

2013 JEWISH FEDERATION ANNUAL MEETING DRAWS A CROWD

With a program-packed agenda, the December 5th Annual Meeting of the Jewish Federation of Greater Harrisburg attracted a crowd of over 100 people. The meeting commenced with the singing of both the American and Israeli national anthems by the Harrisburg Jewish Youth Choir, under the direction of Marina Cherepinsky. Rabbi Ron Muroff offered an interesting and informative d'var Torah.

Among the highlights of the evening were the presenting the Albert Hursh Leadership Award to Dorothea Aronson; the David Javitch Young Leadership Award to Gary Klein; and the JCC Volunteer Award to Lisa Fleming. In addition, the outgoing Federation officers and board members were discharged by Rabbi Eric Cytryn, and the incoming officers and board members were installed, also by Rabbi Cytryn. In particular, Mark Maisel, who is no stranger to the Harrisburg Jewish community, having served in many leadership roles, was installed as the Federation's new president. (Look for an in-depth article about Mark in an upcoming Community Review.)

The final event on the program was the recognition of Federation staff and their years of service. Employees having worked five years and above were acknowledged. This was a new feature of the Annual Meeting, which was very much appreciated by the staff.

The evening ended with a delicious dessert reception, courtesy of Norman Gras Catering.



Newly-installed Federation President Mark Maisel; Federation CEO Margie Adelman; outgoing Federation President Steven Roth.



Harrisburg Jewish Youth Choir

A Senior Footnote

By Esther I. Boldes

December is here, and we are nearing the end of the calendar year. Here is a short review of the last few programs at the JCC Senior Adult Club:

In October, we hosted a program about supplemental health insurance, presented by Lee Wise or rather by his boss, who owns Longevity Alliance. They are paid by the insurance companies to advise clients on which supplemental insurance is best for their needs. The advice is free, but not without prejudice. As we all have been retired for a good while, there were not too many questions left to be asked.

Our good deeds for the year were: The lunch tables were painted once, and then a second time. Our next project was stuffing dolls for children in hospitals, a Hadassah project that needed our help.

We had plenty of music. Al Goodman is very knowledgeable, and instead of a plain sing-along program, we also learn something about the composers, the time in which they lived, and the history surrounding the various pieces of music. So, even if you are not a songbird, there is some merit to come to the program.

Our president's husband also presented a musical program. Bruce Bayuk played the piano and talked about remembering Glenn Miller, who was lost on a flight during WWII.

And then we had a much-needed Joke Day with Howard Ross, when everybody shared their favorite anecdotes.

In the beginning of November, the Educational Director of Beth El Temple, Bob Axelrod, talked about the Jewish perspective of how our civility has been eroded and that the problem is age old and does not just rest with our children, education and parents. He stressed that every child is born with a Yezer Tov and Yezer Rah, a choice of the good and the bad, and it is upon us to choose the good.

Professor Donald Koonos spoke about the advent of the Industrial Age and the promotion of the Arts by Marjorie Merriweather-Post. He also offered a very interesting and informative program on Theodore Roosevelt.

As you can tell, we have had some very different activities. Hopefully, at least one of them will motivate you to participate and come to be with us.

I also would like to remind you of our greeting card mailings. Our own Barbara Lock will be happy to write anything you wish for a birthday, bar/bat mitzvah, or any other occasion. The cost is so minimal compared to a store-bought card, and you save on the postage. You also support our Club with very little effort.

Shalom!

The Meaning of Hanukkah and Thanksgiving Celebrated on the same day in 2013

By Alyce Spector

Thanksgiving is more important than "having dinner with the Indians."

Hanukkah is more important than "eating potato pancakes fried in oil."

Thanksgiving is set on the fourth Thursday in November when President Lincoln established it in 1863. In 1941, Congress ruled Thanksgiving Day would be a legal Federal holiday. The Pilgrims came by ship from Europe to America, escaping religious persecution. They were welcomed by Native American Indians who helped in their settlement. The Pilgrims celebrated their new freedom and a new future by sharing together with their new friends the bountiful produce from the land.

Hanukkah has been celebrated since 165 B.C.E. (before the Common Era) when the Maccabees were victorious in defeating their persecutors. In commemoration of this event, candles were lit as a rededication and remembrance of their destroyed Temple in Jerusalem. The small amount of oil to light the candles lasted eight days. From ancient times until today this tradition has continued. Potato pancakes fried in oil is a reminder of this historical event.

Hanukkah and Thanksgiving, for the first time in our lifetime, have both fallen on the same day. Based on the Jewish calendar that is slowly changing with the solar calendar at a rate of 4 days per 1,000 years. According to the experts' calculations, these two holidays will again come together on Thursday, November 28, 79811. We must keep in mind until then the importance of both Hanukkah and Thanksgiving representing our thanks for the freedoms and provisions we have and need for our survival.

If you enjoy this article, or any other articles printed in the Community Review, we welcome your feedback.

HUNGER IS NOT A GAME

About 1 in every 6 people in the United States is hungry. That equates to approximately 43 million Americans. Let's put this number into perspective. In my school of 2000 students, it is estimated that 333 are not getting sufficient food each night. If you are in an elevator with 6 strangers, it is most likely that one will be hungry. The statistics are quite shocking. In fact, 12 million children in the United States are hungry and food insecure. Recently, I was able to attend a teen summit; Hunger is Not a Game, sponsored by BBYO. I was educated on the issues, both in the United States and globally.

At the summit held in Detroit, I engaged in many simulations teaching me about the lives of impoverished Americans. Poverty is the leading cause of hunger; other contributing factors include natural disaster, war, and agricultural failures. Hunger lends itself to poor health and nutrition. Other secondary problems associated with hunger include poor ability to focus and attend in school, as well as, lower self-esteem. We had the opportunity to volunteer at a massive Gleaners food bank that serves the needy in South Eastern Michigan. The majority of people who volunteered regularly were teens like me.

On the final night of the summit, all the attendees considered global views of poverty and hunger. We were presented

with the statistic that 1 billion people in the world are hungry. Then it was shared that there is more than enough food in the world's supply to feed the entire world's population. I became quite disturbed. We examined the current Food Stamp (SNAP) program in America and realized how poorly SNAP is managed. Still, it was disheartening to learn that that SNAP's funding, despite its flaws, is being cut by Washington's legislators, with no replacement program being offered.

