



# Ha' Kol

COMMUNITY NEWS FROM THE KJA, HESKA AMUNA & TEMPLE BETH EL

Volume 4 ♦ Issue 9 ♦ October 2012

## Sundown in the Sukkah

### Thursday, October 4

5:00 – 7:00 p.m.

Arnstein Jewish Community Center, 6800 Deane Hill Drive



You're invited to join the KJA in celebrating Sukkot at Sundown in the Sukkah, a community event that will feature live entertainment, a wonderful array of delicious refreshments including beer and wine for the adults, and colorful arts and crafts projects for children. Please bring a non-perishable item for Marty's Mission – our collection for Second Harvest Food Bank and FISH Hospitality Pantries!

Sundown in the Sukkah is **free** and **open to the entire community**. For additional information or to volunteer, please call 690-6343 x16 or e-mail [rhale@jewishknoxville.org](mailto:rhale@jewishknoxville.org).

### Ushpizin

Sukkot is the celebration of harvest and joy. It is a mitzvah to invite families, friends, neighbors and even strangers who do not have a sukkah of their own into your Sukkah. Sukkot also gives us time to focus on our own hospitality for the living and those departed. Ushpizin (*oosh-pee-ZEEN*) is the custom of inviting biblical guests to our Sukkah. Each night of Sukkot we welcome a biblical guest and deceased loved ones into our Sukkah and reflect on that person and how we can bring their qualities into our lives.

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# Knoxville Jewish Alliance

KNOXVILLE  
JEWISH  
ALLIANCE  
*Building Community  
Enriching Lives*

# Ha' Kol

## October 2012

### President's Message

By Renee' Hyatt, [renee.j.hyatt@gmail.com](mailto:renee.j.hyatt@gmail.com)

As I write this in the month of Elul, the time for us to prepare for the High Holy Days, this issue of *Ha'Kol* will come to you in the first month of our Jewish New Year. I try to mark this season as an opportunity for renewal, and without using a preaching tone, would encourage you to help make this new year a better, more prosperous and productive year for our Jewish community here in East Tennessee.

I know KJA can improve on how it functions – please give me your suggestions. I also know that KJA can expand services and programming – please tell me what you would like to volunteer for. And, in order to be more prosperous, I encourage you to be as generous as you can – make a pledge to Campaign 2012 and make donations to one of the many funds at KJA and KJCF.

Together, we can make this a better year for Jewish life in Knoxville. I look forward to hearing from you and seeing you at events and programs.

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### KJA 2012 Campaign

**Campaign Goal \$365,000**

*As of 9/11/2012*

2012 Annual Campaign: \$340,125

26 new donors

116 increased gifts from 2011

*It's not too late to make your gift, please call the KJA office at 690-6343 or Gene Rosenberg at 693-3162.*

*You can also go online at [www.jewishknoxville.org](http://www.jewishknoxville.org) and click "donate."*

## Eating Your Way to Good Health: Healing with Whole Foods

**Sunday, October 21  
10:30-11:30 a.m.**

**Arnstein Jewish Community Center**



*Did you know that 70 percent of your immune system is located in your gut? Join Rachel Milford as she empowers you to reclaim your own health and healing at the most fundamental level: through the food you eat. Rachel will discuss the role our digestive health plays in our overall physical, mental, and emotional wellness and share her own healing journey from chronic illness through the use of food and medicinal herbs.*

Rachel Milford is a teacher, organic gardener, puppeteer, plant enthusiast, and more. A Knoxville native, she currently teaches about herbal medicine and healing with food, as well as doing individual consultations as a Wellness Coach. She has been studying and using herbal medicine for more than seven years and has worked with a variety of different teachers in Washington, Illinois, North Carolina and Tennessee, including a year-long apprenticeship with North Carolina community herbalist Suki Roth.

This is a free community program sponsored by the Knoxville Jewish Alliance. Please let us know you're coming by calling 690-6343 or e-mailing KJA Program Manager Rachel Hale at [rhale@jewishknoxville.org](mailto:rhale@jewishknoxville.org).



## Is it Mazel Tov or Mazel Tough?

By Gene Rosenberg, Campaign Chair

There are many ways to define mazel...fate, destiny, b'shert...doom, pre-determined, lot, gotta play the cards that are dealt to you and so on and so forth...no shortage. Of course, we all know that mazel, literally translated, is luck.

First Jew: "They say a poor man has no mazel. Do you believe that?"

Second Jew: "Absolutely! If he had mazel, would he be poor?"

Begin poor is no joke; not having shelter, transportation, proper nourishment, medical care are not fun things to be without; just ask a person or family in that situation.

This is where the Knoxville Jewish Alliance steps up. When the need(s) present themselves, we have always been there, we are there, and we will always be there with dollars, time and

compassion.....

An ancient Hebrew teaching:

*If I am not for me,  
who will be?*

*If I am for myself alone,  
what am I?*

*And if not now, when?*

Those of us blessed with good mazel have the mitzvah to help our fellow human beings who have tough mazel. It's NEVER too late to commit (pledge). It's never too late to make a difference. The Alliance is much more than a swimming pool and tennis courts.

It doesn't take much to show that you care...it takes nothing to show that you don't care. SHARE IF YOU CARE.



Wendy Besmann poses with Sam Balloff at our September 12, 2012 luncheon. Wendy spoke about the history of Jewish life in Knoxville from the perspective of children who grew up here. In the background, Sandy Parsons is looking at Wendy's book *A Separate Circle: Jewish Life in Knoxville, Tennessee*. Please stay tuned for details on our October program.



## Jewish Family Services News

By Laura Faye Berry, BSSW, Esq.,  
Jewish Family Services Director

The Jewish Family Services Committee would like to thank Rabbi Yossi Wilhelm, Rabbi Matt Michaels, Harold Markman, and Ken Brown for visiting our long-term care residents to blow the shofar for them. Many of our residents are not able to go to services, so it is wonderful that we have such talented shofar blowers who volunteer their time so that our seniors will have the opportunity to hear the shofar blown. Thank you also to the KJDS kids who made cards for the Rosh Hashanah Chai bags, the AJCC preschoolers who decorated the bags, and Marilyn Wohl who made the challah rolls.

Jewish Family Services will host a Sukkot celebration at Echo Ridge on Friday, October 5, just before our monthly Shabbat service there. If you are interested in taking part, please contact Laura Berry at 690-6343 extension 18 or [lberry@jewishknoxville.org](mailto:lberry@jewishknoxville.org).

The Knoxville Jewish Alliance presents

## Health Care Reform: Facts and Fiction

Paul Erwin, M.D., Professor and Director, UTK Center for Public Health

**Monday, October 22**

7:30 p.m., AJCC Adult Lounge

*Dr. Paul Erwin will attempt to sort fact from fiction in examining the presidential campaign rhetoric related to healthcare reform.*

Dr. Paul Erwin is the proud husband of current KJA President Renee' Hyatt. In his day job, Dr. Erwin is professor and head of the Department of Public Health at the University of Tennessee. In this session Dr. Erwin will attempt to separate fact from fiction in examining the presidential campaign rhetoric related to healthcare reform. His primary objective is to have participants leave the session less confused about what the Affordable Care Act does or does not do, its likely impact, and what the two campaigns aim to do to about it.

Before joining the University of Tennessee, Dr. Paul Erwin worked with the Tennessee Department of Health for 16 years, the last 12 years as Director of the East Tennessee Regional Health Office. During that time Dr. Erwin focused extensively on community-based health assessment and planning, engaging local County Health Councils, and faculty and students at the University of Tennessee.

This program is a free community education program provided by the Knoxville Jewish Alliance. Please let us know you're coming by calling 690-6343 or e-mailing KJA Program Manager Rachel Hale at [rhale@jewishknoxville.org](mailto:rhale@jewishknoxville.org).



## Preschool News

By Melissa Schweitzer, Director

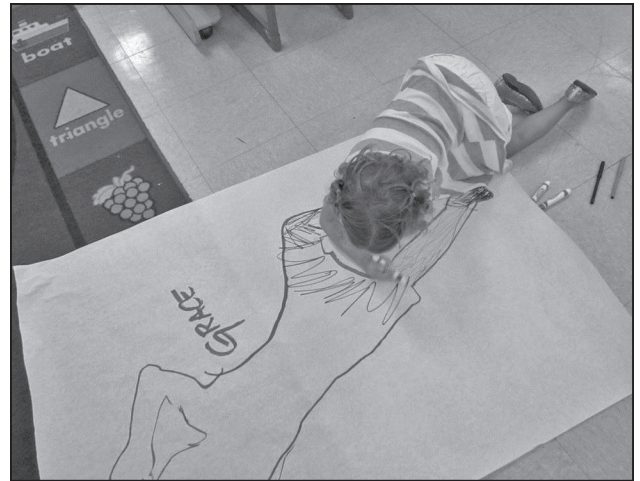
The Preschool recently adopted a curriculum model called High-Scope. High-Scope is a well-researched curriculum that emphasizes “active participatory learning”. Active learning includes a multitude of sensory rich experiences. This hands-on learning has been the long standing philosophy the AJCC Preschool so exploring High-Scope seemed to be a natural fit. Looking at more of the detail of High-Scope, we discovered several other benefits of choosing this particular curriculum.

- ◆ It is welcoming to children
- ◆ Encourages different types of play and learning
- ◆ Over 40 years of research using the methods in High-Scope are available
- ◆ Learning goals align with the Tennessee Early Learning Developmental Standards
- ◆ Play is recognized as a valuable learning tool and is considered a child’s work
- ◆ Developmental assessment is done in the everyday classroom instead of relying on a once or twice per year check list
- ◆ The structure of this model is broad enough that schools, teachers, and children have freedom of choice
- ◆ It works with other already established practices such as our Judaic and Science specialist learning.

Over the next few months, the teachers will work to integrate practices from High-Scope into the classroom. Plan-Do-Review is one tool that parents may notice right away. Children are encouraged to choose which play they would like, participate, and then review how the time went within a small group. Children are not limited to their first choice but this practice helps guide students to a starting place. During planning time, teachers can see potential conflicts and assist the children with problem solving in order to avoid the conflicts. This plan-do-review process has been shown to “positively and significantly affect children’s scores on measures of developmental progress.”

Probably the biggest deciding factor is choosing High-Scope was that the curriculum is available for both infant/toddlers and preschool aged children. We are able to use this curriculum within all of our classrooms. Learning that begins in the Aleph classroom can be built upon and developed through the Hey classroom.

More information can be found at [www.highscope.org](http://www.highscope.org)



*Daled learns about their bodies through art*

## AJCC to Offer Yoga Classes – Come Join Us

### Mindful Yoga with Judson

**Mondays, 6:00-7:30 p.m., starting October 15**

Judson Nichols is bringing his brand of Mindful Yoga to the AJCC. **Mindful Yoga** is a beginner-friendly yoga class that focuses on relaxation, stretching, and alignment. You'll learn to relax where you should relax, and be strong where you should be strong. Learn to let go of tension you don't need. Build your body awareness. Clear your mind. Find your calm center. Carry these lessons with you into your day-to-day life through these 90-minute classes. \$15.00 for a single class, discounts available. See <http://judsonnichols.com/yoga> for more information or call him at (865) 963-6042 from noon-4:00 p.m.

### Yoga & Meditation with Bailey

**Awakening Yoga & Meditation: Sundays, 10:30 a.m.- noon, starting October 14**

**Flow & Let Go--Yoga for Stress Relief: Wednesdays, 10:00-11:30 a.m., starting October 3**

Bailey Wamp will offer two mixed-level yoga classes at AJCC beginning in October. Both classes use meditation, pranayama (controlled breathing) and vinyasa-style yoga poses to increase flexibility and strength, cultivating self-healing and enabling the heart center to blossom open. **Awakening Yoga & Meditation** features 75 minutes of challenging poses, followed by 15 minutes of deep meditation to quiet the mind, creating a peaceful yet empowered foundation for the week ahead. **Flow & Let Go Yoga** offers a more physically toned-down style of practice to help students release tension and find stillness and balance on and off the mat. Rates: \$15.00 per class (non-students); \$10.00 per class (students) For questions or more information, e-mail Bailey Wamp at [baileywamp@gmail.com](mailto:baileywamp@gmail.com) or call her at (423) 313-6931.



## Suzy Snoops

Please send your good news to Suzy Snoops by e-mailing [jvork@jewishknoxville.org](mailto:jvork@jewishknoxville.org)

- ◆ **J.P. Dessel**, associate professor of history, and **Heather Hirschfeld**, associate professor of English and director of the Marco Institute for Medieval and Renaissance Studies were two of eight UT faculty members to receive National Endowment for the Humanities research fellowships.
- ◆ **Daniel Simberloff**, distinguished professor of environmental science in ecology and evolutionary biology, was elected to the National Academy of Sciences. He is only the third faculty member in UT history to be honored in this way.
- ◆ **Lane Carasik**, a UTK Hillel student, won a \$2,000 American Nuclear Society scholarship at an April conference.
- ◆ Mazel tov to **Harold** and **Shirley Freedman** on the birth of their second grandson born September 12 to son Jonathan and his wife Elissa. He will be joining his older brother, 2-year-old Matan.



*Dan Simberloff*

## You Had Me at Challah a Delicious Success

More than 30 participants gathered with anticipation at the AJCC on Sunday morning September 9, to await instruction in the making of challah. Why were they excited you may ask? It's just bread, but no - it's not just bread, it's challah!

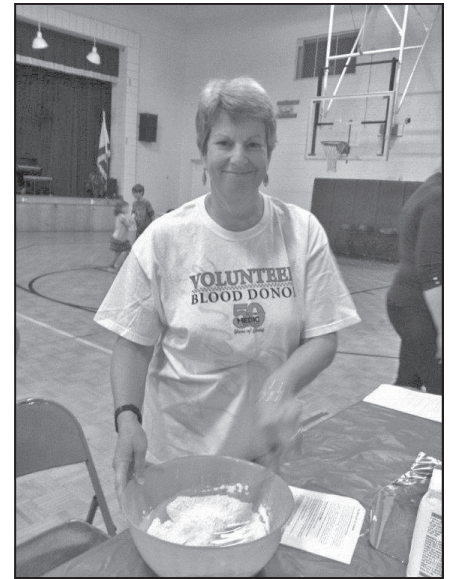
Challah was the break in the week for the bread eaters of Eastern Europe whose daily diet consisted of rough milled grain breads. The soft and sweet egg textured challah was their reward for having survived yet another week. This mystique continues to this day.

Those who gathered were given very detailed instruction by Deborah Oleshansky and Marilyn Wohl. Both are very accomplished challah makers and they know the ins and outs of challah making. Everyone present created a braided Challah from the dough prepared by Deborah and Marilyn. It was interesting to watch everyone try their hand at braiding; forming long loaves; round loaves; forming loaves with and without raisins. Some of the participants learned about egg wash, a coating for the top of the challah. Each challah maker chose to add sesame seeds, poppy seeds, or cinnamon to the loaves they helped prepare for the UTK Hillel Rosh Hashanah feast.

Participants learned about Jewish cookbooks; they learned about traditions from family histories; were introduced to Joan Nathan, a noted cookbook writer, who coincidentally was a good friend of Deborah Oleshansky's aunt. They also learned about the [www.theshiska.com](http://www.theshiska.com) website, an online source for Jewish recipes.

Everyone enjoyed dipping apples in honey, drinking coffee or having a glass of tea. The smiles and the glows on the participants' faces were beyond description.

Thank you Bridgette Biernacki whose good idea made a great event! Look for more KJA, Heska Amuna, and Temple Beth El co-sponsored activities of this type in the future. Thank you again to Deborah Oleshansky, Marilyn Wohl, Rachel Hale, Rabbi Alon Ferency and Jeff Gubitz for their assistance with this program.



*Barbara Mintz prepares the batter for challah*

*Bridgette Biernacki, Shannon Martindale, Lydia Drew and Trevor Bryant*



*Deborah Oleshansky and Marilyn Wohl taught the art of challah baking*

## A Joyous Community Shabbat

By Jeff Gubitz

What a grand time everyone enjoyed at Shabbat at the Pool. While threatening weather caused us to throw caution to the wind and set it up inside the gym, it was a great event. The rain held off allowing some the opportunity to enjoy the water and eat pool side.

