

HBC JCC 5K is a Great Success



More 5K photos on page 9

The Sports and Fitness Department of the Harrisburg JCC hosted its annual 5K Run/Walk on Sunday, September 30 and saw the highest participation rate in years. The day began with a light rain, but by the time the runners lined up to get started, the weather had cleared and a rainbow was seen. The annual event, which benefits the Sports and Fitness Department and the Josh Klein Bikkur Cholim Fund, had over 150 participants this year.

Finishing in first place with a time of 18:59 was 12-year-old Steven Schankweiler. Josh Glick came in a very close second, and Gary Grobman rounded out the top three. In the female division the top spot was grabbed by Melissa Kellog in a time of 21:06. Mykayla Mustard finished in second, and Green Hills lifeguard and high school senior Sara Cavanagh finished third.

Despite the increase of participants, the race ran smoothly thanks to the hard work and dedication of countless volunteers and JCC staff. Sports and Fitness Committee Chair Arthur Kravitz guided from his bicycle to make sure the runners stayed on the proper course. He was assisted by the countless JCC Maccabi Games athletes and JCC Maccabi Artsfest participants who volunteered their time to hold arrows and provide times along the route. Herm Minkoff, Michele Ruth and Sue Clionsky provided help to the staff during registration and at the finish line. A special thank you also goes to the Susquehanna Police Department for providing officers to help keep the race safe for all the participants.

This year's event included the annual team competition where groups are encouraged to get the most runners and

walkers to participate. This year, three groups came through with great turn-outs. Tied for second place in the team competition were Team Kadima from Chisuk Emuna and Team Klein made up of family and friends of the Klein family. The top team was formed by 11-year-old Alexa Schwab who got over 35 people to participate. Alexa had her soccer team and their families all participate in a way to raise awareness and money for the JCC and the Josh Klein Bikkur Cholim Fund. Alexa went above and beyond and learned about Josh Klein and read a speech about him after the race had concluded.

After the race, runners were able to enjoy music provided by Klock Entertainment, water provided by W&L Sales and bagels and donuts. "The event was awesome. Despite a small amount of liquid sunshine we had great participation. Everyone, runners, walkers, babes in strollers, volunteers, spectators, had a great time. It was inspiring to see such enthusiasm. It is wonderful that we can support an event like this and have it benefit the Josh Klein Bikkur Cholim Fund, as well as the Sports and Fitness Department. Our JCC is showing very positive signs" stated Kravitz.

A special thank you to the 2012 5K Sponsors

Bob Ruth Ford	Cunningham & Chernicoff PC
Klein Family Dentistry	Diane and David Brownold
Clark & Krevsky Law	Dr. Clifford Steinig
Klock Entertainment	Purcell, Krug, and Haller
Patty & Dan Schwab	Lanie and Larry Freedman
Drs. Allen & Pepper	Linda and Corky Goldstein
Sanford, Roumm, & Acharya Rheumatology	F.M. Richard Simons
Arthur A. Kravitz DMD & Bruce A. Miller DMD	Marlene and Herm Minkoff
Hilton-Diminick Orthodontic Associates	Conrad Siegel Actuaries
Periodontal Associates	Serratelli, Schiffman & Brown, PC
Becker Chiropractic	Wayd W. Wolgemuth - Morgan Stanley Smith Barney
Schein Ernst Eye Associates	Commonwealth Packaging Company
Pennsylvania Retina Specialists, PC	Red Door Consignment Gallery
Fulton Bank	Schmidt Kramer P.C.
Tri-State Shredding Corp	Norman Gras Kosher Catering

The 2012-2013 Shalom Neighbor Directories Have Arrived

THE JEWISH FEDERATION OF GREATER HARRISBURG'S
Shalom Neighbor Directory

2012-2013

VOLUME 16

**The Shalom Neighbor Directories for
2012-2013 have been delivered to the JCC.**

If you pre-ordered the directory back in June, the cost of the directory was \$5 and it will be sent to your home. If you did not pre-order or if you want additional copies, they are \$9/directory and may be picked up at the Atrium Desk at the JCC. If you want the directory mailed to you, there will be an additional mailing cost of \$2.50. Call the Atrium Desk at 236-9555, ext 0 to order.

The JCC Senior Adult Club Wishes Everyone a
Very Happy and Healthy New Year

L'Shana Tovah!

Community Review

Vol. 86 No. 21

October 19, 2012

(ISSN 1047-9996)

(USPS 126-860)

Published bi-weekly
by the Jewish Federation of
Greater Harrisburg,
3301 N. Front Street,
Harrisburg, Pa., 17110.
Subscription rate: \$50 per year.
Periodicals postage paid at
Harrisburg, Pa., and
additional entry office.

Editorial Board Chairman

Bruce Bagley

Editorial Board Members

Bruce Bagley
Barbara Trainin Blank
Esther Boldes
Rabbi Carl Choper
Aaron Dym
Rita Gordon
Jeanette Krebs

STAFF

Editor

Patti Bromley
p.bromley@jewishfedhbg.org

Sales Director

Marty Lamonoff
717 232-6279
717-877-5973
lammie@aol.com

Design and Layout

Benchmark Group Media

Graphic Designer

Shawn Skvarna

Postmaster:

Send address changes
to Community Review,
3301 N. Front Street,
Harrisburg, Pa., 17110.

Mission Statement of The Community Review:

Inform readers about local, national and
international events of interest to Jews.
Promote Jewish values, Jewish identity
and a sense of Jewish community
in central Pennsylvania.

The opinions expressed in the *Community Review* do not necessarily reflect the position of the Jewish Federation of Greater Harrisburg. *The Federation does not endorse any candidate or political party for any elected office.*

Foundation of the Foundation

The Inevitable

By Howard Ross | Executive Director | Jewish Community Foundation of Central Pennsylvania



I know that death is inevitable; we shall all get there. But this past month has been very difficult.

Yes, I accept the passing of those in their 80's, 90's or even late 70's as the natural course; I have a really tough time with the passing of someone in their 20's.

