



# Ha' Kol

COMMUNITY NEWS FROM THE KJA, HESKA AMUNA & TEMPLE BETH EL

Volume 5 ♦ Issue 9 ♦ October 2013

*Temple Beth El Sisterhood Presents...*

## MAH JONGG MADNESS



**Sunday, October 20**  
**12:30 p.m.**

**Temple Beth El Social Hall**

\$18.00 cost includes  
Mah Jongg, snacks, drinks

**PRIZES FOR BOTH HIGH AND LOW SCORES!**

*Register by e-mail or contact Ellen Markman,  
Linda Mongeon, Joyce Traugot, or Karen Smith*

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# TEMPLE BETH EL TIMES



## Now What?

By Rabbi Mathew D. Michaels



This year, EVERYONE commented on how early the High Holy Days were. Actually, they came right on time --- (at least according to the Jewish calendar). Rosh Hashanah still occurred on the 1<sup>st</sup> of Tishrei; Yom Kippur on the 10<sup>th</sup>; Sukkot and Simchat Torah also arrived and departed on-time (unlike the airlines). While the 1<sup>st</sup> of Tishrei coincided with September 5<sup>th</sup> this year (the earliest it ever happens in the Gregorian calendar), it is “almost” as if the High Holy Days “snuck up on us and took us by surprise.”

I am always amused with the comment of how early or late the holidays are in a given year (let’s not even think about lighting the Chanukiah before sitting down to Thanksgiving dinner this year). But, whenever the High Holy Days occur in a

given secular year, the question still remains: **NOW WHAT?** What do we do with the themes and messages of our prayer book and the rabbi? How do we implement what we have learned? What will be different for us in the New Year? What’s the next step in our process of continued spiritual growth? Based on my Rosh Hashanah morning sermon... What color is your crayon? What masterpiece will you create for yourself, your family, your congregation and community?

Hopefully the sound of the *Tekiah Gedolah* still resonates within each of us; reminding and urging us to create a personal vision. The long shofar blast instructs us not to settle for the status quo; not to be satisfied with what is, the bare minimum. The purpose of the *Tekiah Gedolah* is to inspire and motivate each of us to reach and strive for that which will make this year better and more fulfilling than the past year for ourselves, our families, our congregation and our community.

## President’s Message

By Stu Elston

One of the hardest things about writing an article for *Ha’Kol* is coping with the submission deadlines – roughly one month in advance of the actual mailing of the issue. You need to look at least a month ahead in order to say something meaningful and useful. By the time you read this, the High Holy Days will be behind us; at the time I’m writing this, they haven’t happened yet. In spite of the “time warp, I sincerely hope your observance of the Days of Awe was memorable and fulfilling.

In October we are likely to be thinking about our plans for the new years, both religious and secular, which will include planning for Temple Beth El’s 150<sup>th</sup> Anniversary one year from this coming November. We should also be thinking about Beth El’s next 150 years, or even just the next 50 years, or 10 years, or five. What will our congregation look like in 50, 10, 5 years? How will it have changed? What will be the challenges that we’ll need to face over those years, and how do we prepare for them?

I’ve alluded to these questions in an earlier *Ha’Kol*, and they haven’t gone away! It’s in this context that I want to introduce you to a little-known group of people called the Temple Advisory Committee. This group was originally formed to provide a conduit

for feedback from the congregation to Rabbi Beth Schwartz, and was adopted and adapted when we crafted a covenant of agreement between the congregation and Rabbi Matt Michaels. It consists of six Temple members mutually agreed upon by both Rabbi Michaels and myself, who meet periodically with Rabbi and me in an atmosphere of mutual confidence and trust.

At a recent meeting of this group, we discussed what our goals were for our Temple and its members and how we could assess our progress in meeting those goals. I realized that this group was to some extent serving as a temporary substitute for the Long Range Planning Committee that I hope will come to life during the next year. We agreed at that meeting that we would advertise the membership of the Temple Advisory Committee in *Ha’Kol*, and let congregants know that they can voice their hopes and concerns for the future of Temple Beth El to those committee members and know that those thoughts would be treated in confidence and with respect. Look for a listing of the membership of the committee in this issue of *Ha’Kol*. Contact information can be found in our Temple Directory. Please share your thoughts with us!

Temple Beth El Temple Advisory Committee members: Rabbi Mathew Michaels, Stuart Elston, Susan Baker, Liz Gassel, Aron Goldfeld, Rob Heller, Missy Noon, Alan Smuckler.

27 Tishri - 27 Cheshvan 5774

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## It's Time for Sisterhood at Temple Beth El

By Karen Smith and Kathy Young, Sisterhood Co-Presidents

**A new year of Sisterhood has begun!** We want to thank the following for their assistance:

- *Tamara Sturm* for coordinating **High Holiday child care**;
- *Phyllis Hirsh and Karen Smith* for chairing **Break the Fast** and everyone who helped with set up;
- *Kathy Young and Meredith Jaffe* for planning the **September 29 opening meeting/brunch**;
- *Meredith Jaffe* for **Rosh Chodesh Elul** and all of Sisterhood's **publicity**;
- *Karen Smuckler and Brenda Rayman* for **Oneg Shabbat** assignments; and
- **The Sisterhood Board** for their assistance. Todah!

**Mah Jongg Madness** returns on Sunday, October 20 at 12:30 p.m. at Temple Beth El.

Co-chairs *Ellen Markman, Linda Mongeon, Karen Smith, and Joyce Traugot* have sent registration forms by e-mail. The cost is \$18.00 and will include Mah Jongg, snacks, drinks, and prizes for high and low scores. Contact one of the co-chairs to register or for more information.

**The Chanukah Food and Craft Fair** is fast approaching.

Sisterhood invites you to shop and enjoy purchases of homemade crafts, baked goods, candy, breads, cookies, and canned items just to name a few. The date is Sunday, November 10 from 9:30 a.m. to 1:00 p.m. at Temple Beth El. Contact Chair *Lucy Barkan* if you have items to donate or can help with the sale on Sunday or set up on Saturday.

**Membership Co-Vice Presidents** *Marcy Frankel, Barbara Holz, and Ava Radoff* remind everyone to return membership applications and check for \$45.00 payable to Temple Beth El Sisterhood so YOU can be counted in for a new year of Sisterhood.

Sisterhood's **Beiler Floral Fund** Co-chairs *Emma Fleischmann and Bella Lester* remind us that a standard flower arrangement for bimah flowers for Shabbat, holidays, or special occasions is \$36.00. Please contact Emma to order a more elaborate arrangement.

*A new year of Sisterhood has begun. Come on, join in.*

## Dinner? Game Night? Jewish Humor?

*Be a part of the decision-making process.*

Contact us if you want to be a creative  
Member of the Sisterhood Programming Team!

Sisterhood Immediate Past President/Nominating Chairs,  
Phyllis Hirsh (675-0584) and Joyce Traugot (809-0399)

## SAVE THE WEEKEND!

November 7, 8, and 9, 2014

When we celebrate our 150th Anniversary, we want to include EVERYONE who has had a connection to Temple Beth El.

If you have contact information for folks who moved away - friends, relatives, employees, or teachers - PLEASE send us addresses, phone numbers, and/or e-mail addresses. Send information directly to: [ellentbe@yahoo.com](mailto:ellentbe@yahoo.com).

All you folks celebrating high school reunions - please scour your lists and send us the information!



## Temple Beth El Religious School

By Norma James, Education Director, [normajames@tbeknox.org](mailto:normajames@tbeknox.org)

### The fall holidays are over, but the fun continues at Religious School!

September was indeed quite an exciting month, but now we can slow down and catch our breath! I love October because the weather cools down and the trees brighten up. At Religious School, we have the opportunity to really dig into our ISJL curriculum for some great hands-on learning.

### Calling all Torah Tots!

We have started a brand new program for children ages two, three, and four. Parents, join your little ones for a monthly tot-size dose of Jewish fun! We will have story time, art, music and movement, and a visit from Rabbi Matt. Email Norma for details.

### Pizza Dinner for Midweek classes 5:45 p.m., October 2:

Don't forget to come at 5:45 p.m. for our monthly pizza super and social gathering before Hebrew class begins at 6:15 p.m. Socializing with other Jewish young people is an important part of our religious school philosophy.

### IMPORTANT EVENT: October 6! Making Strides for Cancer:

Last year our Hebrew Chai class volunteered all day for the Making Strides Walk-a-thon. Many of our families also participated in the walk. This year we want our entire religious school to participate. There is no minimum donation required to participate. Families can walk. Young people can participate along the way to cheer everyone on. The important thing is, be there and do something to help educate the community about the need for a cure for cancer.

### The Craig Taubman concert was truly a community event.

What a wonderful evening of music and fun we had September 23! Craig and his band gave a phenomenal performance. This concert would not have been possible without the partnership of Temple Beth El, Heska Amuna, Knoxville Jewish Alliance, Knoxville Jewish Day School, Jewish Congregation of Oak Ridge, and UT Hillel. We owe the highest praise to ISJL, the Institute of Southern Jewish Life, who arranged the tour at a price that small congregations could afford. This just proves that together we can make our Southern Jewish communities vibrant places to celebrate being Jewish.

### Teen Retreat, January 17-19:

Put MLK Weekend on your calendar today! We want all of our 7<sup>th</sup>-12<sup>th</sup> graders to attend our Teen Retreat 2014 at Camp Wesley Woods. Rabbi Matt will be our rabbi for the weekend. His many years of experience as a summer camp rabbi will make for a great weekend of activities.

### UPCOMING EVENTS:

October 2: Pizza Dinner and Midweek Hebrew Class 5:45-7:30 p.m.

October 6: Making Strides for Cancer (After Religious School - 3:00 p.m.)

October 16: No Midweek Class (fall break)

October 20: No Religious School (fall break)

## Temple Beth El Religious School Proudly Announces Torah Tots!

Looking for a fun way to introduce your preschooler to Judaism in tot-size doses?  
We have a special program just for you. Join our monthly program for children ages two, three, and four.  
Each session includes story time, art, music and movement, and a visit from Rabbi Matt.

All sessions are Sundays from 9:45 a.m.-11:15 a.m. At least one parent must attend the session.

**Dates: October 13, November 10, December 8,  
January 12, February 9, March 9, April 6,  
and May 4.**

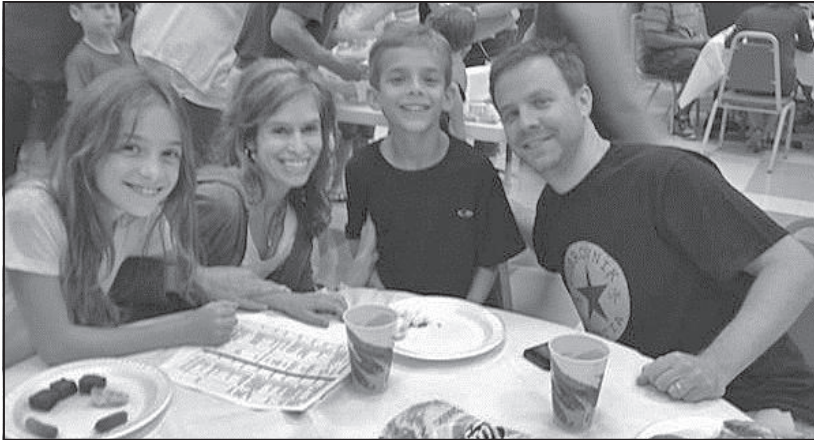
Torah Tot staff: Emily Theriot, Norma James, Danielle Goldfeld, and Rabbi Matt.

E-mail Norma James to register your little one!  
[normajames@tbeknox.org](mailto:normajames@tbeknox.org)

Temple affiliation is not required for participation.



## Temple Beth El Religious School Opening Day Barbecue



### **Annual Meeting - October 8**

Members are encouraged to attend Temple Beth El's Semi-Annual Congregational Meeting

**Tuesday, October 8**

**7:00 p.m.**

**Temple Beth El**

## Book Review

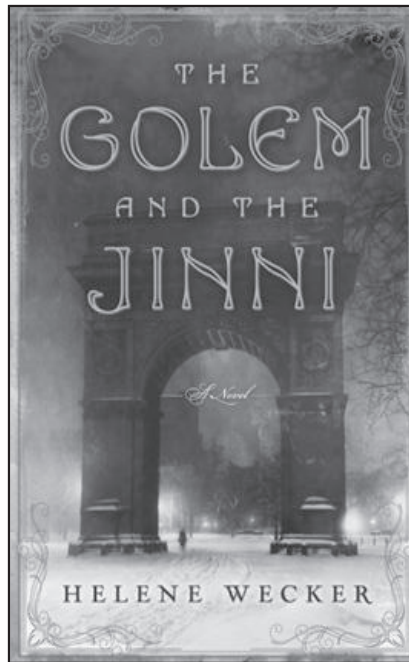
By Laurie Fisher

*The Golem and the Jinni* by Helene Wecker is an enchanting story set in the immigrant rich Lower East Side of Manhattan in 1899. The author combines the folklore of Jewish and Arab traditions to develop her two main characters, a masterless female Golem and a Jinni recently released from his 1,000 year imprisonment in a tin flask. Both are immigrants who find themselves, like many of their human counterparts, in bewildering circumstances.

This book centers around the theme of what it means to be human and personal identity and responsibility. Once the Golem and the Jinni meet, about 70 pages into the book, they have many philosophical discussions around this theme as they try to fit in with their surroundings. They are both stuck in situations that are incompatible with their magical natures and must figure out how to adapt to and interact with humans without revealing themselves for the amazing creatures that they are.

The secondary characters also present an interesting tableau ranging from the kind-hearted Rabbi Meyer who takes the Golem under his protection and names her Chava to her creator, the evil Yehudah Schaalman to Arbeely the simple tinsmith who tries to befriend the Jinni. We get wonderful glimpses of life in both Little Syria and the Jewish tenements of this time period in Manhattan through the interactions of the characters.

This is also a book of intersections; between the old world and the new, between Jewish folklore and Arab folklore, between men and women, between different immigrant cultures that live side by side, and between conflicting desires.



