

Jr. Maccabi Success Achieved By Young Harrisburg Athletes

On Sunday May 5th, over 40 young Jewish athletes represented Harrisburg in the annual Middle Atlantic Junior Maccabi Games held this year at the Kaiserman JCC in Philadelphia. The one-day Olympic-style event is open to Jewish preteens 10-12 years of age. The delegation, led by JCC Programming Director Andrea Weikert, is known for its great work ethic and ability to demonstrate what is best in sports: teamwork, effort and winning and losing with dignity. This year was no exception as the Harrisburg athletes competed strong on the field and had fun off of it. The day began with an opening ceremony that featured over 600 Jewish athletes from Pennsylvania, New Jersey, New York, Delaware, Maryland and Washington, DC marching in to the cheers of parents and friends. After the opening event, players were off to begin an exhausting day of competition.

For the first time, Harrisburg brought a soccer team to compete. Due to the tournament being designed as 11 v. 11, Harrisburg decided to combine its boys and girls together in order to have enough players to compete; and what an impact on the competition this group made. Coached by Patty Schwab, the soccer team was composed of players Lexi Weikert, Alexa Schwab, Sammy Schwab,

Cassie Everly, Mollie Kline, Jason Kline, William Halbert, Carly Steiner, Ben Gordon, Samantha Polan, Julia Belfonti, Hunter Keyes and Ian Malamud. The team got off to a strong start winning both of its preliminary games. They defeated Mid-Westchester in the first game 2-0 and Bux-Mont 1-0 in the second game. In the playoff round, they lost to Baltimore 2-1 which placed the team in the Bronze-medal game. The game ended tied 2-2 and went into overtime followed by going to penalty kicks where Harrisburg came up just short. Harrisburg parent Brad Polon stated, "What the coaches and kids accomplished was extraordinary. The Harrisburg team can be very proud of themselves both with their performance on the field and their conduct off the field. This was the first Junior Maccabi games that we have attended, and it will be a memory that will last a lifetime for our family. I think to have both boys and girls playing together on an extremely competitive basis shows a strong Jewish bond amongst our children."

Harrisburg's swimmers, under the guidance of Coach Teri Berman, came home to Harrisburg with ten medals. Swimmers included Matthew Yoffe, Regina Monaco, Eliza Kuller, Simona Shuman, Sam Welks, Jason Weitzman, Eliya Stein, Elana Peisner,



and Isabelle Borr. They were entered in 27 individual events. In 18 of those races, our swimmers swam their fastest times of the year. Winning gold was Matt in the 100 freestyle, Jason in the 100 freestyle and Elana in the 100 backstroke. Silver medals were won by Sam in the 50 and the 100 breaststrokes, Isabelle in the 100 backstroke and Matt in the 100 breaststroke. Sam also brought home a bronze medal in the 50 freestyle while Matt placed third in the 100 butterfly. Our 11-year-old, 200 freestyle relay team of Sam, Eliya, Elana, and Jason brought home the silver, losing the race by a mere .14 of a second.

Max and Ben Kluger and Henry Gold represented Harrisburg in tennis. The players were coached by Larry Kluger and found great results on the court. Gold won a bronze medal for his age group and Max Kluger started the day with a rough first match but rebounded nicely to win his next two matches. Ben also started the day off with a loss but came back to win his second match before ultimately losing in his final match of the day.

In basketball, the boys' team was coached by Chad Dechowitz and assisted by Eli Weikert, Ethan Augustine and Sol Krevsky. The boys ranged in age and experience, and the team included Ryan Jacobs, Sam Goldberg, Hallel Cheskis, Max Shore, Brian Reback, Alex Weinstock, Owen Wiener, Eli Spotts, Drew Augustine, Joseph Caplan and Max Krevsky. The boys faced teams from much bigger cities, but despite losing their games the real highlights of the day were the attitude and behavior of the boys throughout the competition. Dechowitz stated, "In each game, the boys started with a positive attitude and a belief that they could win every time they stepped on the court, despite what might have happened in the previous games. Even when the scores were bleak, the boys never lashed out or pouted. Their focus was on playing and playing hard to the final whistle." Even the boys who struggled to make an impact on the scoreboard provided much needed energy and effort throughout the day. The day ended on a high note with the boys hitting their final

2 shots of the tournament, including a final 3-pointer by Ryan Jacobs.

The girls' basketball team was small in numbers and stature but made up for it with large effort. The team, consisting of just six girls that included Lily Woolf, Batsheva Gewirtz, Nina Brodsky, Maddie Cohen, Sami Cooper and Sophie Shienfold, were coached by Terri Travers, Noah Woolf and Madison Schwab. The girls went 0-3 in their morning competition against Baltimore, Philadelphia and Cherry Hill. In the afternoon, they faced Wilmington in the first round of playoffs and got a win. The girls moved on to play Cherry Hill in the quarterfinals where they eventually lost. "I was so proud of this group. They had fun and never got discouraged," stated Travers. She continued, "Harrisburg should be very proud of all of its athletes. They played hard and gave it maximum effort, which created an exciting day." Perhaps 5th grader Maddie Cohen said it best when she commented, "It was so much fun. I can't wait until next year to play again."