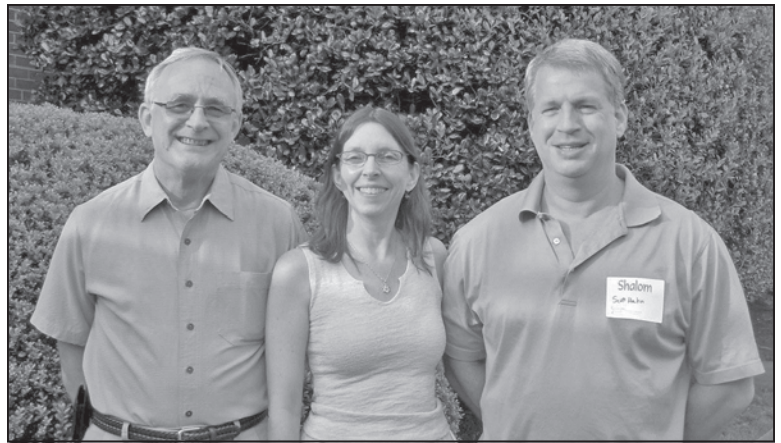
Over 170 members of the community, representing all ages and affiliations, and as well, UT Hillel students who had arrived on campus, joined us for food, fun and a musical Shabbat program on Friday August 17. Thanks to Rabbi Ferency and the Choot'nanny music group (Rich Adlin, Lev Comstock, Charlene Gubitz, Jeff Hecht, Penny Lukin, Bob Martin, Irv Russotto, Doug Weinstein ) and Rabbi Michaels for his story and participation.

Thanks to the following who helped make this a success:

### Community volunteers:

Bella Budik, Frank Floyd (Grill Master Supreme), Anne Greenbaum, Steve Beber and Sandy Parker, Diana Steinfeld Hicks and Bill Hicks, Renee' Hyatt, Barbara Leeds, Shelley Mangold, Gilya Schmidt, Marilyn Wohl, Douglas Weinstein (Sound Engineer), Wilma Weinstein, and Linda Zaretski.

**Staff members** included: Rachel Hale, Deborah Oleshansky, Laura Berry, Scott Clabo (Temple Beth El), Sherron Lawhorn, Melissa Schweitzer and Jeff Gubitz.



*The Fearless Leaders: Stu Elston, Temple Beth El; Renee' Hyatt, Knoxville Jewish Alliance; Scott Hahn, Heska Amuna Synagogue*



*Temple Beth El members Shelley Mangold and Stu Elston*

*A special thank you goes out to Deborah Roberts for providing the pictures of this event.*



*Linnette Tumpson and baby Sally*

## Want to learn to knit?

Well, now you can...Come join us - It's FREE!

### Beginner Knitting at Lunch

Mondays in November (11/5-11/26) NOON at the AJCC

Have a scarf completed for Chanukkah!!



**We'll cover:** How to read a pattern, cast ons, 3 basic stitches of knitting: garter, stockinette, rib stitch, and a few more like basketweave, bind offs, adding tassels. More...(or less depending on what you want to learn) **Pattern will be provided**

### What to bring:

- #9 or #10 needles
- 1 skein of a LIGHT colored WORSTED weight yarn

Have questions? Instructor: Raeus Cannon email: raeusjae@gmail.com / phone: 382-6117



*UTK Hillel students dig in at the Shabbat dinner buffet on September 7. The group of more than 50 students included Knoxville's Liza Reineri, Hannah Kline, and Rachel Shenkman.*



*Sam Bendriem, Andrew Messing and Libby Givens are among the group of more than 50 UTK Students who enjoyed Shabbat dinner on campus Friday night, September 7*

KNOXVILLE JEWISH COMMUNITY  
**Ha' Kol**

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For a complete list of board members, please visit [www.jewishknoxville.org](http://www.jewishknoxville.org).

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Mary Ann Merrell, Chair, Publications;  
Publication Layout by Martha Andrus



**Celebrate Jewish Learning and Books in November**

The KJA looks forward to sharing two exciting events with you soon.

- **Global Day of Learning—November 11.** Jews all around the world will come together to celebrate our shared heritage. To be Jewish is to think, to study, and to learn, so that's how we'll celebrate during this exciting event.
- **Jewish Book Month—November 18.** The KJA will host an action-packed day of authors and live music on November 18 at Union Avenue Books, 517 Union Ave.

**Tennessee Go Vols!**

Our Knoxville Tikkun Olam delegation was in the forefront of the group picture at the P2G Southeast Consortium closing program in Nashville. Knoxville hosts Jessica Traugot, Danielle Goldfeld and Jessie Rosenberg are pictured along with our six Israeli guests. (Host Michael Dryzer was unable to travel to Nashville.) Thank you to Jenifer Ohriner for serving as chaperone to Nashville, and to Melissa Treece for serving as chaperone in Knoxville. Thank you also to Judy and Abraham Brietstein and Jenifer and Evan Ohriner for sharing the joy of hosting the Israeli chaperone. If you would like additional information about this summer teen exchange for next summer, please contact Deborah Oleshansky, [doleshansky@jewishknoxville.org](mailto:doleshansky@jewishknoxville.org)





# K J C F F

## Knoxville Jewish Community Family of Funds

*A Supporting Organization of the Knoxville Jewish Alliance and the East Tennessee Foundation to preserve and strengthen the Jewish Community of Knoxville*

### KJCFF Funds

To assist in donation and grant planning, the following is a list of KJCFF funds and their purposes, current as of September 5, 2012. Donation and grant request forms can be found at [www.jewishknoxville.org/kjcff](http://www.jewishknoxville.org/kjcff). Anyone can make donations to existing KJCFF Funds, including B'nai Tzedek funds. It is a great way to honor or memorialize someone. Such donations keep on giving because they help funds grow, increasing the amount of money in a fund available to be granted.

#### Heska Amuna Synagogue Funds

- Bradley Sturm Memorial Fund  
*For the general benefit of Heska Amuna Synagogue.*
- Cohen-Presser Designated Fund  
*For improvements to the physical plant of Heska Amuna Synagogue and may also be made available for procuring and engraving plaques for the donor wall established by Mr. and Mrs. Joslyn Presser*
- Heska Amuna Building Assessment Fund  
*To provide funds for capital improvements, expansions and emergency repairs to the building and property of Heska Amuna Synagogue.*
- Heska Amuna Cemetery Fund  
*To maintain and improve the New Jewish Cemetery*
- Heska Amuna Educators Supplement Fund  
*To supplement the salary/benefits compensation package of the Heska Amuna educational director and teachers in the religious school*
- Heska Amuna Educational Enrichment Fund  
*To enhance and enrich educational programs of Heska Amuna Synagogue*
- Rosenthal Environment Fund  
*To provide financial support to activities of Heska Amuna Synagogue relating to environmental preservation and conservation*
- Sylvia Robinson Memorial Fund  
*For educational and programmatic musical experiences for Heska Amuna Synagogue*

#### Jewish Congregation of Oak Ridge Funds

- Frances Sturm Cultural Fund of the Jewish Congregation of Oak Ridge  
*For enhancing and furthering Jewish educational and cultural activities*

#### Knoxville Jewish Alliance Funds

- Abe Collins Cultural Fund  
*To provide support to the KJA for cultural programs, which may include musical, singing, or other productions*
- Allen Rosen Education Fund  
*For the general benefit of the KJA*
- Alliance Opportunity Fund  
*For the general benefit of the KJA*
- Alice Greenberg Fund  
*To supplement and/or offset the future expenses of the AJCC preschool program*
- Arnstein Jewish Community Center Endowment Fund  
*For capital improvements to the AJCC*
- Ben & Pearl Zwick Fund  
*To provide support for quality KJA programs of an entertaining or cultural nature*
- B'nai Tzedek Legacy Fund  
*Overall fund for the individual B'nai Tzedek teen philanthropy funds*
- David Blumberg Youth Leadership Award Fund  
*To provide support to KJA for its leadership training and award program for KJA members under the age of 35*
- Dr. Bernard S. Rosenblatt Fund  
*For the general benefit of the KJA*
- Gordon Brown Youth Recreation Fund  
*To support recreational and sports-related activities for children ages 18 months to 1 years*
- Hannah and Raymond Landsberger Preschool Fund  
*To provide scholarship support for AJCC preschool families*
- Jewish Family Service Fund  
*For the benefit of the Jewish Family Services program of the KJA*

*Continued on page 9*

**Knoxville Jewish Alliance Funds***Continued from page 8***KJA Director's Fund***To support the expenses associated with the Executive Director's salary and benefit package***Miles & Zelda Siegel Fund for Knoxville's Jewish Elderly***To provide support to the KJA for its program of services for Jewish elderly members of Knoxville***Milton Collins Cultural Fund***To provide support to KJA for programming, which may include musical, singing, or other productions***Sam & Esther Rosen Friendshippers Fund***To provide support to the KJA for subsidizing the needs, as in the areas of recreation, education, and other generalized services, of the Jewish elderly and infirm in Knoxville***Sam & Millie Gelber Fund for Jewish Immigrants***To enhance the quality of life for Jewish immigrants to the Knoxville Jewish community***William "Bill" Brody Fund***For the general benefit of the KJA***Zelda & Max Morrison Cultural Enrichment Fund***To help the AJCC provide quality cultural programming of Jewish content, such as musical programs, lectures, or similar entertainment***Zionist Organization Fund***To provide support to KJA for its program of planting trees in Israel in honor of newborn births and Bar/Bat Mitzvahs***Knoxville Jewish Community Family of Funds****Bernard E. & Barbara W. Bernstein Charitable Fund***For general charitable purposes***David & Deborah Oleshansky Family Fund***To further causes of peace and justice in the world***EAR Fund***For general charitable purposes***Goldstein/Tygum Family Fund***For the improvement of the quality of life of the aged of the East Tennessee community***Harry & Mollie Brietstein Memorial Fund***To benefit Jewish causes***Jeff & Nancy Becker Community Enrichment Fund***For general charitable purposes***Miriam's Well***For general charitable purposes***Natalie & Mitchell Robinson Community Enrichment Fund***To enhance the development of leadership and education for the Knoxville Jewish Community***Pace & Karen Robinson Philanthropic Fund***For general charitable purposes***Pat and Gene Rosenberg Fund***To benefit various organizations and causes, including, but not limited to, Jewish, educational, and environmental organizations***Sam & Esther Rosen Community Enrichment AJCC Fund***To benefit the AJCC***Sam & Esther Rosen Community Enrichment Federation Fund***To benefit the KJA***Sam & Esther Rosen Community Enrichment Synagogue Fund***To benefit Heska Amuna Synagogue***Sharon Brietstein Memorial Fund***To benefit mental health causes***Stephen & Kim Rosen Donor Advised Fund***To benefit various organizations and causes including, but not limited to, Jewish and educational organizations***Sylvia Greenberg Family Fund***To build and maintain the Knoxville Jewish community***Ted & Dolly Reback Knoxville Youth Fund***To benefit Knoxville Jewish youth, primarily through the Knoxville BBYO program and activities***Grants**

- ◆ The Knoxville Jewish Alliance received a grant from the **Hannah and Raymond Landsberger Preschool Fund** for AJCC Preschool scholarship assistance.

**KNOXVILLE JEWISH COMMUNITY FAMILY OF FUNDS BOARD OF DIRECTORS**

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**The Board of Directors of the Knoxville Jewish Family of Funds** thanks the Knoxville Jewish Community, the staff of the Knoxville Jewish Alliance and the East Tennessee Foundation for their support and encouragement. The KJCFF encourages you to help insure the healthy future of our Knoxville Jewish community by including a commitment to the KJCFF in your financial and estate planning.

To learn more about KJCFF philanthropic opportunities, call 690-6343 or visit our website at [www.jewishknoxville.org/kjcff](http://www.jewishknoxville.org/kjcff)

# K N O X V I L L E

## Winick AZA Elects Officers; Provides Community Service

AZA Winick has a new advisor, **David Hecht**, who will join **Daniel Roberts** in leading the local BBYO youth group. New officers are **Ethan Sturm**, president; **Isaac Shefner**, vice president; **Michael Dryzer**, treasurer; **Brian Weinstein**, secretary; and **Nathan Rosen**, Moreh.

In August, Winick AZA volunteered to help with the "Tree Team project," in which volunteers collect arthropods in a study that advisor Daniel Roberts designed to find relationships with arthropods and high elevation beech trees. This is a "Citizen Science" event that uses volunteers to help with collecting and sorting of samples as part of Discover Life in America in the Great Smoky Mountains National Park. For more information, visit DLIA.org.



*Max Silver-Alford and Daniel Roberts look in a sweep poll net as they collect arthropods from the forest canopy in the Smokies.*

## BBY-AZA and BBG

The Aleph Zadik Aleph (AZA) and B'nai B'rith Girls (BBG) serve as BBYO's teen leaders. With more than 600 chapters worldwide, AZA and BBG provide a place for teens to build a movement capable of creating change surrounding today's critical issues all while learning important skills such as public speaking, event planning, and project management. AZA and BBG teens also explore their Jewish identities on a personal level while developing lifelong



*(L-R) Daniel Roberts, John Roberts, Isaac Shefner, Nathan Rosen, Max Silver-Alford, Nathan Bendriem, Paul Erwin, Hazak Parsons, Michael Dryzer, and Renee' Hyatt.*

friendships and having fun. Based on a local network of teen-led, democratically functioning chapters partnered with opportunities for international travel, conventions and summer experiences, AZA and BBG's unique programming convenes and connects Jewish teens of all backgrounds who will become inspired to live Jewish lives while making a difference in the world.

## Marty's Mission Continues and Expands

*By Joyce Traugot, Marty's Mission Chair*

As we continue to sponsor food and money donations in support of Second Harvest Food Bank we want to thank everyone who supports our efforts to reach our goals. What are our goals? To expand our efforts to bring in needed donations during the *entire year* to assist many families in our community who are struggling to feed their families. We have now extended our efforts to include the FISH Hospitality Pantries.

Marty's Mission was started six years ago as a program to honor the memory of my husband Marty Traugot, who passed away in 2000. It is my way of giving back to this community and to encourage us to remember that we can all give without it costing a great deal of money. We all give what we can and together, as a caring, concerned Jewish community. We can show our concern for this very special community.

I want to thank Stephanie Goldfeld for making Marty's Mission part of her bat mitzvah project. The donation to Second Harvest from the Goldfeld family and their involvement was truly amazing and a special mitzvah. Thank you for caring and sharing in our drive.

My sincerest thanks for your continued support.

Would you like to assist with Marty's Mission? All volunteers are more than welcome. Please give me a call so that we can discuss your involvement and thank you in advance for your support.

Phone: (865) 675-6260

E-mail: [joymar.44@gmail.com](mailto:joymar.44@gmail.com)



*An eBay merchant recently listed this pendant as a "Unique Vintage Navajo Moose 925 Sterling Silver Pendant." Perhaps the People of the Tribe and the Navajo tribe are connected in a chai-way. (Noted in the August 23 online edition of Tablet magazine.)*

# H A P P E N I N G S

## HardLox Festival to Be Held October 21 in Asheville

On Sunday, October 21, from 11:00 a.m. to 4:00 p.m., the 10th annual HardLox - Asheville's Jewish Food and Heritage Festival will be held in Pack Square in historic downtown Asheville, North Carolina. Come and enjoy delicious Jewish food, meet Asheville's Jewish community, and listen to fabulous entertainment.

At this year's HardLox Festival, there will be lots of great traditional Jewish food, Israeli dancing, crafts, a Kids Zone, klezmer music and lots more. Have your name written in Hebrew, discover the Torah, learn about Jewish holidays and festivals, and join in the singing and dancing. Every Jewish organization in the Asheville area will be represented with many providing interactive educational opportunities to learn about our people and our Jewish heritage and culture.

The HardLox Jewish Food and Heritage Festival is hosted by Congregation Beth HaTephila and co-sponsored by the City of Asheville. For more information, please visit [www.hardloxjewishfestival.org](http://www.hardloxjewishfestival.org).