On the day of my departure from Detroit, I was asked to consider strategies on how I could make an impact in my own community. All the teens wrote letters to President Obama highlighting our concerns for SNAP cuts and we learned how to communicate our concerns to local congressmen. Returning home with a desire to combat hunger and advocate this issue to my peers, I write this article with the hopes that you will join me, educate yourself, volunteer in your communities, and address your local representatives.

Hunter Joshua King
1st Regional Aleph Godol
BBYO Liberty Region #13

Community Review

Vol. 87 No. 25

December 13, 2013

(ISSN 1047-9996)

(USPS 126-860)

Published bi-weekly

by the Jewish Federation of

Greater Harrisburg,

3301 N. Front Street,

Harrisburg, Pa., 17110.

Subscription rate: \$50 per year

Periodicals postage paid at

Harrisburg, Pa., and

additional entry office.

Editorial Board Chairman

Bruce Bagley

Editorial Board Members

Margie Adelman

Bruce Bagley

Esther Boldes

Rabbi Carl Choper

Aaron Dym

Rita Gordon

Jeanette Krebs

STAFF

Editor

Patti Bromley

p.bromley@jewishfedhbg.org

Sales Director

Marty Lamonoff

717 232-6279

717-877-5973

lammie@aol.com

Design and Layout

Benchmark Group Media

Graphic Designer

Shawn Skvarna

Postmaster:

Send address changes

to Community Review,

3301 N. Front Street,

Harrisburg, Pa., 17110.

Mission Statement of

The Community Review:

Inform readers about local,

national and international

events of interest to Jews.

Promote Jewish values,

Jewish identity and a

sense of Jewish community

in central Pennsylvania.

The opinions expressed in the *Community Review* do not necessarily reflect the position of the Jewish Federation of Greater Harrisburg. *The Federation does not endorse any candidate or political party for any elected office.*

A copy of the official registration and financial information of the Jewish Federation of Greater Harrisburg may be obtained from the Pennsylvania Department of State by calling, toll free within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

SUCCESSFUL SUPER SUNDAY?*

YOU MAKE THE CALL...

Help support The Jewish Federation's Annual Campaign

Volunteer for Super Sunday

Claim your phone spot and sign up TODAY

Together WE can do Extraordinary things

 Steve Aaron	 Mark Maisel	 Steven Roth	 Rabbi Muroff		 Rabbi Males	 Beth Voystock					
 Rabbi Gewirtz	<p>January 26th 2014 9:00 AM—11:00 AM</p>					<p>January 26th 2014 11:00 AM—1:00 PM</p>					
 Maggie Grotzinger											
 Julie Halbert											
 Jill Henig											

 Jen Ross			 Andrea Lieber	
	<p>January 26th 2014 5:00 PM—7:00 PM</p>			
				
				
				

For more information volunteer contact:

Super Sunday Chair Alex Halper at alexjhalper@gmail.com
or Beth Romano at b.romano@jewishfedhbg.org or 236-9555 x 3204
or on-line at www.jewishharrisburg.org



David J. Remmel, P.E., SIOR
President

717-731-1990 Office
717-514-9469 Cell
remmeld@landmarkcr.com

20 Erford Road, Suite 215
Lemoyne, PA 17043
www.landmarkcr.com

ONCOR INTERNATIONAL

The Community Investor

By Howard Ross | Executive Director
Jewish Community Foundation of Central Pennsylvania



How are your donations used?

I write this having just returned from the General Assembly of the Jewish Federations of North America. This year's "GA" was held in Israel.

For the past 35 years, the GA has served to "recharge my batteries". As North America's Jewish communal leaders merge with Israel's economic, academic and political elite to explore how we, together, can work for the benefit of all Jews, the creative juices stir.

I returned to Harrisburg ready to approach the end-of year planned giving season with renewed vigor. I see with new lenses how your legacies save Jewish lives, educate Jewish children and enhance the quality of life for so many. I so much more appreciate every dollar donated to build a future for the world Jewish community.

You give your dollars to charities and they are deeply appreciated. But do you take a look at what your dollars do? Have you taken the time to observe the agencies and organizations to whom you send those dollars? Are the agencies using the dollars wisely? Are the needs real and are the goals being achieved?

When was the last time you looked at the 990 return of a charity to scrutinize what percentage of your donation is actually getting to the client? What percentage of your donation is going to administration?

Have you taken the time to "drop in" on the charity and actually see what your dollars are doing?

That is what we do every time we are in Israel. We see the dollars working on the ground. We see the efficiency of the operation and we explore the 990 to assure that your money is getting to the client's needs and not the organization's administrative needs.

The Foundation is here for you to query. We can assist you in scrutinizing the efficiency of the charity, the financial efficiency of your donation. We can also assist you in visiting the charity, especially if you are traveling to Israel and want to "drop in" on those to whom you have made donations.

We can do the same for American based charities. Familiarity with and the ability to look at the non-Jewish agencies are the expertise of Foundation staff. Use us; make sure your donations are going to the best causes. We are here for you.



Jewish Federation of Greater Harrisburg Snowbird Winter Change of Address Form

Name: _____

Permanent Address: _____

Phone: _____

Email: _____

Winter Address: _____

Winter Phone: _____

We're Leaving (date): _____

We're Back (date): _____

Forward the *Community Review* only

Forward all Federation mail

Forward all Federation mail

Please return this completed form to:

Beth Romano, Jewish Federation of Greater Harrisburg,

3301 N Front Street

Harrisburg, PA 17110

or email at b.romano@jewishfedhbg.org or call 717-236-9555 ext. 3204



Respecting those who have gone before us

by Howard Ross, Jewish Community Foundation

A couple of years ago, the Jewish Community Foundation of Central Pennsylvania accepted the mitzvah (or task) of taking care of a number of cemeteries in the coal-belt region where Jewish communities once thrived but now, with Main Street Jewish businesses gone, are left with few or no Jews.

The assets of perpetual care funds are invested by the Foundation to assure that there will be monies to care for the cemetery properties in perpetuity. The Foundation then assures that the properties are being maintained by hiring caretakers in the coal-belt communities to cut the grass, rake the leaves, trim the trees and other ongoing maintenance items.

Quarterly visits to the cemeteries to check the work and note infrastructure needs such as resetting leaning stones, filling in subsidence, sealing driveways, etc. and making arrangements to have deficiencies corrected, completes the ongoing scheduled job of completing the mitzvah. The cemetery committee of the Foundation oversees all of this.

Like any committee, new members are its lifeblood. The current committee needs new members of our Jewish community to join it in this mitzvah. Interested? Please call me at the Foundation, 236-9555 Ext. 3202.