Accessibility Lifts and Paved Path Highlight Dauphin County Grant for Green Hills Improvements

Green Hills Swim Club, the outdoor pool and recreation facility of the Jewish Federation of Greater Harrisburg located on Fishing Creek Valley Road, will take another step in being more accessible to those with disabilities by utilizing remaining grant money it received in 2012. In 2011, the Federation, in partnership with Middle Paxton Township, applied for and was awarded a \$32,000 Dauphin County Local Share Municipal Grant in order to purchase two ADA-approved pool lifts. After installation of the lifts, the Federation had money remaining from the Grant and recently received permission from the Dauphin County Commissioners and the County's Gaming Advisory Board to use these funds to install a paved path that leads from the bridge by the parking lot to the pavilion and pool area.

"The path has been composed of stones in the past and, unfortunately, the rough surface has made it very difficult for those in wheelchairs, the elderly and children's strollers," stated Sports and Fitness Director Terri Travers. She continued, "By paving that area, it should benefit many individuals and hopefully make it easier for everybody to walk up to the pool area this summer."

Green Hills Swim Club opens Memorial Day weekend. All JCC members receive a complimentary membership to Green Hills. Non-members may purchase a summer pool membership, which is now on sale. For more information on membership or rentals, please contact Terri at t.travers@jewishfedhbg.org or 236-9555 ext. 3110.

Anybody can win, but it takes a special group to lose

By Terri Travers



Left to right: Nina Brodsky, Lily Woolf, Batsheva Gewirtz, Sami Cooper, Maddie Cohen and Sophie Shienvold.

We all love to win; it's the American way. We practice hard because we want results, and I have been fortunate at the Harrisburg JCC to win numerous tournaments and championships.

It is often easiest to define success by the wins and losses, but I am not sure that is really a fair indicator of achievement. Winning is easy, yes it takes hard work but winning breeds a sort of success that makes you want more and motivates you to continue to work hard. When you lose, it often knocks you down and it can be challenging to want to go back out and put yourself on the line again and again.

This past Sunday at the Middle Atlantic Jr. Maccabi Games, I was amazed by a group of 6 young girls who lost with more grace and dignity than I had seen in a long time. The girls, ranging in age from 10-12, have spent the past 6 weeks practicing for the Jr. Maccabi Games.

This group was all busy with school activities and other sports, but they tried hard to make it to practice. Many were inexperienced basketball players, but for what they lacked in knowledge and experience they made up for with heart.

This group of girls was not the most talented team nor were they my most aggressive group, but they never quit, which made them one of my favorites. Up by 10 or down by 20 points, they played the same way. I often tell my teams that true toughness is playing consistently and hard no matter the circumstances, and in that sense these girls were tough. Not once the entire day did a girl blame her teammates for a mistake or complain that the other teams were better or the ref made a bad call. When they lost their first game of the day by over 20 points, not one shed a tear but rather they said okay, we will try harder next game. And when that next game started, each of the kids came out onto the court with a smile on her face.

This group ended up with a record of 1 win and 4 losses on the day, but they left Philadelphia exhausted with only great memories and smiles on their faces. They won't go down in history for their on-court achievements, but they will go down as one of my favorite groups due to their

ability to take risks and keep their heads held high no matter the situation. I was lucky enough to have two current JCC players on the bench with me helping to coach. Madison Schwab commented that she was so impressed with how hard the girls worked and never stopped trying, and Noah Woolf followed with saying he wasn't sure his team would have the ability to keep playing hard when they got knocked down game after game.

Coaching is such a special opportunity, but often I think it is the players who impact the coach the most. We can't always win at everything we do, but we can always work to be our best and improve. These girls did just that and had a blast every second of the day. How is that not a win?

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MATCH GIFT

A new match program through the 2013 JFGH Annual Campaign is being offered. For the first 25 younger donors who make a first time gift or increase their annual campaign gift to \$1,000 or more, the JFGH will receive a matching \$1,000 gift to accompany the donation by leadership donors. For more information, please contact Stuart Gasner at s.gasner@jewishfedhbg.org. Leadership and match gifts continue to come in and will be updated monthly.

Thank you to our current 2013 leadership and match gifts.

LEADERSHIP GIFTS

Dorothy & Franklin Abel, Dorothea & Raphael Aronson, Ricci & Mike Doctrow, Kristen & Steven Etter, Linda & Harvey Freedenberg, Lois & Herman Gordon, Julie & Jim Halbert, Joan & Ronald Isaacman, Carol & Charles Liebman, Jay Maisel, Marti & Jerry Morrison, Dale & Steve Orman, Leslie Packer, Rubin Industrial Co., Schwab-Silfen Foundation, Linda Schwab

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It's now up to you!

The Women of Vision Philanthropic Fund has received applications for grants for 2013. Grants averaging \$500 will be made to benefit Jewish women and children in our community through local community agencies, organizations and synagogues. The Grant Committee will weigh the applications and within the financial constraints of the Women of Vision Philanthropic Fund, make its recommendations to the membership of the Women of Vision.

We urge Women of Vision members to please be on the lookout for your ballot coming in May and cast your vote for these recommendations. The selection of recipients is a democratic process and we need your input!!

Grants will be awarded at the Women of Vision's Annual Awards Presentation and Chocolate Buffet on Thursday, June 13. This year's program is "Look Good, Feel Good at Any Age".

Please direct questions on Women of Vision grants or the Jewish Community Foundation to Michele Wickwire at 717-236-9555 (press one) or via email at m.wickwire@jewishfedhbg.org.

