Harrisburg JCC 5K Attains Record Turnout

Perfect weather, excited participants and caring volunteers - all are great descriptors of the Harrisburg JCC’s recent 5K run/walk. The annual race, hosted by the Sports and Fitness Department which benefits the department as well as the Josh Klein Bikkur Cholim Society, was held on Sunday, September 29. “The day was perfect. We had a great turnout, and people truly enjoyed themselves,” stated Sports & Fitness Director Terri Travers.

Over 210 people registered for the annual race, up from 165 participants last year. The race featured a variety of runners and walkers covering a large span of age groups and exercise levels. Travers continued, “We had soccer teams and their families, our GoGirlGo participants, and senior citizens. We had serious runners who have been hitting the pavement for years, and we had those who recently completed the Couch to 5K program offered by Absolute Wellness Group who completed their first race. It makes for an awesome atmosphere.”

20 Girls from the Harrisburg JCC’s GoGirlGo program completed the 5K. The girls were part of a 3-month-long program that is sponsored by the Women’s Sports Foundation that combines exercise with conversation on social and health risks that girls encounter in their lives. Second grader Morgan Wiener said, “I really like running with my friends. My whole family did the race this year and we had fun.”

Top finisher in this year’s race was 15-year-old Nathaniel Goodyear who completed the route in 19:47. Second place went to Scott Cooper, and Gary Grobman rounded out the top three. In the women’s competition, first place went to Isabella Bien followed by Patty Schwab and Samantha Grub. Top GoGirlGo finishers were Sophie Shienvold, Maddie Cohen, Erin Brodsky and Hannah Alder.

Rebecca Doctrow, JCC aquatics director, recently completed the Absolute Wellness Group’s Couch to 5K program and was thrilled to run her first 5K. “It’s great to see people of all ages and abilities come out for the race. I loved having people at many of the turns shouting encouragement, as well as the group of people who stuck around at the finish line to cheer as later runners and walkers came in,” said Doctrow.

After the race, the participants were treated to bagels and donuts and drinks. Bottled water was donated by W&L Sales, and The Silver Academy provided fruit. Gary Klein spoke about his family’s story, and Sammy Schwab also spoke about the importance of the race and how it benefits Josh Klein Bikkur Cholim. Schwab stated, “I loved helping the Kleins and telling people about the race. I got a lot of my friends and teammates to run and I was so proud.”

The Sports and Fitness Department would like to thank the 2013 5K Sponsors:

- Klein Family Dentistry
- Purcell, Krug and Haller
- Bob Ruth Ford
- Lanie and Larry Freedman
- Bushey Dentistry
- Linda and Corky Goldstein
- Patty and Dan Schwab
- F. M. Richard Simons
- Schein Ernst Eye Associates
- Commonwealth Packaging
- Fulton Bank
- Clark & Krevsky Law
- Schmidt Kramer PC.
- Wayd W. Wolgemuth
- OMSI/Dr. P. Allen & Dr. L. Pepper
- Periodontal Associates
- Perry and Marcia Goldberg & Family
- Pennsylvania Retinal Specialists, PC
- Becker Chiropractic
- Mid Penn Bank
- Cunningham & Chemicoiff, P.C.
- Sanford, Roumm, & Acharya Rheumatology
- David and Diane Brownold
- Dr. Clifford Steinig
- Ethan and Laighton Shamash
- Arthur A. Kravitz, DMD & Bruce A. Miller, DMD

For more 5K photos, turn to page 10
The Jewish Federation of Greater Harrisburg  
Cardozo Society Presents  

A screening of the civil rights themed film  
*The Last White Knight* and related legal discussion  

**THE LAST WHITE KNIGHT**  
*Is Reconciliation Possible?*  

In 2007, civil rights activist, Paul Salzeman, returned to Mississippi, decades after a violent run-in with a young Klansman, to talk to the man who injured him.  

Prior to the film, Ms. Brownstein will offer a presentation on the legal liability of hate groups for acts committed by individual members and the participation and role of Jews in the Civil Rights movement.  

**November 21st 7:00 PM**  
Jewish Community Center  
3301 N. Front Street, Harrisburg  

CLE program precedes film beginning at 5:30 PM  
(1 Ethics & 2 Substantive CLE credits)  
Pre-registration necessary for CLE program.  

**GOLD SPONSORS**  

**ECKERT SEAMANS**  
ATTORNEYS AT LAW  

**BRONZE SPONSORS**  
Cohen Seglias Pallas Greenhall & Furman PC | Cozen O’Connor | Dan Schuider  

Dinner, Film, & CLE Credit Application Fees  
Cardozo Society Member* $60 (2014 JFGH Annual Campaign Pledge Required)  
Regular Rate $90  
Law School Student $30 (Dinner & Film)  
Film Only $10 (Does not include CLE credits)  

For information, contact Stuart Gasner s.gasner@jewishfedhbg.org or 236-9555 X 3299  
RSVP by November 13th  
To register go to www.jewishharrisburg.org
WE SAW FIRST HAND
THE WONDERFUL CARE
GIVEN TO RESIDENTS
AT THE JEWISH HOME.

That’s why they created an endowment to help the staff who provide that care, by subsidizing their health insurance costs. With a little planning, you, too, can leave a gift that supports the work you believe in, strengthens the Jewish community and makes an enduring statement of your values. It’s more than a donation. It’s your legacy.

