

## PASSOVER GREETINGS ISSUE

### Unto Every Person There Is a Name

#### Holocaust Commemoration

April 18-19, 2012

IMAGINE WIPING OUT THE STATES OF:

DELAWARE	POPULATION	724,842
RHODE ISLAND	POPULATION	1,000,012
VERMONT	POPULATION	584,771
CONNECTICUT	POPULATION	3,275,000
AND		
3.7% OF PENNSYLVANIA'S POPULATION OF 11,000,000		415,375
		<hr/>
		6,000,000

#### HELP THE GREATER HARRISBURG JEWISH COMMUNITY REMEMBER

Mothers | Fathers | Sisters | Brothers | Aunts | Uncles | Cousins  
| Friends

Your reading of names will serve as testimony to those who died in the Holocaust during World War II. Participate as a reader or as an observer of this project sponsored by the Jewish Federation of Greater Harrisburg in conjunction with B'nai B'rith and Yad Vashem.

**Please join us for the opening ceremony  
Wednesday, April 18, 7:30 pm**

**The Reading of Names will begin at 7:30 pm on Wednesday, April 18  
and will continue through 7:30 pm on Thursday, April 19**

**Beth El Temple  
2637 North Front Street  
Harrisburg, PA**

To participate as a Reader of Names,  
please contact Lillian Rappaport at 236-9555, ext 3402

### Women's Megillah Reading – a First for Harrisburg



It was historic! Harrisburg's first Women's Megillah Reading was conducted at the JCC, Purim morning, March 8, 2012, before a congregation of over sixty women.

Eighteen women, from 4 different local congregations, ranging in age from 12 to 50+, volunteered to read from the parchment of Megillat Esther. They learned the special musical cantillation of the Megillah and the requirements for representing the women for whom they read -- every word must be heard.

Organizers Marian Frankston and Dr. Holly Engelman welcomed the attendees. Holly dressed as Ms. Piggy, announced, "I might not be kosher, but this Megillah reading is!"

Holly continued, "Our coming together hearkens back to the coalescing of the Jewish community of Shushan behind Esther as she bravely executed her plan to plead for the survival of our people."

"What a challenge it was to learn the Megillah reading!" said Mindy Solomon. "What a great feeling to be part of this collaboration," she added. Tammy Reid reflected, "I really felt the pressure and the responsibility of reading accurately for other people. This was an unusual feeling for a woman in a religious setting. It was truly a life-changing event for me. I hadn't anticipated that this experience would be as meaningful as it was."

Vivian First was moved by the manner in which the cadence enriched the meaning of the words. "Before reading the Megillah, I had been unaware of that interplay." Cantor Sharon Kunitz said, "Relearning the trop for Esther. . . gave me the chance to really sink my teeth into the Megillah and do something I normally don't get to do. I also appreciated getting to know other women in the community. I'm looking forward, not just to next year's Megillah reading, but to more of these types of opportunities."

Reconstructionist Rabbi Melissa Klein and Rabbi Kate Palley, Director of Jewish Life at Susquehanna University, were anxious to be part of Harrisburg's inaugural women's reading joining local readers Dr. Andrea Lieber, Sally Jo Bronner, Jacklyn Rubin, Leah Muroff, and Susan Leviton.

Yael Muroff, Nina First, and Julia Zharichenko, three students from The Silver Academy chanted the Megillah as well as first-year Hershey Medical School student C. Rose Kyrtos, PhD. Yael said, "I proved to myself that I could do it. I think we all did a great job."

The JCC was the perfect place for the cross-community venture. The Megillah reading was conducted in a room decorated with a Persian motif. Traditional refreshments, including hamantashen and schnaps, were served following the reading. The children of the ECD paraded through in costumes adding to the joyous celebration.

Luisa Narins appreciated the significance of the Women's Megillah Reading. "It is fitting that we read the story of Esther, a heroine who exhibited poise, courage, strength, beauty, confidence, resilience, and intelligence . . . Just as Esther is an inspiration to us, all of the women who participated in the Megillah reading exhibited Esther's attributes and serve as an inspiration for others to come."

Yes, it was inspirational. And next year should be just as meaningful.

# A MESSAGE TO THE COMMUNITY FROM MARILYNN ABRAMS, PRESIDENT OF THE JEWISH FEDERATION OF GREATER HARRISBURG

**March 30, 2012 –**  
In response to a community meeting held after Tropical Storm Lee caused severe flood damage to our Jewish Community Center, the board of the Jewish Federation of Greater Harrisburg (JFGH) last October, began exploring one option for relocating the JCC to the Linglestown Road corridor.

After a very thorough due diligence process and lengthy deliberations, our Federation board determined that despite the exciting potential of this particular option to reshape what we offer to the community, the short and long term prospects did not present us with a viable option for a successful venture.

Our successful application to FEMA as an "Essential Private Non-Profit, allows to recoup almost all of our losses from the September flood. A grant from the Emergency Committee of the Jewish Federations is pending and along with a six figure donation from former members of the community in honor of their parents, will help us complete the remediation of the JCC.

I have asked Sandy Cohen to reconvene last summer's Special Ad Hoc Committee for the Sustainability of the

Jewish Federation of Greater Harrisburg/JCC. Their purpose is to;

**1. look at all options for our present location and,**

**2. be especially attentive to other potential options in the greater Harrisburg area that may be available.**

We expect this process to take about 3 months and we will report back as soon as possible.

We look forward to the continuation of all the programs and services that the Jewish Federation of Greater Harrisburg has always provided to our community. We want to create a viable and compelling vision for our future, and with your help, this can be accomplished.

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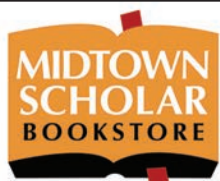
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Inform readers about local, national and international events of interest to Jews.  
Promote Jewish values, Jewish identity and a sense of Jewish community in central Pennsylvania.

The opinions expressed in the *Community Review* do not necessarily reflect the position of the Jewish Federation of Greater Harrisburg. *The Federation does not endorse any candidate or political party for any elected office.*

*Thank You*  
TO THE FOLLOWING FOR DONATIONS TO  
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# A Tale of Two Interns: Putting Knowledge into Practice

## Cindy Horshaw, JFS Intern

Being an MSW Intern at Jewish Family Service in the AdoptionLinks program has provided me a unique opportunity to not only see the wonderful work that the agency performs on behalf of families and children, but also to see the work performed as part of being a licensed adoption agency in Pennsylvania. In addition to my pursuit of an MSW degree, I am also the Director of the Program Policy Unit within the Department of Public Welfare's Office of Children, Youth and Families. My internship at JFS has given me a unique opportunity to see first-hand how the policies I create in my work position directly impact the ability of the staff within AdoptionLinks to perform their roles as adoption coordinators and deliver units of service through the Statewide Adoption Network

(SWAN). This internship has allowed me the chance to perform direct service with children and families, which is something I have missed since taking a job with the Commonwealth ten years ago; it was actually one of the main factors in my decision to return to graduate school after 16 years. While my internship will end in May, I will continue to use the skills, knowledge and abilities I have gained through my experience at JFS AdoptionLinks and the amazing staff who have allowed me to learn from them and shadow them in their daily work. I will also continue to strive to make adoption-related policy change in ways that assist workers in completing their jobs without being hindered by menial tasks. One key piece of knowledge that I have tried to use, strengthened through my internship, is that

in order to write effective and meaningful policy, you must enlist the thoughts of those most directly affected by the policy! Thank you to the staff at JFS for allowing me this great opportunity.

## Allie Perlmutter, JFS Intern

Shippensburg University is well known for providing excellent, hands-on education. This is especially true for the Bachelor in Social Work program. Students in their final semester are required to complete a 450-hour internship at an agency in the area. As a final semester senior graduating in May, I am interning with AdoptionLinks at Jewish Family Service. I have a seminar class in Shippensburg on Mondays, and for the rest of the week I am interning full time at the agency. Interning has been a very rewarding experience, so far. I have been able to see the

concepts that I have learned in class put into practice, and every day I learn something new. I feel that this opportunity has helped me to sharpen my skills when it comes to working with clients and has given me a feel for what it will be like after graduation in the "real world."