I got to know Reuben Mitrani and his family when I had the privilege of tutoring brother Adam for his bar mitzvah. I got to know him a little better when he became a leader of our B'nai Tzedek youth philanthropy program. Reuben was a really great kid! He cared and those with whom he came in contact cared! Ask any member of B'nai Tzedek.

Even at his young age, he left a legacy through his B'nai Tzedek endowment and his friends will leave a legacy through a fund in his memory established at the

Harrisburg Academy. The Reuben Mitrani endowments will live on.

There is nothing else to write. There is nothing left to say. The loss will be with us, but the funds will live on in perpetuity. Reuben's attitude of caring will continue in his name. A true blessing....

MAH JONGG CARDS

The Harrisburg JCC Senior Adult Club is once again selling the National Mah Jongg League's card for 2013.

The price of the 2013 card is \$7.00 for a standard card and \$8.00 for a large print card.

Please make your checks payable to the Harrisburg JCC Senior Adult Club and mail them to: Cheryl Yablon, Harrisburg JCC, 3301 N. Front St., Harrisburg, PA 17110 by January 24, 2013. The Mah Jongg League will mail your card to you in the spring.

Thank you. Cheryl

*Bringing about positive change by
enhancing the lives of women and children.*



Jewish Community Foundation of Central Pennsylvania

Jewish Federation of Greater Harrisburg Snowbird Winter Change of Address Form

Name: _____

Permanent Address: _____

Phone: _____

Email: _____

Winter Address: _____

Winter Phone: _____

We're Leaving (date): _____

We're Back (date): _____

☐ Forward the *Community Review* only

☐ Forward all Federation mail

Please return this completed form to:

Beth Romano, Jewish Federation of Greater Harrisburg,
3301 N Front Street

Harrisburg, PA 17110

or email at b.romano@jewishfedhbg.org or call 717-236-9555 ext. 3204



COMMUNITY REVIEW AD DEADLINES

NOVEMBER 2, 2012 ISSUE

DEADLINE OCTOBER 19, 2012

NOVEMBER 16, 2012 - NOVEMBER 2, 2012

CALL MARTY LAMONOFF TO RESERVE YOUR

AD SPACE OR TO OBTAIN A CONTRACT

717-232-6279 - CELL: 717-877-5973

FAX: 717-232-2177

E-MAIL: lammie@aol.com

The Cardozo Society of the Jewish Federation of Greater Harrisburg and the Linda Schwab Holocaust Education Fund of the Jewish Community Foundation of Central Pennsylvania

*Presenter: Howard N. Spiegler, J.D., co-chair of Herrick,
Feinstein's International Art Law Group in NYC*



In 1939, Egon Schiele's celebrated painting, "Portrait of Wally" (1912), a beguiling portrait of the Austrian artist's red-haired mistress, Walburga ("Wally") Neuzil, was seized by a Nazi from Lea Bondi, a Viennese gallery owner. Nearly sixty years later, the painting surfaced on the walls of the Museum of Modern Art, triggering a historic court case that pitted the Manhattan District Attorney, the United States Government and the heirs of Lea Bondi against a major Austrian Museum and MoMA.

CLE program precedes film beginning at 5:30 PM (1 Ethics & 2 Substantive CLE credits pending). Pre-registration necessary for CLE program.

"An ace legal thriller, spinning a web of shame that snags everything from the Austrian government to America's most beloved not-for-profits."

- Eric Hynes, Time Out New York

For information, contact Francine Feinerman, Campaign
Consultant, f.feinerman@jewishfedhbg.org or
236-9555 Ext. 3299 or to register go to
www.jewishharrisburg.org

Help Save a Life



Presently, there are more than 1,000 children on the waiting list to receive life-saving heart surgery—1,000 young lives that SACH intends to save. Please help us raise the \$10,000 needed to save the life of Harrisburg's "adopted" child, Glads Sollo of Tanzania, age 1, who is suffering from heart disease. The amount covers the costs of travel, hospitalization, room & board, and recuperation at the SACH Children's House.

All sponsors will be recognized in publicity and printed materials. 100% of your donation will go to SACH!

Please go to www.jewishharrisburg.org and click on the SACH logo. Questions? Contact Francine Feinerman at f.feinerman@jewishfedhbg.org or Dr. Margaret Grotzinger at mlgrotzmd@comcast.net.



HELP US CONTINUE CREATING LIFE-LONG MEMORIES



TOGETHER

WE

DO EXTRAORDINARY THINGS

SUPPORT THE 2013 ANNUAL CAMPAIGN OF THE
JEWISH FEDERATION OF GREATER HARRISBURG



Jewish Federation
OF GREATER HARRISBURG

THE **STRENGTH** OF A PEOPLE
THE **POWER** OF COMMUNITY

(717) 236—9555 ext. 3204
www.jewishharrisburg.org

JCC Adult Programs

Classes available at the Jewish Community Center:

SilverSneakers® MSROM – Have Fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic tubing with handles, and a ball are offered for resistance, and a chair is used for seated and/or standing support. Tuesday/Thursday mornings 9:15 -10:00 a.m AND Wednesday morning at 9:45 – 10:45 a.m. Drop-in Fee \$5.00 per class. Free to JCC members and SilverSneakers® participants.

SilverSneakers® CardioFit – Get up & go with an aerobic class for you – safe, heart healthy and gentle on the joints. The workout includes easy to follow low-impact movement and upper body strength, abdominal conditioning, stretching and relaxation exercises designed to energize your active lifestyle. Mondays and Wednesdays at 10:45-11:30 a.m. Drop-in Fee \$5 per class. Free to JCC members and SilverSneakers® participants.

SilverSneakers® YogaStretch – YogaStretch will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity. Mondays and Wednesdays 11:45-12:30 p.m. Drop-in Fee \$5 per class. Free to JCC members and SilverSneakers® participants.