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Jewish Community Foundation of Central Pennsylvania

foundation news

The Community Investor

By Howard Ross | Executive Director | Jewish Community Foundation of Central Pennsylvania



Pesach Past

At the end of our seder each year we recite the words, "next year in Jerusalem". Unfortunately, for too many households, this is just an expression ending the seder, without a true commitment to fulfillment.

The Jewish Community Foundation is committed to helping you fulfill this call to every Jewish household. The Foundation is partnering with the Jewish Federation of Greater Harrisburg in two important projects encouraging Israel travel.

High school teenagers traveling to Israel with organized groups this summer, such as their camp or youth group, can apply for a \$500 scholarship from the Jewish Federation. Israel summer programs have proven to be fantastic for our teenagers; they come home changed young men and women, more committed to their Jewish roots and Jewish values. For more information or to apply, go to the Jewish Federation of Greater Harrisburg's web page, and click on "Israel Scholarship Information". The deadline for application is May 31.

When was the last time (or the first...) you traveled to Israel? Has it been too long? Have you never had the amazing experience?

Every five years, the General Assembly of the Jewish Federations of North America is held in Israel. This November, Jews from all over North America will gather in Jerusalem for this event.

The Jewish Community Foundation is interested in putting together a ten day Israel travel experience for those interested in this fantastic opportunity.

Those traveling on this General Assembly experience will fly from Newark to Lod (Tel Aviv) and board the high speed train to Beer Sheva, where they will be welcomed with home hospitality by professors from Ben Gurion University and physicians from the Soroka Medical Center. From the Beer Sheva base, visits to ancient Tel Sheva and the site of Abraham's well, the Dead Sea (can you float?), Masada (can you climb?), Bedoin encampments and numerous other historical sites in and around the Negev will be followed by a day and night in Tel Aviv and then on to Jerusalem for the General Assembly.

While in Jerusalem, visits to the Old City, the Kotel (Western Wall) and a number of museums will highlight an amazing ten day experience. Of course, shopping on Ben Yehuda Street will be a must!

Interested? Call me. 717-236-9555, Extension 3202. Or email howard@pajewishendowment.org.

ROB TEPLITZ

★ OUR STATE SENATOR ★

IMPORTANT INFORMATION FOR TUESDAY'S PRIMARY ELECTION

When you vote on May 21st, please consider casting your vote for my friend **ANNE GINGRICH CORNICK** for **DAUPHIN COUNTY JUDGE**. I am proud to enthusiastically support Anne and to co-chair her campaign. Here's why:

- ✓ Will ensure that everyone has an equal opportunity for fair and impartial justice. Outside of the courtroom, she'll work with prosecutors, teachers, and families to keep troubled kids from becoming career criminals.
- ✓ Extensive experience in the local legal community from practicing law in county, state, and federal courts; handling both civil and criminal cases; and working in the courthouse, in large and small law firms, and now as the owner of her own firm.
- ✓ Grew up in Central Pennsylvania, married to a U.S. Marine Corps veteran and Harrisburg police detective, with one young daughter.
- ✓ Running for the open seat, listed on both the Democratic and Republican ballots. Anne is the endorsed Democratic candidate. There is no endorsed Republican candidate.

Please vote **ANNE GINGRICH CORNICK** on Election Day. Thank you!

For more information, contact 717-798-8338 or info@robteplitz.com. Paid for by Friends of Rob Teplitz.

5-17-13 REV

SAVE THE DATE - JUNE 18th, 2013!

JCC SENIOR ADULT CLUB HOSTS STUART, SARA and ZEV MALINA



The Harrisburg JCC's Senior Adult Club is most excited to announce that Maestro Stuart Malina and his daughter, Sara and son, Zev will be presenting a musical program for our members on Tuesday, June 18, 2013, for our after-lunch entertainment.

Maestro Stuart Malina is one of America's most versatile and accomplished conductors. In a wide variety of concerts, from masterworks and grand opera to pops, Maestro Malina's ease on the podium, engaging personality, and insightful interpretations have thrilled audiences and helped to break down the barriers between performer and listener wherever he has worked.

I'm sure we will have many members who won't want to miss this opportunity to hear Maestro Malina and his children's musical performance. Please make your reservations early and no later than Tuesday June 11th, so we can accommodate all those who would like to attend. Call Cheryl at 236-9555 Ext. 3115 for your reservations. Cost for lunch and program is \$10 for Senior Adult Club Members/\$20 for Non-Members.

ABSOLUTE DEADLINE JUNE 11, 2013!!!
PLEASE DO NOT WAIT TILL THE LAST MINUTE;
RESERVATIONS FOR THIS CONCERT FILL UP QUICKLY!!

On May 21, Democrats & Republicans have a choice: Vote for an Independent School Director for Central Dauphin

If you live in the Central Dauphin School District and are concerned about the direction of the school system, please ask yourself the following questions:

- **Do you want the school board to discuss issues prior to casting a vote?**
- **Do you want more openness from the school board?**
- **Would you like your voice to be heard?**
- **Do you think it's time for a change?**



If you answered "yes" to any of these questions, please join like-minded community members in supporting Eric Epstein for School Board.

What are the most significant issues facing Central Dauphin schools?