Duties include going on home visits with workers, helping to complete and revise family and child profiles, organizing a respite event, assisting with support group as well as a variety of other tasks that come up throughout the week. So far, one of my favorite tasks has been going on home visits with workers. I love to meet the families and interact with the kids! I have also really enjoyed working on family profiles. I am also required to complete an agency-based research project which I am currently working on. I am examining how

comfortable adoptive parents are with their children having contact with birth families through social media website.

In recent years, Facebook has become widely used for social networking, as the majority of people and businesses (including JFS) have a Facebook account. This has coincided with open adoption becoming more common as opposed to private adoption.

There have been recent articles and publications on birth families and children reconnecting through Facebook, with both positive and negative outcomes. This can either be a stressor or a joy to all parties involved. My research will take a look at how clients of JFS feel so the staff can better assist clients if the issue arises. I am in the process of collecting my data through a survey and am very excited to see what results come in.

# ROB TEPLITZ

★ FOR STATE SENATE ★



## MEET ROB TEPLITZ

A lifelong Central Pennsylvanian, Rob lives in Susquehanna Township with his wife Randi and their two sons. As a top legal and policy advisor to Bob Casey and Jack Wagner, Rob has spent his career fighting for Pennsylvania's families by

protecting their hard-earned tax dollars and making government programs work better.

In the State Senate, Rob will continue to work hard to create jobs, strengthen schools, and keep taxes low for Central Pennsylvania families.

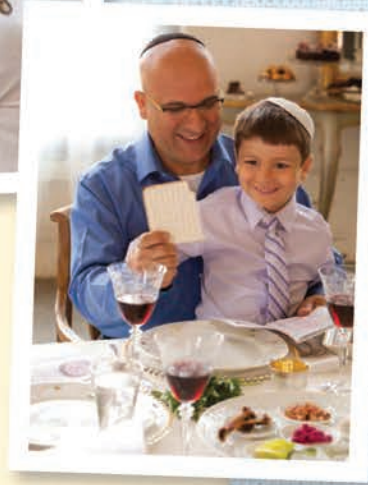
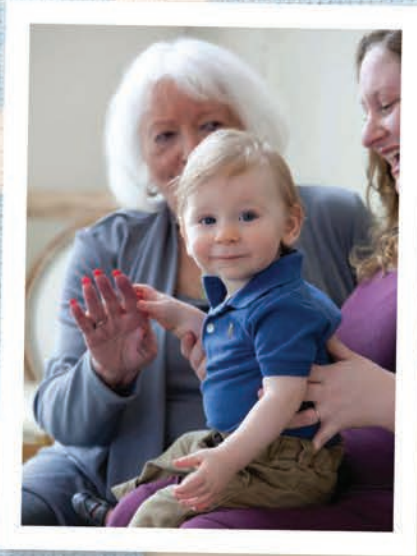
*"It's time to end politics as usual in the State Capitol. From day one, my priorities will be creating jobs, strengthening schools, keeping taxes low, and reforming state government."*

*— Rob Teplitz*

# VOTE ROB TEPLITZ ON APRIL 24TH

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Paid for by Friends of Rob Teplitz



Wherever you find joy  
and caring and Jewish values,  
that's where you'll find the  
Jewish Federation.



This Passover help us leave behind  
the recent flood devastation and  
help us build a strong and vibrant  
community. Your commitment to  
the 2012 Annual Campaign will  
help ensure an exciting tomorrow



**Building Community Together ...**



The Good We Do Is Up To You!

**THE GOOD WE DO IS UP TO YOU!**



**MAIMONIDES**  
of the Jewish Federation  
of Greater Harrisburg **SOCIETY**

**PRESENTS ANNUAL BRUNCH EVENT:**  
**Uncommon Wisdom: True Tales of  
What Our Lives as Doctors Have  
Taught Us About Love, Faith and  
Healing with Lawrence P. Levitt, M.D.**

Make your reservations today for the annual Maimonides Society Brunch scheduled for Sunday, April 22nd at 10 A.M. at Blue Ridge Country Club. Dr. Lawrence Levitt, co-author of UNCOMMON WISDOM written with neurologist, John Castaldo, M.D., will share anecdotes from his career-chocked full of life lessons.

Dr. Levitt is a published author, retired neurologist, and founding member of the Lehigh Valley Maimonides Society. A dedicated philanthropist who has been a dedicated supporter of the Lehigh Valley Jewish Federation, Dr. Levitt is a trustee for the Poole Trust at Lehigh Valley Hospital. He also has been asked to speak at the prestigious Chataqua Society.

Dr. Levitt's program will expand upon his book, Uncommon Wisdom, in which he and co-author John Castaldo, M.D., share what they have learned in their many years as doctors, not just from tests and labs, but from years of listening and learning from their patients.

In light of the escalating costs of healthcare in the U.S. and the on-going debate about appropriate health insurance reform, it's easy to forget about the human side of medicine and the importance of the doctor-patient relationship.

You may make your reservation online at [www.jewishharrisburg.org](http://www.jewishharrisburg.org) and click on the Maimonides Society tab or call Francine at 236-9666 Ext. 3299 or Beth at Ext. 3204. A dairy brunch will be served. Glatt Kosher meals are available by request with advance notice. Price is \$18 per person. RSVP deadline is April 16th.

The mission of the Maimonides Society is to: To promote fellowship among Jewish health care professionals in the greater Harrisburg area; To strengthen commitment to Jewish values through educational and cultural programs; To respond to Jewish needs in the greater Harrisburg area, Israel and throughout the world; To mobilize health care professionals to serve as resources to the entire community.

The prescription for success for our Maimonides Society is a fellowship whose programs integrate medical and Jewish concerns and demonstrate the unique contributions that health care professionals can make to improve the community.

Please join us in our efforts. Become a Maimonides Society member with a minimum contribution of \$1,000 to the Jewish Federation of Greater Harrisburg Annual Campaign.

This program is generously underwritten by Dr. Todd and Sara Barron, Dr. Mark Glick and Dr. Margaret Grotzinger, Dr. Ira and Joanne Sackman, Dr. Zachary and Nancy Simmons, and Dr. Charles and Janice Yanofsky and is open to the entire community. This program is open to the entire community.




**MAIMONIDES**  
of the Jewish Federation  
of Greater Harrisburg **SOCIETY**

Invites you to join us for  
**Brunch**

**Sunday, April 22, 2012**

**10:00 AM**

**Blue Ridge Country Club  
Harrisburg, Pennsylvania**

**True Tales Of What Our Lives As Doctors Have Taught Us**

**About Love, Faith And Healing**

*with*

**Lawrence P. Levitt, M.D.**

*Co-author of UNCOMMON WISDOM*

**In light of the escalating costs of healthcare in the U.S. and the on-going debate about appropriate health insurance reform, it's easy to forget about the human side of medicine and the importance of the doctor-patient relationship. Dr. Levitt talks about the stories in his book that remind us that the medical profession should be about treating people with the dignity they deserve and that medical miracles don't always involve medicine.**

**Couvert: \$20 per person**

**Dairy Brunch Provided—Glatt Kosher Upon Request**

**Open to the Entire Community**

**Maimonides Society Chair, Margaret Grotzinger, M.D.**

**Sponsors:**

**Dr. Todd and Sara Barron • Dr. Margaret Grotzinger and Dr. Mark Glick •  
Dr. Ira and Joanne Sackman • Dr. Zachary and Nancy Simmons • Dr. Charles and Janice Yanofsky**

**RSVP by April 16, 2012 by returning the enclosed response card or  
by visiting our website at [www.jewishharrisburg.org](http://www.jewishharrisburg.org)**

**Questions? Contact Francine at 236-9555 ext. 3299 or [f.feinerman@jewishfedhbg.org](mailto:f.feinerman@jewishfedhbg.org).**

**THE GOOD WE DO IS UP TO YOU!**

# Foundation of the Foundation

## Is Your Contribution Deductible?

By Howard Ross | Executive Director | Jewish Community Foundation of Central Pennsylvania



At this time of year, as members of the community prepare their tax returns, we receive the same

telephone call, questioning why this or that contribution is not deductible.

The Internal Revenue Service follows tax code. As we all know, the tax code is huge, detailed and terribly confusing. But the IRS has, thankfully, announced that it has created an online search tool called Exempt Organizations Select Check. This new tool is extremely helpful in determining whether a gift to a charitable organization currently qualifies for a deduction.

