Harrisburg JCC Maccabi Athletes Proudly Represent Community

Seventeen teens and 4 adults recently returned to Harrisburg after proudly representing our community in the 2013 JCC Maccabi Games and ArtsFest held in Orange County, California, August 4-9. The JCC Maccabi Games is an Olympic-style sporting event for Jewish teens 13-16 years of age. The JCC Maccabi ArtsFest is an intense artistic program for Jewish teens who work with professionals to further their talents while collaborating with their peers from around the United States and Israel.

The group began their week with a festive opening ceremonies held at Santa Ana Football Stadium on Sunday night. The evening featured the parade of athletes and had numerous performances by entertainers and musicians. “Opening Ceremonies is a great event, as it is the first chance our teens have to meet people from all over the country,” stated Harrisburg Delegation Head Jeremy Kreiser.

The ArtsFest program and sports competition kicked off Monday morning. Sixteen-year-old Spencer Markowitz joined the Philadelphia inline hockey team and was a contributor for the team throughout the week, including scoring a goal in a win over Toronto. The mixed team finished with a tough loss in the Bronze-medal game. First-year participant Max Kluger was a force on the tennis court winning his four round-robin matches. In playoffs, Kluger faced a tough first-round upset, but he didn’t let the loss throw him off his quest for a medal, as he came back and won a bronze in doubles competition.

Laura Reback, Lexi Weikert and Lauren Kusic were part of a mixed girls’ basketball team that was coached by Chad Dechowitz. The girls’ team, nicknamed the Six City Storm, was composed of 9 players from six cities. Other cities represented on the team were Springfield MA, San Francisco, Detroit, St. Paul and Cincinnati. The girls finished 2-4 for the week with victories over Denver and St. Louis. “The girls improved so much over the week. It is a tough disadvantage to meet your teammates a few minutes before your first game, but this group really came together and learned how to play with each other. It was an amazing experience,” commented Dechowitz.

Harrisburg’s three swimmers: Zach Ruth, Parker Forman and

continued on page 10
Up Close and Personal with New Federation CEO

By Mary Klaus

Margie Adelmann walked into the Jewish Community Center rotunda and paused as she looked at the English and Hebrew words proclaiming “Do not separate yourself from the community.”

She arrived with a lifelong familiarity with Jewish Federations, stemming from her girlhood in the Pittsburgh area. She also brought a familiarity with the Harrisburg area because she moved here about 30 years ago after growing up in the Pittsburgh area and being educated there.

When she heard about the CEO opening at the Jewish Federation of Greater Harrisburg, she applied because “I thought this was the right time for me to join this organization.” She said she was thrilled to be chosen for the position.

“The Jewish Federation of Greater Harrisburg is a well-kept secret,” she said. “A lot of people in the area don’t realize that you don’t have to be Jewish to join here. This place means a lot to a lot of people.”

Adelmann, who became CEO on July 15, could have been talking about herself.

In her first several weeks on the job, the personable woman has brought a new energy to a position that is both challenging and fulfilling.

Adelmann, who most recently was president of the Central Pennsylvania Chapter of the National Multiple Sclerosis Society, came ready to work.

She meets weekly with each staff person who reports to her and biweekly with the management team, asking questions and listening.

“I want to understand what people do,” she said. “I don’t ask people to do something I wouldn’t do myself. I ask people if you could spend 80 percent of your day doing what you love, what would you do? I think we need to give extraordinary service.”

Adelmann enjoys spending time with her staff. “I believe in the concept that you get to know each other better when you spend time with like-minded individuals,” she said.

She also has met with a few dozen “constituents who care about this organization. A lot of people grew up here and have strong ties to the Jewish Community Center and the Federation. I’m anxious to meet everyone and hear their view of the world.”

Adelmann likes to say that while the Federation preserves the best of Jewish traditions and heritage, “we’re not your grandparents’ Federation. You can scan your membership on your phone. You can text a gift. You can follow us on the website.”

She smiled when asked to discuss the Federation’s strengths and challenges.

“The Federation has a strong core of volunteers and donors who care very deeply and make extraordinary gifts,” she said. “It has terrific programs, from the Brenner Family Early Learning Center to the senior program with Silver Sneakers, lunches, trips and more. It also has a great fitness center.”

In the challenges category, she said that the organization continues to rebuild from the flood.

“We also have a population that is aging and moving away,” she said. “We need to keep our base growing, engage young people in our work and increase the number of volunteers.”

Adelmann said that her immediate goals are to strengthen the annual fundraising campaign and increase enrollment in the Early Learning Center.

She also discussed various upcoming events including plays, speeches, meetings, the Jewish Community Center 5K Walk/Run at 8:30 a.m. Sept. 29; the Federation Annual Meeting from 7 to 9 p.m. on November 6, and the “Dancing with the Stars” program from 7 to 10 p.m. on November 23.

When she’s not working, Adelmann enjoys spending time with Al, her husband of 30 years; Carly, their recently-married daughter and her husband, Michael; and Mattie, their miniature Australian Shepherd. She also loves to travel, joking that “I vacation well! And I love movies.”

Adelmann grinned when asked about her natural optimism.

“I’m a person who says the glass is half full, not half empty,” she said. “We have a lot to be optimistic about here. We need a road map so we can work together. It will take time, but we can do it. I really enjoy it here and already feel like I belong.”

“This is the best job I’ve ever had,” she said. “We’re not your grandparents’ Federation.”
I COULDN’T AFFORD TO GO TO COLLEGE.
THAT’S WHY I’VE CREATED A SCHOLARSHIP FOR YOUNG PEOPLE IN THE SAME SITUATION.

