THANKSGIVUKKAH: A ONE IN A LIFETIME EVENT!

On Thursday November 28, at the same time that we sit down to give thanks with traditional foods such as turkey, gravy, mash potatoes and cranberry sauce, Jews across the county will have another holiday to celebrate...Hanukkah. Hanukkah dates back to the 165 B.C. defeat of King Antiochus, whose Greek-Syrian forces had defiled the temple in Jerusalem. The holiday celebrates a miracle that took place when the Jews rededicated the temple: They had only a tiny flask of ritual oil to burn in its sacred lamp, yet the oil lasted eight days, long enough to make more. It starts on the 25th of the Jewish month of Kislev, which coincides with late November-late December on the secular calendar.

This year, we’re celebrating Thanksgivukkah! How does this happen? How to celebrate? What to eat? I am sure these are the questions you are asking yourself about this monumental holiday, and we are here to help.

How Does this Happen?: Hanukkah begins at sundown, the Jewish holiday will actually start on Wednesday, November 27, but Thanksgiving Day will also be the first full day of Hanukkah. Just how rare is this? Well, the two holidays would’ve overlapped in 1861, but Thanksgiving wasn’t formally established until two years later, in 1863. That means Thanksgivukkah has never happened before—and it won’t happen again until 7981.

How to celebrate?: Transform your Thanksgiving table into a Thanksgivukkah table with “Menurkey.” This menorah/turkey hybrid is called a Menurkey thanks to one creative New York City innovator named Anthony Weintraub who commissioned his 9-year-old son Asher to design a ceramic or plaster turkey table ornament with nine candle holders in the back — the number needed for a Hanukkah menorah. This is the perfect time to buy a new menorah!

What to eat?: This is the million-dollar question, what to serve at your Thanksgivukkah dinner. What about a Manischewitz-brined turkey, pecan-pie rugelach, a cornucopia of gelt, and lots more. The possibilities are endless with mash-up meal ideas. For example, why not make a sweet potato bourbon noodle kugel, challah apple stuffing or a rye pumpkin pie. To see how to make these delicious dishes, please check out our Facebook page starting November 4th when we will start posting the recipes.

Put your pilgrim hat atop your kippah, douse your latkes with gravy and stuff your cornucopia full of gelt, because we’ve got a once-in-a-lifetime holiday to celebrate!

Please send us your Thanksgivukkah celebration photos to be featured in a future issue of the Community Review to Lauren Jacobs at l.jacobs@jewishfedbhg.org
Verdi's Hebrew Opera

NABUCCO (Abbr)
NEBUCHADNEZZAR

605-562 B.C.E.

By Alyce Spector

On Sunday, October 6, 2013, Mort and I saw the Opera, NABUCCO at the Philadelphia Academy of Music. The Opera was spectacular in its music, singing, staging and story. The crystal, gold and burgundy velvet interior of the Academy Theatre was as beautiful as the Met or any European Opera House.

NABUCCO was first performed in Milan, Italy in 1842 at Theatre La Scala. The Philadelphia Academy of Music was built in 1857 patterned after La Scala. The composer, Giuseppe Verdi’s third opera NABUCCO made him famous. Opera was a form of communication, delivering to the audience political and social situations of the day. These dilemmas would encourage people to engage in conversation and education.

During this time, 1840’s, Austria occupied Italy. Verdi used biblical history to compare the Babylonian occupation of the Hebrews to the Austrian occupation of the Italians.

In telling the story of King NABUCCO and his edicts to kill all the Hebrews, Verdi’s message to the Italians was for hope and faith in G-d, who would come to their aid, just as the Hebrew G-d saved the Hebrews. The Assyrian King Nebuchadnezzar lived in the 7th century B.C.E., 600 years before the Christian era A.D. Nebuchadnezzar rebuilt Babylon and destroyed the Temple of Solomon in Jerusalem enslaving the Hebrew People. Verdi tells us his story of NABUCCO’s youngest daughter Fenena who is in love with a Hebrew soldier, Ismaele. She secretly converts to become a Hebrew. Her older sister Abigalle supports their father’s edict to kill the Hebrews in order to fulfill her desire to become Queen, Ruler of Babylon. The characters are fictitious except for NABUCCO, the Hebrews, the High Priest and the “One and Only G-d”.

The Hebrew High Priest ZACCARIA, adorned in a jeweled breastplate, sings praises and prayers to their “One and Only G-d”. The 72 member chorus (the largest chorus in Opera) sings praises glorifying their Hebrew G-d, encouraging the Hebrews to be faithful.

What rings loud and clear is the fight against evil and the greed for land, riches, sex, power, control and vengeance. All of this makes for a very good story. The Hebrew’s “One and Only G-d” is the saving force for a moral, spiritual and civil existence.

