$  tsp. thyme  
Salt, to taste  
Pepper, to taste  
1 bulb garlic

Cut the vegetables into chunks and combine with the oil, honey, and thyme in a large baking pan. Season them with salt and pepper. Pour into a big pan. Wrap garlic head in foil and put into the middle of the dish. Bake for an hour, turning occasionally so it caramelizes evenly. Pop in the garlic before serving.

If you have a recipe to share, please send it my way. You can send your recipes to me at [dsabraham@ameritech.net](mailto:dsabraham@ameritech.net). I can take recipes over the phone at 287-8872. Or, mail them to me at 2926 Erskine Blvd., South Bend, 46614.

## Kosher Food Pantry grows with your donations!

Jewish Family Services extends heartfelt thanks to its major donors that keep the Federation's Kosher Food Pantry in stock. We are especially grateful for Temple Beth -El's continued monthly donations to the pantry and the donations from Sinai Synagogue's Kol Nidre Appeal from Erev Yom Kippur.

And thank you to Alexa Koyfman and Lena Matlis for all their help organizing the Food Pantry.



## Temple B'nai Shalom

Temple B'nai Shalom is pleased to welcome Rachel Zerin, their new student rabbi. Rachel will be with conducting services once a month through July 2013. In addition, Rabbi David Nelson will continue conducting services one weekend a month.



Rachel is a third-year student in the Rabbinical School at the Jewish Theological Seminary in New York City. Originally from Massachusetts, she received her bachelor's degree from Syracuse University, with majors in voice performance and religion. Following graduation, Rachel spent a year at the Conservative Yeshiva in Jerusalem. This past year, she returned to Jerusalem to study at the Schechter Institute as part of her training at JTS.

Rachel has extensive experience leading Shabbat and holiday services and reading Torah, which she has done in Massachusetts, New York, Pennsylvania, and Israel. Last year, she worked with a small Masorti community outside of Jerusalem. She also has served as the student rabbi for High Holidays at the Syracuse University Hillel for the past two years. For the past two summers, she participated in the Cambridge Interfaith Programme's Summer School at Cambridge University, first as a participant and then as a facilitator. Currently, she serves as co-chair of New York City's Inter-Seminary Dialogue.

When not working, Rachel enjoys cooking, playing board games, and singing in the Jewish People's Philharmonic Choir with her husband Sam Zerin, a Ph.D. candidate in music history at New York University. A Michigan native, he is founder and president of the Joseph Achron Society.

Rachel wrote the following to describe her personal journey with Judaism: "When I was growing up in a small Jewish community in Massachusetts, as part of a Jewishly connected but not strictly observant home, I had the impression that Judaism was about restrictions and prohibitions. However, when I began to get more involved in my community after my bat mitzvah, and then became even more involved and observant while studying at Syracuse University, I realized that Judaism is really about community, joy, and bringing a greater meaning to life. That realization made me fall in love with Judaism, and the idea that I could help bring that sense of community, joy, and meaning to others is what initially inspired me to become a rabbi."

Since deciding to become a rabbi, there have been so many more things that have inspired me to continue on this path. After spending a year at the Conservative Ye-

shiva in Jerusalem, I fell in love with text study, and with the Talmud in particular. There is something both beautiful and fascinating about the way that the stories and arguments are crafted, and the pluralist in me loves that there are so many different voices and opinions that are all recorded in the same text.

In my opinion, the multi-vocal nature of our sacred texts encourages us to find and embrace different paths to God and Judaism. This love of text study has only grown since beginning rabbinical school at the Jewish Theological Seminary.

I am also passionate about interfaith dialogue. I believe that learning about other religious traditions and developing relationships with people of other religions are incredibly important. Additionally, in my opinion, interfaith engagement is based on values that are deeply rooted in Judaism. Dialogue is important not only because I live in a diverse community, but also because I as a Jew am commanded to treat others with dignity and respect, and to build a better world.

I am incredibly excited to work with your community this year and to meet each and every one of you so that I can share my passions for Jewish texts and traditions. I look forward to drawing on my music background to help infuse services with joy and to building community with you through sharing Shabbat together.