Helping others and caring for the next generation. They’re core principles of Jewish life. With a little planning you, too, can leave a gift that strengthens the Jewish community, continues the work you believe in and makes an enduring statement of your values. It’s more than a donation. It’s your legacy.

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For further information on how you can create your own Jewish Legacy, contact the Jewish Community Foundation of Central Pennsylvania 717-236-9555 Ext. 3202 or info@pajewishendowment.org
JCC ADULT PROGRAMS
Classes available at the Jewish Community Center:

SilverSneakers® CLASSIC (FORMERLY MSROM) – Have Fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic tubing with handles, and a ball are offered for resistance, and a chair is used for seated and/or standing support. Tuesday/Thursday mornings 9:15 -10:15 a.m. AND Wednesday morning at 9:45 – 10:45 a.m. Drop-in Fee $5.00 per class. Free to JCC members and SilverSneakers® participants.

SilverSneakers® CARDIO (FORMERLY CardioFit) – Get up & go with an aerobic class for you – safe, heart healthy and gentle on the joints. The workout includes easy to follow low-impact movement and upper body strength, abdominal conditioning, stretching and relaxation exercises designed to energize your active lifestyle. Mondays and Wednesdays at 10:45-11:45 a.m. Drop-in Fee $5 per class. Free to JCC members and SilverSneakers® participants.

SilverSneakers® YOGA (FORMERLY YogaStretch) – YogaStretch will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity. Mondays and Wednesdays 11:45-12:30 p.m. Drop-in Fee $5 per class. Free to JCC members and SilverSneakers® participants.

Gentle Yoga – Easy Poses for those new to Yoga. Must be able to get down on to floor. Mondays at 9:45 -10:30 a.m. or Tuesdays at 5:00-5:45 p.m. Drop-in Fee $5 per class. Free to JCC members and SilverSneakers® participants.

SilverSplash® – Activate your aqua urge for variety! SilverSplash® offers lots of fun and shallow water moves to improve agility, flexibility and cardiovascular endurance. No swimming ability is required and a special SilverSneakers® kickboard is used to develop strength, balance and coordination. Mondays/ Wednesday 9:30 -10:30 a.m. Drop-in Fee $5 per class. Free to JCC members and SilverSneakers® participants.

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The Jewish Community Center is offering the following senior events:
Every Tuesday at 9:15 a.m. – 10:15 a.m. SilverSneakers Classic • 10:15AM – Discussion Group; Every Thursday at 9:15 a.m. – 10:15 a.m. – SilverSneakers Classic; Senior Lunch will be served Tuesdays and Thursdays at Noon. Registrations are preferred two days in advance if possible, but no later than 4:00PM the day before. Call Cheryl 236-9555 EXT. 3115

After-Lunch Programs are:
September 5, 2013 – ROSH HASHANAH, NO MEETING OR LUNCH
September 10, 2013 – Business meeting/Birthday party. FREE Blood Pressure Screening by Cellest from Bayada Nurses
September 12, 2013 - Al Goodman, Sing-A-Long
September 17, 2013 - The Jewish Perspective – Bob Axelrod, Educational Director at Beth El Temple
September 19, 2013 – SUKKOT, NO MEETING OR LUNCH
September 24, 2013 - We are assisting Hadassah with their Dolls for Children in the Hospital. Please bring scissors that will cut through cotton material.
September 26, 2013 – SHEMINI ATZERET, NO MEETING OR LUNCH
October 1, 2013 – Putting on the Second coat of Paint on the Table Tops
October 3, 2013 – IGC Precious Metals Buying Event and Repair clinic, call Cheryl for a time slot 236-9555 ext. 3115
October 4, 2013 – Flu Shot clinic – call Cheryl for a time slot 236-9555 Ext. 3115
October 8, 2013 - Business meeting/birthday party. FREE Blood Pressure Screening by Cellest from Bayada Nurses
October 10, 2013 – What are your Medicare Options? Presentation by Lee Weise and Alan Raczkowski
October 15, 2013 - The Jewish Perspective – Bob Axelrod, Educational Director at Beth El Temple
October 16, 2013 – Bus Day Trip to Dutch Apple to see “How To Succeed In Business Without Really Trying”
October 17, 2013 - Al Goodman, Sing-A-Long
October 22, 2013 – Dr. Donald Koones will be returning with his wonderful lectures. Topic to be announced
October 24, 2013 - We are assisting Hadassah with their Dolls for Children in the Hospital. We will be stuffing, sewing and possibly cutting. Please bring scissors that will cut through cotton material. Also from 12:30-4:30pm we will be holding the last AARP Safe Driving Refresher course for this year. You must have registered with Cheryl to take this course.
October 28-31, 2013 – Those that signed up are going to the Biltmore Estate and Asheville, NC
October 29, 2013 – Bruce Bayuk will play the Piano
October 31, 2013 – Howard Ross will preside over “Joke Day” – Bring your funniest material!

Flu Shot Clinic
Date: FRIDAY, OCT. 4, 2013
Time: 10:00AM TO 1:00PM:
CALL CHERYL 236-9555 X3115 FOR APPOINTMENT
- If you have FreedomBlue PPO or SecurityBlue, show your Highmark card to the nurse in order to get your vaccine.
- If you have any Medicare Supplement including (but not limited to) HOP, MedigapBlue, or AARP, show your Medicare Part B card to the nurse in order to get your vaccine.
- Other health plans may be included.
For all others, the cost is $30 for flu and $75 for pneumonia. Cash or check accepted.
Please remember to bring your insurance card and/or Medicare card.

Harrisburg AZA Yard Sale
The Best Way to Spend Your Sunday Morning!

Sunday, October 27th
8 A.M. – 12 P.M.
Harrisburg JCC
Profits will be donated to a local charity

“One man’s junk is another man’s treasure”
Come to support your local AZA Chapter
Come to the JCC lawn on October 27th!!!