On [www.IRS.gov](http://www.IRS.gov), select Charities and Nonprofits – More Topics. On the right side of the screen, select Search for Charities and load the Exempt Organizations Select Check page.

The page allows three types of searches:

- Exempt Organization Publication 78 – Organizations qualified to receive deductible contributions.
- Non-exempt Organizations – Because many smaller organizations did not file the

required IRS forms, their exemptions have been revoked.

- Qualifying Form 990-N Organizations – Those organizations that did comply with required form filing.

If you have any question about the deductibility of a contribution, check with the IRS through this new web page before making the contribution. Note that many smaller charities have lost their tax status due to lack of filing the required IRS forms. Remember, it is your responsibility to assure that your gift is deductible.

There are, of course exceptions to the above. (Every rule has its exceptions, especially when dealing with government!) Religious institutions, churches, mosques and synagogues, will not appear on the lists. Yet, contributions to them are deductible. The government does not interfere with religions (1st amendment again).

Of course, should you have any questions about contributions, please feel free to contact us at the Foundation. We are glad to do all we can to assist.

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Collective  
for Women*

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**JEWISH WOMEN INTERNATIONAL**  
*safe homes. healthy relationships. strong women.*

**A Meaningful Mother's Day Gift for Loved Ones and Women in Need**

The **Women of Vision Philanthropic Fund** has joined Jewish Women International (JWI) in honoring the 45,000 women and children who will spend Mother's Day in battered women's shelters. Through the annual Mother's Day Flower Project, JWI will send bouquets of flowers, as well as beauty products from OPI Products, Inc. to 200 shelters across the United States. Participation in the Mother's Day Flower project provides hope for these families on this special day. With your support, each and every day, JWI will work to educate communities, empower women and break the cycle of abuse.

Here is how it works:

- You choose an amazing women in your life – mother, sister, wife, daughter – to receive a beautiful 'Mother's Day' card
- You make a meaningful \$25 donation to JWI in honor of this special person
- JWI sends a beautiful card to your designated recipient stating that a charitable contribution has been made in their/her honor
- JWI sends bouquets of beautiful flowers to domestic violence shelters

The project is an opportunity for us to raise awareness about domestic abuse while we deliver compassion and support to women forced to live in domestic violence shelters.

Contributions to the Mother's Day Flower Project can be made by filling out the form available at the Foundation offices, online at [www.jwi.org/fp](http://www.jwi.org/fp) or by phone (202-857-1300). Be sure to note **Women of Vision** as your partner of choice!

For more information, please contact Michele Wickwire at the Foundation office at [m.wickwire@jewishfedhbg.org](mailto:m.wickwire@jewishfedhbg.org) or by calling 717-236-9555 (press 1).

# CenterPieces

what's Happening in and Around the JCC

## Summer Camp

June 18 – August 10, 2012

### Camp K'ton Ton (Little Ones)

Toddler and Turning 3's (2 years by 6/20/12)

Choose from a 3- or 5-day a week indoor-based program. Camp K'ton Ton emphasizes separation from parents, socialization and introduction to preschool and JCC routines. While based indoors, outdoor experiences are enthusiastically incorporated into camp.

### Camp Yeladim (Children)

Turning 4s: 3-years-old Pre-K: 4-years-old by 6/20/12

This camp is a combination of being based indoors and outdoors. A 3 or 5 day program is offered for turning fours and Pre-K campers. Camp Yeladim emphasizes the world outdoors as children explore music, movement, make believe, arts and crafts, sports and games, discovering nature and Jewish culture. Participants receive swim instruction as part of camp. Pre-K's will visit the Green Hills Camp twice a week. Shabbat and Jewish activities are integral to the daily and weekly programs. For more information about Camp K'ton Ton or Camp Yeladim, contact Early Childhood Department at 236-9555, x 3107.

### Camp Gan (Garden)

For campers turning 5 as of 9/1/12

This camp offers unique individual and group experience for campers entering kindergarten. Camp Gan is a special adventure where friends and memories are made and cherished. With professional staff, this full-day program features a careful balance of daily activities, a rest period and story-telling time. For an unbeatable summer of positive growth, you can't beat Camp Gan!

### Camp Chaverim (Friends)

For campers entering 1st & 2nd grades as of 9/1/12

This camp gives children the opportunity to have summer time fun in a safe and pleasant environment. The group experience and the camp program offers campers the chance to enhance their personal development and acquire new skills, as well as enhance their social development by making new friends and learning to be responsible, sharing and caring people.

### Camp Sabra (Israeli Native)

For Campers entering 3rd & 4th grades as of 9/1/12

Campers never run out of new challenges and adventure in Camp Sabra. This camp offers

socialization, new experiences and, even more important, having fun! It's a chance to break away from the traditional summer doldrums.

### Camp Giborim & Camp Maccabee (Travel Camp)

For campers entering 5th & 8th grades as of 9/1/12

This is our unique travel camp that creates a special atmosphere and companionship. With professional staff, our travel campers see parts of the country the best possible way-with friends.

### What's Hot This Summer?

Camp is about fun, friends and new experiences. Fun begins with an exciting activity program that features outdoor programs, sports and games, performing arts and drama, instructional swim and recreational swim, cultural activities, arts and crafts, music, environmental living and nature and Israeli culture and Jewish life. This summer, returning by popular request, special camp wide programs include: Olympics, overnights and late nights, talent show, special theme days, special guests and lots more. Specialty camps will once again be incorporated into the daily camp day. Campers will have the chance with their groups to participate in age-appropriate activities.

**Instructional Swim:** Professional water safety instructors supervise and teach campers as they progress throughout the summer.

**Athletics:** We've got it all! Whether you're looking to learn new skills or to play your favorite sports, our athletics program is focused around both individual and team sports.

**Arts & Crafts:** Campers can explore their creativity through nature crafts, candle making, tie-dyeing, paper mache, ceramics, sandcrafts, modeling and lots more.

**Performing Arts:** Campers strut their stuff each summer as they enjoy a range of expressive arts including theater, mime, talent shows, plays, skits, song and dance.

**Environmental Living:** Campers gain an appreciation for the out-of-doors by hiking, creek walks, cookouts, nature crafts, orienteering, fishing and developing a sensitivity to the environment and ecology throughout the campsite.

**Jewish Life:** Israeli song and dance, Shabbat and Jewish theme programs, and learning about Israel are all part of the fun of Jewish Heritage.

## Summer Fun Days

Before and After Specialty Camps | Each camper should bring lunch, bathing suit and towel



*New This Summer!*

## Specialty Camps

What can you explore in one week? Anything and everything! We've got activities galore – and truly something for everyone. Help your child build skills in the activities they like best with a JCC specialty camp.

Spend 9:00 am – 12:00 pm with the specialty instructor focusing on specialty-based programming and from 12:00 pm – 4:00 pm doing campy things such as free swim, art, sports, nature, theme days and lots more (specialty campers will not have instructional swim). Half day registration is also available for those that choose to attend only the specialty portion of the day. Please call Andrea (717) 236-9555, ext. 3108 or email: a.weikert@jewishfedhbg.org for rates and for an entire listings of camps

*See back page for a complete list and dates of specialty camps.*

### Adventures On The Go Week

June 11 to June 15, 2012

8:00 am – 6:00 pm

(Friday close at 5:30 pm)

For: Grades K – 8

Fee: \$260 entire week/JCC Member  
\$275 entire week/Non-Member

Anything goes during this fun and exciting week of mystery and adventure.

### Anything Goes Week

August 13 to August 17, 2012

8:00 am – 6:00 pm

(Friday close at 5:30 pm)

For: Grades K – 8

Fee: \$290 entire week/JCC Member  
\$300 entire week/Non-Member

Anything goes during these 5 days. Children will have fun participating in cooking, art, sports, outdoor play and much more.

For more information or to schedule a tour of the facility please contact  
Linda Skulsky at (717) 236-9555 x3050 or l.skulsky@jewishfedhbg.org

# Land & Specialty Classes

## Boot Camp

Instructor: *Jeremy Kreiser*

**Wednesday/Friday:** 12:15 – 1:00 pm

Cost: Non-member \$5 per class

This class combines resistance training with aerobic exercise. Regardless of your fitness level, emphasis will be placed on having a safe, fun and effective workout.