## Resolution Signed in Support of Israel

On May 17, the Knoxville Chapter of the Republican Jewish Coalition was presented with a copy of Senate Joint Resolution No. 523, "A resolution to express the State of Tennessee's support for the Nation of Israel." Senator Becky Massey and Representative Ryan Haynes presented Chapter President Aaron G. Margulies with the resolution that states, in part:

*Be it further resolved, that the General Assembly expresses its desire to encourage all Tennessee lawmakers, both state and national, and all Tennessee citizens to give their vigorous and enduring support for the Nation of Israel.*

The resolution is signed by Governor Bill Haslam, Lt. Gov. Ron Ramsey and Speaker Beth Harwell.



**GA** baltimore  
General Assembly 2012  
November 11-13



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OF NORTH AMERICA  
THE STRENGTH OF A PEOPLE.  
THE POWER OF COMMUNITY.

## REGISTRATION RATES

JFNA is offering a variety of registration rates for the range of networkers attending the General Assembly. **Register now!** Find the option below that suits you best, and choose that designation when registering for the 2012 GA. Don't miss out! The early bird registration rates are available for select categories and valid through **September 17, 2012**. Select rates and special discounts for constituencies are outlined below. For more details please visit [www.GeneralAssembly.org](http://www.GeneralAssembly.org).

- GA Registration (primary option for US & Canada)
- Federation Employee/Jewish Communal Professional
- Next Generation (This rate applies to non-student participants ages 22-29)
- International Registrants
- Baltimore resident – full conference
- Baltimore resident – daily rate
- Non-local resident – daily rate
- Spouse (limited entry)
- Students

Stay tuned for GA program news after Labor Day. Please continue to check [www.GeneralAssembly.org](http://www.GeneralAssembly.org) for updates on this year's conference. <http://www.jewishfederations.org/page.aspx?id=256962>

# OCTOBER 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><b>1 Sukkot-First Days</b></p> <p>AJCC Preschool &amp; KJA office closed 7a Sukkot-HA 3-6p TOT basketball-gym</p> 	<p><b>2 Sukkot-First Days</b></p> <p>AJCC Preschool open KJA office closed 9:30a Sukkot services-HA 6-9:30p fencing-AJCC gym</p>	<p><b>3</b></p> <p>9-10a TOT basketball 10a Yoga with Bailey-gym 4:15p Religious school-HA 5:45p Midweek Hebrew-TBE 5:45p-6:45p Zumba 6p KJDS BBQ 6:30-8p KJA Archives</p>	<p><b>4</b></p> <p>7a minyan-HA <b>5-7p Sundown in the Sukkah-AJCC</b> 5:45-6:45p Zumba 7:30p Shofar class-HA 7:30p Exec Comm-HA 7:30p Israeli dancing-AJCC gym</p>	<p><b>5</b></p> <p>4:45-5:30p JFS Shabbat Service at Echo Ridge 6:30p Wine &amp; Cheese-TBE 7:30p Sukkot services-TBE</p>	<p><b>6</b></p> <p>9:30a Services-HA 10-11:30a Family minyan-HA 6p Bluegrass &amp; Barbeque-JCOR</p>
<p><b>7</b></p> <p>9:30a minyan-HA 9:30a Religious school-HA 9:30a Religious school-TBE 10a Gan K'tan-HA 6:30-8p CHAI dinner-HA</p>	<p><b>8 Shmini Atzeret</b></p> <p>AJCC Preschool open; KJA office closed 9:30a Services-HA 3-6p TOT basketball-gym</p>	<p><b>9 Simchat Torah</b></p> <p>AJCC Preschool &amp; KJA office closed 9:30a Services-HA 5:30-8:30p Simchat Torah dinner-HA 6p Services &amp; Consecration-TBE 6-9:30p fencing-AJCC</p>	<p><b>10</b></p> <p>9-10a TOT basketball 10a Yoga-gym 5:45p Midweek Hebrew-TBE 5:45p-6:45p Zumba-gym</p>	<p><b>11</b></p> <p>7a minyan-HA 5:45-6:45p Zumba 7:30p Shofar class-HA 7:30p Ed Comm-HA 7:30p Board-HA 7:30p Israeli dancing AJCC gym</p>	<p><b>12</b></p> <p>7:30p Services-TBE</p>	<p><b>13</b></p> <p>9:30a Services-Birthday &amp; Anniv Shabbat-HA</p>
<p><b>14</b></p> <p>9:30a minyan-HA 9:30a Religious school-HA 9:30a Religious school-TBE 10:30a Yoga with Bailey-AJCC 11a HA New and Potential Member event @Silber's</p>	<p><b>15</b></p> <p>7a minyan-HA 3-6p TOT basketball-gym 6-7:30p Mindful Yoga-AJCC</p>	<p><b>16</b></p> <p>6p Joint Sisterhood (JCOR, HA, TBE) Rosh Hodesh program at TBE 12p-1:30p National Jewish Health program @Rothchilds 6-9:30p fencing-AJCC gym</p>	<p><b>17</b></p> <p>9-10a TOT basketball-gym 10a Yoga with Bailey-gym 4:15p Religious school-HA 5:45p-6:45p Zumba-gym</p>	<p><b>18</b></p> <p>7a minyan-HA 5:45-6:45p Zumba 7:30p Shofar class-HA 7:30p R&amp;R Serv-HA 7:30p Israeli dancing-AJCC gym</p>	<p><b>19</b></p> <p>6p Tot Shabbat-HA 7:30p Services-TBE</p>	<p><b>20</b></p> <p>9:30a Services-HA 9:30a Jewish Meditation-HA 10:30a Contemporary service-HA</p>
<p><b>21</b></p> <p>9:30a minyan-HA 9:30a Religious school-HA 10:30-11:30a-Eating Your Way to Good Health-AJCC 10:30a Yoga with Bailey-AJCC</p>	<p><b>22</b></p> <p>7a minyan-HA 3-6p TOT basketball 6-7:30p Mindful Yoga-AJCC 7p Scholar-in-Res Comm-HA 7:30p KJA Science lecture (Paul Erwin), AJCC</p>	<p><b>23</b></p> <p>6-9:30p fencing-AJCC gym</p>	<p><b>24</b></p> <p>9-10a TOT basketball 10a Yoga with Bailey-gym 4:15p Religious school-HA 5:45p Midweek Hebrew-TBE 5:45p-6:45p Zumba</p>	<p><b>25</b></p> <p>7a minyan-HA 5:45-6:45p Zumba 7:30p Israeli dancing-AJCC gym</p>	<p><b>26</b></p> <p>6p Kabbalat Shabbat Hoot'nanny-HA 7:30p Services-TBE</p>	<p><b>27</b></p> <p>9:30a Services-HA Prozdor Shabbat Rabbi's Q&amp;A 10:30a Services-TBE (Ben Gibbons bar mitzvah) 6-9p private party-AJCC</p>
<p><b>28</b></p> <p>9:30a minyan-HA 9:30a Religious school-HA 9:30a Religious school-TBE 10a HA Sisterhood Paid-Up Brunch 10:30a Yoga with Bailey-AJCC</p>	<p><b>29</b></p> <p>7a minyan-HA 3-6p TOT basketball-gym 6-7:30p Mindful Yoga-AJCC</p>	<p><b>30</b></p> <p>6-9:30p fencing-AJCC gym 7:30-9p JLI course-Kabbalah and You</p>	<p><b>31</b></p> <p>9-10a TOT basketball 10a Yoga with Bailey-gym 4:15p Religious school-HA 5:45p-6:45p Zumba-gym</p>	<p align="center"><b>National Jewish Health</b></p> <p align="center"><b>Tuesday, October 16, 2012</b></p> <p align="center">Noon—1:30 p.m.</p> <p align="center">Complimentary lung function testing will be available (11 a.m.—Noon)</p> <p align="center">Rothchild's Catering &amp; Conference Center 8807 Kingston Pike</p> <p align="center">Please respond by <b>October 8, 2012</b>. Seating is limited.</p> <p align="center">For more information, contact Sherry Wolf at (312) 920-1798 or Jeff Gubitz at (865) 690-6343</p>		

**Moving South for the Winter? Please Let Us Know**

Help us save postage by letting us know you're leaving town.

E-mail your address changes to [kja@jewishknoxville.org](mailto:kja@jewishknoxville.org).

Heska Amuna Synagogue

# HaShofar



Tishrei/Heshvan, 5773

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## Announcing Chai

Chai is a new group for young Jewish adults ages 21 to 32.

Heska Amuna will host the first event on **October 7, 2012**.

We will have a Sukkot dinner from 6:30 to 8:00 p.m. at the Synagogue, with drinks to follow at the Bearden Beer Market.

All are welcome to attend, whether a member of the Synagogue or not.

## New Ed Committee Chair-Woman Named

We are pleased to announce the appointment of Rosalie Nagler as the Chairwoman of the HA Religious School Education Committee. Rosalie is an educator and works professionally as an Occupational Therapist in the Oak Ridge Schools. We also wish to thank the outgoing chair, Melissa Schweitzer, for her dedicated service.

PLEASE JOIN IN OUR HAPPIEST  
CELEBRATION  
**SIMCHAT TORAH**  
**TUESDAY OCTOBER 9,**  
DINNER AT 5:15 P.M.  
SERVICE AND HAKAFOT AT 6:15 P.M.  
RSVP BY OCTOBER 3  
(SEE NOTE BELOW\*)

## Here's the Plan

We will hold a very large congregation celebration on the actual day of Simchat Torah, October 9. Our community dinner will begin at 5:15 p.m. and will be followed promptly at 6:15 p.m. with the holiday service including Torah reading and hakafot. Ted Besmann is our Hatan Torah and Rosalie Nagler is our Kallah Beresheet.

We will be finished by 8:00 p.m., so young and old and everyone in between will be able to join in the fun and still get home relatively early. *The more the merrier. No excuses!*

Let's have a big crowd and dance and sing together. The Dor L'Dor band will have you clapping, dancing, and singing.

\*Cost: \$8.00 for members and \$10.00 for non-members.

RSVP by October 3 by sending a check to Heska Amuna Synagogue, 3811 Kingston Pike, 37919; by calling 522-0701 and reserve with your credit card or e-mailing [admin@heskaamuna.com](mailto:admin@heskaamuna.com).

## Cultivating Sensitivity

By Rabbi Alon Ferency

On a recent visit with family in New England, I chanced upon a seagull with a broken wing, skittering along the beach one overcast morning. I wondered what happened to it, and what would become of it. To the latter, I had little doubt: natural selection rarely favors birds that cannot fly. Perhaps it might starve to death, or succumb to another animal. To the former, I faced a disconcerting fear: had a child maimed the gull for amusement, in a fit of pique, or over a dare? Of course, it's equally likely that the bird was wounded flying into a windshield, or in some other blameless way; still, I worried. I remembered back to childhood tales of boys feeding seagulls Alka-Seltzer, so that their bellies burst. Although I never did that, I am sure I burnt my share of leaves and ants with a magnifying glass, and left collected salamanders inside to die of dehydration. We are all – each of us – shockingly capable of phenomenal sadism, or at least terrific indifference.

Is there a way out of our base human cruelty? Is there a chance for us to live with greater attention? How may we cultivate sensitivity to all living things? Of his retreat to the Walden woods in Concord, Massachusetts, Henry David Thoreau said, "I went to the woods because I wished to live deliberately, to front only the essential facts of life, and see if I could not learn what it had to teach, and not, when I came to die, discover that I had not lived." Over a century and a half later, what might be today's iteration of going to the woods to live deliberately? Although our tradition is deeply skeptical of hermits and ascetics, I believe that Judaism can offer us wisdom about a life well-lived. Its tradition (*mesorah*) and precepts (*mitzvot*) form a system of deliberate living, which in turn cultivates a sensitivity toward all life.

Through observance of our tradition, we imbue our daily lives with what some have called "normal mysticism." Our *mesorah* teaches us to live deliberately by realizing our "purest intentions, the finest sense of devotion, [and] the noblest spiritual aspirations" in actions. As Rabbi Abraham Joshua Heschel said further, "The purpose of observance is to train us in achieving spiritual ends... an act of bringing together the passing with the everlasting, the momentary with the eternal." For the Jew, living deliberately means following the precepts that bring our lives together with God's. This comes not through a single transformative action, but by dozens of them. Our abundance of *mitzvot* is provided to structure our lives, and give meaning to individual moments. We make time sacred by acknowledging God's presence in the simplest of acts, whether hearing thunder, or biting a fresh peach. Our ancestor Isaac was so adept at this that it is said that he could communicate with sprouts and grasses, and that all of his speech was as though a prayer.

Judaism holds that God is manifest in our actions, and that through observance of the *mitzvot*, we are refined. As I left the beach that day, I had a niggling thought: should I put that seagull out of its misery? Surely, it was doomed to die of starvation, or torn by another beast, and perhaps a swift death at my hand would be the most sensitive end for this living creature. What would you have done?



## From the President

By Gilya Schmidt

*"A time to be born, a time to die... a time to laugh, a time to weep.... To everything there is a season and a time for every purpose, under Heaven."*

Whether we know these words as a song by the Byrds, with music by Pete Seeger, or as lines from the third chapter of Ecclesiastes (the megillah which we read on Sukkot), I have two more sentiments to add for the period following the High Holy Days - a time to be humble and a time to be grateful.

Every year I am humbled by the wonderful talent and skills of our lay daveners and Torah readers, and I am very grateful for the gift of volunteerism from our congregants. We enjoy this gift all year long, and, as Scott noted in last month's column, we do not take any one for granted. During the High Holy Days the task seems even more daunting than usual, and we appreciate the generosity of time, spirit and talent of our volunteers, who give their everything so that we can offer our congregants the best possible services. The preparations seem overwhelming in August, when we gear up. By the time we reach Slichot, it becomes real. And now, as we are entering the concluding holiday of Sukkot - our festival of rejoicing - the adrenaline is flowing, and we will conclude our celebration with the joy of the Torah on a high note. Before we go back to business as usual, or go on to the next project, allow me to thank each and every one of you who contributed to the success of this year's Rosh Hashanah and Yom Kippur services. A special thank you to Rabbi Alon Ferency for

his spirited leadership and his thoughtfulness and good counsel.

Recently the World Jewish Congress coined the slogan, "In Jewish Unity There is Strength." If volunteerism is our middle name, then unity is our first name, as in the Shema, "*Hear oh Israel, the Lord our God, the Lord is One.*" During this past year, the various units that make up the Heska Amuna family have partnered for congregational events. Margy Goldman, our Vice Chair for Programming, enjoys collaborating, as do Anna Iroff and Anne Greenbaum, co-directors of the Heska Amuna Religious School. Sisterhood graciously teamed up with Rabbi and Religious Services Committee for Shavuot this past year, and it is already becoming a tradition that the Men's Club lends a helping hand with the *s'chach* for the Sukkah. Of course, our loyal and competent staff - Marian Jay, Marilyn Burnett, and Debbie Johnson, who take great pride in our institution - make sure that every last i is dotted and every t is crossed. The Rabbi and Religious Services Committee appreciates the strong support from our Board of Trustees, under the chair-ship of Scott Hahn. It is good to dwell in a house united.

Our challenge for 5773 is to continue what we have started. As we move into the more ordinary part of the year, perhaps the memory of the warmth and joy of celebrating the High Holy Days with our Heska Amuna family will put a smile on our faces. It is the purpose of Simchat Torah to carry the joy of the festivals of Tishrei into the new year. Let's join together with the Religious School on Simchat Torah, October 9, at 5:15 p.m., to conclude the season by celebrating this concluding hag of the season together.

## From the Chair of the Board

By Scott Hahn

As Chairman of Heska Amuna, one of the issues that I have found frustrating is the lack of young people who have joined the synagogue. I realize the reasons for this are complicated and too numerous to list here. So rather than focus on the negative or simply ignore the problem altogether, Heska Amuna is offering a new initiative as a possible solution. If you are thirty-two (32) years of age and younger, you can join Heska Amuna for \$180.00 a year. This rate applies to individuals as well as families. If one spouse is over thirty-two (32) years old, we will use the age of the younger spouse. This is a fixed rate and will not increase until the age of thirty-three (33). By joining, you become a full member of Heska Amuna with all rights and privileges and your Heska Amuna membership includes membership at the AJCC. If you are female, as part of your synagogue membership, you can also join Sisterhood for free.

