

The JEWISH REVIEW

Oregon and SW Washington's Online Jewish Newspaper

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Civil discourse

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Find gift of art in virtual market



Chanukiah in a Box by Jeanne Robin. The holiday box has six cover design options including whimsical cats, a happy dog in a kippah and a colorful spinning dreidel. Each box features a chanukiah in the cover and includes 45 candles (44 are needed for the holiday) and the Chanukah blessing in a colorful silk drawstring bag.

BY DEBORAH MOON

ORA: Northwest Jewish Artists has combined its annual Celebration of Art and Chanukah Fair into “Virtual Marketplace: Gifts for All Occasions” to provide a safe holiday shopping experience in the era of COVID.

Visitors to the virtual market can explore works by 20 artists. Support local artists and find a distinctive, affordable gift for everyone on your shopping list. Choose from photography, fabric art, fused glass, jewelry, paintings, pencil drawings, pottery, wood carving, sculpture and other creations.

“While we will miss the personal interactions with customers, we are so excited about the accessibility to shoppers across the country,” says silk artist Diane Fredgant, who is working with website developer Michelle Bombet Minch “to create this lovely functional virtual store.”

“Hopefully, ORA’s Virtual Marketplace will be successful,” says Sharon Segal, who, like Diane, is a founding member of the 15-year-old group for Jewish artists. Sharon has heard other virtual shows have been successful in these trying times for a variety of reasons. “Many of us are staying at home with time to browse the internet,” she says. “(When) viewing art online, we can really focus on one

See **VIRTUAL GIFT FAIR**, page 9



Water Lily Triptych by Arlene Hirsch.

“I made this piece knowing the show was coming. I saw this lily pad on one of my daily walks, so it became the inspiration for the three pieces I painted to go together.”



Rose Schnitzer Manor Health Services Manager Aaron Deister leads a solid team.

Health staff excels at CSP's Manor

BY DEBORAH MOON

In the best of times, the Rose Schnitzer Manor Health Services Department focuses on the health and welfare of its residents. In the worst of times, the mandate to optimize health and welfare is the same, but it takes more time, effort and commitment to get there.

The COVID-19 pandemic and a recent 20-hour power outage put RSM Health Services Manager Aaron Deister and his team to the test – and they passed with flying colors.

“Aaron is setting the tone and leading as an example,” says RSM Administrator Vivian Villegas. “He really lives ‘walk the talk’ with his countless hours and dedication to the residents.”

Aaron had the opportunity to exemplify that commitment on Nov. 13, when power went out across the Cedar Sinai Park and surrounding areas just before 5 am when he arrived to start his day.

“I helped the care staff go to all the residents and let them know power was out and find out if they needed anything,” he says.

Residents did need a lot of extra assistance that day. With visibility low, those with mobility issues needed extra help navigating their day.

See **ROSE SCHNITZER MANOR**, page 9

Reclaiming the lost art of civil discourse

BY DEBORAH MOON

"Civil discourse grows increasingly difficult." Rabbi Elka Abrahamson said she wrote those or similar words "a decade ago, five years ago, and of course today I can say that again without any equivocating."

Rabbi Abrahamson, President of The Wexner Foundation, spoke on the history, problems and hopes for civil discourse during the Nov. 19 Thoughtful Thursday Zoom program sponsored by the Jewish Federation of Greater Portland.

She said the first presidential debate was a two-hour assault on civility that provides "a snapshot of the current cultural backdrop. ... Is civil discourse in our community possible in the aftermath of this scorched-earth presidential race? I think it is."

Rabbi Abrahamson said for Jews, "The art of civil discourse is woven tightly into our tradition. It is the scaffold built into our sacred texts."

She called the Talmud a "dense record of our disagreements" with "thousands of pages of difference of opinions," but it is also a model of civil discourse. Beit Hillel and Beit Shammai engaged in some 350 Talmudic ar-



guments while modeling civil discourse.

"They are our mentors that framed for all time how to disagree for the sake of Heaven, *l'sheym shamayim*," she said. "Though they disagreed all the time about the law and how to live by it, they remained connected, remained trusted friends. Differing on almost everything did not impede a genuine relationship."

Rabbi Abrahamson is optimistic that people are tired of the chaos and, with generations forced together in households by COVID, perhaps we are ready to return to civil discourse.

"We must stay in relationship with each other, identifying first the topics and projects we do agree on," she said.

"Remember on this Thoughtful Thursday, that the goal of speaking across difference does not require to you to change your mind ... only open it."

To avoid information silos, she left all social media four years ago and found the experience freeing. She also makes it a point to listen to media sources from both extremes.

Saying empathy paves the way to civil discourse, she urged people to talk with those you disagree with. "Allow your inner voice to scream ... while your spoken voice says: Help me understand why you believe that."

However not every person or every topic is conducive to civil discourse. During the Q&A session, she was asked if science was such a topic. "There are limits," she said. "It is not productive to discuss if masks are useful."

"Our goal is not unity of mind, it is unity of purpose," she concluded.

To hear the full conversation on civil discourse and to learn about future Thoughtful Thursday programs, go to jewishportland.org/thoughtfulthursday.

Israel in the spotlight for virtual TechfestNW

BY DEBORAH MOON

When the 9th annual Techfest-NW conference returns as a virtual conference Dec. 2-4, 2020, Israeli technology will be in the spotlight for the third straight year. TechfestNW features Main Stage speakers, PitchfestNW, networking and a virtual expo.

Innovators from three Israeli tech companies will be on the Main Stage speaking about "Innovation in the time of COVID: How Three Israeli Health Tech Companies are Responding to the Pandemic" from 10:55 to 11:30 am, Dec. 2. Israel21C Executive Director Brian Abrahams will interview the trio, whose innovations have been featured in Israel21C articles.

"Israelis are famously adaptive to seemingly enormous problems, which is part of why the country is one of the world's leading generators and incubators of innovative technology," says Abrahams. "During the corona outbreak, Israeli entrepreneurs went into overdrive to create hundreds of new technol-

ogies that could help the world combat this new virus and go safely into the future. We will take a dive into three promising startups developing technologies that can improve our lives in today's and tomorrow's new pandemic reality."

Those companies are:

- Sonarax has multiple solutions in the Covid era including contact tracing in epidemic and pandemic environments to touchless device operation;

- Diagnostic Robotics makes medical robots that utilize AI and predictive analytics models to solve a global challenge: strained health budgets and workforces; and

- TytoCare has developed a sm, software and processes allowing remote medical appointments that can examine heart, lungs, throat, ears, skin, abdomen, heart rate, and body temperature.