Girl Time, a New Program of Jewish Family Service

By Denise Sheffield, Adoption Coordinator

AdoptionLinks of Jewish Family Service was recently awarded a grant for a new program, "Girl Time", through The Women's Fund of The Foundation for Enhancing Communities in Harrisburg, PA. With the assistance of this grant funding, I will attend the Girls Circle Foundation's Facilitator Training: Promoting Resiliency in Adolescent Girls. This workshop provides adults with a solid, progressive framework of skills to facilitate gender-responsive programs for girls. The Girl's Circle Foundation model focuses on a strengths-based program for girls and creates a safe space to address risky behaviors, building on protective factors, and improving relationships among girls. Girls will be introduced to gender-relevant and culturally responsive themes and activities that build skills in a form that interests and engages girls. Topics that might be covered as part of a Girl's Circle program include Diversity, Friendship, Relationships with Peers, Individuality, Body Image, Mother/Daughter Relationships and Paths to the Future.

AdoptionLinks will be utilizing this training in the Harrisburg community by first developing a program for tween girls who have been adopted from China and other Asian countries. When adopted "tweens" get together, such as at community cultural events, adoption agency activities, or by chance in school activities, they are often struck by how similar their experiences are. They may have felt different from their school friends and peers because they look different from their parents, or because they have experienced life in an orphanage or foster care. Adopted tweens are often asked questions by other children and parents alike that make them seem alien: "Talk Chinese to me." "Do you look like your real mom and dad?" "What's wrong with you that you had to get new parents?" "Why is your hair so funny, you can't do anything to it!" Each question causes the youths to ask themselves what is wrong with them, adding to the self-esteem and identity formation challenges inherent in adolescence. These types of situations cause adopted tweens in particular to feel bad about themselves. But

many girls lack a voice to talk about their experiences, and their differences. Even their parents struggle to find ways to help them express the challenges in words that adults can understand. After all, the parents may be part of mainstream culture, even when their children are minorities. The adoptive parents may not be sure how to help their children feel loved, accepted, and good about their differences as well as their commonalities.

AdoptionLinks believes that these tweens, like all tweens, deserve a voice: they deserve to learn what is special and unique about themselves, and to love and accept their differences. We also believe that this learning is best done with other tweens facing parallel struggles. By bringing girls with similar questions and concerns together, they will be supported by talking to each other about their experiences, as well as to learn from each other, and come to better know their own strengths.

AdoptionLinks will be offering closed-ended support group programs for adopted "tweens," those between 9-12 years old. The groups will focus on building self-esteem and



positive self-concept through supportive talk and activities designed to help girls recognize their value, and give a voice to their fears.

The first group will be geared to Adopted Asian Tweens followed by groups for other adopted tweens, such as those adopted from Eastern Europe, private adoption or from foster care. For more information about these upcoming girls groups for "tweens", please contact Denise Sheffield at Jewish Family Service of Greater Harrisburg at (717)233-1681 or dsheffield@jfsfobhg.org.

SUPPORT THE HARRISBURG JCC WHEN YOU SHOP ONLINE!!



- Harrisburg JCC has its very own internet shopping page!
- Shop at over 400 merchants, including Amazon, Best Buy, Target, and Walmart
- 5% of your purchases will come back to our JCC, at no additional cost to you.

Do your shopping from our website at your home or office!
Please bookmark the shopping site on your home and work computers: www.impactshopping.com/harrisburgjcc

Do your shopping when you are on the go!!! Enter our shopping site address to your internet browser on your phone and add a Shortcut to your Smartphone desktop and Tablet home screen
www.impactshopping.com/harrisburgjcc



Jewish Federation of Greater Harrisburg 2014 Annual Campaign!

Matching Gifts Program

Many companies will match the gift of an employee, retiree or spouse to the Jewish Federation of Greater Harrisburg.

Below is a partial listing of participating companies; check with your employer to see if your company should be included.

Call Beth Romano at 717-236-9555 ext. 3204 for more information.

AT & T Foundation Matching Gifts
Aetna, Inc.
Allstate Insurance Co.
Bon Ton Stores Foundation
Cingular Wireless
Exxon Corporation Matching Gift Program
Home Depot
The GAP
General Electric Foundation Matching
H & R Block, Inc.
IBM

John Hancock Mutual Insurance
Kemper National Insurance Companies
Merrill Lynch Matching Gifts Program
NAI/CIR Charitable Giving Program
Sherwin Williams
Time Warner
Tyco
Verizon Foundation
Wachovia Foundation Matching Gifts

For a full list, please visit our website at www.jewishharrisburg.org on the Annual campaign page

Make the most of your gift to the
Jewish Federation of Greater Harrisburg



3301 North Front Street, Harrisburg, PA 17110-1436
717-236-9555 ~ www.jewishharrisburg.org

AL BRYANT, PAST JCC PRESIDENT, COMMUNITY LEADER PASSES AWAY

The Jewish Federation of Greater Harrisburg family mourns the passing of Albert I. Bryant, past JCC President and devoted community leader. We offer our sincere condolences to Al's family.



Albert I. Bryant, 90, of Harrisburg passed away on Monday, December 2, 2013 at his residence. He was born on September 19, 1923 in Brooklyn, NY to the late Harry and Minnie (Dick) Bryant. Al was a 1939 graduate of Townsend Harris High School in New York City. After high school, he attended Syracuse University. Al then enlisted in the Army Air Corps where he proudly served as a fighter pilot during WWII. He flew missions in the Pacific Theater and flew cover for the Enola Gay when it dropped the atomic bomb on Hiroshima. He achieved the rank of 1st lieutenant.

After his discharge from service, Al moved to Harrisburg where he worked for Jacobson & Co. and later moved to Philadelphia to take the position of vice president of the company. He worked with the company for 20 years before moving back to Harrisburg to start his own companies, Al Bryant Inc. and Noise Measurement Corp. He ran them until his retirement in 1990.

Throughout his working life, Al served president of the Central PA Contractor's Association, the Building Construction Employer's Association and the American Subcontractor's Association of PA. He served as a board member of the Harrisburg Builder's Exchange.