## TEMPLE BETH EL TIMES

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**TBE Office Phone:** (865) 524-3521  
**TBE Fax:** (865) 525-6030

**Temple Office Hours:**  
Monday – Thursday:  
10:00 a.m. – 5:00 p.m.  
Friday: 10:00 a.m.—4:00 p.m.

Visit our website: [www.tbeknox.org](http://www.tbeknox.org)

## Contributions to the Funds of Temple Beth El

Donations listed were received as of August 28, 2013

### BEILER FLORAL FUND

*In memory of Inez Lubin*  
By: Chip & Brenda Rayman

### CLARENCE STRASBURGER MEMORIAL SACRED MUSIC FUND

*In memory of Emilie Ehrlich Strasburger*  
By: Linda Bolt

### DAVIS EDUCATIONAL ENHANCEMENT MEMORIAL ENDOWMENT FUND

*In memory of Matvei Ioselev*  
By: Bella Safro  
*In memory of Bea Bush*  
By: Deborah Roberts

### ERMA GERSON COMMUNITY FUND

*In memory of Allan Gerson*  
By: I. Neil Moss

### GENERAL FUND

*In memory of Wolfe Brody*  
By: Ivan Brody

### MARX FAMILY EDUCATION FUND

*In memory of David Sachs*  
By: Deborah Roberts

### PRESERVATION FUND

*In memory of Marie Elston*  
By: Stu & Jan Elston  
*In memory of Zelmora "Steve" Brody*  
By: Pam Brody

### RABBI'S DISCRETIONARY FUND

*In memory of Charlotte Pais*  
By: Arthur & Mimi Pais  
*In memory of A. Stanley Webster*  
By: Esther Webster  
*In memory of Charles Evans*  
By: Thomas Evans  
*In memory of George Hill*  
By: Stuart & Neil Moss  
*In memory of Tom Theriot*  
By: Matthew Theriot

# OCTOBER 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 9:30a KJDS Mommy & Me 4:30-7p Piano lessons-AL 6:30p CRC mtg-BR 6:30-9:30p Fencing-gym 7p Trifecta movie night	2 4:15p Religious sch-HA 5:45-6:15p ZUMBA-gym 5:45p Pizza & Midwk Hebrew-TBE 6:45-9p Fencing-gym	3 7a minyan-HA 3-4p TOT basketball-gym 5:45-6:45p ZUMBA-gym 7:30p Exec Comm-HA 7:30p Israeli dance-gym	4 7p Choot n' nanny-HA 7:30p Shabbat service-TBE	5 9:30a Shabbat service-HA 9:30a Shabbat service-JCOR
6 9:30a minyan-HA 9:30a Religious sch-HA 9:30a Religious sch-TBE 3p Making Strides Against Breast Cancer Walk	7 7a minyan-HA 5:30-6:24p Zumba - gym 6:30-9:30p Fencing-gym 7:30p An Evening with Maestro Richman-AJCC AL	8 9:30a KJDS Mommy & Me 4:30-7p Piano lessons-AL 6:30-9:30p Fencing-gym 6:30p Board mtg-TBE 7p Semi-Annual mtg-TBE	9 4:15p Religious sch-HA 5:45-6:15p ZUMBA-gym 5:45p Midwk Hebrew-TBE 6:45-9p Fencing-gym	10 7a minyan-HA 3-4p TOT basketball-gym 5:45-6:45p ZUMBA-gym 6-7:30p Knox Traffic mtg-gym 7:30p Board-HA 7:30p Israeli dance-gym	11 7:30p Shabbat service-TBE	12 9:30a Shabbat service-HA 9:30a Sarah Siegel Bat Mitzvah-HA 9:30a Shabbat service-JCOR
13 9:30a minyan-HA 9:30a Religious sch-HA 9:30a Religious sch-TBE 9:45a Torah Tots-TBE 10a Gan K'tan-HA 10a Ed Comm-HA 11a Trifecta Lunch & Leaves -- Cades Cove	14 7a minyan-HA 5:30-6:24p Zumba - gym 6:30-9:30p Fencing-gym 7p KJA Exec Comm-AL	15 9:30a KJDS Mommy & Me 4:30-7p Piano lessons-AL 6:30-9:30p Fencing-gym 7p JFS Medicare Supplement and LTC Ins-AL 7:30p Hadassah Book Club	16 12p Friendshippers - Rothchilds 4:15p Religious sch-HA 5:45-6:15p ZUMBA-gym 5:45p Midwk Hebrew-TBE 6:45-9p Fencing-gym	17 7a minyan-HA 3-4p TOT basketball-gym 5:45-6:45p ZUMBA-gym 6p Parent Comm mtg-AL 6-10p Adult CPR - AJCC 7:30p R&RS-HA 7:30p Israeli dance-gym	18 6p Tot Shabbat-HA 6:30p Sisterhood dinner-JCOR 7:30p Shabbat service-TBE	19 9:30a Shabbat service-HA 9:30a Shabbat service-JCOR 7p Jewish Film Series-JCOR
20 9:30a minyan-HA 9:30a Religious sch-HA 9:30a Religious sch-TBE 12:30-2:30p Mah Jongg Tournament-TBE <b>6p Dollars &amp; Deli \$10,000 Raffle Event-AJCC</b>	21 7a minyan-HA 5:30-6:24p Zumba - gym 6:30-9:30p Fencing-gym	22 9:30a KJDS Mommy & Me 4:30-7p Piano lessons-AL 6p KJA Budget Comm-AL 6:30-9:30p Fencing-gym 7:30p Sisterhood-HA	23 4:15p Religious sch-HA 5:45-6:15p ZUMBA-gym 5:45p Midwk Hebrew-TBE 6p KJA Budget Comm-AL 6:45-9p Fencing-gym	24 7a minyan-HA 2:30p Bricks4Kidz-AL 3-4p TOT basketball-gym 4-5p Bricks4Kidz-AL 5:45-6:45p ZUMBA-gym 7p Judaic Studies 20th Anniversary and Lecture-UT 7:30p Israeli dance-gym	25 BBYO New Member Weekend conference 7:30p Shabbat service-TBE	26 BBYO New Member Weekend conference 9:30a Shabbat service-HA 9:30a Shabbat service-JCOR 10a Family minyan-HA
27 BBYO New Member Weekend conference 9:30a minyan-HA 11a JCOR Sisterhood Hike-House Mountain	28 7a minyan-HA 5:30-6:24p Zumba - gym 6:30-9:30p Fencing-gym 7:30p KJA Science Series lecture-AL	29 9:30a KJDS Mommy & Me 4:30-7p Piano lessons-AL 6:30-9:30p Fencing-gym 6:30- JLI-In Good Health-BR 6:30p TribeFest Mtg - Bearden Beer Market	30 4:15p Religious sch-HA 5:45-6:15p ZUMBA-gym 5:45p Midwk Hebrew-TBE 6:45-9p Fencing-gym 7p Trifecta dinner - RouXbarb	31 7a minyan-HA 3-4p TOT basketball-gym 5:45-6:45p ZUMBA-gym 7:30p Israeli dance-gym		

## Global Day of Jewish Learning - Sunday, November 17

**Join us. Be a part of the Global Day.**

The Global Day of Jewish Learning was conceived to further Rabbi Adin Steinsaltz's call, "Let my people know"—bringing Jews from across the spectrum of beliefs and backgrounds together for a day of study. As individuals we gain in our own knowledge, as communities we are strengthened by our joint efforts and as part of the Jewish People at large we connect across denominations, cultures and continents.

**MISSION:** To bring the Jewish people together once a year to celebrate our shared Jewish text through community based learning.

**GUIDING VALUES:** To foster Jewish unity, empower individuals through increased Jewish knowledge, and create meaningful shared experiences.



# K N O X V I L L E



## JCOR Enjoys Maryville Musical

*In August, Jewish Congregation of Oak Ridge (JCOR) members traveled to the Ronald and Lynda Nutt Theatre at the Clayton Center for the Arts in Maryville where they enjoyed viewing the Foothills Community Player's production of Fiddler on the Roof. This classic musical was directed by Terry Silver-Alford and featured Rachel Brown, daughter of Ken and Susan Brown, as Hodel.*

## Local BBYO Chapters Start the New Year

Jewish teens grades 9-12 are welcome to join the local chapters of BBYO. Winick AZA is the guys chapter and Weinstein BBG is the girls chapter. Teens organize local programs, fund raisers, and volunteer projects; attend regional weekend retreats and meet hundreds of other teens; and enjoy the camaraderie of Jewish teens in a safe, supportive environment. The local BBYO chapters are part of the Cotton States Regional (CSR). Visit <http://bbyo.org/> to join or to get information.

### Winick AZA Chapter Elects Officers

Rabbi Isaac Winick AZA (Knoxville boys chapter of BBYO) held elections for fall term board positions. The new board is **Nathan Rosen**, Godol (President); **Eli Derrington**, S'gan (Vice President); **Brian Weinstein**, Moreh (Recruitment); **Zeke Charles**, Mazkir/Gizbor (Communication and Fundraising); and **Max Richman**, Shaliach (Religious Activities and Volunteering).

### Weinstein BBG Elects New Board

The Weinstein BBG, the local girls BBYO chapter, recently elected its fall board. Officers are **Jessie Rosenberg**, Nsiah (President); **Lizzy Noon**, Sganit (Vice President); **Danielle Goldfeld**, MIT mom; **Madison Dittner**, Mazkirah & Gizborit (Secretary/Treasurer) and **Rae Oleshanky**, Sh'lichah (Judaic and Social Service Vice President). This group invites Jewish teens in grades 9-12 to join for camaraderie, community service, and educational programming.



*BBYO's Winick AZA members give back to KJA by mulching the AJCC Preschool playground. Brian Weinstein, Isaac Shefner, Nathan Rosen, Michael Dryzer, Camden Boring, and Zeke Charles work on the project.*

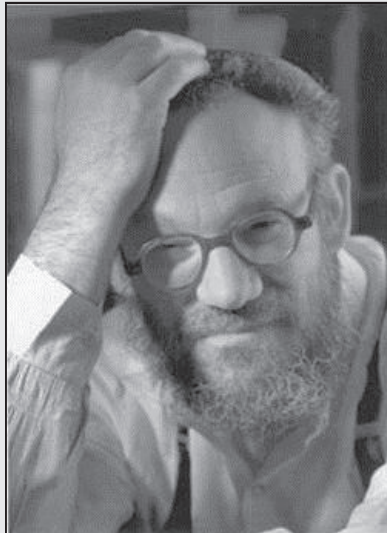
# H A P P E N I N G S

## UT Judaic Studies Lecture Open to All

The public is invited to attend *Josephus Without 'Judaism'*, a lecture presented by Daniel Boyarin, a University of California-Berkeley professor and historian, on **Thursday, October 24**, at 7:00 p.m. at the McClung Museum Auditorium on the UT Campus. The lecture is free, with a reception following. Free parking is available at Circle Park and Lot C-8.

Boyarin is the Hermann P. and Sophia Taubman Professor of Talmudic Culture, Departments of Near Eastern Studies and Rhetoric, at the University of California at Berkeley

Boyarin's talk is one of a series of presentations celebrating the 20<sup>th</sup> anniversary of the Fern & Manfred Steinfeld Program in Judaic Studies. It is sponsored by the Abraham and Rebecca Solomon and Ida Schwartz Distinguished Lecture Fund for Judaic Studies and the UT Departments of English, History, Modern Foreign Languages and Literatures, and Religious Studies.



## TRIBE FEST

### Top Reasons You Should Be There

1. Learn about opportunities to connect with local, national and international organizations.
2. Network with people of all different backgrounds from across North America.
3. Explore your passions and interests and discover new avenues for action.
4. Celebrate and embrace the many rich aspects of Jewish life.
5. Hear dynamic speakers share their stories and why being Jewish matters to them.

TribeFest is an entertaining, interactive and educational celebration for Jewish young adults (ages 22-45). TribeFest (March 16-18, 2014) will reflect the vibrant setting of New Orleans, offering meaningful and fun content. Through presentations by dynamic leaders in politics, entertainment, music, art, food, religion and other aspects of Jewish life, TribeFest will offer attendees many ways to connect to their own Judaism and how they see themselves as part of the community.

**Informational meeting Tuesday, October 29  
6:30 p.m. at Bearden Beer Market**

RSVP to Rachel Hale at [rhale@jewishknoxville.org](mailto:rhale@jewishknoxville.org)  
or call (865) 690-6343.

## Jewish Faculty Featured in Pregame Showcase Talks

UT's College of Arts and Sciences hosts a Pregame Showcase public lecture series before home football games. The 30-minute talks are free and begin two hours before kickoff in the University Center Ballroom (Room 213). Dean Theresa Lee hosts a reception for guests following each lecture. Two of this year's speakers are Jewish community members.



Theresa Lee

**October 5: *Tick Tock: Sleep Across the Lifespan and the Role of the Internal Clock*, Theresa M. Lee, Dean, College of Arts and Sciences, and Professor, Department of Psychology.**

Lee will provide background on the biology of sleep control and will describe research of humans and other species that helps explain the great variation throughout a lifetime of sleep—and what is “normal.”

**November 9: *Making the Cuts: Austerity Policies and Their Social Implications*, Jon Shefner, Professor and Head, Department of Sociology.**

Shefner has been studying these issues for more than 30 years and will discuss his assessment of the impact of austerity policies in both the Global North and South.



Jon Shefner

For more information on these and other topics, visit <http://www.higherground.utk.edu/2013/08/stretch-your-mind/>

# KNOXVILLE HAPPENINGS

## Making Strides Against Breast Cancer

*Walk for a World without Breast Cancer  
Join the fight to end breast cancer forever.*



**Sunday, October 6**

The **Arnstein Jewish Community Center**, **Temple Beth El**, **Heska Amuna Synagogue**, **Knoxville Jewish Day School**, **BBYO**, **Teen Connection**, **Jewish Congregation of Oak Ridge**, and **UT Hillel** has partnered with the **American Cancer Society** (celebrating their 100<sup>th</sup> Birthday this Year!) to **Finish the Fight** against breast cancer.

Our community and the American Cancer Society believe everybody deserves more birthdays and this is a fight **we will win!** Go to [www.makingstridesknoxville.org](http://www.makingstridesknoxville.org) to join our team. Our official team name is **Arnstein Jewish Community Center**. There is no registration fee to participate but donations are certainly appreciated.

What are you waiting for? **Register now** for the American Cancer Society Making Strides Against Breast Cancer® 5K walk on **Sunday, October 6** at World's Fair Park. Registration starts at 2:00 p.m. and walk begins at 3:00 p.m. By participating in this inspiring event, you not only honor and celebrate those impacted by breast cancer, but every step you take and every dollar raised helps save lives. When more walkers raise money to fight breast cancer, more survivors will be able to celebrate more birthdays.

Thank you in advance for your help and I look forward to working with you on this important initiative. If you have questions, contact Amy Rosenberg at (865) 558-4049 or [amy.rosenberg@cancer.org](mailto:amy.rosenberg@cancer.org).

Making Strides shirts (see photo on right for back of shirt) are on sale for \$16. A portion of the proceeds will be paid to the American Cancer Society. Visit [www.jewishknoxville.org](http://www.jewishknoxville.org) for the website link to purchase the shirts.





# Knoxville Jewish Alliance

# Ha' Kol

## Dollars and Deli Event Set for October 20

By Jeff Gubitz, Executive Director

There is an old story about a man who spent every night fervently praying and begging the heavens to let him win the lottery. One night after years of this, he was on his knees praying aloud and suddenly there was a crash of thunder and a very loud booming voice. "All right already!" shouted the voice. "For heaven's sake, meet me halfway. BUY A TICKET!" The only thing keeping you from winning **\$10,000** at our upcoming **Dollars and Deli \$10,000 Raffle** is for you to buy a ticket.



**Dollars and Deli** is our reverse raffle being conducted by the Knoxville Jewish Alliance. Join us on Sunday, October 20 at 6:00 p.m. at the Arnstein Jewish Community Center, 6800 Deane Hill Drive, when this gala event begins. Just 250 tickets will be sold. Purchase your ticket for \$100. Included with that ticket is a delicious kosher

deli dinner, beverages, music and a fun evening. Come and enjoy kosher corned beef, pastrami, salami or sliced turkey on great Jewish rye bread slathered with spicy mustard. The buffet features potato salad, coleslaw, dill pickles and pickled green tomatoes, and dessert. A wide choice of beverages will be available. Bring your spouse, friends or companion for the meal and pay just \$25.00 for each additional person.



**Missy Kane** will be our MC for the evening. This raffle is open to the entire community. You are urged to invite your friends, neighbors, and co-workers for this fun and exciting event.

Event chairs Heather Laing and Manny Herz are working hard to create a fantastic evening.

**Tickets are on sale now.** Buy your tickets in person at the AJCC between 9:00 a.m. and 5:00 p.m. Call the KJA office at (865) 690-6343 to order your ticket. Checks, cash, or credit cards are accepted. You may also buy a ticket the night of the event. The first 50 tickets purchased will have their names placed in a drawing for an additional ticket.

This event is sanctioned by the Secretary of State of the State of Tennessee. All prizes will be awarded. You do not have to be present to win. Board members, their family members living under one roof, and employees and their immediate family members are not eligible to win. Everyone is eligible to buy a dinner-only ticket and eat! Proceeds will benefit the programs of the KJA and the Arnstein Jewish Community Center.