This is not a total solution to a larger problem, but at least it is a start. Younger people are the success to any organization and the synagogue is no different. It is my goal to eliminate as many barriers to membership as possible. We would like you to learn what the synagogue is all about. We want you to attend our programs and events and become part of our community. Hopefully, this fixed rate will alleviate some of the anxiety people have about joining. We also hope to have some programs geared to this group so that they can become acquainted with one another.

Groucho Marx once said, "I would not want to join a club that would have me as a member." Although it is a classic line, it is also a bad attitude. Heska Amuna wants you as a part of our family and it is hoped this new membership rate will have you take a serious look in joining us. If you have any questions please feel free to contact me, Scott Hahn at [scottbentommy@aol.com](mailto:scottbentommy@aol.com) or membership chair, Susan Silber at [ssiber09@gmail.com](mailto:ssiber09@gmail.com).

## From the Sisterhood Presidents

By Peggy Littmann and Lynn Fuson, Sisterhood Co-Presidents

We want to thank everyone who donated household cleaning supplies for use by Family Promise. We had a great response from the people who attended our new member get together on Sunday, August 12. You literally brought in a trunk load of materials that Family Promise will use to supply formerly homeless families when they are setting up their new homes. Family Promise was very grateful and appreciative of our efforts. Kudos to everyone involved!

We are looking forward to our paid-up luncheon event on Sunday, October 28, at Heska Amuna. Rabbi Alon Ferency will be talking to us about some of his remarkable experiences in the Peace Corps when he was in Africa. We'll get an insider's perspective on what it was like to live in a culture far different from our own. (We're going to try to serve up some ethnic treats, so come prepared for a culinary experience as well.)

Future events will include a book discussion on Phillip's Roth's *The Plot Against America* . . . it imagines a different outcome to the 1940 presidential election - famed aviator Charles Lindbergh defeats Franklin D. Roosevelt and reveals himself as a Nazi sympathizer.

Here's an excerpt: *When a stranger who did wear a beard and who never once was seen hatless appeared every few months after dark to ask in broken English for a contribution toward the establishment of a Jewish national homeland in Palestine, I, who wasn't an ignorant child, didn't quite know what he was doing on our landing. My parents would give me or Sandy a couple of coins to drop into his collection box, largess, I always thought, dispensed out of kindness so as not to hurt the feelings of a poor old man who, from one year to the next, seemed unable to get it through his head that we'd already had a homeland for three generations. I pledged allegiance to the flag of our homeland every morning at school. I sang of its marvels with my classmates at assembly programs. I eagerly observed its national holidays, and without giving a second thought to my affinity for the Fourth of July fireworks or the Thanksgiving turkey or the Decoration Day double-header. Our homeland was America. Then the Republicans nominated Lindbergh and everything changed.*

Stay tuned and we'll keep in touch!

### Hold the Date

**Saturday, January 12, 2013**

### Sisterhood Shabbat

To participate in the Shabbat service,  
please contact  
Anita Kay at 693-5757.

### Judaica Shop News

The mezzuzah announces entrance to a Jewish home. The tzedakah box is filled for *tikkun olam*. Find special Judaica items - mezzuzot and kosher scrolls, tzedakah boxes, challah boards, candlesticks, havdallah sets and candles, Chanukiyot, seder and matzah plates, artwork that make one's house a Jewish home. Beautiful jewelry, tallitot for men and women and kippot to express your Judaism personally. Beautiful Judaica with an emphasis on the handmade and made in Israel. We also offer b'nai mitzvah and wedding gift registries.

## Heska Amuna Sisterhood Paid-Up Membership Brunch

### Sunday, October 28

### 10:00 a.m.-Noon at the Synagogue

Rabbi Alon C. Ferency will share some of his memorable experiences as a Peace Corps volunteer in Cameroon  
Learn about life in Cameroon: people, work, food, music, costumes

Brunch and program are free with your \$36.00 paid-up annual Sisterhood membership.  
RSVP by October 22 to [admin@heskaamuna.org](mailto:admin@heskaamuna.org) or call (865) 522-0701

## Among Our Members

- ◆ Get well wishes go out to the following people who were ill or recuperating: **Joyce Beerman, Elaine Brown, Eliyahu ben Shulamit, Debra Gordon, Irwin Gordon, David Linwood, Mark Littmann, Judy Rattner, Rushal Faygel bat Michal, and Martin Shersky.**
- ◆ Mazal Tov to the following members and their families: **Joyce and David Beerman** on the birth of granddaughter, **Lana Alexandria Bryan**, daughter of **Kelly and Jessica Bryan**; **Barbara and Bernie Bernstein** on the birth of granddaughter, **Rachel Clara Bernstein**, daughter of **Tanya and Mark Bernstein**; **Deborah and David Hicks** and **Judi and Martin Abrams** on the birth of daughter and granddaughter, **Caroline Jayne**; Lois Presser on the birth of twins, Halen Sidney and Ansel Soren Presser.
- ◆ Condolences to **Martha and Marty Iroff** and **Anna, Ellen and Rachel Iroff** and family on the death of mother and grandmother, **Barbara Moody**. May her memory be a blessing.
- ◆ Todah Rabah to **Sandy Parker** who has started volunteering in the Synagogue office on a regular basis and was instrumental in getting the administrative tasks done to prepare for the holidays. We appreciate your time and the effort on behalf of the Shul.
- ◆ If you or a loved one is ill or hospitalized, please let us know so we can attend to them as a community, and place their name on our *Mi Sheberach* prayer list. Federal law prohibits hospitals from notifying us when community members are admitted.

## Contemporary Services and Meditation Sessions Begin

October 20 begins a new season for our Contemporary Services and Meditation sessions. The meditation sessions precede the service and will be led by Debbie Abrams-Cohen. They run from 9:30 - 10:15 a.m. on Saturday mornings once a month. It is a very beautiful and peaceful way to move into the slowing down of our lives that Shabbat offers us.

Following the meditation experience, there will be a Contemporary service from 10:30-11:45 a.m. each month. It consists of modern prayers, read and sung, and Torah discussion. However, the leader and the experience changes each month. Loosely, the structure is as follows: 10:30 - 11:00 a.m. are morning prayers in Hebrew and English, songs, with participation by the group. From 11:00 - 11:30 a.m. there is a Torah discussion led by one of our congregants. We close with song and prayer by 11:45 a.m. and join the rest of the congregation for the Kiddush lunch in the Rosen Social Hall.

The tentative dates for these experiences are November 17, December 8, January 19, February 9, March 9, April 13, May 18, and June 8. Please join us for this different Shabbat celebration. We welcome members and non-members alike...young and old.

This program is organized by Nancy Becker as part of the Rabbi and Religious Services committee. If you have any questions, please don't hesitate to call Nancy at 588-5294.



## ***Learning to Love Learning***

Heska Amuna Synagogue invites you to  
**2012 Heska Amuna Synagogue  
Scholar-in-Residence Shabbaton**

with **Janet Sternfeld Davis**  
*Lecturer in Rabbinic Studies  
and Coordinator of the Bet Midrash  
American Jewish University,  
Ziegler School of Rabbinic Studies*

**November 9 – November 11, 2012**



Details to follow

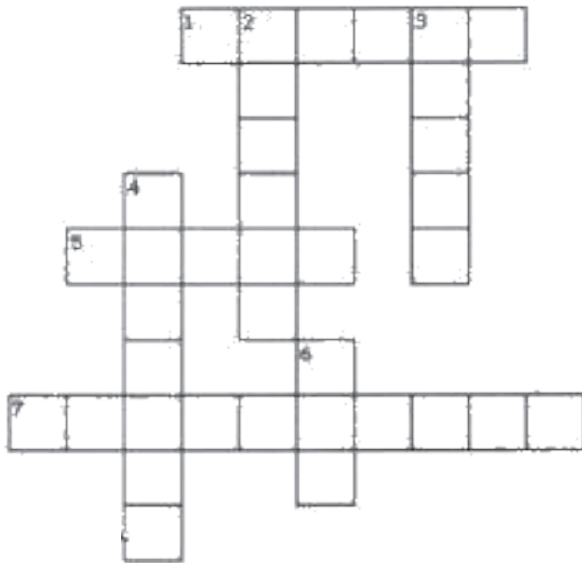
*Sponsored by the Heska Amuna  
Educational Enrichment Fund*

## Heska Amuna Religious School

By Anna Iroff and Anne Greenbaum, Education Co-Directors

We're in full swing here at Heska Amuna Religious School! Co-Directors Anna and Anne are working and playing very nicely together. We share office space, a computer, and surprisingly we even share the first three letters of our names. Still, you shouldn't have any trouble telling us apart as Anne is more than a little bit older. Our HA Religious School staff is terrific - knowledgeable, experienced, and exciting. We are proud that *every* student - from preK through High School, is involved in a wonderful program! They certainly are busy and very much engaged. Registration is always open as we want our young, Jewish-learning community to keep on growing. Our students are always our greatest delight.

## HA Religious School Geography



### Across

1. Jerusalem is its capitol
5. A famous Biblical mountain
7. There are six of these downstairs

### Down

2. Build & decorate it then sit and eat
3. Israelites were slaves there
4. Please borrow from here but return
6. The Torah is inside it

## Sukkot Services



Standing: Anne Greenbaum (Co-Director), Mark Littmann, (7<sup>th</sup>), Charlene Gubitz (Music), Anna Iroff (Co-Director)  
 Front Row: Lev Comstock (Prozdor HS), Aaron Bronstein (3<sup>rd</sup>-6<sup>th</sup> Hebrew), Revital Ganzai (7<sup>th</sup> & Prozdor HS), Amy Cantor (3<sup>rd</sup>-6<sup>th</sup> Judaics). Missing: Nigel Lay (preK-K ), Shirit Pankowsky (1<sup>st</sup>-2<sup>nd</sup>), Karen Ferency (Art )



Families invited for the main holiday of Sukkot, please be sure to join us as we pray and dine together in Heska Amuna's beautiful Sukkah. The holiday begins on Monday, October 1 and ends Tuesday, October 9 with Simchat Torah festivities for all!



- ◆ **Tot Shabbat**  
Friday, October 19 at 6:00 p.m.  
**Shabbat Dinner and Services for Young Families**  
Shabbat dinner starts at 6:00 p.m. and is **only \$10.00 per family** for a delicious Shabbat meal! Tot Shabbat

services are designed for children ages 2-6, though all are welcome. Join us as we welcome Shabbat with food, friends, music, and fun!

Tot Shabbat is open to Heska Amuna members and non-members so **bring your friends for a wonderful family Shabbat experience!**

\*\* RSVP to Anna Iroff at [education@heskaamuna.org](mailto:education@heskaamuna.org) or 522-0701 by **Friday, September 14.**

*In honor of Shabbat, please send your check to the synagogue office either before or soon after Tot Shabbat.*

## Heska Amuna Synagogue *HaShofar*

**Rabbi Alon C. Ferency**

e-mail: [rabbi.ferency@heskaamuna.org](mailto:rabbi.ferency@heskaamuna.org)

**Chair of the Board**

Scott Hahn

e-mail: [hachair@heskaamuna.org](mailto:hachair@heskaamuna.org)

**President**

Gilya Schmidt

e-mail: [hapresident@heskaamuna.org](mailto:hapresident@heskaamuna.org)

**Education Co-Directors**

Anna Iroff and Anne Greenbaum

e-mail: [education@heskaamuna.org](mailto:education@heskaamuna.org)

**Office Administrator**

Marian Jay

e-mail: [admin@heskaamuna.org](mailto:admin@heskaamuna.org)

**Heska Amuna Synagogue**

e-mail: [info@heskaamuna.org](mailto:info@heskaamuna.org)

**Permanent Schedule**

Friday Night Services.....Varies  
Saturday Morning Service.....9:30 a.m.  
Mon. & Thurs. Minyanim.....7:00 a.m.

Evening minyanim can be arranged by calling President Gilya Schmidt, 694-6213, one week before.

Sunday Minyan.....9:30 a.m.

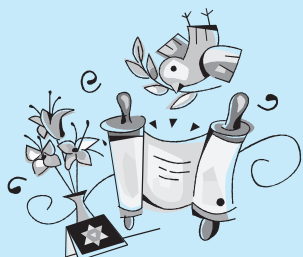
For a list of Heska Amuna's funds and other information, please visit [www.heskaamuna.org](http://www.heskaamuna.org)

**Heska Amuna Synagogue** is an affiliate of United Synagogue of Conservative Judaism.

*HaShofar* editor - **Marian F. Jay.**

*HaShofar* material copyrighted by Heska Amuna Synagogue.

### Join us for Gan K'tan!



Gan K'tan is a special program for young preschoolers (3 and under) and their parents. We come together for music, art, stories, games, snack, and friends – all in a fun Jewish environment!



**Sunday, October 7**  
10:00 a.m. – 12:00 p.m.

The theme for this month's Gan K'tan class is Simchat Torah!

*This program is free for all Heska Amuna members and only \$5.00 per session for non-members. Please sign up with Anna Iroff at 522-0701 or [education@heskaamuna.org](mailto:education@heskaamuna.org).*

### Join us for Family Minyan!

**Saturday, October 6**  
10:00 – 11:30 a.m.

Family Minyan is a wonderful Shabbat experience for our school families. This is a family service, not a children's service. Parents participate with their students, to learn and pray as a family using our beautiful new *Siddur Mah Tov!*



### Things to Remember!

Upcoming School Events

- ◆ October 3 – **Religious School, grades 3-6.** We'll enjoy sitting in our sukkah!
- ◆ October 6 – **Family Minyan**
- ◆ October 7 – **Religious School, PreK – Prozdor and Gan K'Tan**
- ◆ October 10 – **No Classes**
- ◆ October 14 – **Religious School, PreK – Prozdor**
- ◆ October 17 – **Religious School, grades 3-6**
- ◆ October 19 – **Tot Shabbat dinner & services**
- ◆ October 21 – **Religious School, PreK – Prozdor**
- ◆ October 24 – **Religious School, grades 3-6**
- ◆ October 27 – **Prozdor Shabbat**
- ◆ October 28 – **Religious School, PreK – Prozdor**
- ◆ October 31 – **Religious School, grades 3-6**



### Todah Rabah to Our Friends and Supporters

- ◆ To **Bob and Carole Martin** for their generous donation toward a new refrigerator for the use of our HA Religious School.

## Meet Our Members

### Bridgette and Wojciech Biernacki

Bridgette was born in Barbourville, Kentucky and enjoyed living in many cities, including Knoxville, before also attending University of Memphis where she completed her M.A. in medical anthropology. Wojciech (Wojtek), born in Bydgoszcz, Poland, immigrated with his immediate family to Windsor, Canada where he lived until moving to attend The University of Memphis where he graduated with a B.S. in Computer Science. Bridge and Wojtek moved to Knoxville as newlyweds this past November and are looking forward to their first anniversary in September. They enjoy outdoor activities, traveling, and spending time with their terrier child, Clover. Their address is 4831 Summit Circle, #133; phone numbers are 226-9593 – Wojtek and (901) 647-2801 – Bridge; e-mail addresses - [wojtekx@gmail.com](mailto:wojtekx@gmail.com) and [BridgeBiernacki@gmail.com](mailto:BridgeBiernacki@gmail.com).

### Deborah and David Hicks

Deborah and David have lived in Knoxville for over 10 years. David was born in Cleveland, Tennessee and Deborah was raised in Chattanooga. They met at the University of Tennessee College of Veterinary Medicine in 2004. Dave was pursuing his residency in small animal Veterinary Surgery, and Deborah was a second year student in the Veterinary curriculum. They have shared a wonderful relationship for the past 8 years and have been married for a little over a year. They are very excited that their daughter Caroline Jayne was born in August and are looking forward to sharing in their adventures together and teaching solid values to their first child. David is currently completing his PhD in small animal biomechanics and has recently started his own business, Advanced Mobile Veterinary Surgery, which specializes in assisting local clinics with complex surgical cases. Deborah is also a small animal Veterinarian and has worked as an associate clinician for the past three years at Fairview Animal Hospital. Both David and Deborah enjoy mountain biking, camping, gardening, cooking and traveling domestic and abroad. They are active members of the local Appalachian Mountain Bike Club, which is a subsidiary of the International Mountain Bicycling Association, and love to help build and maintain the great trails of the South Knoxville Urban Wilderness network. They are very excited about joining the local Jewish community as active members and look forward to meeting and sharing with the present congregation at Heska Amuna. Their address is 122 Royal Heights Drive, 37920; e-mail addresses are [deb.spector@gmail.com](mailto:deb.spector@gmail.com) and [amvsdave@aol.com](mailto:amvsdave@aol.com).