The standing ovations went on for 45 minutes. It was for me an amazing experience to see such an inspiring Opera and witness the overwhelming acceptance by the audience of the survival of the Hebrews and their loyalty to their “One and Only G-d”.

The opinions expressed in the Community Review do not necessarily reflect the position of the Jewish Federation of Greater Harrisburg. The Federation does not endorse any candidate or political party for any elected office.
HELP US
KEEP THE
LAUGHTER ALIVE
TOGETHER
WE
DO EXTRAORDINARY THINGS
SUPPORT THE 2014 ANNUAL CAMPAIGN OF THE JEWISH FEDERATION OF GREATER HARRISBURG

Jewish Federation
OF GREATER HARRISBURG
THE STRENGTH OF A PEOPLE
THE POWER OF COMMUNITY
(717) 236—9555 ext. 3204
www.jewishharrisburg.org
The Jewish Federation of Greater Harrisburg
Cardozo Society Presents

A screening of the civil rights themed film
*The Last White Knight* and related legal discussion

In 2007, civil rights activist, Paul Saltzman, returned to Mississippi, decades after a violent run-in with a young Klansman, to talk to the man who injured him.

Prior to the film, Ms. Brownstein will offer a presentation on the legal liability of hate groups for acts committed by individual members and the participation and role of Jews in the Civil Rights movement.

**Thursday, November 21st 7:00 PM**

Jewish Community Center  3301 N. Front Street, Harrisburg

CLE program precedes film beginning at 5:30 PM
(1 Ethics & 2 Substantive CLE credits)

Pre-registration necessary for CLE program.

GEORGE MUBBENRICK\R\C THE JEWISH SEDDN TTEN EN THE JEWISH SEDDN TTEN EN The Jewish Federation of Greater Harrisburg

**GOLD SPONSORS**

[Logo]

**SILVER SPONSORS**

[Logo]

**BRONZE SPONSORS**

Cohen Seglias Pallas Greenhall & Furman PC  Cozen O’Connor  Dan Schuler

Dinner, Film, & CLE Credit Application Fees

Cardozo Society Member* $60 (2014 JFGH Annual Campaign Pledge Required)
Regular Rate $90
Law School Student $30 (Dinner & Film)
Film Only $10 (Does not include CLE credits)

For information, contact Stuart Gasner s.gasner@jewishfedhbg.org or 236-9555 X 3299

RSVP by November 13th  To register go to www.jewishharrisburg.org

A copy of the official registration and financial information of the Jewish Federation of Greater Harrisburg may be obtained from the Pennsylvania Department of State by calling, toll-free with Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.
The Pew Research Center just released their latest study, “A Portrait of Jewish Americans.” This is the most comprehensive analysis of American Jewry since the 1990 Jewish Population Study which documented the geometric increase in intermarriage and assimilation.

As I read the Pew study, I remained focused on the finding that young families are increasingly disaffiliating with the institutions of Jewish communal life, specifically Jewish community centers and synagogues.

Why? The study offers a number of reported reasons. My own curiosity led me to question a few dozen young men and women in the greater Harrisburg area about their affiliation with a synagogue and with the Jewish Community Center/Federation.

In almost every conversation, the first response was “It costs too much to belong.”

Costs too much to belong? These kids are making more money and living a far more affluent life style than we did at that age! Is this REALLY the reason?

I was told that with student loans, mortgages, car loans and day care tuition, it was difficult to pay dues or to contribute to synagogues or community centers.

Still skeptical, I probed a little deeper and started to get more to the actual reason. The youth of today do not see the value in belonging. I was told that Gold’s Gym or Planet Fitness costs them one-third of the cost of the JCC. I was told that they can go to their parents’ synagogue for the High Holy Days and not have to spend two-thousand dollars to belong.

The youth of today seek “cost effectiveness.”

And I believe this is only the tip of the iceberg. The issues addressed in the 1990 Jewish Population Study

continued on page 9
**YARD WORK IS NOT EXERCISE**

By Katie Mace  
Absolute Wellness Group Personal Trainer

Yard work is not exercise. Neither is window shopping at the mall with your friends. Or washing your car or deep cleaning your bathroom. Is it hard work? You betcha! Here are the words I want to know: exercise and physical activity are not the same thing. Active lifestyle does not necessarily mean you are an exerciser. So what's the difference? Because if you're like me, you know what it's like to mow a half acre of yard with a shoddy push mower or what raking leaves on that yard feels like. It's hard work.

Exercise by definition is: activity requiring physical effort, carried out especially to sustain or improve health and fitness.

Break it down.