For further information on how you can create your own Jewish Legacy, contact the Jewish Community Foundation of Central Pennsylvania
717-236-9555 Ext. 3202
or info@pajewishendowment.org

Jewish Community Foundation of Central Pennsylvania
3301 North Front Street
Harrisburg, Pennsylvania 17110
https://pajewishendowment.org
JCC Teen Lounge Receives a Makeover

The JCC recently completed a makeover on its teen lounge. The room is now complete and features a large flat-screen TV, X-box, table tennis, foosball and a variety of other games. The room is the perfect place for teens to hang out at the JCC.

Sincere appreciation goes out to the following individuals whose generous donations made these renovations possible:

- Michael & Lisa Silver
- Bradley, Spencer & Parker Forman
- The Halbert Family
- The Kluger Family
- Patty & Dan Schwab
- Darby Muggio in honor of Cheryl Yablons

For more information, contact Andrea Weikert at a.weikert@jewishfedhbg.org or Terri at t.travers@jewishfedhbg.org.

AARP SAFE DRIVING REFRESHER COURSE

For those of you who have taken the AARP Safe Driving Class three years ago, this will be the last ONE DAY – 4 HOUR REFRESHER COURSE given in 2013. The class will be given on Thursday, October 24, 2013 FROM 12:30-4:30PM. Since this class is concentrated, in order for the instructor to have your certification cards prepared ahead of time, when you register, you will need to have the following information ready:

- Name
- Address
- Phone number
- Date of Birth
- 8-digit Driver's License Number and expiration date

To get discount your AARP membership number YOU MUST BE ABLE TO SHOW A COPY OF YOUR LAST AARP SAFE DRIVING COURSE CERTIFICATE.

Class size is limited to 32 people and the cost is $14 (check made payable to AARP) or if you are an AARP member you get a $2 discount. To register, call Cheryl at 236-9555 Ext. 3115.

JCC Senior Adult Club
Thanksgiving Membership Luncheon

Join us for a delicious and delightful afternoon
Tuesday, November 26, 2013
At 12:00 Noon

$10.00 Per Person for Members
$20.00 Per Person for Non-Members

A Traditional Turkey Dinner Catered
By Norman Gras

Entertainment By:

“The Pipers Four Quartet”

Don’t forget we start signing up for our 2014 Dinner Theatre and cultural trips at this Luncheon.

Reservations are a must!!! DEADLINE NOV.19, 2013
Call: Cheryl at 236-9555 ext.3115
**WISH LIST**

In these times of fiscal constraint, the Jewish Federation has created a Wish List of items that we need and which, hopefully, can be donated by our constituents, either privately or through their business. Below is a starter list to which we will add/delete items, as necessary. We would appreciate items that are new or gently used and clean. Thanks, in advance, for your generosity.

<table>
<thead>
<tr>
<th>Item</th>
<th>Department</th>
</tr>
</thead>
<tbody>
<tr>
<td>Area rugs (large)</td>
<td>Brenner Family Early Learning Center</td>
</tr>
<tr>
<td>Wooden Picnic Tables</td>
<td>Green Hills (and 1 for JCC)</td>
</tr>
<tr>
<td>Refrigerator</td>
<td>Brenner Family Early Learning Center</td>
</tr>
<tr>
<td>Dust Buster</td>
<td>Federation 2nd floor Office Suite</td>
</tr>
<tr>
<td>Shelves/Bookcases</td>
<td>Brenner Family Early Learning Center</td>
</tr>
<tr>
<td>Center Library</td>
<td>Programming</td>
</tr>
<tr>
<td>Ten (10) 72” Round Tables</td>
<td>for Mary Sachs Auditorium</td>
</tr>
</tbody>
</table>

If you have any of these items or know who may be able to donate them, please contact Patti Bromley at p.bromley@jewishfedhbg.org or 236-9555, ext. 3209

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**AMERICAN RED CROSS BLOOD DRIVE PLEASE DONATE!!!**

The JCC will be having another American Red Cross Blood Drive on Wednesday, December 4, 2013 from 2:00 to 7:00PM in the Mary Sachs Auditorium. The Red Cross provides over 40% of the blood needs in the United States; responds to disasters both large and small; helps members of the military, veterans and their families; and teaches lifesaving skills. Maintaining sufficient blood to meet patient needs is a delicate balance between supply and demand. In addition to disaster-related blood needs, the Red Cross must collect enough blood each and every day to help accident victims, cancer patients, surgical candidates, children with blood disorders and others. The Northeastern Pennsylvania region is responsible for collecting 102,000 units of life saving blood in the coming fiscal year. To meet the needs of patients in hospitals that the region serves, over 400 units of blood must be collected daily. “Critical type” blood needed are O, A negative and B negative donors, whose blood is frequently in high demand by hospitals, but oftentimes is in short supply. There is a particular need for type O negative blood. All blood types can receive type O negative red blood cells. That’s why it’s used in emergencies when there is no time to determine the blood type of the patient. Please help by donating blood if you can. For a specific time to come in, call Cheryl Yablon, 236-9555, ext. 3115. Drop-ins are welcome.