Al was involved in his community and served as president of the Bryant Family Foundation which supports local charities, The Friendship Force of Greater Harrisburg; the Leukemia Society of Central PA and the Sertoma Club. He was chairman of the Title 1 Committee of Susquehanna Twp. School District; treasurer of the Tri-County UCP, a board member of the Tri-County United Fund, and a member of the Advisory Board of Commonwealth National Bank. Al was a 20-year member of SCORE where he served as chairman and was awarded Platinum Status. He was also on the board of CHANNELS. Al was a long-term member of Temple Ohev Sholom and was a co-chairman of their Russian Resettlement Program. He was the recipient with Marcia of the Jewish Family Service "Spirit of JFS" Award. He was the chairman of the Architectural Design Committee of "The Residence" at the Jewish Home, and he was the president of the Jewish Community Center of Harrisburg. Albert was very active in local community theater and was a past president of Harrisburg Community Theatre.

Albert loved to travel both cruises and land trips. He visited 6 continents. He also worked as a gentleman host with several cruise lines for 3 years. His favorite country to visit was New Zealand, which he visited 3 times. His favorite pastimes were playing golf, bridge and poker, both at which he was accomplished.

Albert was the devoted, loving patriarch of his large family. He always put his family first; his wisdom and advice will be dearly missed. Albert is survived by his beloved wife of 20 years, Marcia; his son Arthur Bryant; his three daughters, Helene Webb and husband William, Rikki Bryant and husband Eric Brenner, and Robin Kuhn; his three stepsons, Michael Shapiro and wife Jennifer, Richard Shapiro and Yvette, and Matthew Shapiro and wife Michelle; his stepdaughter Cynthia Wertz and husband Victor; his two sisters, Barbara Danowitz and husband Harvey and Muriel Fielo; and his brother-in-law Meyer Osofsky; his 9 grandchildren, 9 step-grandchildren, 5 great-grandchildren and several nieces and nephews. Al was preceded in death by his wife Delores Baxter Bryant; his sister Aileen Osofsky; his daughter-in-law Nancy Johnson; his son-in-law Albert G. Kuhn; his brother-in-law Julius Fielo; and Marjorie Bryant, the mother of his children.

Funeral services were held on Wednesday, December 4th at Mt. Moriah Chapel and Cemetery, with Rabbi Peter Kessler officiating. Memorial donations may be made in Al's name to the Cystic Fibrosis Foundation, 2408A Park Dr., Harrisburg, PA 17110; Temple Ohev Sholom, 2345 N Front St, Harrisburg, PA 17110; Jewish Family Service, 3333 N Front St, Harrisburg, PA 17110 or to a charity of your choice. To leave an online condolence to the family, please visit us at HetrickBitner.com or on Facebook.

IT'S THAT TIME OF YEAR AGAIN!!! ORDER YOUR 2014 MAH JONGG CARDS TODAY

The Harrisburg JCC Senior Adult Club is once again selling the National Mah Jongg League's card for 2014.

The price of the 2014 card is \$8.00 for a standard card and \$9.00 for a large print card.

Please make your checks payable to the Harrisburg JCC Senior Adult Club and mail them to:

**Cheryl Yablon
Harrisburg JCC
3301 N. Front St.
Harrisburg, PA 17110**

By January 29, 2014. The Mah Jongg League will mail your card to you in the spring. Thank you. Cheryl

BE A COUNSELOR-IN-TRAINING (CIT) AT THE JCC DAY CAMP

Make a difference in the life of a child. Spend the summer with the JCC Day Camp getting on-the-job training and experience working with children. As a CIT, you will learn basic information on child development, behavior modification, and "kid relating" skills. CIT's get hands-on experience working with a group and planning and implementing camp wide events.

Limited spaces are available. For more information or to receive an application, please contact Terry Fisher at 236-9555, ext 3121 or t.fisher@jewishfedhbg.org. Applications are due by December 31, 2013. Must be entering grades 9 and 10 as of September 1, 2014.

JOIN THE SENIOR ADULT CLUB FOR NEW YEAR'S DECEMBER 31, 2013 ENTERTAINMENT BY BARON TAYLOR



Baron Taylor is a certified hypnotherapist and forensic hypnosis investigator, practicing in Harrisburg. Since 2011, Inception Hypnotherapy has become well-known for helping people with problems such as smoking cessation, weight management, pain management, public speaking, self-esteem, fears of all kinds, anxiety, IBS, PTSD and a host of other issues.

On the lighter side, Baron enjoys providing entertainment with comedy stage hypnosis. It is a wonderful way to get people laughing, and also explain a bit about how hypnosis works.

Join us for lunch and a fun afternoon. For reservations, call Cheryl at 236-9555 Ext. 3115 by December 24, 2013.

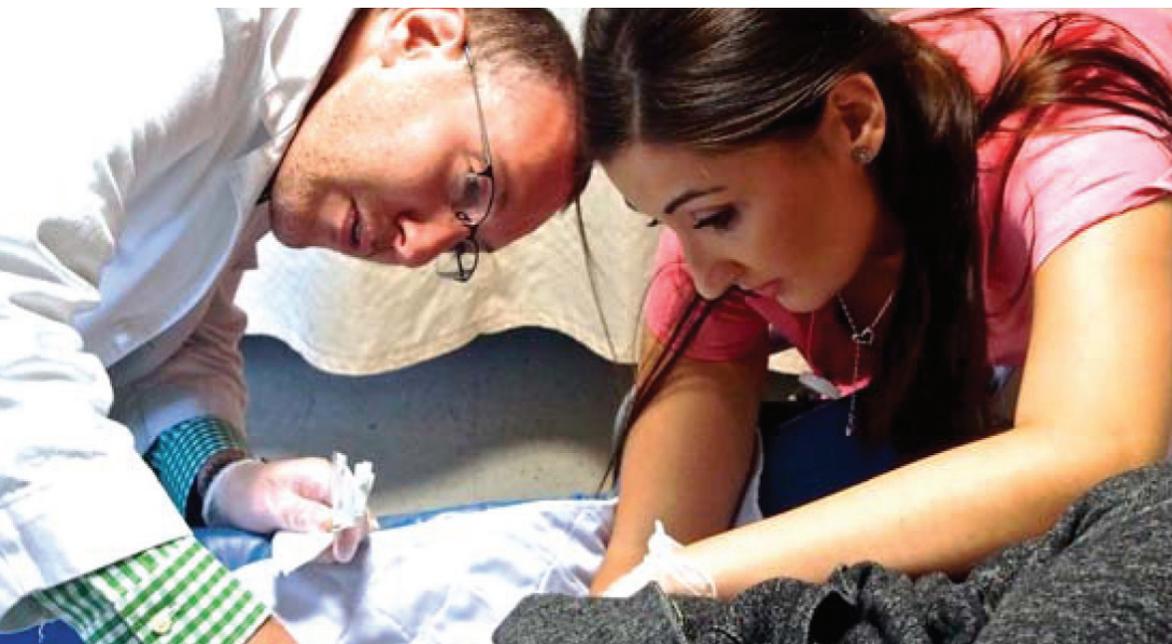
JCC Members Enjoy Turkey Day Hoops



On Thanksgiving Day, the Sports and Fitness Department hosted its annual Turkey Day Hoops program. Families played basketball and ran around the gym to get a little exercise before enjoying their family dinners.