To donate items for the yard sale, or to ask any questions, please contact us at Harrisburgaza@gmail.com or call us at (717) – 903 – 5631

Flu Shot Clinic
Date: FRIDAY, OCT. 4, 2013
Time: 10:00AM TO 1:00PM:
CALL CHERYL 236-9555 X3115 FOR APPOINTMENT
- If you have FreedomBlue PPO or SecurityBlue, show your Highmark card to the nurse in order to get your vaccine.
- If you have any Medicare Supplement including (but not limited to) HOP, MedigapBlue, or AARP, show your Medicare Part B card to the nurse in order to get your vaccine.
- Other health plans may be included.
For all others, the cost is $30 for flu and $75 for pneumonia. Cash or check accepted.
Please remember to bring your insurance card and/or Medicare card.
You're Invited
to a Precious Metals Buying Event/Appraisal Clinic

Find that
“Extra Money”
to spend when you turn
your old,
unwanted items:
◆ Gold, Silver or Platinum
Jewelry
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◆ Sterling Flatware
◆ Dental Gold

..... into money!!

Host:
Jewish Community Center
Senior Adult Program

Date:
Thursday, October 3, 2013

Time:
9:00 A.M. – 4:00 P.M.

Location:
3301 North Front Street
Harrisburg, PA 17110

Call Cheryl Yablon, 236-9555,
ext. 3115 for time slot.

Please tell your family and friends.
Everyone should enjoy the same opportunity!

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JFS Volunteers Perform Many Mitzvot

Lori Weitzman, BA, JFS Senior Services Case Manager

As the summer comes to an end, Jewish Family Service is busy preparing for the number of volunteer opportunities that arise this time of the year. We have so many people who are willing to give their time to assist us with many tasks. Just this week, as I’m writing this article, we have volunteers helping to prepare mailing lists that inform the community about the latest JFS news and upcoming events. We have volunteers delivering Kosher Meals on Wheels to homebound individuals who otherwise can’t prepare them on their own. And there are volunteers driving clients to appointments and going grocery shopping in order to allow them to remain independent in their home for an extended period of time.

Three times a year, we deliver holiday packages to Jewish residents living in retirement and nursing home facilities who don’t live in a Jewish environment. One hundred packages with traditional delectable items are delivered to recipients in various facilities in Elizabethtown, Carlisle, Hershey, Mechanicsburg, Camp Hill and Harrisburg. We could not reach so many people in this wide geographic area without the devoted support from these volunteers, some of whom have been participating in the program since it began about 15 years ago. This includes the First Grade Students at the Silver Academy who complete the important task of putting these packages together. With Rosh Hashanah arriving so close to Labor Day this year, there is little time to get the packages put together and delivered in time for the holiday. However, these volunteers seem to look forward to making their deliveries and participate in this special mitzvah.

One of the other big volunteer driven programs this time of the year is known as the United Way of the Capital Region Day of Caring. This day always takes place the Friday following Labor Day. JFS has been participating in this community wide event for years. Volunteers from participating businesses are assigned to United Way partner agencies throughout the area to offer a day of service to that particular agency. The volunteers who come to JFS always assist with the Kosher Meals on Wheels program. Emergency meals for use in stormy weather when a K MOMO meal may not be delivered are assembled and then delivered by these volunteers, along with the clients’ meals for that day. The Day of Caring is a program that is extremely rewarding and beneficial to both the volunteers and JFS because it brings people to JFS who are usually unfamiliar with our services. It is a great learning experience for them. The volunteers are always eager and enthusiastic about doing the work. They are treated to lunch and receive a certificate at the end of the day for participating in this worthy cause.

Unfortunately, this year we are unable to participate due to Day of Caring falling on the same day as Rosh Hashanah. United Way was unable to reschedule the date to accommodate our scheduling conflict this year. However, a new volunteer initiative has been organized for this year called Federal Day of Service. The Naval Support Activity in Mechanicsburg (known to many as the Naval Depot) had been involved in the United Way of the Capital Region Day of Caring for years. The Naval Support Activity traditionally has had more than 200 volunteers each year, so United Way of the Capital Region created a special service day just for them. The New Cumberland Army Depot has also decided to join in the Federal Day of Service. This first annual Day of Service will be held on Friday, October 11, 2013. We look forward to participating in this new venture and are always happy to collaborate with United Way.

On September 17, 2013, Jewish Family Service had their Annual Meeting which included honoring two of our special volunteers for the Kosher Meals on Wheels program and Two’s Company Program. Merv Isaacman received the KMOW award this year for his many years of service delivering meals to seniors in the community. Steve Rosenberg received the Two’s Company award for his devotion to the program and his desire to help older adults with various tasks so they may remain in their homes for a longer period of time. Both of these men are wonderful examples of what the definition of a volunteer is, or better yet, what a mensch is. They both have qualities of integrity and honor. We are grateful for their service to JFS.

In addition to these two gentlemen, we will honor all of our volunteers with a special Volunteer Recognition Day on Thursday, October 24, 2013 at 10:00. Brunch will be provided and we look forward to saying THANK YOU to all of these valuable people who stuff envelopes, deliver meals, go grocery shopping, and the multiple other selfless acts of kindness that our volunteers perform each day.

If you have an interest in exploring volunteer opportunities at JFS, please feel free to call me at 233-1681. I’d be most happy to have such a conversation with you.

A Musical Showcase Drama Department Fundraiser

Back in early summer, the First Annual JCC Drama Department Fundraiser was held with students from Marina Cherepinsky’s studio. Students played piano, sang classical songs and performed Broadway show tunes. There was even a tribute to Barbra Streisand sung by Rachel Chambers and Bailey Howell.