## Cardio Kick Box Drills

Instructor: *Gina McDonald*

**Tuesday:** 6:15-7:00 am

Cost: Non-member \$5 per class

A fun way to incorporate strength training into your physical activity program. Limited choreography- one minute Kickboxing (punches or kicks), one minute of Strength exercises. Use of body bars, medicine balls, dumbbells throughout the sessions to vary your strength training experience.

## Fitcamp Fusion – Strength & Sculpt

Instructor: *Arthur Kravitz or Lauren Jacobs*

**Tuesday:** 5:30-6:30 pm

Cost: Non-member \$5 per class

Firm and tone all your muscles. Using a variety of equipment learn how to get an incredible work out and see results!

## Gentle Yoga (Floor and Standing)

Instructor: *Cheryl Yablon*

**Monday:** 9:45 am – 10:30 am

**Tuesday:** 5:00 pm -5:45 pm

Cost: Non-member \$5 per class

Class designed as a preventive program for a healthy population that suffers, either intermittently or chronically, from mild to moderate back pain or from back pain of non-specific origin. Also appropriate for healthy seniors or beginners who have had no prior yoga experience.

## Hatha Yoga

Instructor: *Marlene Saxe, RN*

**Wednesday:** 5:30 – 6:30 pm

Cost: Non-member \$7 per class

Strengthen your balance, increase your flexibility, rejuvenate your mind, body, and spirit, and promote relaxation.



## Motherwell Yoga

Instructor: *Cheryl Yablon*

**Monday:** 6:00 – 7:00 pm

A medically endorsed pregnancy/postpartum health and fitness program. For cost and more information contact Cheryl Yablon (717) 236-9555, ext. 3115.

## Pilates

Instructor: *Stacie Rettberg*

**Tuesday:** 9:00 - 10:00 am

**Thursday:** 9:00 – 10:00 am

Cost: Non-member \$10 per class

This class will help improve posture and develop core control, which is the ability to move effectively and efficiently by transmitting force from the body's center through the torso and limbs. The exercises emphasize precise alignment and efficient sequencing of movement.

## Body Sculpting

Instructor: *Michele Ruth*

**Monday/Wednesday:** 8:30-9:30 am

Cost: Non-member \$5 per class

5 minute warm up, 5 minute stretch, then working each muscle using weights, body bar, medicine ball, big ball, and bands for building muscle strength. From beginner to advanced, all levels welcome. Work at your own pace. Focus is on correct positioning for optimum results.

## ZUMBA

**Monday:** 4:30-5:30 pm

**Tuesday:** 6:00 – 7:00 pm

Instructor: *Kelly Straub*

Cost: Non-member \$7 per class or punch card available

Dynamic fitness workout that will blow you away. Come join the party!

## Super Stomach / Core Training

Instructor: *Michele or Lauren*

**Sunday:** 10:30 – 11:00 am

Cost: Non-member \$3 per class

## Cardio Bootcamp

Instructor: *Lauren Jacobs*

**Friday:** 6:15-7:00 am

Cost: Non-member \$5 per class

A combination of cardio with weight training. A great way to add variety to your routine.

## SilverSneakers® Classes

Instructor: *Cheryl Yablon*

Cost: Non-member \$5 per class



## Muscular Strength & Range of Movement

Instructor: *Cheryl Yablon*

**Tue./Thur.:** 9:15 – 10:15 am

**Wed.:** 9:45 – 10:45 am

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic tubing with handles, and a ball are offered for resistance, and a chair is used for seated and/or standing support.

## Cardio Fit

**Mon.:** 10:45 – 11:45 am

**Wed.:** 10:45 – 11:45 am

Get up & go with an aerobic class for you – safe, heart healthy and gentle on the joints. The workout includes easy to follow low-impact movement and upper body strength, abdominal conditioning, stretching and relaxation exercises designed to energize your active lifestyle.

## YogaStretch

**Mon.:** 11:45 am – 12:45 pm

**Wed.:** 11:45 am – 12:45 pm

YogaStretch will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity.

## Spinning (Indoor Cycling)

See Times and Instructors Below

Cost: Non-member \$8 per class

A challenging stationary group cycling class, set to music, utilizes various training and motivation techniques to simulate actual outdoor riding experiences such as hills, sprints and racing. A heart rate monitor may be used. **Water and towel are required.**

## Early Morning Spin

**Monday:** 6:15 – 7:00 am

Instructor: *Gina McDonald*

**Wednesday:** 6:15 – 7:00 am

Instructor: *Gina McDonald*

## Lunch-Time Spin

**Monday:** Noon – 12:45 pm

Instructor: *Michele Ruth or Lauren*

**Thursday:** Noon – 12:45 pm

Instructor: *Arthur Kravitz*

## Evening Spin

**Monday:** 5:45 – 6:45 pm

Instructor: *Arthur Kravitz*

**Tuesday:** 4:30 – 5:15 pm

Instructor: *Lauren Jacobs*

**Wednesday:** 4:30 – 5:30 pm

Instructor: *Arthur Kravitz*

**Wednesday:** 5:45 – 6:45 pm

Instructor: *Arthur Kravitz*

**Friday:** 3:30 – 4:30 pm

Instructor: *Arthur Kravitz*

## Sunday Spin

**Early Sunday Spin:** 9:00 – 10:30 am\*

\*Second Sunday of the Month: 8:30-10:30 am

Instructor: *Arthur Kravitz*

**Mid AM Sunday Spin:** 11:00 – 11:45 am

Instructor: *Arthur Kravitz*



**For more info**

or to schedule a tour of the facility contact

Linda Skulsky at

(717) 236-9555 x3050 or

[l.skulsky@jewishfedhbg.org](mailto:l.skulsky@jewishfedhbg.org)

# Sports, Fitness, & Recreation Children & Teens

## Jr. Maccabi

Hosted By Harrisburg JCC

Open to Jewish pre-teens ages 10 – 12

Sunday: May 20, 2012

Contact: Andrea at [a.weikert@jewishfedhbg.org](mailto:a.weikert@jewishfedhbg.org)

*The JCC Maccabi Games and JCC Maccabi ArtsFest are amazing programs open to Jewish teens who will be 13-16 years of age as of July 31, 2012. For more information on these programs please contact Terri Travers at [t.travers@jewishfedhbg.org](mailto:t.travers@jewishfedhbg.org) or 717-236-9555 ext. 3110*

## JCC Maccabi Games

Rockland County NY

August 12-17, 2012

Sports Offered: Boys Basketball, Girls Basketball, Baseball, Softball, Soccer, Volleyball, Boys Inline Hockey, Girls Lacrosse, Swimming, Tennis, Table Tennis, Bowling, Golf

## JCC Maccabi ArtsFest

Houston TX

August 5-10, 2012

Art Specialties: Acting/Improv, Creative Writing, Culinary Arts, Dance, Jazz Ensemble, Musical Theater, Rock Music, Visual Arts and Vocal Music

## Kid Certified Fitness Program

This program allows children ages 12 and up to use the Fitness Center after completing the program with a Fitness Center Manager. Call 236-9555, ext.3101 to schedule an introduction.



## Other Activities

### 50 Mile Swim

See Kelly Coons for details

### Personal Training

Cost: \$40/Hour or 3 Sessions for \$100

### 30 Minute Circuit Training/ Workout

A structured 30 Minute Fitness Workout that is doable and fun in a comfortable environment. See how you can improve your quality of life spending just 30 minutes a day, 3 times a week! For details or an appointment call Fitness Manager at 236-9555, ext. 3101.

## Senior Adult Programs

The JCC Senior Adult Club continues its wonderful schedule of bi-weekly programming on Tuesdays and Thursdays. The Club offers something to meet the interests of almost anyone, with a tasty lunch “sandwiched” right in the middle.

On Tuesdays, the program begins with a lively discussion group, with topics both serious and fun. Thursdays, the program begins with the Senior Club’s Sing-A-Long Group. The Discussion Group is led by Helen Cytryn.

On both Tuesday and Thursday, the program continues with an invigorating low impact Exercise Class, led by Ann Feierman, followed by an enjoyable Dance Class, also led by Ann, then lunch with the day capped off with an entertaining and informative program.