Activity requiring physical effort - yes, this can be raking leaves, and washing a car, and moving boxes from the basement to the attic. Fact, there are a lot of people who require great amounts of effort to do daily living tasks; if these tasks are easy for you to complete, excellent. You are likely already living an "active lifestyle" (which is majorly important) but you can't count it as exercise.

To sustain or improve health and fitness - this is where it's different. By doing exercise, ideally you are preparing your body to DO the daily living tasks better and for more years. Exercise doesn't always have to have ends goals of running half marathons, losing 50 pounds, or bench pressing 250 pounds just because...exercise helps us have healthier bodies, keep sickness away, have more energy, and push the shoddy mower with less aches and pains the next day.

Don't discount the hard work that you do when you're maintaining a yard or putting together a giant swing set. This stuff is serious business and it's hard on your body and can put your heart rate outside of its resting mode. However, know that if you're exercising on top of the hard work you do with daily living tasks, your body will recover quicker, last longer, have more energy, and push the shoddy mower with less aches and pains the next day.

Absolute Wellness Group Personal Trainer  
By Katie Mace

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Don't discount the hard work that you do when you’re maintaining a yard or putting together a giant swing set. This stuff is serious business and it’s hard on your body and can put your heart rate outside of its resting mode. However, know that if you’re exercising on top of the hard work you do with daily living tasks, your body will recover quicker, last longer, and thank you when you’re 95 for taking care of and challenging it.

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**I.G.C PRECIOUS METALS BUYING/APPRASIAL/REPAIR CLINIC**

**SENIOR ADULT DEPARTMENT FUNDRAISER**

**DECEMBER 12, 2013**

Thank you to everyone who attended the I.G.C. Precious Metals buying event that was held here in October. It was a great fundraiser that didn’t cost anyone any money – in fact, everyone made money! Those people who sold unwanted gold and silver pieces were all happy, and the Senior Adult Department earned a check for 20% of the total amount that was purchased by I.G.C.

For those of you who missed out on this event, we are holding another event on Thursday, December 12, 2013. Please call Cheryl at 236-9555, Ext. 3115 to make an appointment for a time slot. Remember, it never hurts to shop around to get the best price for your items. There are several jewelers in Harrisburg that also purchase unwanted gold and silver items and would welcome your business.

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**SPECIAL “OUT OF FESTIVAL” EVENT FOR THE HARRISBURG JEWISH FILM FESTIVAL**

On November 3rd, 6:30 p.m. at the JCC, the Harrisburg Jewish Film Festival is proud to present “When Comedy Went to School,” a delightful documentary guaranteed to evoke competing waves of laughter and nostalgia.

Who knew that the Catskill Mountains were the birthplace of modern stand-up comedy, or that nearly all of its midwives were Jewish? In the 1970s, a survey found that although Jews represented approximately 3% of the total U.S. population, they accounted for 80% of professional comedians. Was there a common denominator within the generation of Jewish-Americans that produced literally dozens of comedy legends? Or was it just something in the water up there in the Catskills?

“When Comedy Went to School” answers these questions with an entertaining and nostalgic portrait of a place and time, and the men and women who came to personify both. Enjoy all over again the comedy of Dodie Fields, Rodney Dangerfield, Joan Rivers, Danny Kaye and many others in clips from their live performances. Listen to the personal reminiscences of Sid Caesar, Mort Saul, Jerry Lewis, Robert Klein, Jerry Stiller, Jackie Mason, and more. And relive (or live for the first time, you youngsters in attendance) the heyday of the Catskill resorts of the mid-20th Century - the routines and rituals of summer as enjoyed by the city folk who escaped there year after year.

This special “out of festival” event will continue after the screening with a half-hour, live comedy performance by Nancy Redman, a Brooklyn-based stand-up comic whose career has included live gigs at the Comedy Store in Los Angeles and the Laugh Factory in New York, as well as two award-winning turns on television’s “America’s Funniest People” and guest appearances on “Girls Night Out” and “The Oprah Winfrey Show.” She has “warmed up” audiences for hit shows like “The Golden Girls” and “Designing Women,” “opened” for such show business legends as Jackie Mason and Soupy Sales, and – in her personal career highlight – entertained troops in Bahrain during the first Gulf War. Part Lucille Ball, part Groucho Marx, Nancy is verbally and physically dexterous, a high-energy performer whose feet are planted in the present even as her link is strong to the Borscht Belt past.

And for all of this wonderful entertainment – and a delicious dessert reception as well -- admission is only $10 (tickets sold at the door). How could you resist?