Gentle Yoga – Easy Poses for those new to Yoga. Must be able to get down on to floor. Mondays at 9:45 -10:30 a.m. or Tuesdays at 5:00-5:45 p.m. Drop-in Fee \$5 per class. Free to JCC members and SilverSneakers® participants.

SilverSplash® – Activate your aqua urge for variety! SilverSplash® offers lots of fun and shallow water moves to improve agility, flexibility and cardiovascular endurance. No swimming ability is required and a special SilverSneakers® kickboard is used to develop strength, balance and coordination. Mondays/ Wednesdays, 9:30 -10:30 a.m. Drop-in Fee \$5 per class. Free to JCC members and SilverSneakers® participants.

The Jewish Community Center is offering the following senior events:
Every Tuesday at 10:15AM – Discussion Group
11:00AM – Chair Exercise (Temporarily not being held)
Every Thursday at 11:00AM – Chair Exercise (Temporarily not being held)

Senior Lunch will be served Tuesdays and Thursdays at Noon. Reservations are preferred two days in advance if possible, but no later than 4:00PM the day before. Call Cheryl 236-9555 EXT. 3115

After-lunch Programs are:
October 16, 2012 – No Meeting today, Bus trip to Wisehaven in York to see “American Bandstand”
October 18, 2012 - The Jewish Perspective by Robert Axelrod, Educational Director of Beth El Temple. Come join the discussion. Bob really brings out some very controversial subjects and everyone’s opinions are heard!
October 23, 2012 – Dr. Donald Koones of HACC. His lecture will be “Hail to Peacemakers: Ghandi and Woodrow Wilson”
October 25, 2012 - Chisuk Emuna/JCC Senior Adult Club Lunch and Learn. Stan and Cory Schneider will provide the program: From Harrisburg to Brussels, the Hague, Jordan and Israel: Adventures with Heads of State, Ambassadors, Kings and Presidents.”
October 30, 2012 – Dr. Andrea Lieber Merwin of Dickinson College will lecture on: “One Hundred Blessings a Day—Why Jewish Spirituality Begins with Gratitude.”
November 1, 2012 – “Something Historic” with Herb Rochman
November 6, 2012 – Dr. Donald Koones will present “Notable Blunders of History”
November 8, 2012 – Emily Weiner a senior at Dickinson College is working on her thesis that combines both her majors, Anthropology and Judaic Studies. Please come and participate in the discussion of the preservation and promotion of the Yiddish language.
November 13, 2012 – “American Clowning, Saved by Ringling Bros., Barnum & Bailey” by Sean Straining
November 15, 2012 - The Jewish Perspective by Robert Axelrod, Educational

Director of Beth El Temple. Come join the discussion. Bob really brings out some very controversial subjects and everyone’s opinions are heard!
November 20, 2012 – Thanksgiving Membership Luncheon-Cost \$10 Members/\$20 non-members. Entertainment by musical group “Donna and the Daytimers”
November 22, 2012 – CLOSED FORTHANKSGIVING
November 27, 2012 – Rabbi Peter Kessler will address the group
November 29, 2012 – “Harrisburg & the Civil War”, a PowerPoint presentation by Mr. Farley of the Civil War Dance Group

HBC JCC Sports & Fitness Department Teams Up With Absolute Wellness Group

The Sports and Fitness Department of the Harrisburg JCC is excited to announce that it has recently joined forces with the Absolute Wellness Group to offer new and exciting program options at the Harrisburg JCC. The Absolute Wellness Group provides comprehensive, customized wellness solutions. The Absolute Wellness Group brings with it a wealth of knowledge as well as their loyal followers some of which have recently joined the JCC.

The Absolute Wellness Group will be offering personal training, nutrition programs and a variety of fitness classes including TRX small-group training. TRX Suspension Training is a revolutionary method of leveraged bodyweight exercise. In addition, they have two certified massage therapists who will now be working out of the JCC. “We are so excited to have Absolute Wellness Group here at the JCC. We feel this partnership will help enhance what we can offer to our JCC members and the greater Harrisburg community,” stated SFR director Terri Travers.

For more information about Absolute Wellness Group, please check out their website at www.absolutewellnessgroup.com or email Brenda at Brenda@absolutewellnessgroup.com or Terri Travers at t.travers@jewishfedhbg.org

TRX SCHEDULE

Must register in advance with Brenda at Brenda@absolutewellnessgroup.com

Sunday: 8:00 a.m. • Monday: 7:15 a.m. • Tuesday: 6:30 a.m., 6:00 p.m.
Wednesday: 7:15 a.m. • Thursday: 6:30 a.m., 4:30 p.m., 5:45 p.m. • Friday: 7:15 a.m.

JCC FANTASY FOOTBALL STANDINGS – WEEK 5

JCC League 1

EAST						WEST					
TEAM	W	L	T	PCT	GB	TEAM	W	L	T	PCT	GB
Schwab kids	4	1	0	.800	--	Team Booz	4	1	0	.800	--
Burressted Development	4	1	0	.800	--	Team Stoll	3	2	0	.600	1
Team Rubin	2	3	0	.400	2	Mean Joe Green Street	3	2	0	.600	1
Team Steel Curtain	2	3	0	.400	2	Team Hartman	1	4	0	.200	3
Harrisburg WienerBoyz	1	4	0	.200	3	Dan Kimoschwabbies	1	4	0	.200	3

JCC League 2

EAST						WEST					
TEAM	W	L	T	PCT	GB	TEAM	W	L	T	PCT	GB
Gashouse Gorillas	4	1	0	.800	--	The Iron Shieks	5	0	0	1.000	--
The Hebrew Hammers	4	1	0	.800	--	Team DeJake	2	3	0	.400	3
Team Dog Pound	3	2	0	.600	1	Mr. McGibblets	2	3	0	.400	3
The Exits	1	4	0	.200	3	Mr. Classy Freddy	2	3	0	.400	3
First And Goal	0	5	0	.000	4	Hershey Squirts	2	3	0	.400	3

Gamer Night Kicks Off Teen and Tween Programming Year



In an effort to increase the involvement of teens and tweens at the Harrisburg JCC, the Teen/Tween Committee was tasked with creating new dynamic programs that would engage and draw in this important age group. On Saturday night, September 22nd, the programming year began with an X-Box video game night.