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**HELP THE JCC SENIOR ADULT DEPARTMENT**

**BUY A $5 BONTON COMMUNITY DAY BOOKLET AND RECEIVE A COUPON FOR $10 OFF YOUR FIRST PURCHASE, 30% EARLY BIRD COUPON TILL 1 PM AND 25% OFF SAVINGS PASS TO USE OVER & OVER!!!**

**WHEN:** FRIDAY NOVEMBER 15TH AND SATURDAY, NOV. 16TH, 2013

**WHERE:** AT ANY BONTON DEPARTMENT STORE

**WHY:** TO HELP THE SENIORS’ KOSHER NUTRITION PROGRAM!

BONTON COMMUNITY DAY BOOKLETS ARE AVAILABLE FOR PURCHASE FROM CHERYL at 236-9555 EXT. 3115

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**SPECIAL EVENT SCREENING**

**STARRING:**

Sid Caesar · Jerry Lewis · Robert Klein
Jerry Stiller · Jackie Mason · Larry King
AND

LIVE ON STAGE following the film, Comedian NANCY REDMAN

NOVEMBER 3RD, 6:30 P.M. at the JCC

($10 for all that entertainment, and a little nosh too!) www.hbgjff.com
Classes available at the Jewish Community Center:

SilverSneakers® CLASSIC (FORMERLY MSROM) – Have Fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic tubing with handles, and a ball are offered for resistance, and a chair is used for seated and/or standing support. Tuesday/Thursday mornings 9:15 -10:15 a.m AND Wednesday morning at 9:45 – 10:45 a.m. Drop-in Fee $5.00 per class. Free to JCC members and SilverSneakers® participants.

SilverSneakers® CARDIO (FORMERLY CardioFit) – Get up & go with an aerobic class for you – safe, heart healthy and gentle on the joints. The workout includes easy to follow low-impact movement and upper body strength, abdominal conditioning, stretching and relaxation exercises designed to energize your active lifestyle. Mondays and Wednesdays at 10:45-11:45 a.m. Drop-in Fee $5 per class. Free to JCC members and SilverSneakers® participants.

SilverSneakers® YOGA (FORMERLY YogaStretch) – YogaStretch will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity. Mondays and Wednesdays 11:45-12:30 p.m. Drop-in Fee $5 per class. Free to JCC members and SilverSneakers® participants.

Gentle Yoga – Easy Poses for those new to Yoga. Must be able to get down on to floor. Mondays at 9:45 -10:30 a.m. or Tuesdays at 5:00-5:45 p.m. Drop-in Fee $5 per class. Free to JCC members and SilverSneakers® participants.

SilverSplash® – Activate your aqua urge for variety! SilverSplash® offers lots of fun and shallow water moves to improve agility, flexibility and cardiovascular endurance. No swimming ability is required and a special SilverSneakers® kickboard is used to develop strength, balance and coordination. Mondays/Wednesday 9:30 -10:30 a.m. Drop-in Fee $5 per class. Free to JCC members and SilverSneakers® participants.

Senior Lunch will be served Tuesdays and Thursdays at Noon. Reservations are preferred two days in advance if possible, but no later than 4:00PM the day before. Call Cheryl 236-9555 EXT. 3115

After-Lunch Programs are:

October 17, 2013 – Al Goodman, Sing-A-Long

October 22, 2013 – “The Popularity of Theodore Roosevelt,” lecture by Dr. Donald Koones of HACC.

October 24, 2013 – We are assisting Hadassah with their Dolls for Children in the Hospital. We will be stuffing, sewing and possibly cutting. Please bring scissors that will cut through cotton material. Also from 12:30-4:30pm we will be holding the last AARP Safe Driving Refresher course for this year. You must have registered with Cheryl to take this course.

October 28-31, 2013 – Those that signed up are going to the Biltmore Estate and Asheville, NC

October 29, 2013 – Bruce Bayuk will play the Piano

October 31, 2013 – Howard Ross will preside over “Joke Day” – Bring your funniest material!

November 5, 2013 – “Marjorie Merriweather Post and her love of the Arts,” a lecture by Dr. Donald Koones of HACC

November 7, 2013 – TBA

November 12, 2013 - Business meeting/Birthday party. FREE Blood Pressure Screening by Celest from Bayada Nurses

November 14, 2013 – TBA

November 19, 2013 – “The Jewish Perspective” – Bob Axelrod, 12:30 p.m.

November 21, 2013 – “Keeping Mentally Healthy” with Rebecca May-Cole, 12:30 p.m.


November 28, 2013 – CLOSED FOR THANKSGIVING

The Jewish Community Center is offering the following senior events:

Every Tuesday at 9:15 a.m.-10:15 a.m. SilverSneakers Classic

10:15AM – Discussion Group

Every Thursday at 9:15 a.m.-10:15 a.m. – SilverSneakers Classic

COMMUNITY REVIEW AD DEADLINES

NOVEMBER 1, 2013 ISSUE
DEADLINE, OCTOBER 18, 2013

NOVEMBER 15, 2013 ISSUE
DEADLINE, NOVEMBER 1, 2013

CALL MARTY LAMONOFF TO RESERVE YOUR AD SPACE OR TO OBTAIN A CONTRACT


E-MAIL: lammie@aol.com
**Hadassah Israel State Dinner Will Honor Ed and Esther Beck for Work in the Harrisburg Jewish Community and Features Leader of Hadassah in Israel**

The Northern Seaboard Region of Hadassah, which includes Harrisburg, York, Lancaster and Lebanon chapters is sponsoring a state dinner on October 16 in honor of Esther and Ed Beck's commitment to the Jewish community. The dinner will be held at the Main State Capitol Rotunda and feature Barbara Goldstein, Deputy Executive Director of Hadassah’s office in Israel.