The fundraiser started with piano students including Andy Chlaifer, Mikel Garner, Brian Dym, Ella Ferguson, Miriam Reid and Meredith Hazen. Classical vocal pieces were performed next and ranged from Wohin? sung by Ben Gordon in German to The Vow sung by Melissa Kline.

Broadway show tunes highlighted the second half of the show. Alana and Miriam Reid sang Peas in a Pod from Grey Garden while Kaya Konevitch looked the part as she sang 10 Minutes Ago from Cinderella. Ari Dym entertained the audience with All I need is a Girl from Gypsy. Zoe Clark and Adam Kohl brought The 25th Annual Putnam County Spelling Bee to life with I Speak Six Languages and I Am Not That Smart.

Each of the nineteen students who participated in the showcase sold tickets. They raised just over $1000.00 for the drama department. Andrea Weikert, programming director of the JCC said, “So many of the students have performed in JCC shows and we were thrilled to have them to give back to our community.”
SENIORS PAINT THE JCC TABLE TOPS

On August 29, 2013, the JCC Senior Adult Club painted the wooden table tops for the JCC Building Maintenance Dept. A good time was had by all, and a big Thank You to the Seniors who participated!

Start Small

By Katie Mace – Absolute Wellness Group
Personal Trainer
katiemace.com

Success starts small. Think of one thing that you can change today that will put you in the direction of better health. It’s common that people begin a wellness journey with an all-or-nothing approach completely altering their life, routine, habits, and comfort zone. This is rarely successful.

Look at your day. Is there something that you can change? It can be removing something or adding something. What can you substitute in your lunch? Do you need to start eating breakfast on a more regular basis? Need to remove sugary cereal? Are you not drinking enough water? Does your pantry need an overhaul? If you attempt all of these things at one time you will feel overwhelmed by the change and more than likely start giving up your new routine. Start slow; pick one. Once you feel comfortable, pick another. This is how you create a lifestyle of new habits not temporary inconveniences that consume you in a negative way.

In order to maintain a positive outlook during a journey, you need to have achievable benchmarks and small goals. Small successes and changes equal big results over time.

JCC Day Camp Counselors of the Summer Award

Each year, the JCC Day Camp has an amazing staff of junior and senior counselors who make it their responsibility to ensure that all campers have a wonderful and memorable Camp experience. At the end of every Camp season, a counselor who has demonstrated exceptional talent in helping JCC Campers to enjoy their time at Camp is chosen to receive the Lawrence A. Urie Counselor of the Summer Award. This year’s recipient is actually two counselors – Aviva and Leora Match. Lawrence (Larry) A. Urie was a caring, loving, responsible camp counselor who dedicated himself to helping campers have a great summer. Sadly, Larry passed away a number of years ago. This Counselor of the Summer Award was created in his honor and memory.

Leora and Aviva exemplified Larry’s outstanding qualities, which made them perfect recipients of this award.

VOLUNTEERS NEEDED!

Are you a High School Junior or Senior in need of service hours?

We need your help sharing our events through social media

For more information please contact Lauren Jacobs at ljacobs@jewishfedhbg.org
Tyler Swidler all swam in the 15/16 age category and were often competing against each other and a very strong field of 30 other boys. The swimmers were coached by Teri Berman. Zach brought home the bronze medal in the 50-yard freestyle and the silver medal in the 50-yard butterfly. He finished in the top 6 in the 50-yard breaststroke, the 50-yard backstroke and the 100-yard freestyle. Tyler finished just out of the medals in 4th place in the 500-yard (20 laps) freestyle.

Parker swam very well, swimming his fastest times ever in 5 events. The most exciting and fun aspect of the swimming was the relays. This year, the swimmers were randomly placed on mixed delegation squads. Zach's team medaled in the 200-medley relay. The boys represented Harrisburg best in the 400- freestyle relay. Zach and Parker were on the gold-medal squad while Tyler's team won the bronze. The medals were presented to the boys by American Olympic gold medalist and past Maccabi swimmer, Jason Lizak.

The Harrisburg boys’ basketball team, led by Terri Travers, found more success than they had imagined in a very talented 34-team competition. Harrisburg's team composed of Josh Adler, Sam Rosen, Eli Weikert, Jacob Schuider, Max Hess, Noah Woolf, Aaron Gold, and Jason Shaffer. Harrisburg went 2-2 in the preliminary round and beat San Antonio and one of the Orange County teams while losing to Ft. Lauderdale and Denver. In the playoffs, Harrisburg knocked off higher seed Miami by three points in a very exciting contest before eventually losing to Detroit. Sixteen-year-old Adler stated, “We did better than we had imagined and played our best basketball against Miami. We all went home satisfied and proud of our performance.”

Ari Dym participated in the JCC Maccabi ArtsFest Vocal program. He worked intensely with a group of teens from around the country during the week and was part of an amazing showcase on Thursday afternoon. Dym's enthusiasm and hard work did not go unnoticed as he was awarded one of six special Middot medals presented to the ArtsFest teens.

Harrisburg should be very proud of its teens who were once again great representatives of the entire community. The Sports and Fitness Department is currently making plans for 2014 JCC Maccabi Games and ArtsFest. Anybody wishing to learn more about these amazing programs should contact Terri Travers at t.travers@jewishfedhbg.org or 236-9555 ext. 3110.
Reflections on JCC Day Camp and Green Hills

By Patti Bromley

The campers and counselors have all gone back to school, the cabins have been locked, and the grounds and pools at Green Hills are ready to be closed for the winter. Thus ends another successful Day Camp season for the JCC.