COMMUNITY REVIEW AD DEADLINES
DECEMBER 27, 2013 ISSUE
DEADLINE, DECEMBER 13, 2013
JANUARY 10, 2014 ISSUE
DEADLINE, DECEMBER 27, 2013
CALL MARTY LAMONOFF TO RESERVE YOUR
AD SPACE OR TO OBTAIN A CONTRACT
717-232-6279 • CELL: 717-877-5973
FAX: 717-232-2177
E-MAIL: lammie@aol.com

The Wound Care Team at the Jewish Home



Bedsore, the common term for decubitus or what now are more commonly called pressure ulcers, have met their match at the Jewish Home. Two highly trained and experienced individuals, a physician and a nurse, now provide early detection and effective treatment of pressure ulcers.

Katarina Dodik, RN, first worked as LPN on the Jewish Home Campus. Now, armed with her RN and licensure -

AND pursuing her Master's Degree in Nursing - is our Wound Care nurse. Her responsibilities include preventing, detecting and working to heal pressure ulcers whether residents arrived with them or developed them after they entered the Home.

Working with Katarina is Dr. Aaron Blom, a general surgeon certified as a Wound Care specialist. Dr. Blom, who has spent virtually his entire

career - from undergraduate through medical school and post-graduate study in Philadelphia - recently joined the staff at the Home, where he performs medical and minor surgical management of pressure ulcers.

Katarina is meticulous as she inspects suspicious areas for the ulcers, and just as meticulous as she treats problems. She is active in nursing education, training staff in ways to avoid pressure

ulcers, and also in being especially alert to potential sores. Katarina makes daily rounds on all wound residents and is in regular contact with Dr. Blom; since she began working in Wound Care at the Jewish Home, the percentage of residents with wound problems has dropped from 7.5% to less than 2.5%.

The Jewish Home is one of the very few skilled nursing facilities that have on staff both a Wound Care nurse and a physician certified in Wound Care.

Pressure ulcers can develop quickly, and often present a challenge to heal. Dr. Blom and Ms. Dodik assess all suspected or potential pressure ulcers, and decide how to manage them. They may instruct staff to reposition on a rigid schedule any residents whose skin shows even the slightest suspicious reddening. Sometimes, they will ask nursing staff to use special mattresses and other supports to keep suspect areas free from pressure. They may use special skin barrier creams to help delicate skin from getting wet and breaking down. And if

infection is present, Dr. Blom can perform minor surgery right at the resident's bedside to remove the necrotic tissue that is a component of a pressure ulcer. Or, in any infection is present, he may prescribe antibiotics to treat the infection. Another option in D. Blom's armamentarium is treatment with chemical enzymes and special dressings to assist dead tissue to break down and assist healthy tissue to grow.

Their work may also include evaluating an at-risk resident for nutritional status, because poor health or poor nutrition may predispose to pressure ulcer. If they decide poor nutrition exists, they will work with the dietitian to increase the resident's protein and/or general caloric intake.

Together, Katarina Dodik, RN, and Dr. Aaron Blom comprise the Jewish Home's formidable team that prevents or manages pressure ulcers, the age-old scourge of the bedridden elderly and a problem that for many centuries has endangered the elderly and the bedridden, and has confounded those who care for them.

FAMILY GAME NIGHT AT BETH EL TEMPLE DECEMBER 24

A congregational Social and Game Night, sponsored by Beth El Chaverim, the young adults group at Beth El Temple, will take place on Tuesday evening, December 24. Following minyan, festivities get underway at 5:45 p.m. in Rosen Sisterhood Hall with a delicious deli buffet supper. Music, board games, family fun—something for everyone.

Cost is \$20 per adult, no charge for children 16 and under, with a \$50 maximum per family.

Many thanks to our Chaverim group for coordinating this congregational social. Please RSVP to the Beth El Temple Office at 232-0556 by December 17. We hope to see you!



GiantFoodStores.com

We carry a full line of all your favorite kosher products!



Empire Whole Roasting Chicken

Frozen



\$2.49 /lb.

Tillapia Fillet

Fresh, Farm Raised



\$6.99 /lb.

Aarons Chicken Drumsticks

Small Pack



\$2.99 /lb.

Sliced Beefsteak Breads

Rye, Pumpernickle & Marble Varieties
26 oz. pkg., Kosher Pareve



\$2.99 /ea.

2300 Linglestown Rd., Harrisburg • 5074 Jonestown Rd., Harrisburg
32nd St. & Trindle Rd., Camp Hill

Open 24 Hours/7 days a week for your convenience! Prices effective 12/13–12/26/13

Not all items available in all locations

Kesher Israel Congregation Puts the "Thanks" in Thanksgiving

By Rabbi Akiva Males



For the thirteenth year in a row, Kesher Israel Congregation prepared and served a full Thanksgiving meal (this year's even included delicious Latkes and jelly donuts in honor of Chanukah!) to Harrisburg's on-duty firefighters. In 2010, this program was expanded to include Harrisburg's on-duty police officers as well. Rather than spending Thanksgiving at home with family and friends, these hard-working local heroes were on call keeping our neighborhoods safe. Sharing a full Thanksgiving feast with them is KI's annual way of expressing its appreciation for their efforts on our behalf.

KI began this Thanksgiving program at the suggestion of Rabbi Dr. Chaim Schertz and Mark Powers in 2001. This effort followed the devastating attacks of 9-11 that occurred just months before. The loss of so many heroic firefighters that day caused the nation to realize how much those previously unsung heroes were willing to sacrifice for the public's sake.

KI's Thanksgiving program has attracted much attention outside of Harrisburg. Many other congregations and Jewish organizations have contacted KI to learn how they could bring this project to their own communities. In fact, last year, the Orthodox Union encouraged all its affiliated synagogues to emulate KI's Thanksgiving tradition.

As in past years, this heart-warming program was made possible by many volunteers and sponsors who generously gave of their time and resources -- most notably, our friendly Linglestown Rd. Giant which donated seven frozen Empire turkeys.