*For more information on all Senior Adult Programs contact:  
Cheryl Yablon (717) 236-9555, ext. 3115 or [c.yablon@jewishfedhbg.org](mailto:c.yablon@jewishfedhbg.org)*

## Yiddish Club

The Jewish Federation’s Yiddish Club has been meeting monthly under the direction of Ann Feierman. Please check the Community Review for dates and times of the meetings which are held at The Residence. If you would like to participate in this group, please call Ann at 441-8863 to get on the Yiddish Club rolls.

**For more information on any Sports, Fitness & Recreation program, please contact Terri Travers at [t.travers@jewishfedhbg.org](mailto:t.travers@jewishfedhbg.org)**

## Green Hills Family Swim Club

All JCC Memberships include a membership to Green Hills Family Swim Club, a pool and park facility located on Fishing Creek Valley Road. Green Hills is open from Memorial Day to Labor Day weekends and is open seven days a week. Enjoy a summer day in the serene, wooded surroundings of Green Hills.

Semi-Private and Private Swim Lessons are Available. Contact Terri at [t.travers@jewishfedhbg.org](mailto:t.travers@jewishfedhbg.org) for more information.

### Features:

- Large swimming pool
- A quiet, peaceful creek winding through the park
- Volleyball Court
- Basketball Court
- Large Pavilion
- Children’s Play Equipment
- GAGA Court (Israeli Dodge-ball)

For more information on Green Hills or to obtain a form for membership, please

contact the Sports, Fitness & Recreation Director at 236-9555 ext 3110 or email at [t.travers@jewishfedhbg.org](mailto:t.travers@jewishfedhbg.org)

**Cost:** \$200 Family  
\$100 Single Adult  
\$100 Senior Family  
\$75 Senior Single

*JCC Members have a Free Green Hills Membership for 2012!*

**Dates & Times** *Opening Weekend*  
May 26-28  
*Closing Weekend*  
September 1-3

Weekends & Holidays 11:00am to 8:00pm

Open Week Days June 4 to August 24

Weekdays 1:00 pm to 7:00 pm

## Water Classes

### Evening Aqua Fit

*Instructor: Lori Erickson*

Monday: 6:00-6:50 pm

Cost: Non-member \$5 per class

An energizing water workout consisting of range of motion, muscle strengthening and endurance exercises. Both deep and shallow water depths will be used for the work. (Individuals with movement limitations may find this class challenging).

### Aqua Zumba

*Instructor: Beverly Sable*

Friday: 9:30 – 10:30 am

Cost: Non-member \$5 per class

A challenging water-based workout that’s cardio-conditioning, body toning, and most of all, exhilarating beyond belief.

### Deep Water Exercise

*Instructor: Diana Budd*

Monday / Wednesday: 8:15 – 9:15 am

Cost: Non-member \$5 per class

The deep water provides an environment for exercises that are stress free on the joints yet build muscle strength and endurance. Cardio activities are included. A great way to work hard, have fun and start your day energized. Flotation belts are worn/no swimming skills required.

### SilverSplash®

*Instructor: Diana Budd*

Monday / Wednesday: 9:30 – 10:30 am

Cost: Non-member \$5 per class

Activate your aqua urge for variety! SilverSplash offers lots of fun and shallow water moves to improve agility, flexibility and cardiovascular endurance. No swimming ability is required, and a special SilverSneakers kickboard is used to develop strength, balance and coordination.

### Motherwell Water Exercise

*Instructor: Cheryl Yablon*

Wednesday: 6:00 – 7:00 pm

A medically endorsed pregnancy/postpartum health and fitness program. For cost and more information contact Cheryl Yablon (717) 236-9555, ext. 3115.

### Water Pilates Plus

*Instructor: Diana Budd*

Thursday: 8:30 – 9:30 am

Cost: Non-member \$5 per class

The class creatively adapts Pilate movements in the water for total body conditioning. Resistance, buoyancy and depths of the water are used to maximize the workout. Cardio activities are also included. For all fitness levels, no swimming skills required.

# The Brenner Family Early Learning Center

A Quality Preschool with Childcare Options | For info contact Angie Stoll at (717) 236-9555, ext. 3107 or a.stoll@jewishfedhbg.org

## Infants: (6 weeks+)

An experienced and loving staff caters to your infant's daily emotional needs, as well as providing developmentally appropriate activities for infants' ever-changing physical needs.

## Toddlers (approximately 12-18 mo.)

The staff caters to the children's ever growing need to explore; daily walks (inside and out), singing, and playing are how Toddlers spend their days.

## Turning 3s (2 yrs. old by Sept. 1)

Activities are centered on the sense of independence that comes along with being two. Children are encouraged to participate in activities that explore art, music, science, and simply getting along.

## Turning 4s (3 yrs. old by Sept. 1)

## and Pre-K (4 yrs. old by Sept. 1)

These groups are exposed to activities that promote reading and math readiness, scientific discoveries, music appreciation, and just plain fun. They also participate in field trips that coordinate with classroom activities. Pre-K is required to attend a minimum of five mornings.

Licensed by the Department of Public Welfare

## ELC Enrichment

To register for a class, please stop by the Atrium desk or call 236-9555, ext. 0. Payment must be made at time of registration.

### MONDAYS

#### Artistic Afternoon

1:00 to 1:45 pm – Ages 3 to 5

Cost: \$70/M, \$110/NM

Instructor: Jodie Raffensperger

#### Future Super Stars

##### Intro to Sports

1:00 to 1:30 pm – Ages 4 to 5

Cost: \$35/M, \$55/NM

Instructor: Terri Travers & Jeremy Kreiser

Learn the basics of some of your favorite sports

#### NEW! Martial Arts Heroes Class

12:30 to 1:15 pm – Ages 3 to 5

Cost: \$40/M, \$80/NM

Instructor: Master Jose Johnson

Master Jose Johnson will help your child develop the skills they will need to be successfully in life, through martial arts. If you child is ready for an adventure, this is the program to join!

## TUESDAYS

#### Artistic Afternoons

1:00 to 1:45 pm Ages 3 to 5

Cost: \$70/M, \$110/NJ

Instructor: Jodie Raffensperger

#### Ganeinu at The Silver Academy

12:00 to 3:30 pm – Dates: School Year

Ages: Must be 4 years old by September 1st.

Cost: \$157.50/month – **Tuesday & Thursday**

Instructor: Morah Tamara (Tammy Reid)

Must register through The Silver Academy (717) 238-8775 – Hot Lunch Provided.

An afternoon program for preschoolers that fosters Hebrew language literacy through the study of Jewish holidays, Jewish ethics and Israeli culture.

#### Keep Your Eye on the Ball

12:30 to 1:00 pm – Ages 2 to 5

Cost: \$35/M, \$55/NM

Instructor: Terri Travers & Jeremy Kreiser

Learn the basics of some of your favorite sports

## WEDNESDAYS

#### Swim Instruction

12:30 to 2:30 pm – ½ hour lessons based on child's age

Ages: 3 to 5 – 20 Kids Maximum

Cost: \$48/M, \$63/NM

Instructor: Kelly Coons

## Computer Tots

### at the Silver Academy

12:30 to 2:30 pm – Ages: 3 to 5

Cost: \$20/M, \$40/NM

Instructor: Gail Rebeck

An introduction to the computer and how it works using fun, interactive programs and activities. Students will get the chance to work in a real computer lab in the Silver Academy.

## THURSDAYS

#### Suzanne's Jumpin' Jitney

12:30 to 1:00 pm – Ages 2 to 5

Cost: \$40/M, \$80/NM – Monthly

## FRIDAYS

#### KinderDance

12:30 to 1:15 pm – Ages 3 to 5

Cost: \$40/M, \$90/NM – Monthly

Instructor: Miss Candy

#### Shalom Sesame

12:30 to 1:00 pm – Ages 3 to 5

Cost: \$40/M, \$60/NM

Instructor: Leslie Wiener

Produced by Sesame Workshop, the non-profit creator of Sesame Street around the world, Shalom Sesame, offers children and families an introduction to Jewish life and Israel.



## Summer Specialty Camps

### Magic Camp\*

(Entering grades 2-4)

Dates: June 18 – June 22

A fantastic introduction to magic and the art of illusion and trickery! No experience necessary.