## United Religious Community

**During the Season of Understanding, the  
United Religious Community of St. Joseph County  
invites EVERYONE to enjoy**

### TASTES OF THANKSGIVING

**The South Bend Masonic Temple  
427 N. Main St., South Bend  
from 4:00 PM to 7:00 PM  
Abundant Free Parking!**

*From across the religious, cultural and ethnic spectrum, people of Greater Michiana join together to give thanks for the many blessings we know in our lives. We will share in greetings, performances, prayers, songs and cultural glimpses of all participating faiths - and savor the Tastes of Thanksgiving with foods from different backgrounds.*

We seek to nurture an appreciation for the basic needs, hopes and dreams we all share as Children of God- and invite you to bring non-perishables (or a monetary donation) to help feed those who are in need.

**Questions? Call Rev. Len Jepson,  
URC Associate Director, 574-286-7809**

## Hebrew Orthodox Cemetery Assoc.

### The Times Have Changed

by Tammie Blackman Brown, Cemetery Manager

I had the pleasure of meeting Melvin (Mel) and his wife Betty, of 66 years, during a phone conversation regarding Hebrew Orthodox Cemetery Association (HOCA). He proudly and quickly told me about his mother, Mollie Sandock, of blessed memory. During that first conversation, Mel told me that when Mollie had passed away in 1947, she was only 52 years old; Mel was 31. But he still has the vivid memories of his mom being in charge of the cemetery.



**Mel Sandock**

"My mom carried around a big key ring with all of the keys to the cemetery. I remember she would always get the phone call when someone passed away. She always told me if she had the keys, she was sure of getting in," Mel chuckled.

I had to know more. So Mel and I made a date. For the record, if you ever need to reset your clock you could go to TimeAndDate.com or, as I have learned, you can just make a meeting with Mel Sandock. He is on time and ready to work and share. He can tell a story better than Albert Brooks or Adam Sandler and has

the memory of a brilliant historian - and his memories are fond memories of growing up here in South Bend. Best of all, your day will be better after sharing some time with Mel. He is honest, open, real, and, frankly, DARN funny!

During our meeting, he shared more about Mollie. From HOCA to Hadassah she made things happen. For a number of years, she was president of Hadassah, she volunteered at her synagogue and in the community - Jewish and non-Jewish sectors - always making the lives of others better.

As if he could see it in his mind's eye all over again, Mel told me how his family made a living. "In South Bend, the streets were gold. Everyone from Chicago knew it, too, and many moved here. There was so much money to be made in our town in the early 1900s. We had the hustle and bustle of the big city - this was the place to be, this is where hard working people came to earn a living. And, they earned a very, very good living," Mel reflected.

Hard to believe but tremendously successful factories filled downtown South Bend. South Bend Lathe Works. Honeywell. Allied Signal. Bendix Corporation. Singer Sewing

## Michiana Jewish Historical Society



*South Bend Workmen's Circle Members- c.1935*

Who are these people and what brought them together? Join us to learn how the labor movement helped form our Jewish community.

### Michiana Jewish Historical Society Annual Meeting

**The Labor Movement and Our Jewish Heritage**  
Featuring Professor Paul C. Mishler, IUSB, Labor Studies

**Sunday, November 4, 2012**

**10:00 AM – Annual Meeting      10:30 AM – Speaker**

**The Jewish Federation of St. Joseph Valley**

**RSVP to The Jewish Federation at 574-233-1164**

Refreshments will be served – Dietary Laws observed

Company. Oliver Chilled Plow Company. And, the list went on.

Mel explained, "My uncles, Barney and Sol Sandock started B and S Sandock in 1904 when they moved here from Chicago. They were peddlers of household necessities from expandable satchels...they did well, real well - they even bought a horse in 1904 and THAT was big!"

As I was just trying to picture these streets of gold, Mel shared an even more amazing phenomenon with me. When Mollie was alive there was a lodge or "burial society" that was created called the Louis Sandock Lodge (named after Mel's great grandfather). Joining was easy - to be a member, you would attend the meet-

ings and "pay your dues" which was a small amount of money, Mel could not remember the exact amount. Mel explained the benefit, "When a member of the lodge died, his or her family would receive \$500 for funeral costs and that was A LOT of money back then - this way there was not a financial burden on the family at the time of a loss of a loved one," Brilliant! Sadly, at some point in the 1940s there was not enough money to cover the costs of all the funerals for its members, the lodge dissolved.