PitchfestNW offers content geared specifically to the startup community, and more than 70 startups will pitch to a panel of venture capital judges. Among

those startups will be 10 Israeli tech companies that will share their visions of the future.

"We're excited to see our Israeli startups participate and remind everyone that the startup nation is alive and well," says Moran Zilbershtein, economic consul and head of the economic and trade mission to the West Coast.

"PitchfestNW will be our first business delegation to Oregon," says Zilbershtein. "Even though it will be virtual, we're excited to bring some fantastic early-stage Israeli startups to meet with Oregon's venture capital and business community leaders and hope to see success stories coming out of this great event. Israel already has a significant presence in Silicon Valley, and this event could be the first cornerstone that connects Israel's innovative ecosystem to the Silicon Forest."

PitchFest will also include Hilos, a local startup with Israel connections.

The strong presence of Israeli speakers, startups and judges is thanks to a collaborative effort

of Jewish Federation of Greater Portland, Israel21C, California-Israel Chamber of Commerce, Economic Mission to Israel (West Coast), Consulate General of Israel (West Coast), Miller-Ink, OurCrowd and Arizona-Israel Technology Alliance.

Including Israel in the fest appeals to Mark Zusman, founder of TechFestNW and editor/publisher of Willamette Week. In addition to the obvious appeal of having the startup nation participate in a tech fest, Zusman says that celebrating the accomplishments and contributions of Israeli innovators can help normalize the public's perception of Israel in the face of bad PR.

This event will be held on Cadenze, a virtual platform that is easy to use, web-based and offers a mobile app experience.

Tickets are \$20, and all proceeds go to nonprofits that work to make innovation and technology more accessible: GirlsBuild, The Blueprint Foundation and Outside the Frame. Tickets are available at techfestnw.com/get-tickets.

MAKE PLANS WITH FEDERATION

December 2

5pm

Chef Michael Solomonov Virtual Chanukah Cooking Demo

A Chanukah gift from Federation to you

December 3

7pm

Uncovering the Hidden History of Anti-Immigrant Sentiment in Oregon

Part of the Confronting Hate Series

December 8

6:30pm

Discussion of the film Rosenwald

Sponsored by United in Spirit



Jewish Federation®
OF GREATER PORTLAND



www.jewishportland.org/5781



MJCC temporarily closed; virtual programs continue

Per the governor's statewide freeze to stop the rapid spread of COVID-19, the Mittleman Jewish Community Center closed temporarily Nov. 18 and will remain closed for four weeks.

"All in-person programs will cease for the next four weeks," says MJCC Executive Director Steve Albert. "That includes the fitness center, the lap pool, the warm pool, the racquetball courts, in-person personal training, after-school programs, adult soccer leagues – the J will be completely closed."

Steve is also executive director of Portland Jewish Academy, which, like the MJCC, is on the Schnitzer Family Campus. Noting the freeze did not include new restrictions on schools, Steve says, "PJA's Early Childhood program and the limited, in-person programming that we are offering in our day school program are not impacted and

will continue unchanged."

In addition, the J continues to offer online fitness classes and personal training for members. The entire community is invited to explore the center's virtual arts and culture programs.

"We will continue to offer our wide range of virtual arts and culture classes, programs and events, including author talks, Jewish theater and other programs as listed on our website," says Steve. "These will continue to be open to the whole community. We will also continue to offer other virtual programs such as our PDX Business Series."

Program information, registration and tickets for the virtual offerings can be found at oregonjcc.org/arts-culture.

Book Fest in Your Living Room presented by the JCC Literary Consortium continues Dec. 2 with Ina Garten, author of *Modern*

Comfort Food, in conversation with Michael Ian Black, comedian, actor and author. Tickets for the 4:30 pm program are \$45, which includes a copy of the book (shipping included).

The MJCC has teamed up with The Jewish Repertory Theatre of Western New York for a selection of Five Staged Readings, performed on the JRT stage and seen, through the magic of video, wherever audiences choose to enjoy them. Tickets are \$20 per play; free video presentations with directors, playwrights and actors provide insights before the plays are released.

The next play in the series, *Holiday Shorts*, runs Dec. 10-23. Atlanta playwright Hank Kimmel presents a series of offbeat, comic 10-minute plays featuring themes of the holiday season. The free presentation with Kimmel will be 4:30 pm, Dec. 3.

B'nai B'rith Camp opens registration for summer 2021

Registration for B'nai B'rith Camp's 100th summer is open. BB Camp has worked since spring 2020 to read the community's pulse to create safe and inclusive programming consistent with the changes and uncertainties of the pandemic.

Jewish summer camp experiences impact children's growth, independence and journey into their Jewish identity. Now more than ever, BB Camp will offer an invaluable space for kids in summer 2021.

"Despite our overnight campus's mandated closure in 2020, BB Camp staff and lay leadership pivoted, creatively adapted and persevered, using our Jewish values and inclusivity as our guide," says BB Camp Executive Director Michelle Koplan. "BB Camp found resilient, new and forward-thinking approaches to serve our community under these unprecedented circumstances. We look forward to welcoming our BB Campers back to our BB Day Camps and our beloved BB Overnight

Camp in 2021."

Next summer, BB Camp plans 1-, 2-, 3- and 4-week sessions starting June 19 through Aug. 17. BB Overnight Camp's programs for rising second- through 12th-graders are at the campground on Devil's Lake near the Oregon coast.

"This past summer, we experienced firsthand that COVID-19 could not stop the incredible joy and growth that our Jewish summer camp experience offers," says Bette Amir Brownstein, B'nai B'rith Overnight Camp Director. "From our BB Day Camps' COVID-19 mitigating protocols, we know that no matter the restrictions in place, BB Camp is innovative and creates meaningful Jewish summer camp experiences. BB Camp staff continue to learn from medical and mental health experts to ensure that BB Camp is a safe and healthy space for campers and staff to navigate these uncertain times."

The 2021 summer also will feature the

second year of BB Surfs (bbcamp.org/bbsurfs), an integrated curriculum that combines the Jewish camp experience with surfing, standup paddleboarding and wakeboarding for middle schoolers.

In addition, BB Camp has received grant funding from RootOne through The Marcus Foundation, powered by The Jewish Education Project, to provide a BB Camp teen trip to Israel next summer. The trip will run from June 21-July 19, beginning in Israel and ending at BB Camp.

Camp fees start at \$1,296 with several options for scholarships, financial aid and other assistance including incentive grants for all first-time campers.

