Green Hills is the place to be this summer...
...Whether it’s for JCC Day Camp or just relaxing in the pool!
Come out and see what you’re missing! More photos on page 7!

JCC Senior Adult Club Succeeds with another Talent Show

On June 25th, the JCC Senior Adult Club had their annual home-grown Talent Show. Everybody had great fun and a lot of laughter. Thanks to the almost Herculean efforts of our new Membership Vice President Roberta Krieger and Al Goodman at the piano, things went smoothly. Hopefully, we will have another one next year. Here are some pictures of our Senior actors.

More photos on page 6
By Esther Boldes

On June 6th, the JCC Senior Adult Club had a lecture about programs and services for senior citizens when they need help. My general belief is that we all procrastinate when it comes to planning for our ultimate future, when we might need help and more than friendly support. So, I am asking you: Where were you when this program was especially planned to inform our age group of what is available in housing, special care, and caregivers? There was very poor attendance at this most informative program.

The three ladies – Lauren Smeltzer, Kathy Cox, and Grace Vasquez from Central Penn Nursing Care and Country Meadows - presented the various services you can take advantage of to enhance your life, if you need personal help and want to stay as independent as possible. They spoke about the changing ways regarding Senior healthcare, the ready availability of home healthcare, and the varied facilities with less or more services you can choose from these days.

You might think your plans are all set, but they never are. Just recently I, myself, found out that if it had not been for the wisdom of my daughter and her knowledge of available resources, I would not have been able to follow my own wishes.

When you look old, you are considered hard of hearing until you tell people not to shout at you. You are considered not of sound mind or understanding. Doctors know, for sure, what medicine is good for you. If you are in the ward of broken bones, they will not treat your ulcer or heart.

Our three guest speakers had all of the needed information at their fingertips. They also had perfect advice on how to prepare yourself if there comes a time for a sudden change in your health.

These informational programs might be boring to you, or you might think you have heard it all before. I would urge you not to be blasé or negligent about them, in planning for your future needs. Most of us need somebody to speak for us when we have unforeseen events happen in our lives. Plan well and stay well.

Shalom!
The Women of Vision Philanthropic Fund held its Annual Awards Presentation and Spring Event at the JCC on the evening of June 13th. This year the Fund was able to award $2,550 in grants to deserving Jewish women and their families in the Harrisburg area.

Arlynn Weber, Chair of the Women of Vision, kicked off the evening with her announcement of the Vi$ion of Change project. Each woman present received a tzedakah box and was asked to fill it with change to aid the Women of Vision Philanthropic Fund. This initiative will help to increase the fund balance which will then increase the amount available for distribution to needy women and children in the Harrisburg area.

Dr. Diane Sand, Chair of the Grants Committee, presented the nine grants issued through six agencies, organization or synagogues in the Harrisburg area. These grants spanned a variety of recipients from single mothers, a new immigrant and a holocaust survivor to name a few.

Stephanie Harshbarger and Tracey Lencioni-Smith from Dr. Robert E. Wolf’s watersEDGE office spoke about dermal fillers, laser treatments, facials and chemical peels. Shelley Adler followed up with attuning our inner beings to look good from the inside out.

The Women of Vision Philanthropic Fund is a collective for women who wish to bring about change by making grants that respond to the social welfare needs of Jewish women and children in the Harrisburg area. For more information on The Women of Vision Philanthropic Fund or any of the services of the Jewish Community Foundation of Central Pennsylvania, please contact Howard Ross, Foundation Director or Michele Wickwire, Foundation Administrator.
Developing a cohesive sense of women's Jewish philanthropy as a supplement to other community philanthropic activities.

Women of Vision

Jewish Community Foundation of Central Pennsylvania

Like having your own family foundation. Only easier...

A Donor Advised Fund makes philanthropy simple. Create a fund with the Jewish Community Foundation of Central Pennsylvania with as little as $5,000 and recommend grants to your favorite charities at your convenience. Assets are invested in professionally managed portfolios, allowing the account to grow tax-free. You can avoid capital gains by donating appreciated securities. The benefits of a family foundation without the work of administration; the Jewish Community Foundation does the work for you.