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### KJA 2013 Campaign

**Campaign Goal \$375,000**

*As of 9/11/2013*

2013 Annual Campaign: \$337,601

48 new donors

120 increased gifts from 2012

*It's not too late to make your gift, please call the KJA office at 690-6343 or Gene Rosenberg at 693-3162.*

*You can also go online at [www.jewishknoxville.org](http://www.jewishknoxville.org) and click "donate."*

### Welcome To UTK Hillel!

UTK Hillel leadership delivers welcome gifts to new students.

If you know of a Jewish student new to UTK, please tell us – we have a WELCOME GIFT to deliver!

Please send name and campus address to Deborah Oleshansky, [doleshansky@jewishknoxville.org](mailto:doleshansky@jewishknoxville.org),



## President's Report

By Renee' Hyatt, President

Believe it or not, it has been 12 years since the Knoxville Jewish Alliance became an incorporated organization. During this time, only two amendments were made to the By-Laws: adding Board of Directors membership for the Board President of the Knoxville Jewish Day School and the Chair of the Israel Partnership Committee.

Times change and needs arise, thus requiring a review of our By-Laws to keep our Alliance a fully functional and effective organization. The By-Laws Review Committee composed of Mark Harris, Joshua Hedrick, Marilyn Liberman, Laura Berry, and Jeff Gubitz have met and efficiently completed the task to clarify and make needed changes so the KJA Board may continue to fulfill the mission of the Alliance. Their recommendations will be presented to the KJA Board for input and approval. The proposed amended By-Laws will be offered for ratification by the entire KJA membership at the Annual Meeting in December.

## It's Never Too Late For a New Year

By Gene Rosenberg, KJA Campaign Chair

By the time you read this, the High Holy Days will have come and gone; 5773-5774 (2012-2013) is in the past.... 5774-5775 (2013-2014) is in the future. This is probably as good a time as any to reflect on what our obligations are to many aspects of our lives; not the least of these, I think, should be our commitment to our annual campaigns.

Did I give to the campaign last year? Did I give enough? Did I **NOT** give enough? Is giving a privilege or a burden? Is giving an obligation or a nuisance?

It's said that you never get a second chance to make a first impression' that's true, but considering our annual campaigns, you always have second chances to make better impressions, **regardless of how little or how much you committed in previous campaigns**. Most of us do as much as we can comfortably afford; many of us (too many, in fact), choose to do nothing.

To those who do nothing, I invite you to make yourself feel better for the New Year....it doesn't take much, just the desire to be a part and not apart. I'm available 24/7 if you have any questions or would care to discuss your New Year's resolution to join all the others who pledge to make Knoxville the finest Jewish community possible. Don't forget...U is in the middle of community. Are U with us?



## Jewish Family Services News

By Laura Faye Berry, BSSW, Esq., Jewish Family Services Director

The Jewish Family Services Committee would like to thank Rabbi Yossi Wilhelm, Rabbi Matt Michaels, Harold Markman, and Ken Brown for visiting our long-term care residents to blow the shofar for them. Many of our residents are not able to go to services, so it is a wonderful that we have such talented shofar blowers who volunteer their time so that our seniors will have the opportunity to hear the shofar blown. Thank you also to Sisterhood<sup>3</sup> who made cards for the Rosh Hashanah *Chai* bags, the AJCC preschoolers who decorated the bags, and Marilyn Wohl who made the challah rolls.

Are you a shofar blower who would like to volunteer to visit our long-term care residents next year? If so, please contact Laura Berry at 690-6343 extension 18 or [lberry@jewishknoxville.org](mailto:lberry@jewishknoxville.org).

## Jewish Family Services Program on Medicare and Long-Term Care Insurance Set For October 15

By Laura Faye Berry, BSSW, Esq., Jewish Family Services Director

Shopping for Medicare Supplement Insurance or Long-Term Care Insurance can be a very confusing process. Do you have questions about your Medicare coverage or about upcoming changes? Please join Jewish Family Services at 7:00 p.m. on **Tuesday, October 15** in the AJCC Orwitz Community Room for a Question and Answer session. Kathy Young will be on-hand to answer your questions about Medicare Supplement Insurance and Richard and Jacki Imbrey will be there to help guide you through the process of selecting a long-term care insurance policy.

This free program is for informational purposes and is not a sales presentation.

For questions or to RSVP for this **free** program, please contact Laura Berry at 690-6343 extension 18 or [lberry@jewishknoxville.org](mailto:lberry@jewishknoxville.org).

## Friendshippers

By Laura Faye Berry, BSSW, Esq., Director

Please join us for October's Friendshippers program. The Friendshippers group gets together once a month for lunch and entertainment. Friendshippers is open to all—we don't check IDs at the door!

**Wednesday, October 16:**

### Opera singer Harry House

Harry House has been performing with the Knoxville Opera Company for several years, most recently appearing as Harry in *La fanciulla del West*, Bruno in Bellini's *I Puritani*, and Guillot in Jules Massenet's *Manon*. Through his performances, Harry House brings music to life.

**Program location: Sherrill Hills Retirement Community, 271 Moss Grove Blvd. Knoxville, TN 37922**

The luncheon begins at noon and the program begins at 12:30 p.m. Sherrill Hills has invited us to be their guests for October, so lunch is **FREE** this month. Transportation is available upon request. For more information, please contact Laura Berry at 690-6343 ext. 18 or [lberry@jewishknoxville.org](mailto:lberry@jewishknoxville.org).

## The Knoxville Jewish Alliance presents

### "Ernest Bloch: A Musical Neshuma" (A Musical Soul)

A musical education moment  
with Maestro Lucas Richman

**Monday, October 7 –7:30 p.m.**

Arnstein Jewish Community Center, 6800 Deane Hill Drive



Music is a universal language that has been used throughout history internationally to express common themes such as culture, spirit and religion. Join Lucas Richman, Knoxville Symphony Orchestra music director, in an educational and musical experience as he speaks about Swiss-American composer Ernest Bloch, one of the most celebrated Jewish composers in the classical music world. Hear examples of how music is used in cultural, spiritual and creative expression, and particularly how Bloch expressed his spirituality through his musical composition, his work and his life.

Lucas Richman has served as the Knoxville Symphony Orchestra's music director since 2003 and as music director and conductor for the Bangor Symphony Orchestra since 2010. Richman received a GRAMMY Award (2011) in the category of Best Classical Crossover Album. He has appeared as guest conductor with numerous orchestras including the New York Philharmonic, Philadelphia Orchestra, and Los Angeles Philharmonic. Earlier in his musical journey, he was one of four conductors from around the world selected by Leonard Bernstein to share the maestro's podium for concerts presented in London and Moscow. Over the past decade, Richman collaborated with numerous film composers as their conductor, recording scores for the Academy Award-nominated *The Village*, *As Good As It Gets*, *Face/Off*, *Se7en*, *Breakdown*, *The Manchurian Candidate* and *Kit Kittredge: An American Girl*. Most recently, John Williams invited Richman to serve as the conductor for the three-month national summer tour of *Star Wars in Concert*.

## The Knoxville Jewish Alliance presents

### *Sand – A Material of Amazing Diversity*

Peter J. Blau, Ph.D.

**Monday, October 28**

7:30 p.m.

AJCC Orwitz Community Room

Sand is one of the most common and versatile materials, yet even the definition of sand can be surprising. This program will briefly discuss the origins of sand, how sand is defined, a few of the many technological uses for sand, the types of sand dunes, some remarkable sand art, and finally, the hobby of sand collecting. Images of sand in the microscope reveal only a small portion of its colors, shapes, and diversity.

Peter Blau is a metallurgical engineer who specializes in tribology, the study of friction, wear, and lubrication of materials. He's worked in the Materials Science and Technology Division at Oak Ridge National Laboratory for more than 26 years, is a fellow of three professional societies, and the author of over 175 papers and four books.



## Our Apologies

The *Ha'Kol* staff apologizes to Susette Panitz for the misspelling of her name on the family's High Holy Day greeting. Thanks to all who purchased greetings in support of the community newsletter.

Happy New Year  
from Susette, Raphe  
and William Panitz

## Local UT Student to Perform October 7

Rachel Brown, daughter of Ken and Susan Shorr Brown, will be featured as a vocal soloist on the Mighty Musical Monday program at the Tennessee Theater on **Monday, October 7**, at noon. This program is free and open to the public.

Rachel is a sophomore vocal performance major at UT. She was seen most recently in the Foothills Community Players' production of *Fiddler on the Roof* in the role of Hodel. Rachel is the featured vocal soloist with the Dor L'Dor klezmer band.

# trifecta



Jewish Activities Group

*trifecta* is a **NEW** social group for Jewish men and women in the Knoxville area. *trifecta* welcomes singles and couples who wish to reconnect with old friends and make new ones within our community.

*trifecta* was conceived by Jewish community volunteers who recognized the need for fun and meaningful activities for Jewish adults.

## October Activities

**October 1** - Movie night (early evening movie TBA)

**October 13** - Lunch and Leaves at Cade's Cove Park. Meet at AJCC at 11 a.m. to carpool over.

**October 30** - Meet for Dinner at RouXbarb at 7 p.m.

Please email [rhale@jewishknoxville.org](mailto:rhale@jewishknoxville.org) or call 690-6343 to let her know you would like to attend these events. Have a suggestion for a group outing? Your ideas are welcome.

## Cookies Anyone?

**Sunday November 3**  
**10 a.m. - Noon**  
**AJCC**

Join **Mary Linda Schwarzbart & Phyllis Hirsh** as they teach us how to make their most requested cookies. Instruction will be hands on and you'll make your own cookies to take home and impress your family and friends!



- ◆ **Mary Linda** will teach us to make her *Scrumptious Chocolate Scratch Shortbread cookies*
- ◆ **Phyllis** will show us the secrets to the perfect *Black and White cookie*

Please tell us if you plan to attend this **FREE** event by contacting Rachel Hale at [rhale@jewishknoxville.org](mailto:rhale@jewishknoxville.org) or (865) 690-6343 x16.

## AJCC to Offer Adult CPR Course

Would you know what to do in a cardiac emergency? The right answer could help you save a life. With an emphasis on hands-on learning, the Arnstein Jewish Community Center will offer an Adult CPR class to give you the skills necessary to potentially save a life. The course aligns with OSHA's *Best Practices for Workplace First Aid Training*. Participants will receive certification documentation within three weeks of successful completion.

The class will meet on **Thursday, October 17** from 6:00-10:00 p.m. at the Arnstein Jewish Community Center, 6800 Deane Hill Drive.

The course fee is \$40 and is required for registration. Please make checks payable to the AJCC. Limited to first 10 people. Participants should dress comfortably. Participants must register with [rhale@jewishknoxville.org](mailto:rhale@jewishknoxville.org) or call (865) 690-6343.



**American  
Red Cross**

## AJCC Preschool News: The Challenges of Change

By Melissa Schweitzer, AJCC Preschool Director

There is a popular saying that goes something like this: “when the fear of remaining the same is greater than the fear of change – only then can real change happen.” Whether we choose the path of change (or sometimes if change is thrust upon us) or we choose to stay the same, we are going to face challenges. Our preschool program has seen more than a few changes recently. These are part of the growing pains that are necessary for a strong program.

In the preschool program, we often talk about consistency with children. Children come to find comfort in routine and repetition. It is the way they learn. But they are living with change every day. Today, one child cannot make the swing go on their own. Another child may not be able to hold the scissors and cut the shape. Still another may not be able to tie his own shoe. They have hard work in front of them. These skills will not come by wishing, by planning, or giving up. These skills will only come through hard work and practice. New skills do not happen without the doing and the doing is imperfect. If the swing child folds his legs upon swinging forward, then he will lose all momentum. He has to learn to move his body in rhythm with the swing. This knowledge will come through trial and error. The scissors child may have to ask the teacher to show her again how to hold the scissors to make them open and close. She may have to try the hold upside down to understand the correct way to hold them. The third child can only learn to tie his shoe through repetition but he may learn that there is more than one method for getting a shoe tied. Embracing the change and doing the work brings rewards that we may not know existed.

Every quality preschool program should go through the same process of learning and change. We should set goals, do hard work, evaluate if the work is meeting the goals, and continue until reaching the goals. Then we should set new ones. Sometimes goals and solutions can be reached quickly. Sometimes it is a process that we have to learn to find patience with. The world is changing at incredible speeds. Information is available quicker than the blink of an eye and technologies seem only a few steps slower than information. Our challenge as we prepare our children for the future and keep our quality program growing is to decide which new technologies and information to embrace, which practices to change, and which practices to keep. And then do the work.

We teach our children to be creative thinkers. Try something new. Think outside the box. When one solution does not work, try something else. Don't give up. You can do it. Creative thinkers are great problem solvers and in an age where information and technology are changing at astounding speeds, being a great problem solver is the best way to manage. Creative thinkers are also courageous. They understand that doing something new is uncomfortable and can even be scary but to remain the same means to not find a solution and be left behind to history.

We may feel like children sometimes. We may want to yell and scream to get our way. But doing this may mean that we miss important information or we are unable to hear a quiet solution. We may want to give up and go back to the things with which we are comfortable. But then we give up knowing the next great thing, being a leader in our

field, and finding the knowledge we need for the next challenge.

We have to take chances and make changes. Some of these changes will pay off in big ways. Most will not. The only way we will know which changes are successful is to do the hard work; to roll up our sleeves and work toward progress. It is scary. We may be forging into the unknown. But even scarier is to stand still and let the world pass us in an instant. Let us learn from the resilience of our children who change every day. As we enter a new year, let us seek the future and embrace the change.



## With Song and Great Food

By Jeff Gubitz, Executive Director

Under beautiful skies and comfortable temperatures, a grand time was enjoyed at our annual community Shabbat at the Pool. With nary a cloud in the sky, attendees enjoyed time in the pool and eating pool side.

Grilled chicken, hot dogs, veggie burgers, corn on the cob, potato salad and Jeff's famous coleslaw and watermelon filled the bellies of everyone present.

Over 130 members of the community, representing all ages and affiliations, and as well, UT Hillel students who had arrived on campus, joined us for food, fun and a musical Shabbat program on Friday, August 16. Rabbi Matt Michaels on the guitar and Rabbi Alon Ferency led the Kabbalat Shabbat service in song. Rabbi Yossi Wilhelm brought joy and laughter to the service with his insightful story.

Thanks to the following who helped make this event an all-round success: **Community volunteers** include Frank Floyd (Grill Master Supreme), Mark and Lucy Barkan, Chip and Brenda Raymon, Renee' Hyatt, Betty Golub, Marilyn Wohl, Sandy Parker and Steve Beber, Jacob Hale, Lily Schweitzer. **Staff members** include Rachel Hale, Deborah Oleshansky, Laura Berry, Scott Clabo (Temple Beth El), Sherron Lawhorn, Anne Freeland, our great life guard staff, Melissa Schweitzer and Jeff Gubitz. A special thank you goes to the Board of the Knoxville Jewish Day School and especially Miriam Esther Wilhelm for making and providing the incredibly delicious whole wheat challah.



(Top Right) Abraham Brietstein, Anita & Jeff Miller, and Marc & Shelley Mangold enjoy good food and conversation.

(Middle Right) Rabbi Alon Ferency and Rabbi Matt Michaels lead the group in song.

(Bottom Right) Marilyn and Harvey Liberman follow along during the Shabbat service.

(Above) Melissa and Lily Schweitzer sing during the service.