“We are thrilled to honor the many commitments of Ed and Esther Beck to the Jewish community,” said Shari Dym, dinner chairwoman. “Esther and Ed have worked tirelessly with local Jewish community programs along with national efforts. It’s such a pleasure to work with people who are so dedicated to making a difference.”

Shari, who has known Barbara for several years, said she is honored to have her friend at the dinner and was fortunate enough to see here earlier this year in Israel when her son, Ari, had his bar mitzvah there.

Esther and Ed Beck have been active members of the Harrisburg Jewish community for many years. Esther serves as Treasurer of the Hadassah – Harrisburg Chapter – and a former president. Ed is editor/publisher of popular online Jewish community newsletter Kol Harrisburg and is the international vice president of ZAKA, Israel’s international first response group prepared for both natural and man-made disasters.

Together they have participated in many Jewish community efforts such as the Yeshiva Administration & Operations Committee, the United Jewish Community of Harrisburg, Jewish Federation of Greater Harrisburg, Jewish Family Services in Harrisburg and the Harrisburg Hebrew School of Hershey.

Ed and Esther founded Scholars for Peace in the Middle East, an organization that combats boycott activities against Israeli academics.

“We feel incredibly honored to receive this recognition from Hadassah,” Esther said. “We feel we have been truly blessed with the opportunity to serve our Jewish community.” Ed added: “We live in such a special community and are humbled with this honor, but are proud to be able to be supportive of the important humanitarian, educational, research and leadership work of Hadassah in this way.”

For more information about attending the dinner, please contact Cynthia Sussman at csussman12@aol.com or by phone at 232-9739.

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**JFS Annual Meeting Featured Leadership Past, Present and Future**

The September Jewish Family Service Annual Meeting at the JCC was festive and meaningful. Rabbi Joseph Gewirtz, past JFS Board Member, gave a thoughtful D’var Torah connecting the holiday of Sukkot with the everyday work in the trenches that JFS does. Neil Weber, a JFS past president, installed the officers and board. Two presidential appointees, Aviv Bliwas and Sheri Solomon, moved into elected positions. Ruth Kurtz was welcomed to the Board as well as Vivian Blanc, a new presidential appointee. Supporters and Friends of JFS came out to applaud Merv Isaacman and Steven Rosenberg for their volunteer work for JFS.

Our two new board members, Vivian Blanc and Ruth Kurtz, have professional expertise as well as a strong commitment to the programs and values of Jewish Family Service. Vivian is a Licensed Professional Counselor and has been working in the mental health arena for almost twenty years. Vivian is currently in private practice at Blanc Counseling Services in Wormleysburg, PA and is a member of the National Board of Certified Counselors. She has extensive training in many issues, including compulsive gambling, refugee mental health, marriage and family counseling. Vivian is a Harrisburg native and is very familiar with JFS programs. She says “I hope to use my professional experience to enrich and expand upon the invaluable services that JFS already offers.”

Ruth Kurtz joins the board with financial expertise. She is an Enrolled Agent with Klingler and Associates, P.C., a certified public accounting firm. Ruth is licensed to practice before the Internal Revenue Service and a Certified QuickBooks ProAdvisor. Ruth was the financial manager for her family construction business for over 20 years. When asked about her interest in the JFS board, Ruth replied that her passion for JFS pertains to senior services because she dealt with such issues with her parents.

Jewish Family Service’s board reflects many areas of interest and expertise. We look forward to the addition of new voices to our board leadership.

**Installation of Board Past Presidents Neil Weber and Josh Millman**

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**VOLUNTEERS NEEDED!**

Are you a High School Junior or Senior in need of service hours?

We need your help sharing our events through social media

For more information please contact Lauren Jacobs at l.jacobs@jewishfedhbg.org
FEDERATION ANNUAL MEETING RESCHEDULED

The Annual Meeting of the Jewish Federation of Greater Harrisburg has been rescheduled to Thursday, December 5th from 7:30-9:00 p.m. at the JCC.

Please mark your calendars now to join us for an evening that, in addition to the Business meeting and election of Trustees and Officers, will include the presentations of the Albert Hursh Leadership, David Javitch Young Leadership, and Jewish Community Center Volunteer of the Year awards and Staff Service-Year recognition.