Information: bbcamp.org/summer-camp, info@bbcamp.org or 503-452-3443.

BB Day Camp Portland also returns next summer. Eight one-week sessions begin June 28. For details and early bird registration, visit bbcamp.org/portland or contact pdx@bbcamp.org or 503-496-7447.

Celebrate Chanukah on Zoom with BB Camp and DIY Steel

Make a beautiful piece of art for your family, friends or yourself for this holiday season in this virtual DIY Steel Dreidel Class presented by B'nai B'rith Camp.

Join BB Camp for this DIY Festive Holiday class at 4-4:45 pm, Dec. 13, on Zoom. Put together a four-piece dreidel while learning the proper way to clean and paint metal while celebrating Chanukah. All ages are welcome, but parent supervision is recommended for kids under 7 years old. Register by Dec. 7 to receive your kit in time for the class.

Cost is \$18, which includes delivery of kit, Zoom class, Chanukah activities and BB Camp surprises. Register at bbcamp.org/dreidel.

Parenting teens in unconventional times

To assist parents helping our teens cope with this difficult time, Maimonides Jewish Day School presents an online publication, *Back to School in Unconventional Times*, featuring articles by child and adolescent mental health professionals from across North America.

Articles are Students' Mental Well-Being: A Teacher's Toolkit; Back to School: Ten Tips to Support Your Teen; Building Resiliency; Finding Stability in Wobbly Times; Taking Care of Our Kids' Mental Health; Sleep, Exercise, and Teen Depression; Teens, Trauma and Resilience; What to Say – and Not to Say – to Teens Right Now; The Power of Play; Back-to-School Emotional Toolkit; Helping Kids Deal with Back-to-School Anxiety; Help Teens Manage Back to School Emotions; and Teens, Anxiety and Depression.

Read the booklet at online.flippingbook.com/view/816343/.





Portland Jewish Academy seventh-grader Lily included this image of a bottlenose dolphin in the ocean in her presentation about dolphins for first-graders. "I included a little game where the kids could try to identify the blowhole on the picture, so I tried to find images where the blowhole was visible such as this one."

Working for the World from Home

With volunteering in the community on hold, the members of Portland Jewish Academy's Work for the World from Home exploratory spent the first trimester envisioning different ways to make a difference.

While typically we think of service work as being hands-on projects, donation drives or fundraisers, in truth much of it revolves around education and advocacy. With this in mind, seventh-grader Lily built on a project she started in sixth grade. A dolphin lover, Lily created an informational slideshow on dolphins for the first-graders. Lily believes understanding and appreciating animals is the first step toward protecting them. Her presentation focused on how dolphins thrive in the wild versus in captivity.

Lily had a great time visiting the first-grade online classroom. "My visit to the first-graders on Friday was really fun, and I think they learned a lot," says Lily. "I taught about dolphins and how

they live, hunt, breathe and things like that. I really loved going there (well I kinda went there, given that it is on Zoom) and sharing my knowledge and helping them better understand some of the animals that are most similar to humans."

The first-graders responded enthusiastically. "I can't believe how many kinds of dolphins there are," says first-grader Noa. "I could only name the pink dolphin! I like how Lily had pictures for us to see all the different kinds and where they live."

Using her passion as a springboard for action and working for the world, Lily is now working on creating a petition to limit capturing dolphins for entertainment purposes.

To learn more about dolphins in captivity, visit Lily's favorite resource at dolphinproject.com/campaigns/captivity-industry/facts-about-captivity/. The site includes links to other resources and ways to help if someone wanted to do that.

Repair the world: Volunteer

As the effects of the pandemic are prolonged, social issues are exacerbated and volunteerism is needed more than ever. To connect people with more and different ways to help, the Jewish Federation of Greater Portland is excited to be your partner in finding meaningful volunteer opportunities locally, and in connecting you with opportunities nationally and internationally.

The volunteer webpage groups organizations under themes such as homelessness, food insecurity, women and girls, but all will welcome your efforts any time.

For the winter holidays and cold months, the webpage features Meals on Wheels, Soldiers Chanukah Card Project and Cold Weather Support at Transition Projects.

For more information on making a difference as a volunteer, visit jewishportland.org/ourcommunity/volunteering.

Super Sunday volunteers needed to make a difference

BY DEBORAH MOON

Super Sunday is going virtual and will be on Zoom like everything else this year. Volunteer callers are needed for two shifts on Sunday, Dec. 20, when the Jewish Federation of Greater Portland presents its first home-based Super Sunday phonathon.

The party atmosphere that has surrounded banks of callers in the past will move to the Zoom room. Community volunteers will celebrate their collective impact together by taking advantage of Zoom features. The spirit of Super Sunday and goal for the day remains the same. Super Sunday is still a vital cog in the annual campaign to fund community needs.

"The more people we can reach, the more we can do to support our agencies and the needs of our community," says JFGP Campaign Director Wendy Kahn.

In a year when many volunteer activities are not possible, Wendy says Super Sunday gives volunteers "an awesome way to make a big difference in the community."

Each year on Super Sunday, volunteers raise critical funds that support the network of organizations that make the metro Jewish community vibrant and strong. Super Sunday also builds relationships with community members and is an opportunity to check in with people at least once a year.

At age 90, Bert Rogoway has been making calls on Super Sunday for about 45 years. He has called many of the same people for years.

He recalls one year when that annual reach was able to help a community member in need. About 10 years ago, he called a woman who had always made a generous pledge. So when she told him she couldn't donate that year, he asked what was happening. When she said she was facing foreclosure, he immediately called Josh Stein, who was then campaign director. Josh called Jewish Family & Child Service



on Monday morning.

"We got this straightened out," says Bert. "It was a heartwarming story. In the past, she had helped the community. That year, the community was able to help her."

Bert says he also likes to call some new people each year. "I enjoy talking to people," he says. "Usually people are very, very nice. I explain to people what Federation is all about. Some people who never gave before make a pledge and some don't."

Bert adds, "I feel good because I am helping the community."

To get that same sense of accomplishment in just an hour and a half, sign up to volunteer at jewishportland.org/supersunday. For more information, contact Wendy at 503-892-3015 or wendy@jewishportland.org.

This year, the volunteers will easily make calls from the comfort of home after a brief training session. Shifts run 10-11:30 am and noon-1:30 pm. Sign up for one or both. Volunteers will have a Federation support team available to answer questions. From a sample script to how to respond to frequently answered questions, volunteers will have all they need to make their time enjoyable and successful.