Ron Plesco, Vice President of Programming, volunteered his time and efforts to help pull off this impressive event that saw the Mary Sachs Auditorium transformed in to a Gamer's dream world. The room was set up with 6 sections each having the Xbox game projected on to the wall of the auditorium. The seating areas were styled like a comfortable living room with couches and chairs around each area. The big-screen TV was also on with that night's college football games.

The night began with a two-hour event for those in 5th to 8th grades. Eighteen students came out to participate in the Madden Tournament. The young gamers enjoyed time with their friends and snacks. For those who wanted to move around a little more, the gym was open and provided a good outlet for extra energy.

When the younger group left, it was time for the high school teens to take over. Eighteen students in 9th to 12th grades came ready to play the night away. The event, staffed by Rebecca Doctrow and Terri Travers, saw very little sleep but provided a lot of fun. High school freshman Eric Baseman commented, "The night was so much fun. We played games we all love and got to just relax with friends at the J."

The event was so successful that another Gamer event is being planned during winter break. For more information on this or any teen/tween program, please contact Terri Travers at t.travers@jewishfedhbg.org or 717-236-9555 ext. 3110



Pickleball Takes Over HBG JCC



The Harrisburg JCC's Sports and Fitness Department has jumped on the latest sports craze to sweep the nation. Pickleball, which is said to be one of the fastest growing sports, kicked off at the JCC with a clinic held on Sunday September 23. The United States Pickleball Association describes Pickleball as,

"A fun game that is played on a badminton court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a whiffle ball) and wood or composite paddles. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players."

The clinic at the JCC was hosted by Lancaster Pickleball Ambassador Joe Nolt. The clinic featured a brief explanation of the rules followed by time to try out the sport. The event was attended by several JCC members as well as teens from USY. "It was actually a lot of fun, and I think depending on the level you are playing at, it could turn into a solid workout," commented JCC member and college student Chad Dechowitz.

The Sports and Fitness Department hopes to offer a women's only Pickleball group on a weekday morning. We will be looking at having a pickleball group two afternoons a week open to anybody, but especially targeting the active adult and senior population. Sports & Fitness director Terri Travers stated, "It is our hope to really grow the program over the next year. During the winter months, due to basketball, there isn't a lot of free time in the evenings or on Sundays, but once the spring hits, it is the goal to expand when we can offer pickleball programs."

For more information on Pickleball play at the HBG JCC, please contact Terri Travers at t.travers@jewishfedhbg.org or 717-236-9555 ext. 3110





Kesher Israel Congregation Welcomes a New Torah Cover for the High Holidays

By Rabbi Akiva Males



KI thanks the grandchildren and great-grandchildren of Louis and Fagie Koons for donating a brand new High Holidays Torah cover in their memory.

This beautiful new Torah cover is as white as snow, and was lovingly emblazoned with an intricate hand embroidered design.

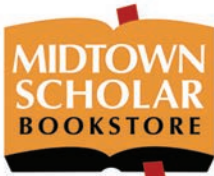
Also sewn into this special cover is the following phrase: "Donated in loving memory of the Koons Family: Louis, Florence, Harriet and Judith."

KI enjoyed using this beautiful cover throughout the holidays of Rosh Hashanah, Yom Kippur, and Sukkos.




Indeed, whenever the Torah bearing this lovely new cover was used during the holidays, thoughts of the Koons family went through the minds of many KI congregants.

KI is most appreciative of this thoughtful gift, and we look forward to using this beautiful Torah cover for many more High Holiday seasons to come.






1302 N 3rd St., Harrisburg
MidtownScholar.com • 236-1680
NEW HOURS! Sun 12pm-7pm
Mon-Thu 8am-9pm, Fri-Sat 8am-10pm



"Simply the Best" Independent Bookstore for Nine Years Running.
Now Harrisburg's Best Urban Folk Coffeehouse!

Free family programs, author talks, and book discussions

Great Used Books ~ Fair-Trade Coffees & Teas ~ Art Gallery ~ Acoustic Music



3rd Annual Harrisburg Book Festival

November 9th-11th



David J. Rimmel, P.E., SIOR
President

717-731-1990 Office
717-514-9469 Cell
remmeld@landmarkcr.com

20 Erford Road, Suite 215
Lemoyne, PA 17043
www.landmarkcr.com

ONCOR INTERNATIONAL

community calendar

Thursday, October 18
Sidney Friedman Event, 7:30 p.m., JCC

Tuesday, October 23
Senior Adult Program – 10 a.m., JCC
Program: Dr. Donald Koonen lecture, "Hail to Peacemakers: Ghandi and Woodrow Wilson" 12:30 p.m.

Federation Board of Trustees Mtg. –
7:30 p.m., JCC

Thursday, October 25
Senior Adult Program – 10 a.m., JCC
Program: Chisuk Emuna Lunch 'n Learn with Cory and Stan Schneider, "From Harrisburg to Brussels, The Hague, Jordan and Israel..." 12:30 p.m.

Temple Ohev Sholom Sisterhood Book Review - 8 p.m.,
Temple Ohev Sholom

Sunday, October 28
B'nai Tzedek "Manicure for a Cure" – Noon-3 p.m., JCC

Tuesday, October 30
Senior Adult Lunch Program – 10 a.m., JCC
Program: Dr. Andrea Lieber Merwin of Dickinson College lecture "One Hundred Blessings a Day – Why Jewish Spirituality Begins with Gratitude," 12:30 p.m.

Community Relations Council
"Meet the Candidates" – 7 p.m., JCC

Thursday, November 1
Senior Adult Lunch Program – 10 a.m., JCC
Program: "Something Historic" with Herb Rochman, 12:30 p.m.