Preparing and serving a full Thanksgiving feast for 70 plus appreciative local heroes took a lot of work, and KI thanks everyone who joined in making this program possible.

Kesher Israel Congregation's Rabbi Akiva Males can be reached at rabbimales@yahoo.com

WEDDING ANNOUNCEMENT



Ricci and Michael Doctrow, together with Debra and Richard Freeburn, happily announce the marriage of their children, Emily and Gregg. Their wedding took place at Chisuk Emuna Congregation on November 9th. Emily and Gregg are happy to call Harrisburg their home!

BREAKFAST 'N LEARN AT BETH EL TEMPLE SUNDAY, DECEMBER 15

The Breakfast 'n Learn series at Beth El Temple continues on Sunday, December 15 with a very topical, not-to-be-missed program. "Social Media: It's Time to Join the Conversation, But Which One?—From Facebook to Vine, and LinkedIn to Pinterest, Learn About How Social Media Has Changed the Way We Communication. Don't Leave Your Hashtags at Home!"

Our guest speaker is Max Pearlstein, the Director of Online Marketing for Dickinson College. Max oversees the design and content of Dickinson's web presence, including the college's website and social media channels. Max came to higher education after working as a broadcast journalist for both public and commercial television stations in New England.

Following Sunday morning minyan at 9:00 a.m., please join us at 9:30 a.m. in Rosen Sisterhood Hall for a light breakfast before the program which begins at 10:00 a.m. A \$5 donation is requested to cover the cost of refreshments.



JCC SENIOR ADULT CLUB'S ANNUAL NEW YEAR'S LUNCHEON

**Lunch served at 12:00 Noon
Tuesday, December 31, 2013**

RESERVATIONS ARE A MUST!!!

Deadline December 24th
Call 236-9555, Ext. 3115

Donation: \$10.00 Per Person, Members
\$20.00 Per Person, Non-Members

Catered by Norman Gras
Enjoy a toast with your friends!

Entertainment by
Hypnotist – Baron Taylor
From 12:00 pm to 2:00pm

Dave Bright

All Around Handyman:

Painting (Int./Ext.) • Power Washing
Home Organization • Cleaning • Household Repairs
Window Washing • Deck Staining • Picture Hanging
Car Detailing • Lawn Maintenance

**REFERENCES FURNISHED UPON REQUEST
NO JOB TOO SMALL**

717.525.0858

aew1981@hotmail.com

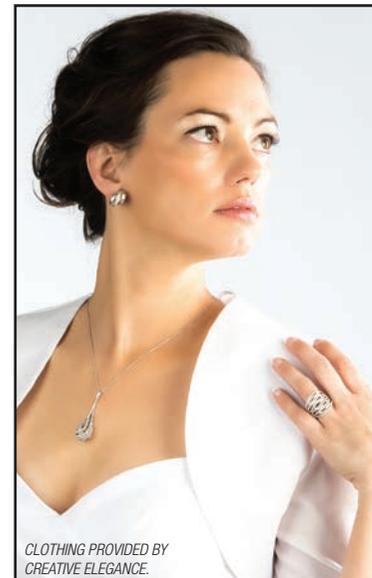
H.L. BOWMAN
INCORPORATED

Over 70 years of family-owned and operated knowledge at your doorstep!
(A non-commission based company)

(717) 561-1206
www.hlb Bowman.com

Plumbing, Heating & Air Conditioning

2259 Woodlawn Street Harrisburg, PA 17104 mail@hlbowman.com



CLOTHING PROVIDED BY
CREATIVE ELEGANCE.

This holiday season
let her feel the
Warmth
of rose gold...

Mollie B

**DISTINCTIVELY DIFFERENT
FINE JEWELRY AND GIFTWARE
REPAIRS DONE ON PREMISES**

2017 LINGLESTOWN ROAD • HARRISBURG
BEAUFORT FARMS PLAZA • 540.9040
WWW.MOLLIEBJEWELRY.COM
EXTENDED HOLIDAY HOURS - PLEASE CALL FOR TIMES

TEXT MOLLIEB TO 90947
FOR MOBILE DEALS AND UPDATES

MMSA

MARTIN M. SACKS & ASSOCIATES, CPAs

4775 Linglestown Road, Suite 100
Harrisburg, PA 17112

(717) 657-1300
FAX: (717) 657-0987
EMAIL: mail@mmsacpa.com
www.mmsacpa.com

Martin M. Sacks, CPA
1926-1983
Robert J. Blazina, CPA

Richard A. Bluis, CPA
Martin J. Flannery
Andrea D. Johnson, CPA

BETH EL TEMPLE

232-0556 | www.betheltemplehbg.org

Minyan 7 a.m. daily and 5:30 p.m.

Sunday morning at 9:00 a.m.

Friday night Kabbalat Shabbat 6:00 p.m.

Shabbat morning service 9:15 a.m.

Saturday night mincha/maariv/havdalah at same time as Friday evening candlelighting time

Tuesday, December 17: Adult Education Series with Rabbi Cytryn, 7:15 p.m. "Judaism as a Limited Partnership: The Rabbinic Imagination Takes on Creation."

Sunday, December 15: Breakfast 'n Learn, 9:30 a.m. Max Pearlstein on "Social Media: It's Time to Join the Conversation, But Which One? — From Facebook to Vine, and LinkedIn to Pinterest, learn about how social media has changed the way we communicate. Don't leave your hashtags at home!"

Wednesday, December 18: Board of Directors Meeting, 7:00 p.m.

Friday, December 20: Tot Shabbat, 5:30 p.m. Congregational Dinner, 6 p.m. Kabbalat Shabbat, 7 p.m. Junior Congregation, 7 p.m.

Tuesday, December 24: Congregational Family Social Evening with Dinner and Games, sponsored by Chaverim, 6:00-8:30 p.m.

Saturday, January 4: Mini Congregation for pre-K's, 11:00 a.m.

Saturday, January 11: "Board Shabbat" — Beth El Temple Board members lead Shabbat morning service.

Sunday, January 12: Chaverim Bagel & Coffee Social, 10 a.m.

Sunday, January 12: Social Action Volunteering at Central PA Food Bank, 1-3 p.m.

Tuesdays, January 14, 21, 28 & February 4: Adult Education Series with Rabbi Cytryn, 7:15 p.m. "Believing and Its Tensions."

Saturday, January 18: Java 'n Torah, 9:00 a.m. Interactive study before Shabbat morning service.