"We encourage callers, emailers and texters alike," says Wendy. "Come one come all – this is an opportunity to help our community meet the financial challenges and opportunities that lie ahead."

This year, Super Sunday can be a family project for those with older children. "I love Super Sunday," says Wendy. "I love watching my kids work the phones."

PDX Pathways draws diverse group for 5 cohorts



Astrakhan



Cogen



Davies



Cook



Zier



Menashe



Levy



Yakir



Goldberg



Denniberg



Williams



Davidson



Flores



Wilson



Leperi



Gonias



Dickerson



Wiles



Monk

Nineteen young Jewish professionals have been selected for the fifth cohort of PDX Pathways, a mentoring and leadership program for Jewish young professionals ages 21 through 35ish.

This will be the first virtual cohort, and the first to offer four mentor groups: Jewish professionals, mid-level professionals, young professionals (two cohorts) or leadership development.

"This group of applicants is excited for a change to the everyday of pandemic life," says Nadine Menashe, JFGP young leadership and communications manager. "Whether they graduated from college, moved from a different city or have had to alter their job duties during this past year, everyone has something that they need to improve their lives, and JFGP is honored to help provide that. My main goal this year is to really be able to impart meaningful knowledge and have the participants establish significant relationships during a program that is all virtual. I hope that participants will feel empowered to step into whatever role is calling their name, regardless of the circumstances the world has thrown at them."

The program runs from January through May with a kickoff party on Zoom in December so participants and mentors can meet each other.

Following are the participants in each of the cohorts.

YOUNG PROFESSIONALS (split into two groups)

Natasha Astrakhan is a chiropractic assistant at Oregon Medical Centers. She grew up in Portland, studied in Ecuador for a semester during college and recently graduated from Linfield College with a bachelor's degree in exercise science. She applied for this program to help guide her as she enters her professional life, network with others and make new friends.

Alana Cogen is a 22-year-old Portland native who graduated from Portland State University with a bachelor's in communication studies. After high school, she worked in Jerusalem for two months teaching English to Jewish and Arab children at a summer camp.

Sararosa Davies is a Minnesota native and recent graduate of the University of Oregon's School of Journalism and Communication. She has a genetic disorder that affects her connective tissue, which spurred her interest in the intersection of health, communications and culture. She is interning at Tight Lipped,

Continued on next page

PDX PATHWAYS (from previous page)

a podcast on chronic pelvic pain.

Jacob Cook earned two Honor's B.S. degrees in bioengineering and electrical & computer engineering from Oregon State University. He was active in Hillel. He says the PDX Pathways Program is an amazing way to stay connected and develop professionally.

Jess Zier grew up in South Africa. She lived in eight countries across five continents over the past five years while earning a degree from the Minerva Project. She is now exploring a career in EdTech as she focuses on eradicating digital inequity around the globe, while also writing her first book.

David Menashe graduated from the University of Oregon with a degree in media studies. He worked as a research assistant on two different research projects in the past two years. He enjoys photography to help him remember "those small moments."

MID-LEVEL PROFESSIONALS

Justin Levy was born in Maryland. He worked in China and Washington, D.C., before moving to Portland in 2015. He is the upper elementary teacher at the Tucker Maxon School in Southeast Portland.

Tzvi Yakir was born in Steamboat Springs, Colo. He did not know he was Jewish until high school. In college, he attended Shabbat dinners and participated in the Jewish Fraternity SAM, Hillel and Chabad. After four visits to Israel, he moved there to serve in the Israel Defense Forces. He moved to Portland in 2018 and works in international travel sales.

Lauren Goldberg is a lifelong New Yorker who moved to Portland two years ago with her husband and pet rabbit. She is an alumna of Brooklyn Law School and is an attorney in both Oregon and New York.

Blair Denniberg describes herself as a proud Jewish lesbian who has lived in Portland seven years. After recently rediscovering her Jewish heritage, Blair is looking forward to PDX Pathways. She is the Executive Administrator to Leadership & Development for New Avenues for Youth.

Hannah Williams is a community engagement manager for the Oregon Department of Transportation. She relocated from San Diego to Portland for the quick access to nature and ability to use a bicycle for transportation.

LEADERSHIP DEVELOPMENT

Sarah Davidson grew up in Portland and returned home when the pandemic interrupted her year of teaching English in Israel. She works as a freelance graphic designer.

Lucy Flores is the Director of Innovation at FoodCorps. A Jewish-Filipina, she says she is "quick on my feet thanks to four years working in restaurant service and two years' training in dramatic improv."

Mat Wilson is a career readiness coach for the University of Oregon. From Forest Grove, he has competed in the Scottish Highland Games since his high school throwing coach introduced him to the competition.

Paulina Leperi was born in Russia and grew up in Cleveland, Ohio. She moved to Portland two years ago and works as a data analyst and software developer for an education agency. She grew up bilingual and has studied Spanish, Portuguese, German and French. She is now studying Hebrew, which she learned to read in middle school but never understood.

Stephanie Lee Gonias is a social worker who has provided direct service support to struggling and vulnerable individuals and families. Raised on the East Coast, she considers Portland home. She recently spent four months backpacking in SE Asia by herself.

JEWISH PROFESSIONALS

Susannah Dickerson is a Portland native who grew up in a large family loving the Jewish community that was a pillar of support through the best and the worst. She is Oregon Hillel Director of Jewish Student Life at Oregon State University.

Zia Wiles is a 22-year-old educator and native Portlander who spent her elementary years in small town Oregon, where the anti-Semitism she experienced led her to get more involved in the Jewish community as an adult.

Sammy Monk is a New York native who feels at home in Oregon, particularly while hiking in the woods. She graduated from Syracuse University in 2017 with a B.S. in Advertising. Since moving to Portland last year, she has explored community-focused career options while doing freelance marketing.

The Jewish Federation of Greater Portland offers this exclusive opportunity to Jewish young professionals, ages 21-35 years old. Pathways is generously funded by the A. Victor & Betty Rosenfeld Leadership Development Endowment Fund of the Oregon Jewish Community Foundation.

The 67 alumni from previous cohorts have gone on to serve in lay and professional leadership roles at local Jewish agencies, synagogues and other organizations.

For more information on PDX Pathways and participants of cohort 5, visit jewishportland.org/pathways.



Virtual tour guide Yoni Zierler puts notes from participants in the Western Wall.

Israel360 to present Jerusalem LIVE

Reconnect to Jerusalem with a live, interactive tour of the Old City's Jewish Quarter at 12:30 pm, Dec. 13, on Zoom.