## Contributions From Caring People

For a List Of Synagogue Funds, Please Check Our Website at [www.heskaamuna.org](http://www.heskaamuna.org)

Donations received by August 27

### BUILDING FUND

*For Janet Krauss's yahrzeit*

By: Brenda Mosko

### EDUCATIONAL SUPPLEMENT FUND

*For Albert Ring's yahrzeit*

By: Nancy and Jeff Becker

### GENERAL FUND

*In honor of Wendy Besmann's YMCA honor*

By: Barbara and Bernie Bernstein

*In memory of Bernie Iroff and Claire Shulman*

By: Joyce and Harold Diftler

*In honor of Carol Feldman on her 75<sup>th</sup> birthday*

By: Benjamin Landman and Jennifer Feldman

*In memory of Bernie Iroff*

By: Phyllis and Mark Rosenthal

### LEIBOWITZ FUND

*For the yahrzeits of Gussie Richer and Sylvia Leibowitz*

By: Peggy and Gale Hedrick

### RABBI'S DISCRETIONARY FUND

*For Gershon Cooper's yahrzeit*

By: Harriet Cooper

*In honor of Herb Jacobs on his 70<sup>th</sup> birthday*

By: Ilene and Steve Nedelman

*In memory of Carolyn Manas Bertram*

By: Kay and Larry Leibowitz

### WINICK LIBRARY FUND

*For Jennye Grusin's yahrzeit*

By: Mary Ann and Bryan Merrell

*In honor of the publication of Gilya Schmidt's new book*

By: Susan Contente and Kurt Piehler

### Yahrzeit Fund

*Estelle Binder*

By: Marilyn Abrams, Jerry Binder

*Mildred Dreyer and Nathan Naumann*

By: Trudy Dreyer

*Robert Messing*

By: Helene and George Messing

*Joseph Green and Joseph Weinbren*

By: Anita and Jeff Miller

*Edwin Rapport*

By: Ken Levine

# TEMPLE BETH EL TIMES



## Sukkah: Prototype for Creating a Home

By Rabbi Mathew D. Michaels

The solemnity of Rosh Hashanah and Yom Kippur now give way to the creativity and joyous celebrations of Sukkot and Simchat Torah. We are commanded to construct “temporary booths” to dwell in so as to connect with our ancestral roots and experiences. The Sukkah is to become our “home” for the week. We have the obligations to eat, study and perhaps even sleep in the Sukkah. It is to become *sukkat sh'lemeicha* – a physical reminder of God’s sheltering presence in our lives.

The Sukkah can take-on many shapes, sizes and décor. Whether it be a communal or individual Sukkah, part of the fun is creating the design, constructing and decorating this temporary home. Reciting the blessings, shaking the Lulav and Etrog, add to the significance of this celebration. The partially exposed roof and sides of the Sukkah remind us of the temporary and fragile nature of life.

The Sukkah, as a provisional structure, stands in juxtaposition to our houses. And yet, the blessings, rituals and joy that we experience in the Sukkah can (and should) transfer into our homes. A beautiful prayer written by Rabbi Sidney Greenberg titled *Blessing For Our Homes* speaks to the qualitative distinction between a house and a home:

*Keep us ever mindful that our house is built of mortar and wood and brick, but our home is built by truth and trust and faithfulness.*

*Teach us that the clash of wills and the conflict of purposes are not softened by thick rugs of heavy drapes, but by patience, understanding and compassion.*

*Grant us the wisdom to know that our home is as spacious as our hearts, as bright as our dispositions, as cheerful as our hopes.*

*May our home never grow so small that there is no room for forgiveness, for tenderness, for a generous supply of words of appreciation and praise.*

*May our home never grow so large that we lose sight of each other’s needs, fears, and dreams.*

*Help us to furnish our home with the music of laughter, the joy of kindness, the sanctity of our ancient traditions.*

*Help us to decorate our homes with harmony to provide beauty and with constancy to provide security.*

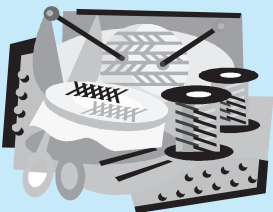
*Help us to make our home a sanctuary of peace and contentment in which God’s presence may always abide.*

May all of us, throughout the year find peaceful shelter under God’s sheltering presence.

15 Tishri—15 Cheshvan, 5773

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## Craft and Food Fair Sunday, December 2 9:30 a.m.—2:00 p.m.

The now famous **Sisterhood Craft and Food Fair** is almost here! That means it's time to start sending in all your wonderful items to the Temple Beth El.

We are excited to receive all your pottery, needlework, jewelry, and painting creations. Home canned goods, cakes, breads, pastries and cookies are all very popular items (and of course, challah). This fun and exciting event just keeps getting better every year, and we couldn't do it without all of the gifted artisans of Temple Beth El. Thank you for sharing your unique talents and supporting your Sisterhood.

Please contact **Lucy Barkan** at 671-1840 with any questions, or if you would like to help with this wonderful event!



## President's Message

By Stuart Elston

It was a delight to see a wonderful turnout for the High Holy Day services that are now just past, to see so many old and new friends, to hear again the voice of Cantor Seeger, the voices of the choir, the music of the instruments and their players added specially for these services, and of course the sounds of the shofar. And, above all, it was awesome to ponder and absorb the messages of the Holy Days, delivered so meaningfully by Rabbi Michaels. So much work and preparation by the Ritual and Worship Committee, the House and Property Committee, the Temple Sisterhood, office and custodial staff, and volunteers goes on behind the scenes for weeks and weeks leading up to the new year and its observance that there must be, in addition to those already mentioned, at least 20 more people to whom we owe a debt of gratitude for this well-crafted

production. As I express my appreciation for their accomplishment, I hope you will add yours to it and deliver it directly to those who did the work, if you have not already done so.

It doesn't take much thought to realize that producing all of these events does not come cheaply. We are truly blessed to have endowed funds that support the many of the expenses associated with the High Holy Day services and related activities. Those funds were mostly provided by generous benefactors of blessed memory – Elise Levy comes to mind – who themselves were grateful for the services they enjoyed and expressed that gratitude in their estate planning. If you have the ability to do so, and share that gratitude, please keep in mind this means of thanks and of concern for the future of Temple Beth El.

Thank you once again to all of the dedicated, talented, and generous people who have made our High Holiday services and events possible.

## It's Time for Sisterhood

By Karen Smith

Sisterhood has many events planned for the "fall line-up."

In October, Sisterhood will host the annual *Mah Jongg Madness* on Sunday, **October 21** from 12:30 p.m. to 4:00 p.m. at Temple Beth El. The \$15.00 registration fee includes registration, desserts, snacks, and prizes. All levels of players are welcome. Please send your \$15.00 check payable to Temple Beth El Sisterhood to *Ellen Markman* by October 17. For additional information or to register, contact *Ellen Markman* or *Linda Mongeon*.

We will host the Sisterhood<sup>3</sup> Rosh Chodesh observance for Chesvan on Tuesday, **October 16** at 6:00 p.m. In addition to a lovely fall supper and our usual short service, Carolyn Stice, a UT English Department graduate student, will read and discuss the poetry of Hannah Senesh.

In early November, Sisterhood members will travel to Troy/Bloomfield Hills/W. Bloomfield, Michigan for WRJ Central District's biennial convention. Members are looking forward to a weekend of spirituality, sharing, information to bring home, and sisterhood.

Sisterhood's annual *Chanukah Food and Craft Fair* will be held on Sunday, **December 2** from 9:30 a.m. until 2:00 p.m. at Temple Beth El. Chair *Lucy Barkan* and her committee need donations of baked goods, breads, candy, cookies, homemade canned items, and homemade crafts. Please contact *Lucy* if you have items to donate or can help during the sale on Sunday, December 2 or with set up on Saturday, December 1.

*Todah* to Program co-Vice Presidents *Mimi Brody* and *Kathy Young* for Sisterhood's opening brunch/program. Members enjoyed brunch, conversation, information about the coming Sisterhood year, and an engaging speaker.

Beiler Floral Fund Chairs *Emma Fleischmann* and *Lisa Sayles* welcome all flower donations of \$36.00 for Shabbat and holidays. What a thoughtful way to remember or honor someone for a life cycle event of special occasion. (*Please write checks to Temple Beth El Sisterhood.*)

It's never too late to join Sisterhood. Your check for \$40.00 brings you a year of Sisterhood. *It's time for Sisterhood!*

# MAH JONGG MADNESS

**Sunday, October 21, 2012**

12:30 – 4:00 p.m. at Temple Registration, \$15.00

## Temple Beth El Sisterhood

Please provide the information below with your check payable to

**Temple Beth El Sisterhood to:**

Ellen Markman  
1707 Vander Ridge Lane  
Knoxville, TN 37919

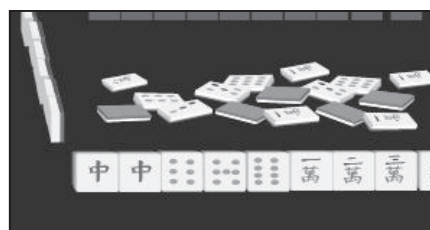
***Deadline: Wednesday, October 17, 2012***

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail address \_\_\_\_\_

Information: Ellen Markman 584-5820 or  
Linda Mongeon 693-0407



Remembering Ruth Sherrill

## Temple Beth El Religious School

By Norma James, Education Director [nfjames77@gmail.com](mailto:nfjames77@gmail.com)

**Religious School will decorate the Sukkah on Sunday, September 30.** We will not build the Sukkah this year because our Temple will use the full patio for the Sukkah. Therefore we will not need parent help on Sunday. The students will decorate during school. Our Hebrew Chai class will paint the preschool/kindergarten windows. This Sukkah is shaping up to be our best one ever.

**Pizza in the Sukkah October 3 for Midweek classes:** We will fulfill the mitzvah of eating in the Sukkah and enjoy our monthly pizza supper at the same time. Remember to arrive at 5:45 p.m. for dinner. Classes begin at 6:15 p.m.

**Every service is a family service!** You will hear this many times from Rabbi Michaels when he is asked about special family services. Our goal with any service is to provide a meaningful spiritual experience for all of our congregants. Our children ARE congregants. Teaching your children how to sit through a service begins at an early age. Even though our younger ones may not understand everything that is said, that does not mean that they get nothing from the service. There is a special feeling one gets just from being with family in a holy setting. Our children are learning the service prayers in Religious School. By fourth grade they are developing Hebrew reading skills and can practice those skills in the service. The music of the service can speak to all ages, and our children practice the music of the service every week in school. There is much to be learned both from Rabbi's d'var Torah, from listening to the Torah being read or chanted, and from the sermon. Like most activities our children do, worship takes practice.

**That being said...bring the family to Sukkot services on Friday, October 5.** Yes, we just finished the High Holy Days and we are ready for the new year. Now it is time to celebrate Sukkot. Enjoy a brief Sukkot service in the Sukkah at 7:30 p.m. There will be a wine and cheese (and cookies and juice) at 6:30 p.m. prior to the service. I hope to see all of our school families at the service.

**Walk with us Sunday afternoon, October 7 as we Make Strides for Cancer.** Look for more information about forming teams for this walk-a-thon. Our Hebrew Chai class is volunteering all day for this very worthy cause. Registration is at 2:00 p.m. and the walk begins at 3:00 p.m. See Hayley or Stephanie Goldfeld for more information.

**Simchat Torah and Consecration SUNDAY EVENING 6:00 p.m.:** New! New! New! You only think you know Simchat Torah. Temple Beth El will do it in style with this joyous service for the entire FAMILY. (Do you see a pattern here?) Rabbi Michaels has planned a service that will rock! Okay, no drums or electric guitars, but it will be fun from beginning to end. Our 11 students who are new to our school will be Consecrated as they recite the Shema and receive a small Torah. The Rabbi will honor them with the first Hakafah! We will unroll our Torah around the sanctuary so that Rabbi Michaels can read the final verse of Deuteronomy and the first verse of Genesis. We are starting early and will be done in plenty of time for a school night service. Don't miss out! Be there!

**Fall Break will be Wednesday, October 17 and Sunday, October 21.** There will be no classes during the Knoxville Fall Break.

**Ben Gibbons will be called to the Torah on Saturday, October 27 at 10:30 a.m.** Ben, his parents Tony and Melinda, and his brother Ryan hope you will join them to worship and celebrate Ben's big day. As his mitzvah project, Ben has started a recycling program at Temple Beth El. He prepared a wonderful PowerPoint presentation for our school, and the staff and students have really stepped up. We are proud of all that Ben has done to prepare for his Bar Mitzvah. Mazel Tov!

**There will be no Midweek class on Wednesday, October 31.**

### Upcoming Events for October:

- September 30:** Religious School classes decorate the Sukkah
- October 3:** Midweek Classes: Pizza dinner 5:45 p.m.; Classes 6:15-7:30 p.m.
- October 5:** Sukkot Service 7:30 p.m. with Wine and cheese at 6:30 p.m.
- October 4:** Sundown in the Sukkah at the AJCC 5:00 p.m.
- October 7:** Making Strides for Cancer Walk 3:00 p.m.
- October 7:** Simchat Torah & Consecration 6:00 p.m.
- October 17:** Fall Break No Midweek Classes
- October 21:** Fall Break No Religious School
- October 27:** Ben Gibbons' Bar Mitzvah (10:30 a.m. Saturday morning)
- October 31:** Halloween NO Midweek class



**TBE Religious School is on Facebook!**

Search *Temple Beth El Religious School, Knoxville, TN* and request to be added.  
It is a closed group, so no information is public.

## A Thoughtful and Considerate Action: Meeting Your Cemetery Needs

Purchasing interment rights in advance of need is one way for caring persons to lessen the additional concerns loved ones must face at times of grief.

Although the subject of burials is never easy to discuss, making arrangements ahead of time will lessen the impact on your family and those you love most.

TBE's Cemetery Committee encourages our members to purchase interment rights, at current rates, prior to need. Additional fees are charged when arrangements must be made at the time of need.

In addition, we want you to be aware that 2007 IRS rules allow those who have reached the age of 70 and six months to transfer funds directly from their IRA to qualified public charities. This money is not counted as income for the donor, and therefore is not taxed. These funds can be used to create an endowment for a designated purpose, such as maintenance of the cemetery.

Please consider acting now regarding burial plans. Simply contact the Temple Beth El office or a member of the TBE Cemetery Committee.

### Make Strides to End Breast Cancer Non-Competitive 5K

**Sunday, October 7  
Starts at 3:00 p.m.  
Knoxville Civic Coliseum Plaza**

Please join TBE by participating in the *Make Strides to End Breast Cancer* walk on October 7. This is a non-competitive 5K walk that starts at 3:00 p.m. This event is a powerful and inspiring experience that unites communities to celebrate people who have battled breast cancer, to raise prevention awareness and to raise money to support programs and find cures. Rabbi Mathew Michaels will lead this year's invocation.

I am sure most of you know someone who has had breast cancer; show them your support by joining our team or creating your own. Ashkenazi Jews are at a greater risk of developing breast cancer because they are more likely to have mutations in BRCA1 and BRCA2 genes than the general population.

If you cannot walk with us, please donate to this cause, one that is very dear to my heart. I was diagnosed with breast cancer over 7 years ago and am happy to say I am cancer free. This year in Tennessee alone, 4,700 women will be diagnosed with breast cancer, and 890 of those women will lose the battle against the disease. The money raised through *Making Strides Against Breast Cancer* will be used to reduce these numbers through breast cancer research, prevention and early detection programs; patient support services; and advocacy efforts.

To sign up or donate, visit [www.makingstridesknoxville.org](http://www.makingstridesknoxville.org). To donate, type in the name: Hayley Goldfeld or Amy Rosenberg. To join the TBE team, type in Temple Beth El.