PUBLIC SERVICE ANNOUNCEMENT

CANDLELIGHTING

October 19	6:03 p.m.
October 26	5:54 p.m.
November 2	5:45 p.m.

B'NAI TZEDEK YOUTH PHILANTHROPY GROUP

MANICURE FOR A CURE



100% of all proceeds will benefit

 **Sharsheret**
Linking Young Jewish Women in Their Fight Against Breast Cancer

Sunday, October 28th 12:00 PM–3:00 PM

At the JCC

3301 N. Front Street Harrisburg, PA

Manicure appointments available:
every 20 minutes starting at 12:00 PM
LIMITED SPACE IN EACH TIME SLOT

For a minimum donation of \$12 treat yourself
to a manicure & a Swag bag
Additional bags will be sold for \$3

To reserve a requested time slot please email
ManicureforacureHBG@Gmail.com

DONATIONS WELCOME

Please mail and make out checks to
Jewish Community Foundation of Central Pennsylvania
3301 N. Front Street Harrisburg PA 17110

B'nai Tzedek to Host 2nd Annual Manicure for a Cure

On Sunday, October 28th, the B'nai Tzedek Teen Philanthropy group will be host their 2nd annual Manicure for a Cure event in honor of Breast Cancer Awareness month. For a \$12 donation, participants will receive a manicure along with a swag bag filled with donated items such as OPI nail polish, nail files and candy. All of the manicurists have agreed to donate their time to perform manicures from Noon – 3:00 p.m. All of the proceeds will benefit Sharsheret, an organization dedicated to helping Jewish women battling this disease. Last year, B'nai Tzedek raised over \$700 for Sharsheret and are hoping to raise more this year.

To arrange your manicure appointment, send donations to Sharsheret or to provide items for the swag bags are please email ManicureforacureHBG@gmail.com or contact Stuart Gasner 238-8775, Ext 216. At Manicure for a Cure, you can feel good on the outside and inside!

B'nai Tzedek members: Annie Doctrow, Lila Portman, Becca Solomon, Elliot Solomon, David Weitzman, Shana First, and Jocelyn Green and Doug Spivak

Save the Date Chisuk Emuna presents

Chai Lights A Cash and Cocktails Event

Saturday, December 1, 2012 6:30-10:00 PM - Mary Sachs Auditorium, JCC
Heavy Hors D'oeuvres, Salads and Desserts

Featuring a Wine and Chocolate Tasting with Renowned Kosher Chef,
GIL MARKS, *Author of Olive Trees and Honey, and Encyclopedia of Jewish Food*

EVENT INCLUDES:

Cash drawings (\$2,000, \$1,000 and \$500) with purchase of a ticket
Chinese Raffle items: Themed Baskets, iPad 3, Kindle Fire HD
One Week Vacation in Hilton Head, SC - Contact Barb Bazelon 717-213-0869

Ticket price is \$118 for two people
Purchase of a ticket also gives you free admission to a food demonstration with
Gil Marks on Sunday morning, December 2nd, 9:30-11:30 AM, JCC
"Chanukah Foods From Around the World"

RSVP TO LINDA LAFF @717-385-0077 by November 23, 2012
for Cash'n Cocktails and for Sunday Food Demo

Choose The Very Best...

Hospice
OF CENTRAL PENNSYLVANIA

732-1000





LAW OFFICES OF
AVIV S. BLIWASS, LLC
FAMILY LAW, ELDER LAW, AND ESTATE PLANNING

FAMILY LAW	ELDER LAW	ESTATE PLANNING / ADMINISTRATION
Divorce	Medicare/Medicaid	Wills / Trusts
Custody	Social Security Benefits	Powers of Attorney
Guardianship	Veteran's Benefits	Advance Directives
	Guardianship	Probate

28 N. 32ND STREET / CAMP HILL, PA 17011 / (717) 440-7640
WWW.BLIWASS.COM / AVIV@BLIWASS.COM

FREE RX DELIVERY

HARRISBURG PHARMACY
2645 NORTH 3RD ST.
HARRISBURG, PA 17110
(717) 232-0400
www.HarrisburgRx.com

SEE-RIGHT PHARMACY
2647 NORTH 6TH ST.
HARRISBURG, PA 17110
(717) 236-9094

GOOD DAY PHARMACY
2025 TECHNOLOGY PARKWAY, SUITE G04
MECHANICSBURG, PA 17050
(717) 728-4200
www.GoodDayRx.net

ALL TOGETHER HEALTHY

- Caring Professionals Who Listen
- Special Medication Packaging
- Diabetic Supplies
- Compounding Specialists
- Accept Most Prescription Insurance
- Senior Citizen Discount

YOU CAN SHOP ONLINE OR CALL!
WE'LL DELIVER WHAT YOU NEED!

COMFORTING IN-HOME CARE WITH A TOUCH OF TECHNOLOGY.

For over a decade, Comfort Keepers® has been helping seniors maintain independent lives by providing in-home care and safety. Like cooking, light housekeeping, bathing or grooming. And our SafetyChoice® Personal Emergency Response Systems mean help is always available. Learn more by contacting us at:

717-920-9898

7A North Clover Lane
Harrisburg, PA 17112



www.comfortkeepers.com

synagogue life

From Afghanistan to Israel: KI Helps Lift the Morale of Our Brave Soldiers

By Rabbi Akiva Males

Do you remember how great it felt to receive a care package from back home when you were off at camp or school? What if you were an active-duty Jewish soldier out in the field during the High Holiday season -- instead of a camper or college student? Can you imagine how lonely it must feel to be away from family and friends -- and the comforts of home -- during such a special time of the year? Now imagine how a deployed Jewish soldier must appreciate receiving a care package during the High Holidays.

Keshet Israel Congregation decided that it wanted to play some role in lifting the spirits of our brave soldiers who were so far removed from a normal Yom Tov setting. After getting in touch with Lt. Col. Avi Weiss of Chicago, IL (holding the Havdallah candle in the picture at right) -- an Orthodox US Army chaplain stationed in Afghanistan -- I confirmed that he would be happy to distribute Shanah Tovah "pick-me-up items" to Jewish GIs on behalf of KI.