See you at the movies! www.hbgjff.com
I.G.C. Precious Metal Buyers

We are looking for the following items:

♦ Unwanted gold, silver or platinum jewelry
♦ Vintage Jewelry  ♦ Gold and Silver coins
♦ Sterling Silver flatware  ♦ Sterling Silver serving pieces
♦ 14kt or 18kt Gold Timepieces  ♦ Old Paper Money
♦ Diamonds and Gemstones
♦ Used cell phones & computer boards  ♦ Old MP3 Players
♦ X-rays  ♦ Copper  ♦ Old Digital Cameras

Call or email us at:
(610) 876-6611 or administrator@igcmetals.com
JCC Adult Programs

Classes available at the Jewish Community Center:

**SilverSneakers® CLASSIC (FORMERLY MSROM)** – Have Fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic tubing with handles, and a ball are offered for resistance, and a chair is used for seated and/or standing support. Tuesday/Thursday mornings 9:15 -10:15 a.m AND Wednesday morning at 9:45 – 10:45 a.m. Drop-in Fee $5 per class. Free to JCC members and SilverSneakers® participants.

**SilverSneakers® CARDIO (FORMERLY CardioFit)** – Get up & go with an aerobic class for you – safe, heart healthy and gentle on the joints. The workout includes easy to follow low-impact movement and upper body strength, abdominal conditioning, stretching and relaxation exercises designed to energize your active lifestyle. Mondays and Wednesdays at 10:15-11:45 a.m. Drop-in Fee $5 per class. Free to JCC members and SilverSneakers® participants.

**SilverSneakers® YOGA (FORMERLY YogaStretch)** – YogaStretch will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity. Mondays and Wednesdays 11:45-12:30 p.m. Drop-in Fee $5 per class. Free to JCC members and SilverSneakers® participants.

**Gentle Yoga** – Easy Poses for those new to Yoga. Must be able to get down on to floor. Mondays at 9:45 -10:30 a.m. or Tuesdays at 5:00-5:45 p.m. Drop-in Fee $5 per class. Free to JCC members and SilverSneakers® participants.

**SilverSplash®** – Activate your aqua urge for variety! SilverSplash® offers lots of fun and shallow water moves to improve agility, flexibility and cardiovascular endurance. No swimming ability is required and a special SilverSneakers® kickboard is used to develop strength, water moves to improve agility, flexibility and cardiovascular endurance. Mondays/Wednesday 9:30 -10:30 a.m. Drop-in Fee $5 per class. Free to JCC members and SilverSneakers® participants.

The Jewish Community Center is offering the following senior events:

- **Senior Lunch** will be served Tuesdays and Thursdays at Noon.
- **After-Lunch Programs** are:
  - Every Tuesday at 9:15 a.m.-10:15 a.m. SilverSneakers Classic
  - 10:15AM – Discussion Group
  - Every Thursday at 9:15 a.m.-10:15 a.m. – SilverSneakers Classic
  - Senior Lunch will be served Tuesdays and Thursdays at Noon.
  - Reservations are preferred two days in advance if possible, but no later than 4:00PM the day before. Call Cheryl 236-9555 EXT. 3115

After-Lunch Programs are:

- **November 5, 2013** – “Marjorie Merriweather Post and her love of the Arts,” a lecture by Dr. Donald Koones of HACC
- **November 12, 2013** - Business meeting/Birthday party. FREE Blood Pressure Screening by Cellest from Bayada Nurses
- **November 14, 2013** – Sing-a-Long with Al Goodman
- **November 19, 2013** – The Jewish Perspective – Bob Axelrod, Educational Director at Beth El Temple
- **November 21, 2013** – “Keeping Mentally Healthy As We Age” by Rebecca May-Cole, Executive Director of the Pennsylvania Behavioral Health and Aging Coalition
- **November 26, 2013** – Senior Adult Club Thanksgiving Membership Luncheon. Entertainment by “The Pipers Four Quartet.” Cost: $10 Members/$20 non-members
- **November 28, 2013** – CLOSED FOR THANKSGIVING

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**WISH LIST**

In these times of fiscal constraint, the Jewish Federation has created a Wish List of items that we need and which, hopefully, can be donated by our constituents, either privately or through their business. Below is a starter list to which we will add/delete items, as necessary. We would appreciate items that are new or gently used and clean. Thanks, in advance, for your generosity.

**Item** | **Department** | **Department**
--- | --- | ---
Area rugs (large) | Brenner Family | Early Learning Center
Wooden Picnic Tables | Green Hills (and 1 for JCC)
Refrigerator | Brenner Family | Early Learning Center
Dust Buster | Federation 2nd floor | Office Suite
Shelves/Bookcases | Brenner Family | Early Learning Center
Ten (10) 72” Round Tables | Programming | Library

*This item was generously donated.*

If you have any of these items or know who may be able to donate them, please contact Patti Bromley at p.bromley@jewishfedhbg.org or 236-9555, ext. 3209.