It is unusual for some of the Federation staff to get the opportunity to visit Camp up at Green Hills, to witness for ourselves what really goes on up there on a daily basis. However, this year was different. Federation CEO Margie Adelmann made a request of staff members, who don’t get a chance to see the Day Camp in action, to pay it a visit. So, we did. Throughout the summer, we ventured to Green Hills in groups of two or three where we were treated to a tour of Camp by either Camp Co-directors Andrea Weikert or Terry Fisher. And we were very impressed by what we saw.

As we ventured from the parking lot across the beautiful new bridge and into the Green Hills site, the common impression among the staff was how quiet it was. You would think that with 130-plus campers at Camp, that there would be lots of noise; but it was quite the contrary. The campers were separated into several small groups and were engaged in various activities throughout the numerous facilities. We found children in the “Hilton” learning how to cook. In each of the homey, air-conditioned cabins, there were children engaged in learning songs, working on an art project, or listening to a story. As we walked past the beautiful and inviting pool, where campers were talking swim lessons, we saw friendly competitions on the basketball, GaGa, and archery courts. Under the pavilion, campers were making sand-art figures, which would become permanent mementoes for them to take home.

As Lauren Jacobs reflected, “Going back to JCC Summer Camp was a blast from the past! I have spent many summers at camp (1988-1993), and the things that do not change are the joy and laughter you hear from the campers at Green Hills.”

Kim Evanoff stated, “The children who attend summer camp at Green Hills have a lot of activities to keep them busy during the day. The daily activities consist of Cooking, Swimming, Sports, Drama and Arts & Crafts, and they also have some time to play and interact with one another.”

Diane Mainman commented, “I really enjoyed the tour of Green Hills. It was nice to get out of the office and see the children enjoying the activities. The best part for me was the creek. I would like to move my desk to the creek bank. Of course, only on good weather days! The whole location is quiet and relaxing, even with the children running around. It is a great idea to tour the location so that the staff knows what is out there.”

All in all, it was a great experience for those of us who visited Camp. Not only did we get a better appreciation for what the JCC Day Camp has to offer, we also got to see the lovely site that is Green Hills... and a few of us wished that we could be campers again, even if only for a little while.

Jewish Federation of Greater Harrisburg
Snowbird Winter
Change of Address Form

Name: ____________________________________________

Permanent Address: ____________________________________________

Phone: ____________________________________________

Email: ____________________________________________

Winter Address: ____________________________________________

Winter Phone: ____________________________________________

We’re Leaving (date): ____________________________

We’re Back (date): ____________________________

☐ Forward the Community Review only

☐ Forward all Federation mail

Please return this completed form to:
Beth Romano, Jewish Federation of Greater Harrisburg,
3301 N Front Street
Harrisburg, PA 17110
or email at b.romano@jewishfedhbg.org or call 717-236-9555 ext. 3204

KRISTALLNACHT COMMEMORATION

The Glorious & the Brave: World War II Veterans and Holocaust Survivors

Sunday evening, November 10 at 5:00 pm

Jewish Community Center

The Jewish Community will commemorate the 75th anniversary of Kristallnacht, the “Night of Broken Glass” with the showing of the documentary, The Glorious & the Brave: World War II Veterans and Holocaust Survivors, followed by a discussion which will include Holocaust survivors, liberators, students, and audience participants. Each generation will reflect upon how the experiences and lessons learned from the Holocaust have impacted their lives.

The term “Kristallnacht” (‘Night of Broken Glass”) refers to the organized anti-Jewish riots in Germany and Austria on November 9-10, 1938. These riots marked a major transition in Nazi policy, and were, in many ways, a harbinger of the “Final Solution.” Nazi anti-Semitic policy began with the systematic legal, economic, and social disenfranchisement of the Jews. This was accomplished in various stages (for example, the Nuremberg Laws of 1935, which, among other things, stripped German Jews of their citizenship.) One of these steps involved the deportation of 56,500 Polish Jews who were residing in Germany. On the night of October 27, 1938, 18,000 Polish Jews were deported, but were initially refused entry into Poland by the Polish authorities. Caught in between, the Jews were forced to camp out in makeshift shelters. Upon hearing that his family was so trapped, 17-year-old Herschel Grynszpan, a student in Paris, shot the third secretary of the German Embassy, Ernst vom Rath, whom he mistook for the ambassador. This assassination served as a welcome pretext for the German initiation of Kristallnacht.

Reinhard Heydrich, the head of the Reich Main Security office, gave instructions for the immediate coordination of police and political activities in inciting the riots throughout Germany and Austria. “...The demonstrations are not to be prevented by the police,” he ordered, rather, the police are “...only to supervise the observance of the guidelines.”

The result of this policy was the first violent pogrom on Western European soil in hundreds of years. 36 Jews were killed (some authorities have this figure as high as 91); 30,000 more were deported to concentration camps; 267 synagogues were burned and over 7,000 Jewish shops, businesses and homes were vandalized and ransacked.

Immediately after Kristallnacht, a fine of one billion marks was levied, not upon the criminals, but upon the victims, the Jewish community of Germany. Along with the fine came a decision, taken in a conference of Nazi leaders on November 12, 1938, to “Aryanize the German economy, to get the Jew out....’’ Nazi policy now had moved into the overt destruction of all Jewish life in the Third Reich.

There are important lessons to be drawn from Kristallnacht, for it served as a bridge experience for both Jews and Nazis. For the Jews, there was the terrifying realization that political antisemitism can lead to violence, even in western civilization. It also demonstrated that apathy can still pervade the world when the lives of Jews or other minorities are threatened.

For the Nazis, Kristallnacht taught that while the world might condemn their pogroms, it would not actively oppose them. World opinion, however, taught the Nazis the value of secrecy in the perpetration of future actions against Jews. On Kristallnacht, the stage was set for the “Final Solution”—the organized, bureaucratically efficient genocide of 6,000,000 men, women, and children.