This fascinating hourlong video tour with master guide Yoni Zierler is co-sponsored by Neveh Shalom's Israel360, Men's Club, and Sisterhood and StandWithUs Northwest. Blending history, storytelling and trivia, Yoni will help bring extra light to your Chanukah.

Explore the deep and rich Jewish connection to Jerusalem as you hear the stories and see the sights of those who called Jerusalem their homes many centuries ago. Then take that memorable walk down the stairs to overlook the Temple Mount and the Western Wall Plaza. The tour culminates at the Western Wall itself, where Yoni will insert your notes into the cracks of the ancient stones.

About 2,000 people have participated in the SWU tour. The Jerusalem tour is one of four offered by SWU Discover Tours, which launched this summer. SWU Discover presents a new way to experience Israel and walk the golden streets of Jerusalem, despite the current COVID-19 pandemic. It is the perfect way for participants of all ages to see Israel from up close – even when flights are grounded.

"These tours are live and interactive via Zoom, and you would be amazed how immersive it is," says SWU Northwest Director Randy Kessler. "We typically take questions via chat and I moderate, so everyone can stay muted and hear the tour guide."

Randy says participants can email a Word file in 8-point font before the tour. "I take those files and just forward them to our Jerusalem team, which prints them and puts them into the wall at the end of the tour."

Israel360 presents monthly events on historical, cultural and political aspects of Israel.

To reserve your space, register and pay \$10 per household at: https://us02web.zoom.us/webinar/register/WN_Hqw6eq-jlTwWXzpNjC8vhpQ

For questions, contact Michelle Caplan at mcaplan@nevehshalom.org.

OJMCHE unveils virtual and window exhibits

Oregon Jewish Museum and Center for Holocaust Education has closed its galleries during the ongoing pandemic but continues to offer virtual exhibits and window exhibits.

Since mid-July, OJMCHE has been presenting exhibits in its 12 highly visible ground floor windows facing Davis Street and around the corner facing the North Park Blocks.

This week, the museum debuts a window exhibit of panels from its core permanent exhibit, Oregon Jewish Stories. Oregon Jewish Stories draws on the museum's large photo collection to document the experience of Oregon's Jewish community from its beginnings in the Gold Rush era of the 1840s through today. It explores the questions of identity that many Oregon Jews wrestle with and explores the experience of Jews throughout the state.

The museum has also unveiled



Good Trouble, a new virtual exhibit on the museum's website.

The virtual exhibit begins with a photo of the window exhibit OJMCHE created in honor of civil rights icon Sen. John Lewis. Those panels are visible from the sidewalk next to the museum's main entrance.

The panels include the text of Lewis' final essay, which the *New York Times* published days after the senator's death July 17, 2020.

With the late Sen. Lewis in mind, OJMCHE asked Portland's Jewish community to share the ways in which they

have participated in "good and necessary trouble" over the years.

The virtual exhibit provides a world or national context and then presents local actions and reactions against that backdrop. The sentiments conveyed in the images in the digital exhibition portray a number of social movements — environmental, anti-war, social justice and others. The exhibit is a reminder that using our voices to foment positive change is a venerable Oregonian tradition.

"It is not your responsibility to finish the work of perfecting the world, but you are not free to desist from it either," wrote Rabbi Tarfon nearly 2,000 years ago (Pirke Avot 2:21).

OJMCHE works to make connections from the past to the present to create a better future for all.

View the virtual exhibit at ojmche.org/good-trouble.

News in brief

Museum Shop open for holiday shopping

The Ron Tonkin Family Museum Shop will be open for two weeks in December for holiday shopping needs. Stop by to browse our beautifully curated gifts, books, candles and Chanukah items.

Since the Oregon Jewish Museum and Center for Holocaust Education is closed, the Museum Shop will spill into the open galleries, offering plenty of space for social distancing. The expanded space will include some great sale items and lots of books for adults and children. Masks and social distancing will be required.

Museum Shop hours are 11 am-3 pm, Dec. 3-5 and Dec. 10-12. The museum is located at 724 NW Davis St. in Portland's Pearl District.

Wexner graduate fellowship applications open

The Wexner Graduate Fellowship/Davidson Scholars Program provides leadership growth for those entering, or in their first year of, graduate programs that prepare students to serve as Jewish professional leaders (rabbis, cantors, educators, academics, administrators, etc.) in North America.

In addition to financial assistance for graduate study, Fellows join a diverse professional community that encourages learning about one's self as a leader through interactions with others with different points of view. Throughout the four-year leadership program, Fellows engage with expert faculty members in the field of leadership education and expert scholars in Jewish studies. The extensive alumni network then serves as a professional community throughout the Fellows' careers. **Applications are due Jan. 6, 2021.** For more information about the program, eligibility requirements and application process, visit wexnerfoundation.org/programs/wexner-graduate-fellowship/.

Free mental health workshops offered

The Blue Dove Foundation, created to help address the issues of mental illness and addiction in the Jewish community and beyond, presents two free workshops in December.

Registrants take two, 2-hour workshops (offered on three paired dates):

Making Mental Wellness Part of Your Community's Culture will engage participants in a variety of activities that focus on encouraging mental wellness in their communities. They will use *middot* (Jewish values) and the *Mi Sheberach* prayer to connect Judaism to mental health. The workshop will help participants think critically about ways to bring their newfound skills and knowledge to their communities to create welcoming and inclusive programming.

The second workshop, *Recognizing When Someone Needs Help*, will strengthen participants' mental health knowledge and help them understand their role in supporting others. They will learn about basic mental health concepts, the scope of those affected by mental illness and red flags for spotting issues. Participants will develop four core skills needed to respond to mental health concerns in meaningful ways and be given the opportunity to practice and build those skills.

Sign up for one of three available dates/times: Dec. 3 and 10, 11 am-1 pm PST; Dec. 6 and 13, 1-3 pm PST; and Dec. 9 and 16, 11 am-1 pm PST.

As Blue Dove pilots these Jewish Mental Wellness Workshops all fees are waived. Direct questions to Devin at Devin@TheBlueDoveFoundation.org.

Register at thebluedovefoundation.org/jewish-mental-wellness-workshop-registration/

VIRTUAL GIFT FAIR (continued from page 1)

piece of art at a time.”

She adds that some potential customers who are not attending cultural events, entertaining or traveling have more disposable income available. And like all of us, those customers “want a ‘lift,’ as we’ve been home too long.”