### Gymnastics Camp\*

(Entering grades 1-4)

Dates: June 18 – June 22

Join the Harrisburg School of Gymnastics for this fun-filled week.

### Make & Take It Home\*

(Entering grades 1-4)

Dates: June 25 – June 29

Science Projects you take home – that teach – that are fun.

### Basketball Camp\*

(Entering grades 1-4)

Dates: June 25 – June 29

A fun and challenging experience where your child will learn passing, shooting and dribbling skills as well as game fundamentals and team play.

### Multi-Sport Camp\*

(Entering grades 1-4)

Dates: July 2 – July 6

(no camp on July 4)

Can't decide what sport is right for you? Try them all in the multisport camp. Basketball, flag football, dodgeball, volleyball, soccer, hockey and more.

### Let's Get Cooking

(Entering grades 1-4)

Lisa McNair, Certified Health Coach

Dates: July 9 – July 13

Kids learn about delicious healthful eating and how to fend for themselves in the kitchen. On the last day, campers use their new cooking skills for a luncheon for themselves and a guest.

*This specialty camp will be held at the JCC.*

*At noon campers will be transported to Green Hills for afternoon activities.*

### Art With Jodie\*

(Entering grades 1-4)

Dates: July 16 – July 20

Learn about various techniques and art materials, combining them to create unique

and individualized creations in drawings, paintings, collages, and other works of art, using imagination and creativity.

### Prospectors Mystery Rock Workshop\*

(Entering grades 1 – 4)

Dates: July 16 – July 20

In this workshop you will get to excavate for valuable gems, fascinating rocks, and some ancient fossils. All are yours to keep. The identities of the 10 specimens found in your Mystery Rock have been kept a secret from you. You will experience the thrill of discovery.

### Crafrageous\*

(Entering grades 1-4)

Dates: July 23 – July 27

Imagine. Design. Create. You will learn about and use different mediums to produce artwork such as painting, drawing, clay, photographs and more.

### CSI Camp\*

Dates: July 20 – August 3

(Entering grades 2-4)

Campers will use their forensic skills to

investigate a kidnapping. Learn how to dust for fingerprints and analyze blood, fiber, paper and ink.

### Around The World

(Entering grades 1-4)

Dates: August 6 – August 10

Each day explore a different country's culture, language & customs. Campers will make a craft, learn a game and enjoy food associated with each country.

*This specialty camp will be held at the JCC. At noon campers will be transported to Green Hills for afternoon activities.*

### The Rocket Robot\*

(Entering grades 1-4)

Dates: August 6 – August 10

Build and take home your own Rocket Robot. It is sound activated. Be a part of robotic technology and have fun investigating the future effects it will have in our lives.

*\* Campers will be transported round trip to Green Hills for these camps.*

Chag  
Sameach

MOLLIE AND  
RICHARD BRONSTEIN  
& FAMILY

HAPPY  
PESACH

CUNNINGHAM &  
CHERNICOFF, P.C.

HAPPY PESACH  
DAVID HERMAN  
&  
RABBI PETER KESSLER

HAPPY PESACH  
MARJORIE M.  
SHERMAN & FAMILY

Chag  
Sameach  
HARRISBURG  
MAGAZINE

Chag Kasher V'Same'ach  
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WRITING

Happy  
Passover  
MARTY & STEVE  
LAMONOFF

HAPPY PESACH  
ANN SHERMAN FEIERMAN  
PRES., JCC SR. ADULT CLUB

HAPPY  
PESACH  
ROB, RANDI,  
BEN & ADAM  
TEPLITZ

HAPPY PESACH  
MR. HAROLD G.  
LIEBENSON  
MRS. ELAYNE A.  
LEIBENSON

*Enjoy a Happy,  
Healthy Passover*  
MARLENE & HERM MINKOFF

*Wishing you a Happy  
and Kosher Holiday*  
RUTH & CHUCK KLINE

*Happy Pesach*  
AL & SHARI COWAN



*During Passover we reconnect  
with our roots as we celebrate  
our ancestors' exodus from Egypt. This  
defining moment in our history binds us  
together as a people and connects us to  
our fellow Jews everywhere.*

*This is our legacy and it reflects  
who we are. Our collective  
commitment to one another is what  
makes our Jewish community strong.*

*Happy Passover*

*from the Board of Directors and the Staff  
of the Jewish Federation of Greater Harrisburg*



## 2 Exciting New Specialty Camps being offered at the JCC Day Camp:

### Let's Get Cooking

For: Campers entering 1<sup>st</sup> – 4<sup>th</sup> grades as of September 1, 201  
**July 9 – July 13, 9 a.m. – 4 p.m.**



Spend 9 a.m. - Noon in the specialty camp and from Noon – 4 p.m. doing campy things such as free swim, art, sports, nature, themed-day events and more

**Instructor:** Lisa McNair, Certified Health Coach

Make summer a fun time for your kids to learn about delicious healthful eating and how to fend for themselves in the kitchen. The camp will cover food safety, basic food preparation, nutrition, etiquette and include a trip to the farmer's market. On the last day, the campers will show off their new cooking skills with a luncheon for themselves and a guest.

Fee: \$290/M, \$300/NM

### Around The World

For: Campers entering 1st – 4th grades as of September 1, 2  
**August 6 – August 10, 9 a.m. – 4 p.m.**



Spend 9 a.m. - Noon in the specialty camp and from Noon – 4 p.m. doing campy things such as free swim, art, sports, natures, themed-day events and more

**Instructor:** Lisa McNair, Certified Health Coach

Get ready to tour the globe this summer. Each day we will explore a different country's culture, language & customs. Campers will make a craft, learn a game and enjoy food associated with each country.

Fee: \$290/M, \$300/NM

To register, please call the JCC Front Office at 236-9555, ext. 0.

# The Best Week of My Life: Alternative Spring Break with Penn State Hillel

By Arleen Williams, Penn State Student and Harrisburg Resident

When I signed up for the Hillel Alternative Spring Break trip to Los Angeles, I knew that it would be a great experience. What I didn't know was that it would be the best week of my life. Our trip placed us in an underprivileged urban elementary school, Woodcrest Elementary, in south central LA. Our mornings at Woodcrest were spent painting murals, building benches, and installing a community garden. We painted different murals every day, ranging from prominent and influential people to vegetables to encouraging words to college logos. Before this trip, I had never hammered anything, and by the end of our second day, I had helped to build a bench. I had never been more proud of myself.

In the afternoons, we interacted with the students, helping them with homework, playing sports with them, and talking to them about college. The fifty-four students and seven staff-members from six different schools were separated into "after-school" groups, and I was placed with kindergarten, which I loved! We did a lot of coloring and reading books and playing "duck-duck-goose." What surprised me about the children the most was that they all want to go to college or go into the Army. We all became very connected to a few of the children, and saying goodbye was heartbreaking.

What shocked me the most at the school was how grateful the students and the staff were. There were multiple times when children I had never met came up to me, gave me a hug, and thanked me for making their school beautiful. It was so rewarding to see the direct effect we had on the community. In the evenings, after dinner, we broke into our campus groups and had discussions. They really made me think about my understandings of education, privilege, power, and volunteering. This one week in LA made a huge difference in the lives of many at Woodcrest and will continue to have an impact in my life as well. I sincerely hope that everyone has a chance to experience an Alternative Spring Break and see for themselves how truly amazing it is!

## B'nai Tzedek Teen Mitzvah Day 2012



On Sunday, March 18th, over twenty teens took time out of their busy Sunday to participate in the 2012 B'nai Tzedek Teen Mitzvah Day. Teens 16 and older went to a Habitat for Humanity worksite where they learned about what Habitat for Humanity does and helped clean a home that Habitat was constructing.

Teens younger than 16 were divided into two groups: one group went to the Jewish Group Home on 2nd Street where they helped to wash the outside of the house. The second group went to the Jewish Group Home on Green Street where they helped to paint the kitchen cabinets.



All three groups celebrated their good work with an ice cream party back at the JCC. All participants brought non-perishable Kosher for Passover food items to be donated to the JFS Food Pantry.

If you are interested in having your teen participate in B'nai Tzedek programs, please contact Stuart Gasner, [stuartgasner@gmail.com](mailto:stuartgasner@gmail.com) or Julia Frankston-Morris, [juliafrankstonmorris@gmail.com](mailto:juliafrankstonmorris@gmail.com). All B'nai Tzedek members should keep a lookout for information on our end-of-year banquet on May 9th.