In retrospect, Kristallnacht was more than the shattering of windows and illusions. It portended the physical destruction of European Jewry. As such, this commemoration must be observed both as a memorial and as a warning.

The entire community is invited to join with us as we observe the 75th anniversary of Kristallnacht on Sunday evening, November 10 at 5:00 pm.
Why “Like” The Jewish Federation of Greater Harrisburg on Facebook?

1. Receive daily updates on programs & events
2. Connect with other members
3. Ask questions & get answers
4. Share your feedback about what you “Like”
5. Get the most up-to-date info on JFGH happenings
6. Register for programs & events

Joining our online community is simple. Scan here and get started.
SUMMER 2013 in the Pre-K of the Brenner Family Early Learning Center

Our focus was fun under “The Big Top.” Since all year long we, the teachers, like to clown around, we thought this would be an exciting summer camp program, allowing a natural outlet for lots of physical activities. And it certainly was!

The children came up with the name “Everyone’s Circus.” Then, our usual dramatic play center was turned upside down and made to look like the inside of a circus tent. There was a mat for acrobatic turns, a “tightrope” on the floor, hoops for doing animal tricks, small balls for juggling, can stilts for walking, a most unusual trapeze bar, and a bean-bag clown toss. To help act like circus performers, human and/or animal, the children made some costumes and props such as lion faces, elephant hats, ringmaster wands, clown hats and bow ties, circus pendants, a wild-animal cage, a barbell, and training boxes. To further enhance our fun, we had circus books, music, puzzles, games, clown face paint, toy animals, costume shirts, and other props. A couple of older siblings wowed the children by showing them how to juggle, reading homemade circus stories, and playing with them in the circus. Can’t forget to mention some of the cutest trapeze artists that are hanging across our room.

Not only did we all have fun with our imaginative role playing, but we also expanded our social skills, vocabulary, motor skills, and our sense of sharing and cooperation. We even took it beyond the classroom to our play time at Green Hills and our field trips. Camp time just flew by, but we had “The Greatest Time” in the “Greatest Show” in “The Greatest Pre-K on Earth”!!!!!
BOOK REVIEW AT BETH EL TEMPLE

Wednesday, October 9, 7:00 p.m.

Mark your calendar for an exciting book review! Beth El’s Book Club welcomes Beth Shalom’s Book Club to Beth El Temple on October 9 for a review of The Golem and Jinni, by Helen Wecker.

Picked by Amazon.com as the Book of the Month for April, The Golem and the Jinni is set primarily in turn of the twentieth century Manhattan. The story details the immigrant experience—the wonders and hardships of being in a new country and the discoveries, triumphs, and failures that follow, while bringing the city itself to life. It is also a fantastic work of fantasy. Chava, a golem, and Ahmed, a jinni, become unlikely friends and soul mates with a mystical connection. Helene Wecker’s debut novel weaves strands of Yiddish and Middle Eastern literature, historical fiction and magical fable into an inventive and unforgettable tale.

Leading the review and discussion are two Judaic Studies experts, Dr. Shalom Staub and Dr. Nitsa Kann.

Dr. Staub, a member of Beth El Temple, teaches courses in the Department of Sociology, Religion, Judaic Studies, and Middle East Studies at Dickinson College. He is also First Year Dean, Associate Provost for First-Year Programs and Community-Based Learning/Research, and Director of the Conflict Resolution Resource Center.

Dr. Kann, a member of Beth Shalom, is the author of two Hebrew novels, Gazelle of Love and Herotica, and two Hebrew poetry books, Black Soul Singer and Woman with Child. She is currently a professor of Judaic Studies at Dickinson College where her interests and research include Hebrew Language and Literature, Kabbalah, Israeli Cinema, Feminism and Queer Theory.

Come prepared for an insightful overview of The Golem and the Jinni as well as a lively discussion. This book club event is without charge and open to the community.

“CRITICAL ISSUES” SERIES AT BETH EL TEMPLE

Adult Education at Beth El Temple gets underway in October. On four successive Monday evenings beginning October 7, Educational Director Bob Axelrod will teach his popular series “Critical Issues Facing the Contemporary American Jewish Community.” With a focus on the Jewish perspective of each topic, Bob reviews events in the news, presents resource material, encourages energetic dialogue among participants, and highlights how Judaism can be helpful in the formation of opinions on each subject.

Each of the sessions is independent of others, so missing a session is not a problem. Please come to as many as you choose. All sessions take place in Arthur and Pearl Anne Rosen Sisterhood Hall and begin at 7:15 p.m. Light refreshments are served. This educational offering is open to the entire community. All are invited to participate!

Monday, October 7 – “The Mayor, the King, Mr. S., Mr. W., Mr. R. and the President”

Monday, October 14 – “Egypt, Chaos and Democracy”

Monday, October 21 – “There’s a Whole New World of ‘Here’s Lookin’ at Ya’”

Monday, October 28 – “42 & the Other”

COMMUNITY REVIEW AD DEADLINES

OCTOBER 4, 2013 ISSUE - SEPTEMBER 20, 2013

CALL MARTY LAMONOFF TO RESERVE YOUR AD SPACE OR TO OBTAIN A CONTRACT

717-232-6279  •  CELL: 717-877-5973

FAX: 717-232-2177  •  E-MAIL: lammie@aol.com

E-MAIL: lammie@aol.com
BETH EL TEMPLE  
**232-0556 | www.betheltemplehbg.org**

Minyan 7 a.m. daily and 5:30 p.m.
Sunday morning at 9:00 a.m.
Friday night Kabbalat Shabbat 6:00 p.m.
Shabbat morning service 9:15 a.m.
Saturday night mincha/maariv/havdalah at same time as Friday evening candlelighting time

Sunday, September 22: Consecration for new Religious School Students 11 a.m.
Congregational Pot Luck Dinner in Sukkah, 5 p.m.