Customers purchase the art using the shopping cart on the virtual marketplace. But ORA also wants to maintain the personal interactions of past shows. “We have all our contact information within the site,” says Diane.

Sharon adds, “When people purchase a piece of art from me, I’d love to share about the painting, technique, motivation or the story behind the piece.”

Arlene Hirsch, who joined ORA a year ago, will have eight watercolors with nature themes in the virtual show. “Finding beauty and peacefulness in the time of isolation is important, so walks and painting go hand-in-hand for me,” says Arlene.

“I am glad for this opportunity as a way of showing my art,” says Arlene, though she adds, “I much prefer the one-on-one, in-person interaction with customers, so that I can talk about my art and learn about their interests.”

But in a year when in-person is ill-advised, ORA will as in years past offer art lovers the chance to find creative gifts for everyone on their list. You can even buy your greeting cards from the marketplace, says Diane.



Challah Cover by Diane Fredgant.

The silk artist made several challah covers for this show. Her 3D silk wall art will also be in the virtual marketplace. Diane normally makes custom tallit, but she made one to include in this show.



Butterflies Dancing by Sharon Segal.

Sharon’s love and study of butterflies started when her mother died 30 years ago. “When I spoke at the funeral, I compared her to a butterfly – beautiful and radiant.”



Shivitis by Linda Zahavi.

Linda, who also paints large landscapes and abstract works, originally created these small decorative pieces for ORA’s February Jewish Art Month show at the Mittleman Jewish Community Center. There are three varieties: Alephs, Shaloms and Shivitis. The shivitis are the letters in the name of G-d, Yud-hay-vav-hay.

ORA’s Virtual Marketplace

Purchase gifts of local arts and crafts 9 am, Nov. 25, through 5 pm, Dec. 17.

Add item to shopping cart. Pay for item and shipping online via credit card (shipping fee listed in item description; If you arrange pickup with artist, receive coupon code to remove shipping fee from shopping cart).

northwestjewishartists.org/shop/

For more information about ORA, go to

northwestjewishartists.org

ROSE SCHNITZER MANOR (continued from page 1)

Residents who use oxygen concentrators (which have batteries that charge while plugged in) needed to be checked on frequently. Aaron said the care staff used two outlets powered by a generator to rotate concentrators for charging and brought in oxygen tanks as needed. The generators also powered refrigerators storing medicine or specimens and the fax machine used to receive doctors’ instructions for resident care.

“The care staff did a great job,” says Aaron, noting the department has 35 to 40 employees. He adds the kitchen staff

also did a great job during the long outage, and the care staff helped them deliver meals.

When he learned the outage would stretch past dark, they brought in pea lights (battery-operated “candles”) so residents could see as they moved around their apartments.

Aaron and two colleagues stayed at the Manor until 10 pm – after the lights were back on and they had made sure the care staff and residents were OK.

“It was a long day,” says Aaron. “The staff and residents were patient, and the whole facility got through it together – exactly

like we have done with COVID, which has been good prep for a power outage,” he quips.

Additional duties in recent months have included weekly COVID tests for all 100+ staff members and tests for residents as needed. Aaron does all the scheduling and administrative work in conjunction with the tests. Vivian says Aaron has been very effective in communicating promptly and effectively about test results.

“We’ve got a real good team,” he says. “With COVID, things are constantly changing every day. Everybody – kitchen, house-

keeping, caregivers – is taking on more. People are stepping up ... everyone is pulling together.”

He says everyone does what is needed, even when it wasn’t part of their original job duties.

“I am very proud of Aaron, Vivian and Polina’s (Munblit, RSM assistant administrator) holistic and person-centered approach to leadership,” says CSP CEO Kimberly Fuson. “Our Health Services Team has done a magnificent job supporting one another, the greater team and our residents through this unprecedented time with heart, humor and compassion.”

Chaplain's Corner

Let's Recalibrate Thanksgiving

BY RABBI BARRY COHEN



Rabbi Barry Cohen is the Jewish Community Chaplain of the Greater Portland Area.

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Editor

Deborah Moon
editor@jewishportland.org
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Upcoming issues

Issue date	Deadline
Dec. 9	Dec. 3
Dec. 23	Dec. 17
Jan. 6	Dec. 30
Jan. 20	Jan. 14
Feb. 3	Jan. 28

Submit news, photos and obituaries by the issue deadline to:
editor@jewishportland.org

An anecdote: During my sophomore year at the University of Michigan, I went home for Thanksgiving break. That Saturday morning, I had settled down with family to watch the Michigan-Ohio State game. At kickoff, with the ball flying through the air, the upstairs phone rang. This was back in the day when phones plugged into walls, and the handset was attached to the unit by a cord. All four of the Cohen children shared the upstairs line.

As I ran upstairs, I yelled out, "Who would have the nerve to call during kickoff!" Out of breath, I picked up the phone. "Hello?" "Barry, how's it going?"

On the line was Todd, one of my friends from the dorm.

"I'm good. How are you?"

"I know it's game time, but I just wanted to wish you a Happy Thanksgiving and thank you for your friendship."

To say I was simultaneously embarrassed, humbled and grateful is an understatement.

This year's Thanksgiving holiday is not the Thanksgiving we could ever have anticipated. I can only imagine the hopes and expectations we had of how we would celebrate with family and friends. But we can brush aside the dark cloud hovering over the holiday and embrace the value of gratitude.

Years ago, my friend Todd taught me to recalibrate my sense of gratitude. He reminded me to cherish what I often take for granted and to remember to express gratitude to those closest in my life.

Another anecdote: During my recent annual physical, my doctor asked me if I had any particular concerns. I started complaining that because of shoulder discomfort, I could not play tennis or basketball anymore.

My doctor is not one to mince words. He responded, "Our bodies are designed to work well for about 40-45 years, and then things inevitably begin to break down."

"But I love playing tennis and basketball," I said.

"What else can you do?"

In effect, my doctor was asking me to face real-

ity and make a decision. I could complain about things I can no longer do and allow my body to deteriorate further, or I could focus on what I can still do and make the most of it.

I moved to the right place, because I enjoy hiking and mountain bike riding. I also know I have to work on core exercises. I can do all of these things while respecting COVID restrictions.

During this time of Thanksgiving, let us ask ourselves: What are we grateful for? What blessings exist in our lives that we often take for granted?