After filling two large boxes with generously donated Kosher treats and useful goods, Keshet Israel Congregation shipped our packages off to Afghanistan on August 17 -- a full month before Rosh Hashanah. Rabbi Weiss recently e-mailed me that KI's packages arrived intact prior to Rosh Hashanah, and that he gladly shared their contents with many of our very appreciative Jewish GIs in Afghanistan.

After doing something for our Jewish American GIs, KI was also eager to find a way to lift the spirits of Israel's active-duty Chayalim (soldiers) over the holiday of Sukkot. I was excited to learn about a wonderful project of the International Young Israel Movement (IYIM) which greatly helps boost the morale of the soldiers of the Israeli Defense Forces (IDF) each year during Sukkot.

On the intermediate days of Sukkot, IYIM together with the IDF Rabbinate travels with a mobile Sukkah -- attached to the back of an IDF truck -- from base to base, guard post to guard post, and visits thousands of soldiers on active combat duty.

Each soldier is warmly greeted by members of the IDF Rabbinate, and given the opportunity to enter the Sukkah, have a drink and a snack, shake the Lulav and Etrog, and receive a small festival package of goodies. This year's IYIM Sukkot project was once again a great hit with Israel's brave soldiers.

Rabbi Yedidya Atlas of the IDF Rabbinate stated: "We are very grateful to our brethren for allowing this year's campaign to be such a success. The soldiers can feel the warmth of brotherhood across the seas, and this gives them even more strength to continue in their mission of ensuring the security of the people of Israel." Keshet Israel's Rabbi's Discretionary Fund thanks the generous donors who enabled our synagogue to be counted among the list of sponsors who made this wonderful project possible.

Keshet Israel Congregation's Rabbi Akiva Males can be reached at rabbimales@yahoo.com



BETH EL TEMPLE WELCOMES JONATHAN TROPPER FOR JEWISH BOOK MONTH

Thursday, November 15, 7:30 p.m.



In celebration of Jewish Book Month, Beth El Temple welcomes author Jonathan Tropper on Thursday evening, November 15. At 7:30 p.m. in the Beth El Temple Sanctuary, Mr. Tropper will review and discuss his newest novel *One Last Thing Before I Go*.

Jonathan Tropper, New York Times bestselling author of five previous novels, *Plan B*, *The Book of Joe*, *Everything Changes*, *How To Talk To A Widower*, and *This Is Where I Leave You*, has had his books translated into over 20 languages. What makes his novels so appealing is his comic wryness and breezy tone, set against the backdrop of suburban angst with a hefty dose of self-evaluation.

In addition to his newest book, *One Last Thing Before I Go*, which hit the New York

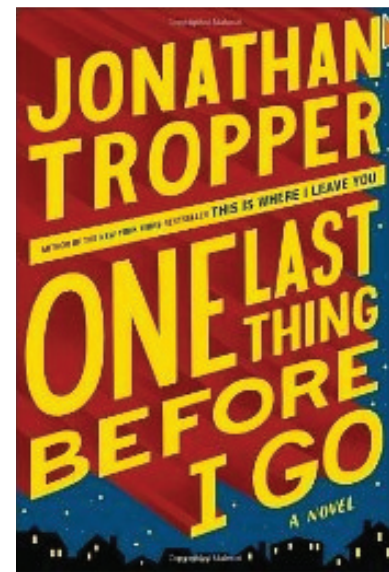
Times Best Seller list a week after it was released in August 2012, Tropper is scheduled to join Director/Producer J.J. Abrams in writing the script for *One Last Thing Before I Go* for Paramount. He also wrote the script for his book, *This Is Where I Leave You*, for Warner Bros., scheduled to be shot this fall.

Tropper is currently the screenwriter and co-creator and executive producer of the upcoming HBO/Cinemax television show *Banshee*, based on a small Pennsylvania town, which will premiere in 2013. Tropper teaches writing at Manhattanville College, and lives in Westchester, NY with his wife Elizabeth and their children.

One Last Thing Before I Go is on sale at the Beth El Temple Office and will also

be available for sale at the book review and author event on November 15. General admission tickets are \$18 and include book signing and a dessert reception in Rosen Sisterhood Hall following the program.

A pre-dinner lecture with the author will be held for sponsors. Sponsorship levels are available at \$75, \$150 and \$250 per person. Sponsorships include pre-dinner lecture and special seating at the lecture, as well as book signing and dessert reception after the program. General admission tickets may be purchased in advance from the Beth El Temple Office or at the door at the night of the event. Sponsorship tickets are by reservation only. For further information call the Beth El Temple Office



at 232-0556 or check the Beth El Temple website at betheltemplehbg.org.

The entire community is cordially invited to participate in this special author event with Jonathan Tropper.

KOL NIDRE FOOD DRIVE AND NEW FOOD DRIVE

By Ann Chadwell

Wow! This year, Chisuk Emuna collected OVER 358 pounds of food!! I say OVER because 358 lbs. is what our food weighed at the Central PA Food Bank. BUT before the two barrels were picked up by the Food Bank, Barbara Bazelon came to the JCC to collect much-needed food for Jewish Family Service. And since her cupboard was nearly bare, my minivan was full. So I'd say there was another 200 lbs. of food! Well done, Chisuk Emuna!

2012: 358lbs + 200lbs = 558lbs!

As we were unloading all this food, Mrs. Bazelon and I were talking about how long this food would last. 558 lbs. of food; how long would it last? Mrs. Bazelon said that, of course, it would depend on how many people came in to JFS and what they needed. Some people just need to supplement

while others need to do more "grocery shopping." It depends on how many people are employed and how many are disabled. It depends on how many children and how many elderly are hungry. No matter what, it won't last that long, either at JFS OR at the Food Bank. So I was thinking that we could try to have a community food drive all the time, and with Andrea Weikert's okay, we are going ahead with it.