Jewish Community Foundation of Central Pennsylvania
3301 N. Front Street
Harrisburg, PA 17110    (717) 236-9555 Ext. 3202
GABE FREEDMAN TO PLAY FOR THE JCC SENIOR ADULT CLUB

On Tuesday, July 30, Gabe Freedman will perform for the JCC Senior Adult Club’s after lunch program. Gabe Freedman is a recent graduate of Susquehanna Township High School. He was a former student of the Rabbi David L. Silver Yeshiva Academy. A classically-trained pianist since the age of 5, Gabe has received many awards for his performances in competitions as well as other events. He has performed several works by Beethoven, Liszt, Chopin, and Rachmaninoff, among others, in his rapidly expanding repertoire. Gabe was the principal accompanist for his school chorus in their annual winter and spring concerts, in addition to many other school functions.

For the past three years, Gabe has auditioned for and was selected to accompany the Dauphin County District Chorus. He has also been asked to lend his musical talents for several occasions, including weddings, dinners, and recitals. He has also acted as an accompanist and performer for many non-profit organizations.

For the past year, Gabe designed and implemented a classical music appreciation class for a first-grade class at Sara Lindemuth Elementary school as a senior project. Each class focused on introducing a different classical composer and their music. At the end of the school year, the project was highlighted in an article with The Patriot-News displayed on their website. Gabe has studied with Debra Nicodemus for the past 8 years. In the fall he will be attending the University of Pittsburgh to major in mathematics.

Please make your reservations for lunch and the program with Cheryl 236-9555 Ext. 3115.

Eagle Scout Project Benefits Green Hills Swim Club

On May 25, 2013, a group of Boy Scouts of Troop 108 from Hershey, PA replaced a bridge on a trail and cleaned up the trail through the woods at Green Hills Swim Club. This was for the Eagle Scout project of Stephen Slimak. The previous bridge that was there was old, dilapidated, and had no hand rails. The new bridge has none of these characteristics. It is new, fresh, and has hand rails.

As well as replacing the bridge, the Boy Scouts also cleaned up the trail. Weeds that were on the trail were pulled, and some trees that fell across the trail were dragged off the trail. This is all in the hopes that Green Hills’ members will use one of the best resources they have, nature.

**AARP SAFE DRIVING REFRESHER COURSES**

For those of you who have taken the AARP Safe Driving Class three years ago, AARP is offering three ONE DAY – 4 HOUR REFRESHER COURSES. These classes will be given on Wednesday, July 17, 2013 and Thursday, October 24, 2013. BOTH CLASSES ARE FROM 12:30-4:30PM. Since this class is concentrated, in order for the instructor to have your certification cards prepared ahead of time, when you register you will need to have the following information ready:

- Name
- Address
- Phone number
- Date of Birth
- 8-digit Driver’s License Number and expiration date

To get discount your AARP membership number you must be able to show a copy of your last AARP SAFE DRIVING COURSE CERTIFICATE

Class size is limited to 32 people and the cost is $14 (check made payable to AARP) or if you are an AARP member you get a $2 discount. To register, call Cheryl at 236-9555 Ext. 3115.

Old Bridge

New Bridge
Note from Senior Adult Club Talent Show Director

Dear talented “Stars”, backstage, front stage and onstage........

It is with much heartfelt gratitude that I want to let you know how very much I appreciate all the efforts and talents that were put forth to assure that our show was a success, whether on stage or behind the scenes. You were all awesome.

To prove my point, I was not the only one who felt like this. I’ve already been contacted by SAG, who said applications for membership are in the mail. I’ve heard from Grauman’s Chinese Theatre as well. They are ready to lay some fresh cement down as soon as we give them the word as to when we will be in their neighborhood. They suggested footprints as opposed to handprints, since they felt that being senior citizens, it would take too much effort to get back to a standing position. Possibly Cheryl can make LA our next Sr. bus trip??????