Rabbi Samuel Karff (z'l) taught: "Why is it important to pause and count our blessings? Because of the human temptations to pray only prayers of asking for something at those times when we are aware of the pain and the unfulfilled yearnings in our life. We can only begin to accept the all of life, and affirm that life is worth its price, if we lift to consciousness all the good in our lives." (Mishkan T'filah: A Reform Siddur, p. 33)

We can make a part of our bedtime routine asking ourselves: "What I am grateful for about something that happened today? What blessing did I share or experience today?" This is an easy way to brush aside the stresses, strains and negative emotions that may have built up during the day. Through our answers, we prepare for sleep in a positive and constructive manner. And depending on our responses, we can give ourselves something to look forward to in the coming days and weeks.

I hope you have a Happy Thanksgiving. Though it will not be the Thanksgiving we hoped for, I am confident that, on reflection, we will realize we experienced a blessing with something or someone that makes us happy and grateful.

Rabbi's Corner

In addition to the Chaplain's Corner, the Jewish Review offers space for our community's rabbis to share their thoughts on the week's parsha or current events. The Oregon Board of Rabbis coordinates the Rabbi's Corner.

To schedule a date to submit a 500-word piece, email OBR President Rabbi Eve Posen, eposen@nevehshalom.org.

Guest Columns Celebrating holidays, together apart

BY JENN DIRECTOR KNUDSEN

Congregation Neveh Shalom's Rosh Hashanah service had just wrapped. But the congregants assembled Hollywood Squares-like as the Zoom gathering remained online, even after the conclusion of the three-hour-long service ringing in the Jewish New Year of 5781.

Rarely do I make it to the end of the lengthy service in synagogue, but this year I, too, stayed through the concluding prayer. Standing alone in my living room, computer propped on a stand, borrowed prayer book in hand.

Online, though, I wasn't alone. And the feeling of togetherness had washed over the hundreds who also had logged on to the service. This New Year would be cheerful and celebratory after all. Thanksgiving, Chanukah and New Year's Eve all can be, too.

The service had ended, but no one went for the "Leave Meeting" button. Organically and one-by-one, people stepped out of prayer mode and just started talking to one another. "It's so great to see each of you," the rabbi said. "How are you doing?" asked one congregant of the group. A few "fines" followed, everyone all smiles.

Then the *pièce de résistance*: One among us got straight to the point: "So, what's for

lunch?" Cue the guffaws.

Traditionally, folks decamp from services to gather with family and friends to feast on a festive lunch. Apple slices to dip in honey are always on the menu, as is a circular loaf of challah. People don't say "hi." Rather, conversations – and feasting – start up after a round of "Happy New Year," or the Hebrew "*Shanah Tova*" or the Yiddish, "*Gut yontif*."

Many Jewish folks from all denominations – including at Neveh Shalom in Southwest Portland – spent much of the summer vacillating between hand-wringing and optimism. How can our two most important holidays of the year be meaningful and cast out isolation?

Worried, we forged ahead, crafting creative online solutions for our communities to not only acknowledge the Jewish New Year – and the more-somber Yom Kippur, Day of Atonement, that follows – but to really celebrate them. Together, in community, even if physically apart.

I know the majority of people are anticipating Thanksgiving as their first communal holiday since they got a handle on this pandemic and the forced remoteness it has wrought. (Yes, Passover occurred as COVID-19 really sank its talons into our lives, but much of our collective online

savvy wasn't yet on board as it is now.)

Take heart. And take some time to put more thought than usual into how to make your pending holidays meaningful. Create an online event for Thanksgiving that includes, say, a toast, a communal meal and a scheduled portion of the evening where everyone remains muted until it's your turn to share what you're thankful for, yes, even in the midst of this year defined for many by the unexpected, sadness and struggle.

For Chanukah, if you can't even get together with folks for a gift exchange, no matter; the internet allows you to try something new from the comfort of where you and your computer sit.

And the best gift this year may be your smiling face in a small square on a loved one's computer screen. That, and some well-timed jokes about New Year's lunch.

A journalist for more than 20 years, Jenn likes to inject humor – or at least light-heartedness – into her writing. That's always more effective in essays than when reporting news.



Take care of your mental well-being over holidays

BY LINDY ARIFF

The winter holidays are not always (or maybe ever) picture perfect. Even without being in the middle of a pandemic, Thanksgiving and Chanukah can be a time of stress for most of us. There is pressure to make it great, to spend extra time with family, to stretch our budgets and our patience.

This is probably the most bizarre holiday season most of us will ever experience.

Many of us are faced with being alone during the holidays. Spending less time swept up in holiday cheer and connection might bring up feelings of loneliness and depression.

If you are spending the holidays alone this year, here are a few tips that can help you emotionally prepare:

Prioritize self-care: I am not talking about taking a bubble bath on Thanksgiving or all eight nights of Chanukah (although that's a great idea!). Self-care is a continuous effort to fill your cup so you have energy to take care of yourself in your day-to-day life. Ideally, you will have extra energy to carry you through times of stress.

Get enough sleep: As human beings, we struggle to properly regulate our emotions without adequate sleep. So stop binge-watching Netflix at night and try

dimming the lights and getting into bed early tonight. Bonus points if you can add a nap into your day.

Pre-plan social activities: A lot of community and family connection time occurs outside of specific holiday meals. Think of creative ways to connect with those you love and care about. Plan for a morning virtual coffee date, a virtual recipe date with a friend (cook the same meal and then eat your dinner virtually together), plan for extra phone calls and FaceTimes. Maybe send a postcard a day to people you love and care about. If you feel comfortable, this would be a good time to set up a few socially distant walks with friends. Have events on your calendar and mix them up.

Go outside: Yes, it is winter. Yes, it is cold and raining. Yes, you live in the Pacific Northwest and own a rain jacket. If you are feeling down, go outside even if you do not feel like it in the moment. Go outside, breathe in the fresh air. If your body permits it, go for a walk. Let nature act as a reset button.

Eat your favorite food: Even if you love every single dish of every single holiday, you certainly have ONE absolute favorite. Pick one dish to make or buy for yourself

and enjoy that. If it's pumpkin pie, splurge and buy yourself a super delicious slice at one of the awesome pie shops in town. But pre-plan because everyone else is doing that, too; you don't want to miss out on that coveted dessert! If you love turkey, get a few pieces and roast them for yourself. Order that ahead of time, too. Or skip holiday food and try a new cuisine.

Know when to get extra support: If you find yourself feeling substantially depressed, having thoughts that life would be better off without you in it, or if you start planning to harm yourself in any way, reach out for help. The national suicide hotline is available 24/7 and can be reached at 800-273-8255. Or you can go to the nearest emergency room. They have trained professionals to help you get the support you need.