"A"ccountability: Eric believes all members of our educational team need to be held accountable including school board members, administrators, principals and contractors.

"B"alance: Eric believes we need to end the "divide and conquer mentality", and make sure all stake holders are represented when we craft a "priority based" budget.

"C"ommunity: We are one community! We need to focus our energy on making Central Dauphin School District the gold standard for academic excellence and fiscal accountability.

Get involved at www.Epstein2013.com

"We only have one childhood and we carry it around the rest of our lives."
Invest in our children's future and vote for Eric Epstein.



JFS Adds New Certifications in Its Children's and Senior Services



Jewish Family Service is proud to announce that Mynd Works Children's Services now has a Registered Play Therapist, and our SeniorLinks department has a certified Geriatric Care Manager. Both of these new

certifications inform our clients of the high quality of services and professional expertise they can expect from our agency.

Mary Tarbell, M.Ed., LPC, child therapist at Mynd Works, has earned the "Registered Play Therapist" credential from the Association for Play Therapy (APT). APT is the national professional society that promotes the value of play therapy and supports the effective practice of play therapy through research, education and training. As a mental health professional working with children, Mary has always incorporated play techniques into her therapy work. Mary took post-graduate courses at Temple University-Harrisburg in order to meet the APT advanced training requirements. Mary explained, "Play therapy gives children the tools to express what is happening in their lives, what they are feeling and thinking, how they view themselves and their families, and a process to work out solutions to their problems. The knowledge I gained from my courses at Temple University gave me the ability to increase my effectiveness in the use of play therapy with young children. More importantly to clients' parents/guardians, the certification gives them the confidence in the professional quality of the therapy their children receive at Mynd Works."

Marjorie Koch, LSW, SeniorLinks coordinator, has recently been certified as a Geriatric Care Manager (GCM) by the National Association of Professional Geriatric Care Managers. This certification indicates that Marjorie has met the criteria of education, experience and recommendations from other professionals in the field. Our care management team specializes in assisting older persons and their families in meeting their long-term care needs. When asked of the importance of having a Geriatric Care Manager on staff, Marjorie stated "a certified GCM has the knowledge, experience and contacts to handle just about any need that arises surrounding the care and well-being of a senior. It gives the senior and the family the comfort and security of knowing that all needs are being met, whether it is taking care of bill paying, attending appointments, or noting any physical or mental changes that may signal a problem. The GCM, coupled with our highly trained staff, makes for a knowledgeable and dedicated professional team to work for and advocate for our clients."

These two new certifications by members of our professional staff are part of our ongoing commitment to Performance, Quality and Improvement (PQI), so that our clients maintain confidence in our programs and services and know that we are never complacent in our delivery of services.

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Junior Maccabi Games



Daddy Daughter Date Night

Sunday, May 19, 4:30 – 6:30 pm

Join us for a special evening on the red carpet with dinner, fun and dancing! Daughters of all ages are invited to the place to be for fathers and daughters wanting a special night.

The event is not limited to just fathers and daughters. Uncles, Grandpas, and other special men in the lives of a child are also invited (and what a great time for a Mom's Night Out). Do you have two daughters? Don't worry – there is enough fun for everyone! So get ready dads – put on your best suit, and daughters put on your favorite dress.

Fee: \$40/dads and their daughter, \$5/each additional daughter

JCC Discount: \$20/dads and their daughter, \$5/each additional daughter

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ENGAGEMENTS

DOCTROW – FREEBURN



Michael and Ricci Doctrow and Richard and Debra Freeburn are very excited to announce the engagement of their children, Emily Michele Doctrow and Gregg Shattls Freeburn. Emily attended the Yeshiva Academy of Harrisburg, graduated from Susquehanna Township High School, the George Washington University and the University of Pittsburgh. Emily is currently working for the Capital Area Intermediate Unit as a pre-school speech pathologist.

Gregg graduated from Central Dauphin High School, Dickinson College and the University of Pittsburgh School of Law. Gregg is currently an attorney with the law firm of Freeburn and Hamilton.

A November 2013 wedding is planned at Chisuk Emuna Congregation.

ZHARICHENKO - BRENNER

Sheryl Brenner is pleased to announce the engagement of her son, Jason Brenner to Sasha Zharichenko, daughter of Eugenia Zharichenko and John Moore. Jason is the finance manager at Brenner Nissan, and Sasha is employed at the Hershey Co. Proud grandparents are Bea and Herb Wolfe and Silva and Sam Minevich. A November wedding is planned.

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Harrisburg J-Serve Projects Make Impact in Harrisburg Community

One person performing an act of kindness can have a ripple effect that makes others want to help. A group of over 80 teens performing acts of service in the Harrisburg area may be enough to generate a wave of helpfulness. On Sunday, April 28 over 80 teens from the Harrisburg community participated in J-Serve. J-Serve is an international day of service where over 10,000 Jewish teens across the US and around the world take part in making a difference under the idea of Tikkun Olam.

Harrisburg was fortunate to receive a small community grant from J-Serve in order to help kick off this program. "We were so excited to be a grant recipient as the funding really allowed us to make this a special day," stated Sports & Fitness Director Terri Travers. The program was planned by a teen committee in conjunction with the help and support of adults representing a variety of Jewish Organizations including the local Synagogues' Hebrew Schools, Hebrew High, The Silver Academy, BBYO, USY, B'nai Tzedek, The JCC, Harrisburg JCC Maccabi Delegation and more. The teen committee composed of high school students representing a variety of schools in the area included, Lila Portman, Sam Shaffer, Emily Woolf, Rachel Glick, Yitzhak Muroff, LeeTal Shefet, Laura Reback and numerous other teens including several middle school students who offered ideas.