Again, thanks sooooooooooo much!!!!!!!!

~ Roberta Krieger ~

A Note to the JCC Senior Adult Club Adviser

Dear Cheryl,

I cannot believe that I neglected to acknowledge and thank you for everything you did to “aid and abet” me in my endeavor to get the “show on the road.” Without your help, whether it was working on the computer, making copies, or just moral support, there would not have been a show!

As a matter of fact, without your help, there would not be a Senior Group at all!

Please accept my expression of gratitude, as well as much thanks from our talented senior thespians.

We love you mucho!

~ Roberta Krieger ~
Green Hills is the place to be this summer...

...Whether it’s for JCC Day Camp or just relaxing in the pool!

Come out and see what you’re missing!
Swim Lesson Success at the HBG JCC

The JCC recently wrapped up a five-week session of swim lessons at the indoor pool. The lessons were available to those children ages 18 months and above. The JCC will launch additional group lessons for children of all ages this September and has ongoing private lessons available to both members and non-members. The JCC has also begun to offer adult lessons.

For more information on swimming lessons, please contact Terri Travers at t.travers@jewishfedhbg.org or 236-9555 ext. 3110.
SYNAGOGUE LIFE

BETH EL TEMPLE — TIME TO REGISTER FOR RELIGIOUS SCHOOL

Beth El Temple Religious School is now accepting registration for the fall for both new and returning students. With a staff of dedicated teachers under the leadership of Educational Director Robert Axelrod, our school offers a progressive program of education for grades Kindergarten through Seventh Grade. The program encompasses a sequential curriculum in Hebrew, Bible, Holidays, Prayer and Jewish Life; Junior Congregation, one geared for lower grades K-3 and one for upper grades 4-7; Bar/Bat Mitzvah training; Family Education programs for parents and children; the Elaine Y. Simons Children's Library and Resource Center; Jewish music and dance program; field trips to explore Jewish roots and heritage; and such diverse and engaging classes as World Jewish Cuisines and Judaism Through Film.

The Beth El Temple Religious School meets on Sunday mornings from 9 a.m. to noon and on Wednesday afternoons from 4:15 p.m. to 6:15 p.m. The Kindergarten class meets on Sundays only; grades 1 through 7 attend both Sundays and Wednesdays. Junior Congregation for all grades takes place on the first two Saturday mornings of each month and once a month on designated Friday nights.

Educational Director Bob Axelrod's career spans four decades of successful teaching and administration in both secular and Jewish education. Bob holds a BA in History and a MA in Educational Administration from Temple University, as well as a Bachelor of Hebrew Letters from Gratz College. He has served congregations in Philadelphia, Washington and Harrisburg in various roles as religious school principal, synagogue administrator, and director of education and youth activities. Bob is now in his 18th year at Beth El Temple. Parents of our students agree that in addition to his many professional qualifications is a very special qualification—his sheer enjoyment in working with kids!

For more information about registration, call the Beth El Temple Office at 232-0556. The first day of Religious School is Sunday, September 8.

KESHER ISRAEL TO SPONSOR 24TH ANNUAL SUMMER LEARNING PROGRAM JULY 12TH - JULY 28, 2013 - ALL ARE WELCOME!

Kesher Israel Congregation of Harrisburg, PA is pleased to announce its 24th Annual Summer Learning program - Kollel Zichron Dov. The Summer Kollel is named in memory of Rabbi Berel Zafran, z"l – the late Rav Ha-Machshir [Chief Rabbinic authority] of Empire Kosher Poultry. Rabbi Zafran was one of the world's premier authorities in the field of kosher slaughtering.

It was through his knowledge and learning that Empire became the leading supplier of kosher poultry products to the world. For many years Rabbi Zafran and his beloved wife, Freda, were active members of their synagogue, Kesher Israel.