## And It Was All Possible Because of Jewish Archives

By Nicki Russler, Archivist

**Michael Burnett's** family has lived in East Tennessee since the latter years of the nineteenth century. Son of Yetta and the late Adrian, brother of Evelyn Silvey, the late Sidney, and brother-in-law of Marilyn, he sits on the committee of the Knoxville Jewish Community Archives. Here is the story he told at the last meeting.

*I have been researching my family tree for a few years. Finding information about my father Adrian's family has been particularly difficult because contact with relatives on his side of the family had been lost in the 1950's. I wanted to rectify that situation but didn't know how. I knew my father's mother, Emma Weinstein Burnett, had a brother Sam, who with his wife, Susie Goff Weinstein, and six children moved in the 1930's from Middlesboro to Nashville. Through online searches, I discovered none of Sam's six children were still alive. Also, the living children of the next generation were all women, and I had no idea what their married names were.*

*With hopes of identifying at least one of these women, I sent an email message to the Jewish Archives of Nashville with the names of two of Sam's children, Albert and Irene. The archivist was familiar with Albert's family and, after verifying my relationship, put me in contact with one of my second cousins. Within one week, I was emailing all seven of Sam Weinstein's remaining granddaughters, who now live all over the country. During the summer, I visited Nashville and had lunch with four of my newfound cousins. They shared information about my grandmother I had never known.*

*My interest in the family tree has inspired one of the cousins to continue my research efforts and write a book about the Weinstein family. I am happy to have reconnected with my family, and it was all possible because of Jewish archives.*

If you would like to contribute your family information to the KJA Archives or need help in researching your heritage, contact KJA Archivist Nicki Russler at 680-6343 or [nrussler@jewishknoxville.org](mailto:nrussler@jewishknoxville.org).

## Suzy Snoops

Please send your good news and photos to [jyork@jewishknoxville.org](mailto:jyork@jewishknoxville.org). Lifecycle events, anniversaries, birthdays, new jobs, awards – all are welcome.

- ◆ Congratulations to **Bob and Carole Martin** on the birth of their grandson, **Jimmy**, born on July 2 in Dallas. The proud parents are **Katie and James Cox**.
- ◆ **Melissa Feinbaum** has been selected to the 2014 Class of Leadership Knoxville.
- ◆ **Ellen Kern** (Leadership Knoxville Class of '07) has been elected to the 2013 - 2014 Leadership Knoxville Board of Directors as her class representative. Ellen currently is president and chief coach of her firm Stand and Deliver.

AZA  
brothers,  
alumni, and  
sweethearts  
at Shabbat  
at Pool  
From left:  
Ofek  
Tulmak,  
Britt Sturm,  
Bryna  
Oleshansky,  
Ethan  
Sturm, Rae  
Oleshansky, Sam Bendriem, Noah Erwin, Daniel Shenkman



# KNOXVILLE JEWISH COMMUNITY Ha' Kol

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## KJA Donations

August 1—August 31, 2013

### Bradley & Lydia Drew

Donation in honor of Isaac Drew's first birthday

### Abe Yazdian

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### Marian Jay

Sponsor of "This Week"



# K J C F F

## Knoxville Jewish Community Family of Funds

*A Supporting Organization of the Knoxville Jewish Alliance and the East Tennessee Foundation to preserve and strengthen the Jewish Community of Knoxville*

### A Lesson from the Estate of Leona Helmsley

*By Scott B. Hahn, Esq., KJCFF President*

One of the more interesting aspects of an endowment is that there is no telling whom it will have a more lasting impact on: the recipient, or the person who gave the bequest. Case in point: the interesting story of the Leona Helmsley Foundation. For those of you who don't remember, Leona was dubbed the "Queen of Mean" by the tabloid press in the 1980s. Leona, whose maiden name was Rosenthal, was married to real estate magnate Harry Helmsley. Upon his death, she was left a fortune of several billion dollars. She later went to jail on income tax evasion and served a 19 month jail sentence. Her famous quote at the time was, "only the little people pay taxes." Upon her death, a bequest of \$12 million was left to take care of her dog. The remaining billions were put into a trust to benefit other four- legged friends.

Here's where the story takes an interesting turn: the head trustee did not believe this was the best use of the trust proceeds and went to court over the issue. The court agreed and ruled that the distribution of the trust proceeds were at the sole discretion of the trustee and not just for the purpose of helping dogs. The trustee, a lawyer by the name of Sandy Frankel, has a much different philosophy than the late Ms. Helmsley. He believes that the trust should be used "to do the most good for mankind."

Fortunately for the Jewish world, Mr. Frankel is a big supporter in the State of Israel. In four years' time, \$90 million has been granted for humanitarian projects all over Israel. The largest grant has gone to help Israel convert solar energy to electricity. There has been another \$900 million that has been distributed to a wide range of social and educational programs. With that type of endowment, there is no telling what type of project can be funded in Israel and elsewhere.

As I mentioned in the beginning of this article, the endowment not only has a transformative effect on the recipient, but on the donor as well. In this case, the Helmsley's fortune is being used for good and little by little helps to restore the name of a person with less than a stellar reputation. If you are interested in establishing a legacy gift, please contact the KJCFF and we will put you in touch with a professional to make your idea a reality. It is a great way to see that the ideals that you hold dear are preserved after you are gone.



#### Donations

**Besmann Family Fund for Social Justice and Spiritual Enrichment**

Linda Van Beke

**Cohen-Presser Designated Fund**

Marilyn Presser

**Heska Amuna Educational Enrichment Fund**

Greg Kaplan and Nuria Cruz-Camara

**Zionist Organization Fund**

Jeff and Charlene Gubitz

#### Grants

- ◆ The Jewish Congregation of Oak Ridge received a grant from the **Frances Sturm Cultural Fund** to help underwrite the cost of speakers at its 70th Anniversary Celebration.
- ◆ The **Frances Sturm Cultural Fund** also made a grant to the JCOR Sisterhood for entertainment at the "Food and Folk in the Sukkah" event on Saturday night, September 21, 2013.

#### KNOXVILLE JEWISH COMMUNITY FAMILY OF FUNDS BOARD OF DIRECTORS

Scott B. Hahn, President; Carole Martin, President-Elect; Jacki Imbrey, Secretary/Treasurer; Bernard S. Rosenblatt, Past President; Jeff Becker; Bernard Bernstein; Abraham Brietstein; Arnold Cohen; Robert Goodfriend; Herb Jacobs; Richard Jacobstein; Ellen Markman; Howard Pollock; Pace Robinson; Alexandra Rosen; Mel Sturm; Jeff Gubitz, Ex-Officio; Laura Berry, Administrative Director

The Board of Directors of the Knoxville Jewish Family of Funds thanks the Knoxville Jewish Community, the staff of the Knoxville Jewish Alliance and the East Tennessee Foundation for their support and encouragement. The KJCFF encourages you to help insure the healthy future of our Knoxville Jewish community by including a commitment to the KJCFF in your financial and estate planning.

To learn more about KJCFF philanthropic opportunities, call 690-6343 or visit our website at [www.jewishknoxville.org/kjcff](http://www.jewishknoxville.org/kjcff)



## Nostalgia: An Underrated Jewish Value

By Rabbi Alon Ferency



Within the Synagogue, conversations about ritual and worship are regularly punctuated with the question, “Why do we have to say *mussaf* [the additional liturgy for Shabbat and holidays]?!”

To which I reply, “Start by reading the liturgy of *Sukkot*, Passover, and *Shavuot*.” Therein, the prayer-book evinces a desire to return to prior, atavistic forms of worship: “Bring the Priests back to their service [animal sacrifice], the Levites to their song and music, and the Israelites to their homes.” (Sacks translation) This selfsame longing for a distant, half-remembered past – a search for lost times – underlies the *Avodah* service of Yom Kippur, which details the confessions and the actions of the High Priest in the Jerusalem Temple era millennia ago. (A nice

telling of this episode is contained in “The Service of the High Priest,” in S. Y. Agnon’s *Days of Awe*.)

In each case, there’s a sense that something is missing today, that our current worship and worship forms are deficient. Recall, by the time of the *Avodah* service on Yom Kippur this year, we will have already said, recited, sung, and whispered many prayers; however, there’s still a sense that verbal prayer is somehow ineffective, or even defective. Perhaps, if we could only return to the primordial practices of Temple Judaism, then we might really encounter God, and the encounter would reverberate in our viscera. Yet candidly, most of us would not choose to return to Temple sacrificial cult.

To illustrate this ambivalence, reflect on your college dating experiences. In our mind’s eye, we were each effortlessly thin and attractive, always charming and witty. Truth is, I was still wearing a retainer, and we were all likely hobbled by dim self-awareness, pervasive anxiety or loneliness, and a debilitating lack of perspective. College dating was intimidating, and it only seems carefree and fun in retrospect. Similarly, everyone seems to remember a Golden Age of *Saturday Night Live* from their youth. But, whether it was the Belushi, Murphy, or Sandler era, I think the program naturally had more duds than hits.

As I said, most of us would not really choose a return to Temple sacrificial cult. I do not think our sages, who composed the *Avodah* service, would have either. At best, they were ambivalent about the past. They were not unaware of their own nostalgia – for a simpler time, a less abstract form of worship, an ever more perfect union with God. Nor were they blind to the deficits of Temple sacrifice: elitism, nepotism, and incompetence. They didn’t wholly trust in either. Perhaps what they wished to communicate through the *Mussaf* and *Avodah* services is that there is a healthy medium of nostalgia. It’s Ok to look back, even to romanticize. It’s Ok to live today in the dappled light of the past, but don’t indulge nostalgia for too long or too often. Fifteen minutes a few times a year is about right.

(Reprinted with permission from *Sh’ma: A Journal of Jewish Ideas* ([shma.com](http://shma.com)) September 2013 *S Blog*.)

## Tishri/Cheshvan 5774

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### Heska Amuna Synagogue’s Mission Statement

- ◆ **Heska Amuna Synagogue** is a holy home, animated by compelling practices of Jewish heritage:
- ◆ Creating meaning through spiritual reflection (*Cheshbon HaNefesh*);
- ◆ Healing hearts by devoted service (*Chesed*); and
- ◆ Changing lives in awe and joy for God (*Yirat Shamayim*).

## Judaica Shop News

The mezzuzah announces entrance to a Jewish home. The tzedakah box is filled for *tikkun olam*. Find special Judaica items - mezzuzot and kosher scrolls, tzedakah boxes, challah boards, candlesticks, havdallah sets and candles, Chanukiyot, seder and matzah plates, artwork that make one's house a Jewish home. Beautiful jewelry, tallitot for men and women and kippot to express your Judaism personally. Beautiful Judaica with an emphasis on the handmade and made in Israel. We also offer b'nai mitzvah and wedding gift registries.

## From the President

By Jenifer Ohriner

It's a new Jewish Year – 5774. In services, we began the new year on September 27 with the reading of Bereshit. In my talk on Yom Kippur, I asked you to think about why you are member of Heska Amuna. I asked, what can we do for you?

This month we will begin our fall semester of Adult Education. Please, think about joining us. We'll even feed you a little something. If you don't find a class that calls for you, talk to me or to Raphe Panitz and we'll look into other classes in the spring. Also remember that we will start a new program, "Guess Who's Coming for Shabbat?" in November. Look for details coming soon.

## Chair's Message

By Barry P. Allen

Children have been back in secular and religious school for almost two months now and are learning, socializing, and expanding their horizons. Rosh Hashanah, Yom Kippur, Sukkot, Shemini Atzeret, and Simchat Torah are all now past, but hopefully you experienced moments of spiritual reflection, happiness, cultural enrichment, and joyous times with friends and family. The days may be getting shorter, leaves may be starting to turn colors, and there may be a chill in the air, but this time of year is as much about the possibilities before us as Spring is about renewal and rejuvenation. How will we respond to the challenges ahead?

In my last article, I noted that my Dad always stressed to me and my siblings that we should "think positively"; this way of contemplating what lies ahead is an approach that I try to stress to my children. I also try to bring this mindset to whatever I am doing, and I endeavor to get other people to buy into this philosophy as well. I would rather "think positively" that obstacles and challenges are capable of being met and overcome than to approach life as a glass half empty. It is better to be a realistic optimist, and do the best you can, even if you do not succeed in the end, than to be a pessimist and assume that no manner of action will ward off the negative results that are destined to come.

In fact, if you "think positively", there is no such thing as pre-determined, unchangeable destiny, and pessimism about the future should not be sustainable. I believe that the holiday period we have just experienced is Judaism's way of saying that we have the opportunity to change and "think positively" as long as we are alive. Whether we are confronting personal, social, educational, physical, work-related, emotional, or psychological challenges, we each have the capacity to make ourselves and others do more, reach higher and further, and to achieve more than we might have otherwise thought was possible.

This is not to say that individuals must work alone to overcome obstacles. People and communities must often combine their efforts to address the biggest challenges; that fusion of positive energy is a powerful tool with unlimited potential. Whether it is keeping our communal organizations vibrant, relevant and financially solvent, or it is helping to identify problems, and working to find solutions, we CAN achieve; we CAN accomplish; we CAN succeed. I hope that all of you think positively about your personal interactions, and about everything else you will be doing, throughout this coming year.

## You're Included in New Shabbat Program!

There's a new program at Heska Amuna Synagogue and you're already included!

"Guess Who's Coming to Shabbas," a program that partners congregants with one another for Shabbat dinners in their own homes, kicks off in November.

The program, which began last year in a Pennsylvania synagogue, has two goals: To strengthen the synagogue community and to help families build *meaningful* memories.

So don't be shy. Let us know if you can host! We want more of us to get to know one another outside the synagogue walls. Program dates will be announced soon.

E-mail [admin@heskaamuna.org](mailto:admin@heskaamuna.org) to sign up or send us an e-mail for more information. We want to wish you each a "Shabbat Shalom" in person!



# Heska Amuna Synagogue *HaShofar*

**Rabbi Alon C. Ferency**

e-mail: [rabbi.ferency@heskaamuna.org](mailto:rabbi.ferency@heskaamuna.org)

**President**

Jenifer Ohriner

e-mail: [hapresident@heskaamuna.org](mailto:hapresident@heskaamuna.org)

**Chair of the Board**

Barry Allen

e-mail: [hachair@heskaamuna.org](mailto:hachair@heskaamuna.org)

**Youth and Family Programming Director**

Betty Golub

e-mail: [morahbetty@heskaamuna.org](mailto:morahbetty@heskaamuna.org)

**Operations and Administration Director**

Bradley Drew

e-mail: [admin@heskaamuna.org](mailto:admin@heskaamuna.org)

**Heska Amuna Synagogue**

e-mail: [admin@heskaamuna.org](mailto:admin@heskaamuna.org)

## Permanent Schedule

Friday Night Services.....Varies

Saturday Morning Service.....9:30 a.m.

Mon. & Thurs. Minyanim.....7:00 a.m.

Evening minyanim can be arranged by calling President Jenifer Ohriner, 719-0584, one week before.

Sunday Minyan.....9:30 a.m.

For a list of Heska Amuna's funds and other information, please visit [www.heskaamuna.org](http://www.heskaamuna.org)

**Heska Amuna Synagogue** is an affiliate of United Synagogue of Conservative Judaism.

*HaShofar* material copyrighted by Heska Amuna Synagogue.

**Save the Date!**  
**Saturday, January 11**

**Sisterhood and Torah  
Fund Shabbat**

To participate in the Shabbat service, please contact Anita Kay at 693-5757.

## Heska Amuna Religious School

By Betty Golub, Youth and Family Programming Director

Does this sound familiar to you? You sit in the carpool line eagerly awaiting your child. He or she arrives at your car, throws in the book bag and buckles up. As you pull away, your first question is “What did you do in Religious School today? And of course the answer is **“NOTHING.”**

Typical days at H.A.R.S. are filled with music and art, conversational Hebrew, Bible stories, Tefillah and, of course, snack. Each day I see our children engaged in active learning within our brightly decorated classrooms. Our teachers come prepared to teach and share their love of not only Judaism but the joy that abounds from being Jewish.