The program kicked off at the JCC with a lunch for the participants and included a teen-led introduction to the day where Jewish Values were tied into the service that was to be performed. Mandy Cheskis had met with the teens

in advance of the program to help them frame the day and allow them to provide the proper context of the event for their fellow teens. After lunch, teens broke out into their groups ready to make a difference in their community. Projects included working with the Big Brothers/Big Sisters Organization in an afternoon of fun and games at the JCC, bowling with children and adults with special needs, cleaning and preparing Green Hills facility for a summer of use, water safety education and a project at the Residence where teens interviewed the senior citizens to find out about their history. Site supervisors for the day were Jeremy Kreiser (bowling), Rebecca Doctrow (Big Brothers/Big Sisters), Christiana Kasian (Green Hills) and Rabbi Muroff (the Residence).

An additional project was held on Monday, April 29 for teens who had conflicts on the date of J-Serve. Teens prepared sandwiches and put together bagged lunches that were donated to Downtown Daily Bread. When dropping the food off a man who was there for a meal stated, "Thank you, you don't understand how much of a difference this makes in my life." A parent of a bowler with special needs commented, "My son had such a good time bowling. Jeremy and the teens were so helpful and everyone was so very kind to us."

The goal for the Harrisburg J-serve program was to expose our teens to a variety of ways they can give back to the community and encourage them to make volunteering a part of their normal life. Harrisburg hopes to offer J-Serve again next year. For more information please contact Terri Travers at t.travers@jewishfedhbg.org or 236-9555 ext. 3110





Goals That Don't Kill You - March 14, 2013

Katie Mace



It's probably not typical of trainers to ask you "Are you goals too big? Are they within your reach?" I will tell you this, GOOD trainers will and should ask you this. It happens way

too often that individuals think that they can lose 20 pounds in a month, working out twice a week – or that they don't have to change their diet to do it – or they should be able to run 3 miles in a month after not running since high school. It's a trainer's job to be honest and give perspective. Are there exceptions to every rule? Always. Are there

shows on TV that make the general public think it's okay and possible to lose 17 pounds in one week? Unfortunately, yes (and don't even get me started on those trainers who represent and promote that kind of behavior). Goals need to be full of honesty and perspective.

I did this to myself a few years ago. After I had my son (who was

born in August 2010), I made a goal of training for an Olympic distance triathlon. 12 months away – seemed plenty doable. Now, I had no way of knowing, a) what a new baby was really all about (didn't they sleep all day? Wasn't my mom going to babysit every other day?); b) I started working early and more than I expected (lucky for me, my post-baby job was becoming a personal trainer); c) I'd run into iron issues post baby that really killed my body for a while.

I trained though, up to a month out, prepping for the Olympic distance tri. It was so stressful and not fun – I finally gave in and asked the organization if I could switch my registration to the sprint distance that was happening the same day. The day I did this it was like 50 pounds of stress were lifted from my shoulders. Could I do this race? YES! And I could survive it. (I think I actually said that to the race people when I asked to switch,

"if you don't let me switch you might be picking up a dead body on the bike ride").

Race day arrived, just a year after my son was born. I was prepped (for the most part – probably didn't sleep the night before, and I'm certain my coffee to water ratio that morning was something like 15:1). I survived. Didn't finish in a time that I wanted, but seriously...I had a baby a year ago; I have so much more respect for that race NOW. Back to the moral of the story....

Make sure your goals are fair to you. I put myself under so much pressure, and nothing was fun about it. Don't expect too much of yourself (now I'm not saying don't challenge yourself, but know what your limits are). Life can throw curve balls at our goals: time constraints, family drama, jobs, health....who knows... Have a goal that pushes you but doesn't ruin you. And like I said, a good trainer should be able to help you figure that goal out.


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May 24 - September 2

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- Gaga court

Summer Membership is \$200 for a Family Membership or \$100 for a Single Membership.
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MITCH ALBOM is an internationally renowned and best-selling author, journalist, screenwriter, playwright, radio and television broadcaster and musician. His books have collectively sold over 33 million copies worldwide. Mr. Albom will speak about his book, *Have a Little Faith*, the non-fiction follow up to *Tuesdays with Morrie*. The book is a beautifully written story of a remarkable eight-year journey between two worlds, two men, two faiths, and two communities - that inspires readers everywhere.