I thank Mel for his time, wisdom, and storytelling. If you or any of your family members have more to share about the cemetery, please let me know!

## Hebrew Orthodox Congregation

Some Torah learning opportunities at HOC:

### EVENINGS

Sunday through Thursday, 8:00 PM:

#### STUDY PARTNERS

Choice of topics including Chumash, Mishna, Navi, Gemorah. Rabbi Raphael Pollack, coordinator.

Tuesday night Torah class for Women, 8:00 PM CHUMASH In-Depth, taught by Rabbi Meir Bulman

Thursday night Chumash class for Men, 9:00 PM PARSHA HASHAVUA, by Rabbi Shelomo Nussbaum

### MORNINGS:

Monday through Friday, 6:00 AM: DAF YOMI, Mesechta Shabbos, taught by Rabbi Meir Bulman

Monday through Friday, 6:20 AM: TALMUD STUDY, Mesechta Kiddushin, taught by Rabbi Ephraim Goldstein

Sunday, 9:00 AM: TALMID STUDY GROUP, Mesechta Brochos, taught by Rabbi Dovid Abraham

## NCSY

### **NCSY goes to Strikes and Spares on November 18.**

NCSYers asked for it and now you got it. Come and enjoy bowling, black-light golfing and, of course, unlimited go-cart racing. And while we can't bring food inside, as always, there will be a "tailgate party" outside after the event and you will be able to have some pop and snacks. And now the best part of this event is that we're only charging \$8 a person for 2 hours of unbelievable fun! That's \$2 less than previous years! (Normal price if you go alone is \$18.95 per person.) This is the year to get off the couch, put away the ipod and come on down to Strikes & Spares on Nov 18th from 2-4 and get the best deal of the year! This event is open to both Junior & senior NCSYers (10-18) and their friends. If you are not yet an NCSYer and want to join us, please do! See you at the NCSY Strikes and Spares event.

**NCSY Lounge Night.** The NCSY Lounge is opening its doors on November 7 at a new time, from 6:30-8:30 PM. Pizza, pop, chips, candy, and so much more will be served. Not only that, but Ping-Pong, pool tournaments, PS3, and Wii will be available. Open to teens and pre-teens (10-18 years old.)

### **Special Torah Center NCSY Shabbaton and lecture**

**Dec. 7-9:** A special scholar-in-residence, Rabbi Tzvi Gluckin, will join us making it fun for kids of all ages.

## Midwest Torah Center

**Developing Life Skills.** As Jews, we are required to learn Torah daily. The problem is that not everyone has the necessary skills. I'm looking for a core group of four people who want to learn the skills necessary to traverse the original text on their own and be able to understand problems the Rabbis had with phrases and words, for example, how they understood a simple verse such as "a tooth for a tooth" to mean monetary damages. If this is something that appeals to you, please contact Rabbi Nebel at the Torah Center.

**Interactive Service: Judaism's Wake-up Call.** Due to the great response we received from the abridged Rosh Hashana service, we are starting a new weekly interactive service. This morning service will include some prayers and a lot of discussion. We will explore the prayers and what they mean, including questions like why do we stand and sit at certain times. When do we sing aloud and when should we be quieter? The service will begin on Wednesday, November 7, and will run from 10-11 AM. Coffee and tea will be available.

**Hebrew in 5 Lessons.** Have you ever wanted to learn how to read Hebrew but felt that you didn't have the time and/or ability? Well then, this class is for you. This class is a lot of fun and moves at a nice pace with the goal of giving you a challenge that you can conquer. This course will begin on November 5 at 7:00 PM. The book is free. All you need is your willingness to learn!