Wednesday, January 22: Executive Committee Meeting

Friday, January 24: Tot Shabbat, 5:30 p.m. Congregational dinner, 6:00 p.m. Kabbalat Shabbat, 7:00 p.m. Junior Congregation, 7:00 p.m.

PUBLIC SERVICE ANNOUNCEMENT

CHISUK EMUNA CONGREGATION

232-4851 | www.chisukemuna.org info@chisukemuna.org

Weekly Minyan times:

Sunday mornings at 8:30 a.m.

Monday, Thursday mornings, 6:50 a.m.

Tuesday, Wednesday and Friday mornings, 7 a.m.

Sunday through Thursday evenings, 7:15 p.m.

CONGREGATION BETH ISRAEL

Lebanon | 273-2669

Visit the Congregation Beth Israel Web Site at www.congregation-beth-israel.org

All are welcome to our egalitarian services: Sundays at 9 a.m., Thursdays at 7:30 a.m. Our Shabbat services, led by Rabbi Paula Reimers, are at 7:30 p.m. on Friday evenings and on Shabbat morning at 9:30 a.m. followed by Kiddush.

PUBLIC SERVICE ANNOUNCEMENT

CONGREGATION BETH TIKVAH

Carlisle | 245-2811 | www.bethtikvah.org

PUBLIC SERVICE ANNOUNCEMENT

HISTORIC B'NAI JACOB

Middletown | 319-3014 | www.bnai-jacob.org

Historic B'nai Jacob Synagogue, Water and Nissley Streets in Middletown, offers a schedule Shabbat Services. We are a Community Shul - all are welcome. Visit our website or call our Voicemail, 717-319-3014

PUBLIC SERVICE ANNOUNCEMENT

KESHER ISRAEL CONGREGATION

238-0763 | www.kesherisrael.org

Participate in our daily Minyanim. Mornings: Sundays and Federal holidays at 8 a.m., Monday through Friday at 6:45 a.m. Rosh Chodesh and fast days at 6:30 a.m. Evening services begin at 20 minutes before sunset. Please join us for our 9 a.m. Shabbat morning services - followed by kiddush.

PUBLIC SERVICE ANNOUNCEMENT

TEMPLE BETH SHALOM

697-2662 | www.tbshalom.org

Due to the fact that Rabbi Gendra will be on a six-month Sabbatical after September 17, Temple Beth Shalom will hold twice-monthly Saturday morning services conducted by Dr. Manel Frau. The schedule is as follows:

The Friday evening schedule remains unchanged – Services at 7:15 p.m.

December 14: No Saturday morning services

December 21: Saturday morning services, 9 a.m.

December 28: No Saturday morning services

January 4, 2014: No Saturday morning services

January 11, 2014: 9 a.m., Saturday morning services, 9 a.m.

Contact: Jenny Kornfeld, TBS Ritual Chair, jenmarc55@comcast.net

To find out more about our programs and events, visit www.tbshalom.org or contact us at tbs.temple@verizon.net.

PUBLIC SERVICE ANNOUNCEMENT

TEMPLE OHEV SHOLOM

233-6459 | www.ohevsholom.org

Friday, December 13: Tot Shabbat Service, 6:00 p.m., Lehrman Chapel and Family Shabbat Service, 7:30 p.m., Sanctuary

Saturday, December 14: B'nai Mitzvah, 10:30 a.m., Sanctuary

Friday, December 20: Shabbat Service, 7:30 p.m., Sanctuary

Friday, December 27: Shabbat Service, 6:00 p.m., Joint Services with Beth El Temple at Beth El

community calendar

SATURDAY, DECEMBER 14

"THE WEDDING SINGER" musical, 7:30 p.m., JCC

SUNDAY, DECEMBER 15

Youth Musical "THE WEDDING SINGER" musical, 2:00 p.m., JCC

TUESDAY, DECEMBER 17

Senior Lunch Program, 10 a.m., JCC, Program: "The Jewish Perspective" with Bob Axelrod, 12:30 p.m.

THURSDAY, DECEMBER 19

Senior Lunch Program, 10 a.m., JCC, Program: Sing-along with Al Goodman

TUESDAY, DECEMBER 24

Senior Lunch Program, 10 a.m., JCC, Program: Movie Day, "As the Clouds Roll By" – biopic of American Broadway Composer Jerome Kern

WEDNESDAY, DECEMBER 25

OFFICES CLOSED

Pool Open 7 a.m. – Noon | Fitness Center Open 7 a.m. – 2 p.m.

THURSDAY, DECEMBER 26

Senior Lunch Program, 10 a.m., JCC, Program: Work on dolls for children in hospital

PUBLIC SERVICE ANNOUNCEMENT

DOROTHY M. ABEL

Dorothy M. Abel, 84, of Harrisburg, passed away Monday, November 25, 2013, in the Jewish Home of Greater Harrisburg. Born March 8, 1929, in Harrisburg, PA, she was the daughter of the late Park and Mildred (Signor) Smaling, Sr. In addition to her parents, she was preceded in death by her husband, Albert Abel, her brother, Park Smaling, Jr., and a stepson, Lawrence Abel.

Dorothy retired from the Dauphin County Courthouse and worked part time for Central Fill-Express Script. She was an avid Eagles, Phillies and Flyers fan and loved gardening.

Dorothy is survived by two daughters; Lydia Appleby and her husband, Rick, of Hummelstown, and Diane Riskie and her husband, Richard, of Arnold, MD; a son, Stephen Abel and his companion, Judi Sarkees, of West Chester; 3 granddaughters, Jennifer Doud, Catherine Riskie, and Rebecca Gannon; 2 great grandsons, John Joseph Doud, Jr. and Benjamin Arthur Gannon; her sister, Dolores Ortenzio of Palmyra, a brother, Earl Smaling of New Cumberland, and her special friend and caregiver, Jeanne Eckman.

Funeral services were held on Friday, November 29th in the Neill Funeral Home, Harrisburg, with burial in Mt. Moriah Cemetery, Harrisburg. In lieu of flowers, memorial contributions may be made to the Frontotemporal Degeneration Association, AFTD, Radnor Station Building 2, Suite 320, 290 King of Prussia Road, Radnor, PA 19087, attn.: Cortical Basal Ganglionic Degeneration, or to the Humane Society, 7790 Grayson Road, Harrisburg, PA 17111

FREDA ROSENSCHEIN LEDERER

Freda Rosenschein Lederer, 88, passed away on Monday, November 25, 2013 at her residence. Freda was born on January 6, 1925 in what was then Munkacs, Czechoslovakia, to the late Yehoshuah and Regina (Weinberg) Rosenschein. She was the only daughter among 5 children, in a family that struggled to make ends meet. She excelled in her schoolwork, but World War II interrupted her education.