**For more information, please contact
Linda Laff at: 717.385.0077**

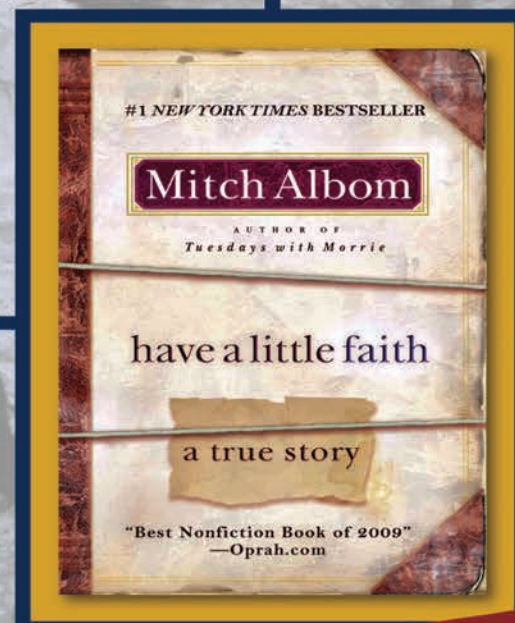
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This program is presented as part of the dedication of Chisuk Emuna's new home. For more information about our Congregation, please visit us in person or online at: www.chisukemuna.org

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Trying to Catch My Breath

By Rabbi Akiva Males

The end of April was a bit of a whirlwind for me. On Sunday, April 21, Layala and I traveled to and from New York City to represent Harrisburg's Jewish community -- together with a great team of KI volunteers -- at the OU Community Fair (more on that below).

After catching a few hours of sleep that Sunday night, I attended a Yeshiva University sponsored conference for pulpit rabbis in Baltimore, MD. From Monday - Wednesday, April 22-24, I joined almost thirty colleagues from across North America, and spent three days studying various Torah topics with YU's Rabbi Dr. J.J. Schacter. (Our group also enjoyed informative presentations from several other sought-after personalities.)

After spending Thursday back at KI catching up on my to-do-list, on Friday, April 26, Layala and I drove off to Cleveland, OH to spend Shabbos with our family celebrating my nephew's becoming a Bar Mitzvah. We then returned to Harrisburg on Sunday, April 28, in time for me to present a talk at the Jewish Federation's Jewbilee program.

With life calming down again (somewhat), I've had a chance to reflect a bit on my travels. Between Sunday, April 21 and Sunday, April 28, I had numerous opportunities to interact with family members, friends, and any number of wonderful people representing extremely diverse Jewish communities from all over the U.S. and Canada. Many of the Jews I spoke to, learned from, and spent time with in the course of my late-April travels could not have been more different. At the same time, each and every Jewish man, woman, and child I interacted with shared a common denominator - our sacred Torah.

Together with Jews across the world, we are now counting down to the holiday of Shavuot. In another few weeks, we'll relive our people's encounter with G-d, and our receiving His Torah at Mt. Sinai.

Historically, one of the first sayings that Jewish children are taught is "Torah Tziva Lanu Moshe Morasha K'hilas Yaacov" -- Moses taught us the Torah which is the inheritance of the congregation of Jacob. Our Torah has the ability to enhance the lives of every single Jew and bring us all together as one family. May we merit seeing our Torah do just that.

KI Represents Harrisburg at the OU's Jewish Community Fair

By Rabbi Akiva Males

KI was proud to represent Harrisburg's Jewish community at the OU Community Fair -- held on Sunday, April 21st in New York City. Harrisburg was one of the forty-one Jewish communities from across the country which were represented. The turn-out was great -- over 1,500 Jews from across the religious spectrum attended. The atmosphere was full of friendly competition as each community attempted to lure people to their booths with items unique to their locales. Thanks to Janice Fitzgerald, many people made sure to stop at our table and sample our complimentary chocolates -- the freshest Hershey Kisses they may have ever tasted!

The OU Community Fair has been a popular event since it was first launched. (KI has attended 3 of the 4 times the fair has been held.) After the OU's 2011 fair, more than two dozen young couples settled in communities they discovered through the event. With the fair behind us, the real work involves following up with the dozens of contacts we made that day.

I thank Dr. Stan and Ruth Lewin, Layala Males, Arielle Salkin, and Arielle Frankston-Morris for assisting me in representing our Harrisburg Jewish community at the OU Community Fair.