**Shabbat In A Box.** Every second week of the month the Torah Center will offer Shabbat in a Box with all the necessary items to enjoy Shabbat: Grape juice, challah, gefilte fish, chicken, kugels and more! Simply give us a call by the Wednesday in that second week or go and order on our website, just click the Shabbat In A Box app. Orders are currently in multiples of four servings. We'll accommodate you, however, to the best we can if you need some variance to the allotted servings. Call us at 574-234-9092 or visit our website at midwesttorah.org

**Junior Congregation Treat of the Month.** At the Midwest Torah Center, part of our goal is to make Judaism fun and exciting. We start young as we teach our children about tefillah and how to sing the prayers. We have two groups (3-7) and (8-12) and a small kiddush is served weekly. As an extra incentive, for our older group, once a month on Sunday, we go out for a special treat. All you have to do to join our program is to come and participate in the Junior Congregation. We begin at 10 AM every Shabbat morning.

## Sinai Synagogue

**Why Should Jews Survive?** Rabbi Steve Leapman continues his provocative learning opportunity based on Rabbi Michael Goldberg's book, *Why Should Jews Survive?* We will ask "What is the role of the Holocaust and Zionism in modern Jewish life? What 'should'" it be? How does our way of seeing the past influence how we will see ourselves?" We will meet from 6:30-8:00 PM on Sundays November 4 and November 11 for our final sessions. Those interested in purchasing the book may do so via Better Word Books or Amazon.com

**Living a Life of Meaning.** Rabbi Friedland will lead a class on how to find meaning in lives that are filled with constant change and transition. We will ask: How do we find meaning in life when, in the words of Rabbi Harold Kushner, everything we wanted in life isn't enough? We will look at traditional texts and modern Jewish thinkers such as Kushner and Rabbi Byron Sherwin to reflect on how we can live lives filled with meaning despite loss, change and instability.

Sessions are Thursdays at 7:00 PM on November 29, December 6, December 13, and December 20.

**Pirkei in the Pub.** Our group for those in the 20-40 something demographic in our community to study Pirkei Avot, Teachings of the Sages, continues to meet at the friendly Public House, Fiddler's Hearth. We meet this month on Monday, November 19. Join us!

**Breakfast with the Sages.** Every Shabbat morning at 9:00 AM, we begin with Torah study and Breakfast thanks to Breadsmith Kosher bakery. Our sages had fascinating and diverse insights into our sacred Torah, come learn from their insights and offer your own!

At 10:15 AM, parallel with Torah service on the 2nd and 4th Shabbats of the month, join us for Meditation with Neil Gilbert. Neil leads a meditation group that focuses on breathing, Hebrew mantras and introspection.

Also at 10:15 AM, parallel with Torah service, is a new Mussar study group led each month by Ann Rosen. Mussar is a Jewish tradition, a spiritual discipline, a body of Jewish literature, a way of looking at the world, an ethical philosophy. It has become popular in non Orthodox circles and Ann will open up the path of Mussar for you. NEXT MEETING December 1 Copies of Alan Morinis' Everyday Holiness will be available.

## Temple Beth-El

### Coming Events at Temple Beth-El in November:

- Thursday, November 1, 5:30 PM - Reading Group "The Dovekeepers" by Alice Hoffman reviewed by Marzy Bauer
- Saturday, November 10, 10:30 AM - Temple Board sponsored Family Shabbat
- Sunday, November 11, 3:00 PM: Kristallnacht program with Marian Blumenthal Lazan, author of "Four Perfect Pebbles" A Holocaust Story.
- Sunday, November 18, 9:45-11:00 AM - Family Happenings, a program for young Jewish children and their families for the entire Jewish community, led by Anna Soloveychik
- Monday, November 26, 5:30 PM - Women's Torah Study
- Wednesdays, 1:00 PM - Needlework group meets at Temple

## Kristallnacht Commemoration Day

*Sponsored by the Kurt and Tessye Simon Holocaust Remembrance Fund*

**Marion Blumenthal Lazan**

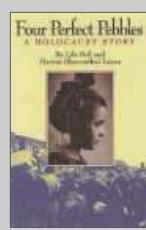
**November 11, 2012:**

**3:00 PM at Temple Beth-El**



We honor those lives lost and impacted by the Holocaust by inviting Marion Blumenthal-Lazan to share her Holocaust experience as described in her book **Four Perfect Pebbles**.