We will offer a dessert reception and free babysitting from 7:30-9:00 pm.
Harrisburg JCC 5K Attains Record Turnout
FEDERATION STAFF PARTICIPATES IN DAY OF CARING

On Friday, October 4th, several members of the Federation staff participated in a Day of Caring at the JCC. They performed miscellaneous tasks in and around the building, such as cleaning out storage rooms, sprucing up signs outside the building, and weeding and pruning around the grounds. The idea was sparked by the concept already in practice by many companies in the Central Pennsylvania area, and elsewhere, where their employees donate a day of their time providing community service to various organizations. Despite the hard work, the general consensus among the staff was that it was time well spent.
TUESDAY, OCTOBER 22
Senior Lunch Program, 10 a.m., JCC, Program: Lecture by Dr. Donald Koones, “The Popularity of Theodore Roosevelt”, 12:30 p.m.
Federation Campaign Donor Thank-you Event, 5 p.m., Midtown Scholars Book Store

THURSDAY, OCTOBER 24
Senior Lunch Program, 10 a.m., JCC, Program: Doll making
AARP Safe Driver Refresher Course, 12:30-4:30 p.m., JCC

TUESDAY, OCTOBER 29
Senior Lunch Program, 10 a.m., JCC, Program: Musical Concert by Bruce Bayuk

THURSDAY, OCTOBER 31
Senior Lunch Program, 10 a.m., JCC, Program: “Joke Day” with Howard Ross

PUBLIC SERVICE ANNOUNCEMENT

BETH EL TEMPLE SOCIAL ACTION SPONSORS FALL COAT DRIVE

From October 20 to November 1, a Coat Drive is taking place at Beth El Temple for the benefit of local shelters. Do you have winter coats that you have outgrown or no longer wear? Here’s an opportunity to donate your used but serviceable cold-weather outerwear for families in need. Both adult and children’s sizes are welcome, but please be sure all coats are in clean condition.

Coat donations will be accepted through November 1. Drop-off is at Beth El Temple, in the Coat Room off the Temple Lobby. For more information, contact Lee Casher at xrcizer41@hotmail.com.

TWO INSPIRING LEADERS
TWO FABULOUS MUSICIANS
ONE EXTRAORDINARY EVENING!

Gala at Beth El Temple takes place on Sunday, October 27

Tickets are on sale at the Beth El Temple Office for a special evening of tribute and entertainment. Our beautiful Sanctuary is the setting for the festivities. At 6:45 p.m. on Sunday, October 27 we gather to honor Rabbi Eric Cytryn for his Decade of Leadership and Educational Director Bob Axelrod for his 18 “chai” years of service. For our musical enjoyment, Maestro Stuart Malina on piano and brother Joel Malina as vocalist will together weave the magic of Broadway song. At 8:15 p.m., all are invited to the Arthur and Pearl Anne Rosen Sisterhood Hall for a Dessert Reception.

Call the Beth El Temple Office at 232-0556 for ticket information and purchase. Please join us in celebration at our gala event, “Oh, What a Night!”

Kesher Israel Congregation Welcomes Torah Tours to Harrisburg

By Rabbi Akiva Males

The conclusion of the holiday of Sukkos at KI was greatly enhanced by the presence of six energetic college students (three young men along with three young women) who joined our congregation through Yeshiva University’s Torah Tours program.

Now in its third decade, the Aaron and Blanche Schreiber Torah Tours program shares the Torah knowledge and enthusiasm of Yeshiva University students with Jewish communities throughout the world. During the holiday celebration of Simchas Torah, teams of four to six young men and women visit communities across the United States, Canada, and Europe to teach Torah classes, lead singing and dancing, meet with synagogue youth, and create a fun and spirited Yom Tov experience.

Aside from providing a wonderful amount of liveliness to KI’s services, the Torah Tours team did an excellent job at preparing and delivering thoughtful words of Torah at several of KI’s programs. The students also did a great job at interacting with everyone in the congregation. The positive feedback has been phenomenal.

Kesher Israel Congregation sincerely thanks:
- Yeshiva University for their ongoing commitment to be of service to our congregation
- The Frankston-Morris-Gasner, Powers, Salkin, and Males families for housing and hosting our Torah Tours team

Kesher Israel’s Rabbi Akiva Males can be reached at: rabbimales@yahoo.com
Temple Ohev Sholom Sisterhood to feature Russ & Daughters at Symons/Rose Annual Book Review Thursday, October 24th

What better way to enjoy lox and bagel than to join Temple Ohev Sholom Sisterhood Thursday evening, October 24th. Why? Because the 2013 Symons/Rose Annual Book Review will feature Russ & Daughters, Reflections and Recipes From the House That Herring Built.

Author Mark Russ Federman, grandson of the founder of Russ & Daughters—an established “Appetizing” shop in the Lower East Side—will share his humorous and mouthwatering story of an immigrant family’s journey from pushcart in 1907, to what the New York Times Magazine calls “New York’s most hallowed shrine to the miracle of caviar, smoked salmon, ethereal herring and silken chopped liver.”

Federman recalls how his impoverished grandfather, Joel, arrived from Poland and began peddling herring from a pushcart before opening a storefront in 1914. Joel’s three daughters eventually came to work in the shop and, in 1935, the shop became known as Russ & Daughters.

The ups and downs of running a business in the gritty Lower East side of Manhattan are beautifully covered by Federman, who attended Georgetown Law School and planned to flee the family business when he was called back to “help out a bit.” “The first day I took up my place behind the counter was the last day I practiced law,” he recalls.

A themed reception, “The Whole Schmear” is scheduled at 6:30 p.m. featuring “appetizing” specialties, as well as prepared recipes from the book. Reservations for this culinary experience are a must.

The author’s lecture begins at 8:00 p.m., and is open to the community. Dessert and book signing at 9:00 p.m.

For more information on this delightful and delicious evening, contact Fern at 717-571-9758 or Gail at 717-566-9470 or www.ohevsholom.org.