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**AMERICAN RED CROSS BLOOD DRIVE**

**PLEASE DONATE!!!**

The JCC will be having another American Red Cross Blood Drive on Wednesday, December 4, 2013 from 2:00 to 7:00 P.M. in the Mary Sachs Auditorium. The Red Cross provides over 40% of the blood needs in the United States; responds to disasters both large and small; helps members of the military, veterans and their families; and teaches lifesaving skills. Maintaining sufficient blood to meet patient needs is a delicate balance between supply and demand. In addition to disaster-related blood needs, the Red Cross must collect enough blood each and every day to help accident victims, cancer patients, surgical candidates, children with blood disorders and others. The Northeastern Pennsylvania region is responsible for collecting 102,000 units of life saving blood in the coming fiscal year. To meet the needs of patients in hospitals that the region serves, over 400 units of blood must be collected daily. “Critical type” blood needed are O, A negative and B negative donors, whose blood is frequently in high demand by hospitals, but oftentimes is in short supply. There is a particular need for type O negative blood. All blood types can receive type O negative red blood cells. That's why it's used in emergencies when there is no time to determine the blood type of the patient. Please help by donating blood if you can. For a specific time to come in, call Cheryl Yablon, 236-9555, ext. 3115. Drop-ins are welcome.
are exacerbated by the cost effective outlook of today’s youth.

(OK, I know that there are youth in the community who do NOT take this attitude, and I know that some readers of this article are thinking “my son (or daughter) is active and they belong.” But it is a small handful.)

Yet, all is not dire. WE CAN MAKE BELONGING COST EFFECTIVE for the next generation.

Many of us in our 60’s, 70’s and 80’s are looking at estate planning; how can we pass as much as possible to our children and grandchildren?

As much what? Money, of course! But what will our children and grandchildren do with the money? Buy a new car? A bigger house?

We can also pass along the ability to belong! We can make sure that our Jewish communal institutions have the funding needed to make the programs available as inexpensively as possible so that young members of the community will see them as “cost effective.”

We can do this by establishing funds … endowments … named specifically to reduce the cost of dues for young families. We can state that the proceeds of the endowments must be used to subsidize the cost of dues for families in our community where the husband and wife are under the age of 35 or 40. We can establish them at the JCC and at our synagogue. We can effectively plan our estates to help our children and grandchildren remain Jewish by belonging to those Jewish institutions from which our Jewish values were learned.

We can make the next Jewish population study reflect a return to our synagogues, a return to the Jewish communal values of belonging, or we can sit back and let it all go.

Any thoughts? Give me a call….
LIVE PERFORMANCE
OF THE MUSIC ALONE
WORTH THE PRICE OF
“THE YELLOW TICKET”

“Alicia Svigals and Marilyn Lerner Steal the Show at Lincoln Center.” That was the headline in one review when violinist-composer Alicia Svigals debuted her new score to the 1918 German silent film “The Yellow Ticket” to a sold-out house at Lincoln Center, accompanying the screening with jazz pianist Marilyn Lerner. The reviewer from the creative collaborative Lucid Culture said “Svigal's score is exquisite.”

The Harrisburg area will have an opportunity to experience Svigals’ and Lerner’s performance live when Chisuk Emuna Congregation presents “The Yellow Ticket” on Sunday, November 17, at 7:30pm.

The film, starring famed Polish actress Pola Negri, survived the Nazi campaign to destroy it. Exploring discrimination in Tsarist Russia, it portrays a woman's struggle to overcome adversity in a story of secret identities, heroic measures, and triumphant love.

Svigals’ score blends klezmer with other Eastern European folk forms, melodies inspired by classical composers, European café music, and contemporary improvisation. Feast of Music, which covers music in New York City, said Svigals’ score “channels the sadness” of the story and that “Svigals added wordless vocals, Bartokian string effects, and even something resembling opera themes... Some of the music was improvised, but carried off so skillfully as to be indistinguishable from the scored portions.”

Svigals, one of the world’s foremost klezmer fiddlers, has composed for violinist Itzhak Perlman and the Kronos Quartet and helped found the Grammy-winning Klezmatics. “The Yellow Ticket” project “just sort of fell into my lap,” she has said, “but it appealed to me partially because my grandfather made a living for a time playing piano for silent films a block away from where I live now. So the whole thing felt ‘beshert’ (destined). She watched it “maybe hundreds of times. I just let the music come into my head.” With Learner, “this unique jazz/new music pianist who’s all about improvisation,” Svigals also added a modern touch. But she became frustrated with the quality of the film copy she had to work with. It was often blurry, the translation seemed off, and it was at a speed that was much too fast. After the debut performance at Lincoln Center, Svigals got another grant “to really do it right.” She found the last playable 35mm copy and worked with translators and a lab to get a suitable copy. “Once you see it at the proper speed, it looks completely different.” And the story of a young woman struggling to become a doctor is “sort of weirdly modern.”