The journey to end breast cancer starts with a single step. Take that step with TBE on October 7. Just a few hours of your time will help bring a lifetime of change for people facing breast cancer and their families. (Plus it will be fun!)

Please help us make a difference. If you have any questions, feel free to e-mail either me, [HayleyG@charter.net](mailto:HayleyG@charter.net) or Amy Rosenberg at [rockybergs@tds.net](mailto:rockybergs@tds.net). Sign up today!

Thanks for your support.  
Hayley Goldfeld

### Mark your Calendars

## Temple Beth El Chanukah Latke Celebration

Friday, December 14  
6:00 p.m.



This year's celebration will include our traditional latke & brisket dinner, lighting of the Chanukah candles, and service.

Please contact Amy Rosenberg at [rockybergs@tds.net](mailto:rockybergs@tds.net) if you are interested in volunteering.

### Treasure Tov

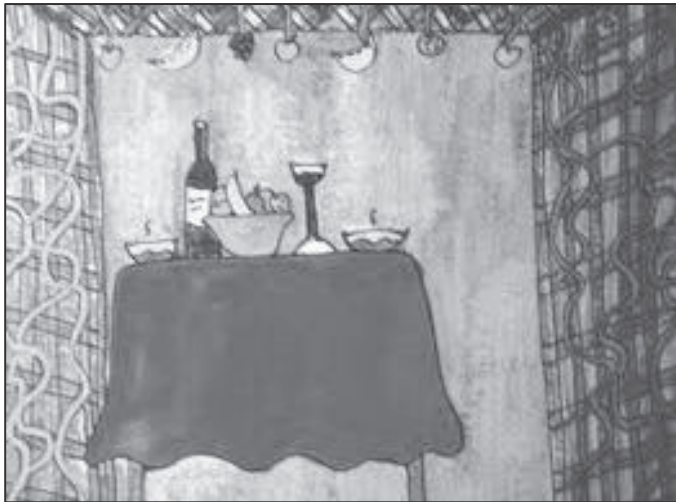
Come visit the Treasure Tov for all of your gift-giving needs, and by doing so, help support Temple Beth El.

We have many different items for all different occasions. From Star of David noodles to Torah pointers and much more.

If you are not sure what to buy someone, we do have gift certificates so the person can pick out what they would like themselves.

We are open any Sunday that there is Religious School at the Temple and on Wednesday evenings for Hebrew School. For your convenience you can also call ahead and make an appointment.

We are still looking for people to help run the shop on either Sundays or Wednesdays.



# Temple Beth El

Cordially invites all  
 Prospective Members, New Members  
 and Current Members  
 for some  
 SCHMOOZING & NOSHING  
 under the stars at Temple Beth El's  
 Sukkah on the Patio

## Friday, October 5

at 6:30 p.m. in the evening  
 followed by a special Sukkot Service beginning at 7:30 p.m.  
 (outside if weather permitting)

Sponsored by Membership & Social Committees

Wine & Hors d'ourves will be served.

RSVP: Amy Rosenberg 356-6830 or [rockybergs@tds.net](mailto:rockybergs@tds.net) by October 2.

## A Temple Beth El Celebration

# Simchat Torah and Consecration

Sunday, October 7  
 6:00 p.m.



**Join us as we rejoice in unrolling the Torah and re-rolling it back to "In the Beginning.."  
 We will also consecrate and bless our youngest Religious School members.**

.....

The ceremony of Consecration marks the beginning of one's Jewish learning: when young people begin their study of Judaism, they are honored before the community as a new student. Jewish learning is considered a sacred task. What an appropriate time, then, to celebrate this milestone in a young person's life. As the entire Temple community joins in the *hakafah* (processional of the Torah) and Torah scrolls are unrolled for all to see, new students see the importance and centrality of this ancient and holy sourcebook. They also have the opportunity to see Judaism as a tradition that is interactive, celebratory, and engaging.

To the Women of  
JCOR, Beth El, & Heska Amuna Sisterhoods  
Announcing

**Rosh Chodesh**



**Cheshvan**

**Tuesday, October 16**

Temple Beth El at 6:00 p.m.  
3037 Kingston Pike, Knoxville 37939

**Please join Sisterhood<sup>3</sup> as we welcome the new moon.**

**Fall soup and sandwich dinner served: RSVP to Meredith Jaffe at [ldlady@charter.net](mailto:ldlady@charter.net)**

After dinner we will be treated to a reading and discussion of the poetry of Hannah Senesh by Carolyn Stice, UT graduate student in the English Department

*Beth El Sisterhood invites you to participate in our on-going community service project to support "Marty's Mission" by bringing a non-perishable food item for Second Harvest.*

## Contributions to the Funds of Temple Beth El

To see our endowed funds, please visit [www.tbeknox.org](http://www.tbeknox.org)

### Donations received as of August 23, 2012

#### Bieler Flower Fund

*In honor of Kalisa Parsons' Bat Mitzvah*  
By Sandra Parsons

#### General Fund

*In memory of David Feldman*  
*by Maria Shusterman*  
*In honor of Zahavah Clayman (Bat Mitzvah), Kalisa Parsons (Bat Mitzvah), and Josh Oleinik (Bar Mitzvah)*  
By The Goldfeld Family  
*Get Well Wishes to Stuart Elston*  
By Paul Erwin & Renee' Hyatt

#### Preservation Fund

*In memory of Louis H. Gassel*  
By Elizabeth Gassel & Michael Pardee

#### Strasburger Sacred Music Fund

*In memory of Emile E. Strasburger, Adele Strasburger Zachariar and Victor Strasburger*  
*In honor of Alex Bolt becoming an Eagle Scout by Linda Bolt*

#### Rabbi Circle Fund

Mr. and Mrs. Mark Abrams  
Ms. Susan Baker

Mr. and Mrs. Mark Barkan  
Mrs. Charlene Rizzo  
Mrs. Pessa Brody  
Ms. Honerlin Del Moro  
Mr. Stephen Eisen  
Dr. Paul Erwin and Dr. Renee' Hyatt  
Dr. and Mrs. Thomas Evans  
Ms. Janice Feinman  
Mr. and Mrs. Aron Goldfeld  
Mr. and Mrs. Kenneth Hirsh  
Mr. and Mrs. Wesley James  
Ms. Laura Johnson  
Mr. Matthew Lauer and Ms. Laura Fisher  
Mrs. Bella and Mr. Edmond Lester  
Mr. Richard Licht and Mrs. Shirley McGuire  
Mr. and Mrs. Roy Loring  
Dr. Aaron and Mrs. Imelda Margulies  
Mr. and Mrs. Stephen Markman  
Dr. Kristy Newton  
Dr. and Mrs. Charles Noon  
Mr. and Mrs. Joe Oleinik  
Mr. and Mrs. Hal Rosenberg  
Drs. David and Heather Sandberg  
Dr. Ronald and Mrs. Ebbie Sandberg  
Dr. and Mrs. Isidor Sauers  
Dr. and Mrs. Michael Shenkman  
Dr. Alan and Mrs. Karen Smuckler  
Mr. and Mrs. Irving Witcoff  
Mr. Richard Zivi

# B'NEI MITZVAH

## Gibbons to Celebrate October Simcha at Temple Beth El

Benjamin Daniel Gibbons celebrates his bar mitzvah on Saturday, October 27, at Temple Beth El, with Rabbi Mathew Michaels officiating. Services begin at 10:30 a.m.

Ben is a seventh grade honors student at Bearden Middle School. His favorite classes are math and science, and he is an active member of the band and Science Olympiad. He enjoys reading, music, swimming and tennis. He spends his summers in various camps and swimming for the AJCC Smokin' Salmon. He has a special interest in protecting the environment, so it's no surprise that for his mitzvah project, Ben developed and instituted a recycling program at Temple Beth El. His project included a PowerPoint instructional program for students and teachers to help reduce the paper use during Religious School classes. Recycling bins were set up in the religious school for the project. Ben is very close with his family, especially his younger brother Ryan.



Come celebrate with Ben and his family on October 27 at 10:30 a.m. as he is called to Torah. Ben will read from *Lech L'cha*. Immediately following services a dairy luncheon will be provided.

### Support Heska Amuna and Temple Beth El Buy Grocery Store Certificates

Everyone has to eat, so you can help your temple or synagogue raise funds without increasing your monthly expenses. Purchase grocery certificates and a percentage will go to your local organization. Complete the form and mail it or call a representative to learn more.

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

#### Heska Amuna Synagogue

EarthFare	\$25 _____	\$50 _____	\$100 _____	
Kroger	\$25 _____	\$50 _____	\$100 _____	\$200 _____
Fresh Market	\$25 _____	\$50 _____	\$100 _____	
Food City	\$25 _____	\$50 _____	\$100 _____	

Total Amount \_\_\_\_\_

#### Temple Beth El

EarthFare	\$25 _____	\$50 _____	\$100 _____	
Kroger	\$50 _____	\$100 _____	\$200 _____	\$300 _____
Fresh Market	\$50 _____	\$100 _____		
Food City	\$50 _____	\$100 _____		

Total Amount \_\_\_\_\_

Please complete the form, mail your check payable to Heska Amuna Sisterhood and send to either Marilyn Liberman, 7932 Corteland Drive, 37909 or Gene Rosenberg, 717 E. Meadecrest Drive, 37923.

Temple Beth El, P.O. Box 10325, Knoxville, TN 37939-0325. Gift Cards can also be obtained in person from the Temple Office or any of the following individuals: Amy Rosenberg 356-6830; Patti Austin 483-3049; Evan Sturm 584-0429.

# Jewish Congregation of Oak Ridge



## From the President

By Sig Mosko

As we begin October, the High Holidays have passed and our traditional programs are underway. Look for Rabbi Rashkovsky's monthly lectures following Shabbat services and for monthly screening of the Jewish-interest movies on Saturday nights at 7 pm. Look for our announcements or give Rabbi Rashkovsky a call to learn schedules.

Our Israeli Dance Group meets in our social hall almost every Sunday morning at 10:30 a.m. No reservations needed...just stop in and join the fun. Check with Becky Charles (924-6041) to confirm that the group is meeting on any given weekend.

We are expecting to have another Ah-Men Dinner/Festival sometime in the coming winter. Hilary Shreter will be in charge. Save your "white elephants" for the silent auction that always goes with this event. Donate your "white elephants" for tax deductions and come purchase some real gems at the auction. Look for announcements or contact Hilary at [hshreter@gmail.com](mailto:hshreter@gmail.com).

Would you like an opportunity to read Torah or Haftorah at Shabbat Services? Contact Bruce Tomkins, our ritual chairman, at [bruce.tomkins@gmail.com](mailto:bruce.tomkins@gmail.com) or Rabbi Rashkovsky to find a date that needs a "reader." This also applies to opportunities for leading services.

*On Rosh Chodesh Elul, the Sisterhoods of the Jewish Congregation of Oak Ridge (JCOR), Temple Beth-El, and Heska Amuna enjoyed dinner and a presentation at JCOR on "The Power of Women in the Upcoming Presidential Election."*

*(Below) Meredith Jaffe, from Temple Beth-El, Anne Greenbaum, Avigail Rashkovsky, and Brenda Mosko from JCOR*

*(Right) Speaker Marty Adler-Jasny with Rose Holz and Linda Bell from JCOR*



*Jane Cohen, Penny Lukin, and Sarah Milford presented Contemporary Chootenanny music at Friday Night Family Shabbat on August 24. The group accompanied themselves with banjo, guitar, and drum. A dinner followed services.*

JCOR Sisterhood's

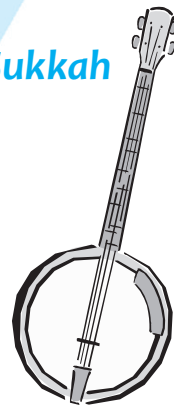
**Blue Grass and Barbeque in the Sukkah**

**Saturday, October 6**  
**6:00 p.m.**

*Grilled chicken with fresh summer vegetables and luscious desserts served in the Sukkah..*

*Live Music!*

**\$22.00/person (Children under 13 free)**



## Rabbi's Study Session

*The Talmud: Transforming the Oral Law*

Saturday, Oct. 27 after the morning services

## Jewish Film Series

Saturday, Nov. 3, 7:00 p.m.

*Rosenstrasse* in German with English subtitles, directed by Margarethe von Trotta: A modern day Jewish family learns about the Rosenstrasse protest. The protest, recalled in flashbacks, was a non-violent protest in Berlin in 1943, carried out by the non-Jewish ("Aryan") wives and relatives of Jewish men who had been arrested for deportation. It was a significant instance of opposition to the events of the Holocaust.



# Mazel Tov!

## *Heska Amuna Synagogue*

### Happy Anniversary!

Ellen and George Kern  
Joyce York and Michael Messing

Betty and Mark Siegel  
Serina and Jeff Scott  
Evelyn and Harold Silvey  
Mary Ann and Bryan Merrell  
Susan and Barry Roseman  
Sandi and Norman Licht  
Marcie and Moshe Shloush  
Pam and Ernie Gross  
Wendy and Ted Besmann  
Harriet and Michael Glasman  
Kim and Josh Hedrick



### Happy Birthday!



◆ Barry Allen ◆ Neil Feld  
◆ Scott Dryzer ◆ Steve Abeles  
◆ Marcie Shloush ◆ Lisa Jacobson  
◆ Joan Linwood ◆ Sally Baerman  
◆ Kay Leibowitz ◆ David Carson  
◆ Jenny Pfeffer ◆ Kim Rosen  
◆ Sam Abrams  
◆ Bernard Bendriem ◆ Jill Brown  
◆ Howard Zoldessy  
◆ Stephen Rosen ◆ Andy Kramer ◆ Nancy Young  
◆ George Kern ◆ Ken Levine ◆ Stephanie Bank  
◆ Carole Cooper ◆ Harvey Liberman ◆ Rosalie Nagler  
◆ Lois Presser ◆ Jami Quartararo

*All members whose birthday or anniversary occurs in October are invited to receive a blessing at kiddush on Shabbat morning, October 13.*

## TEMPLE BETH EL

### Happy Birthday!

◆ Jamie Brody ◆ Bart Brody ◆ Zoe Feldblum ◆ Connor Reis  
◆ Allisen Shagan ◆ Blake Parsons ◆ Hal Rosenberg  
◆ Daniel Fribourg ◆ Jordan Sandberg ◆ Yelena Sapozhnikova  
◆ Samuel Seifert ◆ Leslie Snow ◆ Irving Witcoff ◆ Patricia Austin  
◆ Aaron Margulies ◆ Abby Polsky ◆ Cindy Raines ◆ Sue Hume  
◆ Abigail Sayles ◆ Pamela Brody ◆ Anthony Zucker  
◆ Benjamin Gibbons ◆ Robert Robkin ◆ Morris Goodfriend  
◆ Bella Lester ◆ Sam Shagan ◆ Ilya Safro ◆ Andrew Traugot  
◆ Barry Wohl ◆ Shelley Mangold ◆ Gregory Billinson  
◆ Elena Reineri ◆ Mimi Pais ◆ Jake Rosenberg ◆ Rebecca Lane  
◆ Tamra Brown ◆ Gregory Lane ◆ Honerlin Del Moro  
◆ Toby Tumpson ◆ Jacob Arbital ◆ Judith Kaufman  
◆ Allan Rosenbaum ◆ Liliya Safro

### Happy Anniversary!

Raymond and Beth Brody  
Ray and Babyling Pais  
Jeffrey and Susan Arbital  
Elizabeth Gassel and Michael Pardee  
Larry and Cathy Concors  
Leonard and Margot Brown  
David and Patricia Lee



# JAHRZEIT

## TEMPLE BETH EL

### October 5

◆ Yolando Del Moro ◆ Dr. Michael Diamond ◆ Mordechai G Heiser ◆ Gerald A. Dortch ◆ Sam Miller ◆ Esther Seigal ◆ Amelia Solod  
 ◆ Sophie Berkowitz ◆ Rudolph Bertram ◆ Isaac Routenberg ◆ Florian Raymond Bernheim ◆ Steven Feldman ◆ Ann Marcovitch  
 ◆ Amanda S Morris ◆ Riva Dvorkiha ◆ Jack Garliner ◆ Albert A. Levy ◆ Jennie Lipshitz ◆ Emanuel Radoff ◆ Evelyn C Green  
 ◆ Carl Mincey