The Summer Kollel / Kollel Zichron Dov is made up of senior rabbinical students from the Chofetz Chaim Yeshiva in Queens, New York. Four single students and one married couple will arrive in Harrisburg on Friday, July 12, 2013 and will remain until Sunday, July 28th. During that period, they will offer a variety of learning programs to the entire Jewish community of Harrisburg. The Summer Kollel offers individual learning sessions which are tailored to areas that you wish to explore (i.e., Jewish history, Bible, Prophets, Talmud, Psalms, Siddur, etc.). To arrange for your own learning session, please call Kesher Israel's office at 238-0763, or e-mail Rabbi Akiva Males at rabbimales@yahoo.com for more information.

During the time that the Summer Kollel will be in Harrisburg, there will also be a second daily morning minyan at KI beginning at 8:00 AM. Following the morning minyan one of the Summer Kollel members will lead a short Torah discussion. This will be followed by a light breakfast. In the afternoon, prior to Minchah (the afternoon service) there will be a special presentation offered by one of the young scholars. Following Ma'ariv (the evening service) members of the Summer Kollel will again be available for Torah learning.

The Summer Kollel also conducts a very popular, daily afternoon program for children of all ages at the Harrisburg JCC. This fun-filled program consists of games, prizes, and Jewish-themed arts and crafts projects. KI invites the entire Harrisburg Jewish community to take advantage of the many wonderful Torah learning opportunities which the Summer Kollel will provide. Please call Kesher Israel's office at 238-0763, or e-mail Rabbi Akiva Males at rabbimales@yahoo.com for more information.
Synagogue Life

**BETH EL TEMPLE**
232-0556
www.betheltemplehbg.org
Minyan 7 a.m. daily and 5:30 p.m.
Sunday morning at 9:00 a.m.
Friday night Kabbalat Shabbat 6:00 p.m.
Shabbat morning service 9:15 a.m.
Saturday night mincha/maariv/havdalah at same time as Friday evening candle-lighting time
Friday Night Kabbalat Shabbat Summer Service

Schedule:
- Joint services with Temple Ohev Sholom
- June 21 through July 26 at Temple Ohev Sholom
- August 2 through August 30 at Beth El Temple
- Tishah b'Av Chanting of Eicha, Book of Lamentations
- Monday, July 15, 8 p.m. Candlelight service.
- Tuesday, July 16, 7 a.m. Mark Kovler, guest chanter
- Wednesday, July 24,

**CHISUK EMUNA CONGREGATION**
232-4851
www.chisukemuna.org
info@chisukemuna.org
Weekly Minyan times:
- Monday, Thursday mornings, 6:50 a.m.
- Sunday through Thursday evenings, 7:15 p.m.
- Tuesday, Wednesday and Friday mornings, 7 a.m.

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All advertising materials and fees due no later than August 2, 2013.

Contact Marty Lamonoff for Media Kit at 717-232-6279, CELL 717-877-5973, FAX 717-232-2177 or lammie@aol.com or contact Sally Jo Bronner at (717) 497-1283 or communityreview@comcast.net.
Barbara Ann Berk, 83, of Venice, FL, formerly of Harrisburg, PA, passed away May 29, 2013 at the Venice Regional Medical Center. Services will be held at 2:00 pm on Tue., June 4, 2013 at Sarasota National Cemetery in Sarasota, FL. Funeral arrangements by: Ewing Funeral Home.

Barbara was born January 31, 1930 in Harrisburg, PA the daughter of the late Benjamin and Ellen (Jenkins) Sharosky. Barbara is survived by her husband of 56 years Melvin, children Jake and Sadie and several nieces. She

For more information about Chisuk Emuna programs and services, please call our office at 232-4851.

CONGREGATION BETH ISRAEL
Lebanon | 273-2669
Visit the Congregation Beth Israel Web Site at www.congregation-beth-israel.org

All are welcome to our egalitarian services: Sundays at 9 a.m., Thursdays at 7:30 a.m.
Our Shabbat services, led by Rabbi Paula Reimers, are at 7:30 p.m. on Friday evenings and on Shabbat morning at 9:30 a.m. followed by Kiddush.