I would like to suggest the following questions you can ask your child that will elicit a broader response each day.

- ◆ What Hebrew letter did you learn today?
- ◆ Did you help lead a prayer with Rabbi Ferency during Tefillah?
- ◆ Did you learn about a Mitzvah hero?
- ◆ What was the name of the Bible story you read in class today?
- ◆ Do you know what the name of the Hebrew month is?
- ◆ What holiday do we throw bread crumbs away?

Guided questions will help you learn along with your child during the ride home. Family Education truly begins at home, but we can certainly start during the ride home. Now, you too can hear all about our typical days at H.A.R.S.!

### Gan K'Tan

Sunday Mornings at  
10:00 a.m. to 11:30 a.m.

Ages 3 and under with parents  
Music, Art, stories, games, snack  
and friends!

October 13, November 10,  
December 15



### Tot Shabbat



Friday, October 18, 6:00 p.m.  
Shabbat Dinner & Services for Young Families

Shabbat dinner starts at 6:00 p.m. and is only \$10 per family for a delicious Shabbat meal! Tot Shabbat services are designed for children ages 2-6, though all are welcome. Join us as we welcome Shabbat with food, friends, music, and fun!

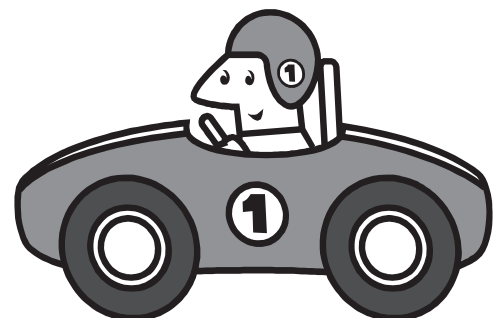
Tot Shabbat is open to HA members and non-members so bring your friends for a wonderful family Shabbat experience!

RSVP to Betty Golub at [morahbetty@heskaamuna.org](mailto:morahbetty@heskaamuna.org) or 522-0701 by Friday, October 11.

*In honor of Shabbat, please send your check to the synagogue office either before or soon after Tot Shabbat.*

### Dates to Remember

Sunday, October 6	Making Strides Cancer Walk
Sunday, October 13	Gan K'Tan
Wednesday, October 16	No School – Fall Break
Friday, October 18	Tot Shabbat
Sunday, October 20	No School – Fall Break
Saturday, October 26	Family Minyan



## Among Our Members

- ◆ Condolences go out to the following members and their families: **Joan Linwood** on the passing of her husband **David Linwood**. May his memory be a blessing. May God give comfort to all who mourn.
- ◆ Get well wishes go out to the following people who were ill or recuperating: **Elaine Brown, Judy Rattner, Harriet Cooper, Joyce Beerman, Greta Besmann, Marion Goodstein**
- ◆ Mazal Tov to the following members and their families: **Evan and Jenifer Ohriner** on the birth of their grandchild, **Yaakov Meir**. Yaakov is the son of **Shoshana** and **Rabbi Philip Ohriner**.
- ◆ Todah Rabah to **David Hecht** and **Sandy Parker** who continues to work in the synagogue office every week. Todah Rabah to **Ellen Kern** for her help during the Holiday preparations. We appreciate your time and the effort on behalf of the Shul.
- ◆ We would like to thank the ushers who helped Heska Amuna during the Holy Days. Todah Rabah to **Jeff Becker, Bernard Bendriem, Bill Berez, Judy Brietstein, Robin Brown, Arnold Cohen, Ivan Cooper, Ernie Gross, Leon Hasden, Jeff Hecht, Gale Hedrick III, Manny Herz, Marty Iroff, Ken Levine, Hal Manas, Bryan Merrell, Michael Messing, Gene Rosenberg, Judith Rosenberg, Gilya Schmidt, Arnold Schwarzbart, Joe Sitver, Alan Solomon**

## New Adult Education Classes starting in October

Heska Amuna will offer fall adult education classes. Please visit [www.heskaamuna.org/adulted](http://www.heskaamuna.org/adulted) for more information.

- ★ **Musical Shabbat**, TBA - A class on our liturgical music that we sing and hear during Shabbat services. You will be guided on a musical journey of education.
- ★ **Bible Stories You Never Learned in Hebrew School**, Part 2. Tuesdays at 7:00 p.m. - A continuation of last year's class. However, there is no need to have attended last year's class to enjoy the upcoming class. Taught by Raphe Panitz
- ★ **Talmud**, Wednesdays at 7:00 p.m. - Designed to of interest for beginners with little knowledge of Hebrew as well as experts who can read and translate Aramaic. This is a text study group that will meet to read, translate and explain a variety of texts chosen from the Talmud. Taught by Raphe Panitz and Jack Love .
- ★ **Conversational Hebrew**, TBA - Going to Israel? Do you know how to order breakfast, ask for directions? Sign up for a Modern Hebrew class with Revital Ganzi. Beginner and Intermediate classes will be offered.
- ★ **Beginning Hebrew** , Sundays at 9:30-10:30 a.m. - Learn to read the Hebrew Alphabet. We will study using Rabbi Noah Golinkin's book *Shalom Aleichem*. Taught by Peggy Littmann. Fee: \$5.00 (book and cd pronunciation guide)
- ★ **Intermediate Beginning Hebrew**, Sundays at 11:30-12:30 p.m. - Continuation of learning and Practicing reading Hebrew, continue to study from *Shalom Aleichem*. Taught by Peggy Littmann.
- ★ **Advanced Beginning Hebrew**, Sundays at 10:30 - 11:30 a.m. - Learn comprehension, study grammar, improve Hebrew reading skills. We'll study from "*Prayer Book Hebrew the Easy Way*" by Motzkin Anderson. If you are interested in attending or have any comments, please contact the Heska Amuna Adult Education coordinator, Raphe Panitz, either by phone (301) 752-6519 or by email, [gilgamesh3@verizon.net](mailto:gilgamesh3@verizon.net).



If you or a loved one is ill or hospitalized, please let us know so that we can attend to him or her as a

community, and place the name on our *Mi Sheberach* prayer list.

Unfortunately, federal law prohibits hospitals from notifying us when community members are admitted.

## Sponsor a Kiddush! It's So Easy!

All Kiddushim are deliciously prepared by Marilyn Burnett. Call Gene Rosenberg at 693-3162 for more information and to reserve a date. It's now possible to contribute any amount toward the weekly Kiddushim to help defray the Synagogue expenses by mailing your check to the Synagogue Office, marking Kiddushim.



## High Holiday Appeal Thank You

By Barry P. Allen, Chair

I wanted to take this opportunity to thank each of you who has already made a contribution to our annual High Holiday Appeal, and to remind those who have not already done so that we are still taking your pledges or your actual donations. Pledges can be paid over the next year, if you choose. You can pay your pledge with online bank account transfers, by cash or check, or by credit card.

As I mentioned in my speech on Kol Nidre, people who want to make their community a better place for their families, friends and neighbors can choose to donate their time, or money, or both. While I encourage you to think of ways you want to donate extra time to Heska Amuna Synagogue, and to contact me if you need to know the right person to help guide you in this effort, I cannot diminish the value of your financial contributions. We are a small congregation, and we count on everyone to donate whatever they are able to manage in order for our financial well-being to be assured. Some people may not be able to donate as much this year; maybe you can donate more of your time. Some people have even more of a chance to donate this year than in the past, and we hope you have increased your pledge, or will consider doing so.

Whatever the amount of your contribution, please know that every dollar you provide is deeply appreciated. In an era when there are so many competing demands on you for financial assistance to worthwhile organizations, we know you have choices. We appreciate the fact that you have made the very conscious choice to support Heska Amuna and the greater Jewish community in Knoxville.

### A Big Thank You

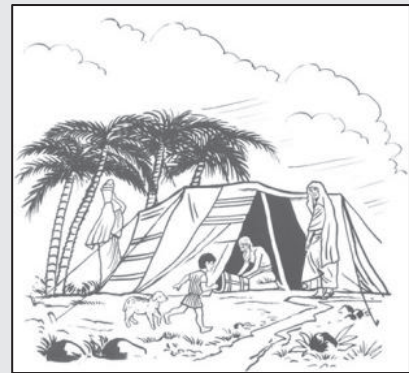
Heska Amuna's Synagogue staff would like to send a big thank you to the following members and friends of Heska Amuna whose contribution during the holidays helped make the holidays possible.

Marty Iroff  
Sandy Parker  
Gabe Spenser  
Elizabeth Spenser  
David Hecht  
Pat Rosenberg  
Frank Floyd  
Jens Juhl



In addition, thank you to Temple Beth El and Heska Amuna members who attended Selichot Services ~ for taking care of setting up the Sanctuary.

### Mitzvah of the Month- Hakhnasat Orchim



*“Your house shall be wide open, in order that you shall never lack food. Be careful that the doors of your house shall not be closed when you take your meals, that you may not be punished therefore with poverty...Be joyful at your table when the hungry derive benefit from it, in order that you enjoy longevity and have a share in the world to come.” (Tractate Derekh Eretz Zuta 9)*

Our first Mitzvah of the month for the new year of 5774 is **Hakhnasat Orchim** – the mitzvah of welcoming strangers. This tradition is deeply rooted in the Book of Genesis (*Genesis 18:3-5*). Abraham is sitting outside of his tent when he sees three strangers approaching. Abraham offer food and water to the strangers. Providing hospitality to strangers is a long standing Jewish tradition.

Since we have just begun the new year of 5774, let each of us approach our new families at Heska Amuna or families that you do not know!. Since my arrival to Heska Amuna, this is a welcoming congregation! Let all of us be cognizant of this mitzvah and take a moment to invite someone for coffee. Participate in our new Shabbat Program “*Guess Who’s Coming to Shabbas*” and invite a family or several families you may not really know. Sit with the new families at services or a Family Education program. Together, we will all be like Abraham and embrace this mitzvah!

# B'NEI MITZVAH

## Siegel to Celebrate Simcha

Sarah Elizabeth Siegel, daughter of Mark and Betty Siegel, will celebrate her bat mitzvah at Heska Amuna Synagogue on Saturday, October 12 at 9:30 a.m. Rabbi Alon Ferency will officiate.

Sarah is an eighth grade student at Bearden Middle School.

Sarah is a triple threat on the stage: singing, dancing, and acting. She has most recently performed in *Honk! The Musical Comedy of the Ugly Duckling* and *All I Really Need to Know I Learned in Kindergarten*. Earlier, she was an oompa loompa in *Charlie and the Chocolate Factory*, a dream child in *Joseph and the Amazing Technicolor Dreamcoat* (twice), and a munchkin in the *Wizard of Oz*, among other appearances.

Sarah is a Silver Dancer at Dancers Studio, representing more than seven years of dancing, and has appeared in seven annual Evenings of Dance at UT's Carousel Theater. She also was in the Bearden Middle School sixth and seventh grade bands.

For her community service project, Sarah is holding a yard sale to raise funds to purchase musical instruments for those who cannot afford them in the Bearden Middle School Band. Anyone wishing to donate items for the yard sale or available instruments, please call 546-2221. No crushed tubas, though, the BMSB already has one!

Sarah will be joining the B'nai Tzedek Teen Philanthropy Program sponsored by the Knoxville Jewish Alliance. She will establish a fund which will be invested by the Knoxville Jewish Community Family of Funds. Sarah will name a Jewish non-profit organization each year to receive a grant from her fund. Sarah would be honored if friends and family contributed to her fund to help her charitable efforts.

The community is invited to join Sarah for this celebration.



## Great News From Kroger!

By Marilyn Liberman and Gene Rosenberg, Heska Amuna Sisterhood Grocery Coupon Committee

There is no need to purchase Kroger food cards from the synagogue.

Let us register your **Kroger Plus Card** by emailing or calling in your Kroger Plus Card Number to Heska Amuna Synagogue at [admin@heskaamuna.org](mailto:admin@heskaamuna.org) or call (865) 522-0701.

After purchasing your groceries and having the cashier scan your Kroger plus card, the same 5% amount will go back to Heska Amuna Synagogue.

DO IT NOW! We will continue to sell Earth Fare, Food City, and Fresh Market cards.

## Support Heska Amuna and Temple Beth El Buy Grocery Store Certificates

Everyone has to eat, so you can help your temple or synagogue raise funds without increasing your monthly expenses. Purchase grocery certificates and a percentage will go to your local organization. Complete the form and mail it or call a representative to learn more.

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

### Heska Amuna Synagogue

Earth Fare	\$25 _____	\$50 _____	\$100 _____
Fresh Market	\$25 _____	\$50 _____	\$100 _____
Food City	\$25 _____	\$50 _____	\$100 _____

Total Amount \_\_\_\_\_

Please complete the form, mail your check payable to Heska Amuna Sisterhood and send to either Marilyn Liberman, 7932 Corteland Drive, 37909 or Gene Rosenberg, 717 E. Meadecrest Drive, 37923.

### Temple Beth El

Earth Fare	\$25 _____	\$50 _____	\$100 _____
Fresh Market	\$50 _____	\$100 _____	
Food City	\$50 _____	\$100 _____	

Total Amount \_\_\_\_\_

Temple Beth El, P.O. Box 10325, Knoxville, TN 37939-0325. Gift Cards can also be obtained in person from the Temple Office or any of the following individuals: Amy Rosenberg 356-6830; Patti Austin 483-3049; Evan Sturm 584-0429.

## Contributions From Caring People

For a list of synagogue funds, please check our website at [www.heskaamuna.org](http://www.heskaamuna.org).

Donations received by August 30.