Tickets for “The Yellow Ticket” will be available at the door or in advance at www.ticketleap.com or by mail (check payable to Chisuk Emuna Congregation, PO Box 5507, Harrisburg, PA 17110).
Day of Pampering for Full-time Caregivers

Are you a woman full-time caregiver for a special needs child or disabled spouse or parent? Temple Ohev Sholom Sisterhood and Jewish Family Service recognize that many women in this situation have little time or resources available to them for self-care. The two organizations are responding by providing a Day of Pampering on Sunday December 1, 2013 from 11:00 am to 4:30 pm at Temple Ohev Sholom, 2345 N. Front Street, Harrisburg. Spa services offered for the day are chair massages, manicures, Reiki, foot reflexology, face reflexology, skin pampering, yoga, meditation, mini support groups and down-time lounging in the library. A lovely lunch will be provided. There is no charge for the day to the caregiver.

This is the first year that Temple Ohev Sholom Sisterhood and Jewish Family Service are offering this program. It is open to women caregivers only and perhaps will expand to a program to include men caregivers in the future.

Registration is limited. For more information and to register, call JFS at 233-1681 or go to the JFS website www.jfsofhbg.org and click on Day of Pampering.

Holiday Gift Giving for Seniors

Virginia Galbraith-Snow, LPN | SeniorLinks Case Manager

It is getting closer to that time of year when everyone is rushing around to get the “perfect” Hanukkah or Christmas gifts for friends and loved ones. In working with seniors for 40 years, I’ve found that gift giving for the senior population can be both challenging and rewarding.

Everyone needs a haircut, so gift certificates to favorite beauty salons or barber shops are practical and spirit-lifting gifts. Gifts that help enhance mental acuity are crossword puzzle and Sudoku books (large print especially helps ease eye strain). Music always soothes the soul and brings back memories; 40’s music, Lawrence Welk, WW II, instrumentals are suggestions. For Seniors who enjoy reading, the Chicken Soup series; Holocaust Survivor Cook Book and Miracles & Meals edited by Joanne Caras; The Book Thief, People of the Book; Helen Steiner Rice poems; Abraham Lincoln poems; America’s Greatest Generation; Let’s Roll; Russ and Daughters; and Erma Bombeck Collection are some suggestions.

Providing safety aides are gifts that show you care, and installing them gives both extra face time with your loved one and guarantees that the item will be placed properly. Hand-held shower attachments, handles to replace door knobs, and shower benches make seniors safer and secure in their home environment.

Gift certificates for restaurants, food stores, department stores or theaters provide for both physical and recreational needs. These items also help ease tight budgets. A note stating that the giver will provide the transportation is even more meaningful.

The stories of eye witnesses and participants in history come to life in this student created film that chronicles the lives of two little girls caught up in Adolf Hitler’s quest to eliminate the lives of Jews throughout Europe in order to create a Jew-free society. Five WWII veterans share their experiences as America was drawn into the war against Nazi aggression. Some of these young soldiers stumbled upon the concentration and death camps, totally unprepared for what they would see. The Glorious and the Brave reveals the courage and resilience of two of Hitler’s intended targets and the young men who fought to preserve freedom and liberate the victims of tyranny.

IT’S THAT TIME OF YEAR AGAIN!!!

ORDER YOUR 2014 MAH JONGG CARDS TODAY

The Harrisburg JCC Senior Adult Club is once again selling the National Mah Jongg League’s card for 2014.

The price of the 2014 card is $8.00 for a standard card and $9.00 for a large-print card.

Please make your checks payable to the Harrisburg JCC Senior Adult Club and mail them to:

Cheryl Yablon
Harrisburg JCC
3301 N. Front St.
Harrisburg, PA 17110

By January 29, 2014. The Mah Jongg League will mail your card to you in the spring.

Thank you. Cheryl
**SUNDAY, NOVEMBER 3**
Jewish Film Festival “When Comedy Went to School”, 6:30 p.m., JCC

**TUESDAY, NOVEMBER 5**
Senior Lunch Program, 10 a.m., JCC, Program: Lecture by Dr. Donald Koones, “Marjorie Merriweather Post and Her Love Of the Arts”, 12:30 p.m.