After Nazi Germany occupied Czechoslovakia in 1944, Freda, her family and the entire local Jewish population were forced into a ghetto created in Munkacs by the Nazis. Several weeks later, the occupants of the Munkacs ghetto, including Freda, were

forcibly shipped in cattle cars to the Auschwitz death camp. Both of Freda's parents and one of her four brothers perished at Auschwitz. Freda was forced into slave labor in a Nazi armaments factory.

As the Nazi regime began to collapse in 1945, Freda was among those who survived the death march to the Bergen-Belsen concentration camp. She was terribly ill with typhus when the prisoners at Bergen-Belsen were finally liberated by the British in April 1945. After receiving life saving medical care by British medical teams, Freda was allowed to enter Sweden as a refugee where she spent a year living in the warm embrace of a Jewish family in Gothenburg.

Freda returned to Eastern Europe sometime in 1946 after discovering that three of her brothers had survived the war. Reunited, they made their way to the American Occupation Zone in Germany, where Freda found employment with the American Occupation Government. There she met her future husband, Steve Lederer of Kaposvar, Hungary, also a Holocaust survivor.

Freda and her brothers were eventually admitted to the United States, and Freda quickly moved to Montreal, Canada in order to join her fiancé, Steve. They married in Montreal in 1949 and several years later were able to rejoin her brothers in America where they had settled in Harrisburg, Pennsylvania. With the support of the Harrisburg Jewish Community, Freda, Steve and her brothers were able to start their own dry cleaning business, which continues to thrive today as Quality Cleaners in Lemoyne, Pennsylvania.

In addition to raising three children and working in the family business, Freda was able to resume her education and earn an Associate Degree from Harrisburg Area Community College. She continued to go to work at the Quality Cleaners store every day until several months before her death, just 6 weeks before her 89th birthday. She continually impressed family members, friends, and customers with her desire and enthusiasm to keep working, but her true passion was her family. She was completely devoted to her children, grandchildren and great-grandchildren. She also loved her sister-in-law and closest friend Yolanda Rosenschein. They spoke every day for decades, including the day before Freda passed away.

Freda is survived by her two

sons: Ernie Lederer (wife Helene) and Ken Lederer (wife Monica McManus); her daughter Vivian L. Blanc (husband Haim); 5 grandchildren: Maya Colonna (husband Lee), Eitan Blanc, Tamar Blanc, Steven Lederer, Robyn Lederer; and 4 great grandchildren: Jackson, Zaibryn, Sullivan and Scarlet Colonna.

Funeral services were held on Wednesday, November 27th at the Keshet Israel Cemetery, Harrisburg with Rabbi Akiva Males officiating. Memorial contributions may be made to the Keshet Israel Congregation, 2500 N 3rd St, Harrisburg, PA 17110 or to Hospice of Central PA, 1320 Linglestown Road, Harrisburg, PA 17110. If you would like to leave an online condolence to the family, please visit us at HetrickBitner.com or on Facebook.

IDELLE S. SCHWARTZ

Idelle S. Schwartz, 83, of Harrisburg, passed away on Thursday, November 28, 2013, at PinnacleHealth Community Campus Hospital. She was born in Harrisburg on October 30, 1930 to the late Samuel E. and Alba (Levin) Rochman.

Idelle retired from the Commonwealth of Pennsylvania Liquor Control Board. She was a member of Beth El Temple and Keshet Israel Congregation and was a member of the Sisterhoods of both synagogues. She was also a member of the Order of the Eastern Star, Estrellita 512 Chapter and was a graduate of William Penn High School. She attended Penn State and was a Washington Redskins fan. She traveled the world, was a life time pet lover and cat owner. She loved reading, opera and theater.

Idelle was preceded in death by her husband, Stanley M. Schwartz. She is survived by her two brothers, Herbert B. Rochman, Marlin B. Rochman, both of Susquehanna Township; longtime friend Karen Steinrock and several nieces and nephews. She will be missed by many friends of all creeds and religions.

Funeral services were held on Friday, November 29th at Keshet Israel Cemetery Chapel with Rabbi Akiva Males officiating. Burial was in the Keshet Israel Cemetery.

Memorial donations can be made to the Humane Society of Greater Harrisburg, 7790 Grayson Road, Harrisburg, 17111. To share on-line condolences, please visit www.HetrickBitner.com or their Facebook page.



BRACHENDORF MEMORIALS, INC.

REPRESENTATIVE: JOHN MCGINNESS

2131 HERR STREET • HARRISBURG, PA 17103

PHONE (717) 234-7909 • FAX (717) 234-7900

E-MAIL: BRACHENDORF@COMCAST.NET

ALL MAJOR CREDIT CARDS ACCEPTED

We are honored to be selected as the funeral home for the Jewish Community.

We have served the greater Harrisburg community for over 70 years and are committed to helping families before, during and after their time of need.

If you have any questions or concerns during this time of transition, please call either Nathan Bitner or Graham Hetrick at 545-3774 and we will be happy to assist any of your needs.

Hetrick-Bitner Funeral Home, Inc

3125 Walnut Street
Harrisburg, PA 17109
(717) 545-3774
Nathan Bitner, Supr

CANDLELIGHTING

December 13..... 4:23 p.m.

December 20..... 4:26 p.m.

December 27..... 4:30 p.m.

DRIVER SERVICES

NEW YORK, PHILADELPHIA
BALTIMORE, WASHINGTON
AND FLORIDA.

YOUR CAR OR MINE

HOWARD GALE

717-731-0556

We are very grateful for the love and support we received from family and friends following the passing of our beloved Goldie. Deepest thanks for your kindness and generosity.
Charles Chiplowitz
Holly Vogel

Romberger Memorials

STEVE BOMGARDNER

Office: 717-232-1147

visa and m/c accepted

www.rombergermemorials.com

HELP US

ENRICH AND CELEBRATE JEWISH LIFE

TOGETHER



EXTRAORDINARY THINGS

SUPPORT THE 2014 ANNUAL CAMPAIGN
OF THE JEWISH FEDERATION OF GREATER HARRISBURG



Jewish Federation
OF GREATER HARRISBURG

THE **STRENGTH** OF A PEOPLE
THE **POWER** OF COMMUNITY

(717) 236—9555 ext. 3204
www.jewishharrisburg.org