There will be a Central Pa Food Bank barrel in the JCC lobby start-

ing Thursday, Oct. 11th. I am asking you to bring one can or box, toiletries, baby food, or paper products whenever you come to the JCC. Let's try to fill that barrel at least once a month. Let's remember how we prayed during the High Holidays to be better people. Here's an easy mitzvah you can do to help others in your community. I look forward to telling Mrs. Bazelon and the Food Bank to come and pick up lots of donated food!

COLLEGE BOUND?
FREE initial consultation in your home!

- develop winning strategies in selecting colleges
- write complete, creative applications
- compose differentiating essays

MRB International LLC, Martin Brill
1427 Garalyn Road • Harrisburg
Marty851@verizon.net • 717-443-5927

Dave Bright

All Around Handyman:

Painting (Int./Ext.) • Power Washing
 Home Organization • Cleaning • Household Repairs
 Window Washing • Deck Staining • Picture Hanging
 Car Detailing • Lawn Maintenance
REFERENCES FURNISHED UPON REQUEST
NO JOB TOO SMALL

717.525.0858

aew1981@hotmail.com

WE BUY GOLD

We'll buy your unwanted, broken
Karat Gold Jewelry

Platinum and Silver also

Come to someone you can trust...

No Appointment Necessary!

540-9040 Mollie B
 Distinctively Different Fine Jewelry and Giftware
 2017 Linglestown Rd Harrisburg, PA Beaufort Farms Plaza

BAT MITZVAH SIMONA MAYA SHUMAN

Simona Maya Shuman will celebrate becoming a Bat Mitzvah on Saturday, October 27, 2012 at Chisuk Emuna Congregation (housed temporarily at the JCC). Simona will read from her Torah portion, Lech Lecha, chant Haftorah, lead Kabbalat Shabbat services on Friday evening, and lead the Torah service on Saturday morning. She will also offer a D'var Torah. Simona has been learning to leyn Torah and chant Haftorah under the guidance of Mandy Cheskis, Chisuk Emuna's Educational Director and a dear family friend.

Simona has been a member of the Chisuk Emuna family since she was born; in fact, her baby naming twelve years ago occurred during the reading of Lech Lecha. Lech Lecha was also Rabbi Muroff's bar mitzvah portion, and in honor of that anniversary, he will be leyning Torah as well, along with Mandy Cheskis, Gerry Gorelick, Sam Shuman, David Spector and Simona's cousin, David Liss.

Simona is a seventh grade honors student at the Silver Academy. She is also a proud and very enthusiastic attendee of Camp Ramah in the Poconos where, among other things, she designed and sewed the Tallis that she will be wearing when she is called to the Torah on October 27. Simona swims on the JCC swim team, enjoys reading, plays the guitar, likes to draw and to spend time with her friends, and is a member of Kadima and Rosh Chodesh: It's A Girl Thing. She is also a Red Cross certified babysitter. For her mitzvah project, Simona is helping to teach the younger children at Chisuk Emuna's Hebrew School.

Simona is the daughter of Beth and Carl Shuman, the sister of Sam, Saskia and Ben, and the granddaughter of Reba Paul Shuman, who lives in the Residence on Linglestown Road. She is also the granddaughter of the late Bernard Shuman, Shirley Liss and Louis Liss.



BETH EL TEMPLE
232-0556 | www.betheltemplehbg.org
Minyan 7 a.m. daily and
5:30 p.m. Sunday morning
at 9:00 a.m.
PUBLIC SERVICE ANNOUNCEMENT

**CHISUK EMUNA
CONGREGATION**
232-4851
www.chisukemuna.org
chisukemuna@comcast.net
Minyan times: Monday,
Thursday mornings, 6:50 a.m.
Sunday through Thursday
evenings, 7:15 p.m.
Tuesday, Wednesday and
Friday mornings, 7 a.m.
Friday evening services at
7 p.m., Saturday evening
at same time as Friday
evening candle-lighting
time. Saturday morning
services at 9:15 a.m.

Chol Hamoed/Intermediate
Days of Sukkot

Friday, October 5th
Shacharit 6:45 a.m., Maariv
7:15 p.m.

Shabbat
Friday, October 5th Mincha,
Kabbalat Shabbat and Maariv
6:25 p.m.
Saturday, October 6th
Shacharit, 9:15 a.m., Mincha/
Maariv, 6:30 p.m.

Hoshanah Rabbah, Sunday,
October 7th
Shacharit, 8:30 a.m.
Erev Shemini Atzeret,
Sunday, October 7th
Mincha/Maariv, 6:25 p.m.
Shemini Atzeret, Monday,
October 8th
Shacharit (includes Yizkor,
Prayers of Remembrance),
9:15 a.m., Mincha, 6:25 p.m.
Erev Simchat Torah
Celebration, Monday,
October 8th
Simchat Torah Preparation &
Maariv, 7 p.m.
Simchat Torah, Tuesday,
October 9th
Shacharit, 9:15 a.m.
Mincha and Maariv, 6:25 p.m.

For more information about
Chisuk Emuna programs
and services, please call our
office at 232-4851.

**CONGREGATION BETH
ISRAEL**
Lebanon | 273-2669
Visit the Congregation Beth
Israel Web Site at www.congregation-beth-israel.org
All are welcome to our
egalitarian services:
Sundays at 9 a.m., Mondays
and Thursdays at 7:30 a.m.
Our Shabbat services, lead
by Rabbi Paula Reimers, are
at 8 p.m. on Friday evenings
and on Shabbat morning
at 9:30 a.m. followed by
Kiddush.

PUBLIC SERVICE ANNOUNCEMENT

**CONGREGATION BETH
TIKVAH**
Carlisle | 245-2811 | www.bethtikvah.org
PUBLIC SERVICE ANNOUNCEMENT

HISTORIC B'NAI JACOB
Middletown | 319-3014
Historic B'nai Jacob
Synagogue located at
Water and Nissley Streets
Middletown will conduct

High Holy Days Services:

Saturday October 5th:
Sukkos/Simhas Torah Service
at 7:30 p.m.