Thursday, September 26: Shemini Atzeret, 9 a.m.
Erev Simchat Torah: light supper before holiday evening service

Friday, September 27: Simchat Torah, 9 a.m.
Torah honorees: Dr. Alan & Caren Schein.
Induction of “Yad Squad” Torah readers and “Hay Squad” Haftarah readers.

Saturday, September 28: Bar Mitzvah of Jacob Aaron, 9:15 a.m. Parashat Bereshit.

Wednesday, October 2: Primetimers Social Group 6:15 p.m. at Infinitos Pizza  RSVP Arlynn 652-0700.

Sunday, October 6: Post Bnai Mitzvah Program for teens and parents “Interacting With Your Adolescent,” 9:30 a.m.

Sunday, October 6: Post Bnai Mitzvah Program for teens and parents “Interacting With Your Adolescent,” 9:30 a.m.

“Welcome Back Barbeque” Congregational Dinner 4:30 p.m. Reservations 232-0556

Adult Education Series with Bob Axelrod, 4 Mondays in October 7:15 p.m.
October 7: “The Mayor, the King, Mr. S., Mr. W., Mr. R. and the President”
October 14: “Egypt, Chaos, and Democracy”
October 21 “There’s a Whole New World of Here’s Looking at Ya”
October 28: “42 & the Other”

Wednesday, October 9: Book Club 7:00 p.m. Dr. Shalom Staub and Dr. Nitsa Kann review “The Golem and the Jinni” by Helen Wecker.

Saturday, October 12: Bat Mitzvah of Lexi Weikert Parashat Lecha Lecha.

Sunday, October 20: Breakfast & Learn 9:30 a.m. Connie & Gail Siegel on “The Crypto Jews of New Mexico.” Social Action volunteers at Habitat for Humanity 1 to 4 p.m. Contact Mark Sussman 439-6254

October 20 to November 1: Coat Drive to benefit local shelters—collection rack in Coat Room.

Wednesday, October 23: Board of Directors Meeting 7:00 p.m.

Saturday, October 26: Bar Mitzvah of Ryan Jacobs Parashat Chayei Sara.

Sunday, October 27: “OH, WHAT A NIGHT!” – a gala celebration to honor Rabbi Eric Cytryn and Educational Director Bob Axelrod, featuring a musical tribute by Maestro Stuart Malina and his brother Joel Malina. Program begins 6:45 p.m. Preceded by wine and hors d’oeuvres reception for patrons and sponsors at 5:30 p.m. Program followed by a Dessert Reception for ALL at 8:15 p.m. Tickets on sale now! Call Beth El Temple Office 232-0556.

PUBLIC SERVICE ANNOUNCEMENT

CHISUK EMUNA CONGREGATION  
**232-4851 | www.chisukemuna.org | info@chisukemuna.org**

Weekly Minyan times:
Sunday mornings at 8:30 a.m.
Monday, Thursday mornings, 6:50 a.m.
Tuesday, Wednesday and Friday mornings, 7 a.m.
Sunday through Thursday evenings, 7:15 p.m.

Please join us for Selichot, Rosh Hashanah, Yom Kippur, Sukkot, Shemini Atzeret and Simchat Torah as we begin the Jewish year and celebrate our holidays as a Chisuk Emuna family, for the first time in our new home.

Thursday, September 19: Sukkot Day I, Shacharit 9:15 am, Mincha/Maariv 6:45 pm.
Friday, September 20: Sukkot Day II, Shacharit 9:15 am, Mincha 6:45 pm

Chol Hamoed/Intermediate Days of Sukkot
Shabbat Chol Hamoed Sukkot

Friday, September 20: Kabbalat Shabbat and Maariv to follow Mincha that begins at 6:45 p.m.
Saturday, September 21: Shacharit, 9:15 a.m., Mincha/Maariv 6:50 p.m.
Sunday, September 22nd Shacharit 8:30 a.m., Maariv 7:15 p.m.
Monday, September 23rd Shacharit 6:45 a.m., Maariv 7:15 p.m.

Tuesday, September 24th Shacharit 6:45 a.m., Maariv 7:15 p.m.
Wednesday, September 25th Hoshanah Rabbah Shacharit, 6:30 a.m.
Wednesday, September 25: Shemini Atzeret, Mincha/Maariv, 6:35 p.m.
Thursday, September 26: Shemini Atzeret, Shacharit (includes Yizkor, Prayers of Remembrance), 9:15 a.m., Mincha, 6:35 p.m.
Thursday, September 26: Erev Simchat Torah Celebration, Simchat Torah Preparation and Maariv, 7:00 p.m.
Friday, September 27: Simchat Torah, Shacharit, 9:15 am, Mincha, Kabbalat Shabbat and Maariv, 6:40 pm.

For more information about Chisuk Emuna programs and services, please call our office at 232-4851.