**THURSDAY, NOVEMBER 7**
Senior Lunch Program, 10 a.m., JCC

**SUNDAY, NOVEMBER 10**
Women of Vision Event, 9 – 11:30 a.m., JCC
Kristallnacht Program, 5 p.m., JCC

**TUESDAY, NOVEMBER 12**
Senior Lunch Program, 10 a.m., JCC, Program: Business meeting, FREE blood pressure screening

**THURSDAY, NOVEMBER 14**
Senior Lunch Program, 10 a.m., JCC

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**PUBLIC SERVICE ANNOUNCEMENT**

**Beth El Temple Celebrates Jewish Book Month With Larry Tye, Author of **

**Superman: The High-Flying History of America’s Most Enduring Hero**

**Tuesday, November 19, 7:30 p.m.**

Beth El Temple Book Club is pleased to host a special community event on November 19 in celebration of Jewish Book Month. Author Larry Tye, a former award-winning journalist with the Boston Globe, will be with us to discuss Superman on the 75th anniversary of this comic book phenomenon.

Even Superman’s most fervent fans may not know this about the Man of Steel: He is Jewish, or at least the inspiration for his creation derives from the yearnings and aspirations of his Jewish creators. Jerry Siegel, story writer, and Joe Shuster, artist, were students at Cleveland’s Glenville High School when they first conceived Superman, imbuing him with the strength and daring they felt their own lives lacked.

Their evolving Superman character took on the role of social activist, righting wrongs and fighting for social justice and against tyranny, be it crooked businessmen and politicians, Hitler, Stalin, or the Ku Klux Klan.

Who would publish this fanciful tale of an iconic hero with superhuman strengths and moral fortitude? Enter Jack Liebowitz of Detective Comics, Inc., a hardheaded but visionary entrepreneur. The ups and downs, struggles and challenges, fortunes and misfortunes in the lives of Siegel and Shuster represent a story we can all relate to in Larry Tye’s Superman: The High-Flying History of America’s Most Enduring Hero.

Join us in the Beth El Temple Sanctuary at 7:30 p.m. for Larry Tye’s presentation followed by a Q&A session. Following the program everyone is invited to the Arthur and Pearl Anne Rosen Sisterhood Hall for book signing and desserts: make-your-own Sundaes and a Superman Birthday Cake.

General admission tickets are $18/adult and $10/student, with a $5 discount for anyone wearing a Superman cape or costume! Patron tickets include a signed book and reserved seating.

For more information, call the Beth El Temple Office at 232-0556 or go to www.betheltemplehbg.org.
Beth El Temple Celebrates Jewish Book Month With Larry Tye, Author of Superman: The High-Flying History of America's Most Enduring Hero

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synagogue life

BETH EL TEMPLE
232-0556
www.betheltemplehbg.org
Minyan 7 a.m. daily and 5:30 p.m. Sunday morning at 9:00 a.m. Friday night Kabbalat Shabbat 6:00 p.m. Shabbat morning service 9:15 a.m. Saturday night mincha/maariv/havdalah at same time as Friday evening candlelighting time.

Saturday, November 2: Mini Congregation for pre-K’s 11 a.m.

Sunday, November 3: Men’s Club Program 11 a.m.—2 p.m.

Saturday, November 9: Java ’n Torah 9 a.m. Interactive study before Shabbat morning service. Mini Congregation for pre-K’s 11 a.m. Following Shabbat services, special Shabbat Kiddush luncheon to honor Beth El Temple volunteers.

Sunday, November 10: Chaverim Bagel & Coffee Social 10 a.m.

Friday, November 15: Tot Shabbat 5:30 p.m. Congregational Dinner 6 p.m. Kabbalat Shabbat 7 p.m. Junior Congregation 7 p.m.

Tuesday, November 19: Beth El Temple Book Club welcomes author Larry Tye to discuss his new book, “Superman: The High Flying History of America’s Most Enduring Hero” 7:30 p.m. Book signing and a most Enduring Hero” 7:30 p.m. Junior Congregation 7 p.m.

HISTORIC B’NAI JACOB
Middletown
319-3014
www.bnai-jacob.org
Historic B’nai Jacob Synagogue, Water and Nissley Streets in Middletown, will conduct Shabbat Service for Veterans on Friday November 1st at 7:30 p.m. We are a Community Shul - all are welcome. Visit our website or call our Voicemail, 717-319-3014.

CHISUK EMUNA CONGREGATION
232-4851
www.chisukemuna.org
info@chisukemuna.org
Weekly Minyan times:
Sunday mornings at 9:30 a.m.; Monday, Thursday mornings, 6:50 a.m.; Tuesday, Wednesday and Friday mornings, 7 a.m.; Sunday through Thursday evenings, 7:15 p.m.