Friday, November 9th:
Shabbat services for
Veteran's Day honoring our
members who have served
our country - 7:30 p.m.

We are a Community Shul,
all are welcome.

Visit Web Site for more
information or call our Voice
Mail at 717-319-3014

PUBLIC SERVICE ANNOUNCEMENT

**KESHER ISRAEL
CONGREGATION**
238-0763 | www.kesherisrael.org
Participate in our daily
Minyanim. Mornings:
Sundays and Federal
holidays at 8 a.m., Monday
through Friday at 6:45 a.m.
Rosh Chodesh and fast days
at 6:30 a.m. Evening services
begin at 20 minutes before
sunset.
Please join us for our 9 a.m.
Shabbat morning services -
followed by kiddush

PUBLIC SERVICE ANNOUNCEMENT

TEMPLE BETH SHALOM
697-2662 | www.tbshalom.org
Join us for our contemporary
Kabbalat Shabbat at 7:15
p.m. or our more traditional
Shacharit Shabbat at 9
a.m. Temple Beth Shalom
is proud to offer a range of
programming for all ages.
HIGH HOLY DAYS SCHEDULE

Mincha/Yizkor/ Neilah:
Wednesday, October 8 at 5:15
p.m., followed by a Break-
the-Fast meal
To find out more about
our programs and events,
visit www.tbshalom.org or
contact us at tbs.temple@verizon.net.

PUBLIC SERVICE ANNOUNCEMENT

TEMPLE OHEV SHOLOM
233-6459 | www.ohesholom.org

JOIN B'NAI B'RITH GIRLS!
BACK TO BBG NIGHT
October 21, 2012 - 3-4 pm
Location: Jewish Community Center
Daughters & Parents
invited for an informational
meeting about BBG and to
meet the new advisors!
For more information contact
Brittany Millner at
bmiller90@gmail.com

RUTH F. FRIEDMAN

Ruth F. Friedman (nee Mazur) passed away on Saturday, October 6, 2012. She was the beloved wife of the late Henry Cohen, Dr. Louis E. Wice, and Edward Friedman; cherished mother of Irvin Cohen and Eileen Rogosin; mother-in-law of Joan Willen Cohen; adored sister of Judith Marcus and the late Irving Mazur, Marian Scheinker, Mildred Marcus, and Bernard (Buddy) Mazur; cherished grandmother of Dr. Thomas Henry Cohen, Mitchell Jacques Cohen, Jonathan Wolfe, and the late Howard Wolfe; loving great-grandmother of Jenna Bailey Cohen. Funeral services and interment

were held on Thursday, October 11th at Adath Yeshurun Cemetery, Baltimore, MD. Please omit flowers. Contributions in her memory may be sent to Temple Ohev Sholom, 2345 North Front Street, Harrisburg, PA 17110. Arrangements were handled by Sol Levinson & Bros., Inc.

Romberger Memorials

Contact
Charles Press • Residence
545-1081 or
Steve Bomgardner • Office
232-1147
visa and m/c accepted
www.rombergermemorials.com

We are honored to be selected as the funeral home for the Jewish Community.

We have served the greater Harrisburg community for over 70 years and are committed to helping families before, during and after their time of need.

If you have any questions or concerns during this time of transition, please call either Nathan Bitner or Graham Hetrick at 545-3774 and we will be happy to assist any of your needs.

**Hetrick-Bitner
Funeral Home, Inc**

3125 Walnut Street
Harrisburg, PA 17109
(717) 545-3774
Nathan Bitner, Supr

BRACHENDORF MEMORIALS, INC.

REPRESENTATIVE: JOHN MCGINNESS

2131 HERR STREET • HARRISBURG, PA 17103

PHONE (717) 234-7909 • FAX (717) 234-7900

E-MAIL: BRACHENDORF@COMCAST.NET

ALL MAJOR CREDIT CARDS ACCEPTED

HELP THE JCC SENIOR ADULT DEPARTMENT

BUY A \$5 BONTON COMMUNITY DAY BOOKLET AND RECEIVE A COUPON FOR
**\$10 OFF YOUR FIRST PURCHASE,
30% EARLY BIRD COUPON
AND 20% OFF SAVINGS PASS!!!!**

WHEN: FRIDAY NOVEMBER 9TH AND SATURDAY, NOVEMBER 10TH, 2012

WHERE: AT ANY BONTON DEPARTMENT STORE

WHY: TO HELP THE SENIORS' KOSHER NUTRITION PROGRAM!

BONTON COMMUNITY DAY BOOKLETS ARE AVAILABLE FOR PURCHASE FROM CHERYL
AT 236-9555 EXT. 3115

GIANT
Quality. Selection. Savings. Every Day.

GiantFoodStores.com

We carry a full line of all your favorite kosher products!



**Empire
Chicken Cutlets**
Fresh



\$5.99
/lb.

**Salmon
Fillet**
Fresh, Farm Raised



\$7.99
/lb.

**Empire Chicken
Leg Quarters**



\$1.99
/lb.

**Traditional
Black & White
Cookies**
8 oz. pkg., Kosher Pareve



\$4.99
/ea.

2300 Linglestown Rd., Harrisburg • 5074 Jonestown Rd., Harrisburg
32nd St. & Trindle Rd., Camp Hill

Open 24 Hours/7 days a week for your convenience! Prices effective 10/19-11/1/12

Not all items available in all locations



Must be at least 21 years of age

Enjoy a fabulous night!

Wear your favorite sports team jersey!

DJ Frank • Games

Heavy Appetizers & Adult Beverages

And Lots More!

Fee: \$20/per person

To register please contact the JCC at 236-9555, ext. 0 or www.jewishharrisburg.org

This program is sponsored by the Jewish Community Center and Capital Area Soccer Association (CASA).