### BUILDING FUND

By: David Icove

### CALENDAR

By: Leonard and Barbara Handler

By: Evan and Jenifer Ohriner

By: Eric and Stephanie Bank

By: Hal and Ann Manas

By: Douglas and Jill Weinstein

By: Markus Eisenbach

### KIDDUSHIM FUND

By: Evan and Jenifer Ohriner

### CAMP RAMAH FUND

*In memory of David Linwood*

By: Mindy Goldberg

### COHEN-PRESSER FUND

*In memory of Amy and David Cohen, Eva and Louis Slovis, Norbert Slovis, Joslyn Presser and in appreciation of the High Holiday Honor.*

By: Marilyn Presser

### LEIBOWITZ FUND

*In memory of Sylvia Leibowitz*

By: Gale and Peggy Hedrick

### GENERAL FUND

*Donation to the General Fund*

By: Miguel and Vivian Reyes

*In honor of Pat Rosenberg*

By: Rabbi Alon and Karen Ferency

*In honor of Judi Abram's Birthday*

By: Rosalie Nagler

*In honor of the new grandson of Jenifer and Evan Ohriner*

By: Rosalie Nagler

*In honor of Bob and Carole Martin's new grandson*

By: Rosalie Nagler

*In memory of the life of David Linwood*

By: Rosalie Nagler

*In honor of the high school graduation of Aaron Chasan and Ethan Sturm*

By: Natalie Robinson

*In memory of A.J. Robinson, Hyman Levison, and Sylvia Robinson*

By: Natalie Robinson

*In appreciation of the High Holiday honor*

By: Allison Fay

### RABBI'S DISCRETIONARY FUND

*In memory of Bernie's unveiling*

By: Stella Iroff

*In appreciation of the High Holiday honor*

By: Adam Brown

*In memory of Isaac Anidjar*

By: Jack Benhayon

### RELIGIOUS SCHOOL DONATION

*In memory of Santa Floyd*

By: Mindy Goldberg

*In memory of Albert E. Ring and Leo Vogel*

By: Nancy and Jeff Becker

*In honor of the birth of the Ohriner's grandson*

By: Betty and Lester Golub

### RELIGIOUS SCHOOL FINANCIAL AID FUND

*In honor of Pam and Ernie Gross for hosting Marian Jay and her friends.*

By: Marian Jay

### WINICK LIBRARY FUND

*In memory of David Linwood*

By: Gene and Pat Rosenberg

*In blessed memory of David Linwood*

By: Scott Hahn

*In honor of the Ohriners on the birth of their grandson Yaakov Meir*

By: Mark and Carol Harris

### YAHARZEIT FUND

*In blessed memory of Robert Messing*

By: George and Helene Messing

*In memory of Jeanette Jacobowitz, David Jacobowitz, Anne Leoine, Barney Leoine, Dustee Bades, and Irwin Bades*

By: Marian Jay

*In memory of Max Diamond*

By: Marie Perelman

*In honor of the memory of Helen Tobe*

By: Selma Tobe and Laura Drukman

*In memory of Decia Bendriem*

By: Bernard Bendriem

*In memory of Hinda Duhan*

By: Nancy and Roger St. Lifer and family

*In memory of Sarah Tobe and Ida Dework*

By: Selma Tobe

*In memory of Muriel Littmann*

By: Mark and Peggy Littmann



# Mazel Tov!

## *Heska Amuna Synagogue*

### Happy Anniversary!

David and Joyce Beerman  
 George and Ellen Kern  
 Mark and Betty Siegel  
 Matthew Hilton and Lindsay Weiss-Hilton  
 Jeffrey and Serina Scott  
 Bryan and Mary Ann Merrell  
 Barry and Susan Roseman  
 Norman and Sandi Licht  
 Moshe and Marcie Shloush  
 Ernie and Pamela Gross  
 Michael Messing and Joyce York  
 Ted and Wendy Besmann  
 Michael and Harriet Glasman  
 Joshua and Kimberly Hedrick

### Happy Birthday!

◆ Barry Allen ◆ Neil Feld ◆ Scott Dryzer ◆ Steve Abeles  
 ◆ Marcie Shloush ◆ Lisa Jacobson ◆ Joan Linwood  
 ◆ Sally Baerman ◆ Eileen Nober ◆ Kay Leibowitz  
 ◆ David Carson ◆ Jenny Pfeffer ◆ Kim Rosen  
 ◆ Samuel Abrams ◆ Bernard Bendriem ◆ Jill Brown  
 ◆ Howard Zoldessy ◆ Stephen Rosen ◆ Andrew Kramer  
 ◆ Nancy Young  
 ◆ George Kern  
 ◆ Stephanie Bank  
 ◆ Carole Cooper  
 ◆ Harvey Liberman  
 ◆ Rosalie Nagler  
 ◆ Lois Presser  
 ◆ Jami Quartararo



*All members whose birthday or anniversary occur in October are invited to receive a blessing at kiddush on Shabbat morning, October 19.*

## TEMPLE BETH EL

### Happy Birthday!

◆ Jamie Brody ◆ Bart Brody ◆ Zoe Feldblum ◆ Connor Reis  
 ◆ Allisen Shagan ◆ Blake Parsons ◆ Hal Rosenberg ◆ Daniel Fribourg  
 ◆ Jordan Sandberg ◆ Yelena Sapozhnikova ◆ Samuel Seifert  
 ◆ Leslie Snow ◆ Irving Witcoff ◆ Patricia Austin ◆ Adam Friedman  
 ◆ Aaron Margulies ◆ Abby Polsky ◆ Cindy Raines ◆ Sue Hume  
 ◆ Abigail Sayles ◆ Pamela Brody ◆ Anthony Zuckern  
 ◆ Deron Applegate ◆ Benjamin Gibbons ◆ Robert Robkin  
 ◆ Morris Goodfriend ◆ Annalee Patterson ◆ Bella Lester  
 ◆ Sam Shagan ◆ Ilya Safro ◆ Andrew Traugot ◆ Barry Wohl  
 ◆ Shelley Mangold ◆ Gregory Billinson ◆ Elena Reineri ◆ Mimi Pais  
 ◆ Jake Rosenberg ◆ Rebecca Lane ◆ Tamra Brown ◆ Gregory Lane  
 ◆ Honerlin Del Moro ◆ Toby Tumpson ◆ Jacob Arbital  
 ◆ Judith Kaufman ◆ Allan Rosenbaum ◆ Liliya Safro

### Happy Anniversary!

Ray and Babyling Pais  
 Jeffrey and Susan Arbital  
 Elizabeth Gassel and Michael Pardee  
 Leonard and Margot Brown  
 David and Patricia Lee



# JAHRZEIT

## TEMPLE BETH EL

### October 4

◆ Peggy Austin ◆ Raymond R Landsberger ◆ Joseph Smuckler ◆ Yolando Del Moro ◆ Michael Diamond ◆ Mordechai G. Heiser  
 ◆ Gerald A. Dortch ◆ Sam Miller ◆ Esther Seigal ◆ Amelia Solod ◆ Sophie Berkowitz ◆ Rudolph Bertram ◆ Isaac Routenberg  
 ◆ Florian Raymond Bernheim ◆ Steven Feldman ◆ Lillian Harwell ◆ Ann Marcovitch ◆ Amanda S. Morris ◆ Riva Dvorkiha  
 ◆ Jack Garliner ◆ Albert A. Levy ◆ Jennie Lipshitz ◆ Emanuel Radoff

### October 11

◆ Carl Mincey ◆ Abraham J. Alper ◆ Dr. Gerald Goss ◆ Lester Hirsh ◆ Gus Robinson ◆ Harold Freedman ◆ Anna Alvo ◆ Bessie Factor  
 ◆ Martin Guthman ◆ Bertha Kershner ◆ Anthony Rizzo ◆ Marcus Mendelowitz

### October 18

◆ Gertrude Frankel ◆ Ada Averbuch ◆ Tom Case ◆ Jacqueline Robkin ◆ Samuel Samuel ◆ Catherine Cox Fisher ◆ Ruth Polk  
 ◆ Daniel Taubman ◆ Jack L. Zagoren ◆ Pearl Zauber ◆ Sam Freeman ◆ Charlotte Pais ◆ Dora Brody ◆ Samuel Drower  
 ◆ Bessie Margolies ◆ Dina Shklyarova ◆ Celestine Yatsko ◆ David Feldman ◆ Israel Potter ◆ Anna Zafran ◆ Pam Feldman

### October 25

◆ Ben Simon ◆ Morris Skalet ◆ Samilla Heidelberg ◆ Mildred Jacobson ◆ Ruby Mincey ◆ Nicole Shenkman ◆ Max Brunshwig  
 ◆ Dr. Seymour A. Lehrich ◆ Emanuel Newman ◆ C. B. Buster Brown ◆ Sara Hirsh ◆ Morris Levitt ◆ Jacob Licht ◆ Aaron Shagan  
 ◆ Roberta Shor ◆ Johanna Hessel Sonn ◆ Albert Witcoff ◆ Janet Baker ◆ Leonard Supman ◆ Frieda Salky Burson ◆ Arthur Cole (Cohen)  
 ◆ Joseph Lehrich ◆ Alexander Zatlin

### November 1

◆ Khava Barkan ◆ Sam Cawn ◆ Ida Markman ◆ Goldie Marshall ◆ Morris Scott ◆ Mary J. Sisman ◆ Evelyn Shey ◆ Toni Buescher  
 ◆ Gerson Cohen ◆ Charles Gubitz ◆ Peter Lawrence Marchand ◆ Karen Brown ◆ Joel Samuel Cohn ◆ Elva Cole ◆ Jacob Reich  
 ◆ Maurice Sandler ◆ Manuel Taras ◆ Bernard Richman ◆ David Blumberg ◆ Tillie Brown ◆ Helen Nachman Epstein ◆ Rose Kate Lippner  
 ◆ Bernice Rose ◆ Joseph Wolpert

## *Heska Amuna Synagogue*

### October 5

◆ Isador Collins ◆ Matilda Kraut ◆ Esther Winick ◆ Leonard Brown ◆ Morris Rosen ◆ Jean Brown ◆ Jennie Cooper ◆ Phillip Seif  
 ◆ Morris Shersky ◆ Isaac Coplan ◆ Alexander Shapiro ◆ Morris Bresoff ◆ Marcus Mendelowitz ◆ Leo Vogel ◆ Vaughn Cooper  
 ◆ Carol Krosin ◆ Malvina Schwartz ◆ Rhea Silber ◆ Ignatz Frank ◆ Peter Dreyer ◆ Mordechai Heiser ◆ Ben Plasky ◆ Herman Shamitz  
 ◆ Joseph Solomon ◆ Theresa Fadem

### October 12

◆ Rose Shersky ◆ Phillip Krosin ◆ Charles Gubitz ◆ Abraham Leeds ◆ Zelda Finkelstein ◆ Virginia Morrison ◆ Anna Leibowitz  
 ◆ Jay Goodfriend ◆ Joseph Gurwitsch ◆ Eliezer Berman ◆ Dora Brody ◆ Aaron Shagan ◆ Gerson Cohen ◆ Gertrude Gourse

### October 19

◆ Sam Abrams ◆ Sam Freeman ◆ Harriet Gourse ◆ Lilly Stargardter ◆ Milton Collins ◆ Bruce Kingsley ◆ Mildred Baker  
 ◆ Esmeralda Benhayon ◆ Jennie Glazer ◆ Anna Kaplan ◆ David Moskowitz ◆ C.B. Brown ◆ Julius Glazer ◆ Julius Krauss ◆ Jacob Licht  
 ◆ Sasson Benhayon ◆ Gertrude Cohen ◆ Rachel Perelman ◆ Lillian Davis ◆ James Lowe ◆ Vera Noorily ◆ Alex Presser ◆ Etta Renert

### October 26

◆ Salome Slovis ◆ Flora Stollin ◆ Bernyce Gurwitsch ◆ Bertha Moss ◆ Pearl Zwick ◆ Gansa Glazer ◆ Pesach Werner ◆ Blume Goldstein  
 ◆ Sylvia Levison ◆ Rachel Slovis ◆ Clara Winick ◆ Ilse Abeles ◆ Harold Rosenthal ◆ Leah Berez ◆ Loretta Cohen ◆ Elsa Klein  
 ◆ Josephine Klein ◆ Celia Shaw ◆ Judy Solomon ◆ David Tomlinson

# Jewish Congregation of Oak Ridge



## From the President's Corner

By Sig Mosko

As I begin these comments, my wife Brenda and I are just finishing an incredible weekend which began with a surprise celebration of our upcoming 50<sup>th</sup> wedding anniversary. As we arrived at the synagogue in time to begin our Shabbat services, we found many more cars than usual in the parking area. As we entered the sanctuary, we found our son Joel (from New Jersey) on the bimah leading Shachrit. Joel's wife and daughter were seated nearby. Looking around, we discovered our daughter, Tammy from Indianapolis, with her family, and our other daughter, Beth from Colorado, with her fiancé. Looking further, there were cousins from Texas, and Brenda's sister from Maryland. Also, we spotted other cousins and friends from closer places. Even many members of the congregation had arrived earlier than normal. WOW! What is going on? Our children and grandchildren led the entire service including reading the Torah and Haftarah. While feeling rather speechless, I was nevertheless called to the bimah at the end of the Service to make my usual announcements.

At the end of the Torah Service we were honored with the presentation of a plaque on the Tree of Life Display in the JCOR Lobby. The plaque was funded by donations from many of our congregation members. We do not have space available for listing so many donors, but Brenda and I both deeply appreciate these donations to our congregation in our honor. Also we especially appreciate all of you who attended our special event and those of you who were involved in its planning. All of you who worked so hard to keep your plans a secret did a great job. We never had a clue about what was coming. Thank you and thank you all again for a fantastic weekend.

## Sisterhood Happenings

**August 18:** Nosh and Game Night had a great turnout, and participants played a variety of board games. Delicious healthy snacks were consumed.

**October 18:** Friday night family services at 6:30 p.m. Sisterhood members will cook the meal. More details will be in the mail.

**October 27:** Sunday Sisterhood Hike. Call or email Becky Charles for details.

**November 4:** Rosh Hodesh Kislev. The Three Sisterhoods - Sisterhood Jewish Congregation Oak Ridge, Heska Amuna, and Temple Beth El will gather for dinner at 5:30 p.m. at the Jewish Congregation of Oak Ridge, 101 West Madison Lane, Oak Ridge. Full details to follow. Guest speaker will be Carolyn Dipboye, Grace Covenant Church pastor. She has published articles on ethics and biblical studies and is the author of *Women of Faith*. She will discuss the purpose and achievements of the organization, Women's Interfaith Dialogue of Oak Ridge, which meets periodically at the synagogue.



*Monthly Game Time has been a hit with more adults and children attending each time. Please join us.*

## JCOR Sisterhood Meeting

Please join us on Sunday, October 13 at 11:00 a.m. at Becky Charles' home. 111 Daniel Lane, Oak Ridge, 37830 for a Mimosa Brunch with special guest speaker Miriam Esther Wilhelm, head of the Stanford Eisenberg Knoxville Jewish Day School. Please join your Sisterhood friends for a morning of food and fun to be followed by a brief business meeting for the 2013/2014 budget year.

We look forward to seeing all our Sisterhood members. For directions or a ride please call Peggy Laxton at 269-4649.

JCOR Sisterhood's Annual Chanukah Sale

**Sunday, November 10**

**10:00 a.m.**

in the JCOR Library

Please come early for best selection.  
For more information, call Mira 483-7972  
or Judy 482-1509

## Torah Fund

To send a card for any occasion, please call Eileen Handler 482-1341, or Brenda Mosko 483-9463

- ◆ Torah fund cards sent: In Loving Memory of **James Brunner**, husband of **Karen Volkin Brunner**, from Sisterhood JCOR, **Eileen Handler**
- ◆ Mazel Tov to: **Linda and Zane Bell**, on the engagement of **Noah** and **Orly Perlstein**, from **Rosalind and Marcel Schmorak**; **Arianna and Yehuda Braiman**, on the marriage of **Chagit** to **Tobias**, **Avital** to **Fedor Rubakov**, from **Yardena and Moshe Yair**, **Fran Silver**, Sisterhood JCOR, **Eileen Handler**; **Evelyn and Peter Blau**, on the marriage of **David** and **Christina**, from Sisterhood JCOR, **Eileen Handler**, **Yardena and Moshe Yair**, **Rosalind and Marcel Schmorak**, **Fran Silver**, **Becky and George Charles**, **Linda and Zane Bell**; **Vivian and Al Levine**, on the birth of grandson, **Noah Seymour Levine**, from **Linda and Zane Bell**; **Brenda and Sig Mosko** on their 50th wedding anniversary, from Sisterhood JCOR, **Eileen Handler**

## Donations to JCOR

### Yahrzeits

**Sieberg Geismar**; **Heinrich & Lena Geismar** from Melvin Tobias

**Meyer Silverman** from Bobbie Limor

**Selma & Sylvia Volkin**; **Marcia Rabinowitz** from Karen Brunner  
**Howard & Lou Schwartz** from Shirley Schwartz

**Stuart Schain and Bessie Goldenberg** from Sylvia Goldenberg

### Donation to Synagogue

In memory of Paul & Eleanor Agron from Larry & Barbara Landau  
In honor of Mira Kimmelman's 90<sup>th</sup> birthday (HHCF) from Bruce Tomkins

In honor of Rabbi Rashkovsky's 30<sup>th</sup> anniversary at JCOR (HHCF) from Bruce Tomkins

In honor of Fran Silver from Walter Hanig & Family

Donation to Synagogue from Marvin & Helen Kastenbaum

In honor of Mira Kimmelman from the Congregation

A donation was made to the Hyman & Jeannette Africk Memorial Fund in memory of Jeannette Africk by Deanna & Hank Katz.