Lindy Ariff, MSW, LCSW, offers convenient, confidential and supportive online psychotherapy. She is on the board of Jewish Family & Child Service and is a member of Congregation Beth Israel.



Screen and discuss "Rosenwald"

United in Spirit brings "Rosenwald" to Portland for a virtual film screening followed by a Zoom discussion Dec. 8.

"Rosenwald" is the incredible story of Julius Rosenwald, an individual who never finished high school yet became the president of Sears, Roebuck & Co. Influenced by the writings of the educator Booker T. Washington, Rosenwald partnered with Washington and African-American communities in the segregationist Jim Crow South to build more than 5,000 schools during the early part of the 20th century. Inspired by the Jewish doctrine of *tikkun olam* (repairing the world), Rosenwald used his wealth to confront racial inequality in America. During his lifetime, he gave away \$62 million.

United in Spirit is a collaboration of the Jewish Federation of Greater Portland, the Portland Chapter of NAACP, the Oregon Jewish Museum and Center for Holocaust Education, Dialogues Unlimited LLC and Remember the Hope Christian Fellowship.

Screen the film at home Dec. 6 or 7. Then join a Zoom discussion Dec. 8 at 6:30 pm with Stephanie Deutsch, author of *You Need a Schoolhouse: Booker T. Washington, Julius Rosenwald, and the Building of Schools for the Segregated South*, and Assistant Professor Julius Alexander McGee of Portland State University.

The film and discussion are free, but registration is required: [jewishportland.org/virtual-screening-of-rosenwald-and-discussion](https://www.jewishportland.org/virtual-screening-of-rosenwald-and-discussion)

Confront state's anti-immigrant discrimination

Join the local Jewish and Latinx-American communities for Uncovering Oregon's Hidden History of Anti-Immigrant Discrimination. The 7 pm, Dec. 3, program is part of the Confronting Hate series.

In this time of reckoning with our state's grim legacy of discrimination and hate, the Jewish Federation of Greater Portland has partnered with allies to create programs about the history of discrimination in our state. The series will culminate with a May summit to unite the allies to confront hate and pursue racial justice.

This webinar features three speakers from the Latinx community.

Cynthia Carmina Gómez is the executive director of the Cultural Resource Centers and is on the Portland State University faculty. In 2015 she received the Governors' Gold Award in Civic Leadership.

Dr. Michael Hames-García will leave the University of Oregon in June 2021 for a post at the University of Texas at Austin. He studies and teaches about inequalities of race, class, gender, sexuality and disability in the criminal justice system, from policing and criminal courts to incarceration and reentry.

Omar Alvarado is a proud first-generation American Latino. His family relocated from Oaxaca, Mexico, to Oregon. Proud of his Indigenous Mixteco heritage, Omar is empowered by his family, culture and community. He is the advocacy organizer in the political department of PCUN.

For details and to register, visit [jewishportland.org/uncovering-oregons-hidden-history-of-anti-immigrant-discrimination-in-oregon](https://www.jewishportland.org/uncovering-oregons-hidden-history-of-anti-immigrant-discrimination-in-oregon)

Obituaries

HANNAH KALENSCHER

Hannah Kalenscher, z"l, passed away Nov. 21 in California. She is survived by son, Mark (Jennifer) Kalenscher; daughter, Judy (Joseph) Winn; and grandchildren, Ellen and Albert Kalenscher and Lindsay and Rachel Winn.

The funeral is scheduled in California. Congregation Neveh Shalom will have information about shiva following

Mark and Jennifer's return to Portland.

Congregation Neveh Shalom extends our deepest condolences to the Kalenscher family.

DON STEPHENS

Don Stephens, z"l, passed away Nov. 20 at age 71. He is survived by his wife, Barbara; sister, Sandy (Carl) Rees; and brother-in-law, David (Diane) Beran.

Preschool in the Time of COVID

The Jewish Federation of Greater Portland presents three panelists discussing Preschool in the Time of COVID at 8 pm, Dec. 7.

Panelists are Dana Hepper from The Children's Institute; Dinah Gilburd, LCSW, Jewish Family & Child Service; and Cory Willson, assistant director at Foundation School.

Registration: <https://www.jewishportland.org/preschool-covid>.

For information on other upcoming programs for parents of different age groups, email Rachel Nelson, director of educational initiatives at the Jewish Federation of Greater Portland, at rachel@jewishportland.org.

Free Chanukah cooking demo Dec. 2

Three-time James Beard Award-winning chef Michael Solomonov returns for a free Chanukah Cooking Demonstration Dec. 2, 5 pm, on Vimeo.

On Sept. 14, the chef cooked, joked and entertained thousands who Zoomed into the Sept. 14 Rosh Hashanah cooking program organized by Portland's Federation and cosponsored by 32 Federations nationally.

The event was so popular, Solomonov will return for another holiday class. The chef will teach attendees to make Apple Shrub, Abe Fisher's Potato Latkes, Roman Artichokes with Arugula and Olive Oil, Poached Salmon, and Sfenj with Cinnamon and Sugar. Solomonov is



the executive chef and co-owner of Zahav, the 2019 James Beard Foundation award for Outstanding Restaurant.

The free program is a Chanukah gift to you from the Jewish Federation of Greater Portland. Password, recipes and ingredient list will be sent to all who register at [jewishportland.org/solomonov](https://www.jewishportland.org/solomonov).

MORE VIRTUAL OPTIONS

Many organizations and congregations have online cultural, educational and social programs. Find contact information: [jewishportland.org/community-directory](https://www.jewishportland.org/community-directory)

Community calendar for local online Jewish events: [jewishportland.org/community-calendar/online-events](https://www.jewishportland.org/community-calendar/online-events)

OneTable for young adults: onetable.org

Hillel@Home: welcome.hillel.org/hillelathome/

PJ Library: pjlibrary.org/familyactivities

A private interment was scheduled.

Congregation Neveh Shalom offers deep condolences to the Stephens family.

GEORGE SIDLINE

George Sidline, z"l, passed away Nov. 16 at the age of 86. He is survived by his wife, Simonne; his two children, John (Stacy) Sidline and Nathalie Mateer; and his four

grandchildren, Brody, Maxx, Samantha and Margo.

A private family service was held Nov. 23, 2020, at the Beth Israel Cemetery.

Congregations Neveh Shalom and Beth Israel extend condolences to the Sidline family.

Submit obituaries to:
editor@jewishportland.org
Obituaries are posted online at: [jewishportland.org/obituaries](https://www.jewishportland.org/obituaries)