## A Special FREE Screening of a Not Yet Released film!

The Last Flight of Petr Ginz

Fox East Theatre | Mt. Penn | March 28, 2012 @ 7:00PM

Free tickets contact Jayne, [Jaynek@JFReading.org](mailto:Jaynek@JFReading.org) or The Jewish Federation of Reading 610.921.0624

"By 14, he had written five novels and penned a diary about the Nazi occupation of Prague. By 16, he had produced more than 170 drawings and paintings, edited an underground magazine in the Theresienstadt Ghetto, written numerous short stories and had walked to the gas chamber at Auschwitz. But this story is a story of celebration as well as tragedy, a testament to how a boy's wonder and creative expression represents the best of what makes us human."

Following the showing of the film, a discussion will be led by Dr. John Inledon. Dr. Inledon is a professor at Albright College and director of the Holocaust Studies Program.

Jewish Federation of Reading (JFR) is a functional federation and umbrella organization that manages and funds programs like Jewish Family Service, the Jewish Cultural Center, the Lakin Early Education Center (JCC preschool, Jewish cultural and education projects and raises funds that benefit the Reading Jewish community, Israel and those in need around the world. Its mission – to cultivate a vibrant, healthy Jewish community, inspire greater Jewish identity, and promote deeper understanding and stronger connections between Jews and non-Jews in Reading/Berks County.

### COMFORTING IN-HOME CARE WITH A TOUCH OF TECHNOLOGY.

For over a decade, Comfort Keepers® has been helping seniors maintain independent lives by providing in-home care and safety.



Like cooking, light housekeeping, bathing or grooming.

And our SafetyChoice® Personal Emergency Response Systems mean help is always available. Learn more by contacting us at:

717-920-9898  
307 Yorkshire Drive  
Harrisburg, PA 17111



Each office independently owned and operated.  
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[www.comfortkeepers.com](http://www.comfortkeepers.com)

## BETH EL TEMPLE

232-0556

[www.betheltemplehbg.org](http://www.betheltemplehbg.org)

Minyan 7 a.m. daily and 5:30 p.m. Sunday morning at 9 a.m.

*PUBLIC SERVICE ANNOUNCEMENT*

## CHISUK EMUNA CONGREGATION

232-4851

[www.chisukemuna.org](http://www.chisukemuna.org)

[chisukemuna@comcast.net](mailto:chisukemuna@comcast.net)

Minyan times: Monday, Thursday mornings, 6:50 a.m.

Sunday through Thursday evenings, 7:15 p.m.

Tuesday, Wednesday and Friday mornings, 7 a.m.

Friday evening services at 7 p.m., Saturday evening at same time as Friday evening candle-lighting time.

Saturday morning services at 9:15 a.m.

For more information about Chisuk Emuna programs and services, please call our office at 232-4851.

## CONGREGATION BETH ISRAEL

Lebanon | 273-2669

Visit the Congregation Beth Israel Web Site at [www.congregation-beth-israel.org](http://www.congregation-beth-israel.org)

All are welcome to our egalitarian services:

Sundays at 9 a.m., Mondays and Thursdays at 7:30 a.m.

Our Shabbat services, lead by Rabbi Paula Reimers, are at 8 p.m. on Friday evenings and on Shabbat morning at 9:30 a.m. followed by

Kiddush.

*PUBLIC SERVICE ANNOUNCEMENT*

## CONGREGATION BETH TIKVAH

Carlisle | 245-2811

[www.bethtikvah.org](http://www.bethtikvah.org)

*PUBLIC SERVICE ANNOUNCEMENT*

## HISTORIC B'NAI JACOB

Middletown | 319-3014

Historic B'nai Jacob Synagogue, Water and Nissley Streets in Middletown will conduct Shabbat services on Friday, April 20th at 7:30 p.m. We are a community Shul - all are welcome.

Visit website for more information - [www.bnai-jacob.org](http://www.bnai-jacob.org)

*PUBLIC SERVICE ANNOUNCEMENT*

## KESHER ISRAEL CONGREGATION

238-0763

[www.kesherisrael.org](http://www.kesherisrael.org)

Participate in our daily Minyanim. Mornings: Sundays and Federal holidays at 8 a.m., Monday through Friday at 6:45 a.m. Rosh Chodesh and fast days at 6:30 a.m. Evening services begin at 20 minutes before sunset. Please join us for our 9 a.m. Shabbat morning services - followed by kiddush

*PUBLIC SERVICE ANNOUNCEMENT*

## TEMPLE BETH SHALOM

697-2662

[www.tbshalom.org](http://www.tbshalom.org)

Join us for our contemporary Kabbalat Shabbat at 7:15 pm or our more traditional Shacharit Shabbat at 9:00 am. Temple Beth Shalom is proud to offer a range of programming for all ages. To find out more about our programs and events, visit [www.tbshalom.org](http://www.tbshalom.org) or contact us at [tbs.temple@verizon.net](mailto:tbs.temple@verizon.net).

*PUBLIC SERVICE ANNOUNCEMENT*

## TEMPLE OHEV SHOLOM

233-6459

**Friday, April 6:** Shabbat Service, 5 p.m., Lehrman Chapel, Passover begins at sundown

**Friday, April 13:** Shabbat Service, 6 p.m., Lehrman Chapel

**Saturday, April 14:** Cantor's Morning Shabbat Service, 10:30 a.m., Lehrman Chapel

**Friday, April 20:** Leadership Shabbat Service, 8 p.m., Sanctuary

**Saturday, April 21:** Tot Shabbat, 10:30 a.m., Lehrman Chapel Service for little ones from birth through age 6.

**Friday, April 27:** Family Shabbat Service, 7:30 p.m., Sanctuary

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## BETH EL TEMPLE PRESENTS "CRITICAL ISSUES" ADULT EDUCATION SERIES

*Four Mondays beginning April 16*

Please join Beth El Temple Educational Director Bob Axelrod for his popular series "Critical Issues Facing the Contemporary American Jewish Community." With a focus on the Jewish perspective of each topic, Bob reviews current events in the news, places the issues within historical context, and encourages spirited dialogue among participants.

Each session is independent, and you are invited to attend as many as you wish. Classes meet in Rosen Sisterhood Hall, beginning promptly at 7:15 p.m. and lasting one hour. The Monday night dates are April 16, 23, 30 and May 7.

If you follow events in the news you will be sure to hear about them in Bob Axelrod's "Critical Issues" series and put them in the context of what Judaism has to say about the core issues. RSVP to the Temple Office (232-0556) is requested so we know how many to plan for.

**VIVIAN GOLDBERG**

Vivian Goldberg, longtime resident of Harrisburg, passed away on Friday, March 16, 2012 at the Jewish Home of Greater Harrisburg. Born in 1922 in Baltimore, MD, she moved to Harrisburg after marrying. She was preceded in death by her loving husband of over fifty years, Morris Goldberg, a Harrisburg native. All her life, Viv was known for her wonderful cooking and baking. Family and holiday gatherings were her specialty. Thoughts of her brownies and homemade goodies will always bring sweet memories to all that knew her. Vivian volunteered in the hospital and taught typing. Her volunteer work included being a "Grey Lady" at the hospital and teaching typing at the Yeshiva Academy as well as Susquehanna Township High School. She was also a member of Keshet Israel Congregation, Harrisburg, PA. Vivian is survived by her sisters, Ruth Lock of Harrisburg and Irene Cohen of Maryland. She also leaves behind three children; Richard and Donna Goldberg of Camp Hill, PA, Ms. Pia Stadiem of Cary, NC and Deborah and Richard Polay of Freehold, NJ; seven grandchildren, Purusha Mostoller, Raymond Stadiem, Brandon Stadiem, David Stadiem, Jacob Stadiem, Jesse Goldberg and Bradly Polay. She also was blessed to have two great-grandchildren, Mackenzie Mostoller and Matthew Stadiem. Funeral services were held on Sunday, March 18th in the chapel of Keshet Israel Cemetery, with Rabbi Akiva Males officiating. Burial was in Keshet Israel Cemetery. Arrangements were handled by the Hetrick-Bitner Funeral Home. In lieu of flowers, memorial contributions may be made to the PA Breast Cancer Coalition, 344 North Reading Road Ephrata, PA 17522 or to the Jewish Home of Greater Harrisburg, 4000 Linglestown Road Harrisburg, PA 17112. To send condolences to the Goldberg family, please go to [www.hetrickbitnerfuneralhome.com](http://www.hetrickbitnerfuneralhome.com).