### In Honor of Sig & Brenda Mosko's 50<sup>th</sup> Wedding Anniversary

Ellen & Bernard Appel

Carlos & Elena Bamberger

Rachel & Don Carlson

Stanley & Mildred Brooks

Carolyn & Julian Stein

Becky & George Charles

Peter & Evelyn Blau

Melvin Tobias

Monty Lewis

Mel Sturm

Bruce Tomkins

Anne & Eli Greenbaum

Al Good & Alice Feldman

Catherine & Jerry Braunstein

Mira Kimmelman

## Hosts and Hostesses

Thank you for your hospitality. If you need to make an exchange, please do so and notify Eileen Handler 482-1341.

**October 5** Carolyn & Bud Stein, Sarah & David Stuart

**October 12** Mel Tobias, Bruce Tomkins

**October 19** Yardena & Moshe Yair, Reeva & Marvin Abraham

**October 26** Elena & Carlos Bamberger, Rhonda & Jim Bogard

**November 2** Linda & Zane Bell, Becky & George Charles

## Upcoming Events

**October 19, 7:00 p.m.** – Jewish Film Series, *Disengagement*

France, 2007, NR, 115 minutes

When her father's death brings her estranged Israeli stepbrother, Uli (Liron Levo), back into her life, Ana (Juliette Binoche) leaves the comforts of France and travels back to Israel, where she hopes to find the now-grown daughter she left behind 20 years ago.

**October 19, 7:00 p.m.** -- **Junior Film Pajama Party**

Parents, bring your kids in their PJs for a film party of their own while you enjoy the Jewish Film Series upstairs - for only \$5 per child.

Popcorn, drinks, and fun included! Contact Katie Niad for additional information: [katie@niad.net](mailto:katie@niad.net).

**October 26**, after the Shabbat Morning Services  
Study Session - *The Damascus Affair*



Mel & Edith Halbert  
Jacob & Lili Barhen  
Yardena & Moshe Yair  
Dot Levin  
Shirley Schwartz  
Eileen Handler  
Moshe & Ilana Siman-Tov  
Rita Hohenbrink  
Diana Jacobson  
Rosalind & Marcel Schmorak  
Len & Judi Gray  
Rhonda & Ron Sternfels  
Marvin & Helen Kastenbaum  
Linda & Zane Bell  
Verne & Jeannette Gilbert  
Richard & Cheryl Kaplan  
Matt & Katie Niad  
Harold & Anita Prows  
Art Dworkin  
Fran Silver  
Sylvia Goldenberg

*Nosh and Kibbitz at Ruby Tuesday. Sig Mosko, Art Dworkin and Hilary Shreter enjoy our first monthly dining out event.*



# Hadassah Highlights

## President's Message

By Raeus Cannon, Knoxville Chapter of Hadassah Co-President

As I write this, I realize when you read this - we, as a nation, could be heavily involved in the Syrian conflict. And yet there is a possibility that we may not be involved. While I sit here I don't know.

But one thing I do know - Hadassah is ready for whatever happens. Whatever happens, I feel a small amount of comfort knowing that I'm involved with an organization that treats everyone, no matter who they are or where they are from.

I'm proud that I'm involved in an organization that doesn't discriminate. At Hadassah, Jews and Muslims, Israeli and Arab work side-by-side every day. They work side-by-side for one reason: life.

I'd like to share with you a couple of examples of things that Hadassah has done that makes me proud to be part of this great organization:

**Maria:** In 2006, then four-year-old Maria (from Gaza) was severely wounded and became a quadriplegic, unable to breathe independently. Prof. Raphael Udassin, head of pediatric surgery at Hadassah, contacted Thoracic and Cardiovascular Surgical Specialist at New York-Presbyterian Hospital/Columbia University Medical Center, Mark Ginsburg. Over a matter of months, the two arranged for the appropriate equipment's transfer to Hadassah and the permissions for use in an Israeli hospital. They then arranged for the surgery Maria needed. Dr. Ginsberg came to Israel to perform the surgery, with Prof. Udassin and Hadassah's Dr. Uzi Yizhar as his surgical team. The surgery required that two pacemaker electrodes be implanted beneath the breast on the phrenic nerve, which regulates the diaphragm. Doctors predict Maria will be off her respirator, able to breathe independently.

**Heart Attacks:** With Interventional Cardiologist Prof. Chaim Lotan at its helm, the Hadassah Medical Center's Heart Institute is pioneering new techniques for saving heart attack victims and replacing valves, investigating risk factors for heart disease among Arab and Jewish women, and taking center stage in promoting healthy lifestyles for a healthy heart. The patient population and staff are diverse, mirroring the diversity in Jerusalem. Just recently an Arab nurse treated a Chief Rabbi of Israel in Hadassah's Intensive Care Unit, Prof. Lotan says.

**Locally:** we work hard to raise funds to help Hadassah's efforts. I hope you'll join us.

## Hadassah Nefesh

By Shuli Mesa, Knoxville Chapter of Hadassah Co-President

Welcome to the third installment of our new column. This month, we will dive into Israeli pop culture in the form of television.

Although television has had a presence since Israel's Independence in 1948, it was not until 1966 that Israel inaugurated its first channel. It was state owned and the only channel until the second was launched in 1986. The third channel, commercially owned, was introduced in 2002 and several others followed shortly after, including an Israeli-Russian speaking channel and a popular music channel.

It is the most recent trend of Israeli television shows being picked up by American companies that is so interesting. HBO was the first to acquire the rights to an Israeli show. Showtime created ground-breaking television with the show *Homeland* based on the Israeli show *Hatufim*. CBS based its show *Hostages* on an Israeli drama. In August, it was announced that ABC has picked up the rights to the popular Israeli sitcom, *Bilti Hafich* or *Irreversible* in English. The series co-creator, Segahl Avin, will become the co-executive producer of the U.S. series. The show, whose new name has yet to be determined, follows a young couple as they try to navigate the early days of parenthood.

If flattery is the highest form of a compliment, then Israel is very complimentary indeed. Israel has created its own versions of American shows; *Big Brother*, *American Idol*, and even an Israeli version of *Saturday Night Live* called *Eretz Nehederet*.

President Obama said in early Spring, "Now, I know that in Israel's vibrant democracy, every word, every gesture is carefully scrutinized. But I want to clear something up just so you know — any drama between me and my friend, Bibi, over the years was just a plot to create material for *Eretz Nehederet*. That's the only thing that was going on. We just wanted to make sure the writers had good material."

Israelis do love their television. One Tel Aviv school even cancelled a school field trip so the students could stay home and watch the finale of a popular Israeli show.

## Jumping In Feet First

By Barbara Mintz

On August 29, Hadassah members and guests came together for their start of the year membership event with the theme *Jumping in Feet First*. Members and guests had the opportunity to learn about several components of Hadassah as diverse as the new hospital in Israel and our local Knoxville book group. Women also had the chance to purchase cards, trees and water certificates and more.

Our chapter welcomed a new annual member, Betty Golub, and a new life member Eileen Nober. They were both welcomed and presented gift bags.

A highlight of the evening was a presentation by Carrie Wagner, a registered reflexologist. She shared useful information and insights. Five lucky winners had the chance to have Caroline work directly on their feet!

Participants left excited about the start of this new year of Hadassah involvement and the continued opportunities to network, learn from and mentor other Jewish women, and support the critical mission of Hadassah. We have *jumped into* another exciting year together and ask others to join us for the continuation together.



*Barbara Mintz, membership chair (center), welcomes new members Eileen Nober and Betty Golub*



*(Above) Sylvia Miller and Peggy Littmann enjoy a lively conversation*

*(Left) Speaker Carrie Wagner, a Reflexologist, works on a volunteer at the Jumping in Feet First program.*



## Help Israel By Purchasing Tree Or Water Certificates

Fires have ravaged the Carmel Forest, near Haifa, in northern Israel. Many of us met the Israeli firefighters who visited Knoxville and showed pictures of this tremendous fire and the destruction. Five million trees on 12,500 acres are gone. We must reforest, replant, regrow. Plant a tree – or ten, or more – today. Since 1926, through generous donors like you, we have partnered with JNF to drain swamplands, plant forests, develop water resources and preserve Israel's ecology. Giving opportunities include:

One Tree - \$18

Ten Trees - \$150 (Circle of Trees)

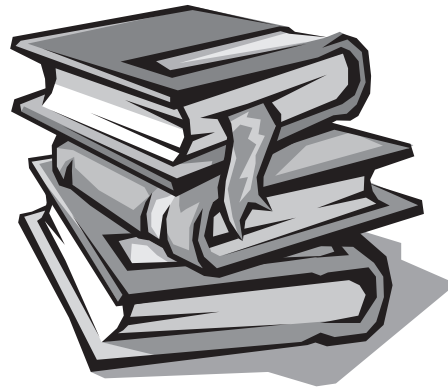
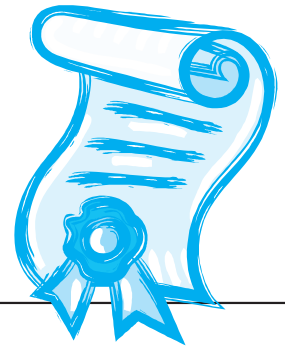
Fifty Trees - \$750 (Garden of Trees)

Yes, you can help Israel simply by contacting Joyce York and purchasing a tree certificate for \$18.00 or a much needed water certificate for \$18.00. You may designate a name for either certificate in memory of someone, sending get well wishes to an individual, in honor of a birthday, anniversary, birth, marriage, engagement or someone's accomplishment. Israel is always in need of trees and water. Please help the forests by planting a tree and helping the trees grow in Israel by giving them some water. You can call Joyce at 384-6177 or email Joyce at [joyceyork12@gmail.com](mailto:joyceyork12@gmail.com) to arrange for a tree or water certificate to be sent out for you.

## Large Certificates

Recent large certificates include:

- ◆ In memory of **Stephen Kelleher**, brother of Jeanette Kelleher (Gregory Stein)
- ◆ In memory of **David Linwood**, husband of Joan Linwood, father of Robert, Levi, Noah, Bluma and Philip Linwood
- ◆ In memory of **David Sachs**, brother of Amy (Hal) Rosenberg



## Hadassah Book Club News

The Hadassah Book Club welcomes all Jewish women and friends from the greater Knoxville area. We meet at Barnes and Noble Book Store on Kingston Pike at 7:30 p.m. in the coffee shop area. We usually meet on the third Tuesday of the month, but occasionally change Tuesdays to avoid scheduling conflicts. Here is the slate for upcoming meetings:

Our October 15 selection will be *And the Mountains Echoed* by Khaled Hosseini.  
 On November 19, we will discuss *The Glass Castle: a Memoir* by Jeannette Walls  
 On December 17, we will discuss *Plainsong* by Kent Haruf

Any questions, please call or e-mail Peggy Littmann 588-6661, [plittmann@comcast.net](mailto:plittmann@comcast.net).

**Review:** Khaled Hosseini, the Number 1 *New York Times*–bestselling author of *The Kite Runner* and *A Thousand Splendid Suns*, has written a new novel about how we love, how we

take care of one another, and how the choices we make resonate through generations.

In this tale revolving around not just parents and children but brothers and sisters, cousins and caretakers, Hosseini explores the many ways in which families nurture, wound, betray, honor, and sacrifice for one another; and how often we are surprised by the actions of those closest to us, at the times that matter most.

Following its characters and the ramifications of their lives and choices and loves around the globe—from Kabul to Paris to San Francisco to the Greek island of Tinos—the story expands gradually outward, becoming more emotionally complex and powerful with each turning page.

## Hadassah Medical Research is Very Varied. Here Are a Few Examples:

- ◆ Hadassah Doctors Enable Gazan Child to Breathe Independently for the First Time in Seven Years: A four year old girl was severely wounded and became a quadriplegic, unable to breathe independently. Israeli doctors took on the special case and after lengthy research and planning they implanted two pacemakers and the now 11-year-old girl will soon be off the respirator and breathing independently.
- ◆ Researchers continue to prove the efficacy of a non-radioactive substance for use in patients with cancer which is huge breakthrough
- ◆ Research is being conducted in the area of premature birth and social skills
- ◆ Doctors are studying small molecules, which relieve pain naturally in the body

## Achieving Healthier Hearts, Community by Community

*Donna Zfat-Zwas, Director, Joy Pollin Cardiovascular Wellness Institute*

The Hadassah Medical Center's Linda Joy Pollin Cardiovascular Institute for Women, created with a 10 million-dollar grant from Psychotherapist Irene Pollin in memory of her daughter, Linda Joy, has already impacted the lives of hundreds of Arab and Israeli families.

"Our mission," explains Dr. Donna Zfat-Zwas, the Institute's Director, is "to increase awareness of cardiovascular disease as a significant cause of death and illness in women throughout Israel." Her goal is to reach both women and health care providers. "People in Israel think heart disease is a man's disease," she says. "Women don't have the awareness they need."

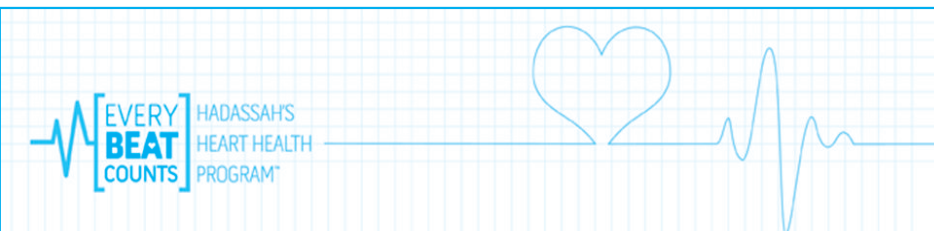
The Institute is reaching out particularly to Israel's Arab and ultraorthodox communities, where heart risk factors are higher. Rates of diabetes among Arab women are up to 50 percent, Dr. Zfat-Zwas reports. Diet and sedentary life style are major contributors to the problem. Hadassah's Institute is working with Arab women to promote a change in their lifestyle behaviors. To that end, the institute has initiated several community programs. One entails reaching out through the local school system to Arab children, their mothers, and their teachers. So far, the Institute has reached 3500 individuals. In September, the staff planned to reach out to seven additional schools. "There is a tremendous difference in awareness in the seven neighborhoods we have already reached," relates Dr. Zfat-Zwas. When she visited these mothers and children, she was told there are no more soft drinks in the house, no more snacks.

## Rehab Medicine at Hadassah: High Expectations and Life Restoring Results

"My dream is that every disabled patient in Israel will believe that Hadassah is the best place for them," says Dr. Isabella Schwartz, head of the Department of Physical Medicine and Rehabilitation at Hadassah's Hospital on Mount Scopus.

Born in Siberia, where her parents had been transferred from Kiev as children during the Second World War, Dr. Schwartz came to live in Israel after she received her medical education. She began her medical residency at the Hadassah Medical Center, specializing in rehabilitation. "Hadassah is where I began my professional work," she says, and "Hadassah became my second home."

For Dr. Schwartz, rehabilitation medicine is a journey. As she explains, the approach to patients is comprehensive and holistic. The rehabilitation multidisciplinary team, comprised of rehabilitation physicians, nurses, physiotherapists, occupational therapists, speech therapists, psychologists, social workers, and a dietician, addresses all aspects of the patients' needs—from the physical to the psychological to the social. The patient, the staff, and the patient's family form a network, Dr. Schwartz explains. And they become a family.