HISTORIC B’NAI JACOB  
**319-3014 | www.bnai-jacob.org**

Historic B’nai Jacob Synagogue, Water and Nissley Streets in Middletown, will conduct Sukkos/Simhas Torah Service on Saturday, October 4th at 7:30 p.m. We are a Community Shul - all are welcome. Visit our website or call our Voicemail, 717-319-3014

PUBLIC SERVICE ANNOUNCEMENT

KESHER ISRAEL CONGREGATION  
**238-0763 | www.kesherisrael.org**

Participate in our daily Minyanim. Mornings: Sundays and Federal holidays at 8 a.m., Monday through Friday at 6:45 a.m. Rosh Chodesh and fast days at 6:30 a.m. Evening services begin at 20 minutes before sunset. Please join us for our 9 a.m. Shabbat morning services - followed by kiddush

PUBLIC SERVICE ANNOUNCEMENT

TEMPLE BETH SHALOM  
**697-2662 | www.tbshalom.org**

Saturday Shabbat Services will be held approximately every other week between September 15, 2013 and March 15, 2014. Services will begin at 9 a.m. and are scheduled for the following dates:

- September 21, 2013 January 11, 2014
- October 5 January 25
- October 19 February 1
- November 9 February 15
- November 23 March 1
- December 7 March 15
- December 21

Contact: Jenny Kornfeld, TBS Ritual Chair, jenmarc55@comcast.net

WoofStock Festival - Sept 29, 2013, 11-5
http://www.cpawoofstock.com/
A groovy day of peace, love, music, fun and DROOL!
For humans and their canine companions at Riverfront Park in Harrisburg

TBS is hosting a booth of KIDS CRAFTS at this event. Event contacts are CJ Foerfivefoer@aol.com and Carol Hillman carol@parss.org.

Trip to National Museum of American Jewish History, October 13, 2013
Sponsored by TBS Sisterhood. Trip will include travel, group tour, and lunch. Please contact Jenny Kornfeld, at carol@parss.org for reservations or further information.

To find out more about our programs and events, visit www.tbshalom.org or contact us at tbs.temple@verizon.net

PUBLIC SERVICE ANNOUNCEMENT

TEMPLE OHEV SHOLOM  
**233-6459 | www.ohevsholom.org**

HOLY DAYS SERVICES
Friday, September 20: Sukkot Shabbat Service, 7:30 p.m., Sanctuary
Saturday, September 21: B’nai Mitzvah, 10:30 a.m., Sanctuary
Friday, September 27: Consecration/Simchat Torah Shabbat Service, 7:30 p.m., Sanctuary
Saturday, September 28: B’nai Mitzvah, 10:30 a.m., Sanctuary

PUBLIC SERVICE ANNOUNCEMENT

Middletown | 319-3014 | www.bnai-jacob.org

HISTORIC B’NAI JACOB

Rosh Chodesh and fast days at 6:30 a.m.

Eve of Shabbat Services will be held  approximately every other week between September 15, 2013 and March 15, 2014. Services will begin at 9 a.m. and are scheduled for the following dates:

- September 21, 2013 January 11, 2014
- October 5 January 25
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- November 9 February 15
- November 23 March 1
- December 7 March 15
- December 21

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To find out more about our programs and events, visit www.tbshalom.org or contact us at tbs.temple@verizon.net

PUBLIC SERVICE ANNOUNCEMENT
AVA BERG

Ava Berg passed away after a brief illness on Friday, August 30, 2013. Born December 12, 1942 in Queens, NY to Rose and Henry Berg (deceased), Ava’s family moved to a newly developed neighborhood in Levittown, NY in 1951. She was in the first graduating class of Levittown’s Division High School. Following high school, she obtained her BA Degree in Sociology from Hofstra University. After her university studies, she worked for the NYC Department of Welfare from 1968 to 1977. Ava was a talented artist who enjoyed crocheting, knitting, and jewelry making. She was able to concentrate on designing and selling her jewelry starting in 1977.

When Ava moved to Harrisburg, PA in 1979, she went to MTA school to learn how to drive tractor-trailers. She was a member of the Teamsters Union Local 776. In 1984, Ava started to sell cars. She was a successful car salesman at Brenner Motors until 1995. Afterwards, she decided to return to crafting and selling her jewelry. In 2008, Ava started rapping and would like for all to enjoy her work at “Ava Hip Soul” on YouTube.

Ava was a very loving person and gave so much of herself to her family and friends. In addition, she cared a great deal about her community. Ava participated in countless political activities and community events with expectations for the betterment of our quality of living. She was very outspoken regarding the legalization of marijuana, understanding its medicinal properties and the economic benefits that it would have to the state. She was a member of NAACP, STLC, and ACLU.

Ava leaves the loves of her life- Melanie D. Berg, daughter; Cachee Berg, Amber Berg, and Raven Chapman (granddaughters); Anthoni Berg and Jordan Chapman (great-grandsons); Ina Shron and Deborah Delgado (sisters), Maxwell Shron, Aleah Shron, and Isadora Delgado (nephew and nieces).

A celebration of her life service was held on Saturday, September 7th in St. Paul’s Baptist Church, Harrisburg, PA 17103. The Dailey Funeral Home Is Honored To Serve The Berg Family. www.pennlive.com/obits

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We are honored to be selected as the funeral home for the Jewish Community.

We have served the greater Harrisburg community for over 70 years and are committed to helping families before, during and after their time of need.

If you have any questions or concerns during this time of transition, please call either Nathan Bitner or Graham Hetrick at 545-3774 and we will be happy to assist any of your needs.

Hetrick-Bitner Funeral Home, Inc

We are selected as the funeral home for the Jewish Community.

We have served the greater Harrisburg community for over 70 years and are committed to helping families before, during and after their time of need.

If you have any questions or concerns during this time of transition, please call either Nathan Bitner or Graham Hetrick at 545-3774 and we will be happy to assist any of your needs.
Sunday, October 27, 2013
6:45 pm Program
8:15 pm Dessert Reception
Beth El Temple
2637 N. Front Street
Harrisburg, PA 17110

Celebrating Our Honorees

Rabbi Eric Cytryn
A Decade of Leadership

Education Director
Bob Axelrod
18 Years of Service

Musical Entertainment by
Maestro Stuart Malina and Joel Malina

Weaving the Magic of Broadway!

Reserved Seating $50
General Admission $36
Teen $18

Sponsorship opportunities available. Call the Temple Office at 717-232-0556