KESHER ISRAEL CONGREGATION
238-0763
www.kesherisrael.org
Participants in our daily Minyanim. Mornings: Sundays and Federal holidays at 8 a.m., Monday through Friday at 6:45 a.m. Rosh Chodesh and fast days at 6:30 a.m. Evening services begin at 20 minutes before sunset. Please join us for our 9 a.m. Shabbat morning services - followed by kiddush.

CONGREGATION BETH ISRAEL
Lebanon
273-2669
Visit the Congregation Beth Israel Web Site at www.congregation-beth-israel.org
All are welcome to our egalitarian services:
Sundays at 9 a.m., Thursdays at 7:30 a.m. Our Shabbat services, led by Rabbi Paula Reimers, are at 7:30 p.m. on Friday evenings and on Shabbat morning at 9:30 a.m. followed by Kiddush.

TEMPLE BETH SHALOM
697-2662
www.tbshalom.org
Due to the fact that Rabbi Gendra will be on a six-month Sabbatical after September 17, Temple Beth Shalom will hold twice-monthly Saturday morning services conducted by Dr. Manel Frau. The schedule is as follows:
The Friday evening schedule remains unchanged – Services at 7:15 p.m.

November 2: No Saturday morning services
November 9: Saturday morning services, 9 a.m.
DAVID M. OKEN
David M Oken, beloved husband of Davida Oken (nee Stadd), father of Dr. Kenneth (Ilene) Oken of Harrisburg, Robin (Brian) Rubin and the late Steven Oken; brother of Marcia Zitkowski, Jerry, Dr. Richard, Marc and Leo Oken; loving grandfather of Rebecca Oken, Matt Rubin, Jessica Rubin, Dani, Molly and Skyler Oken, passed away on October 15, 2013. Services were held at Sol Levinson & Brothers, Inc., Baltimore on Friday, October 18th with interment in Ansche Emuna Aitz Chaim Cemetery. Please omit flowers. Memorial contributions may be made to Jewish Big Brothers, c/o Jewish Community Services, 5750 Park Heights Avenue, Baltimore, MD, 21215.

BENJAMIN YOFFEE
Benjamin Yoffee, 94, of Harrisburg, passed away on Friday, October 11, 2013 at his residence. He was the beloved husband of Ann (Schwanenfeld) Yoffee. He was born in New York City on February 18, 1919, a son to the late David and Mina (Perl) Yoffee. He owned and operated his store D. Yoffee and Sons in Harrisburg for many years until his retirement. He was an avid Phillies and Eagles fan, he had a passion for history, but most of all, he loved his family. He will be sadly missed.

In addition to his loving wife, Ann, Benjamin is survived by 3 daughters, Esther Flowers (Joseph) of Enola, Helen Archer (Elvin) of Harrisburg, and Carol Yoffee of Harrisburg; 5 grandchildren, Debra Shore (Matthew), Rachel Lubold (Dale), Sharon Anthony (Scott), Daniel Archer, and Elizabeth Flowers; and 4 great-grandchildren, Kaia Shore, Max Shore, Alexander Lubold, and Mena Anthony. He was preceded in death by his brother, Morris Yoffee and his sister, Ida Levitz.

Funeral Services were held on Sunday, October 13th at Kesher Israel Cemetery, , Harrisburg, with Rabbi Akiva Males officiating. To offer the family condolences, please visit, www.HetrickBitner.com.
Glamour, Glitz & a Spectacular Evening of Entertainment!

dancing with our community stars

Saturday, November 23, 2013
Event begins: 6:45 PM  Competition begins: 7:30 pm
Jewish Community Center | 3301 N Front Street, Harrisburg

Tickets (1 vote each):
  $25/adults
  $15/students
Each Additional Vote is $10 each.
Light Hors d'oeuvres, Beverages & Desserts

Master of Ceremonies  Alicia Richards

Barbara & Scott Cooper
Lisa & Justin Fleming
Julia Frankston Morris & Stuart Gasner
Randi & Rob Teplitz Andrea & Steve Weikert Emily Wolf & Parker Forman
Etta & Myer Yospa

Please contact Andrea at a.weikert@jewishfedhbg.org or 236-9555, ext. 3108 for Sponsorship Levels & Benefits.

This is a fundraiser of the JCC, proceeds benefit operations for the many programs and departments including Preschool, Camp, Senior Programming, Maccabi, Sports and Fitness, allowing the JCC to continue to fulfill its mission in the community.

JCC Programs are funded by the Annual Campaign of the Jewish Federation of Greater Harrisburg.

A copy of the official registration and financial information of the Jewish Federation of Greater Harrisburg may be obtained from the Pennsylvania Department of State by calling, toll-free with Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.