### October 12

◆ Abraham J Alper ◆ Dr. Gerald Goss ◆ Lester Hirsh ◆ Gus Robinson ◆ Harold Freedman ◆ Betty Parish ◆ Joan Roth ◆ Anna Alvo  
 ◆ Bessie Factor ◆ Martin Guthman ◆ Abraham Stein ◆ Graham Stein ◆ Bertha Kershner ◆ Marcus Mendelowitz ◆ Gertrude Frankel

### October 19

◆ Ada Averbuch ◆ Tom Case ◆ Jacqueline Robkin ◆ Samuel Samuel ◆ Catherine Cox Fisher ◆ Ruth Polk ◆ Daniel Taubman  
 ◆ Jack L Zagoren ◆ Pearl Zauber ◆ Sam Freeman ◆ Charlotte Pais ◆ Dora Brody ◆ Samuel Drower ◆ Samuel Lande ◆ Bessie Margolies  
 ◆ Dina Shklyarova ◆ David Feldman ◆ Israel Potter ◆ Joseph Steinberg ◆ Abraham C Strasburger ◆ Anna Zafran ◆ Pam Feldman  
 ◆ Harry Rozalsky ◆ Ben Simon

### October 26

◆ Morris Skalet ◆ Samilla Heidelberg ◆ Mildred Jacobson ◆ Ruby Mincey ◆ Nicole Shenkman ◆ Max Brunshwig  
 ◆ Dr. Seymour A. Lehrich ◆ C. B. Buster Brown ◆ Sara Hirsh ◆ Morris Levitt ◆ Jacob Licht ◆ Aaron Shagan ◆ Roberta Shor  
 ◆ Johanna Hessel Sonn ◆ Albert Witcoff ◆ Janet Baker ◆ Ann Bergman ◆ Leonard Supman ◆ Frieda Salky Burson  
 ◆ Arthur Cole (Cohen) ◆ Selma Kohn ◆ Joseph Lehrich ◆ Alexander Zatlin ◆ Khava Barkan ◆ Ida Markman ◆ Goldie Marshall  
 ◆ Morris Scott ◆ Mary J. Sisman

### November 2

◆ Evelyn Shey ◆ Toni Buescher ◆ Gerson Cohen ◆ Charles Gubitz ◆ Peter Lawrence Marchand ◆ Karen Brown ◆ Joel Samuel Cohn  
 ◆ Elva Cole ◆ Jacob Reich ◆ Maurice Sandler ◆ Manuel Taras ◆ Bernard Richman ◆ David Blumberg ◆ Tillie Brown  
 ◆ Helen Nachman Epstein ◆ Rose Kate Lippner ◆ Bernice Rose ◆ Sylvia Rozalsky ◆ Joseph Wolpert ◆ Mabell Anthony  
 ◆ Edward Kessler ◆ Lee Meyers

## *Heska Amuna Synagogue*

### October 6

◆ Hilda Kalotkin ◆ Samuel Wise ◆ Bertha Krauss ◆ Sarah Millner ◆ Fred Horowitz ◆ Amy Cohen ◆ David Cohen ◆ Herman Forstein  
 ◆ Ann Levine ◆ Morris Skalet ◆ Aaron Berry ◆ Benjamin Wise

### October 13

◆ David Beerman ◆ Sarah Tobe ◆ Ronald Licht ◆ Richard Mittleman ◆ Leonard Shersky ◆ Mark Fleishman ◆ Ralph August  
 ◆ Hinda Duhan ◆ David Jacobowitz ◆ Francis Rosensweig ◆ Peter Dreyer ◆ Mordechai Heiser ◆ Ben Polasky ◆ Herman Shamitz  
 ◆ Joseph Solomon ◆ Theresa Fadem ◆ Leonard Brown ◆ Jennie Cooper ◆ Isaac Coplan ◆ Marcus Mendelowitz

### October 20

◆ Isadore Collins ◆ Matilda Kraut ◆ Morris Rosen ◆ Philip Seif ◆ Alexander Shapiro ◆ Leo Vogel ◆ Esther Winick ◆ Jean Brown  
 ◆ Morris Shersky ◆ Morris Bresoff ◆ Vaughn Cooper ◆ Ignatz Frank ◆ Carol Krosin ◆ Malvine Schwartz ◆ Abraham Alper ◆ Rhea Silber  
 ◆ Rose Shersky ◆ Phillip Krosin ◆ Zelda Finkelstein ◆ Jay Goodfriend ◆ Joseph Gurwitch

### October 27

◆ Charles Gubitz ◆ Virginia Morrison ◆ Dora Brody ◆ Aaron Shagan ◆ Gerson Cohen ◆ Abraham Leeds ◆ Anna Leibowitz  
 ◆ Gertrude Gourse ◆ Sam Abrams ◆ Sam Freeman ◆ Harriet Grouse ◆ Lilly Stargardter ◆ Milton Collins ◆ Bruce Kingsley  
 ◆ Mildred Baker ◆ Esmeralda Benhayon ◆ C.B. Brown ◆ Jennie Glazer ◆ Julius Krauss ◆ Jacob Licht



# Hadassah Highlights

## A Note from Cindy

By Cindy Pasi, Knoxville Chapter of Hadassah President

A sage once said "The Torah is God's love letter to the Jewish people, a letter we read and reread yet it's never repetitious or old or outdated." This month Jews begin to reread the first chapter of the first book of the Bible, Genesis (Bereshit.) What an utterly fascinating and marvelous book! We have been reading this book for thousands of years and every year, there is a scholar somewhere who formulates a new interpretation, a new commentary, and a new nuance of the message of the world's greatest book.

This first chapter in Genesis focuses on the creation of the world, Adam and Eve's sojourn in Eden, Cain's murder of his brother Abel, and the genealogy of Cain's family. One of Cain's descendants, Lemech, married two women, Ada and Zillah. Adah bore Jabal who was involved in animal husbandry plus a second son, Jubal who created the harp and the pipe. Zillah gave birth to Tubal, a forger of cutting instruments made of brass and iron. Lemech's wives worried and it is no wonder, since their kids were the descendants of a murderer, and already these young men were creating instruments, which could harm, injure, and even kill.

Nachmanides, the great Torah sage of the 13th century says that Lemech's wives touched on an issue that has been pondered since the beginning of time. Are technological advancements man's curse or blessing? Metal instruments may serve in peaceful pursuits such as cultivation of land and the breeding and use of animals but they can also be used for warfare and evil. Metal instruments can bring death but can also bring music and cheer to this world.

According to Nachmanides, Lemech's wives had trepidations. They were concerned mothers who wanted a risk free environment for their children. Lemech pacified them with a beautiful piece of poetry, explaining that mere possession of a weapon does not make one a murderer nor has its manufacturer committed a crime. It is man who decides how instruments are to be utilized--for good or for evil. Instruments themselves are neutral.

Hadassah hospitals have had a long history in healing and curing victims of war, terrorism and the instruments of evil. Hadassah's response has been to harness technology for good. The many inventions and scientific discoveries of our physicians have brought life and comfort and ease to patients the world over. May Hadassah continue to be the leader in bio and high technology and may the year 5773 be a year in which Hadassah remains God's handmaiden in the "healing of the daughter of my people."



## 2012 HMO Luncheon Planned for December 2

**Save the Date:** Knoxville Hadassah's 2012 HMO luncheon is scheduled for Dec. 2, Sunday; 1:00- 3:00 p.m. Our topic will be: *Fibromyalgia and Chronic Pain*. Our speaker will be Kathy Mae Jenkins, doctoral candidate and faculty, UTK College of Nursing. Ms. Jenkins' dissertation topic is fibromyalgia, including community education and awareness of resources related to Fibromyalgia. We hope you will put this important luncheon on your calendar. Luncheon admission will be \$40.00.

We need Hostesses to sponsor this year's luncheon. Levels of giving are:

- ◆ Ultimate Hostess: \$180
- ◆ Hostess with a heart: \$80
- ◆ Associate Host \$60
- ◆ Young Hostess \$60 (under 45)

Hostesses and Hosts will be listed on the invitation if donation received before the printing of the invitations. Hostesses will also be listed in the bulletin and directory.

Please contact Marcia Shloush ([marcias@comcast.net](mailto:marcias@comcast.net)) (865-694-0136) if you are interested in sponsoring this event. Knoxville Hadassah wants to sincerely "Thank everyone" for your past and continued support of our programs.

Please address checks to Hadassah. Donations can be sent to:

Laura Floyd  
Knoxville Chapter of Hadassah Treasurer  
1528 Fox Hollow Trail  
Knoxville, TN 37923

## Regional Area Vice President Visits Knoxville Chapter of Hadassah

The Knoxville chapter was recently visited by Brona Pinnolis, regional area vice president. She met with members of the chapter at separate events on Saturday evening and Sunday afternoon at the end of August. Brona shared her history with Hadassah which started when she was gifted a lifetime membership to Hadassah. While she had always known her mother and grandmother were involved in Hadassah, it was not until years later that she became involved herself. She is a graduate of the Hadassah Leadership Academy and through the course of study she was able to visit Israel with Hadassah in 2003 during the second Intifada. That visit changed her life. She was able to see Hadassah



*Brona Pinnolis is presented with a copy of *Thin Threads*.*

in action in Israel, first hand. She challenged the board to think about what they want for the future of the Knoxville Chapter of Hadassah. As our chapter theme for 2013 is “*Stepping into the Next Century*,” she asked us what that would be for Knoxville. Bonnie Boring, regional organization vice president, expressed it well when she voiced that taking the time to learn about Hadassah is a priority for her. We all have busy lives being wives, employees, mothers, daughters, grandmothers, students. Being a part of something that enhances the lives of so many is huge. Taking the time to study what Hadassah is currently doing in order to be an effective advocate is important.

As Brona encouraged each of us to be able to tell others why we are passionate about

Hadassah, she was well pleased by the quick and articulate responses she received from our group. Before she left, she installed the 2012 – 2013 board members for our chapter. They include Kathy Goldstein, Recording Secretary; Laura Floyd, Treasurer; Shuli Mesa, Programming VP, Marcia Shloush, Fundraising VP; Barbara Mintz, Membership VP; Elizabeth Spenser, Corresponding Secretary; Bonnie Boring, Advisor; and Cindy Pasi, President.



*Board members Barbara Mintz, Bonnie Boring, Cindy Pasi, Marcia Shloush, Elizabeth Spenser and Shuli Mesa.*



*Brona Pinnolis, Judy Breitstein, and Bonnie Boring pose with Henrietta Szold*



*(Above) Cindy Pasi and Brona Pinnolis thank Marian Jay for her Hadassah service.*

*(Right) Cindy Pasi and Brona Pinnolis thank Hallie Boring for her Hadassah involvement.*



## Book Club News

Our October Hadassah Book Club meeting will be at the Barnes and Noble Book Store on Kingston Pike the evening of **October 16**, at 7:30 p.m. We'll be reading *The Dove Keepers* by Alice Hoffman.

All Jewish women and friends in the greater Knoxville area are welcome. Hope to see you there! Questions or need a ride, call Peggy Littmann 588-6661 or [plittmann@comcast.net](mailto:plittmann@comcast.net).

### Review

In the year 70, Roman legions surrounded a Jewish settlement of 960 people who had taken refuge on a plateau on the edge of the Judean Desert. Driven from Jerusalem, the people of Masada had created a fortress they hoped would protect them from the Roman invaders. In the end, just two women and five children survived.

Alice Hoffman weaves fiction and fact in *The Dovekeepers*, a thrilling, passionate saga of four women who come together to tend the doves in Masada. Using the only written account of the siege, Hoffman salts her fictional tale with archaeological artifacts found at Masada — a swatch of tartan cloth; inscribed pottery shards; a pair of sandals — to imagine how the seven might have survived. And how the end came for others.

The dovekeepers have come to Masada by different paths: The redheaded Yael, shunned by her father, the assassin, endures a grueling trek through the desert and the loss of her lover. Revka, the baker's wife, has witnessed her daughter's rape and maiming by the Romans. Shirah, the beguiling Witch of Moab, holds the power to heal and curse with her magical potions, but cannot wrest her lover from his wife. Aziza, Shirah's daughter, defies faith and convention to become the warrior she was meant to be.

Hoffman's novels find magic in the mundane, and the mystical swirls through *The Dovekeepers*. Sudden rain, a circle of red hawks and a lion in the desert all hold hidden meaning. The doves represent sustenance and sacrifice; their bleached bones are studied for signs of the future.

Fans of Hoffman's more modern women will find *The Dovekeepers* surprisingly rebellious for their day. They take married lovers and flout religious law to protect the ones they love. Did I mention passion? Once smitten, their men cannot keep away.

Hoffman spent five years researching Masada, and early on, her desire to share that knowledge clutters the plot. But soon the book pulses toward its stunning climax. Hoffman's fiction is always compelling, but the history within *The Dovekeepers* makes this novel haunting.

## Israel's Gun Strong Control Laws

*The Jewish Telegraphic Agency reflected on the difference between gun control laws in Israel and the United States. In the wake of the Aurora, Colorado shooting, many countries are re-evaluating the effectiveness of laws relating to gun control. The following is from JTA.*

First-time visitors to Israel might be taken aback to see groups of armed teenagers walking through a city plaza on a weeknight, or surprised to walk into a public bathroom and see an M-16 laying across the sinks as a soldier washes his face. But guns are ubiquitous in Israel, where most 18-year-olds are drafted into the army after high school. However, once those soldiers finish their service two or three years later, they are subject to civilian gun control regulations that are much stricter than American laws.

## Tree Certificates Available

Fires have ravaged the Carmel Forest, near Haifa, in northern Israel. Many of us met the Israeli firefighters who visited Knoxville and showed pictures of this tremendous fire and the destruction. Five million trees on 12,500 acres are gone. We must reforest, replant, regrow. Plant a tree — or ten, or more — today. Since 1926, through generous donors like you, we have partnered with JNF to drain swamplands, plant forests, develop water resources and preserve Israel's ecology. Giving opportunities include:

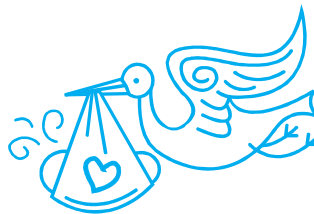
- ◆ One Tree - \$15
- ◆ Ten Trees - \$150 (Circle of Trees)
- ◆ Fifty Trees - \$750 (Garden of Trees)



## Layettes

By Judi Abrams

Our community is truly blessed with many new children....please welcome them with your name on their Hadassah Layette Card!



- ◆ Stephen Eisen on the birth of his granddaughter – **Haddie Jayne Wheeler**
- ◆ Alan and Nan Krichinsky on the birth of their grandson - **Zvi Krichinsky**
- ◆ Bradley and Lydia Drew on the birth of their son **Isaac Alan Drew**
- ◆ Bernie and Barbara Bernstein on the birth of their granddaughter - **Rachel Clara Bernstein**
- ◆ David and Joyce Beerman on the birth of their great-granddaughter - **Lana Alexandria Bryan**
- ◆ Brian and Karen Smith on the birth of their granddaughter - **Naomi Tamar Smith**
- ◆ **Caroline Jayne Hicks** born August 26th at 1:45 a.m. to Deborah and David Hicks, granddaughter of Judi and Martin Abrams. Caroline was 6lb. 2 oz. and 19 inches long.
- ◆ Jane and Sheldon Cohen on the birth of their granddaughter - **Lillian Ava Swinehart**

If you haven't already, please call me at (865) 693-5451 or e-mail me at [jmksal@aol.com](mailto:jmksal@aol.com) to include your name on these cards.....Thanks for your continued support of this and all Hadassah programs!

## Jewish/Zionist Education: Off the Beaten Track

By Susan C. Mark

In 1945, members of the Haganah foresaw the end of British rule. At that time the possession of any arms by Jews was illegal. Concerned about protecting towns and farming communities, plans were made to construct an underground munitions factory.