BAR MITZVAH
RYAN ERIC JACOBS

Ryan Eric Jacobs will be called to the Torah as a Bar Mitzvah on Shabbat Chayay Sarah, October 26, 2013. Ryan is a 7th grade honors student at Susquehanna Township Middle School where he is treasurer of student government and a member of the band. He plays baseball for Susquehanna Township and their all-star team. He also participates on the JCC middle school and Junior Maccabi basketball teams and their swim team. He spends part of his summer at Emma Kaufmann Camp and is an avid sports fan.

Ryan is the son of proud parents Lisa and Mark Jacobs and younger brother of Maddie and Nate. Ryan and his family are happy to share this special day with his grandparents Barbara and Marvin (z”l) Rappaport, Judy and Terry Warner, and Robert Jacobs.

BAR MITZVAH
SCOTT EVAN ROTH

I am a seventh grader at Linglestown Middle School. In my free time, I like to run, do photography, act, make videos and play video games. I am a Boy Scout with Troop 1015. I also play in the LMS band.

The Torah portion to be read on October 26 is Chayai Sarah. This Torah portion is about when Sarah died and Abraham had to buy her a burial plot. He paid more than the land was worth to be sure it was a reliable deal. This was the first ownership of land in Israel by the Jewish people.

My mitzvah project is helping the Susquehanna Service Dogs. I am a puppy hugger and help the puppies get used to being around people before being assigned to help someone with a disability.

I am also collecting Tabs for Labs—Your soda can tabs are recycled into cash donations for the SSD. Please bring your soda cans to the temple and I will bring them to the SSD. You can continue collecting and either bring the tabs to me or send to: Susquehanna Service Dogs, 555 LeSentier Lane, Harrisburg, PA 17112 717-599-5920, http://www.keystonehumanservices.org/susquehanna-service-dogs/tabs-for-labs.php.

I would like to thank Rabbi Peter Kessler, Mrs. Barbara Cohen and all of my great religious school teachers. Thanks to Cantor Kunitz, of blessed memory, for getting me started on this Bar Mitzvah journey. Most of all, I’d like to thank my parents, Rosette and Steven, and my sister, Hannah, for their help and encouragement.
BETH EL TEMPLE
232-0556 | www.betheltemplehb.org
Minyan 7 a.m. daily and 5:30 p.m.
Sunday morning at 9:00 a.m.
Friday night Kabbalat Shabbat 6:00 p.m.
Shabbat morning service 9:15 a.m.
Saturday morning mincha/maariv/havdalah at same time as
Friday evening candlelighting time
**Sunday, October 20:** Breakfast ‘n Learn 9:30 a.m. Connie &
Gail Siegel on “The Crypto Jews of New Mexico.”
**Sunday, October 20:** Social Action volunteers at Habitat for
Humanity 1 to 4 p.m. Contact Mark Sussman 439-6254
**October 20 to November 1:** Coat Drive to benefit local
shelters—collection rack in Coat Room.
**Wednesday, October 23:** Board of Directors Meeting 7:00 p.m.
**Saturday, October 26:** Bar Mitzvah of Ryan Jacobs Parashat
Chayei Sara.

ENGAGEMENT
LYNCH - LOCY
Cindy and Don Lynch of Harrisburg are happy to announce the engagement of their daughter, Leslie Lynch to Matthew Locy, both of Mechanicsburg. Leslie is a graduate of Central Dauphin High School and the University of Delaware, and earned a Master’s Degree from Shippensburg University. She is currently a teacher in the Big Spring School District in Newville. Matthew is the son of Sherry and Michael Rudy, of Mechanicsburg, and Roger and Joanne Locy, of Oswego, NY. He graduated from Oswego High School and Harrisburg Area Community College, and served his country as a Naval Corpman. He is currently employed by Penn State Hershey Medical Center. A July 27, 2014 wedding is being planned.

ENGAGEMENT
MAISEL - STRAITMAN
Mark and Neysa Maisel are so pleased to announce the engagement of their daughter, Sydney, to Andrew Straitman. Syd and Andrew met their junior year of high school at a BBYO convention and continued to date throughout college, he at the University of Virginia and she at the University of Michigan. Andrew is the son of Richard and Nina Straitman of Wilmington, DE. Syd is the Assistant Director of Class Giving at Columbia College and just began the Masters in Public Administration program at Columbia University. Andrew will receive his MBA from Columbia University in May and is currently working for DirecTV in Digital Strategy. A September 2014 wedding is planned.

Sunday, October 27: “OH, WHAT A NIGHT!” – a gala celebration to honor Rabbi Eric Cytryn and Educational Director Bob Axelrod, featuring a musical tribute by Maestro Stuart Malina and his brother Joel Malina. Program begins 6:45 p.m. Preceded by wine and hors d’oeuvres reception for patrons and sponsors at 5:30 p.m. Program followed by a Dessert Reception for ALL at 8:15 p.m. Tickets on sale now! Call Beth El Temple Office 232-0556.
**Saturday, November 2:** Mini Congregation for pre-K’s 11 a.m.
**Sunday, November 3:** Men’s Club Program 11 a.m. - 2 p.m.
**Saturday, November 9:** Java ‘n Torah 9 a.m. Interactive study before Shabbat morning service. Mini Congregation for pre-K’s 11 a.m. Following Shabbat services, special Shabbat Kiddush luncheon to honor Beth El Temple volunteers.
**Sunday, November 10:** Chaverim Bagel & Coffee Social 10 a.m.
**Friday, November 15:** Tot Shabbat 5:30 p.m. Congregational Dinner 6 p.m. Kabbalat Shabbat 7 p.m. Junior Congregation 7 p.m.
**Tuesday, November 19:** Beth El Temple Book Club welcomes author Larry Tye to discuss his new book, Superman: The High Flying History of America’s Most Enduring Hero 7 p.m.
**Wednesday, November 20:** Executive Committee Meeting 5:45 p.m.
**Sunday, November 24:** Social Action volunteers at Downtown Daily Bread 11:30 a.m.