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community calendar

SUNDAY, MAY 19

Daddy Daughter Date Night, 4:30pm, JCC

TUESDAY, MAY 21

Senior Lunch Program, 10 am, JCC

WEDNESDAY, MAY 22

PJ Library Parent & Me, 9:30 am, JCC

THURSDAY, MAY 23

Senior Lunch Program, 10 am, JCC

MONDAY, MAY 27

Memorial Day, Federation offices closed

Fitness Center hours 7 am – 2 pm

Green Hills Swim Club hours

11 am – 8 pm

TUESDAY, MAY 28

Senior Lunch Program, 10 am, JCC

THURSDAY, MAY 30

Senior Lunch Program, 10 am, JCC

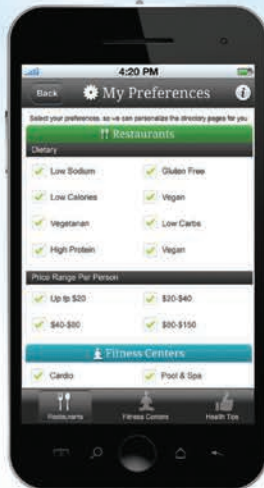


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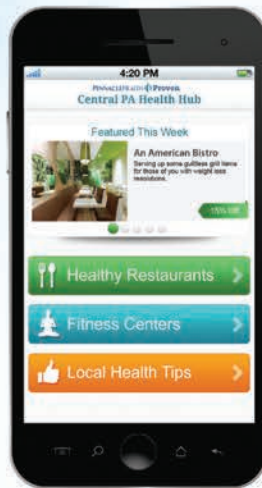
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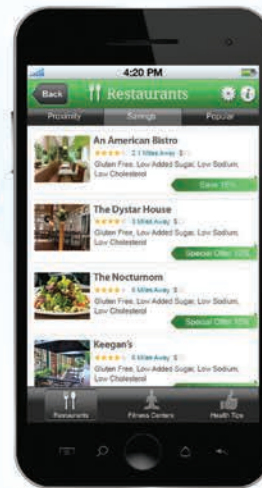
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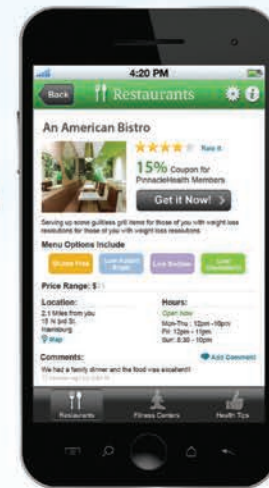
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2012-2013

VOLUME 16

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Shabbat 6 p.m.

Shabbat morning 9:15 p.m.

Saturday night mincha/maariv/havdalah at same time as Friday evening candlelighting time

May 1 - May 31: Clothing drive to benefit Dress for Success. Donations must be on hangers, women's wear office appropriate, clean & in ready to wear condition.

Saturday, May 18: Java 'n Torah, 9 a.m. Interactive study before Shabbat morning service

Wednesday, May 22: Beth El Temple Annual Meeting, 7:30 p.m. Installation of officers. Harrisburg Jewish Youth Choir will perform. Make-Your-Own-Sundae dessert reception.

Sunday, May 19: Chaverim Coffee & Bagels Social 10:30 a.m.

Kindergarten Recognition Ceremony & Religious School

"Rekudiah" Israeli Dance Festival at 11:00 a.m.

Tuesday, May 21: Beth El Temple Sisterhood and the Jewish Book Council present an evening with Chef Giuliano Hazan, 7:30 p.m. \$18 per person for author presentation and dessert reception. Community invited.

Wednesday, May 29: Final day of Religious School. Pupil Recognition Ceremony, 4:00 to 5:30 p.m.

Sunday, June 2: Breakfast 'n Learn - Jews By Choice: A Panel of Congregants Share Their Spiritual Journey 9:30 a.m. breakfast, 10 a.m. program

Sunday, June 9: Annual Beth El Temple Raffle! 10 a.m. brunch. Thousands of dollars in cash and loads

of prizes for lucky winners. Tickets for purchase at \$100 at Beth El Temple Office 232-0556.

Wednesday, June 12:

Chaverim event: Harrisburg Senators Baseball Game, 7 p.m. Family event for adults and kids.

PUBLIC SERVICE ANNOUNCEMENT

CHISUK EMUNA CONGREGATION

232-4851

www.chisukemuna.org

info@chisukemuna.org

Weekly Minyan times:

Monday, Thursday

mornings, 6:50 a.m.

Sunday through Thursday

evenings, 7:15 p.m.

Tuesday, Wednesday and

Friday mornings, 7 a.m.

For more information about Chisuk Emuna programs and services, please call our office at 232-4851.

CONGREGATION BETH ISRAEL

Lebanon | 273-2669

Visit the Congregation Beth Israel Web Site at www.congregation-beth-israel.org

All are welcome to our egalitarian services:

Sundays at 9 a.m.,

Mondays and Thursdays

at 7:30 a.m. Our Shabbat

services, lead by Rabbi

Paula Reimers, are at 8

p.m. on Friday evenings

and on Shabbat morning

at 9:30 a.m. followed by

Kiddush.

PUBLIC SERVICE ANNOUNCEMENT

CONGREGATION BETH TIKVAH

Carlisle | 245-2811

www.bethtikvah.org

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238-0763

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holidays at 8 a.m., Monday

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Please join us for our 9

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PUBLIC SERVICE ANNOUNCEMENT

TEMPLE OHEV SHOLOM 233-6459

www.ohesholom.org

Friday, May 17:

Confirmation Shabbat

Service, 7:30 p.m.,

Sanctuary

Saturday, May 18: Tot

Shabbat, 10:30 a.m.,

Lehrman Chapel

Friday, May 24: Shabbat

Service, 6 p.m., Lehrman

Chapel

Friday, May 31: Shabbat

Service, 7:30 pm,

Sanctuary

HAROLD J. BERMAN

Harold J. Berman, 58 of Harrisburg, passed away peacefully on Saturday, April 27, 2013 at home surrounded by his loving family. He was born in Harrisburg, Pennsylvania on February 9, 1955 to Charles M. Berman, and the late Ann R. Berman. Harold was the former manager of Cole and Company, York branch, owner of the Harber Garden Center Hershey Road, and he enjoyed buying and selling classic antique cars. He was preceded in death by his mother Ann R. Berman. Harold is survived by his father Charles M. Berman and wife Brenda of Hummelstown; his son Joshua A. Stark of Shermansdale; his daughter Noel A. Stark of Lemoyne; his brother Robert Lake of Palmyra; one sister Ann Marie Garwood and husband Donald of Harrisburg; and his nephew Donald P. "Joe" Garwood of Palmyra. Funeral services were held on Tuesday, April 30th at Bookstaber Chapel, Mt. Moriah Cemetery Harrisburg. Burial followed at Mt. Moriah Cemetery.