The public is invited to give witness to Marion's personal journey from child to adult, while caught in the snare of the Nazi terror machine during World War II. Marion will bring an uplifting message of hope and courage through the impossible odds of survival she faced during her Holocaust experience. A question and answer period will follow the presentation as well as a light reception. There is no charge for the program.



Marion's book, **Four Perfect Pebbles** is a "gripping memoir, written in spare, powerful prose that vividly depicts the endless degradation and humiliation suffered by the Holocaust's innocent victims, as well as the unending horror of everyday life in the camps. It is also an ennobling account of the triumph of the human spirit, as seen through the eyes of a child." *Kirkus Reviews*

# Jewish Federation Community Calendar

November 2012—Cheshvan/Kislev 5773						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> 16 CHESHVAN 12:30 Senior Activity Group@ Tanglewood	<b>2</b> 17 CHESHVAN	<b>3</b> 18 CHESHVAN
<b>4</b> 19 CHESHVAN 10:30 AM MUHS Annual Meeting 1:30 PM Dan Nichols Concert!! 3:00 PM SaBaBaH	<b>5</b> 20 CHESHVAN	<b>6</b> 21 CHESHVAN 11:30 AM & 5:30 P Tai Chi 12:00 Lunch & Learn	<b>7</b> 22 CHESHVAN 1PM Maj Groups 1:30 PM Michigan Jewish Hist. Society Family Tree Mtg.	<b>8</b> 23 CHESHVAN 12:30 Senior Activity Group@ Tanglewood	<b>9</b> 24 CHESHVAN	<b>10</b> 25 CHESHVAN
						Chaya Sarah
<b>11</b> 26 CHESHVAN	<b>12</b> 27 CHESHVAN 9:30 AM Babies, Tots And Blocks November 11th—13th 12 Noon Lunch with Lea	<b>13</b> 28 CHESCHVAN December OCN Deadline 12:30 PM Russian Club 1 PM Maj Group 6:00 PM Hebrew Ulpan	<b>14</b> 29 CHESCHVAN 11:30 AM & 5:50 PM Tai Chi 12 Noon Lunch & Learn 1 PM Maj Groups	<b>15</b> 1 KISLEV 12:30 Senior Activity Group@ Tanglewood 11 am & 7 pm Cooking with Gloria Schwartz	<b>16</b> 2 KISLEV	<b>17</b> 3 KISLEV
						Toldot
<b>18</b> 4 KISLEV 9:30—1:30 YOM Iyyun -BULLYING	<b>19</b> 5 KISLEV 11:30 AM Federation Book Club	<b>20</b> 6 KISLEV 12:00 Thanksgiving Senior Lunch 12:30 PM Russian Club 1 PM Maj Group 6:00 PM Hebrew Ulpan	<b>21</b> 7 KISLEV 11:30 AM & 5:50 PM Tai Chi 1 PM Maj Groups 1:30 PM Mich. Jewish Historical Society Family Tree	<b>22</b> 8 KISLEV	<b>23</b> 9 KISLEV	<b>24</b> 10 KISLEV
						Vayetze
<b>25</b> 11 KISLEV	<b>26</b> 12 KISLEV 10:00am Adult Ed with Asher Kaufman 10:30 AM Carin for Animals with PJ Library	<b>27</b> 13 KISLEV 7:00 PM Movie Night With Lea: "The Little Traitor"	<b>28</b> 14 KISLEV 12:30 PM Russian Club 1 PM Maj Group 6:00 PM Hebrew Ulpan	<b>29</b> 15 KISLEV	<b>30</b> 16 KISLEV	7 PM JFED Board of Directors

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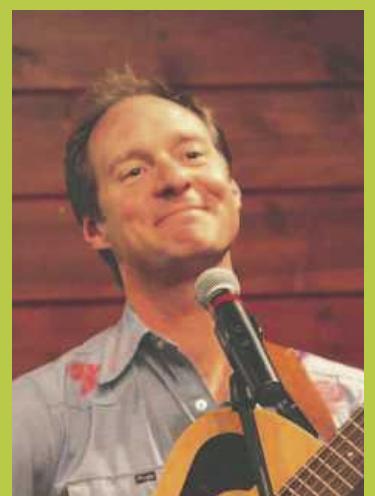
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