CHISUK EMUNA CONGREGATION
232-4851 | www.chisukemuna.org
info@chisukemuna.org
Weekly Minyan times: Sunday mornings at 8:30 a.m.
Monday, Thursday mornings, 6:50 a.m.
Tuesday, Wednesday and Friday mornings, 7 a.m.
Sunday through Thursday evenings, 7:15 p.m.
**Friday, October 18:** Family Shabbat Service and Dinner at 6:00 p.m. preceded by simcha hour at 5:30 pm.
**Saturday, October 19:** Shacharit/Morning services begin at 9:15 a.m. led by Rabbi Ron Muroff and members of the congregation. Mincha/Maariv begins at 6:05 p.m.
**Friday, October 25:** Mincha/Afternoon, Kabbalat Shabbat and Maariv/Evening services begin at 5:50 p.m. led by Rabbi Ron Muroff.
**Saturday, October 26:** Shacharit/Morning services begin at 9:15 a.m. led by Rabbi Ron Muroff Special services at 10:00 a.m. include Mazel Tot Shabbat, Junior Congregation and Women’s Torah Study Group. Mincha/Maariv services begin at 5:55 p.m.

CONGREGATION BETH ISRAEL
Lebanon | 273-2669
Visit the Congregation Beth Israel Web Site at www.congregation-beth-israel.org
All are welcome to our egalitarian services:
**Sundays at 9 a.m., Thursdays at 7:30 a.m.**
**Our Shabbat services, led by Rabbi Paula Reimers, are held at 7:30 p.m. on Friday evenings and on Shabbat morning at 9:30 a.m. followed by Kiddush.

CONGREGATION BETH TIKVAH
Carlisle | 245-2811
www.bethetikvah.org

HISTORIC B’NAI JACOB
Middletown | 319-3014 | www.bnai-jacob.org
Historic B’nai Jacob Synagogue, Water and Nissley Streets in Middletown, will conduct Shabbat Service for Veterans on Friday November 1st at 7:30 pm. We are a Community Shul - all are welcome. Visit our website or call our Voicemail, 717-319-3014.

KESHER ISRAEL CONGREGATION
238-0769 | www.kesherisrael.org
Participate in our daily Minynim. Mornings: Sundays and Federal holidays at 8 a.m., Monday through Friday at 6:45 a.m. Rosh Chodesh and fast days at 6:30 a.m. Evening services begin at 20 minutes before sunset. Please join us for our 9 a.m. Shabbat morning services - followed by kiddush.

TEMPLE BETH SHALOM
687-2662 | www.tbshalom.org
Due to the fact that Rabbi Gendra will be on a six-month Sabbatical after September 17, Temple Beth Shalom will hold twice-monthly Saturday morning services conducted by Dr. Manel Frau. The schedule is as follows: The Friday evening schedule remains unchanged – Services at 7:15 p.m.
**October 19:** Saturday morning services, 9 a.m.
**October 26:** No Saturday morning services
**November 2:** No Saturday morning services
**November 9:** Saturday morning services, 9 a.m.
**November 16:** No Saturday morning services
Contact: Jenny Kornfeld, TBS Ritual Chair, jenmarc55@comcast.net. To find out more about our programs and events, visit www.tbshalom.org or contact us at tbs.temple@verizon.net.

TEMPLE OHEV SHOLOM
233-6459 | www.ohevshalom.org
**Friday, October 18:** Shabbat Service, 6:00 pm, Lehrman Chapel
**Saturday, October 19:** B’nai Mitzvah, 10:30 am, Sanctuary
**Friday, October 25:** Tot Shabbat, 6:00 pm, Lehrman Chapel. Shabbat Service, 7:30 pm, Sanctuary
**Saturday, October 26:** B’nai Mitzvah, 10:30 am, Sanctuary

**PUBLIC SERVICE ANNOUNCEMENT**

**PUBLIC SERVICE ANNOUNCEMENT**
ANGELA MARIE ROBINSON BALDWIN

Angela Marie Robinson Baldwin, 58, of Harrisburg, has passed from this life into the arms of our Loving Lord on September 17, 2013 after a long battle with breast cancer.

Angela was born November 9, 1954 as the third of 4 children to the late Wilburn and Gloria Ann Robinson. She was a graduate of Holmes High School in Covington, Kentucky. Upon graduation, she served 8 years in the United States Navy as a Hospital Corpsman before being honorably discharged. She met and married John Baldwin during active duty in Camp Lejuene, NC. Her medical career began after successfully becoming a Certified Respiratory Therapist; dedicating 17 years to Pinnacle Health and several years to Select Medical. Angela enjoyed spending time with her family, sewing, baking, arts and crafts, and shopping.