Code name Ayalon Institute, it was built in three weeks, eight meters below ground. Between 1946-48, 2,250,000 nine-millimeter bullets for the Sten sub-machine gun were manufactured. The bullets were embossed with the letters EA- E for Eretz Israel and A for Ayalon. Above ground was a working bakery and laundry. The entrance was concealed by a huge 10-ton baking oven. Machines were lowered through a hole and workers descended stairs covered by a large washing machine that revolved on a pivot. The din of the laundry machines camouflaged the manufacturing process. To prevent any suspicions of too pale kibbutzniks, workers used sun lamps for artificial tans. Kibbutz members did not even know of the factory's existence.

An interesting story is told about how the copper for the bullets was obtained. Applications for import licenses were submitted to the British authorities. When asked why so much copper was needed, the kibbutz explained it was used to make lipstick cases. Undoubtedly, the efforts of the people who worked underground in sweltering hot conditions to produce bullets played a crucial role in the success of the War of Independence. The Institute is situated on the outskirts of Rehovot on Kibbutz Hill, named for the groups of pioneers trained here from 1932-42. Guided tours allow visitors to descend the stairs and view the manufacturing area. The tour includes an audio-visual program which conveys a real sense of danger and drama, for if the bullet workers had been discovered, they would have been sentenced to death by hanging.

*\*Footnote by Editor, Sue Mizrahi: Abe Mizrahi was imprisoned by the British in 1947 for possession of arms.*

## Zionist Education People You Should Know - Ulysses S. Grant

In November 1862, during the Civil War, General Ulysses Grant became convinced that Jews were responsible for the black market trade in cotton and sent out the most notorious anti Jewish order (Order #11) ever issued by a U.S. government official. It read, "The Jews, as a class violating every regulation of trade established by the Treasury Department...are hereby expelled from Kentucky, Tennessee and Mississippi within twenty-four hours from the receipt of this order. Only about 100 Jews were uprooted, primarily in northern Mississippi and in Paducah, Kentucky before a horrified President Lincoln quickly rescinded Grant's order.

However, Grant's orders and words unleashed a firestorm of controversy that made newspaper headlines and terrified and enraged the 150,000 Jews living in the United States. Many of these Jews had immigrated into the U.S. after escaping or being thrown out of Europe and they feared the importation of European Anti Semitism on American soil. The scandal came back to haunt Grant when he ran for president in 1868. Never before had Jews become an issue in a presidential contest, and never before had they been confronted so publicly with the question of how to balance their "American" and "Jewish" interests. During his two terms in the White House, the memory of the "obnoxious order" shaped Grant's relationship with the American Jewish community. Surprisingly, he did more for Jews than any other President to this time. Throughout the remainder of his life, Grant went out of his way to atone for Order #11. During his presidency, he promoted Jews to prominent positions in his administration; he spoke out against anti-Jewish persecution in Eastern Europe; he was the first president to attend a synagogue dedication; he was the first president to visit Palestine.

Grant was so successful in redeeming his stature among America's Jews that a prominent American Rabbi was a pallbearer at his funeral. Since the funeral was on the Sabbath, the Rabbi walked instead of riding. Grant was fervently mourned in the nation's synagogues. "Seldom before," one Jewish newspaper remarked at the time, "has the Kaddish been repeated so universally for a non-Jew as in this case."

Refer To: *General Grant and the Jews* by Jonathan Sarna

# Hadassah Highlights

## Knoxville Chapter of Hadassah

### Executive Board

Cindy Pasi	President <a href="mailto:tenntrio@ymail.com">tenntrio@ymail.com</a>
Laura Floyd	Treasurer <a href="mailto:floydfam@knology.net">floydfam@knology.net</a>
Shuli Mesa	V.P. Programming <a href="mailto:shulime@gmail.com">shulime@gmail.com</a>
Barbara Mintz	V.P. Membership <a href="mailto:barbara@bmintz.com">barbara@bmintz.com</a>
EL Gordon	V.P. Education <a href="mailto:geode@att.net">geode@att.net</a>
Marcia Shloush	V.P. Fundraising <a href="mailto:marcias@comcast.net">marcias@comcast.net</a>
Kathy Goldstein	Recording Secretary <a href="mailto:kathygoldstein@gmail.com">kathygoldstein@gmail.com</a>
Gennifer Spenser	Corresponding Secretary <a href="mailto:yael0505@gmail.com">yael0505@gmail.com</a>
Bonnie Boring	Advisor <a href="mailto:unresources@aol.com">unresources@aol.com</a>

### General Board

Elaine Dobbs	Associates
Peggy Littmann	Book Club & JNF
Carol Feldman	Condolence Cards
Charlene Gubitz	Greeting Cards
Nora Messing	Historian/Yearbook
Marcie Shloush	HMO Luncheon
Mary Evars-Goan	HMO Luncheon
Nancy Britcher	HMO Luncheon
Rachel Hale	Hospitality Cards
E.L. Gordon	Jewish & Zionist Education
Mary Ann Merrell	Large Certificates
Judi Abrams	Layettes
Marilyn Abrams	Life Membership
Jill Weinstein	Records Admin/Youth Aliyah
Marian Jay	Trees/Water & Parliamentarian
Lynn Fuson	Publicity
Stefanie Rich	Member-at-Large
Joyce York	Webmaster

[www.knoxville.hadassah.org](http://www.knoxville.hadassah.org)



# Stanford Eisenberg Knoxville Jewish Day School

## “Call Me Ready” For a New School Year!

The KJDS staff began the 2012-2013 school year with an electric tone! The biggest surprise, a spiral tunnel slide in the academy ballroom for the children! Each child was gifted an initial slide experience, each child took a turn sliding

down to the cheers of their fellow friends, and then placed on one of four teams. There will be many opportunities for students to earn points for their team.

What do you get when Willy

Wonka Drama Performance and a Jewish Day School cross? Israeli Chocolate! Our team names are Krembo, Taami, Milky and Klick. And if you haven't tasted any of these delicacies book your ticket to Israel today! Students spent some time in their teams, taking pictures, decorating frames and coming up with some team cheers.

If that wasn't enough to qualify as the best first day ever the teachers had another surprise in store. A performance for all of their students! They took the ever popular “Call Me Maybe” song, by Carly Rae Jepsen and changed the words to “Call Me Ready.” After performing, they taught the students the words and the dance moves. Students have already asked to sing the song sometimes before tackling a really challenging academic activity! In KJDS we live by these words.

Lyrics to “Call Me Ready.”

(Refrain)

*Hey I can do this  
I'm keeping steady  
You've got my number  
So call me ready!*

*I've got potential  
I'm keeping steady  
You've got my number  
So call me ready!*

*Won't get down if I fall  
Will break through any wall  
I'm gonna give it my all  
Look out! I'm on my way!*

*So here's the deal  
Such skill I'll reveal  
My energy is real  
Look out! I'm on my way!*

*My pride is showing  
My confidence is growing  
My team they're all glowing  
I know where I'm going, baby!*



(Top Left) Team Milky; (Top Right) Team Ta'ami;  
(Middle) Team Krembo; (Bottom) Team Klick

## Technology All Around

KJDS is heading to the top with technology this year! Each of the classrooms contains a state-of-the-art active board, a set of active expressions (learner response systems for children to use to make learning even more interactive), laptops, and iPads. In the first two weeks of school, KJDS students have already taken polls with the active expressions, used the iPads to scan bar codes to self-check their answers on math problems, and used laptops to do research.

*(Right) Matias, Yuval, and Ron, use the QR Readers on the iPads to self-check their work.*

*(Below) The K-1 class loves their new active board.*

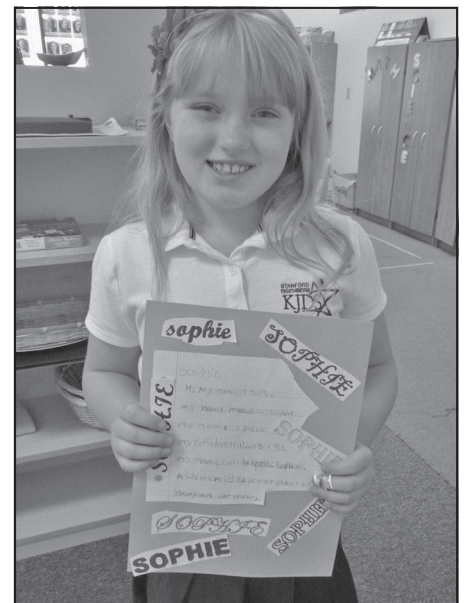
*(Below right) Working hard with the active expressions.*



## What's in a Name?

To start the year off in Writer's Workshop class, the students in the 2<sup>nd</sup>-3<sup>rd</sup> grade classroom are researching their names. Most students knew their names and a few special details about it, but this project had them digging even deeper. They looked through baby name books and online baby name websites to find out the meaning, popularity, history, fun facts, and language origin of their names. The students also interviewed their parents about the process of choosing the names. They discovered why their names had been chosen, family connections, cultural meaning and students most enjoyed learning what the name would have been had they been the opposite gender, and what other names their parents had considered. Students then culminated their research into a report and practiced their computer skills by decorating with their name typed in various fonts. Students loved learning more about themselves and parents enjoyed that special time with their child discussing the excitement of picking out a name. This was a good warm-up for a year full of writing in the 2-3 classroom. Students will become published authors as they write reports, essays, fiction stories, personal narratives, letters, and more throughout the year.

*Sophie's What's in a Name? project*



## KJDS Welcomes PE Instructor

We are delighted to have Sarah Shuster join our KJDS team as our PE instructor. The third of six children, Sarah is a natural around children. Graduating from Virginia Tech with a Major in Human Nutrition, Foods and Exercise and a concentration in Exercise and Health Promotion, Sarah is delighted to put her knowledge to work. Her long term goal is a Masters in Occupational Therapy and she envisions working as an OT in the school systems or at an outpatient clinic in the future.

In college, she spent her spare time volunteering in many different environments. She has worked at a free clinic, after school reading development programs for children, the Special Olympics, as well as daycares and summer camps. She also took on a role as a student athletic trainer for the Virginia Tech Football and Men's soccer team which helped her grow tremendously in the health and wellness field of sports medicine. "My experiences in college have shown me that through serving, I can gain vital leadership qualities that help other people to discover more about themselves and develop strengthening relationships with other people of various backgrounds." says Sarah, "I am always looking for what the future has to hold, and I am very excited for this upcoming school year with the students at KJDS. Ultimately, I strive to find new ways to help better the students grow characteristics of leadership and hard work through passion, enthusiasm and a serving heart."

Sarah will also be offering an after school track and field club for our students. We are excited for the opportunities she brings to our students.



*Students working with Ms. Sarah*



## Kindergarten Readiness Festival

Kindergarten marks the beginning of your child's formal education and we want children to start Kindergarten ready to learn and succeed. The AJCC Preschool and the S.E. Knoxville Jewish Day School have teamed up with Knox County Schools to offer the first of its kind, Kindergarten Readiness Festival. This is a free event for all rising Kindergarten 2013-2014 students and their parents. Limited spots are available so be on the lookout for more information and reserve your spot.

Kindergarten Readiness Festival is scheduled for November 4, 2012 from 3:00-5:00 p.m. Program Highlights include a presentation by Guest Speaker Theresa Wishart, Knox County Reading Specialist, activity stations with sample activities you can take home to do with your child, and hands on activities to keep your child engaged while you acquire a wealth of knowledge. This event is made possible by grants from the Knoxville Jewish Community family of Funds. For more information, contact the AJCC preschool office at 963-8001 or the KJDS office at 560-9922.

## Kids Night Out

Being a kid is tough, lots of responsibility with limited decision making power, numerous bosses (parents, teachers, babysitters...), constant deadlines, bedtimes and many rules to follow. We think you deserve a night out!

Save the date, Saturday Night, **December 15**, for our first **Kids Night Out**.

Open to all community children K-5. Kids Night Out is a joint project of the Knoxville BBYO chapter and the Stanford Eisenberg Knoxville Jewish Day School.

## KJDS Chosen for Social Media Academy

Darim Online selects 2012-2013 cohort for Jewish Day School Social Media Academy funded by the Avichai foundation. We are proud to announce that the Stanford Eisenberg Knoxville Jewish Day School is one of 20 schools to be chosen. "We were incredibly impressed by the applications received," said Lisa Colton, founder and president of Darim Online. "The day school field is hungry to put these tools to use in smart, strategic and valuable ways. It was very challenging to choose which schools would earn the 20 available spaces in this year's cohort. We hope to run additional Academies in the future to be able to fulfill the need in the community." This cohort was selected based on organizational readiness, innovation in organizational structure and/or program, risk taking, and team formation, among other attributes." We wish our KJDS team, Raeus Cannon, Kevin Joseph, Jennifer Kanarek, Adam Rowe, and Miriam Esther Wilhelm, a hearty Mazal Tov and B'hatzlacha as they embark on this journey.

## Statement of Policy

The Stanford Eisenberg Knoxville Jewish Day School admits students of any religion, race, color, sex, national and ethnic origin in all the rights, privileges, programs and activities generally accorded or made available to students at the school. The Stanford Eisenberg Knoxville Jewish Day School does not discriminate on the basis of race, color, creed, ancestry, sex, or national origin in administration of its educational policies, admission policies, and other school administered programs.

# SAVE THE DATE

Stanford Eisenberg Knoxville Jewish Day School will be presenting:

WILLY WONKA

*directed by Debbie Richman*

**December 2nd, 2012  
@ 4:30pm**

**Pellissippi State's  
Performing Arts Center  
10915 Hardin Valley Road**

## Stanford Eisenberg Knoxville Jewish Day School

### KJDS Staff and Board

**Head of School**  
Miriam Esther Wilhelm

**Principal**  
Jennifer Dancu

**Office Administrator**  
Joelle Adajian

**K-1<sup>st</sup> Grade Teacher**  
Corinne Cruz  
Julie Parrish

**2-3<sup>rd</sup> Grade Teacher**  
Jessica Vose

**4-5<sup>th</sup> Grade Teacher**  
Kari Schubauer

**Hebrew Teacher**  
Miriam Esther Wilhelm  
Revital Ganzi

**Music & Drama Teacher**  
Morah Debbie Richman

**Art Teacher**  
Dana Barnes

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Martha Iroff  
Stella Iroff  
Emily Theriot

**Financial Aid Chair**  
Mel Sturm

**Parent Committee Chairs**  
Tamara Sturm  
Shelly Abrams

Stanford Eisenberg  
Knoxville Jewish Day School  
invites all prospective parents to an

## Admissions Open House

Wednesday, November 7th  
6:30 pm  
1529 Downtown West  
Knoxville, TN 37919

- ♦ Meet and interact with teachers, administrators, students and current parents
- ♦ Tour our campus
- ♦ Learn about our progressive, innovative and challenging curriculum.

For more information contact Miriam Esther Wilhelm at [admissions@kjds.org](mailto:admissions@kjds.org) or visit our website [www.kjds.org](http://www.kjds.org)





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*Ha' Kol* is a joint community project

## The Jewish Community Archives of Knoxville and East Tennessee

### The Way We Were in 1946



#### Young Judaea Banquet

Of this group, Barbara **Winick Bernstein**, Pessa **Caller Brody**, William **Skalet**, Sondra **Brown Brody**, and Jan **Fay** still live in Knoxville, at least part of the year. Descendants and immediate family members of the others who live in the area: Myra **Corkland Weinstein**'s sons Jeff and Douglas, Norbert's sister Marilyn **Presser**, Norma **Shagan Wolf**'s husband Barry and children Todd **Wolf** and Angie **Sanders**.

YOUNG JUDAEA BANQUET  
JEWISH COMMUNITY CENTER 1946  
CLOCKWISE FROM TOP: NATHAN DEITCH,  
MARTHA KATZ, CHARLES STRASBURGER,  
BARBARA WINICK, MORRIS ROSENBLATT,  
MYRA CORKLAND, NORBERT SLOUIS, PESSA  
CALLER, BILL SKALETT, DAULINE  
CHAZEN, PHILIP ROBINSON, NORMA  
SHAGAN, STANLEY ROBINSON, EVA  
WEINSTEIN, FREDDY HECHT,  
SONDRA BROWN, JAN FAY,  
FLORENCE FARB, NATHAN ROTH

To learn more about these people, go to the Archives webpage at [www.jewishknoxville.org/archives](http://www.jewishknoxville.org/archives).