Every Beat Counts; Hadassah's  
HMO Luncheon

# Sunday November 10

1:00—3:00 p.m.

Holiday Inn West Knoxville

*Sponsorships:*

*Ultimate Hostess \$180*

*Hostess with a Heart \$100*

*Hostess \$80*

*Associate Host \$60*

**Send your Sponsorships in by October 10, 2013 to:**

**Laura Floyd  
1528 Fox Hollow Trail  
Knoxville, TN 37923**

# Hadassah Highlights

## Knoxville Chapter of Hadassah

### Executive Board

Shuli Mesa & Raeus Cannon	Co-Presidents <a href="mailto:shulime@gmail.com">shulime@gmail.com</a> <a href="mailto:raeusjae@gmail.com">raeusjae@gmail.com</a>
Laura Floyd	Treasurer <a href="mailto:floydfam@knology.net">floydfam@knology.net</a>
Shuli Mesa	V.P. Programming <a href="mailto:shulime@gmail.com">shulime@gmail.com</a>
Barbara Mintz	V.P. Membership <a href="mailto:barbara@bmintz.com">barbara@bmintz.com</a>
Marcia Shloush	V.P. Fundraising <a href="mailto:marcias@comcast.net">marcias@comcast.net</a>
Kathy Goldstein	Recording Secretary <a href="mailto:kathygoldstein@gmail.com">kathygoldstein@gmail.com</a>
Elizabeth Spenser	Corresponding Secretary <a href="mailto:elspenser@pstcc.edu">elspenser@pstcc.edu</a>
Bonnie Boring	Advisor <a href="mailto:unresources@aol.com">unresources@aol.com</a>

### General Board

Elaine Dobbs	Associates
Peggy Littmann	Book Club & JNF
Carol Feldman	Condolence Cards
Raeus Cannon	Directory
Charlene Gubitz	Greeting Cards
Nora Messing	Historian/Yearbook
Marcia Shloush	HMO Luncheon
Mary Evars-Goan	HMO Luncheon
Nancy Britcher	HMO Luncheon
Rachel Hale	Hospitality Cards
EL Gordon	Jewish & Zionist Education
Mary Ann Merrell	Large Certificates
Judi Abrams	Layettes
Marilyn Abrams	Life Membership
Jill Weinstein	Records Admin/ Youth Aliyah
Joyce York	Trees/Water
Marian Jay	Parliamentarian
Lynn Fuson	Publicity
Stefanie Rich	Member-at-Large
Liz Spenser	Webmaster
Samantha Spenser	Bulletin Editor

[www.knoxville.hadassah.org](http://www.knoxville.hadassah.org)

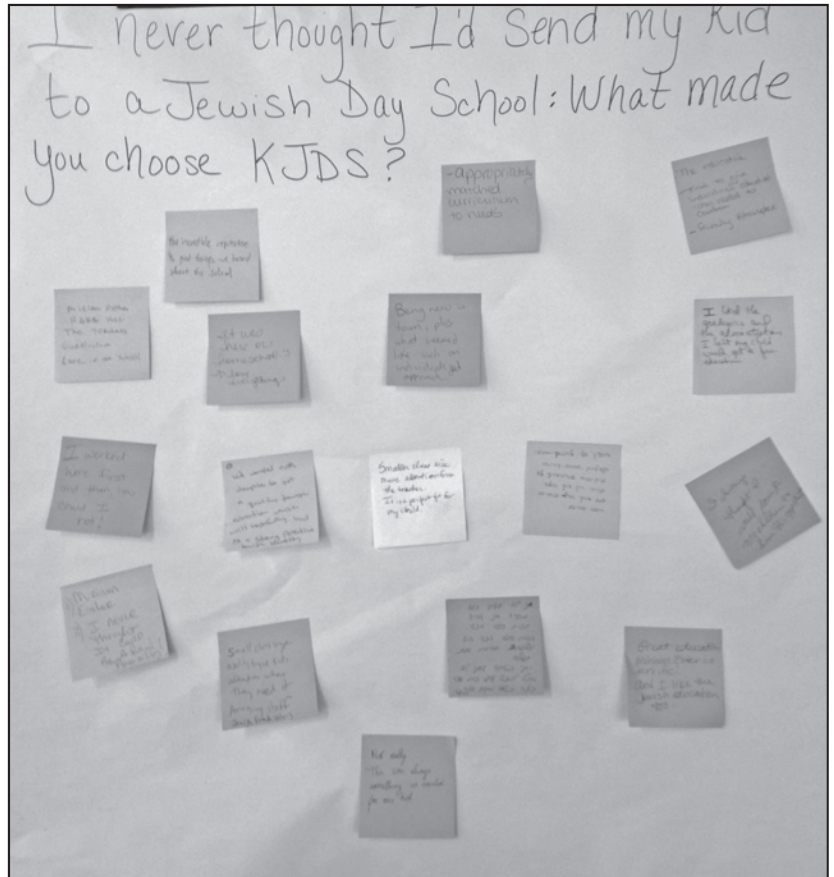


# Stanford Eisenberg Knoxville Jewish Day School

## Decorating With Wishes

What would you wish for your children for their school year? That's one of the questions we asked parents at KJDS's Parent Night. The parents wrote their answers and we then decorated our hallway with the custom wishes taped next to the pictures of the corresponding family. The next day the students came in to the school to find our Wishing Wall filled with smiling families and beautiful sentiments just for them. They beamed as they read their wishes and proudly shared them with their friends.

The Wishing Wall was just one of many of our activities at this year's Flipped Parent Night. Teachers prepared videos describing classroom routines which parents watched the night before instead of during Parent Night. This freed up Head of School Miriam Esther Wilhelm and Principal Jennifer Dancu to provide fun opportunities for the parents to get to know each other and for KJDS to learn a bit more about the parents. The night proved to be a creative and informative way to kick off our school year.



(Above) A fun parent night activity!

(Left) Our Wishes For You

## We are Becoming Master Gardeners!

By Sophie Bergman

Planting our first garden was hard work! First we put down cardboard so the weeds wouldn't come into our garden. Then we had to build a bed for the plants. Then we had to put the dirt in it. The bags of dirt were very heavy and hard to carry. We had to mix the different kinds of dirt together into the bed. It was really messy! Then we planted lettuce seeds and covered them with dirt. Then we watered them. We all take turns watering our plants each day. We'll be planting other vegetables soon. Thank you, Emily Gonzalez from the Knoxville Master Gardener's Association for volunteering your time to help us plant our own garden! We can't wait to harvest our vegetables!



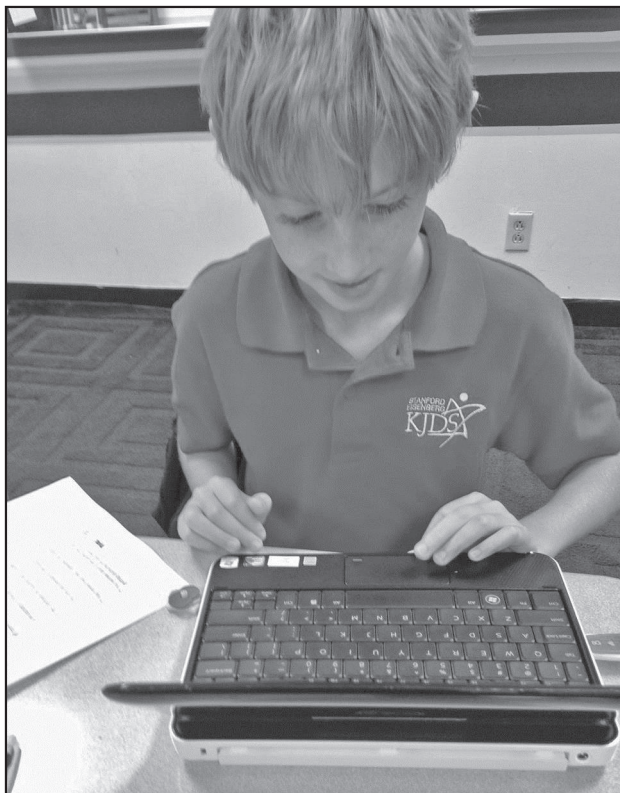
## KJDS Welcomes Many New Families

The KJDS family continues to grow and from not just those in the Knoxville community, but from all over the United States. We are happy that word is spreading and that families are contacting us prior to their moves. It is wonderful to be able to welcome them to Knoxville and to KJDS at the same time. We have heard from many parents that having KJDS for their kids to go to has made their moves much easier. So we would like to formally welcome our new families: the Blitts, the Davises, the Dugals, the Grabels, the Pattersons, the Santiago-Feys, the Schwartzes, the Tylers and the Woods. And of course we want to welcome back our veteran KJDS families. My, how your kids have grown this summer!

## Technology A La Carte Update: Using Technology to Improve Writing

The Fourth/Fifth classroom will be implementing a wonderful technology project this year. They will be combining traditional writing with blogging to eventually publish works that have been peer reviewed and re-edited. To begin, students will document their experiences in each social studies and science unit. They will then blog and share their writings with four collaborating classrooms from different parts of the United States. These classrooms will be responsive audiences, helping the KJDS students reshape their works in order to produce finished products that they feel proud of. In the process, students will be learning about networking and blogging using different internet resources, not to mention how to take and process constructive criticism – very important skills to have in the 21<sup>st</sup> century classroom.

*Dylan working on his blog*



## Don't get Burn Out, GO OUT!

Do you need a night out? I know I do, but did you know that your kids might too? It is not so easy being a kid. There is a lot of pressure on these little guys and gals, and sometimes they just need to let loose! Fortunately, our community has a solution to both parent and kid burn out...Kids' Night Out! Three times a year, BBYO, KJDS, Heska Amuna and Temple Beth El will host a Kids Night Out for children in Grades K-5. This is a chance for the students to see each other outside of school and have a blast. It is also an opportunity for parents to have a few hours to themselves. A win-win situation! So please make sure to save the date for our first Kids' Night Out – **Saturday, November 16 from 7:00 – 9:00 p.m.** Look out for more info and RSVP to KJDS, HA or TBE.



*So much fun at one of last year's Kids' Night Out!*



*We can't take the kids to Israel so we bring the taste of Israel to them with a monthly Israeli lunch prepared by KJDS parents and master chefs Dana Maman and Meytal Maman. Favorite meal so far is definitely Shnitzel!*

## Ringin' - or Blowing in the New Year

KJDS celebrated this Rosh Hashanah with another beginning, the birth of our new mascot! Well not a birth, really since it was just a parent, Brett Kolnick, in a ram suit, but it was exciting nevertheless. In fact, it was Brett's son, Dylan, who campaigned for KJDS to have a mascot. The ram was chosen because of its horns – the ram's horn being what a shofar is made of. So there was no better way to debut our mascot than at KJDS' first Shofar Factory! Yes, Shofar Factory. Rabbi Yossi Wilhelm came to help the kids make real shofars to celebrate the High Holidays. The dust was flying as the rams horns were drilled and sanded. We even had WBIR there to document this historic event! Please visit the following link to see the story: <http://www.wbir.com/news/local/story.aspx?storyid=286349>.

Rabbi Matt Michaels of Temple Beth El came later that week to teach the kids the right way to blow their shofars. Stay tuned to find out what the kids decide to name their new mascot!



*Frank and our new mascot, working at the shofar factory*



*Dory, cleaning out her shofar*

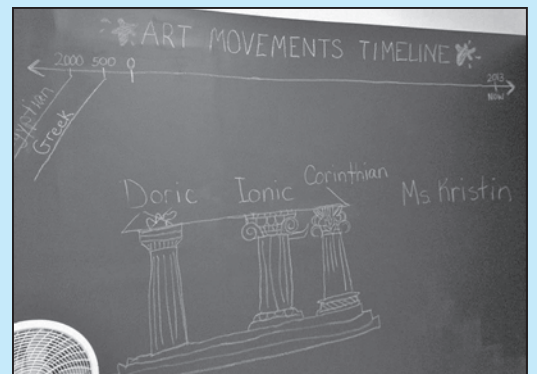


*Lia, blowing the shofar*

## Time Travel Through Art

In Art this year, the students are traveling through the art movements over time, beginning thousands of years ago with Egyptian art, and ending with today's modern art. Teacher Kristin Kendall plans to cover roughly 15 different art movements, using many different forms of application. The students will be challenged to work individually, collaborate in groups, and share their work with the class. This year's curriculum will not only strengthen their artistic ability by application and creativity, it will also enhance their historical knowledge, allowing them to see what has influenced a lot of artists, art, and architecture today.

*Our Art Movements Timeline*



## It's All About the Body!

In science, the 2<sup>nd</sup>/3<sup>rd</sup> grade class is studying the systems of the body, in particular the skeletal, digestive, muscular, respiratory, nervous, and circulatory systems. Students will learn the job(s) of each system and discuss some of the important body parts that work together to achieve the system's goals. The students will then make a large outline of themselves on paper and label and draw at least three body parts of each system on their outlines. The kids are eagerly absorbing all the new information about how their bodies work.

As we kicked off the study of the body, we were lucky to have a guest speaker, Dr. Will Foster, come and discuss oriental medicine and explain acupuncture to the kids. It was a great way for them to get yet another perspective on how to study the human body. Dr. Foster was even able to demonstrate acupuncture on a real patient! The kids were fascinated watching the needles go in. Many of them had not heard of acupuncture and didn't even believe it until they saw it first-hand!



*Elizabeth and Solomon having fun tracing their bodies*

# Stanford Eisenberg Knoxville Jewish Day School

## KJDS Staff and Board

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Miriam Esther Wilhelm

### Principal

Jennifer Dancu

### Office Administrator

Joelle Adajian

### K-1<sup>st</sup> Grade Teacher

Corinne Cruz

Julie Parrish

### 2-3<sup>rd</sup> Grade Teacher

Jessica Vose

### 4-5<sup>th</sup> Grade Teacher

Kari Schubauer

### Hebrew Teacher

Miriam Esther Wilhelm

Revital Ganzi

### Music & Drama Teacher

Morah Debbie Richman

### Art Teacher

Kristen Kendall

### PE Teacher

Stephanie Klein

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Mel Sturm

### Parent Committee Chairs

Tamara Sturm

Shelly Abrams

For more information  
or to RSVP contact  
Miriam Esther at  
[me@kjds.org](mailto:me@kjds.org) or  
(865) 386-3827

**Tuesday  
Mornings**  
9:30 – 10:30

ב.ה.ב

### Fall Session Dates:

October 1, 8, 15, 22, 29

### Fall Session Theme:

Jewish Shapes and Colors!

### Fall Session Price:

\$15.00 for the full session  
(snack will be served)

Classes and activities  
led and prepared by  
Miriam Esther Wilhelm

At the **Stanford  
Eisenberg Knoxville  
Jewish Day School**  
1529 Downtown West  
Knoxville, TN 37919





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## The Jewish Community Archives of Knoxville and East Tennessee

### The Way We Were in 2004



#### Celebrating 75 years of the AJCC at the 2004 KJA Annual Meeting

2004 marked the 75<sup>th</sup> anniversary of the Arnstein Jewish Community Center, celebrated as a two-day affair with an anniversary gala at the Orangery on November 20 followed by the KJA annual meeting with a luncheon at the center the next day. Shown here are Scott **Hahn** and Jane **Cohen** at the gala, and Pat and Judith **Rosenberg** at the Sunday luncheon.

See the text of the article written about the event in the *KJA Voice* (December 2004) in the online edition of *Ha'Kol*, along with selected photos from the events.

Send your photos of *The Way We Were* to [archives@jewishknoxville.org](mailto:archives@jewishknoxville.org) or contact the archivist at 690-6343.