In addition to her parents, she was preceded in death by her aunt, Mary Bates Duffy; and mother-in-law, Thelma Ann Swanson. Surviving are her husband of 40 years, John Baldwin of Harrisburg; daughter, Adrienne Anglin and husband Cory of Chesapeake, VA; son, Jean Ray Baldwin of Harrisburg; sister, Renee Robinson of Cincinnati, OH; brothers, Maurice Robinson and wife Danette of Cincinnati, OH and Shawn Robinson of Latonia, KY; 2 grandchildren; several nieces, nephews, and great-nieces and great-nephews. A funeral service was held on Friday, September 20th at Zimmerman-Auer Funeral Home, Inc.

MAYY. LIPSITT

May Y. Lipsitt, of Harrisburg, passed away on Tuesday, September 24, 2013 at her residence. May was the widow of Judge William Lipsitt. She is survived and lovingly remembered by her four sons, Richard L. Miller (Denise) of Pottsville, Steven B. Miller of Harrisburg, David L. Miller (Sammie) of Harrisburg and James A. Miller (Erin) of Harrisburg. Twelve grandchildren and two great-grandchildren; a sister, Rachel Ratowsky of Harrisburg; and Robert and Jean Lipsitt, her brother and sister-in-law. The family is grateful for the love and respect showed their parents by Carol Warren, their caregiver.

May was preceded in death by her first husband, Robert R. Miller, her sister, Edith Laub and her brother, Morris Yarowsky.

A funeral service was held on Wednesday, September 25th, at Beth El Cemetery Chapel, with Rabbis Peter Kessler and Eric Cytryn officiating. Gifts of tzedakah can be made to the American Cancer Society, 2 Lemoynedr, Suite 101, Lemoyned, PA 17043

May the memory of May Lipsitt be for a blessing. May her family be comforted along with all other mourners of Zion and Jerusalem.

JANET STINE

Janet Stine, 89, of Harrisburg, passed away early Thursday, September 26, 2013. She was born in Harrisburg in 1924 to the late Harry and Reba Alpert from Manheim. She was the widow of her beloved Herman (Bunchy) Stine. They owned two stores in Manheim and retired in 1991. Janet graduated from Manheim High School and Temple University. After her marriage, she moved to Harrisburg and became very involved in the Jewish community. Janet was sisterhood president of Kesher Israel Synagogue and then was Yeshiva PTA president. She will be remembered as a Hadassah President after serving on the executive board of the Jewish Home for thirteen years. She helped in many capacities. Janet was an avid bridge player and was a member of the Harrisburg Bridge Club. She also worked on the Israeli Bond dinners for many years. Janet was a wedding consultant.

Surviving her memory are a son, Gerald Stine and granddaughter, Sarah Stine, of Chicago, Illinois; a sister, Bernice Friedland and brother-in-law, Arthur, of Cumberland, Maryland. Janet was preceded in death by her sister Mildred Migdon from Lancaster.

A graveside service was held at Beth El Cemetery on Monday, September 30th, with Rabbi Peter Kessler officiating. In lieu of flowers, memorial donations may be made to Beth El temple, 2637 N Front St Harrisburg, PA 17110; Hadassah Harrisburg Chapter, 3301 North Front Street, Harrisburg, PA 17110; The Jewish Home of Greater Harrisburg, 4000 Linglestown Rd Harrisburg, PA 17112; or to any charity of your choice.

Arrangements were handled by the Hetrick-Bitter Funeral Home, Harrisburg. To offer the family condolences, please visit, www.HetrickBitter.com, or our Facebook page.

We are honored to be selected as the funeral home for the Jewish Community.

We have served the greater Harrisburg community for over 70 years and are committed to helping families before, during and after their time of need.

If you have any questions or concerns during this time of transition, please call either Nathan Bitner or Graham Hetrick at 545-3774 and we will be happy to assist any of your needs.

Hetrick-Bitter Funeral Home, Inc

3125 Walnut Street
Harrisburg, PA 17109
(717) 545-3774
Nathan Bitner, Supr

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Candlelighting

October 18........................................6:03 p.m.

October 25........................................5:53 p.m.

November 1......................................5:45 p.m.

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I want to thank everyone for their kind and thoughtful words of sympathy for the passing of my dear sister, Edith Newman.

Lillian Rosenschein
Temple Ohev Sholom Sisterhood
presents
The 2013 Symons/Rose Annual Book Review

Russ & Daughters
Reflections and Recipes From The House That Herring Built

Mark Federman’s reminiscences combine a heartwarming and triumphant immigrant saga with a panoramic history of 20th century New York. This is a delightful mouthwatering story of an immigrant family’s journey from pushcart in 1907 to “New York’s most hallowed shrine to the miracle of caviar, smoked salmon, ethereal herring and silken chopped liver.” The New York Times Magazine.

Thursday, October 24, 2013

6:30 p.m. - Reception “The Whole Schmear” featuring Russ and Daughters specialties as well as prepared recipes from the book. Reservations for this culinary experience a must. $36 includes reception and lecture.
8:00 p.m. - Author Lecture and Q & A. $10 no reservations required
9:00 p.m. - Book Signing

Temple Ohev Sholom
2345 North Front Street
Harrisburg, PA 17110

Books on sale in the temple office

For information contact Fern at 571-9758 or Gail at 566-9479
www.ohevsholom.org