CONGREGATION BETHTIKVAH
Carlisle
245-2811
www.bethtikvah.org

HISTORIC B’NAI JACOB
Middletown
319-3014
www.bnai-jacob.org
Historic B’nai Jacob Synagogue, Water and Nissley Streets in Middletown, will conduct Shabbat services on Friday, August 2nd at 7:30 pm.

Visit our website or call our Voice Mail 717-319-3014. We are a Community Shul - all are welcome.

KESHER ISRAEL CONGREGATION
238-0763
www.kesherisrael.org
Participate in our daily Minyanim. Mornings: Sundays and Federal holidays at 8 a.m., Monday through Friday at 6:45 a.m. Rosh Chodesh and fast days at 6:30 a.m. Evening services begin at 20 minutes before sunset.

Please join us for our 9 a.m. Shabbat morning services - followed by kiddush.

PUBLIC SERVICE ANNOUNCEMENT

TEMPLE BETH SHALOM
697-2662 | www.tbshalom.org
Join us for our contemporary Kabbalat Shabbat! Join us for our contemporary Kabbalat Shabbat at 7:15 p.m. or our more traditional Shacharit Shabbat at 9 a.m. Temple Beth Shalom is proud to offer a range of programming for all ages.

To find out more about our programs and events, visit www.tbshalom.org or contact us at tbs.temple@verizon.net.

PUBLIC SERVICE ANNOUNCEMENT

TEMPLE OHEV SHOLOM
233-6459 | www.ohesholom.org
Friday, July 12: Shabbat Service, 5:45 pm, Lehrman Chapel
Friday, July 19: Shabbat Service, 5:45 pm, Lehrman Chapel
Friday, July 26: Shabbat Service, 5:45 pm, Lehrman Chapel
Friday, August 2: Shabbat Service, 5:45 pm, Beth El
Friday, August 9: Shabbat Service, 5:45 pm, Beth El
Friday, August 16: Shabbat Service, 5:45 pm, Beth El
Friday, August 23: Shabbat Service, 5:45 pm, Beth El
Friday, August 30: Shabbat Service, 5:45 pm, Beth El

CANDLELIGHTING

July 12.................................8:17 p.m.
July 19.................................8:13 p.m.
July 26.................................8:07 p.m.

20 Erford Road, Suite 304
Lemoyne, PA 17043

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BARBARA ANN SHAROSKY BERK

Barbara Ann Berk, 83, of Venice, FL, formerly of Harrisburg, PA, passed away May 29, 2013 at the Venice Regional Medical Center. Services will be held at 2:00 pm on Tue., June 4, 2013 at Sarasota National Cemetery in Sarasota, FL. Funeral arrangements by: Ewing Funeral Home.

Barbara was born January 31, 1930 in Harrisburg, PA the daughter of the late Benjamin and Ellen (Jenkins) Sharosky. Barbara is survived by her husband of 56 years Melvin, children Jake and Sadie and several nieces. She

graduated from the Temple University Nursing School and worked 40 years with Blue Cross Blue Shield. In lieu of flowers donations maybe sent to the Suncoast Humane Society, 6781 San Casa Drive, Englewood, FL 34224.
TUESDAY, JULY 16
Senior Lunch Program, 10 a.m., JCC
Program: “The Jewish Perspective”
With Bob Axelrod, 12:30 p.m.

WEDNESDAY, JULY 17
AARP Refresher Driving Course,
12:30 – 4:30 p.m., JCC

THURSDAY, JULY 18
Senior Lunch Program, 10 a.m., JCC
Program: Al Goodman Sing-along, 12:30 p.m.
Federation Board of Trustees Mtg., 7 p.m., JCC

TUESDAY, JULY 23
Senior Lunch Program, 10 a.m., JCC
Program: Pianist David Kopp, 12:30 p.m.

THURSDAY, JULY 25
Senior Lunch Program, 10 a.m., JCC
Program: Movie
“A Prince Among Rubies,” 12:30 p.m.