**LEONARD KESSLER**

Leonard Kessler, 85, of Harrisburg, passed away on Saturday, March 17, 2012 at the Jewish Home of Greater Harrisburg. He was born on September 1, 1926 in Brooklyn, NY to the late Abraham and

Lena (Rosenfeld) Kessler. He was a United States Army Air Corp. veteran of WW II. Leonard was retired as the Vice President and General Manager of the Book of The Month Club. He served on the board of directors for the Book of The Month Club, First Federal Savings & Loan and Penn National Insurance Company. Leonard was loved by all and known as a distinguished gentleman by his family, friends and colleagues. He enjoyed traveling all over the world and attending the Harrisburg Symphony. He was the widower of Barbara Kessler. Surviving are his son Eric P. Kessler and his wife, Kristy, of Harrisburg; his two daughters, Sharon A. Voss and her husband, Ernst, of Jerusalem, Israel; Lisa C. Picker and her husband, Jonathan, of Lafayette Hill, PA; his sister, Sondra Beame of Hamilton, Ontario Canada; his eight grandchildren Elizabeth, Stephen, Eytan, Eliana, Noa, Daniel, Benjamin, and his great-granddaughter Ellie. He was preceded in death by his sister Claire Sedar. Funeral services were held on Tuesday, March 20th at Beth El Cemetery Chapel, with Rabbi Eric Cytryn officiating. Arrangements were handled by the Hetrick-Bitner Funeral Home. To send condolences to the Kessler family, please go to [www.hetrickbitnerfuneralhome.com](http://www.hetrickbitnerfuneralhome.com).

**SUSAN MARK LENCH**

Susan Mark Lench, 71, of Harrisburg, passed away peacefully on March 15, 2012. Born on June 20, 1940 in Youngstown, Ohio she was the daughter of the late Joseph Mark, Florence Berliner Mark and Rose Mark Jaffe. Susan was a graduate of Rayen High School, Youngstown, and attended Case Western Reserve and Ohio State School of Nursing. She was a nurse for Dr. Richard Magill, Harrisburg. Her greatest passion was her grandchildren, and she loved attending every activity in which they participated. Her favorite pastimes were her weekly Mah Jongg games and spending time at Rehoboth Beach, Delaware. Susan was a member of Beth El Temple, Harrisburg and its Sisterhood and Seaside Jewish Community, Rehoboth Beach, Delaware. Susan is survived by her husband of 48 years, Ronald Lench; her

daughters Jennifer Lench and Myra (Matthew) Gallardo; her grandchildren Dustin, Ethan and Drew Augustine, and Madeline and Mason Gallardo; her sisters, Bobby (James) Pazol and Stephanie Spatz. Funeral services were held on Sunday, March 18th at Beth El Cemetery Chapel with Rabbi Eric Cytryn officiating. Arrangements were handled by the Hetrick-Bitner Funeral Home. In lieu of flowers, memorial contributions may be made to Beth El Temple Susan and Ron Lench Endowment Fund, 2637 North Front Street, Harrisburg, PA 17110 or Hospice of Central Pennsylvania, 1320 Linglestown Road, Harrisburg, PA 17110. To send condolences to the Lench family, please go to [www.hetrickbitnerfuneralhome.com](http://www.hetrickbitnerfuneralhome.com).

**DR. CHARLES MINKOFF**

Dr. Charles Minkoff, of Kingston, PA, passed away on Tuesday, March 13, 2012. Charles was 85. Surviving are his wife, Rivian Minkoff; brother Herm (Marlene) Minkoff of Harrisburg; brother Stanley Minkoff of Harrisburg; brother Leo (Susan) Minkoff of Kingston; brother Donald Minkoff of Kingston; son Mark (Rivka) Minkoff of Brooklyn, New York; daughter Marcia (Larry) Rosenthal of Philadelphia; son Dr. Larry (Mazal) Minkoff of Scranton and to the extended family. Funeral services were held on Wednesday, March 14th at Rosenberg's Funeral Home, Wilkes Barre, PA, with burial following at the Ohav Zedek Cemetery in Wilkes Barre. Your attendance at minyan to support the family or a contribution to Beth El Temple will be a source of comfort for the family.

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**MY DEEPEST APPRECIATION**

There aren't enough words to express my thanks for the caring shown me on the loss of my dear friend Dr. Melvin Michaels. Thank you Rabbi Males for officiating at the Funeral in New Jersey and the memorial service at the Residence. Layala Males, for your compassion. My thanks to Jay Steinberg and the Federation's Staff, Howard Ross, Gerry Henshell, Administrator and our outstanding staff at the Residence and the residents, Cheryl Yablon, advisor of the Senior Adult Club, Barbara Lock and the many members, my devoted family and our wonderful Jewish Community for all the cards, contributions, calls, visits etc. Melvin will be missed.

Fondly,  
Ann Sherman Feirman

**CANDLELIGHTING**

April 6..... 7:19 p.m.

April 13..... 7:27 p.m.

April 20..... 7:34 p.m.



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## SEEKING JEWISH RIDERS TO REPRESENT THE USA AT THE 19th WORLD MACCABIAH GAMES

PHILADELPHIA, PA - February 23 - Maccabi USA is seeking Jewish Riders to represent the United States at the 19th World Maccabiah Games in Israel, July 17 - 30, 2013. For the first time ever the equestrian sports of Show Jumping and Dressage will be included. The Games will consist of over 41 sports, lasting 14 days with 7000+ athletes from over 60 countries. The World Maccabiah Games are the third largest international sporting competition in the world and the world's largest international Jewish event. To learn more about the sports offered and to access an application, please visit our website: [www.maccabiusa.com](http://www.maccabiusa.com).

Sloane Milstein, USA 19th Maccabiah Equestrian Chair, is working to recruit both riders and coaches to represent the USA in both team and individual events. While the competition specifications have not been completed we know that the 19th Maccabiah International Sports Committee is planning on a Show Jumping competition at 1.3m and 1.4m and Dressage to be held at Prix St. George, FEI Challenge Medium and Advance level.

While it is preferred that competitors transport their own horses, the possibility of

borrowed horses is being examined in order to help the competitors who cannot bring their own horses. The competitions will be conducted according to FEI regulations and according to the number of entries. Discipline levels may be change due to competitor and horses registrations so all highly competitive riders should apply.

The 19th Maccabiah USA Organizing Committee is working to field a USA Team that is 1000+ strong and will be the largest traveling delegation from the USA to participate in any international sporting event.

The Maccabiah is more than an international sporting competition; it is a celebration of Jewish culture, unity and pride. Israel Connect, Maccabi USA's unique cultural and educational program, takes place for seven days prior to the start of the Games. All Open, Youth and Juniors athletes participate in the program where they have the opportunity to tour historical and religious sites, take part in cultural identity seminars and become a B'nai Mitzvah, all while bonding with each other. Maccabi USA uses Sports to build Jewish Pride.

## community calendar

FRIDAY, APRIL 6 - EREV PASSOVER

JCC BUILDING CLOSSES AT 5:30 P.M.

SUNDAY, APRIL 8 - PASSOVER

ALL FACILITIES CLOSED

TUESDAY, APRIL 10

NO SENIOR ADULT PROGRAM - PASSOVER BREAK

THURSDAY, APRIL 12

NO SENIOR ADULT PROGRAM - PASSOVER BREAK

SUNDAY, APRIL 15

Yom Hashoah Observance, 10 a.m.

Holocaust Monument, Front

TUESDAY, APRIL 17

Senior Adult Lunch Program - 10 a.m., JCC

Program: Business Meeting

WEDNESDAY, APRIL 18

Yom Hashoah - Reading of Names, 7:30 p.m.,

Beth El Temple

THURSDAY, APRIL 19

Yom Hashoah Reading of Names, Ongoing,

Beth El Temple

Senior Adult Lunch Program - 10 a.m., JCC

Program: "The Jewish Perspective" with

Bob Axelrod, 12:30 p.m.

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