Arrangements were entrusted to Hetrick-Bitner Funeral Home Harrisburg. To send condolences to the family, please visit www.HetrickBitner.com or visit us on Facebook.

STUART S. WOLNEK

Stuart S. Wolnek, 73, of Harrisburg, passed away Thursday, May 2, 2013 at Select Medical Hospital, Harrisburg. He was born in Bronx, NY on February 14, 1940 to the late David and Florence (Zack) Wolnek. Throughout his life, Stuart was an entrepreneur, working at General Cigar Company, founder of Federal Glove and founder and owner of U.S. Tracing. He was a member of Beth El Temple. Stuart is survived by his wife, Judie (Rome) Wolnek, his son David and his wife Jessica of Houston, TX. He is also survived by his daughter Karen Purcell and her husband Jeffrey of Reno, Nevada and his two grandchildren, Alyssa Pompei and Sydney Purcell. Funeral services were held on Sunday, May 5th at the Beth El Cemetery Chapel with Rabbi Eric Cytryn officiating. Burial was in the Beth El Cemetery. Memorial contribution can be made to Beth

El Temple, 2637 North Front Street, Harrisburg, PA 17110. To share online condolences, please visit www.HetrickBitner.com or on Facebook.

DIANE G. BREIT

Diane G. Breit, 79, devoted wife, mother and friend, passed away quietly on Saturday, April 27, 2013 at Spang Crest Manor, Lebanon. She was the wife of Bertram M. Breit, whom she married June 19, 1955 and was by her side to the end. She was born in Lebanon, PA on June 10, 1933, daughter of the late Simon and Goldie Levin Gold.

She was a graduate of The Greir School, Tyrone, PA and in 1955 she graduated from Skidmore College, Saratoga, NY. Diane was a member of Congregation Beth Israel, Lebanon, where she was active with numerous committees, the Sisterhood and Hadassah. For over 20 years, she worked side by side with her husband at S&M Dress Company on Lehman St, Lebanon as supervisor of the finishing department. She had also been a substitute elementary school teacher.

She is survived, in addition to her husband, by son, Steven L., husband of Katie A. Breit, Lancaster; grandchildren, Peter Z. Breit and Julia L. Breit, Lititz. She was preceded in death on August 24, 1995 by beloved son, Peter M. Breit, from Lymphoma. Diane was a friend and confidant to many, willing to listen and provided thoughtful advice; she will be sadly missed by all.

Funeral services were held on Tuesday, April 30th at Porterfield-Scheid Funeral Directors & Cremation Services, Ltd., Lebanon with Rabbi Paula Reimers and Rabbi Louis Zivic officiating. Burial was in Beth Israel Cemetery, Lebanon. In lieu of flowers, memorial remembrances in Diane's memory may be made to the Breit Memorial Scholarship Fund, c/o Cedar Crest High School, 115 East Evergreen Rd, Lebanon, PA 17042. For further information, please call 717-272-4634 or to share on line condolences.

EVELYN SOLOMON

Evelyn Solomon 70, of Camp Hill, wife of Morris (Jerry), passed away at the Jewish Home of Greater Harrisburg on Wednesday afternoon, April 24, 2013, with her husband of 31 years with her. She was the daughter of Eric and Melanie Nussbaum Knurr.

Evelyn Solomon was a native of Montgomery, Alabama, a graduate of University of Alabama in English and French, and earned the English Honor Society and a teaching certificate. She taught junior high school and high school English in East New York before moving to Harrisburg, PA.

She worked for the Commonwealth of Pennsylvania Department of Education before retiring to attend Bryn Mawr College School of Social Work. She earned a Master's of Social Work and Social Research Administrative Degree at Bryn Mawr College. She worked for Social Work Agencies around the region, including The Community Nurse Association in Millersburg and the Department of the Army's New Cumberland Depot.

Evelyn was a member of Chisuk Emuna Congregation and of Beth El Temple. While at Chisuk Emuna, she sang in the choir and was their Membership Vice President and chair of the Congregational Sisterhood Dinner. At Beth El Temple, she and her husband were members of a Havurah and have been avid participants in Continuing Adult Education weeknight classes and Shabbat and Sunday programs with Robert Axelrod and Rabbi Eric Cytryn and Shabbat and Festival regulars.

Evelyn is survived by her beloved husband, Morris (Jerry) Solomon, their daughter Rebecca Ellen Maltz (Richard Jay) and granddaughter Sarah Ashley Maltz; her brother Dr. Werner Knurr (Goldie), nephews Dr. Alexander, Dr. Jordan Knurr and Eric Knurr, and niece Sharon Knurr, and many cousins and loving neighbors and friends.

The funeral for Evelyn Solomon was held at Beth El Cemetery Chapel on Sunday, April 28th, with interment immediately following at Beth El Cemetery. Rabbi Eric Cytryn officiated. Donations can

be made in Evelyn Solomon's memory to Beth El Temple, 2637 N. Front St. Harrisburg, PA 17110, or American Cancer Society, 2 Lemoyne Dr., Ste 101, Lemoyne, PA 17043. Arrangements were entrusted to Hetrick-Bitner Funeral Home Harrisburg. To send condolences to the Solomon family, please visit www.HetrickBitner.com or visit us on Facebook.

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- May 24 8:05 p.m.
- May 31 8:10 p.m.

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